

1 **Turbulent Mixing in the Benthic Biolayer of Streams**

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21 **Key Points:**

- 22 • Turbulence dominates mixing in the benthic biolayer, the surficial portion of the
23 streambed where pollutants are preferentially removed
- 24 • A 1D diffusion model, based on Duhamel's Theorem, is developed and tested for
25 predicting turbulent mass transport in the benthic biolayer
- 26 • Mixing in the benthic biolayer increases with the Permeability Reynolds Number,
27 and declines exponentially with depth into the streambed
28

Abstract

Many of the most important ecosystem services performed by streams occur in the benthic biolayer, the biologically active upper (≤ 10 cm) layer of the streambed. Here we develop and test a rigorous modeling framework, based on Duhamel's Theorem, for the unsteady one-dimensional transport and mixing of a solute in the benthic biolayer of a turbulent stream. The modeling framework is novel in that it allows for depth-varying diffusivity profiles, accounts for the change in porosity across the sediment-water interface and captures the two-way feedback between evolving solute concentrations in both the overlying water column and interstitial fluids of the sediment bed. We apply this new modeling framework to an extensive set of previously published laboratory data, with the goal of evaluating four diffusivity profiles (constant, exponentially declining, and two hybrid models that account for molecular diffusion and enhanced turbulent mixing in the surficial portion of the bed). The exponentially declining and enhanced mixing profiles are superior (based on RMSE, coefficient of determination, and AICc) and their reference diffusivities scale with a dimensionless measure of stream turbulence and streambed permeability called the Permeability Reynolds Number, Re_K . The dependence on Re_K changes abruptly at $Re_K=1$, reflecting different modes of mixing below (dispersion) and above (turbulent diffusion) this threshold value. Because our modeling framework can be applied to open systems (such as streams, lakes, reservoirs, estuaries, and coastal waters), it should inform the prediction and management of pollutant migration through a diverse array of aquatic ecosystems.

Plain Language Summary

How far and fast pollutants travel downstream is often conditioned on what happens in a thin veneer of bottom sediments called the benthic biolayer. A process level understanding of pollutant mixing and transformation in the benthic biolayer is hampered by the difficulty and expense of measuring representative in-bed solute concentrations. In this paper we develop and test an analytical model from which the evolution of solute concentrations in the benthic biolayer can be inferred from easy to measure solute concentrations in the water column—a key step toward noninvasively characterizing and quantifying pollutant mixing and transformation in the benthic biolayer of streams.

1. Introduction

Many physical and biological processes in aquatic ecosystems depend on, or are strongly affected by, turbulent fluid motions at the sediment-water interface (SWI) (Franca and Brocchini, 2015; Grant and Marusic, 2011). Stream turbulence is largely responsible for the drag on streambeds, for example, and thus plays an important role in sediment erosion (Garcia, 2008) and the shear stress environment experienced by benthic flora and fauna (Anim et al., 2019; Kumar et al., 2019; O'Connor et al., 2012; Walsh et al., 2005). Stream turbulence also drives the vertical transport of dissolved constituents through the water column (Tomasek et al., 2018; O'Connor and Hondzo, 2008; Hondzo, 1998), and thereby imposes an upper “speed limit” on the rate that reactive constituents, nitrate for example, can be assimilated and removed by the streambed (Grant et al., 2018a). If the streambed consists of permeable sediments, stream turbulence also facilitates the transport and mixing of dissolved and fine particulate materials and energy across the SWI and into the hyporheic zone, the portion of sediment surrounding a stream where stream water and

groundwater mix (Hester et al., 2017; Krause et al., 2017; Boano et al., 2014; Harvey et al., 2012; Hester and Gooseff, 2010). Steep biochemical and temperature gradients in the hyporheic zone support a unique community of benthic organisms that facilitate key ecosystem functions such as primary production, respiration, nitrification, denitrification, and other transformations of energy-rich constituents (Trauth et al., 2014; Harvey et al., 2013; Zarnetske et al., 2011; Battin et al., 2008; Dahm et al., 2002).

1.1 Hyporheic Exchange and the Benthic Biolayer

The movement of stream water into and out of the hyporheic zone, or “hyporheic exchange”, occurs over a wide range of spatial (and temporal) scales, from >10 km (>1 year) to <1 m (<1 hr) (Boano et al., 2014; Gomez-Velez and Harvey, 2014; Wörman et al., 2007). This staggering range of scales raises a type of “Goldilocks Dilemma” in which the hyporheic zone’s ability to process nutrients from the stream may be compromised if the residence time, reaction time, and exchange rate are too large or small (Harvey et al., 2013). If the residence time is too small, a large fraction of the stream flow may undergo hyporheic exchange (exchange rate large), but the water quality benefit may be limited as nutrients pass through hyporheic zone too quickly to be removed by resident microbial and invertebrate communities. If the residence time is too long, nutrients may be removed as they pass through the hyporheic zone, but the water quality benefits again may not be realized because too small a fraction of the streamflow undergoes hyporheic exchange (exchange rate small). The *just right* condition occurs when the residence time, reaction time, and exchange rate are all in balance (Harvey et al., 2013).

What scale of hyporheic exchange removes the most nutrients? Gomez-Velez et al. (2015) evaluated the residence time/exchange rate trade-off for aerobic respiration and

denitrification in the Mississippi River Network, calculating for each reach in the network a so-called Reaction Significance Factor, RSF (Harvey et al., 2013). In the RSF framework, more nutrients are removed when hyporheic zone residence times are similar to reaction times and the uptake length is short compared to the reach length (i.e., the RSF is large). Gomez-Velez et al. found that RSFs were consistently larger for vertical exchange over submerged ripples and dunes (length-scales <1 m) compared to lateral exchange over larger geomorphic features such as river bars and meandering banks (length-scales, >100 m). In other words, the smallest scales of hyporheic exchange appear to be the most important for nutrient processing in streams. This conclusion, which is based on physical arguments (i.e., a comparison of operative length- and time-scales associated with hyporheic exchange) is reinforced by findings that microbial biomass—as well as nitrification and denitrification potential—tend to be concentrated in the upper ~ 10 cm of the streambed, a region of the hyporheic zone known as the “benthic biolayer” (Tomasek et al., 2018; Knapp et al., 2017; Caruso et al., 2017). Collectively, these results underscore the importance of elucidating the physical mechanisms responsible for hyporheic exchange at the scale where pollutant transformations predominantly occur; namely, the upper 10 cm of the sediment bed.

1.2 Physical Mechanisms of Turbulent Mixing in the Benthic Biolayer

At the scale of the benthic biolayer, hyporheic exchange is facilitated by at least four mechanisms that are directly linked to, and/or accelerated by, stream turbulence: (1) “**bedform pumping**” arises when dynamic and static pressure variations over the surface of bedforms (e.g., ripples and dunes) drive laminar flow across the SWI in spatially isolated upwelling and downwelling zones (Azizian et al., 2018; Grant et al., 2012; Fleckenstein et al., 2010; Cardenas et al., 2008; Elliot and Brooks, 1997a,b; Thibodeaux and Boyle, 1987);

(2) **“turbulent pumping”** occurs when spatially coherent eddies spawn pressure waves that travel along the SWI and drive temporally oscillating laminar flow across the SWI (Roche et al., 2018; Zhong et al., 2016; Boano et al., 2011; Higashino et al., 2009); (3) **“turbulence penetration”** occurs when the penetration of turbulent eddies into the interstitial fluids of the streambed leads to intermittent advective transport across the SWI (Reidenbach et al., 2010; Packman et al., 2004); and (4) **“bedform turnover”** occurs when stress on the streambed, imparted by the turbulent velocity boundary layer, mobilizes unconsolidated sediments, driving the along-channel migration of bedforms and the entrapment and release of interstitial fluids (Zheng et al., 2019; Elliot and Brooks, 1997a,b)). Hyporheic exchange is also influenced by heterogeneity in the sediment permeability field (Laube et al., 2018; Salehin et al., 2004; Herzog et al., 2018). While often studied in isolation, it is likely that all four transport mechanisms above contribute, to varying degrees, to the transport and mixing of material and energy across the SWI and in the benthic biolayer of natural streams (**Figure 1a**).

1.3 Conceptual Model of Turbulent Mixing in the Benthic Biolayer

Voermans et al. (2018) proposed a general framework for quantifying the collective contribution of the above transport processes on the horizontally-averaged vertical flux J (units of kg per square meter per second) of a conservative (non-reacting) solute through a permeable sediment bed beneath a flowing stream assuming no net advective flux by, for example, groundwater recharge or discharge (Wu et al., 2018; Bhaskar et al., 2012):

$$J = - \underbrace{(D'_m + D_d + D_t)}_{D_{\text{eff}}} \frac{\partial(\theta C_s)}{\partial x} \quad (1)$$

Variables appearing on the righthand side of this equation represent depth below the SWI (x , units of meters), streambed porosity (θ , unitless), and the interstitial concentration of the solute (C_s , units of kg per cubic meter) averaged over both the turbulent timescale and the horizontal plane (assumed parallel to the streambed). Here, the flux of mass through the streambed is assumed to be proportional to the vertical concentration gradient and the proportionality constant, or “effective diffusivity” D_{eff} , sums over contributions from the tortuosity-modified molecular diffusion coefficient D'_m , the dispersion coefficient D_d , and the turbulent diffusion coefficient D_t (all units of square meters per second). The mixing phenomena listed in **Section 1.2**. (bedform pumping, turbulent pumping, turbulence penetration, and bedform turnover) contribute directly to the latter two diffusivities by driving spatial correlations between the time-averaged vertical velocity component and the local mean solute concentration (*dispersion*, D_d), and temporal correlations between the turbulent vertical velocity component and the instantaneous turbulent concentration field (*turbulent diffusion*, D_t) (Voermans et al., 2018).

From refractive index matched particle image velocimetry (RIM-PIV) studies of turbulent motions across the SWI of a permeable streambed (Voermans et al., 2017), these authors also hypothesized that different mixing mechanisms (molecular diffusion, dispersion, turbulent diffusion) dominate the overall effective diffusivity D_{eff} depending on the magnitude of the Permeability Reynolds number $\text{Re}_K = u_* \sqrt{K} / \nu$, a dimensionless representation of the ratio of sediment permeability and viscous length scales that govern turbulence at the SWI. Variables appearing here include a measure of bed shear stress called the shear velocity u_* (units of meters per second), the permeability of the streambed

K (units of square meters), and the kinematic viscosity of water ν (units of square meters per second). Mass transport through the sediment bed is dominated by molecular processes at small values of the Permeability Reynolds Number ($Re_K < 0.01$), dispersion at intermediate values ($0.01 < Re_K < 1$), and turbulent diffusion at large values ($Re_K > 1$). Effective diffusivities (estimated from laboratory flume measurements and assuming the diffusivity profile is constant, reviewed by Grant et al. (2012) and O'Connor and Harvey (2008)) are proportional to the square of the permeability Reynolds number ($D_{eff} \propto Re_K^2$) over a nearly six decade change in the magnitude of D_{eff} (also see Voermans et al., 2018).

1.4 Experimental Measurements of the Effective Diffusivity

There are several potentially serious problems associated with existing approaches for measuring the effective diffusivity. Laboratory measurements of D_{eff} involve establishing a disequilibrium between the concentration of a conservative tracer in the sediment and water columns of a closed system (e.g., a stirred tank or recirculating flume, **Figures 1b** and **1c**), and then measuring the rate at which equilibrium conditions are restored. In a typical implementation, the initial state consists of tracer present at a single (well-mixed) concentration in the interstitial fluids of the sediment bed and not in the water column, or vice versa. After an initial start-up period, the evolution of tracer concentration in the water and/or sediment columns is monitored over time for a fixed hydrodynamic condition (e.g., shear velocity) and streambed composition (e.g., grain size or permeability).

Complications arise when these data are reduced to effective diffusivities because, with few exceptions, solutions to the diffusion equation used to reduce these data: 1) assume the effective diffusivity is a fixed constant with depth, and (2) neglect two-way

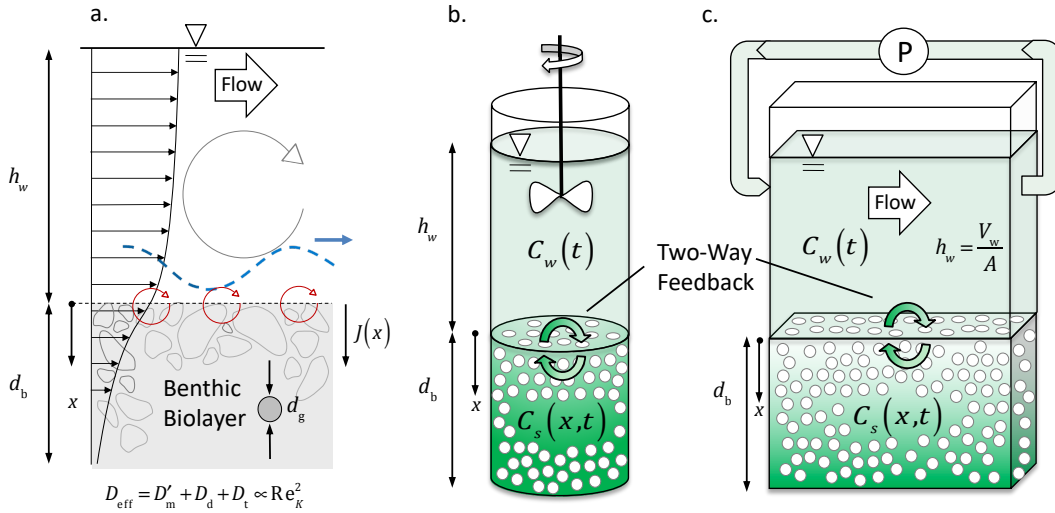


Figure 1. (a) A conceptual model for the influence of water column turbulence on the mass transport and mixing in the benthic biolayer. In this diagram, the benthic biolayer consists of a flat coarse-grained streambed subject to turbulent pumping (traveling pressure wave, dashed blue line), turbulence penetration (red eddies), and a time-averaged turbulent velocity boundary layer that crosses the sediment-water interface (envelope of black arrows). These turbulence-linked phenomena drive a vertical mass flux $J(x)$ through the benthic biolayer proportional to the concentration gradient at any depth x . The proportionality constant, or “effective diffusivity” (D_{eff}), is a measure of interstitial transport and mixing by molecular diffusion (D'_m), dispersion (D_d), and turbulent diffusion (D_t). Past studies (which assumed the diffusivity was constant with depth) suggest that the effective diffusivity increases as the square of the Permeability Reynolds Number, Re_K . While these processes are of most interest in open systems, such as streams, effective diffusivities are often measured in the laboratory using closed systems, such as stirred tanks (b) or recirculating flumes (c). The green color in these figures represents the distribution of dye after some elapsed time, assuming it was initially present only in the sediment column. Two-way feedback between evolving concentrations in the water and sediment columns (green arrows in panels (b) and (c)) decelerates mass transfer across the SWI in both open and closed systems. Variables are defined in the main text.

feedback between evolving tracer concentrations in the water and sediment columns (green arrows in **Figures (1b) and (1c)**).

Relative to the first problem, depending on the magnitude of the Permeability Reynolds Number, turbulent mixing across the SWI includes contributions from molecular diffusion, dispersion, and turbulent diffusion (see equation (1) and discussion thereof). It is reasonable to expect that the intensity of the latter two mixing processes will decline with depth, as the influence of water column turbulence, and interactions between the turbulent velocity boundary and roughness features on the streambed, are damped out by viscous dissipation within the porous media—a conclusion supported by in-bed measurements of momentum and mass transfer (Roche et al., 2018; Voermans et al., 2017; Pokrajac and Manes, 2009; Breugem et al., 2006; Nagaoka and Ohgaki, 1990). Incorporating depth-dependent mixing rates into modeling tools (e.g., by letting the effective diffusivity decay with depth) might improve predictions of pollutant transport in streams where turbulence plays an active role in hyporheic exchange (Roche et al., 2019). It might also lead to a better understanding of how turbulent mixing influences, and is influenced by, spatially structured abiotic and biotic streambed processes, such as the zonation of microbial populations responsible for nitrification and denitrification (Kessler et al., 2013; Harvey et al., 2013) and the physical and biological clogging of sediments (Cooper et al., 2018; Newcomer et al., 2016; Stewardson et al., 2016).

Relative to the second problem, suppose a conservative solute is initially present in the sediment bed of a closed system with a well-mixed water column (**Figure 1b**). Transfer of mass across the SWI will increase the solute concentration in the water column, reduce the concentration gradient across the SWI (beyond what would be expected if the

increasing water column concentration was not taken into account), and lead to a rapid deceleration of mass transfer across the SWI. Ignoring this two-way feedback, which is an essential feature of mass transfer across the SWI in both open and closed systems (**Section 8**), can bias laboratory estimates of the effective diffusivity. To avoid this problem, experimentalists often adopt ad hoc data analysis procedures, such as restricting the times over which measurements are analyzed (Marion and Zaramella (2005)). Relaxing these assumptions would not only improve experimental estimates of the effective diffusivity, but also permit the exploration of deeper topics, such as the possibility of using measurements in the water column to predict the evolution of hard-to-measure tracer concentrations in the interstitial fluids of the sediment bed.

1.5 Approach and Road Map

In this paper we derive and test an analytical modeling framework, based on Duhamel's Theorem, that directly addresses both problems raised above; namely, it allows for a depth-dependent effective diffusivity and encodes the two-way feedback between evolving concentrations above and below the SWI (**Section 2**).

We apply this framework to a set of previously published measurements of mass transfer across the SWI in a well-stirred tank published by Chandler et al. (Chandler et al., 2016; Chandler, 2012) (**Section 3**). Their study is notable for several reasons.

First, it is one of the few where tracer concentrations were simultaneously measured in the water and sediment columns, allowing us to directly compare mixing parameters estimated from data collected exclusively from above or below the SWI.

Second, their 26 experiments cover a large range of bed shear velocities ($u_* = 0.0098$ to 0.0407 m s^{-1}), mean grain diameters ($d_g = 0.150$ to 5.000 mm), sediment

permeabilities ($K = 0.18$ to 223 m^2), and Permeability Reynolds Numbers, covering both the dispersive and turbulent diffusive mixing ranges ($Re_K = 0.067$ to 4.34).

Finally, by conceptually dividing the sediment bed into a series of layers and fitting the diffusion equation (with a constant diffusivity profile) to each layer separately, Chandler et al. concluded that the diffusivity declines exponentially with depth. Nagaoka and Ohgaki (1990), who pioneered the approach used by Chander et al., reached a similar conclusion. Furthermore, recent numerical studies by Bottacin-Busolin (2019) suggest that an exponentially declining in-bed diffusivity profile can account for the long-tailed non-Fickian solute breakthrough curves frequently observed in streams.

Building on these results, we employed our analytical framework to investigate the relative performance of four diffusivity depth profiles, including: (1) a constant profile (**Section 4**); (2) an exponentially declining profile with or without molecular diffusion as a lower bound (**Section 5**); and (3) an approximation of the “enhanced” diffusivity profile proposed by Roche et al. (2019), in which the diffusivity is constant down to some depth in the sediment bed, below which it declines exponentially (**Section 6**).

