

# Quantum Computing for Healthcare: A Review

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## Abstract

Classical computing works by processing bits, or 0s and 1s representing electrical signals of on and off. Quantum computing employs a very different technique for information processing. It uses qubits, which can exist as both a 1 and 0 at the same time, and uses the properties of subatomic particles in quantum physics such as interference, entanglement, and superposition to extend computational capabilities to hitherto unprecedented levels. The efficacy of quantum computing for important verticals such as healthcare where quantum computing can enable important breakthroughs in the development of life-saving drugs, performing quick DNA sequencing, detecting diseases in early stages, and performing other compute-intensive healthcare related tasks is not yet fully explored. Furthermore, implementations of quantum computing for healthcare scenarios such as these have their own unique set of requirements. Unfortunately, existing literature that address all of these dimensions is largely unstructured. This research is intended to be the first systematic analysis of the capabilities of quantum computing in enhancing healthcare systems. This article is structured with the help of taxonomies developed from existing literature to provide a panoramic view of the background and enabling technologies, applications, requirements, architectures, security and open issues, and future research directions. We believe the paper will aid both new and experienced researchers working in both quantum computing and the healthcare domains in visualizing the diversity in current research, in better understanding both pitfalls and opportunities, and coming up with informed decisions when designing new architectures and applications for quantum computing in healthcare.

## Index Terms

Internet of Things, quantum computing, healthcare services, qubits, high performance.

## I. INTRODUCTION

Recent years have seen a strong impetus for smart healthcare and monitoring systems but current computing infrastructures face several challenges in keeping up with the sheer volume, veracity, and velocity of electronic health data. During the COVID-19 pandemic novel variants of the virus consecutively emerged over a short span of a few months. Healthcare professionals working on genome sequencing of the virus and caregivers monitoring infected patients were hard-pressed keeping up with using traditional computing systems available to them. Therefore, there is a strong need to explore novel ways which can speed up healthcare analysis and monitoring efforts in order to more efficiently cater to such future pandemic situations. Quantum computing promises a revolutionary and arguably the most potent-boost to healthcare technologies. To cater to this upcoming and advancing computing paradigm a large body of literature has been written on ways quantum computing could introduce new possibilities through higher computational speed to perform complex healthcare computations. In spite of the interest, the majority of the research works on quantum computing in healthcare remain largely unstructured. While some surveys and taxonomies of quantum computing use in the healthcare domain have been proposed they consider only a small proportion of the range of disruptive use cases. To the best of our knowledge, this research provides the first systematic analysis of quantum computing in the healthcare industry. The paper is structured to provide a panoramic view of the background and enabling technologies, applications, requirements, architectures, security and open issues, and future research directions. We contend that this structure and the taxonomies developed will aid both new and experienced researchers in both quantum computing and the healthcare domains in visualizing the diversity in current research, better understanding both pitfalls and opportunities, and coming up with informed decisions when designing new architectures and applications for quantum computing in healthcare. The following subsections introduce quantum computing, its use in healthcare, and our motivation for this survey in light of the limitations of existing surveys and its contributions.

### A. Introduction to Quantum Computing

Quantum Computing (QC) is underpinned by quantum mechanics, and hence often explained through concepts of superposition, interference, and entanglement. In quantum physics, a single bit can be in more than one state simultaneously (i.e. 1 and 0) at a given time, and a QC system leverages this very behavior and recognizes it as a qubit (Quantum bit). Having roots in quantum physics, QC has the potential of becoming the fabric of tomorrow's highly powerful computing infrastructures, enabling the processing of gigantic amounts of data in real time. Quantum computing has recently seen a surge of interest by researchers who are looking to take computing prowess to the next level as we move past the era of Moore's law, however, there is a need for an in-depth systematic survey to explain possibilities, pitfalls, and challenges.

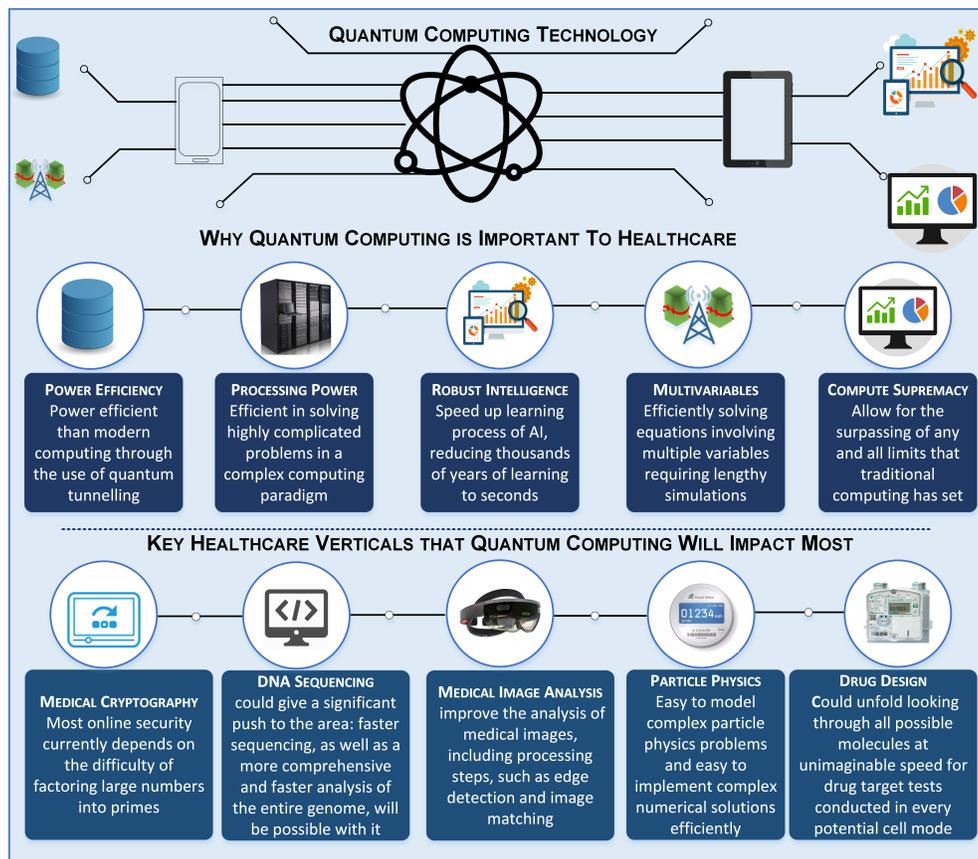


Fig. 1: Why use quantum computing and which key verticals will it disrupt?

## 46 B. Quantum Computing for Healthcare

47 Quantum computing is particularly well suited to numerous compute-intensive applications of healthcare (1) especially in  
 48 the current highly connected IoT digital healthcare paradigm (2; 3), which encompasses interconnected medical devices (such  
 49 as medical sensors) that may be connected to the Internet or the cloud. Healthcare IoT devices typically comprise of *sensors*  
 50 that sense the environment; for example, a wearable glucose monitor senses the blood sugar level in a patient suffering from  
 51 diabetes. Sensors will transmit the values using short-range communication protocols such as Bluetooth, 6LoWPAN, Zigbee,  
 52 and Wi-Fi to a *controller* that processes the information for example determining the dosage of insulin to administer based on  
 53 historic patient records and parameters configured by a physician. The *controller* will then signal another IoT device called an  
 54 *actuator* that is designed to change the environment. In the case of our example, a pump will inject the patient with insulin.  
 55 The challenges that healthcare IoT face is that devices such as sensors and actuators are large in number, they are extremely  
 56 resource-constrained and require efficient Quality of Service (QoS), and therefore need to rely on more powerful servers for  
 57 timely processing. With its capabilities, quantum computing can help address the challenges and issues that hamper the growth  
 58 of IoT. Today's quantum computers require at least 25 kilowatts per annum to operate, generate a large amount of heat and are  
 59 very unstable to conditions in their vicinity because any involvement or measurement causes a collapse of the state function-  
 60 a situation known as decoherence. Therefore while it may be challenging to operate healthcare IoT devices such as sensors  
 61 and actuators using quantum computing, it is expected to be deployed to the more powerful communication infrastructure  
 62 (e.g., cloud, cellular, etc.) to which these devices are constantly connected. The high computational performance of quantum  
 63 computers can be advantageous to IoT since these devices generate a massive amount of data warranting extensive processing  
 64 and involved optimization procedures. Furthermore more secure communication of sensitive patient data is possible through  
 65 quantum cryptography.

66 The massive increase in computational capacity is not only beneficial for healthcare IoT but can allow quantum computers to  
 67 enable fundamental breakthroughs in this domain. When we leap from bits to qubits, it could improve healthcare pharmaceutical  
 68 research (4), which includes analyzing the folding of proteins, determining how molecular structures for instance drug and  
 69 enzyme fit together (5), determining strengths of binding interactions between a single biomolecule for example protein or  
 70 DNA to its ligand/binding partner like a drug or inhibitor. (6), and accelerating the process of clinical trials(7). A few potential  
 71 applications are briefly described next for an illustration. A quantum computer can do extremely fast DNA sequencing, which  
 72 opens the possibility for personalized medicine. It can enable the development of new therapies and medicines through detailed

73 modeling. Quantum computers have the potential to create efficient imaging systems that can provide clinicians with enhanced  
 74 fine-grained clarity in real-time. Moreover, it can solve complex optimization problems involved in devising an optimal radiation  
 75 plan that is targeted at killing cancerous cells without damaging the surrounding healthy tissues. Quantum computing is set  
 76 to enable the study of molecular interactions at the lowest possible level, paving the pathway to drug discovery and medical  
 77 research. Whole-genome sequencing is a time-demanding task, but with the help of qubits, whole-genome sequencing and  
 78 analytics could be implemented in a limited amount of time. Quantum computing can revolutionize the healthcare system  
 79 through modern ways of enabling on-demand computing, redefining security for medical data, predicting chronic diseases, and  
 80 accurate drug discoveries.

TABLE I: A comparison of this survey with related works.

References	Year	Healthcare Focus	Security	Privacy	Architectures	Quantum Requirements	Machine/Deep Learning	Applications
Gyongyosi et al. (8)	2019	✓	✓	✓	✓		✓	
Fernandez et al. (9)	2019	✓	✓	✓			✓	
Gyongyosi et al. (10)	2018			✓			✓	
Arunachalam et al. (11)	2017					✓		
Li et al. (12)	2020					✓		✓
Shaikh et al. (13)	2016			✓	✓	✓	✓	
Egger et al. (14)	2020			✓	✓	✓	✓	✓
Savchuk et al. (15)	2019			✓	✓	✓	✓	✓
Zhang et al. (16)	2019	✓	✓	✓	✓	✓	✓	✓
McGeoch et al. (17)	2019			✓	✓		✓	✓
Shanon et al. (18)	2020	✓	✓					
Duan et al. (19)	2020			✓	✓	✓	✓	✓
Preskill et al. (20)	2018	✓	✓	✓	✓	✓	✓	✓
Roetteler et al. (21)	2018	✓	✓	✓	✓	✓	✓	
Upretiy et al. (22)	2020			✓	✓	✓	✓	✓
Rowell et al. (23)	2018			✓	✓	✓		
Padamvathi et al. (24)	2016	✓	✓		✓	✓		
Nejatollahi et al. (25)	2019	✓	✓		✓	✓		
Cuomo et al. (26)	2020				✓	✓		
Fingeruth et al. (27)	2018				✓	✓		
Huang et al. (28)	2018		✓	✓	✓	✓		
Botsinis et al. (29)	2018		✓	✓	✓	✓		
Ramezani et al. (30)	2020				✓	✓	✓	
Bharti et al. (31)	2020				✓	✓	✓	✓
Abbott et al. (32)	2021	✓					✓	✓
Kumar et al. (33)	2021	✓			✓		✓	✓
Olgiati et al. (34)	2021	✓					✓	✓
Gupta et al. (35)	2022	✓				✓	✓	✓
Kumar et al. (36)	2022	✓						✓
<b>Our Survey</b>	2022	✓	✓	✓	✓	✓	✓	✓

### 81 C. Comparison with Related Surveys

82 As far as we understand this is the first survey on quantum computing that considers security and privacy implications,  
 83 applications and architecture, quantum requirements and machine learning aspects of healthcare. There are some other surveys  
 84 that consider a subset of these dimensions that merit discussion. Table I presents a comparative analysis of these surveys with  
 85 the current work.

86 Gyongyosi et al. (8) discuss computational limitations of traditional systems and survey superposition and quantum entanglement-  
 87 based solutions to overcome these challenges. However, this survey encompasses complex quantum mechanics without dis-  
 88 cussing its general-purpose implications for society. Fernández et al. (9) survey resource bottlenecks of IoT and discuss a  
 89 solution based on quantum cryptography. They develop an edge computing-based security solution for IoT where management  
 90 software is used to deal with security vulnerabilities. However, this is a domain-specific survey that only deals with security  
 91 challenges. Gyongyosi et al. (10) discuss quantum channel capacities, which ease the quantum computing implementation for  
 92 information processing. In this approach, conventional information processing is achieved through quantum channel capacities.  
 93 Survey literature lists a few other quantum-computing works including quantum learning theories (11; 12), quantum information  
 94 security (16; 18; 21; 24), quantum Machine Learning (ML) (30; 31), quantum data analytics (13; 22). These surveys are limited  
 95 in their coverage of quantum computing applications. Some of the existing works analyze the impacts of quantum computing  
 96 implementation. Huang et al. (28) analyze the implementation vulnerabilities in quantum cryptography systems. Botsinis et al.  
 97 (29) discuss quantum search algorithms for wireless communication. Cuomo et al. (26) survey existing challenges and solutions  
 98 for quantum distributed solutions and proposed a layered abstraction to deal with communication challenges. Many of these  
 99 surveys are only tangentially related to healthcare or don't consider healthcare at all.

