

# The Stability Transition from Stable to Unstable Frictional Slip with Finite Pore Pressure

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## Key Points:

- Slow-slip events and the transition to dynamic stick-slip failure can occur for fluid-saturated faults.
- For granular fault zones sheared at low pore pressures, the frictional stability transition does not require dilatant hardening.
- Slow earthquakes and quasi-dynamic fault slip modes can be explained by strain rate dependence of the critical frictional weakening.

## Abstract

Pore fluids are ubiquitous throughout the lithosphere and are commonly cited as the cause of slow-slip and complex modes of tectonic faulting. We investigate the role of fluids for slow-slip and the frictional stability transition and find that the mode of fault slip is mainly unaffected by pore pressures. We shear samples at effective normal stress ( $\sigma'_n$ ) of 20 MPa and pore pressures  $P_p$  from 1 to 4 MPa. The lab fault zones are 3 mm thick and composed of quartz powder with median grain size of 10  $\mu\text{m}$ . Fault permeability evolves from  $10^{-17}$  to  $10^{-19} \text{ m}^2$  over shear strains up to 26. Under these conditions, dilatancy strengthening is minimal. Slow slip may arise from dilatancy strengthening at higher fluid pressures but for the conditions of our experiments slip rate-dependent changes in the critical rate of frictional weakening are sufficient to explain slow-slip and the stability transition to dynamic rupture.

## Plain Language Summary

Earthquakes begin and propagate within the fluid-saturated rocks of Earth's crust. Many investigators have suggested that high pore fluid pressure ( $P_p$ ) is essential for slow earthquakes and tremor. These studies rely on the idea that changes in  $P_p$  can impact rupture propagation speed by dilatant volume increase during faulting with concurrent increases in fault normal stress. Thus, understanding the processes that produce slow-slip vs. dynamically propagating rupture is integral to seismic hazard forecasting. Here, we describe experiments on granular faults that produce the full spectrum of slip observed in nature. We measure the mechanical and hydraulic behavior of the faults and determine that frictional and fluid-driven processes occur in conjunction. Importantly, we demonstrate that frictional processes are sufficient to explain slow-slip and the transition to dynamic events without requiring  $P_p$  changes.

# 1 Introduction

Slow earthquakes and other quasi-dynamic modes of fault slip appear to be analogs of ordinary, elastodynamic earthquakes (Dal Zilio et al., 2020). Still, the mechanisms that dictate rupture propagation speed for slow events are poorly understood. In many cases, slow earthquakes occur at depths associated with metamorphic dehydration (Behr & Bürgmann, 2021) and alterations in permeable pathways (Williams, 2019), thus elevated pore pressure is commonly suggested as their cause (Condit & French, 2022). Additionally, laboratory studies have shown that rock fracture and fault slip can induce dilatancy and cause pore pressure to drop and faults to strengthen (Brantut, 2020). These observations are consistent with mechanisms such as seismic pumping, fault-valve behavior (Sibson, 1986), and dilational strengthening (Segall et al., 2010). However, it is often unclear whether dynamic fluid responses act to stabilize fault slip or destabilize via mechanisms such as thermal pressurization (Segall & Rice, 2006). Thus, details of slip-induced volume changes and fault permeability are essential to resolve these issues, yet poorly constrained.

From a frictional perspective, high pore pressure reduces fault strength, bringing it closer to failure (Hubbert & Rubey, 1959; Ellsworth, 2013). However, while the Coulomb-Mohr failure criterion predicts the stress state, it does not address the stability of frictional motion and whether slip will be seismic or aseismic. This is determined by fracture energy considerations and fluid-fault interactions such as storage capacity and fluid diffusion time (Biot, 1941). Thus, while fluids are clearly important, the wide range of conditions under which slow earthquakes occur (Sacks et al., 1978; Bürgmann, 2018) suggests that other mechanisms may play a role.

With the recognition that pore fluid pressures and their pathways are highly variable along subducting interfaces (Behr & Bürgmann, 2021), it may be appropriate to focus on whether changes in pore pressure result in modulation in the effective normal stress or are dissipated by fluid diffusion (Faulkner & Rutter, 2001). Dilational strengthening requires that increased pore volume *via* slip reduces the pore fluid pressure and thus temporarily increases the effective stress across the fault. The resultant change in stress effectively clamps the interface and arrests slip. Thus, it is often assumed as a potential mechanism for SSEs. Yet, the opposite mechanism can also occur, whereby undrained compaction leads to slip *via* fluid pressurization and fault weakening (Segall et al., 2010).

Experimental studies on fracture of intact samples show that dilatancy can stabilizes slip events (Aben & Brantut, 2021). Moreover, measurements of volumetric changes in experimental faults (Marone et al., 1990; Samuelson et al., 2009; Proctor et al., 2020; Brantut, 2020; Aben & Brantut, 2021; Ji et al., 2022) highlight the importance of the drainage state on fluid pressure responses and show that dilatancy rate with fault slip can increase with slip velocity, which could lead to dilatancy hardening. Yet, only a few studies have successfully measured fault zone storage (Wibberley, 2002), as fault zone thickness varies greatly during slip events (Rice, 2006). These data are critical for characterizing the role of dilational processes on slip.

The purpose of this paper is to describe lab work investigating slow slip and the friction stability transition under fluid saturated conditions. Our work builds on observations of slow and complex slip (Scholz et al., 1972; Brantut et al., 2011) and studies demonstrating that complex modes of fault slip can occur when the loading stiffness  $K$  is nearly equal to the critical frictional weakening rate (or rheological stiffness)  $K_c$  (Gu et al., 1984). Laboratory studies (Leeman et al., 2016) have shown that the full spectrum of fault slip modes can occur when the loading stiffness ( $K$ ) is nearly equal to the critical weakening rate,  $K_c = (b - a)/D_c$ , where  $(b - a)$  is the friction rate parameter and  $D_c$  is the critical friction distance (Gu et al., 1984; Dieterich, 1979; Marone, 1998; Ruina, 1983). Here, we build on an extensive set of works (Leeman et al., 2015, 2016; Scuderi et al., 2016, 2017; Shreedharan et al., 2020) that document the transition from stable to unstable frictional sliding. We show that for the conditions of our experiments

pore pressure has a minor effect on the frictional stability transition and is not the cause of slow slip.

