

CD5 expressing CD8<sup>+</sup> T cell subsets differ between children with Type 1

Diabetes and controls

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**1 Abstract**

2 Different lymphocyte subsets are involved in autoimmune pathogenesis of Type 1 Diabetes  
3 (T1D). Previous studies suggested a role of CD5 expressing T and B cells including rare  
4 unconventional lymphocytes with combined T- and B-cell features (DE cells). We performed  
5 algorithm-supported multi-parameter flow cytometry and quantitative PCR to investigate  
6 immune cell subsets and DE cells in children with T1D (n=20) and matched controls (n=20).  
7 Comparisons of conventional immune cells detected increased proportions of CD3<sup>+</sup> T cells in  
8 T1D patients whereas CD19<sup>+</sup> B cell proportions were comparable to controls. Self-organizing  
9 maps for flow cytometry analyses (FlowSOM) showed highly similar CD5 expressing B-cell  
10 subsets and no differences for DE cells were detected between the study groups by flow  
11 cytometry or specific quantitative PCR. Notably, differences in CD8 positive T cells were  
12 indicated by FlowSOM and similarity-based tSNE analyses. Study group comparison confirmed  
13 significantly reduced CD8<sup>+</sup> T-cell proportions with moderate or low CD5 expression in T1D  
14 patients. Finally, *In vitro* experiments showed stable CD5 expression differences of CD8<sup>+</sup> T cells  
15 after T-cell activation, cytokine stimulation and culture.  
16 We observed differences of T-cell co-receptor CD5 expression in T1D patients with potential  
17 relevance for immune regulation of CD8<sup>+</sup> T-cell activation.

## 1 Introduction

2 CD5 is a membrane receptor expressed on the vast majority of T cells and a minor subset of B  
3 cells in humans. As part of the T-cell receptor signaling complex, CD5 is recruited to the  
4 immunological synapse and contributes to T-cell receptor signal regulation after activation (1).  
5 Whereas initial studies described co-stimulatory efficacy of CD5, more recent studies from  
6 animal models demonstrated inhibitory effects of CD5 on T-cell activation (2). CD5 is involved  
7 in the regulation of thymic lymphocyte selection (3) as well as mature T-cell functions  
8 including tolerance induction by dendritic cells (4) and activation induced cell death (5). A  
9 potential role of CD5<sup>+</sup> T cells in the pathogenesis of autoimmune diseases has been described  
10 (5; 6). In B cells, CD5 expression characterizes a subset with regulatory function (7). These IL-  
11 10 producing B cells play a crucial role in different autoimmune diseases including Type 1  
12 Diabetes (T1D) (8-10). B and T cells are involved in immune pathology of T1D and especially  
13 self-reactive T cells contribute to the destruction of insulin producing pancreatic  $\beta$ -cells.  
14 Insulin autoantigens are important targets in T1D and, recently, a non-conventional immune  
15 cell subset with both, T- and B-cell features, has been found in T1D patients (11). This cell type  
16 expresses CD19 together with CD5 and a unique IgD antibody coding for a superagonist  
17 clonotype recognized by insulin-specific T cells (11). Because of concomitant T-cell receptor  
18  $\alpha/\beta$  chain expression, these cells were termed 'dual expressing' (DE) cells and initial  
19 comparisons revealed higher DE cell proportions in T1D patients as compared to controls (11).  
20 Previous reports indicated distinct roles of CD5<sub>high</sub> or CD5<sub>low</sub> immune cell populations in  
21 immunopathologies and, hence, we investigated CD5 in combination with B- and T-cells  
22 markers in T1D patients and matched controls using algorithm supported multi-color flow  
23 cytometry and quantitative PCR. Multiple immune cell populations were compared between  
24 study groups and dimensionality reduction tools together with flowcytometry based self-  
25 organizing maps (FlowSOM) were applied to identify novel populations and differences in CD5  
26 expressing immune cell subsets.

