

Gravity Wave Breaking and Vortex Ring Formation Observed by PMC Turbo

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Key Points:

- Gravity wave breaking and associated vortex rings are observed in imaging and lidar data of polar mesospheric clouds
- Analysis of the data gives parameters of the gravity wave and rates of energy and momentum transfer due to its breaking
- Observed vortex ring parameters agree with predictions by numerical resolutions of gravity wave breaking

Abstract

Polar mesospheric cloud (PMC) imaging and lidar profiling performed aboard the 5.9 day PMC Turbo balloon flight from Sweden to northern Canada in July 2018 revealed a wide variety of gravity wave (GW) and instability events occurring nearly continuously at approximately 82 km. We describe one event exhibiting GW breaking and associated vortex rings driven by apparent convective instability. Using PMC Turbo imaging with spatial and temporal resolution of 20 m and 2 s, respectively, we quantify the GW horizontal wavelength, propagation direction, and apparent phase speed, and we identify vortex rings with diameters of 3-5 km and horizontal spacing of ~ 5 km. Lidar data show GW vertical displacements of ± 0.3 km. From the data, we find a GW intrinsic frequency and vertical wavelength of $0.009 \pm 0.003 \text{ rad s}^{-1}$ and 9 ± 4 km, respectively. We show that these values are consistent with the predictions of numerical simulations of idealized GW breaking. We estimate the momentum deposition rate per unit mass during this event to be $0.04 \pm 0.02 \text{ m s}^{-2}$ and show that this value is consistent with the observed GW. Comparison to simulation gives a mean energy dissipation rate for this event of $0.05\text{-}0.4 \text{ W kg}^{-1}$, which is consistent with other reported in-situ measurements at the Arctic summer mesopause.

1. Introduction

Our understanding of the multiple roles of gravity waves (GWs) generated in the lower atmosphere and propagating into the mesosphere and lower thermosphere (MLT) has advanced considerably since their identification in ionospheric irregularities and polar mesospheric clouds (PMCs) 60 years ago (Hines, 1960; Witt, 1962). We now know that GWs account for the major transports of energy and momentum from their various sources in the lower atmosphere into the MLT, and that diverse GW influences increase strongly with altitude due to decreasing density and increasing GW amplitudes. On global scales, mean GW energy dissipation and momentum deposition lead to systematic forcing of the zonal-mean circulation and thermal structure, and to accompanying induced residual circulations, at altitudes from the troposphere into the thermosphere (Fritts & Alexander, 2003, and references therein).

At smaller scales, observations and modeling have revealed that local accelerations due to GW dissipation, or due to GW transience prior to dissipation, generate secondary GWs that can propagate to much higher altitudes (Bossert et al., 2017; Dong et al., 2019; Fritts, Dong, et al., 2019; Lane & Sharman, 2006; Satomura & Sato, 1999; Vadas et al., 2018; Kaifler et al., 2017). GW breaking also induces significant GW amplitude reductions that imply highly variable GW momentum fluxes and forcing in space and time (Fritts et al., 2009a, 2009b; Taylor et al. 2019). Limited observations also appear to confirm that GWs having smaller horizontal wavelengths, $\lambda_h \sim 100$ km or smaller, account for the major momentum fluxes in the MLT (Fritts et al., 2002, 2014, 2018; Taylor et al., 2019).

The GW scales and dynamics accounting for the majority of these effects throughout the atmosphere are poorly constrained by observations. Hence, descriptions of GW influences in global climate and weather prediction models rely on simplifying assumptions that cannot account for known GW character and influences revealed by high-resolution observations and modeling (Geller et al., 2013; Kim et al., 2003). Similarly, GWs and their instabilities leading to turbulence also contribute to transport and mixing from the surface to altitudes above 100 km, but the dependence of these responses on GW and instability dynamics is also poorly constrained by observations and detailed modeling (Garcia et al., 2014).

GWs exhibit a wide range of instabilities, depending on their characters and environments. At small amplitudes, GWs exhibit resonant and non-resonant interactions that excite other GWs and broaden the GW spectrum without dissipation (McComas & Bretherton, 1977; Sonmor & Klaassen, 1997). Inertia-GWs at sufficiently large amplitudes at intrinsic frequencies near the inertial frequency, $\omega_i \sim f$, support Kelvin-Helmholtz instabilities (LeLong & Dunkerton, 1998; Luce et al., 2008). GWs at higher frequencies more typically undergo breaking at amplitudes approaching or exceeding overturning conditions (Andreassen et al., 1994; Fritts et al., 1994), giving rise to convective instabilities and leading to the formation of vortex rings (Andreassen et al., 1998; Fritts et al., 1998; Fritts et al. 2009a, 2009b). These instabilities often arise from initial optimal perturbations to the evolving flows at GW amplitudes that are not overturning (Achatz, 2005, 2007; Lombard & Riley, 1996). Additionally, multi-scale GW environments exhibit variants of the above instabilities, many of which have been observed by radar, lidar, and/or high-resolution imaging (Baumgarten & Fritts, 2014; Eaton et al., 1995; Fritts et al., 2013; Fritts, Miller, et al., 2019; Lehmacher et al., 2007; Miller et al., 2015; Pfrommer et al., 2009). The character, importance, and effects of various GW instability dynamics for a range of relevant flows need to be explored and understood more completely if we are to account more quantitatively for their influences throughout the atmosphere.

In this paper we focus on vortex rings associated with GW convective instabilities. The first reported observation of vortex rings in ground-based images of PMCs was by Dalin et al. (2010); further observations by ground-based (Fritts et al., 2017; Hecht et al., 2018) and balloon-based instruments (Miller et al., 2015; Fritts et al., 2017) soon followed. High-resolution numerical simulation by Fritts et al. (2017) described the three-dimensional (3-D) structure of these instabilities: counter-rotating vortices aligned along the direction of GW propagation intensify with increasing GW amplitude. Interactions between adjacent vortices lead to horseshoe-shaped vortices and eventually distinct vortex rings. These rings are inclined at $\sim 45^\circ$ relative to the horizontal, and cause plunging motions along their axes, down and in the direction of GW propagation. Observations to date have consisted of 2-D images of this inherently 3-D process.

We report on an observation of distinct vortex rings accompanying apparent GW breaking seen in the PMC layer at ~ 82 km. Images with high spatial and temporal resolution were collected by the PMC Turbo long-duration balloon-borne experiment (see the mission overview by Fritts, Miller, et al., 2019). The experiment also hosted a Rayleigh lidar that provided coincident data on the vertical structure of the PMC layer. With this 3-D information about the structure of the PMC layer and of the GW and instability structures, we characterized the underlying GW and compare the dynamical behavior to results from numerical simulations of Fritts et al. (2017) and Fritts, Wang, et al. (2019).

We provide an overview of the PMC Turbo experiment and the GW breaking event in Section 2. In Sections 3 and 4, we discuss the analysis of the imagery and lidar data that led to identification and characterization of the dominant GW accounting for the observed vortex rings. In Section 5 we summarize our findings and present our conclusions.

2. PMC Turbo Instrumentation

PMC Turbo was a balloon-borne payload designed to study GW and instability dynamics near the mesopause. Instrumentation consisted of four wide-field and three narrow-field CCD-based cameras and a Rayleigh lidar. The wide-field cameras gave a combined field of view (FOV) spanning 100×100 km with an average spatial resolution of 20 m per pixel when projected to the PMC layer. The narrow-field cameras each spanned a FOV of 10×15 km, were located at the regions of overlap between the wide-field cameras and had a spatial resolution of 3-4 m per pixel at the PMC layer. The Rayleigh lidar measured the backscatter coefficient along a line of sight that was 28° off-zenith and within the FOV of the cameras, with vertical spatial and temporal resolution of approximately 60 m and 10 s, respectively, though those values depended on the brightness of the PMCs.

PMC Turbo flew for 5.9 days in July of 2018 from Kiruna, Sweden to Nunavut, Canada, approximately tracking the Arctic Circle. For an overview of the instrumentation, image processing, underlying weather, and a list and examples of the range of instability dynamics observed during flight, see Fritts, Miller, et al. (2019).

