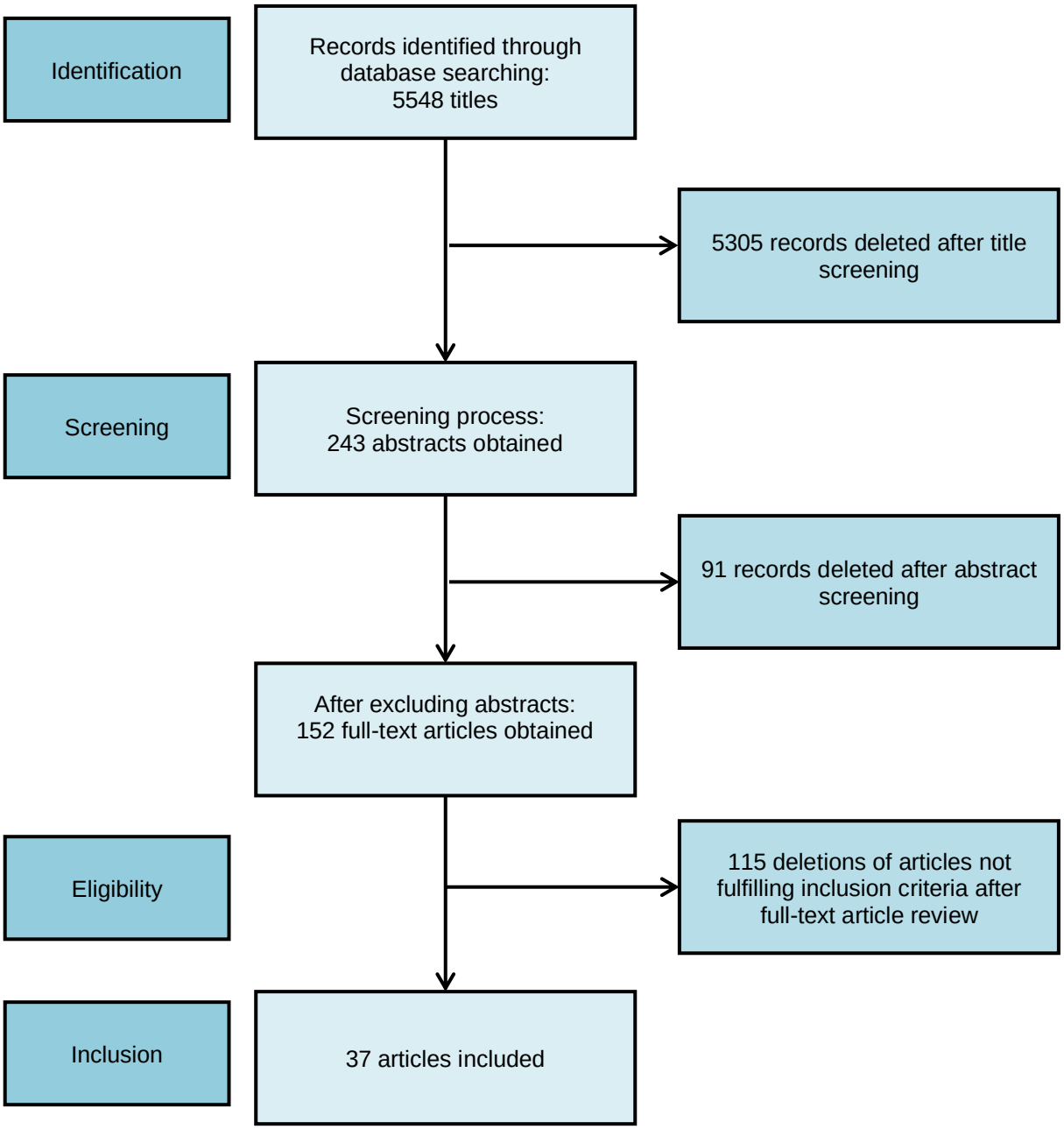Figure 1. PRISMA flow diagram of the study selection process.