

Test Article

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Abstract

This is a very important paper. I will start with some vague premises, do some magic, and arrive at surprising conclusions. Enjoy the ride.

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Beim Schreiben sollte man achtsam sein, manchmal zumindest ([Sauer et al., 2012](#)).

Conclusion

So, jetzt ist Schluss.

References

Sebastian Sauer, Harald Walach, Stefan Schmidt, Thilo Hinterberger, Siobhan Lynch, Arndt Büssing, and Niko Kohls. Assessment of Mindfulness: Review on State of the Art. *Mindfulness*, 4(1):3–17, jul 2012. doi: 10.1007/s12671-012-0122-5. URL <https://doi.org/10.1007/s12671-012-0122-5>.