PMCs were visible for 50% of flight, and instability structures were prevalent whenever PMCs were present. Vortex rings were one of the more common instability structures observed in the images. In this paper we discuss one particularly active period between 2:40 and 3:00 UT on 10 July 2018 during which vortex rings were present across much of the FOV. At these times, the gondola was floating at an altitude of 36.3 km, at 69.3° N and 17.4° W, about 200 miles north of Iceland over an intense tropospheric jet stream along the east coast of Greenland. The gondola was oriented such that the FOV was centered on the anti-sun direction, viewing approximately toward SSW. The gondola was drifting to the west, with an average speed of 8 m s^{-1} . Representative PMC Turbo imaging and lidar data for this interval are shown in Figure 1.

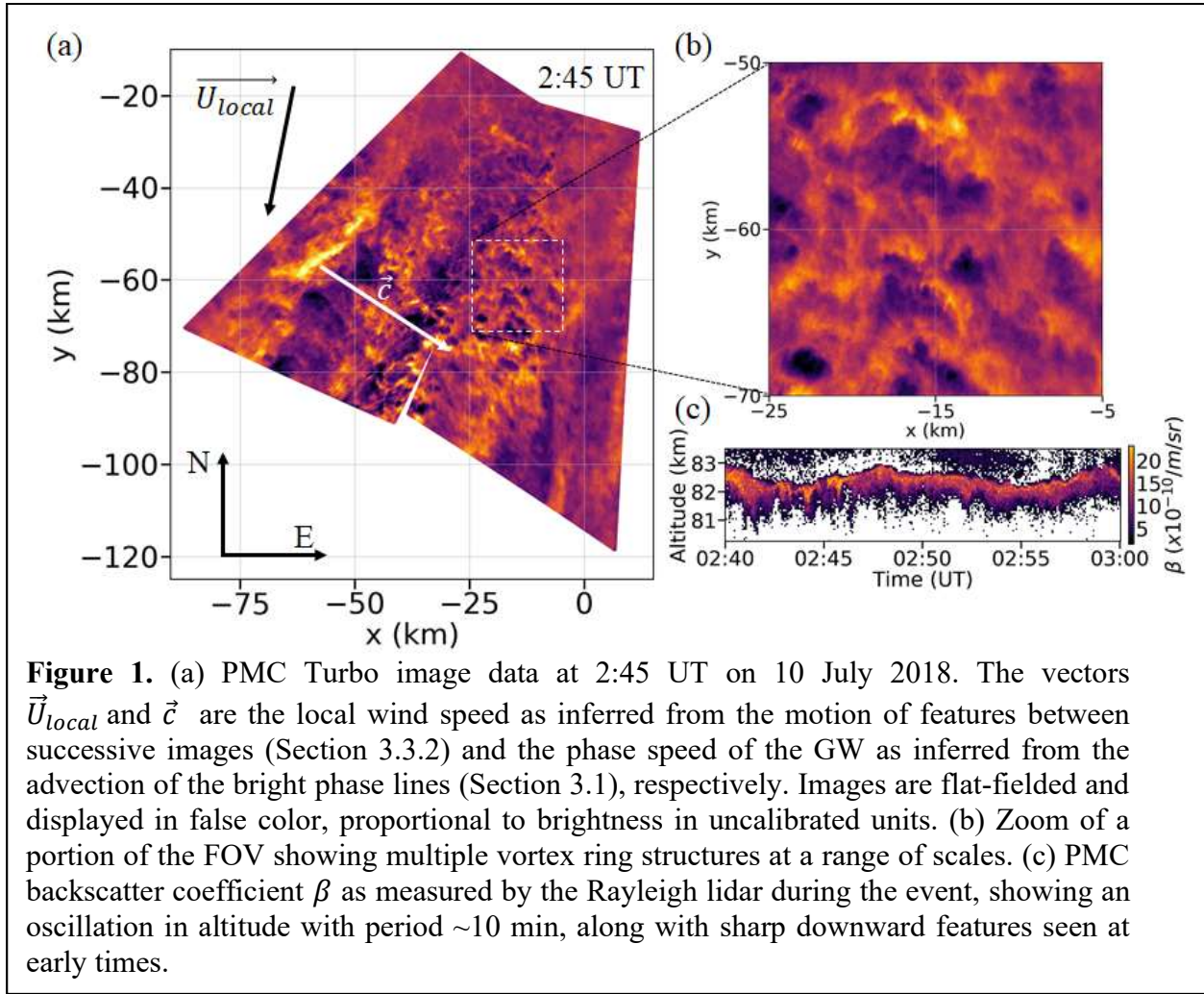


Figure 1. (a) PMC Turbo image data at 2:45 UT on 10 July 2018. The vectors \vec{U}_{local} and \vec{c} are the local wind speed as inferred from the motion of features between successive images (Section 3.3.2) and the phase speed of the GW as inferred from the advection of the bright phase lines (Section 3.1), respectively. Images are flat-fielded and displayed in false color, proportional to brightness in uncalibrated units. (b) Zoom of a portion of the FOV showing multiple vortex ring structures at a range of scales. (c) PMC backscatter coefficient β as measured by the Rayleigh lidar during the event, showing an oscillation in altitude with period ~ 10 min, along with sharp downward features seen at early times.

3. Characterization of Gravity Wave and Local Winds

Given the abundance of vortex ring structures visible in the images, we infer that at least one GW was in the process of breaking at or near the PMC layer. In this section: we identify a GW in the image data and derive estimates for its horizontal wavelength and apparent phase speed; we use the lidar data to cross check the conclusions of the image analysis; and we use images and independent wind data to constrain the mean winds and therefore the GW's intrinsic phase speed.

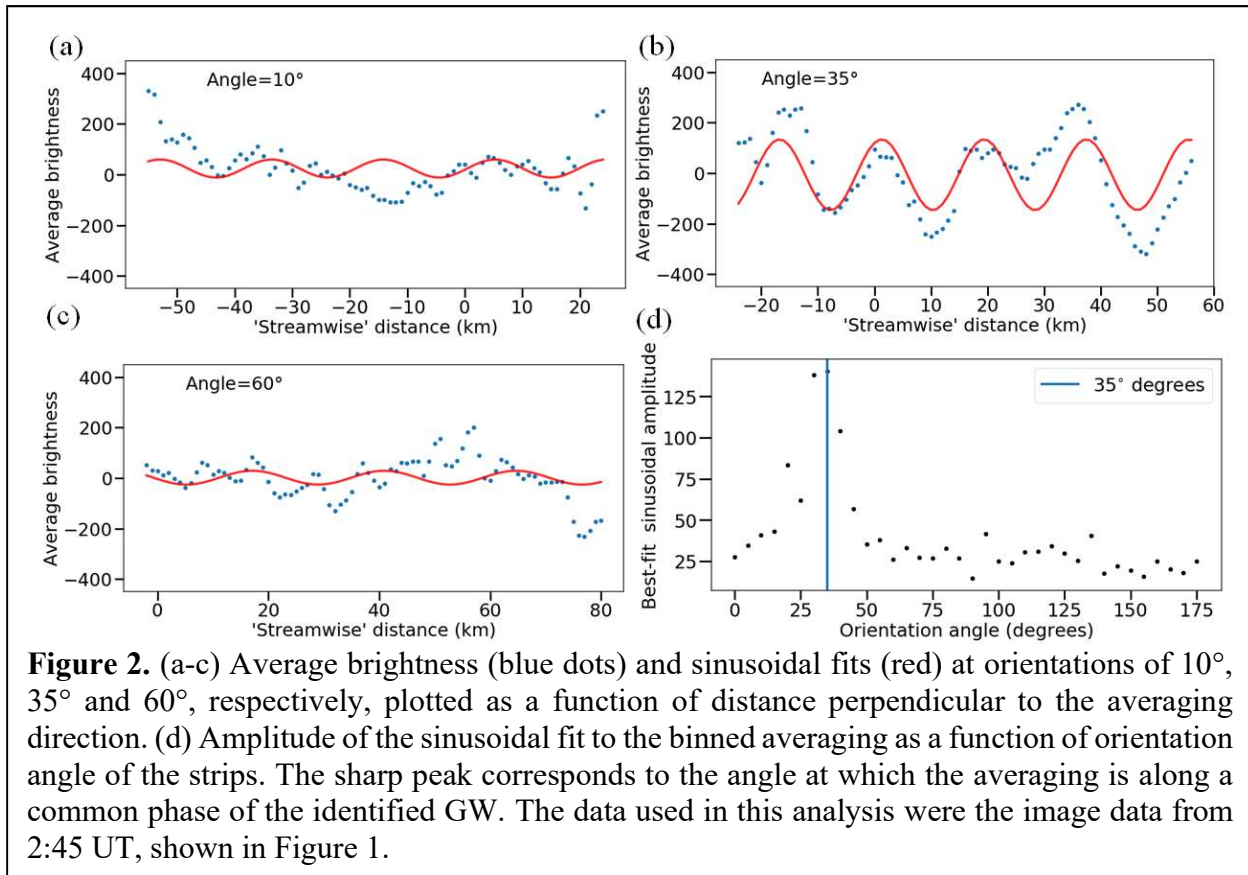
We search for a GW in the image data because there are at least two mechanisms by which it can imprint its signature on PMC brightness: (1) GW-induced velocity perturbations cause regions of horizontal convergence and divergence at the PMC layer. The imaging data are only sensitive to the integrated brightness through the PMC layer, therefore vertical displacements associated with the velocity perturbations are irrelevant to this effect. In areas of horizontal convergence, there is greater column density of PMC particles, leading to higher brightness in the images; (2) the GW induces vertical perturbations of the PMC layer, causing associated temperature perturbations. Relatively warm regions act to sublimate PMC particles, decreasing brightness, while cool regions enhance brightness by facilitating PMC particle formation and growth. Estimates vary over the range of possible growth and sublimation rates (Chandran et al., 2012;