## 2 Experimental Methods

Our experiments were conducted in a true-triaxial pressure vessel (Figure 1A), using the double direct shear (DDS) configuration (Samuelson et al., 2009; Ikari et al., 2009; Kenigsberg et al., 2020). We used a synthetic fault gouge composed of quartz powder (Min-U-Sil 40) with a median grain size of 10.5  $\mu\text{m}$ . Two uniform layers were constructed using a leveling jig to achieve a reproducible initial thickness of 3 mm. We weighed the layers for each experiment and ensured <10% variability between experiments (see Supplement Table 1). The layers were each 5.7 cm  $\times$  5.4 cm in area. For simplicity, we reference all stresses, strains, and displacements to a single fault layer of the DDS arrangement. Total shear displacements ranged from 22–25 mm, corresponding to shear strain between 20–26. Samples were sealed in a flexible latex jacket to separate confining and pore pressures (Figure 1C).

Normal stress ( $\sigma_n$ ) and shear stress ( $\tau$ ) are applied and maintained *via* servo-controlled hydraulic rams (Figure 1A). Upstream and downstream pore fluid pressures ( $P_p$ ) and confining pressure ( $P_c$ ) were independently servo-controlled. For our sample geometry (Figure 1C) fault normal stress is given by  $\sigma_n + 0.63P_c$ , for a Terzhagi effective normal stress,  $\sigma'_n = \sigma_n + 0.63P_c - P_p$ .

$P_p$  is servo-controlled at a constant value and we measure both upstream and downstream volume fluxes to determine fault perpendicular permeability.  $\tau$  on the fault is applied by advancing the central forcing block of the DDS arrangement at a constant displacement rate. Both normal and shear loads are measured by load cells with a precision of 5 N (Figure 1A). Fault shear and normal displacements are measured with DCDTs external to the pressure vessel and in a few cases with DCDTs internal to the vessel; in all cases, the resolution is  $\pm 0.1 \mu\text{m}$  (Figure 1B).

Samples were sheared with finite pore pressures between 1 and 4 MPa at 10  $\mu\text{m/s}$ , and thus under fluid-saturated and drained conditions. The pore fluid of de-ionized and de-aired water was delivered to the faults *via* sintered metal frits (Figure 1B). The frits are serrated with saw-tooth faces to ensure coupling to the gouge layer.  $P_p$  was monitored using pressure transducers external to the pressure vessel (Figure 1A) with 0.007 MPa resolution. Loads and displacements were recorded continuously at 10 kHz sampling rates and averaged for storage from 1 Hz to 1 kHz, depending on the shear rate.

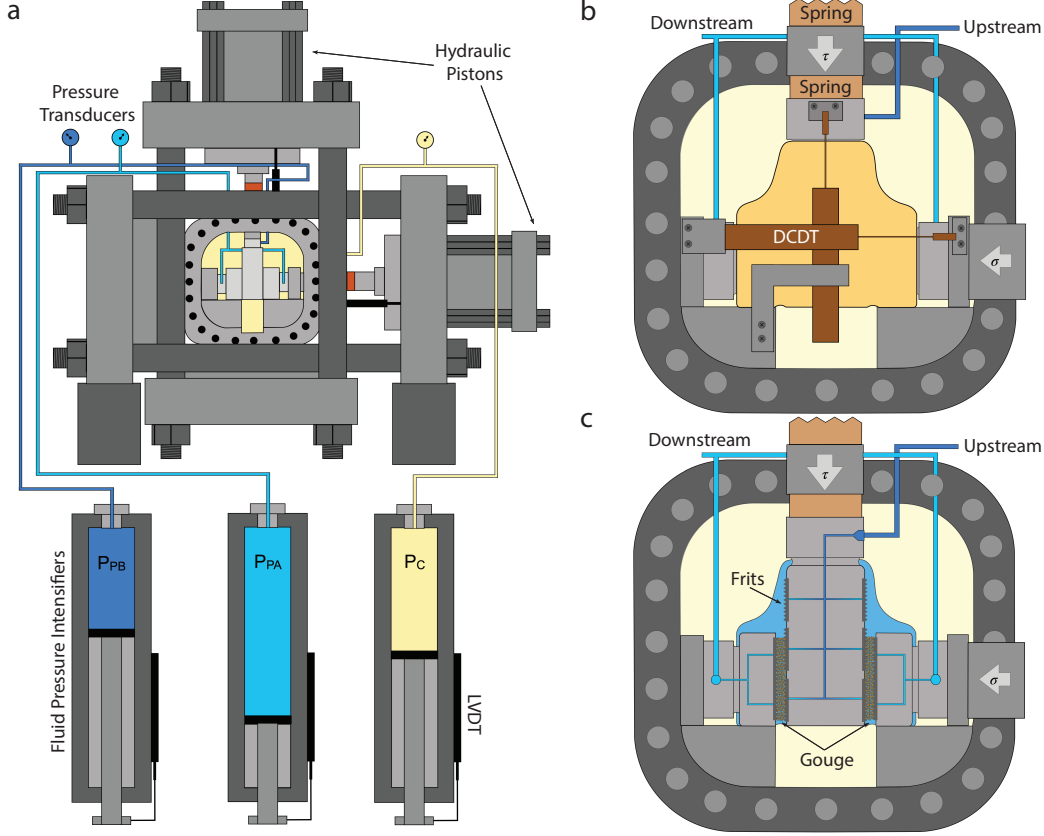
### 2.1 Sample preparation

The faults are sealed with a composite latex rubber membrane to isolate  $P_c$  from  $P_p$ . The seal consisted of three layers to prevent puncture during shear: (1) a 3.2 mm thick latex rubber sheet wrapped around the lower part of the sample, (2) a 0.9 mm thick latex rubber tube, and (3) a 1.5 mm thick dip-molded latex jacket for the DDS configuration (Figure 1C).