### 100 D. Contributions and organization

101 This survey systematically presents the evolution of quantum computing and its enabling technologies, explores the core  
 102 application areas, and categorizes requirements for its implementation in high-performance healthcare systems along with  
 103 highlighting security implications. In summary, the salient contributions of this survey are as follows:

TABLE II: List of acronyms and their explanation.

3GPP	Third-Generation Partnership Project
5G	Fifth Generation
ADD	Aptamers for Detection and Diagnostics
AI	Artificial Intelligence
DH	Diffie-Hellman
ECC	Elliptic Curve Cryptography
EHR	Electronic Health Records
IC	Integrated Circuit
IoT	Internet of Things
IT	Information Technology
ML	Machine Learning
MRI	Magnetic Resonance Imaging
NIST	National Institute of Standards and Technology
QAOA	Quantum Approximate Optimization Algorithm
QKD	Quantum Key Distribution
QoS	Quality of Service
Qubits	Quantum Bits
RSA	Rivest-Shamir Adleman
SDK	Software-Development Kits
TLS	Transport Layer Security
TSP	Traveling Salesman Problem
VLSI	Very Large Circuits Integration

- 104 1) We present the first comprehensive review of quantum computing technologies for healthcare covering its motivation,  
105 requirements, applications, challenges, architectures, and open research issues.
- 106 2) We discuss the enabling technologies of quantum computing that act as building blocks for the implementation of quantum  
107 healthcare service provisioning.
- 108 3) We have discussed the core application areas of quantum computing and analyzed the critical importance of quantum  
109 computing in healthcare systems.
- 110 4) We review the available literature on quantum computing and its inclination toward the development of future-generation  
111 healthcare systems.
- 112 5) We discuss key requirements of quantum computing systems for the successful implementation of large-scale healthcare  
113 services provisioning and the security implications involved.
- 114 6) We discuss current challenges, their causes, and future research directions for an efficient implementation of quantum  
115 healthcare systems.

116 This paper has been organized as follows. Table II shows acronyms and their definition. Section II discusses enabling  
117 technologies of quantum computing systems. Section III outlines the application areas of quantum computing. Section IV  
118 discusses the key requirements of quantum computing for its successful implementation for large-scale healthcare services  
119 provisioning. Section V provides a taxonomy and description of quantum computing architectural approaches for healthcare  
120 architectures. Section VI discusses the security architectures of the current quantum computing systems. Section VII discusses  
121 current open issues, their causes, and promising directions for future research. Finally, Section VIII concludes the paper.

## 122 II. QUANTUM COMPUTING: HISTORY, BACKGROUND, AND ENABLING TECHNOLOGIES

123 In this section, we present enabling technologies of quantum computing that support the implementation of modern quantum  
124 computing systems. Specifically, we categorize quantum computing enabling technologies in different domains, i.e., hardware  
125 structure, control processor plane, quantum data plane, host processor, quantum control and measurement plane, and qubit  
126 technologies.

### 127 A. Quantum Computing vs. Classical Computing

128 We refer the reader to Figure 2 for a differentiation of quantum computing paradigms with classical computing approaches  
129 in terms of their strengths, weaknesses, and applicability. Unlike conventional computers that operate in terms of bits, the basic  
130 units of operation in a quantum computer are referred to as quantum bits or “*qubits*” that possess two states or levels, i.e., it can  
131 represent a single bit in both ‘1’ and ‘0’ simultaneously. Quantum physical systems, which leverage the orientation of a photon  
132 and spin of an electron, are used to create qubits. We note that quantum computers can come in various varieties including one-  
133 qubit computer (37), two-qubit computer (38), and higher-qubit quantum computers. Key advancements in quantum computing  
134 were made earlier in 2000 when the very first 5-qubit quantum computer was invented (39). Since then many important  
135 advancements have been made so far and the best-known quantum computer of the current era is IBM’s newest quantum-  
136 computing chip that contains 128 qubits (40). However, the literature suggests that the minimum number of qubits to realize  
137 quantum supremacy is 50 (41). Quantum supremacy is defined as the ability of a programmable quantum device, which is  
138 capable to solve a problem that cannot be solved by classical computers in a feasible amount of time (42). The behavior  
139 of qubits relates directly to the behavior of a spinning electron orbiting an atom’s nucleus, which can demonstrate three key  
140 quantum properties: quantum superposition, quantum entanglement, and quantum interference (43).

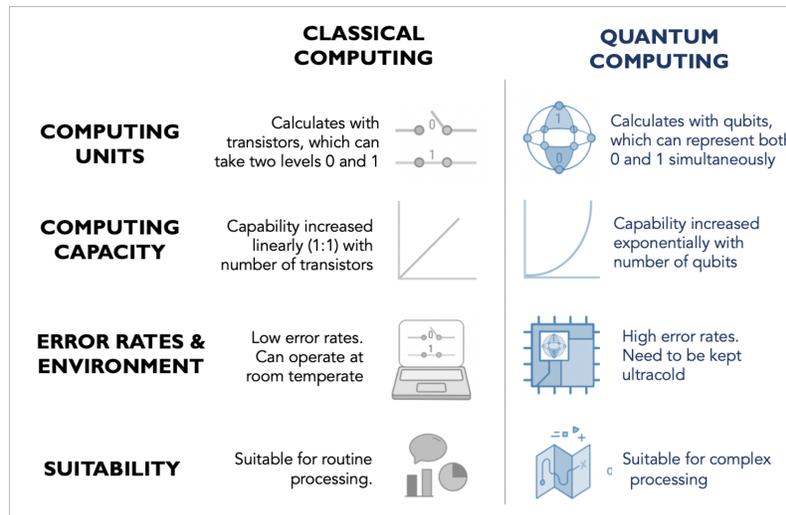


Fig. 2: Comparison of *Classical Computing* vs. *Quantum Computing*.

- 141 • The *quantum superposition* refers to the fact that a spinning electron's position cannot be pinpointed to any specific  
142 location at any time. On the contrary, it is calculated as a probability distribution in which the electron can exist at all  
143 locations at all times with varying probabilities. Quantum computers rely on quantum superposition in that they use a  
144 group of qubits for calculations and while classical computer bits may take on only states 0 and 1, qubits, can be either  
145 a 0 or 1, or a linear combination of both. These linear combinations are termed superposition states. Since a qubit can  
146 exist in two states, the computing capacity of a q-bit quantum computer grows exponentially in the form of  $2^q$ .
- 147 • *quantum entanglement* takes place in a highly intertwined pair of systems such that knowledge of any one provides  
148 immediately provides information about the other regardless of the distance between them. This non-intuitive fact was  
149 described by Einstein as "spooky action at a distance" because it went against the rule information could never be  
150 communicated beyond light speed. Quantum entanglement in physics is when two systems such as photons or electrons  
151 are so highly interlinked that obtaining information about one's state like for example the direction of one electron's upword  
152 spin would provide instantaneous information about the other's state like for example the direction of the second electron's  
153 downward spin no matter how far apart they are. Modifying one entangled qubit's state therefore immediately perturbs  
154 the paired qubit's state in quantum computers. Thereby entanglement leads to the increased computational efficiency  
155 of quantum computers. Since processing one qubit provides knowledge about many qubits, doubling the number of  
156 qubits does not necessarily increase the number of entangled qubits. Quantum entanglement is therefore necessary for the  
157 exponentially faster performance of a quantum algorithm as compared to its classical counterpart.
- 158 • *Quantum interference* occurs because at the subatomic scale, particles have wavelike properties. These wavelike properties  
159 are often attributed to location, for example, where around a nucleus an electron might be. Two in-phase waves, which is  
160 to say they peak at the same time, constructively interfere, and the resulting wave peaks twice as high. Two waves that are  
161 out-of-phase, on the other hand, peak at opposite times and destructively interfere; the resulting wave is completely flat.  
162 All other phase differences will have results somewhere in between, with either a higher peak for constructive interference  
163 or a lower peak for destructive interference. In quantum computing, interference is used to affect probability amplitudes  
164 when measuring the energy level of qubits.

165 Quantum computing has applications in various disciplines including communication, image processing, information theory,  
166 electronics, cryptography, etc. Practical quantum algorithms are emerging with the increasing availability of quantum computers.  
167 Quantum computing possesses a significant potential to bring a revolution to several verticals such as financial modeling,  
168 weather precision, physics, and transportation (an illustration of salient verticals is presented in Figure 1). Quantum computing  
169 has already been used to improve different non-quantum algorithms being used in the aforementioned verticals. Moreover, the  
170 renewed efforts to envision physically-scalable quantum computing hardware have promoted the concept that a fully envisioned  
171 quantum paradigm will be used to solve numerous computing challenges considering its intractable nature with the available  
172 computing resources.

### 173 B. Brief History of Quantum Computing

174 The term quantum computing was first coined by Richard Feynman in 1981 and has since had a rich intellectual history.  
175 Figure 3 depicts a timeline of major events in this area. Noteworthy in the timeline is that while there were somewhat larger  
176 gaps between events earlier on, recently the field has started experiencing a more rapid series of developments. For example  
177 service providers have begun offering niche quantum computing products as well as quantum cloud computing services (e.g.,

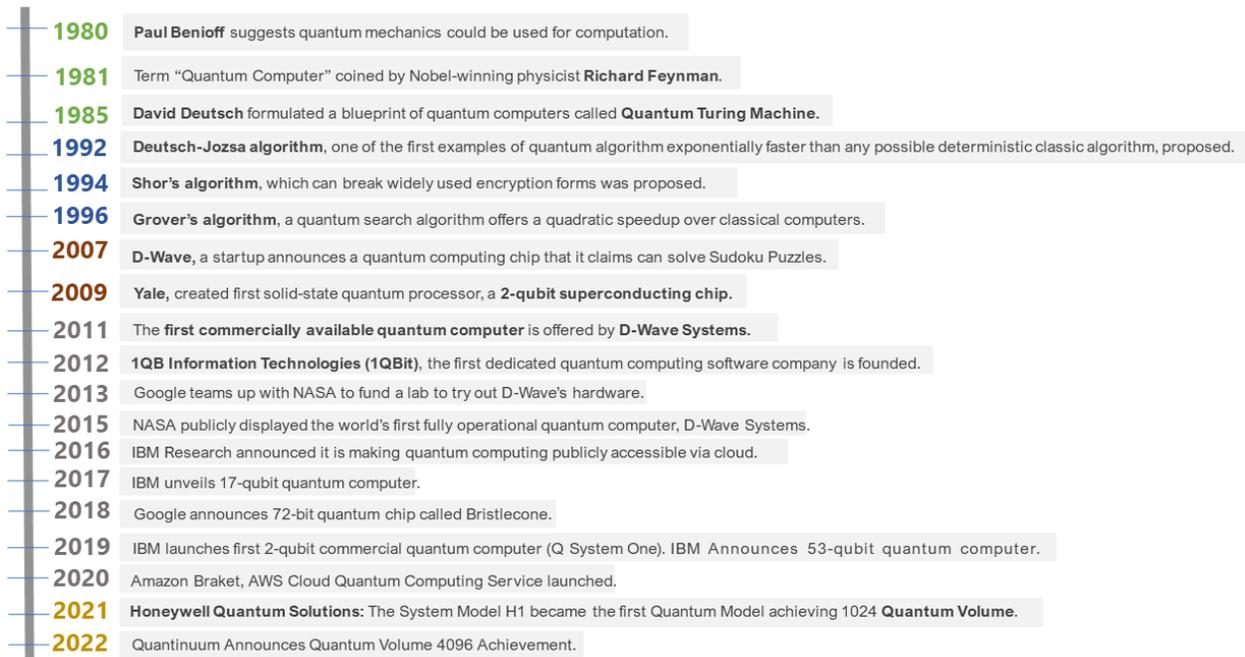


Fig. 3: *Timeline* of developments in quantum computing technology.

178 Amazon Braket). Recently, Google's 54-qubit computer accomplished a task in merely 200 seconds that was estimated to  
 179 take around over 10,000 years on a classical computing system (44). Nevertheless, quantum computing is still in its infancy  
 180 stages and it will take some time before quantum computing chips reach desktops or handhelds. An important factor inhibiting  
 181 the commoditization of quantum computing is the fact that controlling quantum effects is a delicate process and any noise  
 182 (e.g. stray heat) can flip 1s or 0s and disrupt quantum effects such as superposition. This requires qubits to be fully operated  
 183 under special conditions such as very cold temperatures, sometimes very close to absolute zero. This also motivates research  
 184 exploring fault-tolerant quantum computing (45). Considering this fast-paced development of quantum computing, this is an  
 185 opportune time for healthcare researchers and practitioners to investigate its benefits to healthcare systems.

### 186 C. Hardware Structure

187 Since quantum computer applications often deal with user data and network components that are part of traditional computing  
 188 systems, a quantum computing system should ideally be capable of interfacing with and efficiently utilizing traditional  
 189 computing systems. Qubits systems require carefully orchestrated control for efficient performance; this can be managed  
 190 using conventional computing principles. An analogue gate-based quantum computing system could be mapped into various  
 191 layers for building a basic understanding of its hardware components. These layers are responsible for performing different  
 192 quantum operations; and consist of the quantum control plane, measurement plane, and data plane. The control processor plane  
 193 uses measurement outcomes to determine the sequence of operations and measurements that are required by the algorithm. It  
 194 also supports the host processor, which looks after network access, user interfaces, and storage arrays.