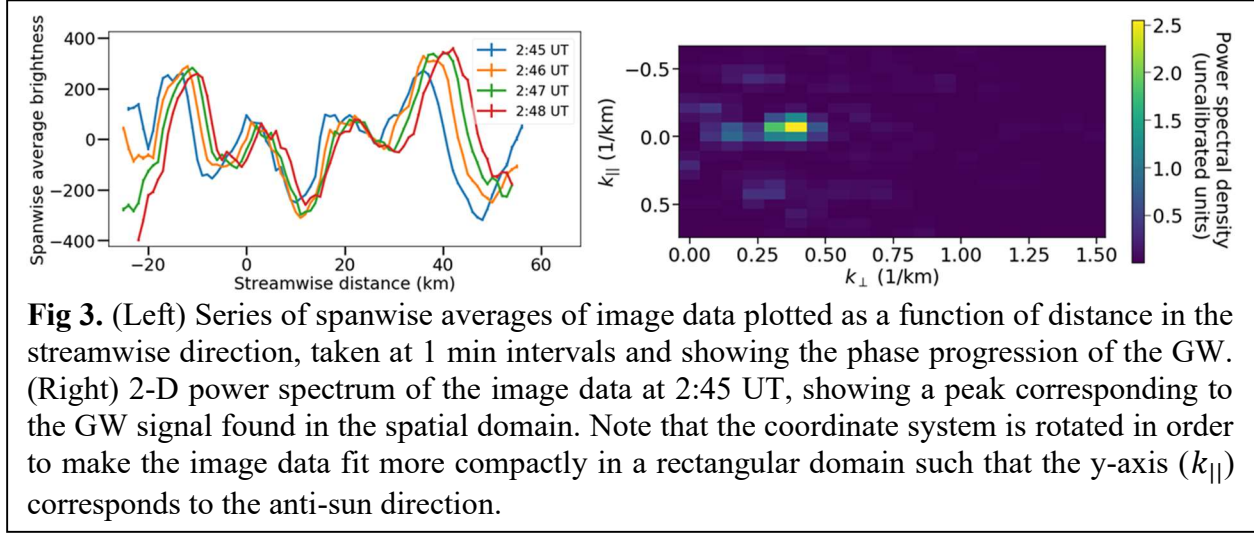
Gadsden and Schröder, 1989; Zasetsky et al., 2009); it is inconclusive whether this effect can be significant for dynamics that evolve on timescales on the order of minutes. Given the spectral response of our instruments (≥ 600 nm for the cameras and 532 nm for the lidar), we approximate our observed signal as Rayleigh scattering. Given the implied r^6 dependence of brightness on particle size r , a 5% change in particle size would result in a 30% change in PMC brightness, a magnitude detectable in the image data. Assuming a typical particle size of 55 nm (Ugolnikov et al., 2016), this corresponds to a change of 2.8 nm; this change can occur within 5 min, given the upper range of the growth rates measured in Zasetsky et al. (2009).

The flat-fielding process applied to the raw images removes absolute PMC brightness information (Fritts, Miller, et al., 2019). The processed images display relative brightness in uncalibrated counts normalized for exposure time and pixel sensitivity. Raw images were acquired in groups of 2-4 at a cadence of 2 s; for this analysis, we used images at either a 2 or a 10 s cadence. The coordinate system we use has the y-axis oriented northward and the x-axis eastward. Images are displayed as viewed from above and are projected onto the PMC layer, assumed to be a plane at an altitude of 82 km. The coordinate system is fixed relative to the Earth such that the origin was directly above the gondola at 2:50 UT on 10 July 2018. Due to insufficient shading between the sunlit balloon and the cameras, images were often contaminated by scattered light. We report results using only the two central wide-field cameras, which were least affected.

3.1. GW propagation direction, horizontal wavelength, and apparent phase speed

We divided the images into 1 km-wide strips, averaged the brightness in each strip, and plotted the average brightness as a function of distance along the direction perpendicular to the strips. The

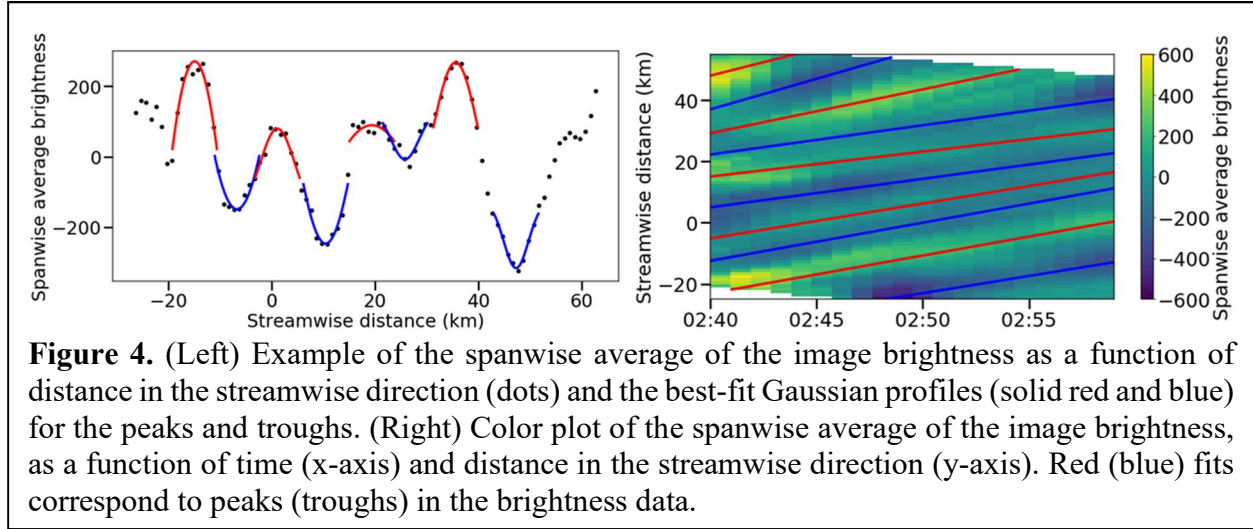




analysis was repeated at varying orientations of the strips, in 5° intervals. When the orientation of the strips aligned with the phase lines of the underlying GW, we expected the average brightness of the strips to vary sinusoidally across the image. The orientation of the GW was determined by finding the best-fit sinusoid for each of these averages, and then plotting the amplitude of the sinusoid as a function of angle. We found the angle at which the amplitude of the fit was largest and assumed that at that angle the averaging was along a common phase of the GW. This maximum occurred at 35° clockwise from north, corresponding to a GW propagation direction, \hat{k} , of 125° clockwise from north. Examples of these averages together with their sinusoidal fits are shown in Figure 2. We define streamwise to be the direction of GW propagation, and spanwise to be perpendicular to streamwise. The streamwise distance is defined in the fixed coordinate system described in Section 3 such that points along a common phase with the origin are defined to have a streamwise position of 0 km.