Our paper concludes with an application of our analytical framework to an open system (**Section 7**) and a summary of conclusions and promising avenues for future research (**Section 8**).

2. Analytical Modeling Framework

In this section we present our theoretical framework for modeling the turbulent mixing of solute across the SWI and through the benthic biolayer, beginning with a description of the one-dimensional diffusion model for transport and mixing in the sediment bed (**Section 2.1**); a set of solutions, based on Duhamel’s Theorem, for mass transfer across the SWI in

a closed (**Section 2.2**) or open (**Section 2.3**) system with two-way feedback “turned on”; a corresponding set of solutions with two-way feedback “turned off” (**Section 2.5**); and a set of auxiliary solutions for four different choices of the diffusivity depth profile and two different choices of the lower boundary condition (**Section 2.6**).

2.1 Diffusive Model for Mixing in the Benthic Biolayer

Double averaging over the turbulent timescale and the horizontal plane of the SWI, and assuming that streambed porosity does not change appreciably through the benthic biolayer (i.e., the variable θ appearing in equation (1) is a fixed constant in the upper ~10 cm of the streambed), the following conservation equation describes the vertical transport and mixing of a conservative (non-reactive) solute in the sediment bed beneath a turbulent stream (Incropera et al., 2007):

$$\frac{\partial C_s}{\partial t} = \frac{\partial}{\partial x} \left(D_{\text{eff}}(x) \frac{\partial C_s}{\partial x} \right) \quad (2a)$$

New variables appearing here include a depth-varying effective diffusion coefficient ($D_{\text{eff}}(x)$, units of square meters per second) and time (t , units of seconds). The coordinate x increases with depth into the streambed, and its origin (at $x=0$) is positioned at the horizontal plane of the SWI (see **Figure 1a**). Equation (2a) equates the accumulation of mass in any horizontal slice of the streambed ($\theta \partial C_s / \partial t$, left hand side) to the negative divergence of the vertical mass flux $J(x)$ which, in turn, is assumed to follow Fick’s First Law:

$$J(x) = -\theta D_{\text{eff}}(x) \frac{\partial C_s}{\partial x} \quad (2b)$$

277 In this study we explore several functional forms of the effective diffusivity depth
 278 profile, $D_{\text{eff}}(x) = D_{\text{eff},0} f(x)$, where the variable $D_{\text{eff},0}$ is the surficial effective diffusivity (at
 279 the SWI, $x=0$) and $f(x)$ (unitless) is a piecewise continuous function that equals unity at
 280 the SWI (i.e., $f(0)=1$). After substituting this functional form for the effective diffusivity
 281 into equation (2a), the latter can be recast in dimensionless or reduced form, where the new
 282 dependent variable u (unitless) incorporates the initial concentration of solute in the
 283 interstitial pore fluids of the sediment bed and the overlying water column (C_{s0} and C_{w0} ,
 284 respectively, units of mg per liter):

$$285 \quad \frac{\partial u}{\partial \bar{t}} = \frac{\partial}{\partial \bar{x}} \left(f(\bar{x}) \frac{\partial u}{\partial \bar{x}} \right) \quad (2c)$$

$$286 \quad u(\bar{x}, \bar{t}) = \frac{C_s(\bar{x}, \bar{t}) - C_{s0}}{C_{w0} - C_{s0}} \quad (2d)$$

$$287 \quad \bar{t} = t D_{\text{eff},0} a^2, \quad \bar{x} = x a \quad (2e)$$

288 The constant a (units of inverse meters) normalizes length-scales in the depth and
 289 diffusivity variables. This constant also appears in several of forms of $f(x)$ trialed later,
 290 where it is a characteristic length-scale for the decline of diffusivity with depth. Given this
 291 definition for u (equation 2d), the initial condition for equation (2c) becomes:

$$292 \quad u(\bar{x}, \bar{t}=0) = 0 \quad (3a)$$

293 At the upper boundary (at the SWI, $x=0$) we require that the interstitial tracer
 294 concentration equals the stream tracer concentration C_w (units mg per liter), which is
 295 assumed to be well-mixed throughout the water column; i.e., C_w depends only on time, not
 296 on spatial position in the water column.

$$297 \quad u(\bar{x}=0, \bar{t}) = \frac{C_w(\bar{t}) - C_{s0}}{C_{w0} - C_{s0}} \times H(\bar{t}) = F(\bar{t})H(\bar{t}) \quad (3b)$$

$$298 \quad F(\bar{t}) = \frac{C_w(\bar{t}) - C_{s0}}{C_{w0} - C_{s0}} \quad (3c)$$

$$299 \quad H(\bar{t}) = \begin{cases} 0, & \bar{t} < 0 \\ 1, & \bar{t} \geq 0 \end{cases} \quad (3d)$$

300 The dimensionless forcing function $F(\bar{t})$ captures the influence of changing water column
 301 concentrations on the diffusion equation's upper boundary condition. The Heaviside
 302 function $H(\bar{t})$ (unitless) is included on the righthand side of equation (3b) to ensure that
 303 the forcing function is initially zero (this detail becomes important for the application of
 304 Duhamel's Theorem below). By expressing the upper boundary condition in this way, mass
 305 transfer across the SWI is assumed to be rate-limited by mixing of solute within the
 306 streambed, not by the mixing of solute within the water column; put another way, we are
 307 assuming that the Biot Number—which expresses the ratio of diffusive mixing in the
 308 streambed to convective mass transfer across the turbulent boundary layer above the
 309 streambed—is much less than unity (Incropera et al., 2007).

310 One of two lower boundary conditions can be selected, depending on whether the
 311 sediment bed is assumed to be finite (equation (3e)) or infinite (equation (3f)).

$$312 \quad \left. \frac{\partial u}{\partial \bar{x}} \right|_{\bar{x}=\bar{d}_b} = 0 \quad (3e)$$

$$313 \quad u(\bar{x} \rightarrow \infty, \bar{t}) = 0 \quad (3f)$$

Equation (3e) enforces a no-flux boundary condition at reduced depth $\bar{d}_b = a d_b$ (unitless) where d_b (units of meters) is the depth of the sediment bed. Equation (3f) implies that, very deep into the bed ($\bar{x} \rightarrow \infty$), the interstitial concentration is maintained at its initial state.

2.2 Water Column Mass Balance in a Closed System

For a closed system with a well-mixed water column (e.g., the configurations shown in **Figures 1b and 1c**), the water column mass balance takes on the following form:

$$A h_w \frac{dC_w}{dt} = A \theta D_{\text{eff},0} \left. \frac{\partial C_s}{\partial x} \right|_{x=0,t} \quad (4a)$$

New variables appearing here include the sediment bed surface area (A , units of square meters) and the height of the water column (h_w , units of meters). In the case of a recirculating flume, h_w is an “effective height” equal to the ratio of the total volume of water in the flume’s water column and pipes (V_w , units of cubed meters) and the bed surface area, $h_w = V_w / A$ (see **Figure 1c**). Failure to account for the porosity of the sediment bed (porosity term on the right hand side of equation (4a)) leads to mass balance errors, and can bias experimental estimates of the effective diffusivity $D_{\text{eff},0}$ downward by up to a factor of ten (Grant et al., 2012). Rewriting equation (4a) using the reduced variables introduced earlier, we obtain the following equation for the forcing function of a closed system with a well-mixed water column:

$$\frac{dF}{d\bar{t}} = \frac{1}{\bar{h}_w} \left. \frac{\partial u}{\partial \bar{x}} \right|_{\bar{x}=0,\bar{t}} \quad (4b)$$

$$\bar{h}_w = \frac{a h_w}{\theta} \quad (4c)$$

333 The water and sediment column mass balance equations (equations (2a) and (4b),
 334 respectively) can be coupled together using Duhamel's Theorem, an analytical approach
 335 for solving the diffusion equation in cases where the forcing function at one boundary is a
 336 piece-wise continuous function of time (Perez Guerrero et al., 2013). Proofs of this theorem
 337 typically assume that the diffusion coefficient is constant (i.e., $f(\bar{x})=1$, see equation (1b)).
 338 However, as demonstrated in **Appendix A**, the theorem also applies in cases, like those of
 339 interest here, where the diffusion coefficient varies solely as a function of depth.

340 For the version of Duhamel's Theorem adopted here, three conditions must be met
 341 (Myers, 1971): (1) the system must have a zero initial state; (2) the differential equation
 342 and boundary conditions must be homogeneous with the exception of a single time-
 343 dependent forcing function in a boundary condition or as a source/sink term of the
 344 differential equation; and (3) the single inhomogeneous term should be initially equal to
 345 zero. By design, our system meets all three requirements. Namely, the initial condition of
 346 the dependent variable is zero ($u(\bar{x}, \bar{t}=0)=0$, see equation (2d)), the differential equation
 347 and boundary conditions have only one inhomogeneous term (i.e., the boundary condition
 348 at the SWI, equation (3b)), and the inhomogeneous term is initially zero by virtue of the
 349 Heaviside function that appears on the right hand side of equation (3b). Accordingly,
 350 Duhamel's Theorem allows us to express the evolution of interstitial concentrations in the
 351 sediment bed as a convolution integral of the forcing function F and a so-called *auxiliary*
 352 *function* U where v is a dummy integration variable (Perez-Guerrero et al., 2013):

$$353 \quad u(\bar{x}, \bar{t}) = \int_0^{\bar{t}} U(\bar{x}, \bar{t} - v) \frac{d}{dv} [F(v)H(v)] dv \quad (5a)$$

354 The auxiliary function is a solution to the same system of equations described above for
 355 mass diffusion through the sediment bed, but with the inhomogeneous term replaced by
 356 unity (compare equations (3b) and (5d)):

$$357 \quad \frac{\partial U}{\partial \bar{t}} = \frac{\partial}{\partial \bar{x}} \left(f(\bar{x}) \frac{\partial U}{\partial \bar{x}} \right) \quad (5b)$$

$$358 \quad U(\bar{x}, \bar{t} = 0) = 0, \quad \bar{x} \geq 0 \quad (5c)$$

$$359 \quad U(\bar{x} = 0, \bar{t}) = H(\bar{t}) \quad (5d)$$

360 The lower boundary condition on the auxiliary function will again depend on whether the
 361 sediment bed is considered infinite or finite in extent:

$$362 \quad U(\bar{x} \rightarrow \infty, \bar{t}) = 0 \quad (5e)$$

$$363 \quad \left. \frac{\partial U}{\partial \bar{x}} \right|_{\bar{x}=\bar{d}_b} = 0 \quad (5f)$$

364 In typical applications of Duhamel's Theorem, the forcing function F for the
 365 inhomogeneous boundary condition is stipulated in advance. In our problem, however, the
 366 water column forcing function depends on the interstitial fluid concentration (through the
 367 derivative appearing on the right hand side of equation (4b)), while the interstitial fluid
 368 concentration depends on the forcing function (through Duhamel's Theorem, equation
 369 (5a)); i.e., there is two-way feedback across the SWI. As outlined in **Appendix B**, this
 370 feedback can be addressed mathematically by manipulating the water and sediment mass
 371 balance equations in the Laplace Domain. The result is a fully coupled set of solutions for
 372 solute concentration in the water and sediment columns of a closed stirred tank (equations
 373 (T1-1) and (T1-2) in **Table 1**, respectively). In these solutions, the symbol $\mathcal{L}^{-1}[\cdot]$
 374 represents the inverse Laplace Transform, s is the Laplace transform variable, and \tilde{U} is

the Laplace transform of the auxiliary function which, in turn, depends on the diffusivity depth profile $f(\bar{x})$ and bottom boundary condition selected. Auxiliary function solutions are presented in **Section 2.5**.

[Table 1 goes about here]

2.3 Water Column Mass Balance in an Open System

The application of Duhamel's Theorem described above is restricted to closed stirred tanks; i.e., systems where the water column is well mixed and experiences no exchange of mass with the outside world (e.g., the experimental set-ups illustrated in **Figures 1b** and **1c**). In this section we demonstrate that Duhamel's Theorem can be extended to flow-through stirred tanks, in which solute-free water is added continuously to the water column at a steady volumetric flow rate Q (units of cubic meters per second). To prevent the tank from overflowing, solute-containing water is also withdrawn from the water column at an equal volumetric flow rate. Such flow-through stirred tanks have many analogs in nature, including lakes, lagoons, estuaries, reservoirs, and stream reaches (Oldham et al. (2013); Leibundgut et al. (2009); Vesilind, 1997).

The water column mass balance for the flow-through stirred tank configuration is given by equation (6a) (compare with equation (4a)):

$$Ah_w \frac{dC_w}{dt} = A\theta D_{\text{eff},0} \left. \frac{\partial C_s}{\partial x} \right|_{x=0,t} - QC_w \quad (6a)$$

Reducing equation (6a) using the same set of dimensionless variables adopted earlier (see equation (4b) and discussion thereof), we arrive at the following equation for the forcing function F :

$$\frac{dF}{d\bar{t}} = \frac{1}{\bar{h}_w} \frac{\partial u}{\partial \bar{x}} \bigg|_{\bar{x}=0, \bar{t}} - \frac{1}{\bar{T}} \left[F(\bar{t}) + \frac{C_{s0}}{(C_{w0} - C_{s0})} \right] \quad (6b)$$

$$\bar{T} = D_{\text{eff},0} a^2 T \quad (6c)$$

Here, the “turnover time” $T = h_w A / Q$ is a characteristic timescale for the flushing of solute out of the water column. The reduced turnover timescale, \bar{T} , is the ratio of characteristic timescales for the flushing of solute out of the water column and diffusion of solute out of the sediment bed (equation (6c)). It is important to note that the mass balance described here for an open system assumes that the water level h and volumetric flow through the tank Q are both constant; i.e., while the solute concentrations in the water and sediment columns evolve with time, the flow field is assumed to be steady.

Proceeding along the lines described for the closed system in **Appendix B**, we derived a new set of solutions for the evolution of solute concentration in the water and sediment columns of a flow-through stirred tank (equations (T1-5) and (T1-6) in **Table 1**). As the volumetric flow rate through the tank goes to zero (i.e., as the dimensionless turnover time goes to infinity, $\bar{T} \rightarrow \infty$), it is easy to show that these new solutions collapse to the closed stirred-tank solutions derived in **Section 2.2** (compare equations (T1-1) and (T1-5), and equations (T1-2) and (T1-6)).

2.4 Mass Balance Solutions without Two-Way Feedback.

By invoking Duhamel’s Theorem, we captured the two-way feedback characteristic of mass transfer across the SWI in both closed (**Section 2.2**) and open (**Section 2.3**) systems. To isolate the influence of two-way feedback on predicted solute concentrations, it is useful to have a corresponding set of solutions that are identical in all respects, except that the two-way feedback has been “turned off”. When two-way feedback is turned off, diffusion

of mass across the SWI still affects the mass concentration in the overlying water column, but changes in the water column concentration no longer influence the evolution of interstitial fluid concentrations in the sediment column; i.e., the two-way interaction is reduced to a one-way interaction. Mathematically, two-way feedback can be turned off by changing the upper boundary condition of the diffusion equation such that the interstitial concentration at the SWI is equal, for all time, to some fixed value; for example the initial water column concentration ($c_s(\bar{x}=0, \bar{t})=c_{w0}$). Under these conditions, the system of equations for the reduced variable u (equations (3a) through (3f)) is mathematically identical, or isomorphic, to the system of equations for the auxiliary function (equations (5b) through (5f)). Thus, when two-way feedback is turned off, the interstitial solute concentration in the sediment column can be calculated directly from a rearrangement of the auxiliary function (equations (T1-4) and (T1-8) in **Table 1**). A corresponding set of water column solutions (with two-way feedback turned off) are also listed in **Table 1** (equations (T1-3) and (T1-7)).

2.5 Auxiliary Function Solutions

The set of results derived above (and summarized in **Table 1**) are valid for any auxiliary function $\tilde{u}(\bar{x}, s)$ that satisfies equations (5b) through (5f). In **Appendix C** we derive six such auxiliary functions for four different choices of the diffusivity depth profile and two different choices of the bottom boundary condition (infinite or finite sediment bed) (**Table 2**). The four diffusivity depth profiles considered in this study include (**Figure 2**): (1) constant (*C Profile*, equation (7a)); (2) exponentially declining (*E Profile*, equation (7b)); (3) exponentially declining to tortuosity-modified molecular diffusion (*E2M Profile*, equation (7c)); and (4) constant to exponentially declining (*C2E Profile*, equation (7d)).

$$f_c(\bar{x})=1 \quad (7a)$$

$$f_E(\bar{x})=e^{-\bar{x}} \quad (7b)$$

$$f_{E2M}(\bar{x})=\begin{cases} e^{-\bar{x}}, & 0 \leq \bar{x} \leq \bar{\ell}_m \\ \bar{D}=D'_m/D_{\text{eff},0}, & \bar{x} > \bar{\ell}_m \end{cases}, \quad \bar{\ell}_m = -\ln \bar{D}, \quad 0 < \bar{D} < 1 \quad (7c)$$

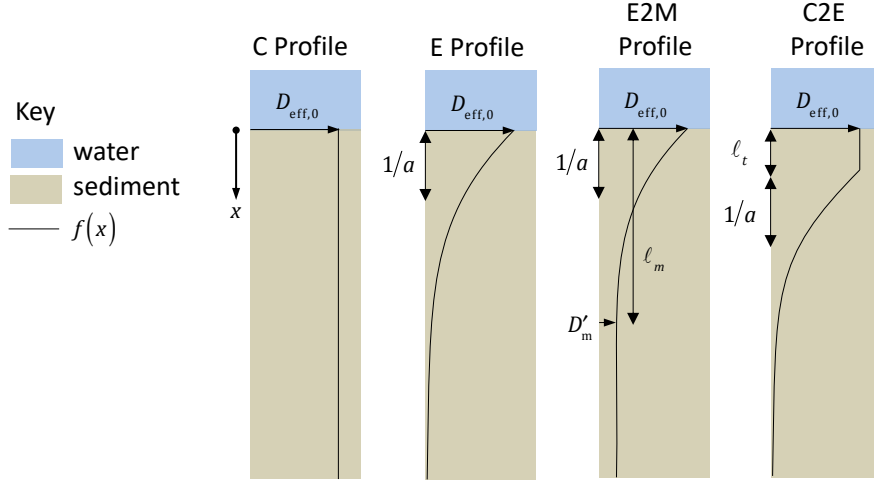


Figure 2. Four functional forms of the effective diffusivity profile $f(x)$ trialed in this study (equations (7a) through (7d)). Variables represent the depth into the sediment bed (x), surficial effective diffusivity (at the SWI, $D_{\text{eff},0}$), a decay depth-scale ($1/a$), and the thickness of enhanced mixing at the surface of the sediment bed (ℓ_t).

$$f_{C2E}(\bar{x})=\begin{cases} 1, & 0 \leq \bar{x} \leq \bar{\ell}_t \\ e^{-(\bar{x}-\bar{\ell}_t)}, & \bar{x} > \bar{\ell}_t \end{cases} \quad (7d)$$

Most laboratory (reviewed in Grant et al. (2012)) and field (Wörman, 2000) studies of diffusive mixing across the SWI adopt the C Profile. However, as noted earlier, several studies (Nagaoka and Ohgaki, 1990; Chandler et al., 2016) have shown that turbulent mixing in the sediment bed declines exponentially with depth, consistent with the E Profile. The E2M profile is a natural extension of the E Profile, accounting for the fact that the tortuosity-modified molecular diffusion coefficient D'_m (units of square meters per second)

imposes a lower-bound on the effective diffusivity. E2M's mathematical representation (equation (7c)) includes two new variables: the reduced depth at which the diffusivity profile transitions from exponentially declining to the constant tortuosity-modified molecular diffusion coefficient, $\bar{\ell}_m = a\ell_m$ (unitless) where ℓ_m (units of meters) is the transition depth, and a reduced form of the tortuosity-modified molecular diffusion coefficient, $\bar{D} = D'_m / D_{\text{eff},0}$. These two parameters are mathematically related as follows: $\bar{\ell}_m = -\ln \bar{D}$. Finally, the C2E Profile captures enhanced mixing at the top of the streambed (similar to Roche et. al, 2019), by extending the surficial effective diffusivity $D_{\text{eff},0}$ to a depth $x = \ell_t$ (units of meters) below the SWI. For depths greater than the enhanced mixing thickness, $x > \ell_t$, the diffusivity profile declines exponentially. The reduced form of the enhanced mixing thickness ℓ_t is defined in the usual way, $\bar{\ell}_t = a\ell_t$.