### 195 D. Quantum Data Plane

196 It is the main component of the quantum computing ecosystem. It broadly consists of physical qubits and the structures  
 197 required to bring them into an organized system. It contains support circuits required to identify the state of qubits and performs  
 198 gated operations. It does this for the gate-based system or controlling "the Hamiltonian for an analog computer" (46). Control  
 199 signals that are sent towards selected qubits set the Hamiltonian path thereby controlling the gate operations for a digital  
 200 quantum computer. For gate-based systems, a configurable network is provided to support the interaction of qubits, while  
 201 analog systems depend on richer interactions in qubits enabled through this layer. Strong isolation is required for high qubit  
 202 fidelity. It limits connectivity as each qubit may not be able to directly interact with every other qubit. Therefore, we need to  
 203 map computation to some specific architectural constraints provided by this layer. This shows that connection and operation  
 204 fidelity are prime characteristics of the quantum data layer.

205 Conventional computing systems in which control and data plane are based on silicon technology. Control of the quantum  
 206 data plane needs different technology and is performed externally by separating control and measurement layers. Analog qubits  
 207 information should be sent to the specific qubits. Control information is transmitted through (data plane's) wires electronically,  
 208 in some of the systems. Network communication is handled in a way that it retains high specificity affecting only the desired

209 qubits without influencing other qubits that are not related to the underlying operation. However, it becomes challenging when  
 210 the number of qubits grows; therefore, the number of qubits in a single module is another vital part of the quantum data plane.

### 211 *E. Quantum Control and Measurement Plane*

212 The role of the quantum plane is to convert digital signals received from the control processor. It defines a set of quantum  
 213 operations that are performed in the quantum data plane on the qubits. It efficiently translates the data plane's analog output of  
 214 qubits to classical data (i.e. binary), which is easier to be handled by the control processor. Any difference in the isolation of  
 215 the signals leads to small qubit signals that cannot be fixed during an operation thus resulting in inaccuracies in the states of  
 216 qubits. Control signals shielding is complex since such signals must be passed via the apparatus that is used for isolating the  
 217 quantum data plane from the environment. This could be done using vacuum, cooling, or through both required constraints.  
 218 Signal crosstalk and qubit manufacturing errors gradually change with the configuration change in the system. Even if the  
 219 underlying quantum system allows fast operations, the speed can still be limited by the time required to generate and send a  
 220 precise pulse.

### 221 *F. Control Processor Plane and Host Processor*

222 This plane recognizes and invokes a series of quantum-gate operations to be performed by the control and measurement  
 223 plane. These set of steps implement a quantum algorithm via the host processor. The application should be custom-built using  
 224 specific functionalities of the quantum layer that are being offered by the software tool stack. One of the critical responsibilities  
 225 of the control processor plane is to provide an algorithm for quantum error correction. Conventional data processing techniques  
 226 are used to perform different quantum operations that are required for error correction according to computed results. This  
 227 introduces a delay that may slow down the quantum computer processing. The overhead can be reduced if the error correction  
 228 is done in a comparable time to that of the time needed for the quantum operations. As the computational task increases with  
 229 the machine size, the control processor plane would inevitably consist of more elements for increasing computational load.  
 230 However, it is quite challenging to develop a control plane for large-scale quantum machines.

231 One technique to solve these challenges is to split the plane into components. The first component being a regular processor  
 232 can be tasked to run the quantum program, while the other component can be customized hardware to enable direct interaction  
 233 with the measurement and control planes. It computes the next actions to be performed on the qubits by combining the  
 234 controller's output of higher-level instructions with the syndrome measurements. The key challenge is to design customized  
 235 hardware that is both fast and scalable with machine size, as well as appropriate for creating high-level instruction abstraction.  
 236 A low abstraction level is used in the control processor plane. It converts the compiled code into control and measurement layer  
 237 commands. The user will not be able to directly interact with the control processor plane. Subsequently, it will be attached to  
 238 that computing machine to fasten the execution of a specific few applications. Such kind of architectures have been employed  
 239 in current computers that have accelerators for graphics, ML, and networking. These accelerators typically require a direct  
 240 connection with the host processors and shared access to a part of their memory, which could be exploited to program the  
 241 controller.

### 242 *G. Qubit Technologies*

243 Shor's algorithm (47) opened the gate to possibilities for designing adequate systems that could implement quantum logic  
 244 operations. There are two types of qubit technologies including trapped-ion qubits and superconducting qubits.

245 1) *Trapped Ion Qubits*: "The first quantum logic gate was developed in 1995 by utilizing trapped atomic ions" that were  
 246 developed using a theoretical framework proposed in the same year (48). After its first demonstration, technical developments in  
 247 qubit control have paved the way toward fully functional processors of quantum algorithms. The small-scale demonstration has  
 248 shown promising results; however, trapped ions remain a considerable challenge. As opposed to Very Large Circuits Integration  
 249 (VLSI), developing a trapped-ion based quantum computer requires the integration of a range of technologies including optical,  
 250 radiofrequency, vacuum, laser, and coherent electronic controllers. However, the integration challenges associated with trapped-  
 251 ion qubits must be thoroughly addressed before deploying a solution.

252 A data plane consists of ions and a mechanism to trap those into desired positions. The measurement and control plane  
 253 contains different lasers to perform certain operations, e.g., a precise laser source is used for inflicting a specific ion to  
 254 influence its quantum state. Measurements of the ions is captured through a laser, and the state of ions is detected through  
 255 photon detectors.

256 2) *Superconducting Qubits*: Superconducting qubits share some common characteristics with today's silicon-based circuits.  
 257 These qubits when cooled show quantitative energy-levels due to quantified states of electronic-charge. The fact that they  
 258 operate at nanosecond-time scale, continuous improvement in coherence times, and ability to utilize lithographic scaling make  
 259 them an efficient solution for quantum computing. Upon the convergence of these characteristics, superconducting qubits are  
 260 considered both for quantum computation and quantum annealing.

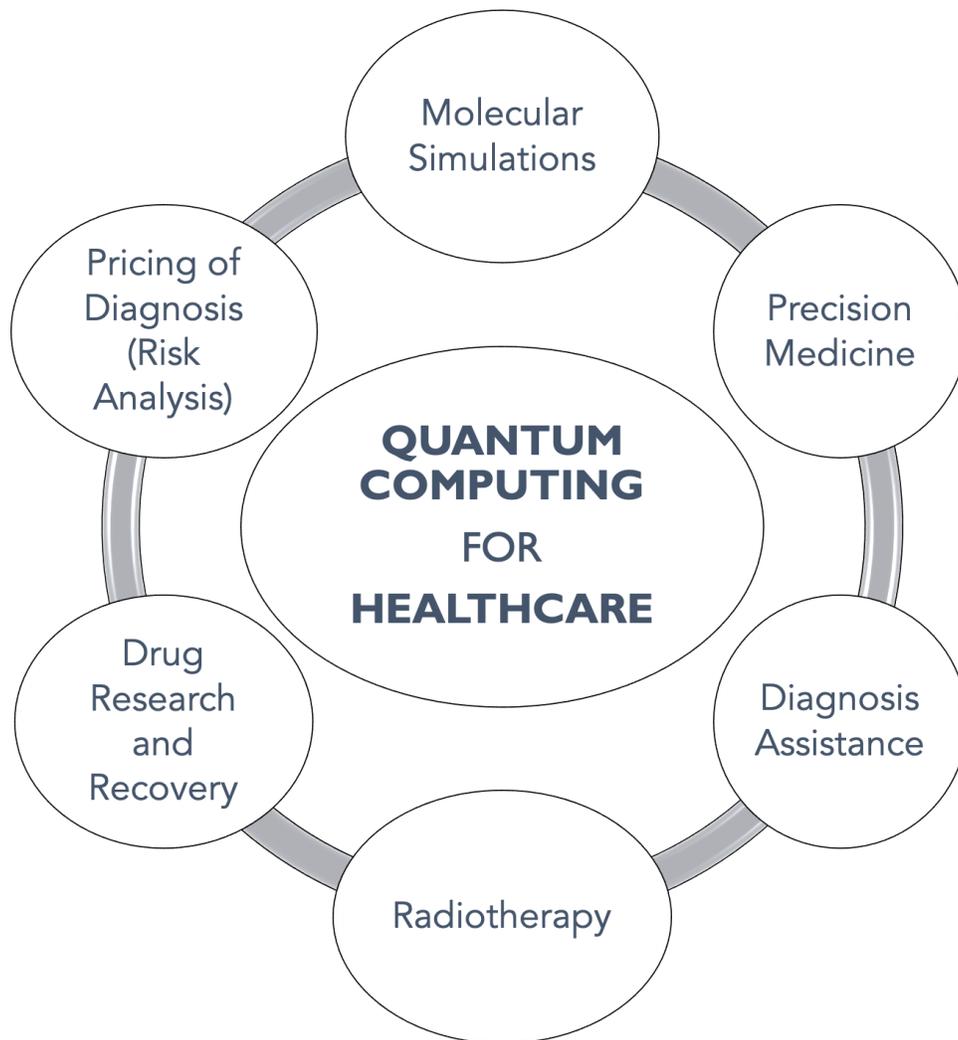


Fig. 4: Applications of *Quantum Computing for Healthcare*.

#### 261 H. Lessons Learned: Summary and Insights

262 In this section, we discussed enabling technologies of quantum computing. We found that the key characteristics of a quantum  
 263 data plane are the error rates of the single and two-qubit gates. Furthermore, qubit coherence times, interqubit connection, and  
 264 the qubits within a single module are vital in the quantum data plane. We also explained that the quantum computer's speed is  
 265 limited by the precise control signals that are required to perform quantum operations. The control processor plane and host  
 266 computer run a traditional OS equipped with libraries for its operations that provides software development tools and services.  
 267 It runs the software development tools that are essential for running the control process. These are different from the software  
 268 that runs on today's conventional computers. These systems provide capabilities of networking and storage that a quantum  
 269 application might require during execution. Thus connecting a quantum process to a traditional computer enables it to leverage  
 270 its all features without getting started from scratch.

### 271 III. APPLICATIONS OF QUANTUM COMPUTING FOR HEALTHCARE

272 Recent research shows that quantum computing has a clear advantage over classical computing systems. Quantum computing  
 273 provides an incremental speedup of disease diagnosis and treatment, and in some use cases can drastically reduce the  
 274 computation times from years to minutes. It provokes innovative ways of realizing a higher level of skills for certain tasks, new  
 275 architectures, and strategies. Therefore, quantum computing has an immense potential to be employed for a wide variety of  
 276 use cases in the health sector in general and for healthcare service providers in particular, especially in the areas of accelerated  
 277 diagnoses, personalized medicine, and price optimization. Literature survey shows that there is a visible increase in the use of  
 278 classical modeling and quantum-based approaches, primarily due to the improvement in access to worldwide health-relevant  
 279 data sources and availability. This section brings forward some potential use cases for the applications of quantum computing  
 280 in healthcare, an illustration of these use cases is presented in Figure 4.

### 281 A. Molecular Simulations

282 Quantum computers tend to process data in a fundamentally novel way using quantum bits as compared to classical computing  
 283 where integrated circuits determine the processing speed. Quantum computers unlike storing information in terms of 0s and  
 284 1s, use the phenomena of quantum entanglement, which paves the way for the quantum algorithms countering classical  
 285 computing which is not designed to benefit from this phenomenon. In the healthcare industry, quantum computers can exploit  
 286 ML, optimization, and Artificial Intelligence (AI) to perform complex simulations. Processes in healthcare often consist of  
 287 complex correlations and well-connected structures of molecules with interacting electrons. The computational requirements  
 288 for simulations and other operations in this domain naturally grow exponentially with the problem size, while time always  
 289 being the limiting factor. Therefore we argue, that quantum computing based systems are a natural fit for the use case.

### 290 B. Precision Medicine

291 The domain of precision medicine focuses on providing prevention and treatment methodologies for individuals' healthcare  
 292 needs. Due to the complexity of the human biological system, personalized medicine will be required in the future that will go  
 293 beyond standard medical treatments. Classical ML has shown effectiveness in predicting the risk of future diseases using EHRs.  
 294 However, there are still limitations in using classical ML approaches due to quality and noise, feature size, and the complexity  
 295 of relations among features. It provokes the idea of using quantum-enhanced ML, which could facilitate more accurate and  
 296 granular early disease discovery. Healthcare workers may then use tools to discover the impact of risks on individuals in a given  
 297 condition changes by continual virtual diagnosis based on continuous data streams. Drug sensitivity is an ongoing research  
 298 topic at a cellular level considering genomes features of cancer cells. Ongoing research discovers the chemical properties of  
 299 drug models that could be used for predicting cancer efficiency at a granular level. Quantum-enhanced ML could expedite  
 300 breakthroughs in the healthcare domain mainly by enabling drugs inference models.

301 Precision medicine has the goal of identifying and explaining relationships among causes and treatments and predicting the  
 302 next course of action at an individual level. Traditional diagnosis based on the patient's reported symptoms results in umbrella  
 303 diagnosis where the related treatments tend to fail sometimes. Quantum computing could help in utilizing continuous data  
 304 streams using personalized interventions in predicting diseases and allowing relevant treatments. Quantum-enhanced predictive  
 305 medicine optimizes and personalizes healthcare services using continuous care. Patient adherence and engagement at the  
 306 individual-level treatments could be supported by quantum-enhanced modeling. A use case of quantum computing-based  
 307 precision medicine is illustrated in Figure 5.