Quantifying the apparent phase propagation is complicated by the evolution of the phase structure with time. Specifically, 1) GW breaking implies prior flow accelerations that vary across the GW packet in all directions, and 2) self-acceleration dynamics where GW packets are localized along their direction of propagation result in decreasing (increasing) horizontal wavelengths in the leading (trailing) portion of the GW packet. To estimate the phase propagation, we took sets of images at 10 s intervals and plotted the spanwise average across these images as a function of distance in the streamwise direction, assuming the determined GW orientation. Periodic structure is clearly visible in each plot, and phase propagation is apparent in the sequence; see Figure 3. We found the best-fit location of each peak and trough at each time interval by chi-squared fitting a Gaussian at the approximate location of each peak/trough, allowing the location, amplitude, width, and vertical offset to vary (see Figure 4). For each time interval, we found the average separation of adjacent peaks/troughs. Averaging across all time intervals gave an estimate of the horizontal wavelength, with $\lambda_h = 18 \pm 0.5$ km, where the quoted uncertainty reflects the variance among the measurements.

We performed a linear fit of the position of each peak and trough as a function of time, giving apparent phase speed for each peak and trough (see Figure 4). We took the slope of each fit as a measurement of the apparent phase speed and found an average value of $c = 21 \pm 6$ m s $^{-1}$, where the quoted uncertainty indicates the variance between the slopes – the uncertainty in the motion of an individual peak/trough is less than 1 m s $^{-1}$.



We also performed a 2-D Fourier transform on the image data after interpolating onto a regularly-spaced grid sampled at 20 m in either direction (see Figure 3). This confirmed the orientation and horizontal wavelength found above but had higher associated uncertainties.

3.2. Identification of GW in lidar data

We use the independent lidar data to confirm the presence of the GW identified above. We find the signature of the GW in the altitude of the PMC layer as measured by the lidar, and we compare this signal to the spanwise-averaged brightness of the image data at the location of the lidar beam.

3.2.1 Vertical perturbations of the PMC altitude

The lidar data show an overall vertical oscillation with a period of ~ 600 s. In order to quantify this motion further, we determined the centroid altitude of the PMC layer at all times. We assumed that any backscatter measured below 81 km or above 83 km was noise. We further filtered any backscatter measurement below $6 \times 10^{-10} \text{ m}^{-1}\text{sr}^{-1}$ to reduce bias in our calculated centroid altitude – the filtered data are shown in the middle plot in Figure 5. We found the average altitude of the remaining points, weighted by the measured backscatter coefficient. We found the amplitude of the best-fit sinusoid to this average altitude to be 0.26 ± 0.05 km. The calculated centroid altitude and sinusoidal fit are shown in red and black, respectively, in the bottom plot of Figure 5.

3.2.2 GW brightness perturbations at the lidar beam

To compare the results of our imaging analysis to the lidar profiles, we determined the location within our camera FOV where the lidar beam intersected with the cloud layer. The FOV of the lidar was approximately the same as that of a single pixel. We solved for the relative alignment by generating two datasets: 1) the integrated PMC brightness from the lidar profile, and 2) time series of flat-fielded camera brightness on a pixel-by-pixel basis over a 75×75 pixel grid in the nominal neighborhood of the lidar beam. We integrated the camera data over 10 s intervals to match the lidar cadence and removed a 10 min moving average from the lidar time series to match the camera flat-fielding process. We then computed the Pearson p-value of the lidar time series with each of the camera time series. We determined the location of overlap between the instruments by fitting

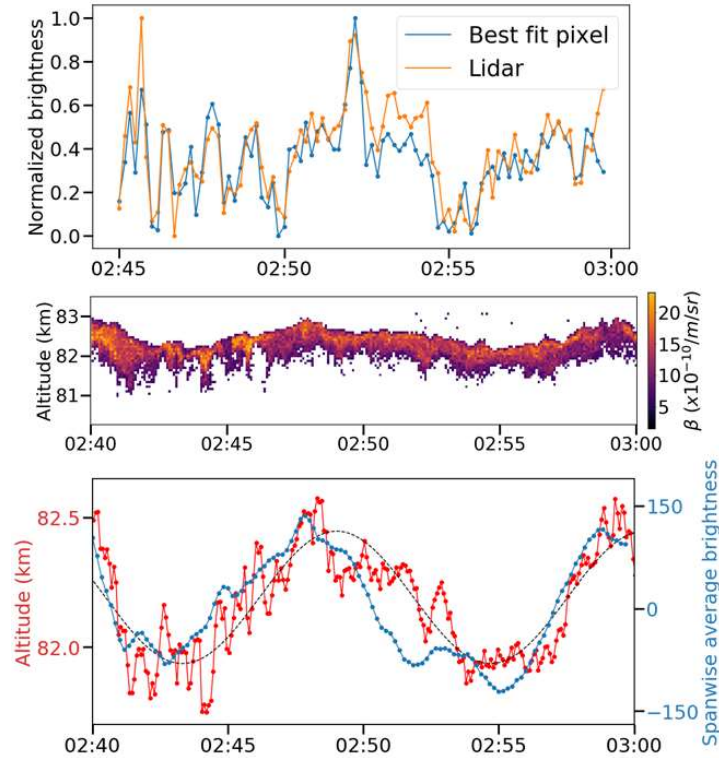


Figure 5. (Top) Integrated PMC brightness as measured by the lidar (orange) and the cameras (blue) at the determined point of overlap between these instruments. Both datasets have been normalized to lie between 0 and 1. (Middle) PMC profile over the interval after filtering the data to eliminate spurious signal. (Bottom) PMC layer centroid altitude (red, left ordinate) and best-fit sinusoid (black), and spanwise-averaged brightness at the streamwise location of the lidar beam (blue, right ordinate) as a function of time.

a 2-D Gaussian profile to the logarithm of the p-value over the 75x75 pixel grid. A χ^2 test gives the best-fit location of the overlap between the lidar and the camera FOVs; the uncertainty in this process is ± 3 pixels in either direction, or ± 20 m on the PMC layer. The normalized time series of the lidar and the camera pixel at the location of overlap are shown in the top plot in Figure 5.

To identify the GW phase at the location of the lidar beam, we again took the spanwise average of the full image data at each time step in the lidar data and found the value at the streamwise location of the lidar. We subtracted an offset and gradient to help isolate the GW signal. The result is shown in blue in the bottom plot in Figure 5.

3.2.3 Comparison of GW signal in lidar and image data

Comparing the PMC layer altitude to the spanwise-averaged image brightness (see Figure 5), the periodic structure is apparent in each and is strongly correlated. The lidar therefore detects a GW signal that is consistent with the GW identified in the camera data.

The two signals are closely aligned in phase. Recalling the mechanisms by which a GW can imprint its signature on PMC brightness (Section 3): if the increased brightness is due to horizontal convergence of the PMC particles, we expect this to occur downstream from the maximum vertical displacement. Conversely, if the temperature mechanism is responsible, the rate of change in brightness will be in phase with the vertical displacements, but the maximum integrated change in brightness will occur upstream from the maximum vertical displacement. Given that the lidar is

effectively scanning in the upstream direction as the GW propagates through the lidar beam, the GW brightness signal is slightly downstream relative to the vertical displacements. This suggests that the observed brightness is due primarily to the horizontal convergence of PMC particles rather than PMC particle growth and sublimation in response to GW temperature perturbations.