## 1    **Methods**

### 2    **Donor Characteristics**

3    We recruited children with Type 1 Diabetes (T1D patients, n=20) and healthy children  
4    (Controls, n=20) at University Children's Hospital, Duesseldorf, Germany. Both study groups  
5    had similar distributions of age (T1D:  $11.9 \pm 2.8$ ; controls:  $11.7 \pm 5.1$ ) and sex (T1D: 50% males;  
6    controls: 55% males). T1D patients had a mean disease duration of 5.4 years ( $\pm 3.3$  years).  
7    Controls had a negative history for autoimmune and systemic autoinflammatory diseases. For  
8    *in vitro* experiments six healthy adult individuals were recruited. The present study was  
9    approved by the Ethical Committee of the Medical Faculty of Heinrich-Heine-University  
10    Duesseldorf, Germany (ID 2019-423). Written informed consent was received from legal  
11    guardians of all donors, and from donors if older than 14 years.

12

### 13    **Phenotyping of PBMC subset by flow cytometry**

14    Heparinized venous blood (10ml) was taken from each participant and PBMCs were isolated  
15    by density centrifugation (Ficoll, Biochrom, Berlin, Germany) according to manufacturer's  
16    instructions and stored in liquid nitrogen. 10 samples (5 from each study group) were  
17    concomitantly processed for phenotyping. PBMC were stained with antibodies against human  
18    CD3-PerCP-Cy5.5, CD4-BV510, CD5-PE-Cy7, CD8-V450, CD19-BV786, CD45RA-FITC, CD45RO-  
19    PE-CF594, IgD-APC, and TCR $\alpha/\beta$ -PE (all Biolegend). Fixable viability dye eFlour780 (Thermo  
20    Fisher Scientific) was applied to exclude dead cells. All samples were stained in triplicates.  
21    Measurements were performed on a LSR Fortessa flow cytometer (BD Biosciences). The  
22    investigator was blinded with regard to group allocation when measuring the samples.  
23    Data analysis has been performed using FlowJo software (version 10; Miltenyi Biotec). The  
24    following steps were performed for i) algorithm supported identification of cell populations  
25    (i.e. FlowSOM, see below), ii) complexity reduction tools (i.e. t-SNE, TriMap, see below), iii)

quantification of immune cell populations for individual donors. For gating strategy see Supplementary Figure 1. For combined analyses, viable cells were downsampled to 1.000 cells per donor using the Downsample v3.3 plugin for FlowJo and were concatenated to one sample per group. Complexity reduction was performed on all samples concomitantly whereas FlowSOM was done for each study group separately.

### **Complexity reduction tools: t-SNE and TriMAP analysis**

Both, t-distributed Stochastic Neighbor Embedding (t-SNE) and TriMap calculate two-dimensional depiction of multi-factorial similarity (12; 13). The proximity of cells is illustrated by their distances in the respective graphs. t-SNE calculations were performed as described (14). TriMap analysis was performed using the FlowJo TriMap 0.2 plugin downloaded from [www.flowjo.com/exchange/](http://www.flowjo.com/exchange/). Default settings were applied including the euclidean distance function, a number of ten nearest neighbours, and five outliers. Zebra and dot plots were generated for t-SNE and TriMap calculations.

### **FlowSOM algorithm**

After concatenation, cells from both study groups were separately gated and processed using the FlowSOM (Flow cytometry Self Organizing Maps) algorithm. The number of clusters was set to six (for B-cell subset analysis) or to seven (for T-cell subsets). The SOM grid was set to 7 x 7. All other parameters were left at manufacturer's default settings. For the second study group, we choose the option 'apply on map' of the first analyzed study group. Heat maps were generated for both study groups including all parameters.

### **Quantitative PCR analyses**

qPCR analyses have been done as described (15) using GAPDH as a housekeeping gene and the following primer pairs for the B-cell receptor variable  $\beta$ -chain (VDJ; forw.:TCCAAGAACCAGTTCTCCCTG; rev.:CTGGCCCCAGTAGTCAAAGTAG) and the DE cell complementary determining region (x-clonotype; forw.:TCCAAGAACCAGTTCTCCCTG; rev.:AGCTGTATCCTCCTGTCTCG) as described (11).

### ***In vitro* T-cell activation**

Cryopreserved PBMC were cultured in X-vivo15 medium (Lonza) supplemented with L-Glutamine (2mM, Sigma-Aldrich) and Penicillin/Streptomycin (50U/ml, Sigma-Aldrich) at a concentration of  $2 \times 10^5$  cells per round-bottom well and stimulated for 96h with CD3/CD28 dynabeads (0.2 $\mu$ l/well; Thermofisher), Interleukin-7 (IL-7, 10ng/ml, Sigma-Aldrich) or left unstimulated. Afterwards cells were stained with antibodies and measured by flow cytometry as described above.

