

Breast and formula feeding
Pre-, pro- and syn-biotics
Dietary diversity
Vitamin A and D
Bile acid metabolites
Tryptophan metabolites

Dietary fiber

Diet

Family history of allergy
Filaggrin mutation
Ethnicity

Genetics

Staphylococcus aureus
Irritants (soaps, detergents)
Malassezia
Microbes
Mode of delivery at birth

Skin and microbiome exposures

DUAL ALLERGEN EXPOSURE HYPOTHESIS

Early introduction
of food allergens

Eczema

FOOD ALLERGY

Skin allergen
exposure

Dietary factors that may prevent food allergy

Dietary factors shown to reduce food allergy