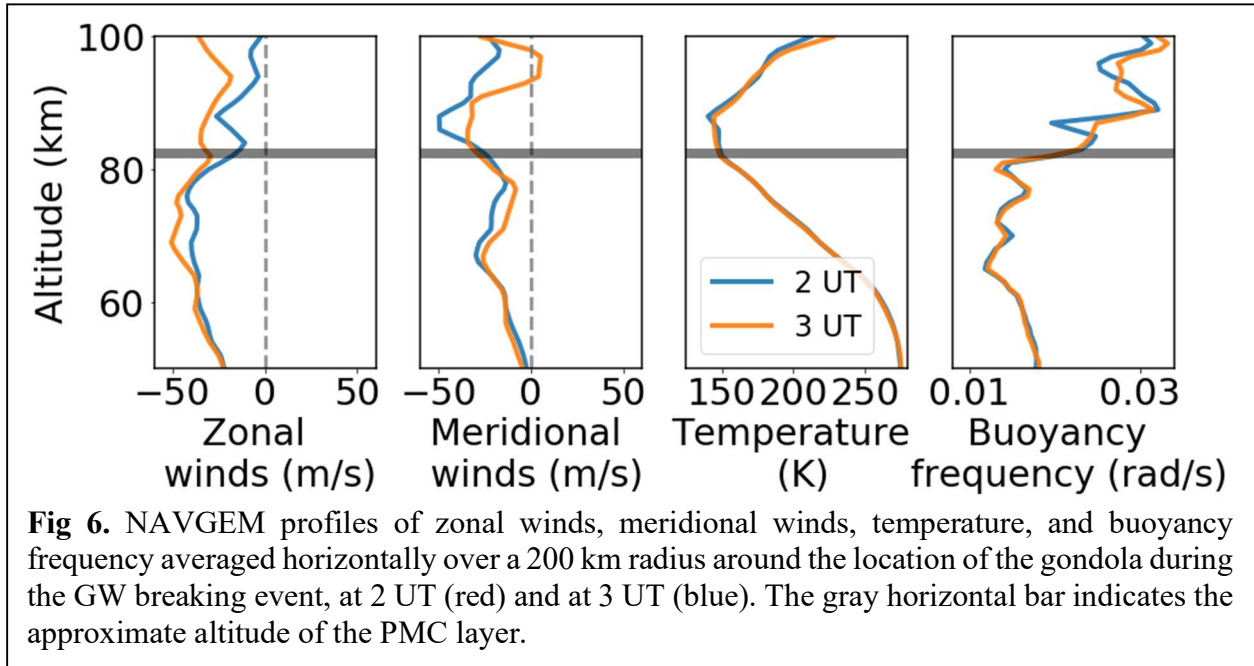
3.3 Characterization of the local mean winds

The intrinsic phase speed and frequency of the GW identified above depend on the mean winds in which the GW propagated. We obtained two independent estimates of the mean winds to quantify these additional GW properties.

3.3.1 Wind estimates from NAVGEM Reanalysis

We obtained an estimate of the local large-scale winds and temperatures from the reanalysis fields of the U.S. Navy Global Environmental Model (NAVGEM: Eckermann et al., 2018), generated with a T119L74 forecast model and hybrid 4-D variational data assimilation procedure that assimilated measured winds at altitudes between 80 and 100 km from 25 meteor-radar sites around the world. Given the 100 km horizontal resolution of the reanalysis results, we expect it to resolve GWs with $\lambda_h > 500$ km; therefore, it is insensitive to the GW we have observed here but should give estimates of the broader background in which the GW breaking occurred. The resulting wind estimates vs. altitude, taken over an averaging radius of 200 km horizontally around the location of the gondola, at 2:00 UT and at 3:00 UT, are shown in Figure 6. We infer a mean wind vector $\vec{U}_0 = \begin{pmatrix} -28 \pm 9 \\ -29 \pm 4 \end{pmatrix} \text{ m s}^{-1}$; the x-component is the zonal direction. Uncertainties come from a comparison of NAVGEM predictions to measured winds at 82 km (see Fig. 15 of Eckermann et al., 2018).

NAVGEM also provides estimates of the background temperature and buoyancy frequency N as a function of altitude. We estimate $N = 0.021 \pm 0.004 \text{ rad s}^{-1}$, where the inferred uncertainty comes from the steep change in N with altitude; see Figure 6. We use the estimate of the background temperature to calculate the atmospheric scale height, $H = \frac{RT_0}{Mg}$, where R is the



universal gas constant, T_0 is the background temperature, M is the mean molecular molar mass, and g is the acceleration due to gravity, giving $H = 4.4 \pm 0.1$ km. Note also that GWs unresolved by NAVGEM, such as the GW identified here, likely also contributed to local $N(z)$, temperatures, and winds.

3.3.2 Wind estimates from Trackpy feature tracking

Bright and ubiquitous instability structures across the FOV enabled the use of feature tracking to characterize the mean winds at the PMC layer. We used Trackpy (Trackpy v04.1, 2019), an open source python package that finds features in images and links such features in sequences of images to estimate motions. We used images at a 2 s cadence to reduce motion between consecutive frames and increase the probability that features are correctly linked.

To gain confidence that Trackpy identified reasonable features, linked them correctly in series of images, and reported accurate and robust estimates of the background flow, we performed a series of tests, which we summarize here. We

- ran Trackpy on simulated data with known input velocity between images;
- manually tracked several features in the camera images to validate Trackpy results;
- spot-checked individual Trackpy trajectories against image data to confirm that Trackpy features appear to advect with visible structure in the images (see Figure 7);
- tested the robustness of the results against a range of input parameters to the Trackpy algorithm. These parameters included: the characteristic feature size (11-400 pixels), the minimum integrated brightness of a given feature (we found no correlation between minimum brightness and inferred velocities.), and the minimum number of occurrences a feature must make (10-50 occurrences);
- ran Trackpy on simulated data with GW and vortex ring structures propagating differentially. The relative amplitudes of these signals were derived from the image data, as was the background noise level.

In all cases, Trackpy gave reasonable results. In particular, in the final test we determined that the inferred velocities were those of the vortex rings and were not affected by the presence or motion of the GW. The advantage of Trackpy is that it found many more features than would be feasible to track manually, which provided information on trends in the winds across the field of view rather than a single average value.

Due to the 10 min moving average that we subtracted in our flat-fielding process, stars in our field of view produced dark tracks ~ 5 km long in the flat-fielded images, with a bright spot in the middle of the track corresponding to the current position of the star. Therefore, we ran a low-pass Gaussian 2-D filter to remove features smaller than 31 pixels before passing the images to Trackpy. We then used 8x8 pixel binning to improve the signal to noise within our images. Our tests determined that the optimal characteristic feature size was 7 pixels (corresponding to 56 pixels in native pixel dimensions), or ~ 1 km when projected onto the sky. A typical vortex ring has a