Together with the seven solutions for $C_w(\bar{t})$ and $C_s(\bar{x}, \bar{t})$ presented in **Table 1** (equations (T1-4) and (T1-8) are counted only once, because they are identical), the eight auxiliary function solutions presented in **Table 2** collectively provide 56 different solution combinations for the evolution of solute concentration in the water and sediment columns of a closed or open stirred tank, with or without two-way feedback, and with or without a bottom boundary. In the next several sections we turn to data from a previously published study by Chandler et al. (Chandler, 2012; Chandler et al., 2016) to evaluate the relative performance of the four diffusivity profiles described above and illustrated in **Figure 2**.

[Table 2 goes about here]

3. Model-Data Comparisons

3.1 Measurements of Turbulent Mixing Across the SWI of a Stirred Tank

Similar to the set-up illustrated in **Figure 1b**, Chandler and colleagues studied the turbulent mixing of a conservative tracer (Rhodamine WT) across the SWI of a stirred tank with a flat sediment bed. The stirred tank was an EROSIMESS system (internal diameter of 96.2 mm) originally designed to investigate the critical shear stress required to mobilize aquatic sediments (Liem et al., 1997; Sport et al., 1997). Experimental details can be found elsewhere (Chandler, 2012). In brief, the water column depth varied from $h_w = 0.25$ to 0.26 m (depending on the experiment, see **Table S1**), and was turbulently mixed with an impeller attached to the vertical drive shaft of a variable speed motor. The relationship between the rotational velocity of the impeller and the bed shear velocity u_* was estimated by observing the onset of sediment motion and PIV measurements (Chandler, 2012). The sediment column, which had a depth of $d_b = 0.2$ m, consisted of randomly packed single-sized spherical soda glass spheres. In all experiments, the initial state was a Rhodamine saturated sediment bed (concentration of $c_{s0} = 100$ ppb) and a Rhodamine-free water column ($c_{w0} = 0$ ppb), although the actual initial concentrations varied somewhat between experiments (**Table S1**, Supplemental Information). Experiments were initiated when the impeller motor was turned on, whereupon tracer concentrations were monitored in the water column and at 5 depths in the sediment column ($x = 0.015, 0.049, 0.083, 0.117$, and 0.151 m below the SWI) at a nominal sampling frequency of 0.1 Hz over a period of hours to days (depending on the experiment). For the purpose of the optimization studies described next, these Rhodamine data were sub-sampled to 30 evenly spaced time points (for the single water column sensor) and 20 evenly spaced time points (for each of the five interstitial fluid sensors), for a total of 130 sub-sampled time points per experiment.

Twenty-three of Chandler et al.'s 26 experiments are included in this study; three experiments were excluded due to missing water column data or other issues.

3.2 Parameter Estimation and Model Performance Metrics

Model parameters were estimated for each experiment by minimizing the sum of square error (SSE) calculated from model-predicted and measured Rhodamine concentrations in the water column (equation (8a)) or sediment column (equation (8b)):

$$SSE_{\text{wat}}(\vec{\phi}) = \sum_{i=1}^{30} \left[C_w(\bar{t}_i; \vec{\phi}) - C_{w,\text{meas}}(\bar{t}_i) \right]^2 \quad (8a)$$

$$SSE_{\text{sed}}(\vec{\phi}) = \sum_{j=1}^5 \sum_{k=1}^{20} \left[C_s(\bar{x}_j, \bar{t}_k; \vec{\phi}) - C_{s,\text{meas}}(\bar{x}_j, \bar{t}_k) \right]^2 \quad (8b)$$

New variables appearing here include a vector $\vec{\phi}$ of the base-10 log-transformed diffusivity profile parameters, the number of which varied by diffusivity profile (see **Figure 2**); measured tracer concentrations in the water column at reduced time \bar{t}_i ($C_{w,\text{meas}}(\bar{t}_i)$, units of mg per liter) and in the sediment column at reduced depth \bar{x}_i and reduced time \bar{t}_k ($C_{s,\text{meas}}(\bar{x}_i, \bar{t}_k)$, units of mg per liter). The sums are taken over all sub-sampled time points (see Section 3.3) in either the water ($N=30$, equation (8a)) or sediment ($N=20$, equation (8b)) columns, and over the five sensor depths in the sediment column (equation (8b)). For the optimization studies described below, the set of auxiliary function solutions for an infinitely deep sediment bed were adopted (equations (T2-1), (T2-3), (T2-5), and (T2-6) in **Table 2**). We therefore restricted the range of times included in the SSE calculations to those where the measured Rhodamine concentration at the deepest sensor (at $x=0.151$ m) was at least 90% of its initial value. Because the bottom of the bed is at $x=0.2$ m (or 0.049 m below the deepest sensor) this constraint should minimize the influence of the bottom

boundary on the measured and modeled concentration fields. We also excluded the initial time point (at $t=0$ s) to avoid model singularities. Given these constraints, the 20 or 30 sub-sampled time points (for the sediment sensors or water sensor, respectively) were evenly spaced between elapsed times of $t=10$ s to $t=t_{\text{final}}$, where t_{final} was determined for each experiment according to the 90% criteria above (see **Table S1**).

Log-transformed parameter values were optimized by minimizing equations (8a) and (8b) using the non-linear least squares algorithms implemented within the “NonlinearModelFit” command in the Mathematica computing package (v. 11.20, Wolfram Research, Inc.). This command returns estimates for the mean, standard deviation, and statistical significance of each parameter. Several model performance metrics were also calculated, including the root mean squared error (RMSE), coefficient of determination (R^2 value), and the corrected Akaike Information Criterion (AICc). The latter was used to rank the performance of the four diffusivity profiles, accounting for the trade-off between model fit and model complexity. The top-ranked (most parsimonious) model has the smallest AICc value (Aho et al., 2014). The Laplace inversions appearing in **Table 1** were carried using Gaussian Quadrature implemented in the Mathematica package authored by U. Graf (Graf, 2004). As a check on the accuracy of numerical inversions, we verified that numerical estimates of the mass transferred out of the sediment and into the water column agreed within 99.9% or better. All numerical calculations were carried out on UCI’s Office of Information Technology High Performance Computing Cluster (<https://hpc.oit.uci.edu>).

3.3 Log-Mean Transforms and Variance Calculations

538 The optimization methods described above yield estimates for the mean and standard
 539 deviation of the base-10 log-transformed parameter values, denoted $\mu_{\log_{10} X}$ and $\sigma_{\log_{10} X}$,
 540 respectively, where X represents the random variable for the parameter of interest. To
 541 avoid introducing statistical bias when converting log-transformed parameter values to
 542 arithmetic means (and vice versa), we utilized the standard transformations for a log-
 543 normally distributed random variable X , where $\ln X = 2.303 \times \log_{10} X$ (Ang and Tang,
 544 2007):

$$545 \quad \mu_X = \exp \left[\mu_{\ln X} + \frac{\sigma_{\ln X}^2}{2} \right] \quad (9a)$$

$$546 \quad \sigma_X = \sqrt{\exp(2\mu_{\ln X} + \sigma_{\ln X}^2) \left(\exp(\sigma_{\ln X}^2) - 1 \right)} \quad (9b)$$

$$547 \quad \mu_{\ln X} = \ln \left[\mu_X / \sqrt{1 + \sigma_X^2 / \mu_X^2} \right] \quad (9c)$$

$$548 \quad \sigma_{\ln X} = \sqrt{\ln \left[1 + \sigma_X^2 / \mu_X^2 \right]} \quad (9d)$$

549 The first-order approximation of the variance formula was used to propagate parameter
 550 error through algebraic and transcendental expressions, assuming uncorrelated variables.
 551 When the standard deviation of a constant was not known, a standard deviation was
 552 assigned based on an assumed coefficient of variation of 30%.

553 **4. Experimental Evaluation of the C Profile.**

554 In this section we evaluate the performance of the C Profile, which was constructed by
 555 substituting equation (T2-1) into equations (T1-1) and (T1-2). Four of the C Profile's six
 556 model parameters (C_{s0} , C_{w0} , h_w , a , θ , and $D_{eff,0}$) were reported by Chandler et al.,
 557 including the initial Rhodamine concentrations in the sediment and water columns

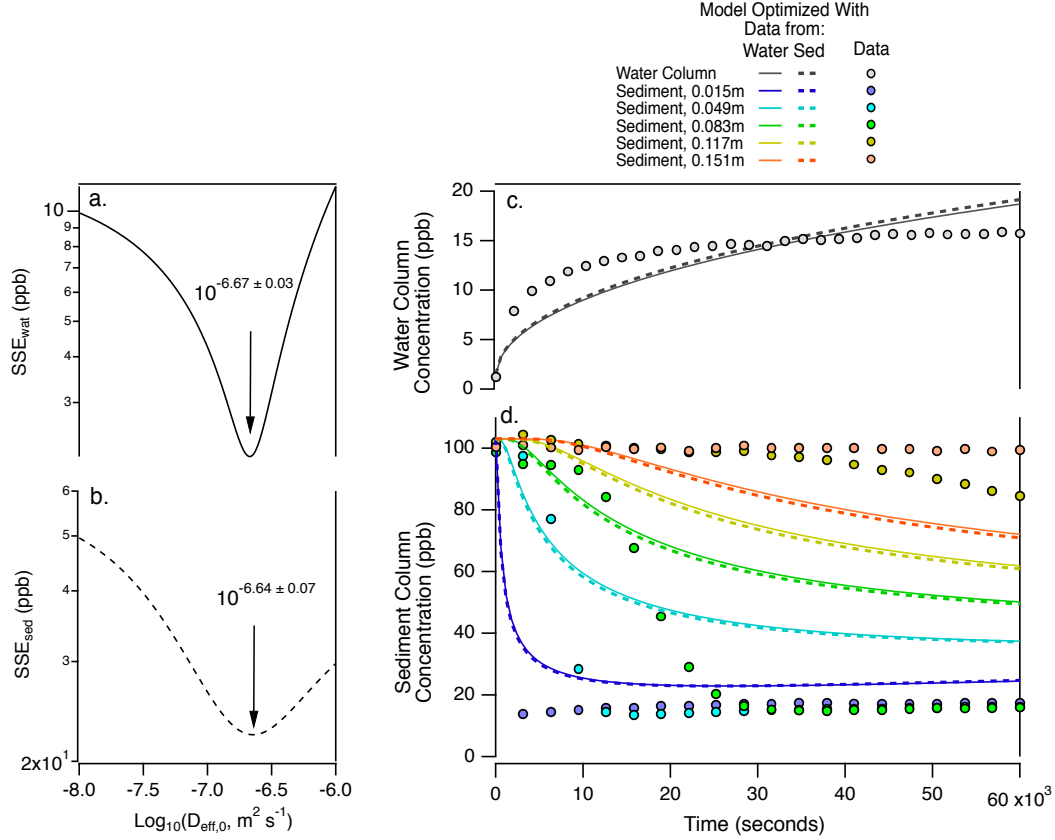


Figure 3. A test of the C profile (data from Chandler et al.’s Exp ID 20110405). **(a) and (b):** Optimal values of the effective diffusivity $D_{\text{eff},0}$ obtained by minimizing the SSE calculated from water (equation (8a), panel (a)) or sediment (equation (8b), panel (b)) column measurements. **(c) and (d):** Model-predicted (curves) and measured (open circles) tracer concentration in the water column (panel (c)) or sediment column (panel (d)). The curves and data in panel (d) correspond to different depths in the streambed, ranging from near the surface (cool colors) to near the bottom (hot colors) of the bed.

558 (nominally $c_{s0} = 100$ ppb and $c_{w0} = 0$ ppb), water column height ($h_w = 0.25$ m to 0.26 m)
 559 and bed porosity ($\theta = 0.38$ to 0.39) (see **Table S1** for experiment-specific values). For the
 560 C Profile, the inverse length scale a has no physical significance; i.e., whatever value we
 561 chose for this parameter cancels off of both sides of the diffusion equation when $f(\bar{x})=1$

(see equation (2c)). Thus, for the C Profile, the vector of unknowns $\vec{\phi}$ appearing in equations (8a) and (8b) consists solely of the effective diffusivity, $D_{eff,0}$.

4.1 Experiment ID 20110405

As a first test of the C Profile we focused on a single Chandler et al. experiment (Experiment ID 20110405, $Re_k = 0.89$) and set out to answer the following question: *is the same value of the effective diffusivity $D_{eff,0}$ obtained when the C Profile model is optimized using only data collected from the water column (by minimizing equation (8a)) versus when the model is optimized using only data from the sediment bed (by minimizing equation (8b))?* This question is motivated by the desire, articulated earlier, to assess if water column measurements can be used to infer mixing rates in the sediment bed. At least for this particular experiment, the answer appears to be *yes*: effective diffusivities inferred from the water or sediment column measurements agree closely ($D_{eff,0} = 10^{-6.67 \pm 0.03}$ and $10^{-6.64 \pm 0.07}$ $m^2 s^{-1}$, respectively) (**Figures 3a, 3b**).

On the other hand, significant bias is evident when model-predicted tracer concentrations (generated with the optimal values of $D_{eff,0}$) are compared with time series measurements of tracer concentration in the water or sediment columns (**Figures 3c and 3d**). By virtue of the way these experiments were conducted, tracer concentrations in the water column are proportional to the cumulative mass of tracer transferred from the sediment bed to the water column over time. With this in mind, the results plotted in **Figure 3c** imply that the C Profile model under- and over-estimates mass transfer out of the sediment bed at short and long times, respectively. A comparison of model-predicted and measured tracer concentrations in the sediment bed reveals the underlying problem (**Figure**

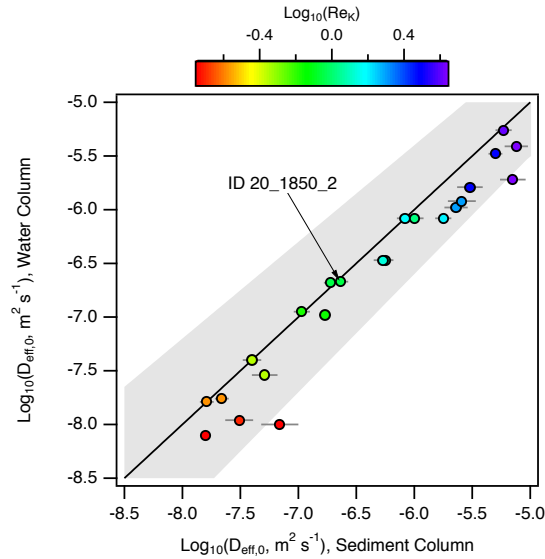


Figure 4. Comparison of effective diffusivities estimated by fitting the C profile model only to water column data (vertical axis) or only to sediment column data (horizontal axis). Diagonal line represents a one-to-one relationship; grey band represents +/- 10% of the one-to-one line. Point labeled ID 20110405 corresponds to the experiment analyzed in detail in **Figure 2**. Error bars in the vertical dimension are hidden behind data points.

3d). The C Profile model under-estimates mixing in the surficial portion of the bed (i.e., predicted concentrations exceed measured concentrations at $x = 0.015$) and over-estimates mixing deeper in the bed (i.e., predicted concentrations are less than measured concentrations at $x = 0.117$ and 0.151). The former leads to an under-estimation of mass transferred out of the surficial portion of the bed at early times, while the latter leads to an over-estimation of mass transferred out of deeper portions of the bed at later times.

4.2 All 23 of Chandler's Experiments

Across all 23 of Chandler et al.'s experiments, and consistent with the results presented in **Figure 3**, log-transformed diffusivities inferred from Chandler et al.'s water column or sediment column measurements agree within 10% or better (i.e., data points generally fall within the grey band in **Figure 4a**, see **Tables S2** and **S3** in the Supplementary Information

for experiment-specific values of $D_{\text{eff},0}$ and the corresponding model performance metrics). However, effective diffusivities inferred from sediment column measurements frequently exceed those inferred from water column measurements, particularly for low and high values of the Permeability Reynolds Number (i.e., 15 of 23 data points in **Figure 4a** plot below the diagonal line).

One possible explanation focuses on how Rhodamine concentrations were measured in the interstitial fluids of the sediment bed. As noted earlier (**Section 2**), our analytical framework assumes that the interstitial solute concentrations, $c_s(\bar{x}, \bar{t})$, are horizontally averaged, while Chandler et al.'s interstitial Rhodamine concentrations are point measurements obtained with fiber optic fluorometers (sensing volumes ca., 0.23 cm^3) located on side of the tank (Chandler, 2010). To the extent that these point measurements are not representative of horizontally averaged concentrations (e.g., due to circulation of water and tracer within the streambed) effective diffusivities inferred from our (horizontally averaged) framework are likely to suffer precision and/or accuracy problems. Indeed, Chandler (2010) documented that tracer measurements in the streambed were sensitive to which side of the EROSIMESS system the fluorometers were placed, and these differences appeared consistent over time; i.e., tracer appeared to mix out of the streambed faster on one side of the tank compared to the other side (ibid. pg. 173).