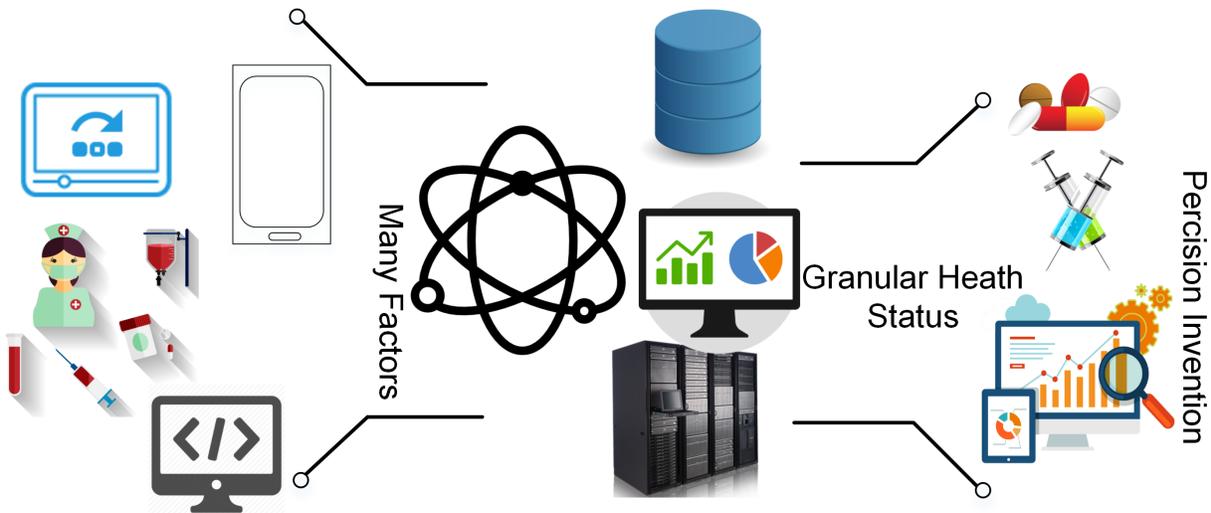


Fig. 5: Precision medicine using quantum computing.

### 308 C. Diagnosis Assistance

309 Early diagnosis of the diseases could render better prognosis, treatment, and lower the healthcare cost. For instance, it has  
 310 been shown in the literature that the treatment cost lowers by a factor of 4 whereas the survival rate could be decreased "by a  
 311 factor of 9 when the colon cancer is diagnosed at an early stage" (49). In the meantime, the current diagnostics and treatment  
 312 for most of the diseases are costly and slow having deviations in the diagnosis of around 15-20% (50). The use of X-rays, CT  
 313 scans, and MRIs has become critical over the past few years with computer-aided diagnostics developing at a faster pace. In  
 314 this situation, diagnoses and treatment suffer from noise, data quality, and replicability issues. In this regard, quantum-assisted

315 diagnosis has the potential to analyze medical images and oversee the processing steps such as edge detection in medical  
316 images, which improves the image-aided diagnosis.

317 The current techniques use single-cell methods for diagnosis, while analytical methods are needed in single-cell sequencing  
318 data and flow cytometry. These techniques further require advanced data analytic methods particularly combining datasets  
319 from different techniques. In this context, cell classification on the basis of biochemical and physical attributes is regarded as  
320 one of the main challenges. While this classification is vital for critical diagnoses such as cancerous cells integration from  
321 healthy cells, it requires an extended feature space where the predictor variable becomes considerably larger. Quantum ML  
322 techniques such as quantum vector machines (QVM) enable such classifications and enable single-cell diagnostic methods.  
323 The discovery and characterization of biomarkers pave the way for the study of intricate omics datasets such as metabolomics,  
324 transcriptomics, proteomics, and genomics. These processes could lead to increased feature space provoking complex patterns  
325 and correlations which are near-impossible to be analyzed using classical computational methodologies.

326 During the diagnosis process, quantum computing may help to support the diagnostics insights eliminating the need for  
327 repetitive diagnosis and treatment. This paradigm helps in providing continuous monitoring and analysis of individuals' health.  
328 It also helps in performing meta-analysis for cell-level diagnosis to determine the best possible procedure at a specific time.  
329 This could help to reduce the cost and allow extended data-driven diagnosis, bringing value for both the medical practitioners  
330 and individuals.

#### 331 *D. Radiotherapy*

332 Radiation therapy has been employed for the treatment of cancers, which uses radiation beams to eliminate cancerous cells to  
333 stop them from multiplication. However, radiotherapy is a sensitive process, which requires highly precise computations to drop  
334 the beam on the cancer-causing tissues and avoid any impact on the surrounding healthy body cells. Radiography is performed  
335 using highly precise computers and involves a highly precise optimization problem to perform the precise radiography operation,  
336 which requires multiple precise and complex simulations to reach an optimal solution. Through Quantum computing running  
337 simultaneous simulations and figuring out a plan in an optimal time becomes possible, and hence the spectrum of opportunities  
338 is very vast if quantum concepts are employed for simulations.

#### 339 *E. Drug Research and Discovery*

340 Quantum computing enables medical practitioners to model atomic-level molecular interactions, which is necessary for  
341 medical research. This will be particularly essential for diagnosis, treatment, drug discovery, and analytics. Due to the  
342 advancements in quantum computing, it is now possible to encode tens of thousands of proteins and simulate their interactions  
343 with drugs, which has not been possible before. Quantum computing helps process this information at orders of magnitude  
344 more effectively as compared to conventional computing capabilities. Quantum computing allows doctors to simultaneously  
345 compare large collections of data and their permutations to identify the best patterns. Detection of biomarkers specific to a  
346 disease in the blood is now possible through gold-nanoparticles by using known methods such as bio-barcode assay. In this  
347 situation, the goal could be to exploit the comparisons used to help the identification of a diagnosis.

#### 348 *F. Pricing of Diagnosis (Risk Analysis)*

349 Creating pricing strategies is considered one of the key challenges that contribute to the complexities of the healthcare  
350 ecosystem. In pricing analysis, quantum computing helps in risk analysis by predicting the current health of patients and  
351 predicting whether the patient is prone to a particular disease. This is useful for optimizing insurance premiums and pricing  
352 (1). A population-level analysis of disease risks, and mapping that to the quantum-based risk models could help in computing  
353 financial risks and pricing models at a finer level. One of the key areas which could support pricing decisions is the detection  
354 of fraud where healthcare frauds cause billions of dollars of revenue. In this regard, traditional data mining techniques offer  
355 insights into detecting and reducing healthcare fraud. Quantum computing could provide higher classification and pattern  
356 detection performance thus uncovering malicious behavior attempting fraudulent medical claims. This could in turn help in  
357 better management of pricing models and lowering the costs associated with frauds. Quantum computing can substantially  
358 accelerate pricing computations as well, resulting in not only lowering the premiums but also in developing customized plans.

#### 359 *G. Lessons Learned: Summary and Insights*

360 Different tests and systems, based on historical data, MRIs, CT scans etc could possibly become one of the quantum  
361 computing applications. Quantum computing could help in performing DNA sequencing which takes 2-3 months using classical  
362 computing. It could also help perform cardiomyopathy analysis for DNA variants promptly. Although the growth of quantum  
363 computing brings novel benefits to healthcare, the broad use of novel quantum techniques may provoke security challenges.  
364 Therefore, there is a need to invest in quantum computing for better healthcare services provisioning. Furthermore, vaccine  
365 research could be automated more efficiently. Moreover, there is a need to allocate the distributed quantum computing where  
366 a quantum supercomputer distributes its resources using the cloud.

TABLE III: A summary of key requirements of quantum computing for healthcare services provisioning along with different challenges and solutions.

Requirements	Challenges	Solutions
Computational power	<ul style="list-style-type: none"> <li>• Lower computational power of traditional systems.</li> <li>• Higher computational complexity.</li> <li>• Large problem sizes.</li> <li>• Complex implementation.</li> </ul>	<ul style="list-style-type: none"> <li>• Multi-dimensional spaces of quantum computers.</li> <li>• Efficient representation of larger problems.</li> <li>• Quantum wave interference.</li> <li>• Unprecedented speed of quantum computing.</li> </ul>
High-Speed Connectivity (5G/6G Networks)	<ul style="list-style-type: none"> <li>• Lack of security.</li> <li>• Lack of scalability.</li> <li>• Lack of confidentiality.</li> <li>• Lack of integrity.</li> </ul>	<ul style="list-style-type: none"> <li>• Quantum walks-based universal computing model.</li> <li>• Inherent cryptographic features of quantum computing.</li> <li>• Cryptographic protocols.</li> <li>• Quantum-based authentication.</li> </ul>
Higher dimensional quantum computing	<ul style="list-style-type: none"> <li>• Growing number of quantum states.</li> <li>• Lower capacity in traditional systems.</li> <li>• Lack of resources.</li> <li>• Increased processing requirements.</li> </ul>	<ul style="list-style-type: none"> <li>• Quantum Hilbert states.</li> <li>• Increased noise resilience.</li> <li>• Quantum channel implementation.</li> <li>• Parallel execution of tasks.</li> </ul>
Scalability of quantum computing	<ul style="list-style-type: none"> <li>• Lack of scalability.</li> <li>• Lack of resuability.</li> <li>• Lack of support for growing amount of processing.</li> <li>• Lack of emulation environments.</li> </ul>	<ul style="list-style-type: none"> <li>• Transfer learning methods.</li> <li>• Use of neural Boltzmann machines.</li> <li>• Physics-inspired transfer-learning protocols.</li> <li>• FPGA-based quantum computing applications.</li> </ul>
Fault-tolerance.	<ul style="list-style-type: none"> <li>• Lack of fault-tolerance.</li> <li>• Quantum entangled states.</li> <li>• Errors in qubits.</li> <li>• Lack of quantum correction code.</li> </ul>	<ul style="list-style-type: none"> <li>• Monitoring qubits using ancillary qubit.</li> <li>• Logical errors detection.</li> <li>• Error-identification code.</li> <li>• Limiting error propagation.</li> </ul>
Quantum Availability of the Healthcare Systems	<ul style="list-style-type: none"> <li>• Far away processing systems.</li> <li>• Errors in the communication systems.</li> <li>• Lack of computing infrastructure.</li> <li>• Lack of service distribution.</li> </ul>	<ul style="list-style-type: none"> <li>• Communication infrastructure improvement.</li> <li>• Fault correction mechanisms</li> <li>• Development of quantum services.</li> <li>• Improvement in traditional computing systems.</li> </ul>
Deployment of Quantum Gates	<ul style="list-style-type: none"> <li>• No cloning restriction.</li> <li>• Challenges with coupling topology.</li> <li>• Combinatorial optimization problems.</li> <li>• Lack of error correction code.</li> </ul>	<ul style="list-style-type: none"> <li>• Use of gate-model quantum computers.</li> <li>• Programming gated-models.</li> <li>• Shor's factoring algorithm.</li> <li>• Performance of factorization process.</li> </ul>
Use of Distributed Topologies	<ul style="list-style-type: none"> <li>• Physical distances among quantum states.</li> <li>• Latency on quantum bus execution.</li> <li>• Requirement of coordinated infrastructure.</li> <li>• Lack of system area network.</li> </ul>	<ul style="list-style-type: none"> <li>• Development of distributed quantum technologies.</li> <li>• Efficient quantum bus implementation.</li> <li>• Feed forward quantum neural networks.</li> <li>• Dipole-dipole interaction.</li> </ul>
Requirements for Physical Implementation	<ul style="list-style-type: none"> <li>• Higher implementation cost.</li> <li>• Lack of resources.</li> <li>• Lack of expertise.</li> <li>• Lower revenue.</li> </ul>	<ul style="list-style-type: none"> <li>• Physical systems development.</li> <li>• Cost-effective solutions.</li> <li>• Manpower training.</li> <li>• Cost-effective solutions.</li> </ul>
Quantum ML	<ul style="list-style-type: none"> <li>• Extended execution time.</li> <li>• Lack of resources.</li> <li>• Higher complexity.</li> <li>• More implementation overhead.</li> </ul>	<ul style="list-style-type: none"> <li>• Quantum computing based solutions.</li> <li>• Lower computational complexity.</li> <li>• Higher responsiveness.</li> <li>• Efficient implementation.</li> </ul>

#### IV. REQUIREMENTS OF QUANTUM COMPUTING FOR HEALTHCARE

Quantum-enhanced computing can decrease processing time in various healthcare applications. However, the requirements of quantum computing for healthcare could not be generalized across different applications. For instance, drug discovery requirements are different from vaccination development systems. Therefore, quantum computing applications in healthcare require consideration of multiple factors for effective implementation. Table III outlines the requirements of quantum computing for a successful operation of healthcare systems and are elaborated below.

##### A. Computational Power

Low computational time is one of the major requirements of any healthcare application. The classical computers having CPUs and GPUs are not capable of solving certain complex healthcare problems, e.g., simulating molecular structures. This motivates the need for using quantum computing that can exploit vast amounts of multidimensional spaces to represent large problems. A prominent example illustrating the power of quantum computing can be seen in Grover's Search algorithm (51), which used to search from a list of items. For instance, if we want to search a specific item in  $N$  number of items, we have to search  $\frac{N}{2}$  items on average or in the worst case check all  $N$  items. Grover's search algorithm searches all these items by checking  $\sqrt{n}$  items. This demonstrates remarkable efficiency in computational power. Let's assume we want to search from 1 trillion items and every item takes 1 microsecond to check, it will take only 1 second for a quantum computer.