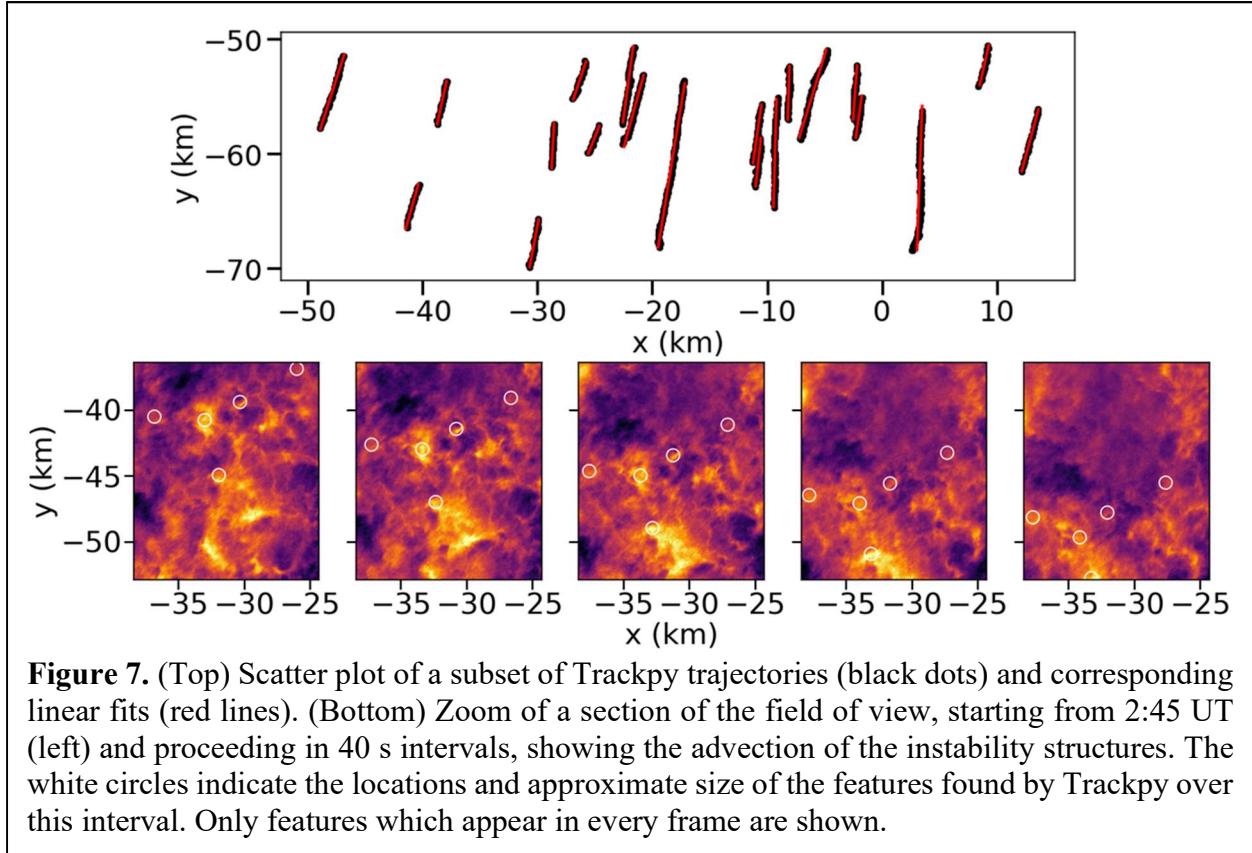


Figure 7. (Top) Scatter plot of a subset of Trackpy trajectories (black dots) and corresponding linear fits (red lines). (Bottom) Zoom of a section of the field of view, starting from 2:45 UT (left) and proceeding in 40 s intervals, showing the advection of the instability structures. The white circles indicate the locations and approximate size of the features found by Trackpy over this interval. Only features which appear in every frame are shown.

diameter of $\sim 3\text{--}5$ km (see the example image shown Figure 1, which is representative). A feature therefore corresponds to a section of a vortex ring rather than an entire ring.

For the 20 min duration of the interval analyzed here, Trackpy found 5,004 ‘trajectories’. A trajectory corresponds to a single feature that Trackpy found repeated across many images. For each trajectory, Trackpy output a list of positions in pixel coordinates and corresponding images, which we converted to a list of positions at the PMC layer and corresponding times. For each trajectory, we assumed a constant velocity and performed a linear fit in the meridional and zonal directions independently, resulting in an estimate for the meridional and zonal winds for this feature. We filtered out trajectories with a probability-to-exceed of $<0.5\%$ according to the χ^2 metric in either the zonal or meridional fit, resulting in 3,916 remaining trajectories. A subset of these remaining trajectories and the corresponding linear fits are shown in the top plot of Figure 7. We averaged the best-fit winds across all the trajectories and found mean winds, denoted \vec{U}_{local} to differentiate from the NAVGEM-derived \vec{U}_0 , of $\begin{pmatrix} -10 \pm 5 \\ -50 \pm 9 \end{pmatrix} \text{ m s}^{-1}$. Given the large number of trajectories, the uncertainty on the mean is negligible – instead, the quoted uncertainties indicate the variance in the inferred velocities across the FOV. These values differ significantly from those obtained from the NAVGEM reanalysis (Section 3.3.1); we discuss this discrepancy in Section 4.2.

4. Discussion

4.1. Estimates of GW Parameters

From our analysis above, we have inferred estimates of λ_h and c . Given the inferred propagation direction and estimates of the background environment provided by NAVGEM, we

draw further conclusions about the parameters of the underlying GW, using standard relationships derived from linear GW theory (see, for example Nappo, 2002) and assuming a monochromatic GW:

$$c_i = c - \vec{U}_0 \cdot \hat{k}$$

$$T_b = \frac{2\pi}{N}$$

$$T_i = \frac{\lambda_h}{c_i}$$

$$\omega_i = \frac{2\pi}{T_i}$$

$$\lambda_z = \frac{\lambda_h}{\sqrt{\left(T_i/T_b\right)^2 - 1}}$$

Here, c_i is the intrinsic phase speed of the GW, and T_i , ω_i and λ_z are its period, intrinsic frequency and vertical wavelength, respectively. T_b is the buoyancy period. Given \hat{k} , \vec{U}_0 , λ_h and c as determined previously, we infer the parameters listed in Table 1. The uncertainties listed for derived quantities come from standard uncertainty propagation. Note that we use the estimates of

GW or Background Parameter	Symbol	Value	Source
Mean wind	\vec{U}_0	$(-28 \pm 9 \atop -29 \pm 4) \text{ m s}^{-1}$	NAVGEN
Buoyancy frequency	N	$0.02 \pm 0.004 \text{ rad s}^{-1}$	NAVGEN
Buoyancy period	T_b	$310 \pm 60 \text{ s}$	NAVGEN
Scale height	H	$4.4 \pm 0.1 \text{ km}$	NAVGEN
k -vector	\hat{k}	$(0.82 \pm 0.03 \atop -0.57 \pm 0.02)$	PMC Turbo
Horizontal wavelength	λ_h	$18 \pm 0.5 \text{ km}$	PMC Turbo
Vertical wavelength	λ_z	$9 \pm 4 \text{ km}$	Linear theory
Apparent phase speed	c	$21 \pm 6 \text{ m s}^{-1}$	PMC Turbo
Intrinsic phase speed	c_i	$27 \pm 8 \text{ m s}^{-1}$	Linear theory
Period	T_i	$670 \pm 200 \text{ s}$	Linear theory
Intrinsic frequency	ω_i	$0.009 \pm 0.003 \text{ rad s}^{-1}$	Linear theory

Table 1. Inferred estimates of relevant GW and background parameters and their source. Values derived from linear theory are calculated from NAVGEN estimates and PMC Turbo observations.

the mean winds from NAVGEM rather than Trackpy – our motivation for this choice is given in Section 4.2.

The lidar profile provides an independent check on the vertical wavelength, though only as a lower-bound. We define the GW amplitude to be $A = u_1/c_i$, where u_1 is the horizontal velocity perturbations induced by the GW. For a GW at its overturning amplitude ($A \approx 1$), we expect vertical displacement amplitudes on the order of $\lambda_z/2\pi$ (see, for example, Fritts, Miller, et al., 2019). From the sinusoidal fit to the PMC layer centroid altitude, shown in Figure 5, we infer a lower bound of $\lambda_z \geq 1.6$ km. This is well below the value in Table 1. Two factors may account for this. First, the presence of vortex rings implies that the GW had undergone significant breaking, which would act to reduce the GW amplitude and therefore the vertical perturbations to the PMC layer. Secondly, large vertical displacements are accompanied by large temperature perturbations. PMC particles advected to significantly warmer temperatures may encounter rapid sublimation, reducing the apparent amplitude of the vertical displacement visible in the PMC layer.

4.2. Estimate of GW momentum deposition

There is an apparent $>2\sigma$ discrepancy between the NAVGEM and Trackpy results in regard to the mean winds. We explain the apparent discrepancy in the following way. The abundance of vortex rings implies that the GW, initially at or close to the overturning amplitude, had undergone significant breaking. In the process, GW momentum flux divergence led to local flow accelerations along the direction of GW propagation – therefore, we expect that local estimates of wind speeds will differ from large scale winds, such as those inferred by NAVGEM.