### 2.2 Reduction of apparatus loading stiffness

Our goal is to study the transition from stable to unstable sliding, thus we reduced the shear loading stiffness  $K$  to match the critical weakening rate  $K_c$ . Stiffness was reduced using two acrylic rods 42-mm in diameter and 35-mm in length in the shear loading column. One rod was outside the vessel at the load point and the other was inside the pressure vessel between the piston and the sample (Figure 1C). Loading stiffness calibration experiments showed that  $P_c$  has a negligible effect on the spring stiffness (see Supplementary Figure 1).





**Figure 1.** Schematic of the biaxial deformation apparatus and pressure vessel for true triaxial loading. (A) Two hydraulic rams apply normal and shear loads to the double direct shear (DDS) sample. Fluid intensifiers provide upstream and downstream  $P_p$  and  $P_c$ . (B) Internal DCDTs to measure fault shear and normal displacements. Two springs are placed in series with the vertical loading column to reduce stiffness. (C) We measured fault normal permeability by flowing from the central block to the side blocks of the DDS arrangement. Pore fluids enter the fault via sintered metal frits (Mott Corp.).

### 2.3 Permeability and fault zone strain

Permeability was measured every 5 mm of shear displacement with the following protocol. (1) While shearing, a constant  $P_p$  boundary condition was imposed between the upstream (PpA) and downstream (PpB) (Figure 1A). (2) The vertical piston was locked in place. (3) A 0.5 MPa  $P_p$  was imposed from PpA to PpB until the flow rates equilibrated and permeability was measured. This protocol was repeated several times throughout shear. The across-fault permeability was calculated using Darcy's law:

$$k = \frac{Q\mu L}{A\Delta P} \quad (1)$$

Steady-state flow was ensured by measuring upstream and downstream volume flux, where  $Q$  is the fluid discharge,  $\mu$  is the water viscosity at room temperature (24°C),  $L$  is the fault layer thickness (accounting for layer compaction/dilation),  $A$  is the sample cross-sectional area, and  $\Delta P$  is the pore pressure differential. Upstream and downstream values of  $Q$  differing by <5% were considered steady-state.

## 2.4 Experimental procedure

Experiments began by applying  $\sigma_n$  of 3 MPa, followed by 2 MPa  $P_c$ , after which  $P_p$  was increased to 1 MPa. Samples were saturated by (i) bleeding air from pressure lines and (ii) imposing a 0.5 MPa  $P_p$  differential across the sample to atmosphere. When constant fluid flow was achieved, (iii)  $P_p$  was increased to 1 MPa, and the bleed valve was closed. At this point, upstream and downstream  $P_p$  values were equalized, followed by final check for trapped air.

After saturation,  $\sigma_n$  was increased to the target stress (18–21 MPa) and  $P_c$  was increased to 5 MPa. During this compaction stage,  $P_p$  was increased to the target value (1–4 MPa). Experiments began with a permeability measurement, after compaction, followed by a 10  $\mu\text{m/s}$  shear loading segment with a shear unload/reload stage at 3 and 6 mm to promote comminution and steady-state shear fabric (Figure 3A). We sheared samples for up to 25 mm, and then locked the vertical piston and made a final permeability measurement (Figure 1B).

## 3 Results

Stress-displacement curves for our experiments show a consistent behavior of linear shear stress increase followed by gradual yield (Figure 2). After the shear load cycles we observe a period of stable sliding followed by emergent, quasi-periodic unstable slow-slip (Figure 2A). The stick-slip events are laboratory analogs of earthquakes. The labquakes are slow and complex initially, and reach a steady-state that is dictated by  $K$  and  $K_c$ . Samples typically reached peak friction at shear strains ranging from 7–9. After the slide-hold-slide test at 10 mm, sliding transitions from stable motion to quasi-unstable motion with small-amplitude oscillations that grow over 10–20 slip cycles (Figure 2B).

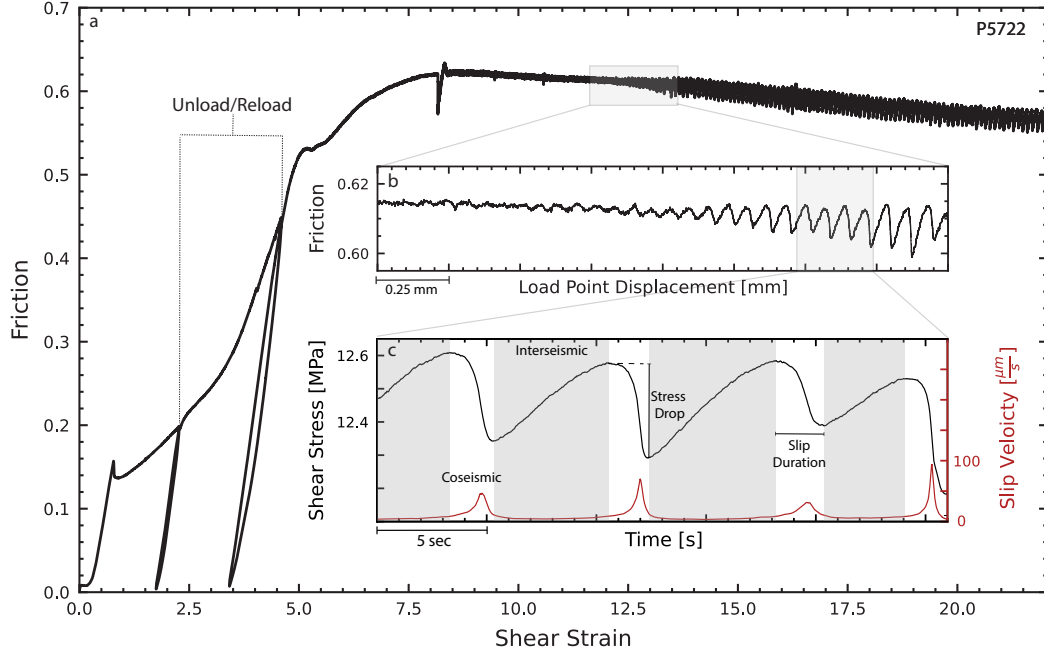
A separate suite of experiments were used to measure permeability evolution as a function of strain. Permeability evolved from  $10^{-17}$  to  $10^{-19} \text{ m}^2$  (see Supplementary Figure 2), with the greatest decrease occurring from 0–10 shear strain. Once the fault reached steady-state friction, permeability changes were small (see Supplementary Figure 2).