Because tracer concentrations measured in the water column reflect mixing rates averaged over the entire surface area of the sediment bed, parameter values inferred from these data are more likely to represent horizontally averaged rates. This idea—that horizontally averaged mixing rates in the sediment column can be inferred solely from measurements in the water column—is intriguing, given the difficulty and expense of

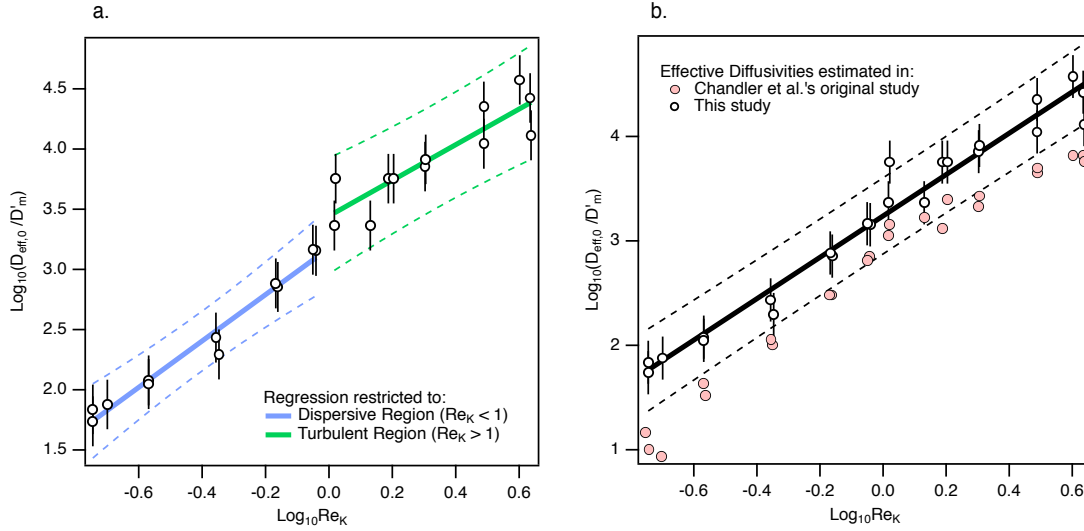


Figure 5. (a) Permeability Reynolds Number scaling of diffusivities estimated by fitting the C Profile model to Chandler et al.'s water column data. Linear regression results are shown separately for the dispersive (blue line) and turbulent diffusive (green line) regions (equation (10a)). Dashed curves are 95% prediction intervals. **(b)** When the linear regression is carried out on the pooled dataset, effective diffusivities scale as the square of the Permeability Reynolds Number (black open circles and solid line, equation (10b)); dashed curves represent the 95% prediction interval. For comparison, we have also plotted Chandler et al.'s original estimates of the effective diffusivity, obtained by fitting the C Profile model to water column data using the ad hoc procedures described in Section 1 (red filled circles).

obtaining representative measurements of in-bed solute concentrations. It remains to be seen if more physically reasonable forms of the diffusivity depth profile trialed in Sections 5 and 6 also reduce the model bias evident in Figure 3.

4.3 Permeability Reynolds Number Scaling of the Effective Diffusivity

As noted earlier, Voermans et al. (2018) hypothesized that the magnitude of the Permeability Reynolds Number indicates whether dispersion ($0.02 < Re_K \leq 1$) or turbulent diffusion ($Re_K > 1$) dominates mixing rates in the sediment bed. To evaluate whether values

of $D_{\text{eff},0}$ inferred from the C Profile scale differently in the dispersion and turbulent diffusion ranges, we separately regressed, over each range, the log-transformed effective diffusivity (normalized by the tortuosity-modified molecular diffusion coefficient for Rhodamine, D'_m) against log-transformed Re_K (blue and green lines, **Figure 5a**):

$$\log_{10}\left(\frac{D_{\text{eff},0}}{D'_m}\right) = \begin{cases} (3.18 \pm 0.26) + (1.93 \pm 0.54) \times \log_{10} \text{Re}_K, R^2 = 0.974, \text{Re}_K < 1 \\ (3.44 \pm 0.24) + (1.48 \pm 0.60) \times \log_{10} \text{Re}_K, R^2 = 0.786, \text{Re}_K > 1 \end{cases} \quad (10a)$$

For these calculations, the tortuosity-modified molecular diffusion coefficient ($D'_m = 10^{-9.88} \text{ m}^2 \text{ s}^{-1}$) was estimated by dividing the tortuosity of the sediment bed ($\tau = 2.22$) into the molecular diffusion coefficient for Rhodamine in water at 21°C ($D_m = 2.9 \times 10^{-10} \text{ m}^2 \text{ s}^{-1}$) (Chandler, 2012). The tortuosity of the sediment bed, in turn, was estimated by substituting the measured bed porosity ($\theta = 0.39$) into an empirical formula proposed by Iversen and Jorgensen (1992) for sandy beds: $\tau = 1 + 2(1 - \theta)$. The intercepts and slopes estimated for the dispersion and turbulent diffusion ranges of the Permeability Reynolds Number have overlapping 95% confidence intervals (\pm values in equation (10a)). Thus, as per Voermans et al. (2018), the effective diffusivities inferred from the C Profile do not appear to scale differently in the dispersion and turbulent diffusion ranges. When the linear regression is repeated with the pooled dataset, the resulting slope (1.98 ± 0.20) is consistent with a squared dependence on the Permeability Reynolds Number, $D_{\text{eff},0} \propto \text{Re}_K^2$, as previously proposed by Chandler et al. (2016) and Richardson and Parr (1988) (**Figure 5b**):

$$\log_{10}\left(\frac{D_{\text{eff},0}}{D'_m}\right) = (3.24 \pm 0.09) + (1.98 \pm 0.20) \times \log_{10} \text{Re}_K, R^2 = 0.967 \quad (10b)$$

Our inferred effective diffusivities are about 0.5 log-units larger than Chandler et al.'s published estimates of this parameter (**Figure 5b**), where the latter were obtained following the standard (ad hoc) approach described in **Section 1**.

5. Experimental Evaluation of the E and E2M Profiles

In the last section we found the C Profile model under- and over-estimates mixing in the shallow and deep portions of the bed, respectively, consistent with the hypothesis that the effective diffusivity declines with depth. Here we test this hypothesis by evaluating the experimental performance of the E and E2M Profiles (**Figure 2**). Models for these two profiles were constructed by substituting equation (T2-3) (for the E Profile) and equations (T2-5a), (T2-5b), and (T2-5c) (for the E2M Profile) into equations (T1-1) and (T1-2). In contrast to the C Profile, the parameter a does not cancel off both sides of the diffusion equation (equation (2c)) when $f(\bar{x})=e^{-\bar{x}}$. Furthermore, the tortuosity-modified diffusivity appearing in the E2M Profile is known for Chandler et al.'s experiments ($D'_m=10^{-9.88} \text{ m}^2 \text{ s}^{-1}$, see **Section 4.3**). Thus, for both the E and E2M Profiles, the vector $\vec{\phi}$ consists of only two unknowns: the surficial effective diffusivity $D_{\text{eff},0}$ and the inverse depth-scale a .

5.1 The E Profile and Experiment ID 20110405

As a first test of the E Profile, we focused on the same dataset analyzed in detail for the C Profile (Chandler et al.'s Experiment ID 20110405, see **Figure 3**), and again asked the question: *are the same parameter values (for the diffusivity profile) obtained when the model is optimized with only water or sediment column data?* Here too the answer is yes: very similar values for the surficial effective diffusivity ($D_{\text{eff},0}=10^{-5.53\pm0.06}$ or $10^{-5.57\pm0.12} \text{ m}^2$

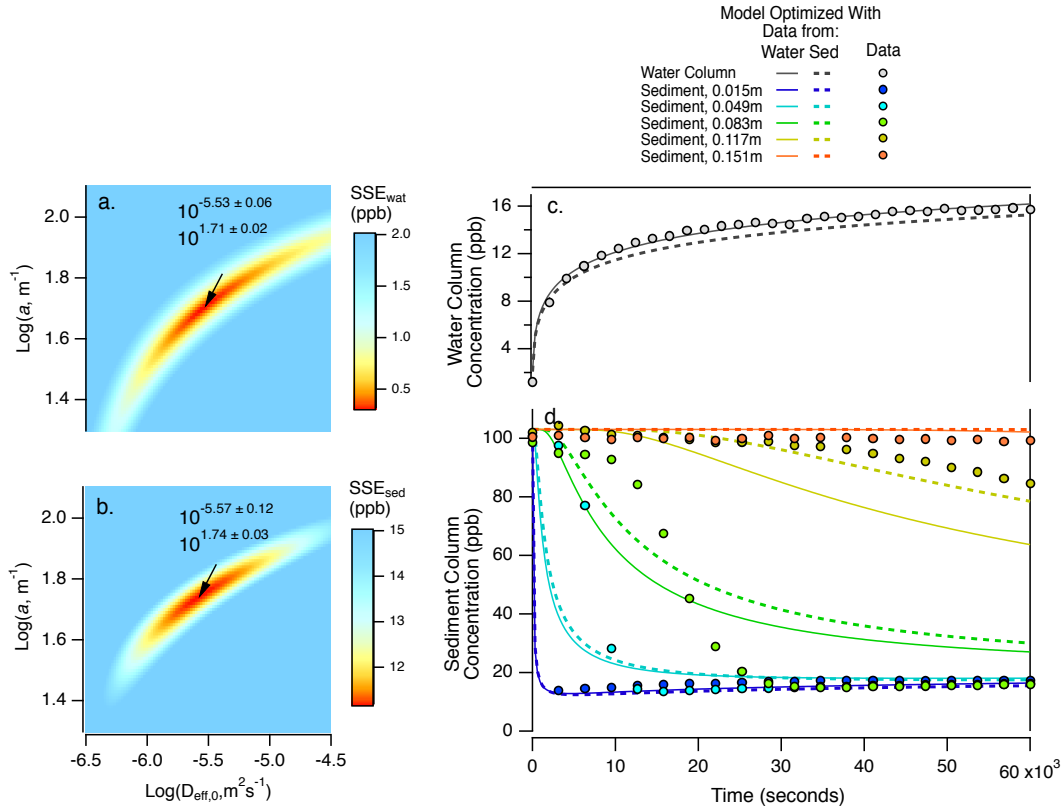


Figure 6. A test of the E profile (data from Chandler et al.'s Exp ID 20110405). **Panels (a) and (b):** Optimal values of the effective diffusivity $D_{eff,0}$ and inverse length-scale a obtained by minimizing the SSE calculated from tracer concentrations measured in the water column (equation (8a), panel (a)) or sediment column (equation (8b), panel (b)). **Panels (c) and (d):** Model-predicted (curves) and measured (open circles) tracer concentration in the water column (panel (c)) or sediment column (panel (d)).

665 s^{-1}) and inverse depth- scale ($a = 10^{1.71 \pm 0.02}$ or $10^{1.74 \pm 0.03} \text{m}^{-1}$) are obtained when the E Profile
 666 model is optimized using equations (8a) or (8b) (**Figures 6a or 6b**).

667 Compared to the C Profile and consistent with the hypothesis that the effective
 668 diffusivity declines with depth, the E profile shows marked improvement relative to all
 669 three performance metrics, including the coefficient of determination (0.9768 versus
 670 0.9995), RMSE (2.13 versus 0.31), and AICc (135 versus 22.3) (comparisons based on
 671 minimizing SSE_{wat} calculated for the C and E Profiles, respectively, see **Tables S2 and S4**).

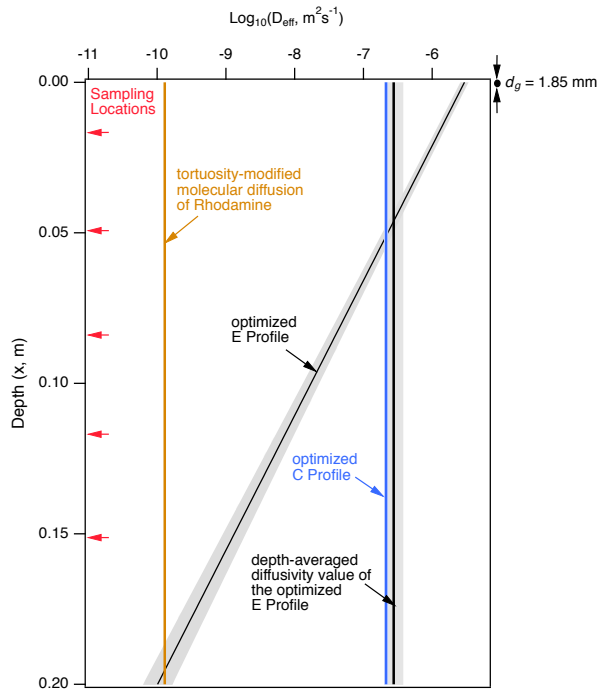


Figure 7. The optimized E Profile (black line with grey prediction intervals) and several key mixing constants for Experiment ID 20110405, including the C Profile’s optimal diffusivity (light blue vertical line), the depth-averaged diffusivity calculated from the E Profile (vertical black line, equation (11)), and the tortuosity-modified molecular diffusion coefficient of Rhodamine (brown vertical line). Red arrows indicate the depths in the sediment bed where interstitial tracer concentrations were measured by Chandler et al. (2016). Black filled circle indicates the approximate diameter of sediment grains used in this experiment.

The 113 unit drop in AICc is particularly notable, given that a two-unit reduction in this metric is sufficient to declare one model superior to another (Aho et al., 2014). The E Profile model closely tracks the evolution of tracer concentration in the water column (and hence cumulative mass transferred across the SWI, see earlier) (**Figure 6c**), and in the shallow and deep regions of the sediment bed (**Figure 6d**). Some model bias is evident for tracer concentrations at intermediate depths (e.g., at $x = 0.049$ and 0.083 m), likely due to the horizontal variation of interstitial Rhodamine concentration mentioned earlier (see **Section 4.1**).

Substituting optimal values for $D_{\text{eff},0}$ and a (**Figure 6a**) into the E

Profile (equation (7b)), the latter

693 predicts a >10,000-fold decline in the effective diffusivity, from approximately $10^{-5.53} \text{ m}^2$
 694 s^{-1} at the SWI (at $x = 0$ m) to $<10^{-10} \text{ m}^2 \text{s}^{-1}$ at $x = 0.2$ m (see line labeled “optimized E Profile”

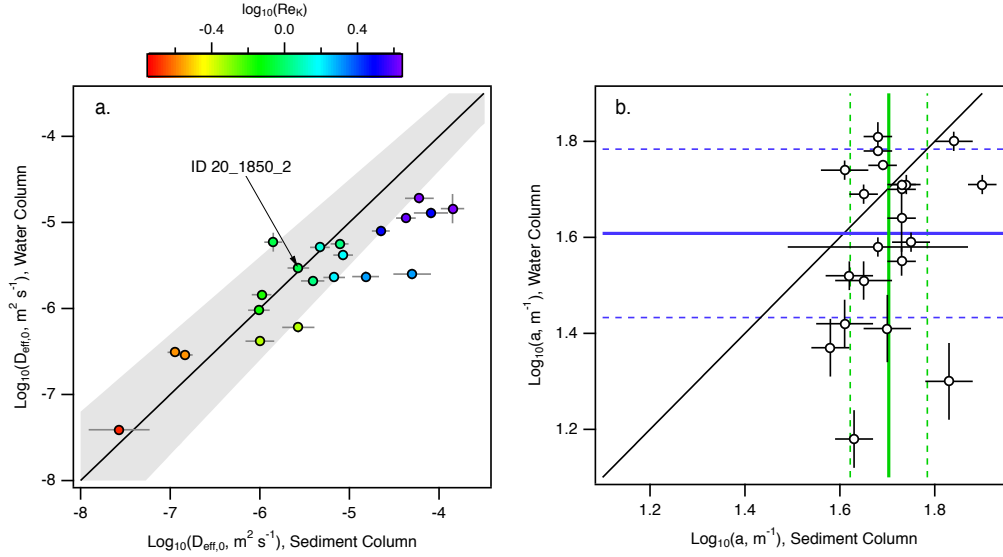


Figure 8. (a) Comparison of surficial effective diffusivities estimated by fitting the E Profile model only to water (vertical axis) or sediment (horizontal axis) column data. Experiment ID 20110405 was analyzed in detail in **Figures 3** and **6**. Error bars in the vertical dimension are hidden behind data points. **(b)** Comparison of the inverse depth-scales estimated by fitting the E Profile model to water (vertical axis) or sediment (horizontal axis) column measurements. The dark blue and dark green lines represent log-means estimated from the water and sediment column data, respectively (dashed lines are 95% confidence intervals). Diagonal lines in panels (a) and (b) represent a one-to-one relationship; grey band in panel (a) represents +/- 10% of the one-to-one line.

695 in **Figure 7**). A depth-averaged diffusivity can be calculated from the E Profile by
 696 integrating equation (7b), where $d_b = 0.2$ m is the depth of the sediment bed:

$$697 \quad \bar{D}_{\text{exp}} = \frac{D_{\text{eff},0}}{a d_b} (1 - e^{-a d_b}) \quad (11)$$

698 Substituting optimized values of $D_{\text{eff},0}$ and a into equation (11), the predicted depth-
 699 averaged effective diffusivity ($\bar{D}_{\text{exp}} = 10^{-6.56 \pm 0.14} \text{ m}^2 \text{ s}^{-1}$) is equal, within error, to the

700 diffusivity optimized for the same dataset with the C Profile (see **Figure 3a**,

701 $D_{\text{eff},0} = 10^{-6.67 \pm 0.03} \text{ m}^2 \text{ s}^{-1}$) (compare blue and black vertical lines, **Figure 7**). Thus, the C and

E Profile models are not only internally self-consistent (i.e., within error, the same profile parameters are inferred when these models are optimized with only water or sediment column data), they are also consistent with each other.

Near the bottom of the sediment bed, below $x \approx 0.195$ m, the exponential diffusivity profile drops below the tortuosity-modified molecular diffusion coefficient for Rhodamine in water, $D'_m = 10^{-9.89} \text{ m}^2 \text{ s}^{-1}$ (**Figure 7**). Given that this cross-over point occurs within 5 mm of the tank bottom, molecular diffusion is unlikely to have played a significant role in the evolution of Rhodamine concentrations observed in this particular experiment. In principle, however, the effective diffusivity should never fall below the tortuosity-modified diffusion coefficient (see equation (1)); this potential limitation is addressed with the E2M Profile in **Section 5.5**.

5.2. All 23 of Chandler's Experiments

Across all 23 of Chandler et al.'s experiments, surficial effective diffusivities $D_{\text{eff},0}$ estimated from the water and sediment columns are correlated (Pearson's correlation coefficient, $R=0.867$, **Figure 8a**) (see **Tables S4** and **S5** for experiment-specific values of $D_{\text{eff},0}$ and a , and corresponding model performance metrics). However, the bias noted previously—where surficial diffusivities estimated from the sediment column data are frequently larger than diffusivities estimated from the water column data, see **Figure 4**—is also evident here, particularly for larger values of the Permeability Reynolds Number (**Figure 8a**). Values of the inverse depth-scale a inferred from the water and sediment column data are not significantly correlated (**Figure 8b**), but their respective log-means ($a = 10^{1.61 \pm 0.18} \text{ m}^{-1}$ and $a = 10^{1.70 \pm 0.08}$, respectively) are equal within error (see blue and green lines in **Figure 8b**). The corresponding mean and standard deviation of the inverse depth-

scale (obtained by applying equations (9a) and (9b) to the log-mean results) are $a=44.0\pm18.5\text{ m}^{-1}$ and $a=51.4\pm9.71\text{ m}^{-1}$, respectively. These values are similar to the inverse depth-scale reported by Chandler et al. (2016) of $a=55\text{ m}^{-1}$.