We quantify the expected magnitude of the momentum deposition as follows. A GW with velocity perturbations u_1 and w_1 (horizontally and vertically) results in a vertical flux of horizontal momentum, τ , given by:

$$\tau = -\rho_0 \overline{u_1 w_1} \approx \frac{1}{2} \rho_0 \frac{k}{m} u_1^2$$

where ρ_0 is the unperturbed background density, k and m are the horizontal and vertical wavenumbers, respectively, and the bar indicates a horizontal average over a wavelength. We have used the simplifying assumption (borne out by the data in Table 1) that m is large relative to $1/2H$. When such a GW breaks, its momentum flux decreases quadratically with decreasing amplitude, and the mean accelerations that accompanied GW propagation prior to breaking result in a transient mean-flow forcing. Numerical simulations reported in Fritts et al. (2009a) suggest a typical timescale for GW breaking of approximately T_i . We approximate the vertical length scale over which breaking occurs to be H . We expect a net change in the local momentum density given by:

$$\rho_0 \Delta u \sim \frac{T_i}{H} \tau$$

which implies a net change in local wind speeds of:

$$\Delta u \sim \frac{1}{2H} \frac{k u_1^2 T_i}{m}$$

Given that the GW broke, we infer that it had reached the overturning amplitude; thus $u_1 \approx c_i$, and $u_1 T_i \approx \lambda_h$, implying

$$\Delta u \sim \frac{1}{2H} \frac{k \lambda_h}{m} c_i \sim \frac{\lambda_z}{2H} c_i$$

Lindzen (1981) derived the acceleration induced by a breaking GW by positing that above some critical altitude, z_{break} , diffusive turbulence will prevent further growth of GW amplitude, leading to momentum deposition at altitudes above z_{break} . Imposing this condition and examining the vertical derivative of τ , he found the following expression for the acceleration, a , of the local mean flow:

$$a = \frac{k}{2H} \frac{c_i^3}{N}$$

Here, we have converted Lindzen's expression to match the conventions used in this paper. Lindzen was interested in the acceleration in the zonal direction of a GW propagating in an arbitrary direction, but for the sake of comparison we generalize Lindzen's result to give the acceleration in the direction of GW propagation. Assuming that the acceleration persists over one period (the same assumption made in our derivation above), the net change in velocity due to GW breaking is given by:

$$\Delta u = a T_i = \frac{k}{2H} \frac{\lambda_h c_i^2}{N} = \frac{1}{2H} \frac{\omega_i}{N} \lambda_h c_i$$

where we have used the expressions $T_i = \lambda_h / c_i$ and $\omega_i = k c_i$. With the further approximation that $\omega_i / N = k / m$ (which holds generally for hydrostatic high-frequency GWs and is accurate to 10% in our case), then we find that

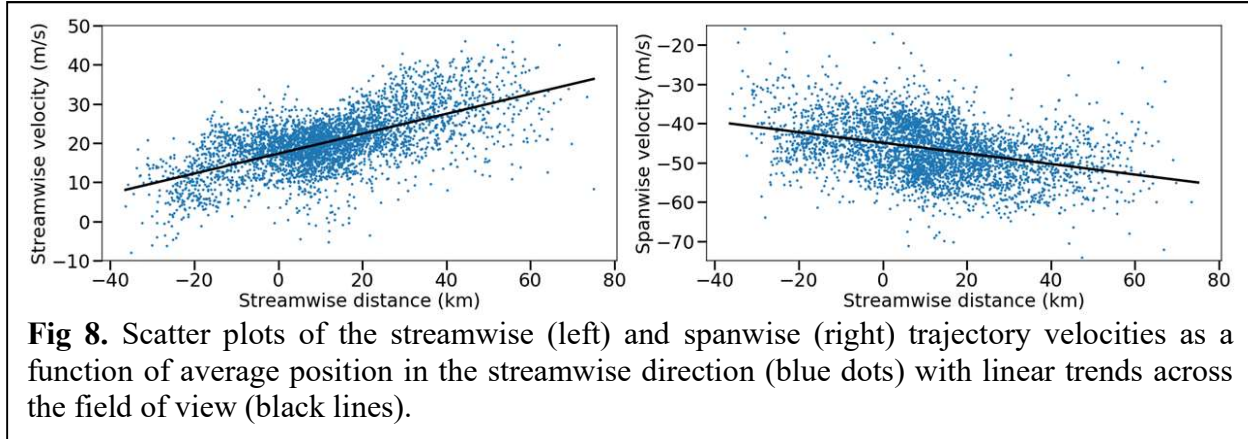
$$\Delta u = \frac{\lambda_h}{2H} \frac{k}{m} c_i = \frac{\lambda_z}{2H} c_i$$

which agrees with our result.

Thus, we expect a net change in the local winds of $\Delta u = \begin{pmatrix} 23 \pm 12 \\ -16 \pm 8 \end{pmatrix} \text{ m s}^{-1}$ relative to the background winds, implying local winds of $\vec{U}_0 + \Delta u = \begin{pmatrix} 5 \pm 15 \\ -45 \pm 9 \end{pmatrix} \text{ m s}^{-1}$, which agrees with \vec{U}_{local} , as derived in Section 3.3.2; thus, the apparent discrepancy between the Trackpy and NAVGEM estimates for background wind speed is therefore consistent, both in magnitude and in direction, with local momentum deposition by the GW as it transitioned through instabilities to turbulence. Converting the net change in local winds, Δu , to a momentum deposition rate per unit mass, we find $\Delta u / T_i = 0.04 \pm 0.02 \text{ m s}^{-2}$.

As a further check, we evaluated the wind speeds at 2 UT, ~ 30 min before the onset of strong GW breaking, using Trackpy and NAVGEM separately. Here, Trackpy gave an estimate of $\begin{pmatrix} -17 \pm 8 \\ -37 \pm 11 \end{pmatrix} \text{ m s}^{-1}$ and NAVGEM gave an estimate of $\begin{pmatrix} -16 \pm 9 \\ -26 \pm 4 \end{pmatrix} \text{ m s}^{-1}$. The two results are consistent with each other prior to the onset of GW breaking; this supports the hypothesis that the discrepancy at later times is due to local momentum deposition by the GW and not, for example, some systematic error in the NAVGEM or Trackpy-derived results.

As a further check on this hypothesis, we examined the variation of the Trackpy-inferred winds as a function of position within the field of view. We assigned each Trackpy trajectory a location in the streamwise direction corresponding to its average location. We then examined the inferred streamwise and spanwise winds as a function of distance in the streamwise direction; see Figure



8. Given the presence of a GW, we expected to find phase-synchronous velocity perturbations in the streamwise direction. Such a signal did not appear.

To impose an upper limit on the magnitude of any phase-synchronous perturbation in the streamwise velocity, we removed a linear trend from the streamwise velocity data as a function of distance in the streamwise direction. We then found the best-fit phase-synchronous signal given the known GW wavelength using χ^2 minimization. The amplitude of this fit was consistent with zero and had an upper limit of 2.4 m s^{-1} . Assuming the GW was initially near its overturning amplitude, this implies a $>90\%$ reduction in amplitude over the GW breaking process, supporting the hypothesis that significant momentum deposition had already occurred.

Also evident in the streamwise velocity data is an overall increase in the streamwise component of the flow – i.e. a net acceleration in the direction of GW propagation. This is also consistent with momentum deposition by the GW.

4.3. Comparison to numerical simulations: vortex ring diameters, separations, and energy dissipation rate

GW breaking leads to formation of vortex rings, a phenomenon that has been reproduced in simulations (Fritts et al., 1998; Fritts et al., 2009a; Fritts et al., 2017; Fritts, Wang, et al., 2019). The simulations suggest relationships between the characteristics of the vortex rings and the parameters of the underlying GW. The observation reported here provides the first empirical test of these predicted relationships.