### 3.1 Lab earthquake measurements

For each slip event, we measured the co-seismic and inter-seismic periods using the maximum and minimum shear stress to define the beginning and end of failure. (Figure 2C, see Supplementary Figure 4). Stress drop was measured as the difference between the maximum shear stress before failure and the minimum shear stress after slip. Stress drops ranged from 0.01 to 0.65 MPa. Slip velocity was calculated using a 0.1  $\mu\text{m}$  displacement-based moving window of the on-fault displacement. Peak slip velocities ranged from just above the background loading rate (10  $\mu\text{m/s}$ ) for slow events to 1100  $\mu\text{m/s}$  for the fastest events. Slip event durations ranged from 0.3 to 7 s. Shear loading stiffness  $K$  was measured from (1) unloading/reloading cycles and (2) a linear fit to the shear stress curves during the locked (linear elastic) section of the seismic cycle (see Supplementary Figure 3).

### 3.2 Lab earthquakes with finite pore pressure

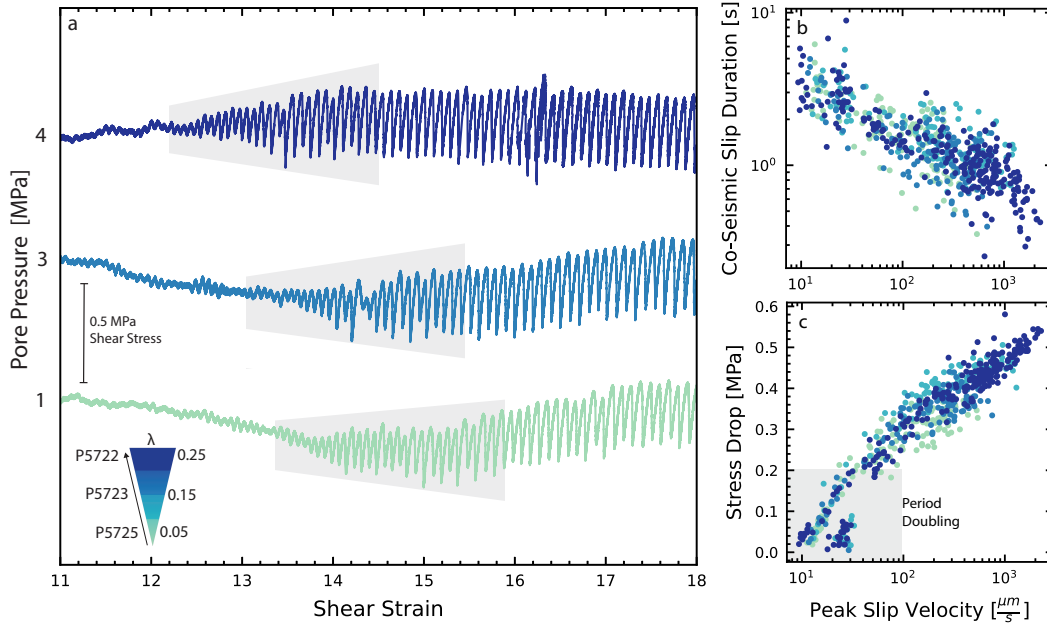
Experiments show a consistent pattern of stable sliding that transitions to stick-slip behavior and lab earthquakes after shear strains of 12 to 14 (Figure 3). The suite of experiments shows minor differences in frictional strength and strain weakening behavior (see Supplementary Figure 5), with peak friction ranging from 0.54 to 0.7. The transition from stable sliding to quasi-periodic slow-slip occurs at lower shear strains (11–13) for higher  $P_p$  (Figure 3). Despite the effect of  $P_p$  on stick-slip initiation, there is



**Figure 2.** Data for one complete experiment showing fault zone shear stress and shear strain derived from shear displacement and fault thickness. (A) Steady-state friction was reached by shear strains of 7-9. (B) The transitions from stable sliding to slow periodic stick-slips occurred over a small displacement range and 10 - 20 seismic cycles. (C) For each stick-slip event, the co- and inter-seismic periods were defined via the shear stress. We measure stress drop, slip duration and slip velocity for each event. Shear loading stiffness was measured from the friction displacement curve during the locked stage of each event (see Supplementary Figure 3).

no clear correlation with the rate at which events reach a steady limit-cycle of labquake failure events, which we define as  $< 10\%$  change in stress drop over a few mm of slip. We assume that steady-state labquake repeat times and stress drops are the result of reaching a steady fault zone shear fabric.

The transition from stable sliding to quasi-periodic slow-slip under fluid saturated conditions is quite similar to that observed in previous works without pore fluids (Scuderi et al., 2017; Leeman et al., 2016; Shreedharan et al., 2020). This stage typically has small amplitude modulations in shear stress of 10s of kPa and slip velocity just above background loading velocity. Periods of stable sliding and oscillatory modulation generally occur over the same shear displacement length scales (Figure 3A). There is no apparent correlation between the number of small amplitude modulations and when the fault transitions from stable sliding to quasi-periodic slow-slip. The transition from stable to unstable slip occurs during a period of small amplitude oscillations, and while the interseismic period remains near-constant the stress drop magnitude increases over 20 - 50 events before a steady-state stick-slip cycle is achieved. Over this range, labquake cycles have stress drops  $< 0.2$  MPa and slip velocities  $< 100$   $\mu\text{m/s}$ . The co-seismic slip duration scales inversely with peak fault slip velocity (Figure 3B). For the transitory stage between stable and unstable slip, we note that the onset of failure is often irregular and difficult to identify, which could explain the data scatter (Figure 3C). As slip events become larger in magnitude and faster the fault creep rate during the interseismic period decreases systematically (see Supplementary Figure 6), matching previous works on the