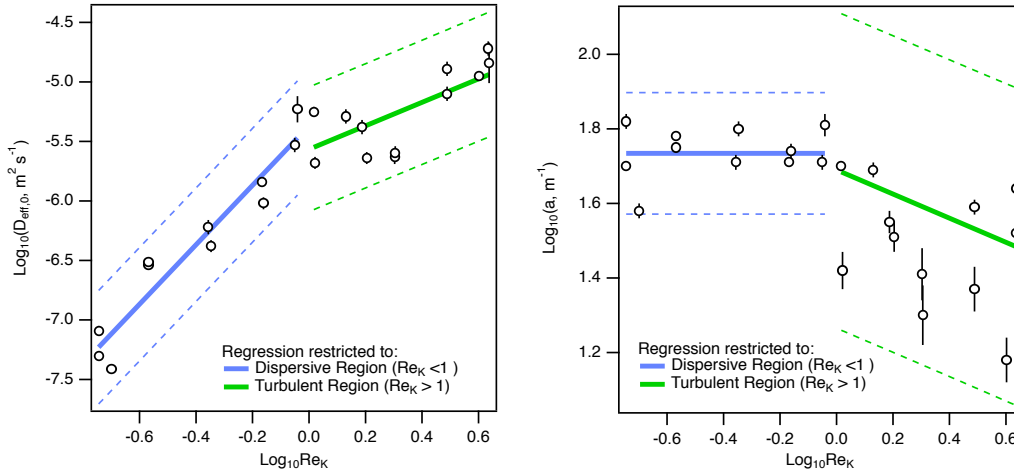


Figure 9. Permeability Reynolds Number scaling of the E Profile’s two parameters, estimated from Chandler et al.’s water column measurements. The surficial diffusivity (a) and inverse decay length-scale (b) follow different scaling relationships in the dispersive (blue lines) and turbulent diffusive (green lines) ranges. Dashed curves are 95% prediction intervals.

5.3 Permeability Reynolds Number Scaling Behavior

In Section 4.2 we found that $D_{\text{eff},0}$ values inferred from the C Profile model are proportional to the square of the Permeability Reynolds Number across the latter’s full range (see **Figure 5b**). By contrast, when surficial effective diffusivities inferred from the E Profile are plotted against the Permeability Reynolds Number, a significant change in slope and intercept (as represented by non-overlapping 95% confidence intervals in equation (12a)) is evident around $\text{Re}_K=1$ (**Figure 9a**).

$$\log_{10}(D_{\text{eff},0}, \text{ m}^2\text{s}^{-1}) = \begin{cases} (-5.37 \pm 0.07) + (2.50 \pm 0.11) \times \log_{10} \text{Re}_K, & R^2 = 0.949, \text{Re}_K < 1 \\ (-5.57 \pm 0.06) + (0.99 \pm 0.15) \times \log_{10} \text{Re}_K, & R^2 = 0.440, \text{Re}_K > 1 \end{cases} \quad (12a)$$

The power-law exponent for the surficial effective diffusivity declines from 2.50 ± 0.11 in the dispersive mixing range ($\text{Re}_K < 1$) to 0.99 ± 0.15 in the turbulent mixing range ($\text{Re}_K > 1$). Likewise, the scaling behavior of the inverse depth-scale transitions from a constant value ($a = 10^{1.73 \pm 0.01} \text{ m}^{-1}$) in the dispersive range to a weak inverse dependence on the Permeability Reynolds Number ($a \propto \text{Re}_K^{-0.32 \pm 0.08}$) in the turbulent range (**Figure 9b**):

$$\log_{10}(a, \text{ m}^{-1}) = \begin{cases} 1.73 \pm 0.01, & \text{Re}_K < 1 \\ (1.69 \pm 0.02) - (0.32 \pm 0.08) \times \log_{10} \text{Re}_K, & R^2 = 0.18, \text{Re}_K > 1 \end{cases} \quad (12b)$$

To put these latter results in context, the corresponding “ $1/e$ -folding depths” (i.e., the depth at which the E Profile’s effective diffusivity declines to $1/e \approx 0.37$ of its surficial value) range from $x = 0.015 \text{ m}$ ($a = 10^{1.82} \text{ m}^{-1}$) to $x = 0.066 \text{ m}$ ($a = 10^{1.18} \text{ m}^{-1}$) with increasing Permeability Reynolds Number. These $1/e$ -folding depths are all less than the depth of the sediment bed ($d_b = 0.2 \text{ m}$) suggesting that the former is not pre-determined by the latter.

The scaling relationship for the surficial effective diffusivity (equation (12a)) can also be written in reduced form, permitting a direct comparison with the C Profile scaling law developed in **Section 4.3** (compare with equation (10b)):

$$\log_{10}(D_{\text{eff},0}/D'_m) = \begin{cases} (4.50 \pm 0.18) + (2.42 \pm 0.36) \times \log_{10} \text{Re}_K, & R^2 = 0.889, \text{Re}_K < 1 \\ (4.27 \pm 0.16) + (1.13 \pm 0.42) \times \log_{10} \text{Re}_K, & R^2 = 0.564, \text{Re}_K > 1 \end{cases} \quad (12c)$$

When comparing equations (10b) and (12c), it is important to recall the different definitions of the surficial diffusivities $D_{\text{eff},0}$ employed for these two profiles; i.e., for the C Profile

(equation (10)) it is a fixed constant throughout the sediment column, while for the E Profile (equation (12c)) it is the value of the effective diffusivity at the SWI. Because the E Profile's effective diffusivity decays with depth, all else being equal, $D_{\text{eff},0}$ values inferred from the E Profile should be larger than $D_{\text{eff},0}$ values inferred from the C Profile, consistent with observations (**Figure 10**).

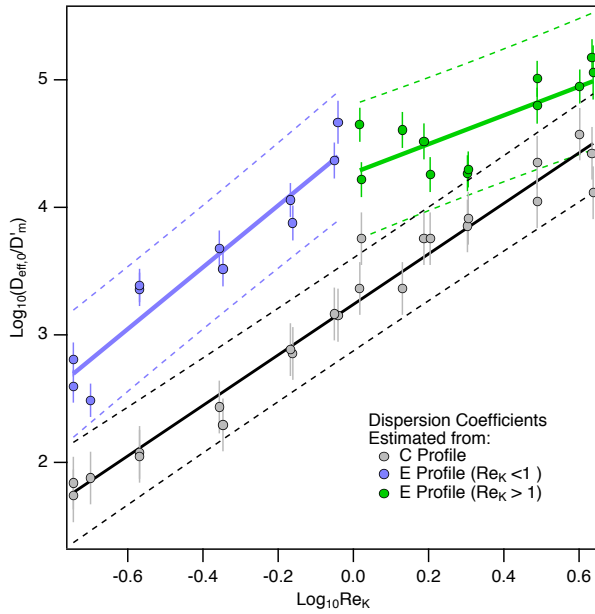


Figure 10. A comparison of the surficial effective diffusivities inferred from the C Profile (grey points) and E Profile (blue and green points). The former has a single scaling relationship (black line, equation (10b)), while the latter has separate scaling relationships in the dispersive (blue line) and turbulent (green line) ranges (equation (12c)). Dashed curves are 95% prediction intervals.

How much larger depends on the value of the inverse depth-scale a . This can be demonstrated by examining the E Profile's estimate for the depth-averaged effective diffusivity \bar{D}_{exp} (equation (11)), which we have already noted can be taken as an approximation of the C Profile's $D_{\text{eff},0}$ (compare blue and black vertical lines in **Figure 7**).

According to equation (11), the surficial and depth-averaged effective diffusivities converge ($\bar{D}_{\text{exp}} \rightarrow D_{\text{eff},0}$) as the inverse depth-scale becomes small (this can be confirmed by

expanding equation (11) in powers of

a , and taking the limit $a \rightarrow 0$). Conversely, when the inverse depth-scale is large ($a \rightarrow \infty$)

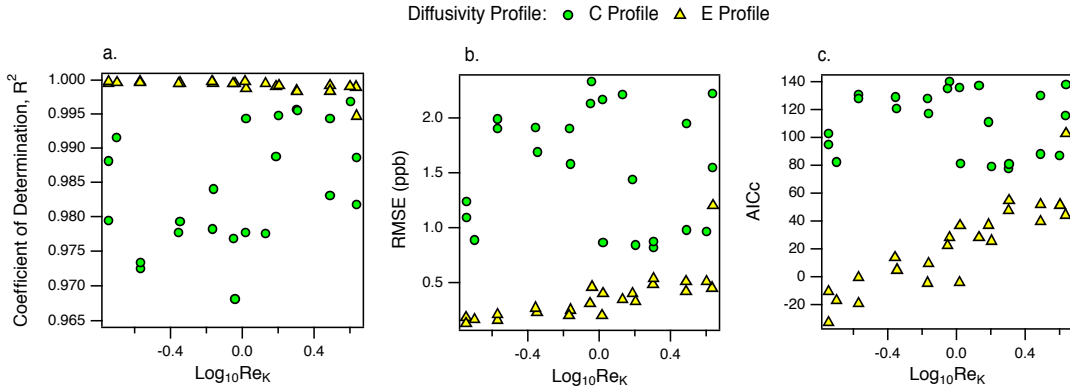


Figure 11. The relative performance of C and E Profile models across all 23 of Chandler et al.'s stirred tank experiments. Model performance metrics include the (a) coefficient of determination, R^2 , (b) Root Mean Square Error, RMSE, and (c) Akaike's Information Criterion, AICc.

equation (11) predicts that the surficial effective diffusivity exceeds the depth-averaged effective diffusivity by a factor of about ad_b . Both predictions are consistent with the results presented in **Figure 10**. In the dispersion range ($Re_K < 1$) the inverse length scale a is relatively large and constant (see **Figure 9b**) and the values of $D_{eff,0}$ inferred from the E Profile are about $ad_b \approx 11$ times larger than values inferred from the C Profile (compare blue and grey points, **Figure 10**). In the turbulent range ($Re_K > 1$) the inverse depth-scale a declines with increasing Re_K (**Figure 8b**), and the C and E Profile's inferred values of $D_{eff,0}$ converge with increasing Re_K (compare green and grey points, **Figure 10**).

5.4. Relative Performance of the C and E Profiles.

Based on a detailed analysis of Chandler et al.'s Exp ID 20110405 in **Section 5.1**, we concluded that the E Profile represents a substantial improvement over the C Profile. This conclusion extends to the rest of Chandler et al.'s experiments as well (**Figure 11** and **Tables S2 – S5**). In all cases, the E Profile model captures a larger fraction of data variance

(generally in excess of 99.9%) and has substantially smaller RMSE and AICc values (Figures 11a and 11b). Despite its increased complexity (the C and E Profiles have one and two unknown parameters, respectively) the AICc is also consistently 80 to 140 units lower for the E Profile model (Figure 11c), implying that it is the superior model.

5.5 Experimental Evaluation of the E2M Profile.

While the E Profile is a dramatic improvement over the C Profile, it is interesting to note that its coefficient of determination decreases, and both RMSE and AICC increase, as the Permeability Reynolds Number increases (Figure 11). This raises the question: *can the E Profile's performance be improved by explicitly accounting for the lower bound on the effective diffusivity imposed by molecular diffusion; i.e., by replacing the E Profile with the E2M Profile?* The answer is *no*: across all 23 of Chandler et al.'s experiments, inferred values of $D_{\text{eff},0}$ and a (Figure S1, Supplemental Information) and performance metrics (compare coefficient of determination, RMSE, and AICc, Tables S4 and S6) for the E and E2M Profile models are nearly identical.

To understand why including molecular diffusion did not change our optimization results, for each of Chandler et al.'s experiments we estimated the depth at which the diffusivity profile transitions to the tortuosity-modified molecular diffusion coefficient, $\ell_m = -\ln \bar{D}/a$ where $\bar{D} = D'_m/D_{\text{eff},0}$ (see equation (7c) in Section 2.5). These molecular diffusion transition depths, which range from 6 to 56 cm ($\ell_m = 10^{-1.2}$ to $10^{-0.25}$ m), increase roughly with the square root of the Permeability Reynolds Number ($\ell_m \propto \sqrt{\text{Re}_K}$, Figure 12a):

$$\log_{10}(\ell_m, \text{ m}) = (-0.78 \pm 0.15) + (0.49 \pm 0.36) \times \log_{10} \text{Re}_K, R^2 = 0.809 \quad (13)$$

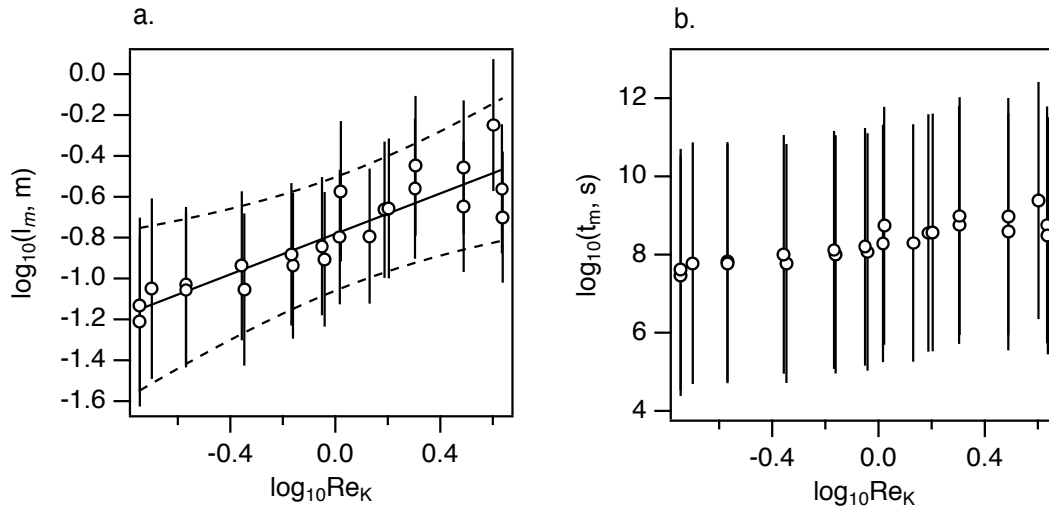


Figure 12. (a) E2M Profile predictions for the depth at which molecular diffusion begins to dominate the vertical transport and mixing of tracer, plotted against the Permeability Reynolds Number (regression line corresponds to equation (13), dashed curves are the 95% prediction interval). (b) Corresponding timescales for mass transport through the interstitial fluids of the sediment bed by molecular diffusion.

810 The corresponding times required for mass transport to occur across these distances by
811 molecular diffusion alone ($t_m = \ell_m^2 / D'_m$) are all greater than 11 months ($>10^{7.5}$ s) (black
812 circles, **Figure 12b**). Thus, for the range of Permeability Reynolds Numbers investigated
813 by Chandler et al., experiments would have had to continue for more than one year to
814 observe the effect of molecular diffusion on mass transport across the SWI. While the E2M
815 Profile is not an improvement in this specific set of experiments, it could be useful in
816 settings (low permeability sediments and/or low shear velocity) where the Permeability
817 Reynolds number is very small in magnitude.

818 6. Experimental Evaluation of the C2E Profile.

819 In this section we test the hypothesis that the performance of the E Profile can be improved
820 by allowing for “enhanced mixing” in the surficial portion of the sediment bed, represented

here by the C2E Profile (**Figure 2**). The C2E Profile model was constructed by substituting equations (T2-6a) and (T2-6b) into equation (T1-1). Its parameter vector $\vec{\phi}$ has three unknowns: the surficial effective diffusivity $D_{\text{eff},0}$, the inverse depth-scale a , and the enhanced mixing thickness, ℓ_t (**Figure 2**).

6.1 C2E Profile and Experiment ID 20110405

As a first test of the C2E Profile model, we focused on the single experiment (Experiment ID 20110405, $\text{Re}_K = 0.89$) discussed in **Sections 4** and **5**. Minimization of the water column SSE yield clearly defined optima for the log-transformed values of the surficial effective diffusivity ($D_{\text{eff},0} = 10^{-6.13 \pm 0.02} \text{ m}^2 \text{ s}^{-1}$), inverse depth-scale ($a = 10^{1.92 \pm 0.03} \text{ m}^{-1}$) and the enhanced mixing thickness ($\ell_t = 10^{-1.33 \pm 0.03} \text{ m}$) (**Figures 13a, b, and c**, respectively). As might be expected given that the C2E Profile is a hybrid of the C and E Profiles, the effective diffusivity ($D_{\text{eff},0} = 10^{-6.13 \pm 0.02} \text{ m}^2 \text{ s}^{-1}$) inferred from the C2E Profile is intermediate between effective diffusivities inferred from the C Profile ($D_{\text{eff},0} = 10^{-6.67 \pm 0.03} \text{ m}^2 \text{ s}^{-1}$, **Section 4.1**) and from the E Profile ($D_{\text{eff},0} = 10^{-5.53 \pm 0.06} \text{ m}^2 \text{ s}^{-1}$, **Section 5.1**).

To compensate for increased mixing in the surficial region of the sediment bed (over $0 \leq x \leq \ell_t$), the C2E Profile's inverse depth-scale ($a = 10^{1.92 \pm 0.03} \text{ m}^{-1}$) and $1/e$ -folding depth ($1/a = 1.2 \pm 0.08 \text{ cm}$) are significantly larger and smaller, respectively, compared to corresponding values inferred from the E Profile ($a = 10^{1.71 \pm 0.02} \text{ m}^{-1}$ and $1/a = 1.9 \pm 0.09 \text{ cm}$, see **Section 5.2**).