##### B. High-Speed Connectivity (5G/6G Networks)

Fifth-generation (5G) has become an essential technology connecting smart medical objects. It provides extremely robust integrity, lower latency, higher bandwidth, and has an extremely large capacity. IoT objects work by transferring data to edge/cloud infrastructure for processing. Cloud storage suffers from security issues from users' perspective thus raising novel challenges associated with the availability, integrity, and confidentiality of data. Quantum computing can gain benefits from 5G/6G networks to provide novel services. Quantum walks deliver a universal processing model and inherent cryptographic features to deliver efficient solutions for the healthcare paradigm. Quantum walks are the mechanical counterpart of traditional random walk that allows to develop novel quantum algorithms and protocols using high-speed 5G/6G network.

A few examples of using quantum walks for designing secure quantum applications include pseudo-random number generators, substituting boxes, quantum-based authentication, and image encryption protocols. This could help in providing secure ways to store and transmit data using high-speed networks. A cryptography mandate for secure transmission of information, the entity's data is encrypted before sending it over the cloud. In this context, key management, encryption, decryption, and access

394 control are taken care of by the entities. This could be novel research exploiting quantum technologies using 5G healthcare to  
395 enhance performance and resist attacks from classical and quantum scenarios.

### 396 *C. Quantum Communications Networks*

397 Quantum communication (QC) is a quantum technologies subbranch that concerns the distribution of quantum states of  
398 light for accomplishing a particular communication task (52; 53). The potential use of QC in commercial applications has  
399 been gaining popularity recently. Two leading technologies of QC include Quantum key distribution (QKD) and quantum  
400 random-number generation (QRNG). QKD enables private communication by allowing remote entities to share a secret key  
401 and together these promise to enable the perfect secrecy protocol to provide resistance to external attacks. The goal of the  
402 quantum internet (54; 55) is to develop a quantum communication network that connects quantum computers together to achieve  
403 quantum-enhanced network security, synchronization, and computing. Qirg is an IETF quantum internet research group that is  
404 responsible for The standardization process of the quantum internet.

### 405 *D. Higher Dimensional Quantum Communication*

406 Quantum information has been strongly influenced by modern technological paradigms. Literature shows that high-dimensional  
407 quantum states are of increasing interest, especially with respect to quantum communication. Hilbert space provides numerous  
408 benefits such as large information capacity and noise resilience (56). Moreover, the authors in (56), explored “multiple photonic  
409 degrees of freedom for generating high-dimensional quantum states” using both integrated photonics and bulk optics. Different  
410 channels were spun up for propagation of the quantum states, e.g., single-mode, free-space links, aquatic channels, and multicore  
411 and multimode fibers.

### 412 *E. Scalability of Quantum Computing*

413 Highly connected quantum states that are continuously interacting are challenging to simulate considering their many-body  
414 Hilbert vector space that increases with the growing number of particles. One of the promising methods to improve scalability  
415 is using the methods of transfer learning. It dictates reusing the capability of ML models to solve potentially similar but  
416 different class of problems. By reusing features of the neural network quantum states, we can exploit physics-inspired transfer  
417 learning protocols.

418 It has been verified that even simple neural networks (i.e. Boltzmann machines (57)) can precisely imitate the state of  
419 many-body quantum systems. Transfer learning uses the same trained model to be used for another task that is trained from  
420 a similar system with a larger size. In this regard, various physics-inspired protocols can be used for transfer learning to  
421 achieve scalability. FPGAs can also be used to emulate quantum computing algorithms providing higher speed as compared to  
422 software-based simulations. However, required hardware resources to emulate quantum systems become a critical challenge.  
423 In this regard, scalable FPGA-based solutions could provide more scalability.

### 424 *F. Fault-Tolerance*

425 Fault tolerance in quantum computers is extremely necessary as the components are connected in a fragile entangled  
426 state. It makes quantum computers robust and introduces ways to solve quantum problems leading to the high fidelity of  
427 quantum computations. This allows quantum computers to perform computations that were challenging to process in traditional  
428 computing. However, during processing, any error in qubit or in the mechanism of measuring the qubit will bring devastating  
429 consequences for the systems depending on those computations. The system of correcting errors itself suffers from major issues.  
430 A feasible way of monitoring these systems is to monitor qubits using ancillary qubits, which constantly analyze the logical  
431 errors for corrections and detection. Ancillary qubits have already shown promising results but errors themselves in ancillary  
432 qubits may lead to errors in qubits thereby inflicting more errors in the operation. Error correction code could be embedded  
433 among the qubits allowing the system to correct the code when some bits are wrong. It helps in faulty error propagation by  
434 ensuring that a single faulty gate or time stamp produces a single faulty gate.

### 435 *G. Quantum Availability of the Healthcare Systems*

436 In traditional systems, computing is performed in the close proximity of the devices. However, quantum computers are  
437 located far away from users’ locality. If you want to share a virtual machine hosted on a quantum computer, it’s challenging  
438 to access such a virtual machine, therefore, the availability requirements of quantum computers should be addressed carefully.

#### 439 H. Deployment of Quantum Gates

440 One of the requirements in layered quantum computing is the deployment of quantum gates. In this scenario, each quantum  
 441 gate has the responsibility to perform specific operations on the quantum systems. Quantum gates are applied in multiple  
 442 quantum computing applications due to "hardware restrictions such as the no-cloning theorem makes it challenging for a given  
 443 quantum system to coordinate in greater than one quantum gate simultaneously" (58). In this paradigm, the requirement of  
 444 coupling topology arises, qubit-to-qubit coupling is one such example where the circuit-depth relies on the fidelity of the  
 445 involved gates.

446 Paler et al. (59) proposed Quantum Approximate Optimization Algorithm (QAOA), which solves the challenge of combi-  
 447 natorial optimization problems. In this technique, the working mechanism depends on the positive integer, which is directly  
 448 related to the quality of the approximation. Farhi et al. (60) applied QAOA using a set of linear equations containing exactly  
 449 three Boolean variables. This algorithm brings different advantages over traditional algorithms, and efficiently solves the input  
 450 problem. In (61), the authors used gate-model quantum computers for QAOA. This algorithm converges to a combinatorial  
 451 optimization problem as input and provides a string output satisfying a higher "fraction of the maximum number of clauses".  
 452 Farhi et al. (62) proposed QAOA for fixed qubit architectures that provides a method for programming gate-model without  
 453 considering requirements of error correction and compilation. The proposed method uses a sequence of unitaries that reside on  
 454 the qubit-layout generating states. Meter et al. (63) developed a blueprint of a multi-computer using Shor's factoring algorithm  
 455 (64). A quantum-based multicomputer is designed using a quantum bus and nodes. The primary metric was the performance  
 456 of the factorization process. Several optimization methods make this technique suitable for reducing latency and the circuit  
 457 path.

#### 458 I. Use of Distributed Topologies

459 Large-scale quantum computers could be realized by distributed topologies due to physical distances among quantum states.  
 460 A quantum bus is deployed for the communication of quantum computers where quantum algorithms (i.e. error correction) are  
 461 run in a distributed topology. It requires a coordinated infrastructure and a communication protocol for distributed computation,  
 462 communication, and quantum error correction for quantum applications. A system area networks model is required to have  
 463 arbitrary quantum hardware handled by communication protocols.

464 Van Meter et al. (65) performed an experimental evaluation of different quantum error correction models for scalable quantum  
 465 computing. Ahsan et al. (66) proposed a million qubit quantum computer suggesting the need "for large-scale integration of  
 466 components and reliability of hardware technology using" simulation and modeling tools. In (67), the authors proposed quantum  
 467 generalization for feedforward neural networks showing that the classical neurons could be generalized with the quantum case  
 468 with reversibility. The authors demonstrate that the neuron module can be implemented photonically thus making the practical  
 469 implementation of the model feasible. In (68), the authors present an idea of using quantum dots for implementing neural  
 470 networks through dipole-dipole interactions and showed that the implementation is versatile and feasible.

#### 471 J. Requirements for Physical Implementation

472 The current implementation of quantum computers can be grouped into four generations (65). The first-generation quantum  
 473 computers could be implemented by ion traps where KhZ represents physical speed and Hz shows the logical speed having  
 474 footprints in the range of mm-cm (66; 69; 70; 71; 72; 73; 74). Second-generation quantum computers can be implemented by  
 475 distributed-diamonds, superconducting quantum circuits, and linear optical strategies. The physical speed of these computers  
 476 ranges from MhZ whereas logical speed constitutes in kHz range having a footprint size of  $-mm$ . The third generation  
 477 quantum computers are based on monolithic-diamonds, donor, and quantum dot technologies. Their logical speed corresponds  
 478 to MHz while physical speed ranges in GHz having a footprint size of  $-um$ . Topological quantum computing is used in  
 479 fourth-generation quantum computers in the evolutionary stage. This generation of quantum computers does not need any  
 480 quantum error correction having natural protection of decoherence. In order to address an open problem of enabling distributed  
 481 quantum-computing via anionic particles, Monz et al. (75) propose a practical realization of the scalable Shor algorithm on  
 482 quantum computers. This work does not discuss the algorithm's scalability and mainly demonstrates various implementations  
 483 of factorization algorithm on multiple architectures.

#### 484 K. Quantum Machine Learning

485 Quantum AI and quantum ML are emerging fields; therefore, requirements analysis of both fields from the perspective of  
 486 experimental quantum information processing is necessary. Lamata (76) studied the implementation of basic protocols using  
 487 superconducting quantum circuits. Superconducting quantum circuits are implemented for realizing computations and quantum  
 488 information processing. In (77), the authors proposed a quantum recommendation system, which efficiently samples from a  
 489 preference-matrix, that does not need a matrix reconstruction. Benedetti et al. (78) proposed a classical quantum DL architecture  
 490 for near-term industrial devices. The authors presented a hybrid quantum-classical framework to tackle high-dimensional real-  
 491 world ML datasets on continuous variables. In their proposed approach, DL is utilized for low dimensional binary data. This  
 492 scheme is well-suited for small-scale quantum processors, and mainly for training unsupervised models.

### 493 L. Lessons Learned: Summary and Insights

494 In this section, we present novel requirements of healthcare systems implementation using quantum computing. Quantum  
 495 computing for healthcare requires consideration of the diverse requirements of different infrastructures. Therefore, an effective  
 496 realization of quantum healthcare systems requires healthcare infrastructure to be upgraded to coordinate with the high  
 497 computational power provided by quantum computing.

## 498 V. QUANTUM COMPUTING ARCHITECTURES FOR HEALTHCARE

499 This section presents an overview of existing literature focused on developing quantum computing architecture for healthcare  
 500 applications. We start this section by first providing a brief overview of general quantum computing architecture.

### 501 A. Quantum Computing Architecture: A Brief Overview

502 Different components of quantum computing are integrated to form a quantum computing architecture. The basic elements of  
 503 a classical quantum computer are its quantum states (i.e., qubits), the architecture used for fault tolerance and error correction,  
 504 the use of quantum gates and circuits, the use of quantum teleportation, and the use of solid-state electronics (79), etc. The  
 505 design and analysis of these components and their different architectural combinations have been widely studied in the literature.  
 506 For instance, most of the proposed/developed quantum computing architectures are layered architecture (80; 81), which is a  
 507 conventional approach to the design of complex information engineering architectures. So far many researchers have provided  
 508 different perspectives and guidelines to design quantum computer architectures (82; 83). For instance, the fundamental criteria  
 509 for viable quantum computing were introduced in (84) and the need for a quantum error correction mechanism within the  
 510 quantum computer architecture is emphasized in (85; 86). (87) presents a comparative analysis of IBM Quantum vs fully  
 511 connected trapped-ions.

TABLE IV: A comparison of the existing quantum computing literature on healthcare using different performance parameters.

Technique	Healthcare	Security	Performance	Sacalability	IoT	Key Feature
Liu et al. (88)	✓	×	✓	×	×	Logistic regression
Janani et al. (89)	✓	✓	✓	×	✓	Blockchain
Qiu et al. (90)	×	✓	✓	✓	×	Digital signature
Helgeson et al. (91)	✓	×	×	×	×	Survey
Latif et al. (92)	✓	✓	✓	✓	×	Quantum walks
Bhavin et al. (93)	✓	✓	×	✓	✓	Blockchain
Javidi (94)	✓	×	✓	×	×	3D images visualization
Childs (95)	✓	×	✓	×	×	Cloud computing
Perumal et al. (96)	✓	✓	×	×	×	Qubits quantum
Latif et al. (97)	✓	✓	×	×	×	Quantum watermarking
Hastings (98)	✓	×	×	×	×	Literature review
Grady et al. (99)	×	×	×	×	×	Quantum leadership
Datta et al. (100)	✓	×	✓	×	✓	Smartphone app
Koyama et al. (101)	✓	×	✓	✓	✓	High-speed wavelet
Narseh et al. (102)	✓	×	✓	✓	✓	DH extension

### 512 B. Quantum Computing for Healthcare

513 Different quantum computing based approaches can be noted in the literature. For instance, Liu et al. (88) proposed a  
 514 logistic regression health assessment model using quantum optimal swarm optimization to detect different diseases at an early  
 515 stage. Javidi (94) studies various research works that use 3D approaches for image- visualization and quantum imaging under  
 516 photon-starved conditions and proposes a visualization. Childs et al. (95) proposed a study using cloud-based quantum computers  
 517 exploiting natural language processing on electronic healthcare data. Datta et al. (100) proposed “Aptamers for Detection and  
 518 Diagnostics (ADD) and developed a mobile app acquiring optical data from conjugated quantum nanodots to identify molecules  
 519 indicating” the presence of the SARS-CoV-2 virus. Koyama et al. (101) proposed a mid-infrared spectroscopic system using a  
 520 pulsed quantum cascade laser and high-speed wavelength-swept for healthcare applications, e.g., blood glucose measurement.  
 521 Naresh et al. (102) proposed a quantum DH extension to dynamic quantum group key agreement for multi-agent systems-based  
 522 e-healthcare applications in smart cities.