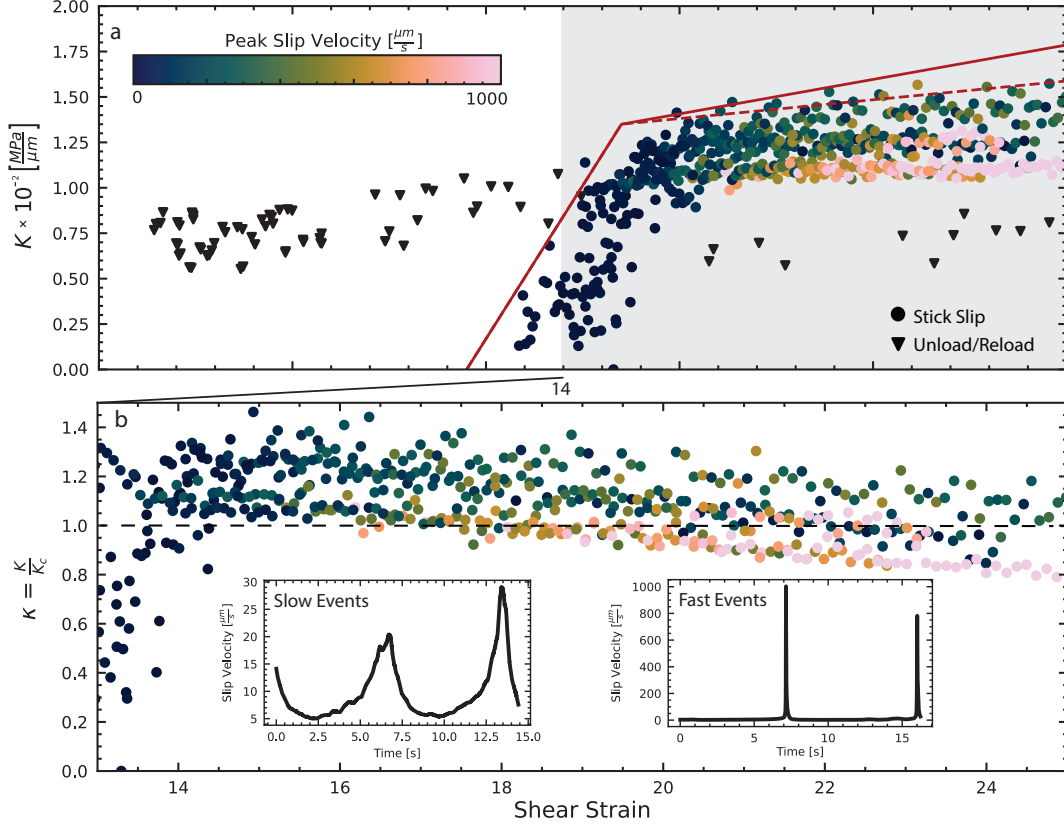
**Figure 3.** (a) Stick-slip event characteristics for experiments at 3 different pore pressures. Shear stress is plotted vs. shear strain during the transition from stable to unstable slip. The transition from small instabilities to quasi-periodic labquakes occurs over a few slip cycles (grey boxes). Panels (b) and (c) show event data for shear strains from 12 to 20 for our complete data set. Stick-slip events evolve from slow to fast, with a log-linear relationship between stress drop and slip velocity. Larger events, with bigger stress drops, reach peak fault slip velocity  $>1$  mm/s with the largest stress drops and corresponding fastest events occurring at the highest  $\lambda$  values. Note the clear trend between co-seismic slip duration and stress drop.

relationship between stress drop and creep rate (Shreedharan et al., 2023). In addition, the co-seismic slip duration decreases during this stage. While friction reaches a quasi-steady state by shear strains of about 15, labquake stress drops continue to grow, going from 0.2 to 0.6 MPa with peak slip velocities going from 100 to 1100  $\mu\text{m/s}$ .

### 3.3 Effect of loading stiffness on fault stability

For our apparatus, the transition from stable to unstable motion occurs when loading stiffness  $K$  is  $\approx 0.015$  MPa/ $\mu\text{m}$  (Leeman et al., 2015, 2016; Scuderi et al., 2016; Shreedharan et al., 2020). The effective stiffness increases initially upon loading as the fault zone compacts but then does not change appreciably after steady-state friction is reached. The onset of slow, quasi-periodic labquakes occurs at a low value of  $K$  and evolves over a shear strain of 5–8 (Figure 4). This initial stage hosts complex slip behaviors including period doubling. Once steady-state stick-slip is achieved,  $K$  then increases at a much slower rate. Consistent with previous work, lower values of  $K$  produce larger events with bigger stress drop and higher slip velocity (Leeman et al., 2016; Rudolf et al., 2021). Event sizes and magnitudes continue to evolve as a function of strain, with more dynamic events occurring at progressively higher shear strains (Scuderi et al., 2017, 2020).

The stability transition occurs when  $K$  becomes  $< K_c$ , and we observe that both  $K$  and  $K_c$  evolve with shear strain. We present two estimates for the  $K_c$  envelope (Fig-



**Figure 4.** Loading stiffness  $K$  measured from experiments at 20 MPa  $\sigma'_n$  and  $P_p$  from 1 - 4 MPa (Supplement Table). (a). Data points show  $K$  values measured from unload-reload cycles and stick-slip. Lines show the evolution of  $K_c$  with shear strain; the solid line is the preferred model, dashed line shows an alternative model. Note that the transition from stable to unstable slip occurs at a shear strain of  $\approx 14$  (see also Fig. 1). (b) Zoom of the shaded portion of Panel A showing stick-slip evolution from slow to fast slip events, as predicted by theory when data fall below the dashed line showing  $\kappa = 1$ . Insets show detail of slip velocity history during slow and fast events at shear strain of 15 and 22, respectively.