The enhanced mixing thickness $\ell_t = 4.7 \pm 0.3 \text{ cm}$ (obtained by applying equations (9a) and (9b) to the log-transformed optimal value shown in **Figure 13c**) is about 25 times

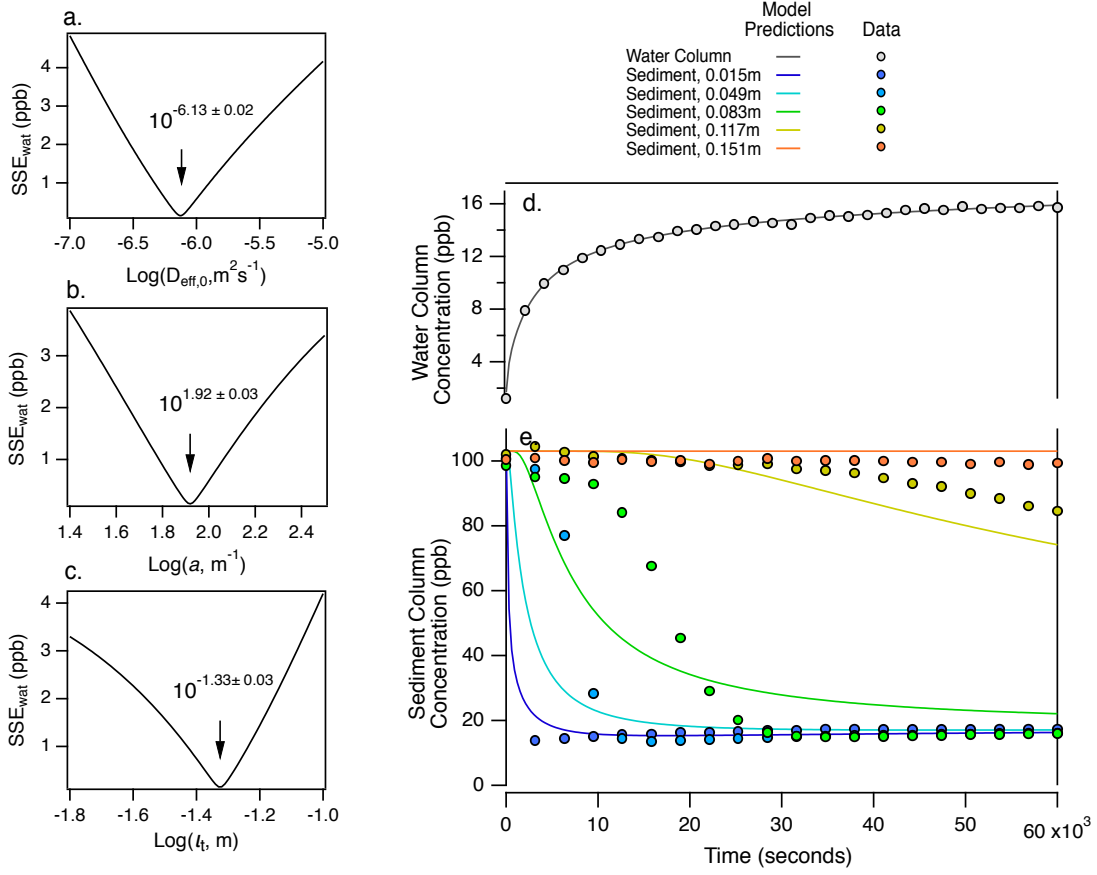


Figure 13. A test of the C2E Profile model (data from Chandler et al.’s Exp ID 20110405). Optimal values of the (a) effective diffusivity $D_{eff,0}$, (b) inverse depth-scale a , and (c) the enhanced mixing thickness ℓ_t obtained by minimizing SSE_{wat} (equation (8a)). Model-predicted (curves) and measured (open circles) tracer concentration in the water (d) or sediment (e) columns.

842 larger than the diameter of the glass spheres that make up the sediment bed ($d_g = 1.85$ mm)
 843 and about 50 times larger than the Brinkman Layer thickness, $\delta_b \approx 20\sqrt{K} = 0.9$ mm, where
 844 the latter is an estimate for the depth to which the time-averaged turbulent velocity
 845 boundary layer penetrates into the streambed (Voerman et al.’s 2017). These comparisons
 846 raise the question: *what is the physical interpretation of the enhanced mixing thickness ℓ_t ?*

Based on a model for mass exchange across the SWI by turbulent pumping (see **Section 1**) Higashino et al. (2009) reported that, at depths similar to $\ell_t \approx 5$ cm and for shear velocities between $u_* = 0.01$ and 0.02 m s⁻¹, the root mean square (RMS) vertical pore velocities are between 1 and 10% of their value at the SWI (ibid, Figure 3). Thus, one plausible interpretation is that ℓ_t represents the depth into the surficial portion of the streambed over which tracer mass is vigorously mixed by turbulent pumping. We will return to this idea in **Section 6.3**.

The C2E profile outperforms the E Profile relative to all three model performance metrics, including the coefficient of determination (0.9995, 0.9999), RMSE (0.31, 0.145), and AICc (22.3, -21.1) (comparisons based on minimizing SSE_{wat} for the E and C2E Profiles, respectively). The 43 unit drop in AICc indicates the C2E Profile is a substantial improvement over the E Profile, even after accounting for the former's increased complexity (three versus two unknown parameters). Tracer concentrations predicted with the C2E Profile model are in near perfect agreement with tracer concentrations measured in the water column (and hence cumulative mass transferred across the SWI, see earlier) (**Figure 13d**), and closely track measured interstitial tracer concentrations in the shallow and deep regions of the sediment bed (**Figure 13e**). Model bias is evident for tracer concentrations at intermediate depths (e.g., at $x = 0.049$ and 0.083 m, similar to the behavior noted earlier for the E Profile), perhaps due to horizontal variations in the interstitial Rhodamine concentration (see discussion in **Section 4.2**).

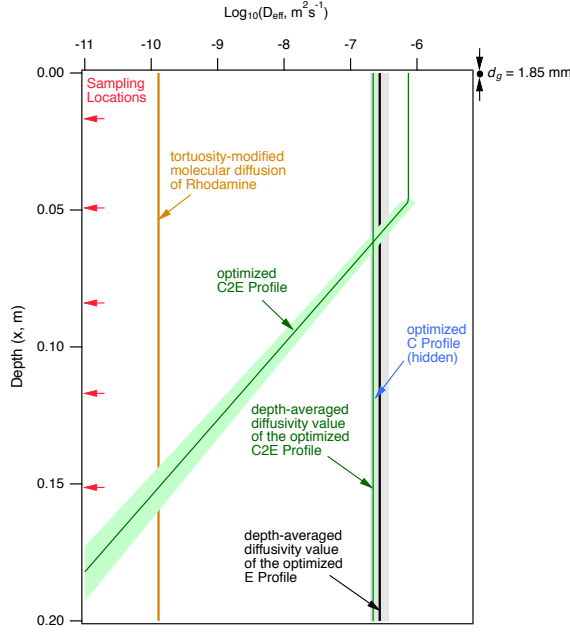


Figure 14. The optimized C2E Profile (green line and prediction intervals) compared to several key mixing constants, including the optimal diffusivity inferred from the C Profile (light blue vertical line), the depth-averaged diffusivity inferred from the E Profile (vertical black line, equation (11)), the depth-averaged diffusivity inferred from the C2E Profile (vertical green line, equation (14)) and the tortuosity-modified molecular diffusion coefficient of Rhodamine (brown vertical line). Red arrows indicate the depths in the sediment bed where interstitial tracer concentration was measured by Chandler et al. Black circle indicates the approximate diameter of quartz spheres used for the sediment bed in this experiment.

Substituting the optimal values for $D_{eff,0}$, a , and ℓ_t into equation (7d), the C2E Profile predicts a greater than five decade decline in the effective diffusivity, from $10^{-6.13} \text{ m}^2 \text{ s}^{-1}$ at the SWI (at $x=0 \text{ m}$) to less than $10^{-11} \text{ m}^2 \text{ s}^{-1}$ at base of the sediment bed ($x=0.2 \text{ m}$, see green line labeled “optimized C2E Profile” in **Figure 14**). A formula for the

depth-averaged diffusivity can be derived from the C2E Profile by integrating equation (7d) ($d_b=0.2 \text{ m}$ represents the depth of the sediment bed, compare with equation (11)):

$$\bar{D}_{enh} = \frac{D_{eff,0}}{d_b} \left(\ell_t + \frac{1}{a} \left(1 - e^{-a(d_b - \ell_t)} \right) \right) \quad (14)$$

When optimal values of $D_{eff,0}$, a and ℓ_t are substituted into equation (14), the resulting depth-averaged effective diffusivity ($\bar{D}_{enh} = 10^{-6.66 \pm 0.03} \text{ m}^2 \text{ s}^{-1}$) is equal, within error, to the optimal diffusivity inferred from the C Profile

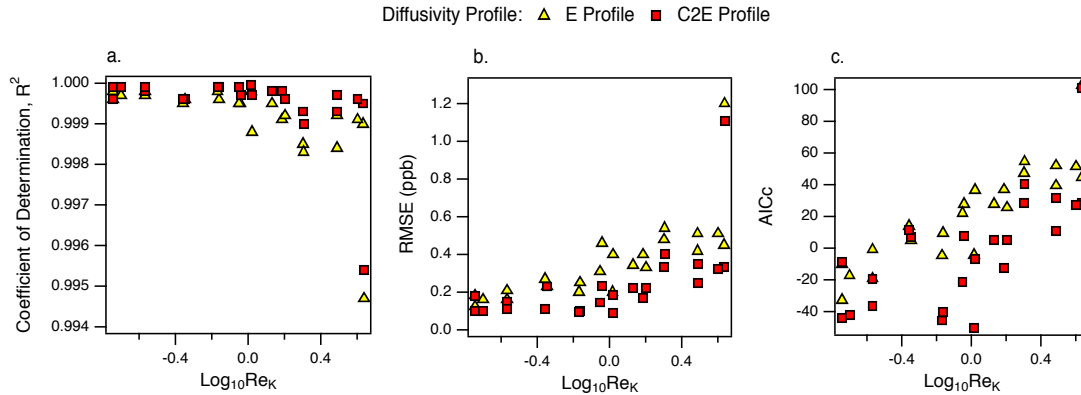


Figure 15. The relative performance of E and C2E Profiles across Chandler et al.’s 23 experiments. Model performance metrics include the (a) coefficient of determination, R^2 , (b) Root Mean Square Error, RMSE, and (c) Akaike’s Information Criterion, AICc.

(compare vertical black, blue, and green lines in **Figure 14**). At least for this single Chandler et al. experiment, all four diffusivity profiles trialed in this study (including the E2M Profile, which is indistinguishable from the E Profile, see **Section 5.5**) yield consistent estimates for the depth-averaged effective diffusivity.

6.2 Performance of the E and C2E Profiles across all Chandler et al. Experiments

From the single experiment analyzed in the last section we concluded that the C2E Profile is an improvement over the E Profile. This conclusion extends to the rest of Chandler et al.’s 23 experiments as well (**Figure 15** and **Tables S4 – S7**). However, the performance gains achieved by replacing the E Profile with the C2E Profile (**Figure 15**) are relatively marginal compared to gains achieved when the C Profile was replaced with the E Profile (**Figure 11**). Both E and C2E Profile models exhibit performance loss at large Permeability Reynolds Numbers; i.e., the coefficient of determination drops, and both RMSE and AICc increase, with increasing Permeability Reynolds Number in the turbulent range (**Figures 15a, b, c**). Therefore, it appears that the loss in performance at large Permeability Reynolds

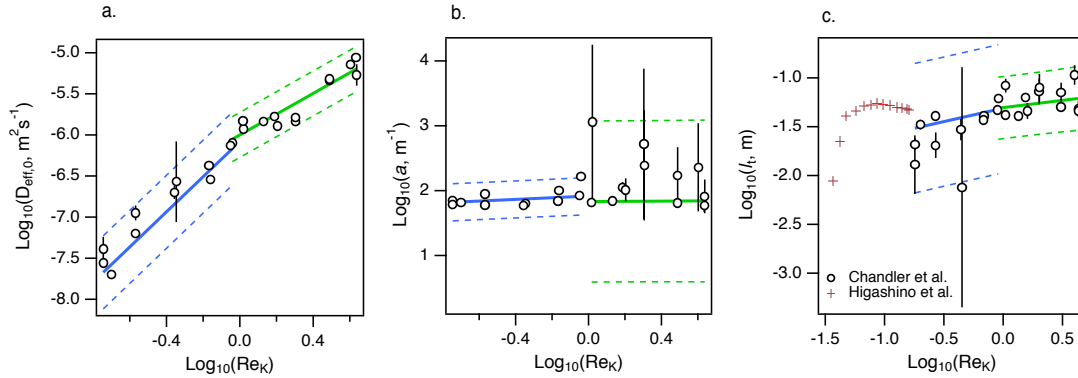


Figure 16. Permeability Reynolds Number scaling of the C2E Profile’s three parameters: (a) surficial effective diffusivity; (b) inverse decay-length scale; and (c) enhanced mixing thickness. Red crosses in (c) were generated by the Higashino et al.’s pressure pulse model (details in text).

Number observed for the E Profile (**Figure 11**) cannot be resolved simply by incorporating enhanced mixing into the surficial portion of the sediment bed. An alternative hypothesis, consistent with all of our observations, is that Fick’s First law (equations (1) and (2b)) is an imperfect descriptor of mass transfer in the sediment bed at large Permeability Reynolds Numbers. Notwithstanding this potential limitation, the E and C2E Profile models still capture a remarkable fraction ($>99.4\%$) of the variance in measured water column tracer concentrations, even at the largest Permeability Reynolds Number represented in Chandler et al.’s dataset (**Figure 15a**).

6.3 Permeability Reynolds Number Scaling Relationships

Across all 23 of Chandler et al.’s experiments, the surficial effective diffusivity exhibits distinct Permeability Reynolds Number scaling relationships in the dispersive ($\text{Re}_K < 1$) and turbulent diffusion ($\text{Re}_K > 1$) ranges (based on non-overlapping 95% CIs for the slopes in equation (15a), see blue and green lines in **Figure 16a**).

$$\log_{10}(D_{\text{eff},0}, \text{ m}^2\text{s}^{-1}) = \begin{cases} (-6.08 \pm 0.03) + (2.14 \pm 0.06) \times \log_{10} \text{Re}_K, & R^2 = 0.861, \text{Re}_K < 1 \\ (-6.00 \pm 0.02) + (1.26 \pm 0.06) \times \log_{10} \text{Re}_K, & R^2 = 0.671, \text{Re}_K > 1 \end{cases} \quad (15a)$$

Separate scaling relationships are not indicated for the inverse depth-scale and enhanced mixing thickness (as evidenced by overlapping 95% CIs for the slopes in equations (15b) and (15c), see blue and green lines in **Figures 16b** and **16c**).

$$\log_{10}(a, \text{ m}^{-1}) = \begin{cases} (1.92 \pm 0.04) + (0.13 \pm 0.08) \times \log_{10} \text{Re}_K, & R^2 = 0.07, \text{Re}_K < 1 \\ (1.83 \pm 0.04) + (0.014 \pm 0.21) \times \log_{10} \text{Re}_K, & R^2 = 0.002, \text{Re}_K > 1 \end{cases} \quad (15b)$$

$$\log_{10}(\ell_t, \text{ m}) = \begin{cases} (-1.35 \pm 0.04) + (0.19 \pm 0.12) \times \log_{10} \text{Re}_K, & R^2 = 0.06, \text{Re}_K < 1 \\ (-1.31 \pm 0.03) + (0.15 \pm 0.16) \times \log_{10} \text{Re}_K, & R^2 = 0.08, \text{Re}_K > 1 \end{cases} \quad (15c)$$

When the inverse depth-scale is regressed against the pooled dataset, we find that it is roughly constant across all 23 of Chandler et al.'s experiments ($a = 10^{2.03 \pm 0.33} \text{ m}^{-1}$ which corresponds to $a = 140 \pm 130 \text{ m}^{-1}$ after applying equations (9a) and (9b)). Repeating this exercise for the enhanced mixing thickness reveals a weak dependence of ℓ_t on the Permeability Reynolds Number ($\ell_t \propto \text{Re}_K^{1/4}$) across all 23 of Chandler et al.'s experiments:

$$\log_{10}(\ell_t, \text{ m}) = (-1.33 \pm 0.02) + (0.23 \pm 0.06) \times \log_{10} \text{Re}_K, \quad R^2 = 0.16 \quad (15d)$$

The latter scaling relationship for the enhanced mixing thickness ℓ_t can be compared to Higashino et al.'s turbulent pumping simulations (see discussion in **Section 6.1**) by adopting, as a proxy of the surficial portion of the sediment bed where turbulent pumping is active, the depth above which RMS vertical pore velocities are all greater than 10^{-7} m s^{-1} . This particular velocity threshold was selected because, according to Higashino et al., it occurs about 5 cm below the SWI for conditions ($u_* = 0.01$ to 0.016 m s^{-1} , $K = 10^{-10} \text{ m}^2$, see their Figure 6a) similar to Chandler et al.'s experiments at the low-end of

the Permeability Reynolds Number range (e.g., the inferred depth of turbulence influence is $\ell_t \approx 3$ cm for Exp ID 20110809, for which $u_* = 0.015$ m s⁻¹ and $K = 1.7 \times 10^{-10}$ m², see **Tables S1** and **S7**). Higashino et al. found that both the shear velocity and sediment permeability influenced the depth at which this threshold RMS vertical pore velocity appears. When their simulations are recast in terms of the Permeability Reynolds Number, we find that the threshold RMS vertical pore velocity shallows abruptly for Permeability Reynolds Numbers less than 0.05 ($Re_K < 10^{-1.3}$) (red crosses in **Figure 16c**), consistent with Voerman et al.'s prediction that molecular diffusion dominates mixing across the SWI when $Re_K < 0.01$ (Voermans et al., 2018). Unfortunately, Higashino et al.'s simulations and Chandler et al.'s experiments overlap only near the top and bottom ends of their respective Permeability Reynolds Number ranges, and therefore these two datasets cannot be compared directly. Nevertheless, it is interesting to note that the depth of Higashino et al.'s threshold RMS vertical pore velocity flattens out around 5 cm for Permeability Reynolds Numbers greater than $Re_K > 10^{-1}$, consistent with observation that ℓ_t depends weakly on Re_K in this range ($\ell_t \propto Re_K^{1/4}$, equation (15d)).

7. Application of Duhamel's Theorem to an Open System

The results presented above support our central hypothesis that—by explicitly accounting for depth-varying diffusivity, the change in porosity across the SWI, and two-way feedback across the SWI—the evolution of solute concentration in the benthic biolayer can be inferred from solute measurements in the water column. In this final section we demonstrate the application of this framework to an open system of environmental relevance.

7.1 Breakthrough of a Solute Initially Present in the Sediment Bed

Consider the common situation where interstitial fluids of an aquatic sediment are contaminated with a solute of public health or ecological concern (Weidhaas et al., 2016). As solute mixes out of the benthic biolayer and into the overlying water column, we would like to know: (1) how long must we wait for the concentration in the water column to peak? (2) what is that peak concentration? and (3) how long do we have to wait for the water column concentration to fall below some threshold value, say 0.1% of the original interstitial sediment concentration?

To address these questions, we simulated an open version of Chandler et al.'s experiment ID 20110405 (analyzed in detail in **Sections 4.1, 5.1** and **6.1**). The simulations were run for turnover times (defined as tank volume divided by volumetric flow rate through the tank, see **Section 2.3**) ranging from $T = 10^3$ to 10^6 s (roughly 17 minutes to 12 days). For each turnover time, we simulated a timeseries of solute concentration in the water column, given different choices of the diffusivity depth profile (C, E, and C2E) with or without two-way feedback. These six model combinations were constructed by substituting the auxiliary function solutions for the C Profile (equation (T2-2)), E Profile (equation (T2-3)), or C2E Profile (equation (T2-6b)) into the mass balance solutions for a well-mixed flow-through system with (equation (T1-5)) or without (equation (T1-7)) two-way feedback. Parameter values for the C, E, and C2E Profiles were all inferred from Exp ID 20110405 (see **Figures 3a, 6a, and 6b**).