### 523 C. Secure Quantum Computing for Healthcare

524 Janani et al. (89) proposed quantum block-based scrambling and encryption for telehealth systems (image processing  
 525 application), their proposed approach has two levels of security that works by selecting an initial seed value for encryption. The  
 526 proposed system provides higher security against statistical and differential attacks. However, the proposed system produces  
 527 immense overhead during complex computations of quantum cryptography. Qiu et al. (90) proposed a quantum digital signature  
 528 for the access control of critical data in the big data paradigm that involves signing parties including the signer, the arbitrator,  
 529 and the receiver. The authors did not propose a new quantum computer rather they implemented a quantum protocol that does  
 530 not put more overhead on the network. However, this scheme does not consider sensitive data transferred from the source to

the destination during the proposed quantum computing implementation. Al-Latif et al. (92) proposed a quantum walk-based cryptography application, which is composed of substitution and permutations.

In a recent study (93), a hybrid framework based on blockchain and quantum computing is proposed for an electronic health record protection system, where blockchain is used to assign roles to authorize entities in the network to access data securely. However, the performance of the proposed system suffers as the quantum computing and blockchain infrastructure pose immense network overhead. Therefore, the performance of the proposed system should be assessed intuitively before its actual deployment. Latif et al. (97) proposed two novel quantum information hiding techniques, i.e., a steganography approach and a quantum image watermarking approach. The quantum steganography methodology hides a quantum secret image into a cover image using a controlled-NOT gate to secure embedded data and the quantum watermarking approach hides a quantum watermarking gray image into a carrier image. Perumal et al. (96) propose a quantum key management scheme with negligible overhead. However, this scheme lacks a comparison with the available approaches to demonstrate its efficacy.

#### D. Actual Clinical Deployment of Quantum Computing

Helgeson et al. (91) explored the impact of clinician-awareness of quantum physics principles among patients and healthcare service providers and show that the principles of physics improve communication in the healthcare paradigm. However, this study is based on survey-based analysis, which did not provide an actual representation of the quantum healthcare implementation paradigm. An implementation level study should be conducted based on the findings of this research to identify its implications. Similarly, Hastings et al. (98) suggested that healthcare professionals must be aware of the fact that quantum computing involves extensive mathematical understanding to ensure efficient services of quantum computing in healthcare applications. Similarly, Grady et al. (99) suggested that leadership in the quantum age requires engaging with stakeholders and resonating with creativity, energy, and products of the work that results from the mutual efforts enforced by the leaders. On a similar note, we argue that the quantum computing architecture for healthcare applications should be developed by considering the important requirements that we have identified in this paper (which are discussed in detail in Section IV and are summarized in Table III).

#### E. Lessons Learned: Summary and Insights

In summary, this section discusses state-of-the-art quantum computing healthcare literature. Table IV shows a comparison of the available approaches in terms of different parameters. We defined key parameters based on quantum computing usage in the healthcare paradigm. Most of the existing studies do not consider IoT implementation in the quantum healthcare paradigm. Therefore, there is a need for IoT implementation in healthcare due to its greater implication in healthcare services provisioning.

## VI. SECURITY OF QUANTUM COMPUTING FOR HEALTHCARE

As healthcare applications are essentially life-critical, therefore, ensuring their security is fundamentally important. However, a major challenge faced by healthcare researchers is the siloed nature of healthcare systems that impedes innovation, data sharing, and systematic progress (103). Furthermore, Chuck Brooks a leader in cybersecurity and chair in the Quantum Security Alliance, suggests that effective implementation of security should allow academia, industry, researchers, and governments to collaborate effectively (104). Security of a quantum computing system is also very important as it can enable exponential upgradation of computing capacities, which can put at risk current cryptographic-based approaches. Whereas, cryptography has been considered as the theoretical basis for healthcare information security. Quantum computing using cryptography exploits the combination of classical cryptography and quantum mechanics to offer unconditional security for both sides of the healthcare communication among healthcare services consumers. Quantum cryptography has become the first commercially available use case of quantum computing. Quantum cryptography is based on the fundamental laws of mechanics rather than unproven complex computational assumptions. A taxonomy of key security technologies that could help healthcare information security is presented in Figure 6 and described below.

#### A. Quantum Key Distribution

Quantum Key Distribution (QKD), is a protocol that is used to authorize two components by distributing a mutually agreed key to ensure secure transmission. QKD protocol uses certain quantum laws (which are generally based on complex characteristics of quantum computing) to detect information extraction attacks. Specifically, QKD leverages the footprints left when an adversary attempts to steal the information for attack detection. The QKD allows the generation of arbitrarily long keys and it will stop the keys generation process if an attack is detected. The first QKD technique known as BB84 was proposed by Gillies Brassard (105) and it is the widely used method in theoretical research on quantum computing. Shor et al. (106) presented the proof of the BB84 technique by relating the security to the entanglement purification protocol and the quantum error correction code. In the literature, substantial research has been conducted using the QKD security protocol and several novel improvements in the quantum computing security paradigm using QKD protocol have been made so far.

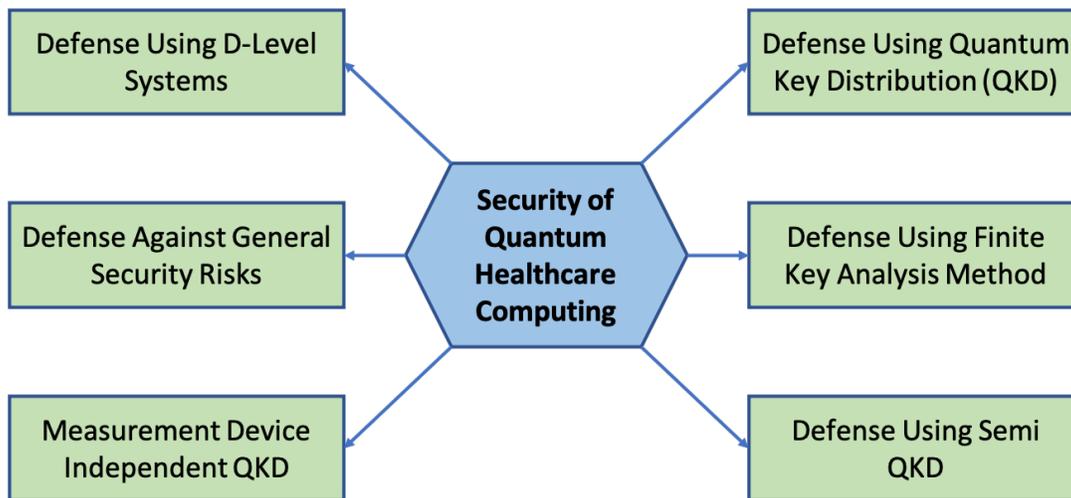


Fig. 6: Taxonomy of key technologies that can ensure security for healthcare information processing.

TABLE V: Summary of countermeasures and security protocols using  $d$ -level systems.

Author	Objective	Security Algorithm	Pros	Cons
Cerf et al. (107)	<ul style="list-style-type: none"> <li>Quantum cryptographic schemes</li> </ul>	<ul style="list-style-type: none"> <li>Quantum states in a <math>d</math>-dimensional Hilbert space</li> <li>Cryptosystem uses two mutually unbiased bases</li> </ul>	<ul style="list-style-type: none"> <li>Enhanced accuracy</li> <li>Efficient authentication</li> </ul>	<ul style="list-style-type: none"> <li>Increased error rate</li> </ul>
Waks et al. (108)	<ul style="list-style-type: none"> <li>Design flows in security and privacy</li> </ul>	<ul style="list-style-type: none"> <li>Quantum key distribution with entangled photons</li> <li>BB84 protocol</li> </ul>	<ul style="list-style-type: none"> <li>Enhanced authentication</li> <li>Increased accuracy</li> <li>More practical paradigm</li> </ul>	<ul style="list-style-type: none"> <li>Restricted to individual eavesdropping attacks</li> <li>Lack of reliability</li> <li>Lack of comparison</li> </ul>
Hwang (109)	<ul style="list-style-type: none"> <li>Global secure communication</li> </ul>	<ul style="list-style-type: none"> <li>Quantum key distribution</li> <li>Decoy pulse method</li> </ul>	<ul style="list-style-type: none"> <li>Coherent pulse sources</li> <li>Generalization to any arbitrary case</li> <li>Resource efficiency</li> </ul>	<ul style="list-style-type: none"> <li>Higher computational cost</li> <li>Require more resources</li> <li>Prone to attacks</li> </ul>
Iblisdir et al. (110)	<ul style="list-style-type: none"> <li>Security of quantum key distribution</li> </ul>	<ul style="list-style-type: none"> <li>Coherent States and Homodyne Detection</li> <li>Transmission of Gaussian-modulated coherent states</li> </ul>	<ul style="list-style-type: none"> <li>Lowering down phase error rate</li> <li>Securing against any attack</li> </ul>	<ul style="list-style-type: none"> <li>Lack of robustness</li> <li>Meager improvement</li> </ul>
Biham et al. (111)	<ul style="list-style-type: none"> <li>Security of theoretical quantum key distribution</li> </ul>	<ul style="list-style-type: none"> <li>Attackers reduced density matrices</li> </ul>	<ul style="list-style-type: none"> <li>Securing against optimal attacks</li> <li>Extensive usage of symmetry</li> </ul>	<ul style="list-style-type: none"> <li>Lack of scalability</li> <li>Complex computations</li> </ul>
Acin et al. 2020 (112)	<ul style="list-style-type: none"> <li>Device-Independent security of quantum cryptography</li> </ul>	<ul style="list-style-type: none"> <li>Quantum key cryptography</li> <li>Authentication algorithm</li> </ul>	<ul style="list-style-type: none"> <li>Security against collective attacks</li> <li>Implementation efficiency</li> </ul>	<ul style="list-style-type: none"> <li>Lower efficiency</li> <li>Implementation issues</li> </ul>
Mckague et al. 2019 (113)	<ul style="list-style-type: none"> <li>Secure against coherent attacks with memoryless measurement devices</li> </ul>	<ul style="list-style-type: none"> <li>XOR</li> <li>Device independent quantum key distribution</li> </ul>	<ul style="list-style-type: none"> <li>Security against overall attacks</li> <li>Improved efficiency</li> </ul>	<ul style="list-style-type: none"> <li>Limited evaluation</li> <li>Low-level scope</li> </ul>
Zhao et al. (114)	<ul style="list-style-type: none"> <li>Security analysis of an untrusted source</li> </ul>	<ul style="list-style-type: none"> <li>Untrusted source scheme</li> </ul>	<ul style="list-style-type: none"> <li>Does not require fast optical switching</li> <li>Reduce cost</li> </ul>	<ul style="list-style-type: none"> <li>False-positive rate</li> <li>Limited efficiency</li> </ul>

### 582 B. Defense Using D-Level Systems

583 In (107), the authors used  $d$ -level systems to protect against individual and concurrent attacks. They discussed two cryptosystems where the first system uses two mutually unbiased bases while the second utilizes  $d+1$  concurrently unbiased bases. The proof of security for the protocols with entangled photons for individual attacks has been demonstrated by (108). However, the challenge with this approach was the increased error rate. In (109), the authors proposed the decoy pulse method for BB84 in high-loss rate scenarios. A privileged user replaces signal pulses with multiphoton pulses. The security proof of coherent-state protocol using Gaussian modulated coherent state and homodyne detection against arbitrary coherent attacks is provided in (110). In (111), authors proposed security against common types of attacks that could be inflicted on the quantum channels by eavesdroppers having vast computational power. The security of DI QKD against collective attacks has been analyzed in (112), which has been extended by (113) with a more general form of attacks. A passive approach for security using a beam divider to segregate each input pulse and demonstrate its effectiveness is presented in (114). Table V presents a taxonomy and summary of different approaches focused on using  $d$ -level systems as a defense strategy to withstand security attacks.

### 594 C. Defense Against General Security Risks

595 In this section, we present existing defense approaches to withstand different general attacks against quantum computing systems. For instance, Maroy et al. (115) proposed a defense strategy for BB84 that enforces security with random individual imperfections concurrently in the quantum sources and detectors. Similarly, Pawlowski et al. (117) proposed a semi-device independent defense scheme against individual attacks that provides security when the devices are assumed to devise quantum systems of a given dimension. In (118), authors presented a defensive scheme for a greater number of quantum protocols, where the key is generated by independent measurements. A comparative analysis of secret keys that violate Bell inequality is presented in (123). The authors suggested that any available information to the eavesdroppers should be consistent with the non-signaling principle.

TABLE VI: Summary of countermeasures and security protocols for *general security risks*.