ure 4A). Both thresholds are determined from RSF parameters and a theoretical envelope based on stress dependence of frictional stability (Leeman et al., 2016; Scuderi et al., 2016). The first (dashed line) assumes minimal rheological evolution, such that  $K_c$  is roughly constant with shear and small changes in  $K$  are the cause of changes in event size (Gu et al., 1984; Leeman et al., 2016). Conversely, the second (solid line) shows a small evolution of  $K_c$ , consistent with lab data (Scuderi et al., 2017). The solid line accounts for small changes in frictional properties and their impact on instability. Because  $\sigma'_n$  is constant,  $K$  remains nearly constant throughout the experiment, changing only during initial shear when the fault zone compacts and stiffens. Such changes in the effective loading stiffness with strain are linked to densification and shear fabric development. However, increases in  $K_c$  with strain typically outpace changes in  $K$ . Therefore, once the critical stiffness ratio is reached, with ( $\kappa = K/K_c \approx 1$ ), the evolution of event magnitude is primarily modulated *via* the rheological weakening rate  $K_c$ . We find that slow events correspond to  $\kappa$  values from 1.4 - 1.1, whereas faster, more dynamic events typ-

ically have  $\kappa$  below 1. The relation between  $\kappa$  and shear strain outpaces the effects of  $\lambda$ , such that all experiments follow a similar evolution from slow to fast regardless of  $P_p$ .

## 4 Discussion

$P_p$  can affect the mode of frictional sliding *via*  $\sigma'_n$  and/or fluid drainage state as controlled by permeability and the rate of shearing rate and porosity change. The stability transition from stable to unstable sliding depends on  $\sigma'_n$  and  $P_p$ . Thus, changes in  $P_p$  could produce a change in stability by reducing the fault stress, which in isolation would tend to promote slow-slip and stable sliding. Another possibility is that quasi-dynamic changes in fault zone porosity could produce dilatant strengthening or, the opposite, weakening *via* fluid pressurization (Segall & Rice, 2006; Segall et al., 2010; Brantut, 2020). Our experiments test the assumption that pore fluid pressure alone is the driving mechanism for complex modes of fault slip. We explore how slow-slip can occur under finite  $P_p$ , even in cases where dilatancy strengthening is negligible, highlighting that it depends not only on the presence of pore fluids - but also on the magnitude of pore pressure and complexity of fluid pathways.

### 4.1 The effect of fluid pressure on lab earthquakes

Our results demonstrate that the stability transition from stable to unstable motion occurs gradually (Figure 2A) followed by evolution from slow and complex slip events to steady, quasi-periodic labquakes over 10 - 20 lab seismic cycles (Figure 3A). Instabilities nucleate at somewhat lower shear strain for higher  $\lambda$ , but with negligible effect on labquake stress drop or recurrence interval. For our range of  $P_p$  values the effective loading stiffness  $K$  is the same and we see similar behaviors, indicating that  $P_p$  has a minor effect on slip behavior (Figure 4A).

Importantly, our results indicate that under constant pressure conditions at low  $P_p$ , there is minimal effect on labquake initiation and evolution. We measured pore-pressure near the fault surface but not directly on it, which allows the possibility that dilatational mechanisms existed but were potentially masked by measurement volume effects (Brantut, 2020). While we cannot rule this out completely, we note that our results are consistent with previous work using similar materials and absent of fluids (Leeman et al., 2016; Scuderi et al., 2016). These studies show that slow-slip and complex slip behaviors near the stability boundary are caused by velocity-dependent changes in the critical frictional weakening rate. With the consideration in mind, our results indicate that at low  $P_p$  conditions slow-slip is not produced by dilatational mechanisms.

Previous works have documented the transition from stable to unstable stick-slip (Figure 2) as a function of stiffness (Leeman et al., 2016; Rudolf et al., 2021) by matching the effective loading stiffness  $K$  to the critical loading stiffness  $K_c$ , (Gu et al., 1984) such that  $\kappa = K/K_c \leq 1$ . The evolution of spontaneous stick-slips is widely agreed to depend on shear fabric evolution (Scuderi et al., 2017, 2020; Bedford & Faulkner, 2021) - where the RSF parameters continue to evolve such that  $K_c$  outpaces any increase in  $K$  sample compaction and geometric thinning of gouge.

Our results indicate that regardless of pore pressure, instabilities nucleate in the same envelope of  $K_c$  as previous studies (Leeman et al., 2016; Scuderi et al., 2017). This suggests that dilatant volume changes are minor and occur under drained fluid conditions. Importantly, we find that stick-slip magnitude increases as a function of shear strain (Figure 4A). The strain-dependent evolution of  $K_c$  has two mechanisms: (1) the dashed line assumes  $K$  is the driving mechanism for instabilities, where once the material reaches steady-state sliding, events should not change, or (2) the solid line suggests that shear strain sensitive processes, such as grain size reduction (Niemeijer et al., 2009, 2010; Collettini et al., 2011; Bedford & Faulkner, 2021), dictate how and when a fault will nucle-

ate laboratory stick-slip cycles. We posit that at constant stress conditions, when volumetric changes, and thus  $P_p$  are sufficiently small, shear fabric evolution is the driving mechanism promoting fault instability. We cannot rule out a role of  $P_p$  in natural fault systems, it seems likely that slow slip is caused by more than just pore fluids.

## 4.2 Fluid diffusion time and fault stability

Under fluid-saturated conditions, the stress dependence of frictional behavior and RSF parameters ( $a, b, D_c$ ) depend on fault zone volume changes *via* dilation/compaction and the fluid diffusion time. Recent friction studies at higher pore pressure and also studies of rock fracture show that fault dilation can result in significant  $P_p$  transients (Brantut, 2020; Aben & Brantut, 2021). These experiments documented undrained conditions and local reduction of  $P_p$ . We evaluated the possibility that our experiments also involved undrained loading. We did this by comparing pore fluid volume changes with changes in layer thickness, following previous work (Samuelson et al., 2009). This comparison shows that our loading conditions were drained. The measured changes in layer thickness agree well with the pore volume measurements for our full range of conditions.