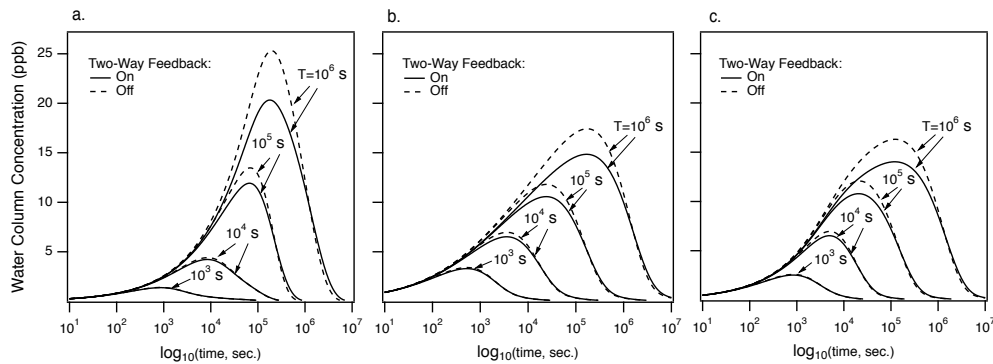


Figure 17. Water column breakthrough curves for a conservative tracer initially present only in the sediment bed of a well-mixed flow-through system, given four different choices of turnover times, ranging from $T = 10^3$ to 10^6 seconds. Simulations were carried out with two-way feedback turned “on” (solid curves) or “off” (dashed curves) and for three choices of the diffusivity depth profile: (a) C Profile, (b) E Profile, or (c) C2E Profile. The initial solute concentration in the interstitial fluids of the sediment bed is 100 ppb, and diffusivity parameters, water column height, sediment bed depth, sediment bed porosity are consistent with Exp ID 20110405 (Tables S1, S2, S4, and S7).

7.2 Simulation Results

As solute mixes out of the streambed, its concentration in the water column increases with time, passes through a maximum value, and then decays with time. All three features of the solute breakthrough curve are sensitive to the turnover time T of water flowing through the tank, choice of diffusivity profile (C, E, or C2E), and whether two-way feedback is turned “on” or “off” (Figures 17 and 18). When simulations are run with the C Profile and two-way feedback is turned on (Figure 17a, and black solid curves in Figures 18a,b,c), the peak concentration and peak arrival time increase 10-fold (from 1.4 to 20 ppb) and over 100-fold (from $10^{2.9}$ to $10^{5.3}$ s), respectively, as turnover time is increased from $T = 10^3$ s (~17 minutes) to $T = 10^6$ s (~12 days), for example due to declining flow through the tank

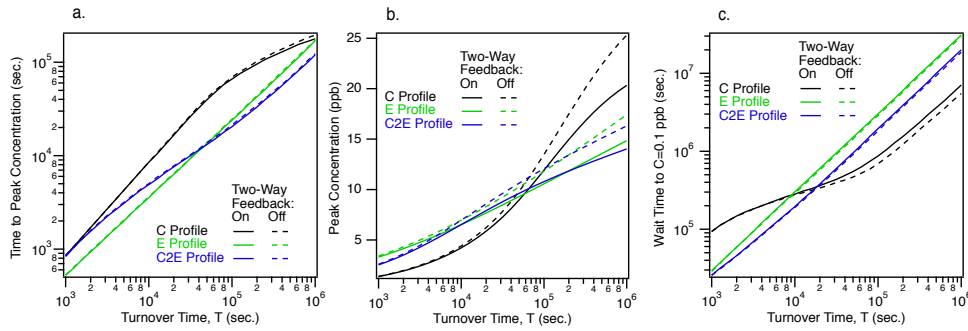


Figure 18. Key statistics for the breakthrough curves shown in **Figure 17**, including: (a) time to peak concentration, (b) peak concentration, and (c) wait time before the water column concentration falls below 0.1 ppb. Simulations were carried out with two-way feedback turned “on” (solid curves) or “off” (dashed curves) and for three choices of the diffusivity depth profile: C Profile (black curves), E Profile (green curves), or C2E Profile (blue curves). The initial solute concentration in the interstitial fluids of the sediment bed is 100 ppb, and diffusivity parameters, water column height, sediment bed depth, sediment bed porosity are consistent with Exp ID 20110405 (Tables S1, S2, S4, and S7).

(see equation (6c) and discussion thereof). This behavior is a residence time effect—decreasing the turnover time shortens the time solutes can accumulate in the tank before being “washed out” resulting in lower peak concentrations and shorter peak arrival times. Turning off two-way feedback has little influence on the C Profile’s peak arrival time, but it does increase the predicted peak concentration and shorten the tail of the breakthrough curve (i.e., reduces the time needed for the concentration to fall below some threshold). When turnover time is small ($T < 10^4$ s), C Profile breakthrough curves simulated with and without two-way feedback overlap. When turnover time is large ($T > 10^4$ s), C Profile breakthrough curves simulated without two-way feedback have higher peak concentrations, shorter wait times, but similar times to peak concentration (compare dashed and solid black curves, **Figure 18**).

Changing the diffusivity profile alters the peak concentration, peak arrival time, and wait time—but the direction (increasing or decreasing) and magnitude of these changes are case specific. For example, depending on the turnover time, replacing the C Profile with either E or C2E Profiles increases ($T < 5 \times 10^4$ s) or decreases ($T > 5 \times 10^4$ s) the peak solute concentration in the water column (**Figure 18b**). Likewise, replacing the C Profile with either E or C2E Profiles decreases ($T < 2 \times 10^4$ s) or increases ($T > 2 \times 10^4$ s) the wait time for solute concentration in the water column to fall below 0.1 ppb (**Figure 18c**). Changing the E Profile to a C2E Profile increases ($T < 2 \times 10^4$ s) or decreases ($T > 2 \times 10^4$ s) the time to peak concentration (**Figure 18a**) and decreases the wait time for the solute concentration in the water column to fall below 0.1 ppb (**Figure 18c**). On the other hand, the E and C2E Profiles have nearly identical peak solute concentrations across the full range of turnover times (**Figure 18b**). Similar to the results noted above for the C Profile, when two-way feedback is turned off and turnover time is long ($T > 10^4$ s), the E and C2E Profiles predict higher peak concentrations and shorter wait times, but similar times to peak concentration (compare dashed and solid green and blue curves, **Figure 18**). When the turnover time is short ($T < 10^4$ s), turning off two-way feedback has no effect on time to peak concentration, peak concentration, or the wait time.

Given that all three profiles trialed here were optimized with the same dataset (Chandler et al.'s Exp ID 20110405) and all have (within error) the same depth-averaged diffusivity (see **Figure 15** and discussion thereof), it is perhaps surprising to learn that our solute breakthrough statistics depend, in general, on the choice of diffusivity profile. The obvious explanation is that mixing across the SWI is determined not only by the overall mixing intensity (e.g., as measured by the depth-averaged diffusivity) but also by how that

1021 mixing intensity is distributed vertically through the sediment column. Put simply, the
1022 *vertical structure* of turbulent mixing in the streambed is, all else being equal, an important
1023 control on water quality in the overlying stream.

1024 Another important lesson from these simulations is that two-way feedback impacts
1025 mass transfer across the SWI not only in closed systems (where it is responsible for the
1026 rapid deceleration of mass transfer across the SWI evident in Chandler et al.'s experiments,
1027 see our **Figures 3, 6, and 14**), but also in open systems, provided that the turnover times
1028 are not too short. Referring to **Figures 17 and 18**, when turnover times are long ($T > 10^4$ s)
1029 ignoring two-way feedback leads to an overestimation of the mass transfer rate across the
1030 SWI, an overestimation of the peak water column concentration, and an underestimation
1031 of the wait time required before the water column concentration falls below some threshold
1032 value. On the other hand, when when turnover times are short ($T < 10^4$ s), two-way feedback
1033 has no apparent impact on solute breakthrough statistics.

1034 **8. Conclusions and Future Research**

1035 In this paper we developed and tested a one-dimensional modeling framework, based on
1036 Duhamel's Theorem, for predicting mass transfer across the SWI and in the benthic
1037 biolayer of a turbulent stream. The framework allows for depth-varying diffusivity profiles,
1038 accounts for the change in porosity across the SWI, and encodes the two-way feedback
1039 intrinsic to these systems.

1040 We applied this new analytical framework to an extensive set of previously
1041 published measurements of turbulent mixing across a flat sediment bed in a closed stirred
1042 tank (Chandler et al., 2016), with the goal of evaluating the relative performance of four
1043 diffusivity depth profiles (C, E, E2M, and C2E Profiles, **Figure 2**). Key findings include:

- 1044 • Our modeling framework is self-consistent within and across the four diffusivity depth
1045 profiles; i.e., parameter values inferred from water and sediment column measurements
1046 agree closely, and all four profiles yield similar depth-averaged diffusivities. Thus, the
1047 evolution of porewater concentrations in the benthic biolayer can be inferred from
1048 water column measurements alone, *provided that the depth-dependence and physical*
1049 *scaling behavior of the diffusivity profile are correctly specified.*
- 1050 • For Chandler et al.'s flat-bed experiments, the diffusivity profiles scale solely as a
1051 function of the Permeability Reynolds Number, a dimensionless number that
1052 incorporates the bed shear stress and permeability of bottom sediments (both of which
1053 were varied in Chandler et al.'s experiments). The influence of bedforms on the scaling
1054 behavior of the diffusivity profiles remains to be determined.
- 1055 • Replacing the C Profile with the E Profile dramatically improves all three measures of
1056 model performance, including coefficient of determination, RMSE, and AICc.
- 1057 • Replacing the E Profile with the C2E Profile also improves model performance, but the
1058 gains are less dramatic (compared to replacing the C Profile with the E Profile).
- 1059 • Including molecular diffusion as a lower bound on the effective diffusivity (i.e.,
1060 replacing the E Profile with the E2M Profile) does not improve model performance nor
1061 change the inferred diffusivity profile parameters, at least for the range of Permeability
1062 Reynolds Numbers interrogated here ($0.2 \leq Re_K \leq 4.31$). The E2M Profile may be
1063 applicable in systems with very low Permeability Reynolds Numbers.
- 1064 • Performance of the E and C2E Profile models degrades for larger Permeability
1065 Reynolds Numbers, perhaps signaling that Fick's First Law is an imperfect descriptor
1066 of mass transfer across the SWI in the turbulent range ($Re_K > 1$).

- 1067 • Notwithstanding this potential limitation of Fick's First Law, it is notable that the E
1068 and C2E Profile models capture a remarkable fraction of the variance (>99.4%) in
1069 measured water column tracer concentrations, even at the highest Permeability
1070 Reynolds Numbers trialed here.
- 1071 • Consistent with previous reports, we find that effective diffusivities inferred from the
1072 C Profile increase with the square of the Permeability Reynolds Number ($D_{\text{eff},0} \propto \text{Re}_K^2$).
- 1073 • Effective diffusivities inferred from the E and C2E Profiles, on the other hand, exhibit
1074 different scaling behavior in the dispersion ($D_{\text{eff},0} \propto \text{Re}_K^{2.4 \pm 0.36}$ and $D_{\text{eff},0} \propto \text{Re}_K^{2.14 \pm 0.06}$,
1075 $\text{Re}_K < 1$) and turbulent diffusion ($D_{\text{eff},0} \propto \text{Re}_K^{0.99 \pm 0.15}$ and $D_{\text{eff},0} \propto \text{Re}_K^{1.26 \pm 0.06}$, $\text{Re}_K > 1$) ranges.
- 1076 • Inverse depth-scales inferred from the E Profile are constant in the dispersion range
1077 ($a = 54 \pm 1.2 \text{ m}^{-1}$, $\text{Re}_K < 1$) and weakly decline with the Permeability Reynolds Number
1078 in the turbulent diffusion range ($a \propto \text{Re}_K^{-0.32 \pm 0.08}$, $\text{Re}_K > 1$).
- 1079 • Inverse depth-scales inferred from the C2E Profile are constant ($a = 140 \pm 130 \text{ m}^{-1}$)
1080 across all Permeability Reynolds Numbers investigated.
- 1081 • The C2E Profile's enhanced mixing thickness ℓ_t ranges between 1 to 10 cm and
1082 increases weakly with the Permeability Reynolds Number ($\ell_t \propto \text{Re}_K^{1/4}$), consistent with
1083 a previously published model for mixing in the surficial portion of the streambed by
1084 turbulent pumping (Higashino et al., 2009).
- 1085 • Interestingly, the $1/e$ -folding depth inferred from the E and E2M Profiles also increases,
1086 from about 1.5 to 6.6 cm, with increasing Permeability Reynolds Number, suggesting
1087 that both ℓ_t (C2E Profile) and $1/a$ (E and E2M Profile) represent the thickness of the
1088 surficial portion of the bed vigorously mixed by turbulent pumping.

1089 • Given the concordance between these mixing depth-scales (1 to 10 cm) and the depth
 1090 of the benthic biolayer (< 10 cm), turbulent pumping may dominate hyporheic
 1091 exchange within the benthic biolayer of flat streambeds.

1092 • The influence of turbulent pumping (and likely other turbulence-driven mechanisms of
 1093 hyporheic exchange) diminishes rapidly for Permeability Reynolds Numbers less than
 1094 0.04 (see **Figure 16c**). For this range of the Permeability Reynolds Number, mixing in
 1095 the benthic biolayer is likely to be dominated by molecular diffusion.

1096 • Extension of our analytical framework to an open system (in which the solute is initially
 1097 present in the sediment bed) reveals that key solute breakthrough statistics (e.g., arrival
 1098 time of the solute peak, peak solute concentration, and the wait time for the
 1099 concentration to fall below a critical threshold) are all influenced by the nature of the
 1100 diffusivity profile (C, E, or C2E) and whether or not two-way feedback is considered.

1101 • Two-way feedback is particularly important in closed systems, and in open systems
 1102 characterized by long turnover times.

1103 Moving forward, we can identify a number of promising avenues for future research,
 1104 including: (1) extending our framework to include non-conservative solutes, with the long-
 1105 term goal of evaluating, and predicting, how mixing and non-conservative processes in the
 1106 benthic biolayer (reaction, adsorption, absorption) collectively regulate stream water
 1107 quality; (2) exploring how bedforms, such as ripples and dunes, alter our results, for
 1108 example by changing the Permeability Reynolds Number scaling of diffusivity profile
 1109 parameters; (3) more generally, evaluating how well the scaling relationships developed
 1110 here translate to conditions more representative of the turbulent velocity boundary layer in
 1111 streams; (4) exploring the influence of polydisperse sediments; (5) investigating links

1112 between depth-varying nutrient transport and biologically induced heterogeneity in
1113 sediment permeability (Caruso et al., 2017); and (6) incorporating our modeling framework
1114 into catchment-to-continental scale river network models (Schmadel et al., 2019; Gomez-
1115 Velez et al., 2015; Gomez-Velez and Harvey, 2014).

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1131

1132 **Appendix A. Duhamel's Theorem for Spatially Variable Diffusion Coefficients.** In
 1133 this appendix we demonstrate that Duhamel's convolution integral (equation (5a)) satisfies
 1134 the reduced form of the diffusion equation (equation (2c)) and associated initial (equation
 1135 (3a) and boundary conditions (equation (3b) and either equation (3e) or (3f)) for any choice
 1136 of the spatially varying diffusivity profile function $f(\bar{x})$. Specifically, we aim to
 1137 demonstrate that equation (A1) satisfies a rearranged version of the reduced diffusion
 1138 equation (equation (A2a)), the initial condition (equation (A2b)), the upper boundary
 1139 condition (equation (A2c)), and two possible lower boundary conditions (a Dirichlet
 1140 boundary condition for an infinitely deep bed, or a no-flux equations for a finite bed,
 1141 equations (A2d) or (A2e), respectively):

$$1142 \quad u(\bar{x}, \bar{t}) = \int_0^{\bar{t}} U(\bar{x}, \bar{t} - v) \frac{dF}{dv} dv + U(\bar{x}, \bar{t}) \quad (A1)$$

$$1143 \quad \frac{\partial u}{\partial \bar{t}} - \frac{\partial}{\partial \bar{x}} \left(f(\bar{x}) \frac{\partial u}{\partial \bar{x}} \right) = 0 \quad (A2a)$$

$$1144 \quad u(\bar{x}, \bar{t} = 0) = 0 \quad (A2b)$$

$$1145 \quad u(\bar{x} = 0, \bar{t}) = F(\bar{t}) H(\bar{t}) = F(\bar{t}) \quad (A2c)$$

$$1146 \quad u(\bar{x} \rightarrow \infty, \bar{t}) = 0 \quad (A2d)$$

$$1147 \quad \left. \frac{\partial u}{\partial \bar{x}} \right|_{\bar{x}=\bar{d}_b} = 0 \quad (A2e)$$

1148 We begin by demonstrating that equation (A1) satisfies equation (A2a). Taking the time
 1149 derivative of equation (A1) and applying Leibnitz' rule, we obtain:

$$1150 \quad \frac{\partial u}{\partial \bar{t}} = U(\bar{x}, 0) \frac{dF}{d\bar{t}} + \int_0^{\bar{t}} \frac{\partial}{\partial \bar{t}} \left[U(\bar{x}, \bar{t} - v) \right] \frac{dF}{dv} dv + \frac{\partial U}{\partial \bar{t}} = \int_0^{\bar{t}} \frac{\partial}{\partial \bar{t}} \left[U(\bar{x}, \bar{t} - v) \right] \frac{dF}{dv} dv + \frac{\partial U}{\partial \bar{t}} \quad (A3)$$

1151 The second equal sign follows from the requirement that the auxiliary solution satisfy the
 1152 initial condition, $U(\bar{x},0)=0$ (see equation (5c)). Substituting equation (A1) into the second
 1153 term on the left-hand side of equation (A2a) we also obtain:

$$1154 \quad \frac{\partial}{\partial \bar{x}} \left[f(\bar{x}) \frac{\partial u}{\partial \bar{x}} \right] = \int_0^{\bar{t}} \frac{\partial}{\partial \bar{x}} \left[f(\bar{x}) \frac{\partial}{\partial \bar{x}} [U(\bar{x}, \bar{t} - \nu)] \right] \frac{dF}{d\nu} d\nu + \frac{\partial}{\partial \bar{x}} \left[f(\bar{x}) \frac{\partial U}{\partial \bar{x}} \right] \quad (A4)$$