Author	Objective	Security Algorithm	Pros	Cons
Maroy et al. (115)	• Security of quantum key distribution	• Quantum states in a d-dimensional • Arbitrary individual imperfections	• Enhanced accuracy • Efficient authentication	• Increased error rate using qudit systems
Sheridan et al. (116)	• Security proof for quantum key distribution	• Asymptotic regime • Higher-dimensional protocols	• Secret key rate for fixed noise • Increased accuracy • More practical paradigm	• Restricted to individual eavesdropping attacks • Lack of reliability • Lack of comparison
Pawlowski (117)	• Security of entanglement-based quantum key	• Semi-device-independent security • One-way quantum key distribution	• Coherent pulse sources • Generalization to any arbitrary case • Resource efficiency	• Higher computational cost • Require more resources • Prone to attacks
Masanes et al. (118)	• Secure device-independent quantum key	• Distribution with causally independent measurement devices • Quantum computing laws	• Lowering down phase error rate • Securing against any attack	• Lack of robustness • Meager improvement
Moroder et al. (119)	• Security of Distributed-Phase-Reference	• Variant of the COW protocol	• Generic method for security • Extensive usage of symmetry	• Lack of scalability • Complex computations
Beaudry et al. (120)	• Security of two-way quantum key distribution	• Entropic uncertainty relation • Authentication algorithm	• Security against collective attacks • Implementation efficiency	• Lower efficiency • Implementation issues
Leverrier et al. 2019 (121)	• Security of Continuous-Variable Quantum Key	• Phase-space symmetries of the protocols • Gaussian continuous-variable quantum	• Applicable to relevant finite-size regime • Improved efficiency	• Limited evaluation • Low-level scope
Prionio et al. (122)	• Security of quantum key cryptography	• Untrusted source scheme	• Does not require fast optical switching • Reduce cost	• False-positive rate • Limited efficiency
Masnes et al. (123)	• Full security of quantum key distribution	• Secret key from correlations	• Does not require fast optical switching • Reduce cost	• False-positive rate • Limited efficiency
Vazirani et al. (124)	• Fully device independent quantum key distribution	• Entanglement-based protocol building	• Does not require fast optical switching • Reduce cost	• False-positive rate • Limited efficiency
Zhang et al. (125)	• Security analysis of orthogonal	• Continuous-variable quantum key distribution	• Does not require fast optical switching • Reduce cost	• False-positive rate • Limited efficiency
Lupo et al. (126)	• Continuous-variable measurement-device independent quantum	• Security against collective Gaussian attacks	• Does not require fast optical switching • Reduce cost	• False-positive rate • Limited efficiency

TABLE VII: Summary of countermeasures and security protocols using *Finite Key Analysis*.

Author	Objective	Security Algorithm	Pros	Cons
Cai et al. (127)	• Finite-key unconditional security	• Entanglement-based implementations • Finite-key bound for prepare-and-measure	• Enhanced accuracy • Efficient authentication	• Increased error rate using qudit systems
Song et al. (128)	• Imperfect detectors to learn a large part of the secret key	• Asymptotic regime • Chernoff bound	• Secret key rate for fixed noise • Increased accuracy • More practical paradigm	• Restricted to individual eavesdropping attacks • Lack of reliability • Lack of comparison
Curty et al. (129)	• Finite-key analysis for device-independent measurement	• Semi-device-independent security • One-way quantum key distribution	• Coherent pulse sources • Generalization to any arbitrary case • Resource efficiency	• Higher computational cost • Require more resources • Prone to attacks
Zhou et al. (130)	• Semi-device-independent QKD protocol	• Distribution with causally independent measurement devices • Quantum computing laws	• Lowering down phase error rate • Securing against any attack	• Lack of robustness • Meager improvement

603 Leverrier et al. (121) evaluated "the security of Gaussian continuous variable QKD with coherent states against arbitrary  
604 attacks in the finite-size scheme". In a similar study, Moroder et al. (119) presented a method to evaluate the security aspects of a  
605 practical distributed phase reference QKD against general attacks. A framework for the continuous-variable QKD is presented  
606 in (125), which is based on an orthogonal frequency division multiplexing scheme. A comprehensive security analysis of  
607 continuous variable MDI QKD in a finite-sized scenario is presented in (126) and defense against generic DI QKD protocols is  
608 presented in (122). In (120), the authors presented a method "to prove the security of two-way QKD protocols against the most  
609 general quantum attack on an eavesdropper, which is based on an entropic uncertainty" relation. In (124), authors particularly  
610 defined the perspective of Eckert's original entanglement protocol against a general class of attacks. A taxonomy summarizing  
611 different defenses against general security attacks is presented in Table VI.

#### 612 D. Defense using Finite Key Analysis Method

613 During the past few years, the finite key analysis method has become a popular security scheme for QKD, which has been  
614 integrated into the composable unconditional security proof. In (127), the authors attempt to address the security constraints  
615 of finite length keys in different practical environments of BB84 that include prepare and measure implementation without  
616 decoy state and entanglement-based techniques. Similarly, the finite-key analysis of MDI QKD presented in (128) works by  
617 removing the major detector channels and generating different novel schemes of the key rate that is greater than that of a  
618 full-device-independent QKD. The security proof against the general form of attacks in the finite-key regime is presented in  
619 (129). The authors present the feasibility of long-distance implementations of MDI QKD within a specific signal transmission  
620 time frame. A practical prepare and measure partial device-independent BB84 protocol having finite resources is presented in  
621 (130). A security analysis performed against discretionary communication exposure from the preparation process is presented  
622 in (131). Table VII presents the taxonomy and summary of the finite key analysis security schemes.

TABLE VIII: Summary of countermeasures and security protocols using *measurement-device-independent quantum key distribution*.

Author	Objective	Security Algorithm	Pros	Cons
Acin et al. (112)	• Device-independent cryptography against collective attacks	• Holevo information • Bell-type inequality	• Generate secret key • Freedom and secrecy	• Leakage of information
Barret et al. (132)	• Security from memory attacks	• Device-independent protocols • Quantum cryptography	• Secret key rate for fixed noise • Securely destroying or isolating devices • More practical paradigm	• Restricted to individual eavesdropping attacks • Leaking secret data. • Costly and often impractical
Qi et al. (133)	• Security against time-shift attack	• Signal pulse synchronization pulse • Time-multiplexing technique	• Simple and feasible • Generalization to any arbitrary case • Resource efficiency	• Higher computational cost • Require more resources • Final key they share is insecure
Fung et al. (134)	• Phase-remapping	• Unconditionally secure against Measurement devices • Eavesdroppers with unlimited	• Lowering down phase error rate • Securing against any attack	• Lack of robustness • Meager improvement
Lydersen et al. (135)	• Relevant quantum property of single photons	• Commercially available QKD systems • Acquire the full secret key	• Lowering down phase error rate • Securing against any attack	• Lack of robustness • Meager improvement
Li et al. (136)	• Attacking practical quantum key	• Wavelength dependent beam splitter • Multi-wavelength sources	• Widespread scope • Securing against any attack	• Higher error rate • Higher implementation cost
Lim et al. (137)	• Local Bell test	• Device-independent quantum key • Multi-wavelength sources	• Casually independent devices • Losses in the channel is avoided.	• Implementation loopholes • Side-channel attacks
Broadbent et al. (138)	• Device independent quantum key distribution	• Generalized two-mode Schrodinger • Multi-wavelength sources	• Coherent attacks • Low error rate.	• Lack of accuracy • Attack vulnerabilities
Cao et al. (139)	• Long-distance free-space measurement	• Based on two-photon interference • Multi-wavelength sources • Fiber-based implementations	• Way to quantum experiments • Low error rate.	• Long-distance interference • Security attacks
Li et al. (140)	• Continuous-variable measurement	• Quantum catalysis • discrete-variable • Zero-photon catalysis	• Defense against attacks • Simulation results.	• Lack of accuracy • Attack vulnerabilities
Ma et al. (141)	• Measurement-device independent quantum	• Quantum catalysis • High-security quantum information • Gaussian-modulated coherent states	• Continuous-variable entanglement • Losses in current telecom components.	• More overhead. • Lack of accuracy
Zhou et al. (142)	• Biased decoy-state measurement	• Finite secret key rates • Efficient decoy-state information • Single-photon yield	• Simulation results • Increased efficiency	• More overhead. • Lack of accuracy
Tamaki et al. (143)	• Phase encoding schemes	• Basis-dependent flaw • Phase encoding schemes • Single-photon yield	• Non-phase-randomized coherent pulses • Increased efficiency	• More overhead. • Lack of accuracy
Zhao et al. (144)	• Phase encoding schemes	• Post selection using untrusted measurement • Virtual photon subtraction • Single-photon yield • Non-Gaussian post-selection	• Non-phase-randomized coherent pulses • Increased efficiency	• Reduced reliability • Increased complexity
Ma et al. (145)	• Continuous-variable measurement-device	• Independent quantum key distribution via quantum catalysis • Single-photon yield • A noiseless attenuation process	• Single-photon subtraction coherent pulses • Improving performance	• A higher secret key rate • Limitation of transmission distance
Li et al. (146)	• Fault-tolerant measurement	• Decoherence-free subspace • Collective-rotation noise • Collective-dephasing noises	• Reducing experiment difficulty • Enhanced security	• Lack of general noise cases • Lack of improving overall efficiency

### E. Measurement-Device-Independent Quantum Key Distribution

DI QKD (112) aims to fulfill the gap among practical realization of the QKD without considering the working mechanism of the underlying quantum device. It requires a violation of the Bell inequality between both ends of the communication and can provide higher security than classical schemes through reduced security assumptions. Alternatively, information receivers on both ends need to identify the infringement of Bell inequality. DI attributes to the fact that there is no need to acquire information on the underlying devices. In this case, the device may correspond to adversaries. Therefore, the identification of elements is necessary as compared to considering how quantum security is implemented (132). In this context, DI QKD is capable of defending against different kinds of security vulnerabilities including time-shift attacks (133), phase remapping attacks (134), binding attacks (135), and wavelength-dependent attacks (136). Additionally, security vulnerability identification generated by quantum communication channels can be defended using the technique presented in (137). Furthermore, Broadbent et al. proposed generalized two-mode Schrodinger cat states DI QKD protocol (138). The taxonomy and summary of the device-independent quantum key distribution is presented in Table VIII.

Lo et al. proposed a device-independent measurement scheme (139), which is a step forward to achieve information theory security for the key sharing among two legitimate remote users. Comparatively, MDI-QKD incorporates different added advantages as compared to DI-QKD. The actual key rate of MDI-QKD achieves a higher rating as compared to DI-QKD by successfully eliminating the detector channel vulnerabilities. Moreover, both ends of communication do not require to execute any kind of measurements where they only need to transmit quantum signals that could be measured. In this case, both ends of the communication do not need to hold any measurement devices treating them as black boxes. This could help in eliminating the requirement to validate detectors in the QKD standardization mechanism. In this regard, bit strings designated to both ends of the communication would not be secured from the detector side channels due to the non-availability of detectors. Though they need to characterize the quantum states they transfer using channels, which occurs in a secure paradigm. This paradigm is relatively secure from the adversary who may exploit the encoding and decoding modules without focusing on polarization maintenance. Li et al. proposed an untrusted third-party attack detection using a continuous-variable MDI protocol (140). Similarly, Ma et al. (141) proposed MDI-based scheme using Gaussian-modulated coherent states. The

TABLE IX: Summary of countermeasures and security protocols using *Semi-Quantum Key Distribution*.

Author	Objective	Security Algorithm	Pros	Cons
Boyer et al. (147)	• Semi-quantum key distribution protocol	• Nonzero information acquired • Measure-resend SQKD protocol	• Robust approach • Eliminating information leak	• Prone to PNS attacks • Lack of scope.
Boyer 2017 et al. (148)	• Semi-quantum key distribution	• SQKD protocols • Classical Alice with a controllable mirror	• Robust approach • Comprehensive security	• Lack of interoperability • Increased communication overhead
Lu 2008 et al. (149)	• Quantum key distribution with classical Alice	• Encoding key bits • Classical encoding	• Robust approach • Tolerable noise	• Higher complexity • More processing time
Zou et al. (150)	• Semi-quantum key distribution	• Photon pulses • Quantum state distribution	• Robust approach • Tolerable noise	• Increased latency • Higher processing time
Maitra et al. (151)	• Eavesdropping in semi-quantum key distribution protocol	• Eavesdropping in both directions • Disturbance and information leakage	• Extract more info on secret approach • One-way strategy application	• Increased latency • Higher processing time
Krawec et al. (152)	• Mediated semi-quantum key distribution	• Shared secret key • Fully quantum server	• More overhead • One-way strategy application	• Full quantum security • Higher processing time
Zou et al. (153)	• Semi-quantum key distribution	• Shared secret key • Fully quantum server	• Robust against joint attacks • More control over classical party	• Simple strategy prone to attacks • Lack of computational feasibility
Liu et al. (154)	• Mediated semi-quantum key distribution	• A shared secret key • Untrusted third party	• Security against known attacks • More secure than three-party SQKD protocol	• Higher quantum burden • Unable to combat the collective-rotation noise
Sun et al. (155)	• MSemi-quantum key distribution protocol using Bell state	• Privacy amplification protocols • Untrusted third party	• Security against known attacks • More secure than three-party SQKD protocol	• Higher quantum burden • Unable to combat the collective-rotation noise • Higher computational complexity
Jian et al. (156)	• Semi-quantum key distribution using entangled states	• Maximally entangled states • Quantum Alice shares a secret key with classical Bob	• Increased qubit efficiency • Security against eavesdropping	• Challenges in implementing semi-quantum • Increased computation overhead • Higher computational complexity
Yu et al. (157)	• Authenticated semi-quantum key distribution	• Pre-sharing a master secret key • Transmitting a working key	• Increased impersonation attack security • Security against eavesdropping	• Prone to Trojan horse attacks • Increased computation overhead • Higher computational complexity
Li et al. (158)	• Semi-quantum key distribution using secure delegated quantum computation	• Establishing a secret key • Secure delegated quantum computation	• Enhanced efficiency • More security	• Quantum implementation challenges • Network overhead • Higher resource consumption
Li et al. (158)	• Long-distance free-space quantum Key distribution	• Establishing a secret key • Secure delegated quantum computation	• Satellite quantum • Long-distance security	• Noise accumulation • Communication restrictions • Higher resource consumption
He et al. (159)	• Measurement-device-independent semi-quantum key distribution	• Quantum key distribution • Key distribution	• Higher security • Increased reliability	• More latency • Secret key leakage • Side-channel attacks
Zhu et al. (159)	• Semi-quantum key distribution protocols with GHZ States	• Strong quantum capability • Achieve quantum key distribution	• Higher security • Increased reliability	• More latency • Secret key leakage • Side-channel attacks

647 authors in (142), proposed a decoy-state protocol. In this scheme, a measurement basis is chosen to have a biased probability  
648 and intensities of various types of states and an optimized strategy is used to achieve a finite secret key rate. In (143) authors  
649 proposed two techniques for phase encoding including phase-locking and conversion of BB84 standard encoding pulses into  
650 polarization modes. Zhao et al. (144) improved the performance of coherent-state continuous variable MDI protocol by virtual  
651 photon subtraction. In a similar study (145), the authors used photon subtraction to improve the efficiency of the continuous  
652 variable MDI protocol.