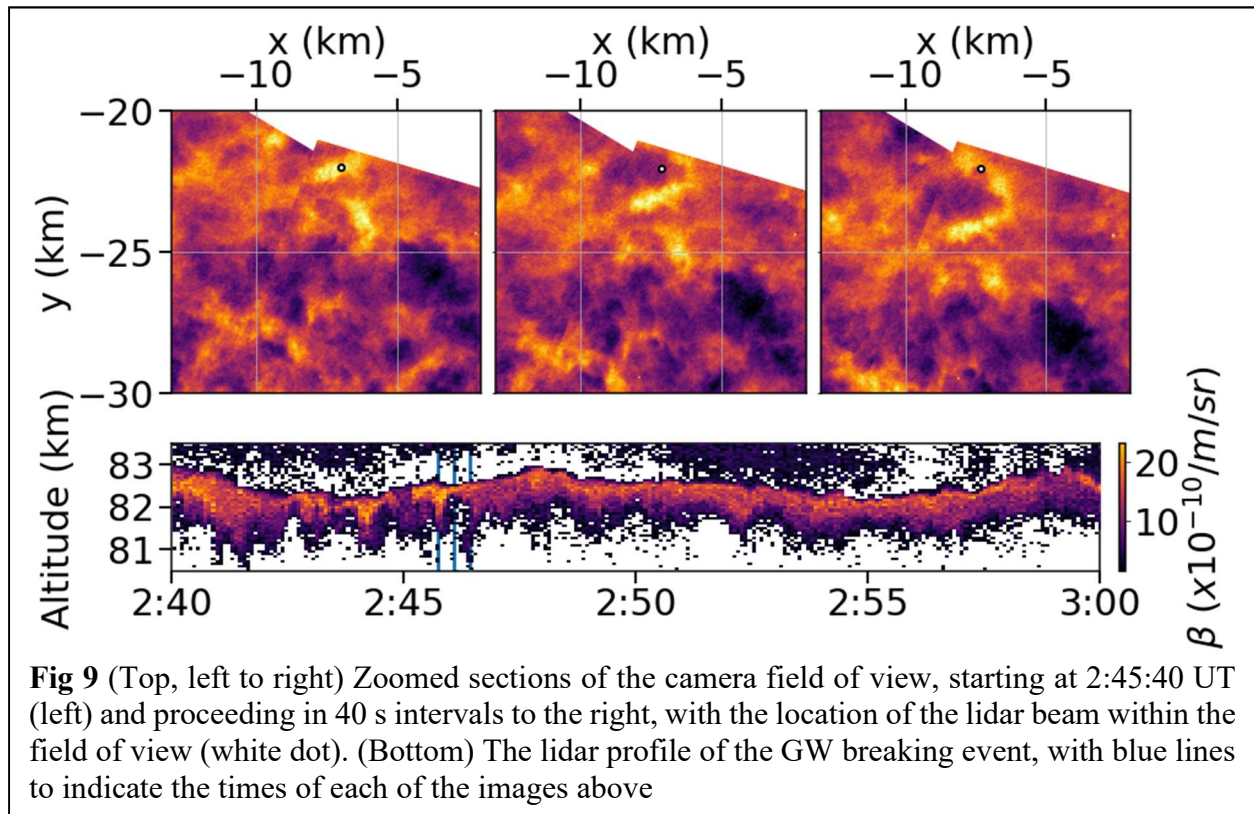
Simulations indicate that vortex ring diameters scale with GW vertical wavelength: $D \sim \lambda_z/2$, where D is the vortex ring diameter where it is well-defined prior to breakup (Fritts et al., 2017). The vortex rings observed here range in size from 3-5 km, implying a λ_z of 6-10 km, in agreement with our measurements (Table 1). Simulations indicate that vortex ring separations that are comparable to the vortex ring size (i.e. vortex rings that are close to overlapping) indicate an intrinsic frequency $\omega_i \gtrsim N/3$ (Fritts, Wang, et al., 2019). The vortex rings observed here are closely-spaced (see Figure 1), and the relationship we infer between ω_i and N is consistent with simulations (Table 1).

Note that previous observations provide further confirmation: vortex rings observed in airglow images of breaking mountain waves over the southern Andes by Hecht et al. (2018) had diameters (5 km) that were broadly consistent with the inferred GW vertical wavelength (13-14 km) as predicted by Fritts et al. (2017).

Fritts et al. (2017) found in simulations that the energy dissipation rate varied by several orders of magnitude both spatially and temporally. They characterize the energy dissipation rate by the mean and peak energy dissipation rates: $\langle \varepsilon \rangle$ and ε_{high} , respectively, where the peak rate is defined to be the 99th percentile value over the domain. They defined a scaling parameter $C = \lambda_z^2 / T_b^3$. With PMC Turbo data, we find $C = 2.7_{-2.2}^{+2.7} \text{ m}^2 \text{ s}^{-3}$. From the unscaled estimates given in Fritts et al. (2017), we infer $\langle \varepsilon \rangle$ between 0.05 W kg^{-1} and 0.4 W kg^{-1} , and ε_{high} between 0.4 W kg^{-1} and 4.8 W kg^{-1} . These values are consistent with in-situ assessments at the Arctic summer mesopause: e.g. Lübken et al. (2002) and Strelnikov et al. (2009) measured rates up to 2.4 W kg^{-1} and 2.0 W kg^{-1} , respectively. As pointed out by Fritts et al. (2017), these in-situ measurements are very localized and thus unlikely to measure the peak energy dissipation rates seen in simulations

4.4 3-D structure of the vortex rings

This is the first time vortex rings have been seen in lidar data; such identification is only possible through the coincidence of lidar and image data. In the lidar time series, the event is characterized by rapid downward excursions of the bottom of the PMC layer, spaced by 1-2 min (see red arrows in the bottom plot of Figure 9). The image data reveal the nature of these perturbations: small-scale instabilities with characteristic sizes of $\sim 3\text{-}5 \text{ km}$ were advected through the lidar beam at a relative speed of $\sim 50 \text{ m s}^{-1}$. From 2:48 UT onward, the vortex rings in the vicinity of the lidar beam are sparse and relatively weak; in this section of data, the lidar reveals a cloud layer that is roughly 1 km thick. This leads to insight into the 3-D structure of the vortex rings: the bright, downward excursions are in fact relatively undisturbed regions of the PMC layer with the initial thickness of $\sim 1 \text{ km}$. The gaps between these downward excursions correspond to the centers of the vortex rings. These observations agree with the simulations of Fritts et al. (2017), which show vortex rings that are inclined at $\sim 45^\circ$ to the horizontal and are characterized by



plunging motions along their axes (down and in the streamwise direction). These plunging motions displace the cloud particles horizontally and accelerate sublimation due to the rapid adiabatic warming associated with downward motions. A movie showing the coincident lidar and imaging data is included in the supplementary materials (see S2.mp4); a few representative frames are shown in Figure 9.

Quasi-periodic oscillations with frequencies higher than the expected buoyancy period have been observed in past mesospheric lidar data (see for example, Kaifler et al., 2018). These have been interpreted as acoustic waves or Doppler-shifted GWs. The coincident PMC Turbo imaging data demonstrates that past observations may in fact have been manifestations of instability dynamics.

5. Conclusions

We identified a prominent GW in PMC Turbo images that contain vortex rings with diameters of 3-5 km. We hypothesized that this GW was responsible for the formation of the vortex rings. We used 600 images spanning 20 minutes and contemporaneous lidar data to determine the properties of the GW including propagation direction, phase speed, and horizontal wavelength. Together with estimates of the background conditions, the data provided evidence for an underlying GW with vertical wavelength of ~ 9 km and intrinsic frequency $\sim 0.009 \text{ rad s}^{-1}$ ($N/2.2$). We explained the difference between the inferred mean local winds as obtained with two independent methods as a consequence of GW breaking and implied mean forcing. We showed that the difference is consistent, in magnitude and direction, with momentum deposition by a GW initially at the overturning amplitude, according to linear GW theory.

This is the first confirmed observation of vortex rings in lidar data. The data give support to the 3-D description of vortex rings seen in numerical simulations. Finally, we confirmed relationships between characteristics of the vortex rings and parameters of the underlying GW, as derived from numerical simulations of GW breaking and previously uncorroborated by experiment, and we used the simulations to determine the range of energy dissipation rates relevant to this event.

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