1155 Substituting equations (A3) and (A4) into equation (A2a) we arrive at equation (A5),
 1156 where the new variable \bar{t}' is defined as follows, $\bar{t}' = \bar{t} - \nu > 0$:

$$1157 \quad \frac{\partial u}{\partial \bar{t}} - \frac{\partial}{\partial \bar{x}} \left[f(\bar{x}) \frac{\partial u}{\partial \bar{x}} \right] = \int_0^{\bar{t}} \left\{ \frac{\partial U}{\partial \bar{t}'} - \frac{\partial}{\partial \bar{x}} \left[f(\bar{x}) \frac{\partial}{\partial \bar{x}} U(\bar{x}, \bar{t}') \right] \right\} \frac{dF}{d\nu} d\nu + \left\{ \frac{\partial U}{\partial \bar{t}} - \frac{\partial}{\partial \bar{x}} \left[f(\bar{x}) \frac{\partial}{\partial \bar{x}} U(\bar{x}, \bar{t}) \right] \right\} \quad (A5)$$

1158 By definition, the auxiliary function U satisfies equation (5b), and therefore the differential
 1159 equations appearing inside the two curly brackets on the right hand side of equation (A5)
 1160 are identically equal to zero. This implies that the right hand side of equation (A5) is also
 1161 identically equal to zero, and therefore equation (A2a) is satisfied for any choice of the
 1162 diffusivity profile function, $f(\bar{x})$. Equation (A1) also satisfies the initial condition
 1163 (equation (A2b)), where the second equal sign follows from the initial condition imposed
 1164 on the auxiliary function solution (see equation (5c)):

$$1165 \quad u(\bar{x}, \bar{t}=0) = U(\bar{x}, \bar{t}=0) = 0 \quad (A6)$$

1166 Equation (A1) also satisfies the upper boundary condition (equation (A2c)), where we
 1167 have used the fact that, by definition, $F(0)=1$ (equation (3c)) and $U(\bar{x}=0, \bar{t})=1$ for $\bar{t} > 0$
 1168 (equation (5d)):

$$1169 \quad u(\bar{x}=0, \bar{t}) = \int_0^{\bar{t}} U(0, \bar{t} - \nu) \frac{dF}{d\nu} d\nu + U(0, \bar{t}) = F(\bar{t}) - F(0) + 1 = F(\bar{t}), \quad \bar{t} > 0$$

1170 Finally, equation (A1) satisfies both lower boundary conditions considered in this study
 1171 (equations (A2d) and (A2e)). The former is satisfied because, for an infinitely deep bed we
 1172 require that the auxiliary function obey the limit, $U(\bar{x} \rightarrow \infty) = 0$ (see equation (5e)):

$$1173 \quad u(\bar{x} \rightarrow \infty, \bar{t}) = \lim_{\bar{x} \rightarrow \infty} \left[\int_0^{\bar{t}} U(\bar{x}, \bar{t} - v) \frac{dF}{dv} dv + U(\bar{x}, \bar{t}) \right] = \int_0^{\bar{t}} U(\bar{x} \rightarrow \infty, \bar{t} - v) \frac{dF}{dv} dv + U(\bar{x} \rightarrow \infty, \bar{t}) = 0$$

1174 The latter is satisfied because, for a finite bed, we require that the auxiliary function obey
 1175 the no-flux boundary condition at the base of the sediment bed, $(\partial U / \partial \bar{x})_{\bar{x}=\bar{d}_b} = 0$ (equation
 1176 (5f)).

$$1177 \quad \left. \frac{\partial u}{\partial \bar{x}} \right|_{\bar{x}=\bar{d}_b} = \int_0^{\bar{t}} \frac{\partial}{\partial \bar{x}} \left[U(\bar{x}=\bar{d}_b, \bar{t} - v) \right] \frac{dF}{dv} dv + \left. \frac{\partial U}{\partial \bar{x}} \right|_{\bar{x}=\bar{d}_b} = 0$$

1178 **Appendix B. Derivation of Solutions for the Evolution of Solute Concentrations in**
 1179 **the Water and Sediment Columns of a Closed System.** In this appendix we derive
 1180 expressions for the solute concentration above and below the SWI in a closed system
 1181 accounting for two-way feedback. This requires coupling the water column mass balance
 1182 equation for a closed system (equation (6a)) to the sediment column mass balance equation
 1183 (equation (2c) and associated boundary and initial conditions). We accomplish this by
 1184 invoking Duhamel's Theorem (see equation (5a) in the main text):

$$1185 \quad u(\bar{x}, \bar{t}) = \int_0^{\bar{t}} U(\bar{x}, \bar{t} - v) \frac{d}{dv} [F(v)H(v)] dv = \int_0^{\bar{t}} U(\bar{x}, \bar{t} - v) \frac{dF}{dv} dv + U(\bar{x}, \bar{t}) \quad (\text{B1})$$

1186 The second equal sign follows by applying the product rule to the derivative in the
 1187 integrand, equating the derivative of the Heaviside function to the Dirac Delta function,
 1188 invoking the commutative property of the convolution integral, and applying the combining
 1189 property of the Dirac Delta. The rest of the derivation is simplified if we move from the
 1190 time domain to the Laplace domain, in part because the convolution of two variables in the

1191 former is their product in the latter (Graff, 2004). In the Laplace domain, Duhamel's
 1192 convolution integral (equation (B1)) simplifies dramatically; note that we have used the
 1193 fact that the forcing function's initial condition is $F(\bar{t}=0)=1$, see equation (3c):

$$1194 \quad \tilde{u}(\bar{x}, s) = s \tilde{U}(\bar{x}, s) \tilde{F}(s) \quad (B2)$$

1195 According to equation (B2), the Laplace transform of the dependent variable (\tilde{u}) can be
 1196 calculated from the product of the Laplace transform variable s , and Laplace transforms
 1197 of the auxiliary function \tilde{U} , and of the forcing function \tilde{F} . As noted in the main text, the
 1198 auxiliary function is obtained by solving equations (5b) through (5d), after specifying the
 1199 diffusivity depth profile $f(\bar{x})$ and the lower boundary condition (equation (5e) or (5f)). An
 1200 expression for the forcing function can be derived by taking the Laplace transform of the
 1201 water column mass balance (equation (4b)) and rearranging:

$$1202 \quad \tilde{F}(s) = \frac{1}{s} \left(\frac{1}{h_w} \frac{\partial \tilde{u}}{\partial \bar{x}} \Big|_{\bar{x}=0, s} + 1 \right) \quad (B3)$$

1203 As noted in the main text, due to the two-way feedback inherent in our system our forcing
 1204 function requires knowledge of the evolving concentration field in the sediment bed (i.e.,
 1205 a derivative of \tilde{u} appears on the right hand side of equation (B3)). In turn, the solution for
 1206 the dependent variable \tilde{u} requires knowledge of the forcing function (\tilde{F} appears on the
 1207 right hand side of equation (B2)). To address this two-way feedback, we begin by solving
 1208 for the differential term on the right hand side of equation (B3). This involves: (1)
 1209 combining equations (B2) and (B3); (2) differentiating both sides with respect to \bar{x} ; (3)
 1210 evaluating the resulting expression at $\bar{x}=0$; and (4) rearranging:

$$1211 \quad \frac{\partial \tilde{u}}{\partial \bar{x}} \Big|_{\bar{x}=0, s} = \frac{(\partial \tilde{U} / \partial \bar{x})_{\bar{x}=0, s}}{1 - \frac{1}{h_w} (\partial \tilde{U} / \partial \bar{x})_{\bar{x}=0, s}} \quad (B4)$$

1212 A solution for the dependent variable immediately follows by combining equations (B2),
 1213 (B3) and (B4):

$$1214 \quad \tilde{u}(\bar{x}, s) = \frac{\tilde{U}(\bar{x}, s)}{1 - \frac{1}{h_w} \left(\partial \tilde{U} / \partial \bar{x} \right)_{\bar{x}=0, s}} \quad (B5)$$

1215 Taking the inverse Laplace Transform of this last result and rearranging, we obtain a
 1216 solution for the evolution of the sediment column concentration (equation (T1-2) in **Table**
 1217 **1**). Likewise, a solution for the water column concentration can be derived by combining
 1218 equations (B3) and (B4), taking the inverse Laplace Transform, and rearranging (equation
 1219 (T1-1) in **Table 1**). The cumulative mass transferred from the sediment bed to the overlying
 1220 water column ($M_s(\bar{t})$, equation (B6)) and the cumulative mass transferred into the
 1221 overlying water column from the sediment bed ($M_w(\bar{t})$, equation (B7)) can also be derived
 1222 from these results:

$$1223 \quad M_s(\bar{t}) = \frac{A\theta}{a} (C_{s0} - C_{w0}) \mathcal{L}^{-1} \left[\frac{\int_0^\infty \tilde{U}(\bar{x}, s) d\bar{x}}{1 - \frac{1}{h_w} \left(d\tilde{U}/d\bar{x} \right)_{\bar{x}=0, s}} \right] \quad (B6)$$

$$1224 \quad M_w(\bar{t}) = Ah_w (C_{s0} - C_{w0}) \left(1 - \mathcal{L}^{-1} \left[\frac{1/s}{1 - \frac{1}{h_w} \left(d\tilde{U}/d\bar{x} \right)_{\bar{x}=0, s}} \right] \right) \quad (B7)$$

1225 **Appendix C. Derivation of Auxiliary Function Solutions.** In this appendix we derive
 1226 Laplace domain solutions for the auxiliary function \tilde{U} given four different choices of the
 1227 diffusivity depth profile (C, E, E2M, and C2E, see **Section 2.5**), and two different choices
 1228 of the bottom boundary condition (finite or infinite sediment bed).

1229 *Auxiliary Functions for the C Profile.* Substituting equation (7a) into equation (5b)
 1230 and taking the Laplace transform of equations (5b) through (5d), we arrive at the following

1231 ordinary differential equation and upper boundary condition for the auxiliary function
 1232 where s is the Laplace transform variable (the initial condition (equation (5c)) is
 1233 incorporated into the Laplace transform of the differential equation):

$$1234 \quad s\tilde{U} = \frac{d^2\tilde{U}}{d\bar{x}^2}, \quad \tilde{U}(\bar{x}=0, s) = \frac{1}{s} \quad (C1)$$

1235 The Laplace Transform of the two possible lower-boundary condition (infinite or finite
 1236 bed boundary conditions, equations (5e) or (5f)) are as follows:

$$1237 \quad \tilde{U}(\bar{x} \rightarrow \infty, s) = 0 \quad (C2a)$$

$$1238 \quad \left. \frac{\partial \tilde{U}}{\partial \bar{x}} \right|_{\bar{x}=\bar{d}_b} = 0 \quad (C2b)$$

1239 This ordinary differential equation is easily integrated, yielding two auxiliary functions
 1240 for the infinite and finite sediment beds (equations (T2-1) and (T2-2) in **Table 2**).

1241 *Auxiliary Functions for the E Profile.* Substituting equation (7b) into equation
 1242 (5b) we obtain the following differential equation for the auxiliary function:

$$1243 \quad \frac{\partial U}{\partial \bar{t}} = e^{-\bar{x}} \frac{\partial^2 U}{\partial \bar{x}^2} - e^{-\bar{x}} \frac{\partial U}{\partial \bar{x}} \quad (C3)$$

1244 Following the approach outlined by Yates (1992), equation (C3) can be simplified by a
 1245 change of coordinate, $\xi = e^{\bar{x}}$:

$$1246 \quad \frac{\partial U}{\partial \bar{t}} = \xi \frac{\partial^2 U}{\partial \xi^2}, \quad \xi = e^{\bar{x}}, \quad \bar{x} \geq 0 \quad (C4a)$$

1247 The corresponding initial and upper boundary conditions are as follows

$$1248 \quad U(\xi, \bar{t}=0) = 0, \quad \xi \geq 1 \quad (C4b)$$

$$1249 \quad U(\xi=1, \bar{t}) = 1 \quad (C4c)$$

1250 The corresponding lower boundary conditions for an infinite and finite are equations

1251 (C4d) and (C4e).

1252 $U(\xi \rightarrow \infty, \bar{t}) = 0$ (C4d)

1253 $\left. \frac{\partial U}{\partial \xi} \right|_{\xi=\xi_b} = 0$ (C4e)

1254 Taking the Laplace transform of these equations, we arrive at the corresponding ordinary

1255 differential equation and boundary conditions:

1256 $s\tilde{U}(s) = \xi \frac{d^2 \tilde{U}}{d\xi^2}, \xi \geq 1$ (C5a)

1257 $\tilde{U}(\xi=1, s) = 1/s$ (C5b)

1258 $\tilde{U}(\xi \rightarrow \infty, s) = 0$ (C4d)

1259 $\left. \frac{\partial \tilde{U}}{\partial \xi} \right|_{\xi=\xi_b} = 0$ (C5c)

1260 Solving this differential equation we arrive at a set of auxiliary functions for the infinite

1261 and finite bed cases (equations (T2-3) and (T2-4), respectively, in Table 2).

1262 *Auxiliary Function for the E2M Profile.* Let U_1 and U_2 be solutions for the

1263 auxiliary function in the upper ($0 \leq x \leq \ell_m$) and lower ($x > \ell_m$) domains of the sediment bed,

1264 where the variable ℓ_m represents the depth at which the diffusivity profile transitions from

1265 exponentially declining to constant and equal to the tortuosity-modified molecular

1266 diffusion coefficient (see equation (7c)). The two mass conservation equations (equations

1267 (C6a) and (C6d)), initial conditions (equations (C6b) and (C6e)), and boundary conditions

1268 (equations (C6c) and (C6f)) for the two domains are as follows:

$$1269 \quad \frac{\partial U_1}{\partial \bar{t}} = \frac{\partial}{\partial \bar{x}} \left[e^{-\bar{x}} \frac{\partial U_1}{\partial \bar{x}} \right], \quad 0 \leq \bar{x} < \bar{\ell}_m \quad (C6a)$$

$$1270 \quad U_1(\bar{x}, \bar{t} = 0) = 0 \quad (C6b)$$

$$1271 \quad U_1(\bar{x} = 0, \bar{t}) = 1 \quad (C6c)$$

$$1272 \quad \frac{\partial U_2}{\partial \bar{t}} = \bar{D} \frac{\partial^2 U_2}{\partial \bar{x}'^2}, \quad \bar{x}' = \bar{x} - \bar{\ell}_m > 0 \quad (C6d)$$

$$1273 \quad U_2(\bar{x}', \bar{t} = 0) = 0 \quad (C6e)$$

$$1274 \quad U_2(\bar{x}' \rightarrow \infty, \bar{t}) = 0 \quad (C6f)$$

1275 For mathematical convenience, in the lower domain we have introduced a new coordinate
 1276 system centered on the interface between the two domains ($x' = x - \ell_m$). Following the
 1277 approach outlined by Carslaw and Jaeger (2011) for solving composite diffusion problems
 1278 (see pages 319-326), two interfacial matching conditions are also required, one to ensure
 1279 that the tracer concentration is equal on both sides of the interface (equation (C6g)) and the
 1280 other to ensure that there is no accumulation of tracer mass at the interface (equation (C6h)).

$$1281 \quad U_1(\bar{x} = a\ell_m, \tau) = U_2(\bar{x}' = 0, \tau) \quad (C6g)$$

$$1282 \quad \left. \frac{\partial U_1}{\partial \bar{x}} \right|_{\bar{x}=a\ell_m} = \left. \frac{\partial U_2}{\partial \bar{x}'} \right|_{\bar{x}'=0} \quad (C6h)$$

1283 Taking the Laplace transform of these equations leads to a set of differential equations that
 1284 are isomorphic to the E and C Profiles above. Therefore, their auxiliary solutions can be
 1285 adopted here, except that the four unknown integration constants must be obtained by
 1286 solving the system of algebraic equations formed when the two solutions are substituted
 1287 into the two boundary conditions (corresponding to the upper and lower sediment
 1288 boundaries, equations (C6c) and (C6f), and two interfacial matching conditions (equations

1289 (C6g) and (C6f)). While the overall solution is expressed as separate auxiliary functions
 1290 for the upper and lower-domains (equations (T2-5b) and (T2-5c) in Table 2) it is important
 1291 to note that, by virtue of the interfacial conditions (equations (C6g) and (C6f)), the
 1292 evolution of tracer concentration in the lower domain influences the evolution of tracer
 1293 concentration in the upper domain, and vice versa. Indeed, when these solutions are
 1294 coupled to tracer concentration in the water column through Duhamel's Theorem (the
 1295 overall system encodes multiple two-way feedbacks, between tracer concentrations in the
 1296 upper and lower domains of the sediment bed, and between tracer concentrations in the
 1297 sediment bed and the overlying water column.

1298 *Auxiliary Function for the C2E Profile.* Let U_1 and U_2 represent the auxiliary
 1299 functions in the upper ($x \leq \ell_t$) and lower ($x > \ell_t$) domains of the sediment bed, where $x = \ell_t$
 1300 represents the depth at which the diffusivity profile transitions from constant (equal to the
 1301 surface diffusivity $D_{\text{eff},0}$) to exponentially declining (equation (7d)). The two mass
 1302 conservation equations (equations (C7a) and (C7d)), initial conditions (equations (C7b)
 1303 and (C7e)), and boundary conditions (equations (C7c) and (C7f)), and interfacial
 1304 conditions (equations (C7g) and (C7f)) for the two domains are as follows:

$$1305 \quad \frac{\partial U_1}{\partial \bar{t}} = \frac{\partial^2 U_1}{\partial \bar{x}'^2}, \quad -\bar{\ell}_t < \bar{x}' < 0 \quad (\text{C7a})$$

$$1306 \quad U_1(\bar{x}', \bar{t} = 0) = 0 \quad (\text{C7b})$$

$$1307 \quad U_1(\bar{x}' = -\ell_t, \bar{t}) = 1 \quad (\text{C7c})$$

$$1308 \quad \frac{\partial U_2}{\partial \bar{t}} = \frac{\partial}{\partial \bar{x}'} \left[e^{-\bar{x}'} \frac{\partial U_2}{\partial \bar{x}'} \right], \quad \bar{x}' > 0 \quad (\text{C7d})$$

$$1309 \quad U_2(\bar{x}', \bar{t} = 0) = 0 \quad (\text{C7e})$$

$$1310 \quad U_2(\bar{x}' \rightarrow \infty, \bar{t}) = 0 \quad (C7f)$$

$$1311 \quad U_1(\bar{x}' = 0, \bar{t}) = U_2(\bar{x}' = 0, \bar{t}) \quad (C7g)$$

$$1312 \quad \left. \frac{\partial U_1}{\partial \bar{x}} \right|_{\bar{x}'=0} = \left. \frac{\partial U_2}{\partial \bar{x}'} \right|_{\bar{x}'=0} \quad (C7h)$$

1313 For convenience, we have centered the depth coordinate for both auxiliary
 1314 functions (equations (C7a) and (C7d)) on the interface between the two domains
 1315 ($x' = x - \ell_m$). Following the procedure outlined above for the E2M profile, we arrive at
 1316 Laplace-domain solutions for the auxiliary solutions for U_1 and U_2 are summarized in
 1317 **Table 2** (equations (T2-6b) and (T2-6c)).

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