### 653 F. Semi-Quantum Key Distribution

654 SQKD exploits novel quantum capabilities of at least one party in the communication. It eliminates computational overhead  
655 and alleviates the computational cost. SQKD ensures that both ends of the communication achieve QKD. In this mechanism, only  
656 the sender should be quantum-capable whereas the receiver may have classical capabilities. Specifically, the sender performs  
657 various operations including preparation of quantum states, performing quantum measurements, and storage of quantum states.  
658 In this paradigm, the receiver performs multiple operations including preparation of novel qubits, measurement of qubits, order  
659 arrangement of qubits, and transmitting qubits without disturbing quantum channels. Boyer et al. (160) propose the first SQKD  
660 in 2007. In this scheme, they used single photons to determine the robustness of the protocol. In the later state, they extended  
661 this work by generalizing the underlying conditions. They analyzed these conditions and prove that complete robustness could  
662 only be achieved when the qubits are transmitted individually but are attacked collectively. In their later work, Boyer et al.  
663 (147) also proposed a feasible protocol using four-level systems. Lu et al. (149) proposed classical sender-based protocol. The  
664 sender can send encoded key bits on a Z basis. Zou et al. (150) proposed a robust SQKD protocol that transfers fewer than four  
665 quantum states. Maitra et al. (151) analyzed a two-way eavesdropping scheme against an SQKD protocol. Karawec et al. (152)  
666 proposed a secret key-sharing scheme between two classical users. In (153), the authors avoided measurement capabilities of  
667 the sender and ensure that it is robust against joint attacks thus showing that the measurement capability of the classical users  
668 is not essential for the implementation of SQKD. Liu et al. (154) used an untrusted quantum server that tries to steal session  
669 keys. Currently, various quantum states and technologies are used to devise novel protocols (155; 156; 157; 158; 159; 161).  
670 Additionally, a few researchers have analyzed the security vulnerabilities of SQKD (162; 163; 164). The taxonomy and summary  
671 of research studies focused on leveraging SQKD is presented in Table IX.

## 672 *G. Lessons Learned: Summary and Insights*

673 In this section, we outlined all the security solutions developed using the quantum mechanics concept. Security of healthcare  
674 is critical as healthcare systems store a large amount of private information of the patients. Therefore, quantum cryptography  
675 provides extended benefits to deal with the security issues faced by healthcare systems.

## 676 VII. OPEN ISSUES AND FUTURE RESEARCH DIRECTIONS

677 This section discusses the various open issues related to quantum computing for healthcare. We present a taxonomy of those  
678 challenges, their causes, and some future research directions to solve those challenges.

### 679 *A. Quantum Computing for Big Data Processing*

680 Due to its natural ability to boost computational processing, quantum computing is a good fit for big data analytics. Previous  
681 research has shown the great promise of using big data for revolutionizing healthcare by enabling personalized services and  
682 better diagnostics and prognostics (165; 103). In particular, big data for healthcare can leverage data science and advancements  
683 in ML/DL to enable descriptive, predictive, and prescriptive analytics.

### 684 *B. Quantum AI/ML Applications*

685 Quantum computing promises to provide additional computational capabilities that can be used to train more advanced  
686 AI/ML models, which can drive revolutionary breakthroughs in healthcare (166). Of the various kinds of quantum algorithms  
687 that are relevant to healthcare, quantum-enhanced AI/ML stands out for the breadth of their applications. Quantum approaches  
688 are particularly well suited for ML algorithms, many of which rely on operations with large matrices, which can be enhanced  
689 significantly using quantum computing (1). AI/ML is a powerful and diverse method that supports a variety of applications.  
690 There are multiple traditional learning models such as the conjugate gradient method that use traditional hardware accelerators.  
691 Quantum computing could provide support for AI/ML tasks during the machine design phase for overall enhancement the of  
692 the inference model. A popular design using the Boltzmann machine (167) provides an early example. The Boltzmann machine  
693 consists of hidden artificial neurons having weighted edges between them. Neurons are characterized by energy function that  
694 depends on the interaction with their connected neighbors. Hence, quantum AI could speed up the ML training process and  
695 increase the accuracy of the training models.

696 Some of these systems deal with real-time decision making such as driving a vehicle, stock selection to maximize the  
697 portfolio, or computing recommendations to select the right product. Most AI applications develop an inference model for  
698 informed decision-making. These inference models work based on rule-based analysis, pattern recognition, and sequence  
699 identification. Rule-based inference models accompany pre-configured responses in the design of the system. However, these  
700 applications rely on the imagination of the application creator. An alternative method is to use patterns and associations using  
701 a large amount of existing data. A smaller amount of error in the inference models could bring the accuracy of predictions  
702 down. Error reduction in inference models is akin to a search problem.

### 703 *C. Large-Scale Optimization*

704 Optimization techniques are used routinely in various fields. Many optimization problems suffer from intractability and from  
705 a combinatorial explosion when dealing with large instances. For instance, the Traveling Salesman Problem (TSP) is a famous  
706 optimization problem that aims at identifying the shortest possible distance between cities by hitting each city once and then  
707 returning to the initial point. The TSP problem is NP-Hard and an optimal solution to this problem becomes intractable when  
708 the number of cities becomes very large. In such cases, heuristics are resorted to as solving such problems on traditional  
709 computing systems simply takes an impractically long time. Quantum computing provides two probable solutions to these  
710 problems including quantum annealing and universal quantum computers. Furthermore, quantum annealing is an optimization  
711 heuristic that can overcome the challenges of traditional computing systems in solving optimization problems. Specialized  
712 quantum annealers could be implemented that is considered easier to implement as compared to a universal quantum computer.  
713 However, their efficacy over traditional computers is yet to be explored. Lightweight digital annealers can simulate quantum  
714 annealers features on classical computing systems, resulting in cost-effective solutions. Universal annealers are fully capable  
715 of solving quantum computing problems but their commercial implementations are rare.

### 716 *D. Quantum Computers for Simulation*

717 Richard Feynman is reported to have said that “*nature isn’t classical, dammit, and if you want to make a simulation of*  
718 *nature, you’d better make it quantum mechanical.*” Quantum computing offers great promise in developing realistic simulators  
719 for complex tasks that are difficult to predict using traditional methods. Quantum computers can be used to simulate chaotic  
720 systems such as the weather. They can also be used to model the evolution of complex biological systems and social contagions  
721 such as the evolution of an epidemic or a pandemic. Furthermore, quantum computers also hold promise for simulating  
722 metabolism within a cell and for investigating drug interaction at a cellular and molecular level. This can enable and facilitate

723 the development of new vaccines and medications. Quantum computers can also be used to develop digital twins of human  
 724 organs and cells. Quantum computing will also enable fine-grained and potentially intrusive applications and it is necessary to  
 725 consider and address the various ethical issues that may emerge (168; 169)

#### 726 *E. Quantum Web and Cloud Services*

727 Bringing quantum computing services to commodity hardware is a critical challenge to reap the benefits of the extended  
 728 functionalities provided by quantum computing. Due to the large number of resources required for quantum computing  
 729 implementations, it becomes challenging to access quantum computing for general-purpose problem-solving. Amazon web  
 730 services provide an example implementation scenario that can be used to implement quantum web services. Amazon Braket  
 731 (170) is one example of implementing quantum web services. It provides an efficient platform for researchers and experts to  
 732 analyze and evaluate quantum computing models in a real-time testing environment. Amazon Braket provides an experimental  
 733 environment to design, test, and evaluate quantum computing algorithms on a simulated quantum environment and runs them  
 734 on quantum hardware. It uses D-wave's quantum annealing and gate-based hardware under the hood. These gate-based quantum  
 735 computers include ion-trap devices from IonQ, and systems built on superconducting qubits from Rigetti (171). Apart from  
 736 the Amazon web services environment, other quantum computing solutions are required to provide quantum web services to  
 737 the users. Software-Development Kits (SDK) could be implemented, which can be used to simulate the developed quantum  
 738 computing algorithm.

#### 739 *F. Quantum Game Theory*

740 Quantum computing is likely to impact future game theory applications. The complementary aspect of quantum computing  
 741 overlaps game theory applications. In the game theory, every player is maximizing individual payoffs. A prime example is the  
 742 Prisoner's Dilemma (172) where each player faces criminal charges. Pareto (173) calls for players to cooperate whereas Nash  
 743 equilibrium (174) implies that both the players must defeat. Thus, there are apparent contradictions among different game  
 744 theory applications. Quantum game theory is a novel extension of the traditional game theory involving quantum information  
 745 resources. Quantum computing resources have already been providing better solutions for the Prisoner's Dilemma. Furthermore,  
 746 players can achieve Pareto optimal solution provided the circumstances that they are allowed to share a mutually entangled  
 747 state.

#### 748 *G. Quantum Security Applications*

749 Cyberspace has been under a constant threat of an increasing number of attackers (175) (169). Necessary security frameworks  
 750 have been developed to protect cyberspace against these attacks. However, this process becomes daunting for classical computing  
 751 systems. Quantum computing using ML helps develop security schemes for traditional computing systems. Quantum computing  
 752 supports quantum cryptography, which provides efficient solutions to protect data against privacy-breaching attacks. However,  
 753 the unprecedented computing power of quantum computing also raises security risks and undermines traditional encryption  
 754 schemes. This motivates the need for quantum-resisting encryption techniques to mitigate the threats of quantum computing.  
 755 The National Institute of Standards and Technology (NIST) is developing such a solution to cope with encryption problems.  
 756 Encryption techniques should be carefully developed to ensure that they are quantum-ready. Moreover, traditional password  
 757 management schemes could become insufficient in the quantum environment. For example, passwords that may require extended  
 758 time for decryption can be guessed in a shorter period using quantum computing applications. Therefore, novel techniques  
 759 need to be developed to enforce strong encryption schemes to protect sophisticated data. Quantum services are also currently  
 760 being offered via the cloud, it is important to acknowledge and mitigate the various security risks that emerge from using  
 761 cloud services especially when quantum machine learning services are being offered via the cloud (176).

#### 762 *H. Developing Quantum Market Place*

763 One of the vital challenges in quantum computing implementations is the pricing and resource allocation of quantum services  
 764 to the service subscribers. Similar to web services, a quantum computing marketplace could be developed providing a platform  
 765 for the subscribers to utilize a pay-per-use pricing model for the services. Users can subscribe to the services that they want and  
 766 based on the consumed services, the price should be determined. However, such a distributed quantum marketplace development  
 767 requires a coordinated quantum strategy, which can be used to distribute quantum services and develop pricing models. Such  
 768 a system also requires experts from different domains to have expertise in quantum systems and can develop financial models,  
 769 services distributed mechanisms, and control strategies for quantum resource distribution. Recently D-Wave announced plans  
 770 to launch D-Wave's Leap quantum cloud service on the Amazon AWS cloud for the first time (177).

## VIII. CONCLUSIONS

Quantum computing has revolutionized traditional computational systems by bringing unimaginable speed, efficiency, and reliability. These key features of quantum computing can be leveraged to develop computationally efficient healthcare applications. To this end, we in this paper provide a comprehensive survey of existing literature focused on leveraging quantum computing for the development of healthcare solutions. Specifically, we discussed different potential healthcare applications that can get benefited from quantum computing. In addition, we elaborate upon the key requirements for the development of quantum computing empowered healthcare applications and have provided a taxonomy of existing quantum computing architectures for healthcare systems. Furthermore, we also discussed different security aspects for the use of quantum computing in healthcare applications and discussed different quantum technologies that can ensure the security of such applications. Finally, we discussed current challenges, their causes, and future research directions where quantum computing could provide immense benefits. This is a novel study, which underlines all the key areas of quantum computing implications in the healthcare paradigm and can provide a one-stop solution to the research community interested in utilizing and analyzing different prospects of quantum computing in various healthcare applications.

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