In other works, the evolution of fault zone permeability has been related to changes in porosity (Crawford et al., 2008; Faulkner et al., 2018) due to grain size reduction during shearing (Niemeijer et al., 2010; Collettini et al., 2011; Bedford & Faulkner, 2021). These work also suggest an increase in complexity of the fluid pathways due to shear fabric evolution perpendicular to the flow direction (Zhang et al., 1999). In this case, the characteristic drainage time due to the internal generation of pore fluid pressures is,

$$t = \frac{L^2 \eta * (\beta_p + \Phi \beta_w)}{2k} \quad (2)$$

where  $L$  is layer thickness,  $\eta$  is dynamic fluid viscosity,  $\phi$  is porosity,  $k$  is permeability and  $\beta_p$  and  $\beta_w$  are the compressibility of the porous medium and fluid. For our experiments Equation 2 gives a fluid diffusion time of the order of 1 second, which is consistent with our measurements of porosity and layer thickness change (see Supplementary Figure 7). Thus, a shearing rate of 10  $\mu\text{m/s}$  would sustain localized over-pressure or under-pressure – effectively weakening, or strengthening the fault. Within this framework, shear-induced changes in  $P_p$  are controlled by changes in fault volume and the duration of these effects would increase as permeability decreases. Therefore, at the same loading velocity, the permeability-shear strain evolution is the primary mechanism controlling  $P_p$  - slip responses. Critical to our study, is the minor impact of these local mechanisms on the bulk laboratory seismic cycle.

Importantly, our study demonstrates that at low  $P_p$ , despite the fault hosting instances of undrained fluid pressure, there is no resolvable effect on fault slip or stress drop. When fluid effects are important, fault weakening or strengthening is rate-controlled by fluid diffusion (Paola et al., 2007), the fault plane will experience periodic increased or decreased frictional strength based on the sense of porosity change (Sibson, 1986; Segall et al., 2010) - compactive or dilational. Our results demonstrate that across low  $P_p$  conditions, frictional processes alone are sufficiently explain stick-slip evolution. We postulate that not only high pore pressures, but significantly anisotropic permeability is required to elucidate the complex slip phenomena observed in nature.

## 5 Conclusion

We conducted well-controlled frictional shearing experiments to explore the origin of slow-slip and the frictional stability transition for conditions of finite pore pressure. We tested the hypothesis that slow slip is caused by changes in fluid pressure and dilatancy strengthening associated with undrained conditions. Our results show that this



hypothesis must be rejected. Instead, our data are consistent with the interpretation that the slow slip and complex modes of frictional sliding arise from variation of the rate of frictional weakening  $K_c$  as a function of slip velocity. Our data show that the transition from stable sliding to first quasi-periodic slow-slip and eventually elasto-dynamic fast labquakes is linked to changes in frictional properties that arise from shear fabric development. We conclude that elevated  $P_p$  and drainage-limited conditions, are required to activate dilational mechanisms controlling slip. We find that slow-slip and complex modes of fault motion can occur under finite  $P_p$  without dilatancy strengthening or undrained loading conditions.

## Data Availability Statement

All data are available at <https://doi.org/10.5281/zenodo.7734607>.

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Figure1.

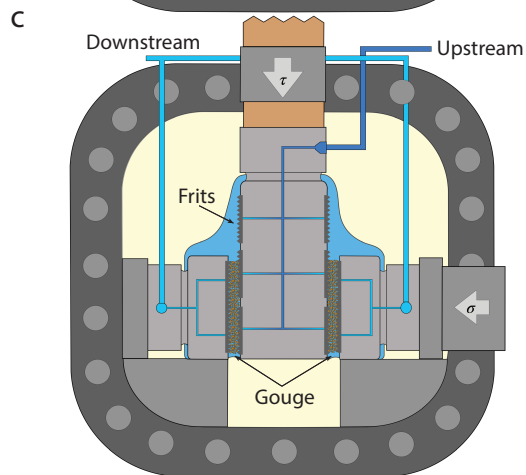
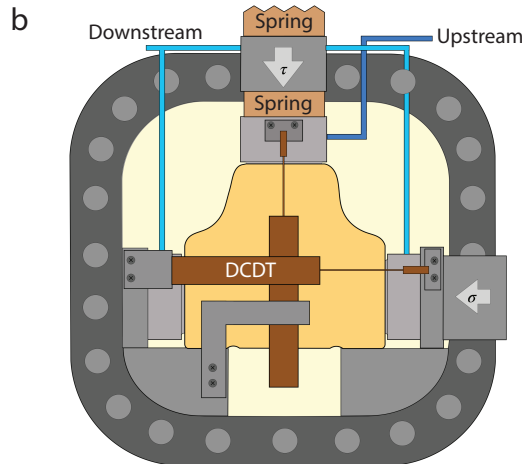
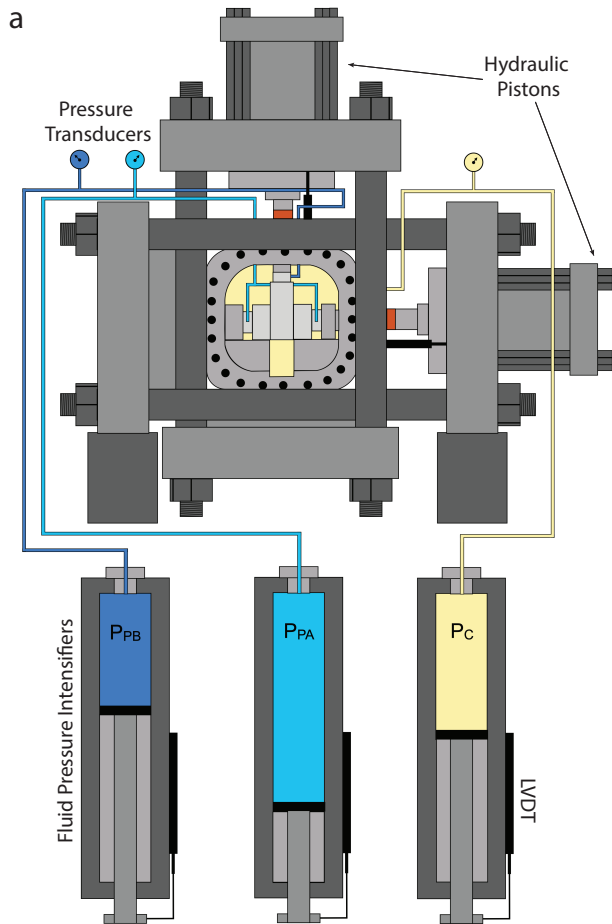


Figure2.

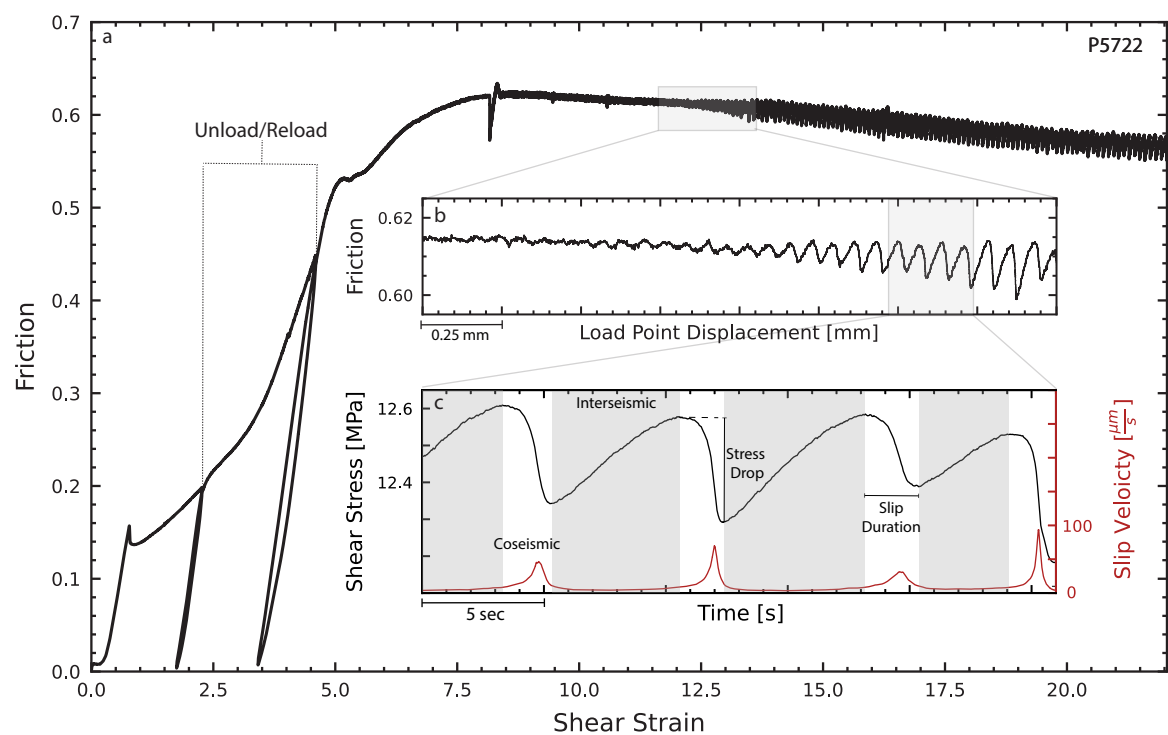


Figure3.

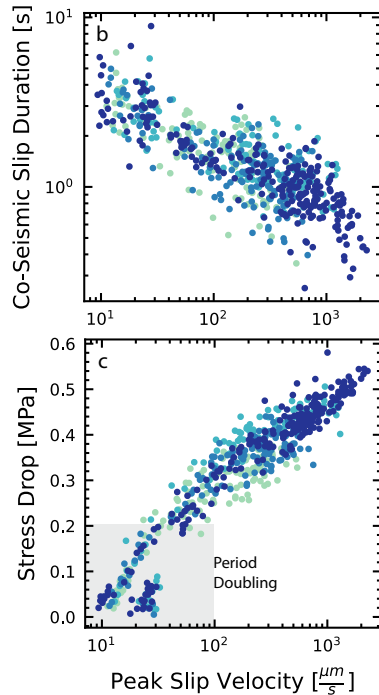
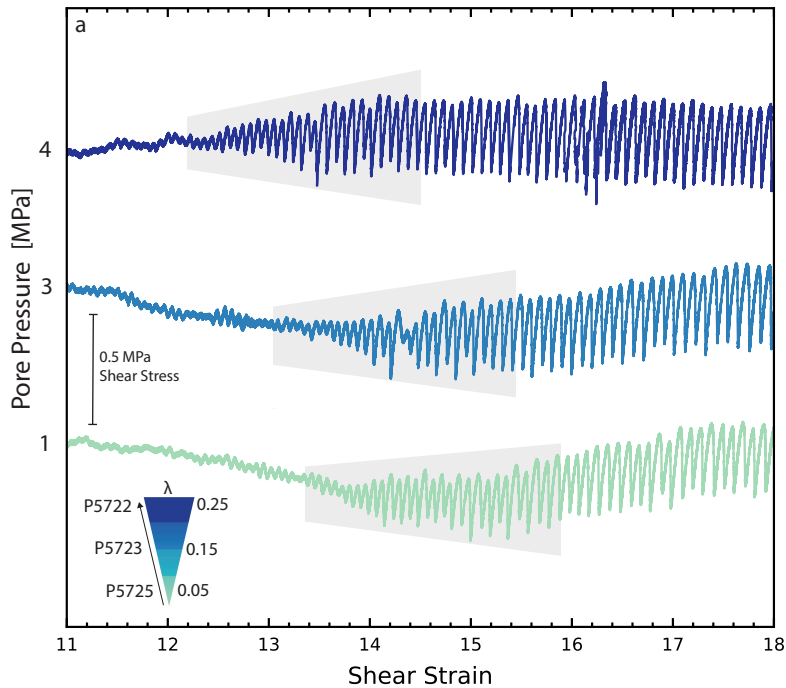




Figure4.