### **Calculations and statistics**

Graph Pad Prism 9 (Version 9.0.0, GraphPad Software, La Jolla, CA) software was used for statistical analyses and preparation of graphs. Because of moderate study group sizes non-parametric distributions were assumed and the non-parametric Mann-Whitney U-test (two-tailed) was used for study group comparisons.

## 1 Results

2 Autoantigen specific CD19<sup>+</sup> B cells and CD3<sup>+</sup> T cells play central roles in T1D pathogenesis.  
 3 Hence, we initially compared total B- and T-cell proportions between the study groups.  
 4 Whereas frequencies of B cells showed no differences, we identified significantly higher T-cell  
 5 proportions in T1D patients as compared to controls (Figure 1a). Next, we characterized B-cell  
 6 subsets using a dimensional reduction tool for multi-factorial flow cytometry analyses (tSNEt)  
 7 of patients with T1D and matched controls (Figure 1a). CD19<sup>+</sup> B cells clustered in the same  
 8 region of tSNE graphs between the study groups (Figure 1b, upper plots) and also the  
 9 distribution of IgD expressing naïve B cells showed no obvious differences (Figure 1b, middle  
 10 plots). Moreover CD5, a marker of regulatory B cells, was expressed on comparable subsets  
 11 of T1D patients and controls (Figure 1b, lower plots). Next, we applied self organizing maps  
 12 software (FlowSOM) to identify subpopulations within CD19<sup>+</sup> cells on the basis flow cytometry  
 13 markers. Heat map depiction for a defined number of six populations (B<sub>0</sub> to B<sub>5</sub>) showed high  
 14 similarity between T1D patients and controls for all included markers (Figure 1c). To validate  
 15 this, we compared B-cell subset proportions between individuals from both study groups. No  
 16 differences in IgD<sup>+</sup> naïve/IgD<sup>+</sup> memory B cells were detected (Figure 1d) and CD5<sup>+</sup> or negative  
 17 B-cell proportions were comparable between T1D patients and controls (Figure 1e). These  
 18 results did not suggest differences in CD19<sup>+</sup>/CD5<sup>+</sup> B-cell proportions between T1D patients  
 19 and controls. Next, DE cells (CD19<sup>+</sup>/CD5<sup>+</sup>/IgD<sup>+</sup>/TCRαβ<sup>+</sup>) were analyzed (for gating strategy see  
 20 Supplementary Figure 1). We detected DE cells at generally low proportions but no differences  
 21 between T1D patients and controls (Figure 1f). Quantitative PCR analyses of DE-specific  
 22 clonotypic IgD receptor (i.e. complementary determining region, CDR3) and for the described  
 23 variable (VDJ) heavy chain (11) found a tendency of higher VDJ region expression in T1D  
 24 patients but no differences for the clonotype CDR3 between the study groups (Figure 1g).

CD5 is also expressed on the majority of T cells and we detected significant higher T-cell proportions in T1D patients (Figure 1a). Therefore, we next performed FlowSOM analysis to compare T-cell subsets based on the expression of multiple markers (Figure 2a). Three T-cell subsets CD4<sup>+</sup>, CD8<sup>+</sup>, and double-negative (DN; CD3<sup>+</sup>/CD4<sup>-</sup>/CD8<sup>-</sup>) T cells were classified. Interestingly, only CD8<sup>+</sup> T cells showed differences in marker expression pattern between the study groups (Figure 2a). Two of three CD8<sup>+</sup> subsets showed typical features of naïve and memory T cells, respectively. The third subset, however, had intermediate CD45RA and low CD45RO expression and showed differences in CD5 expression levels between the study groups (Figure 2a). The heatmap indicated low CD5 expression of this CD8<sup>+</sup> T-cell subset in controls whereas medium CD5 expression characterized this subset in children with T1D.

To further analyze CD8<sup>+</sup> with differential CD5 expression, we applied TriMAP, an efficient diversity reduction algorithm that depicts cell phenotype similarities based on two calculated parameters (see Methods). Concatenated data sets (combined for all individuals within each study group) were applied. Highlighted CD8<sup>+</sup> CD5<sub>high</sub> and CD5<sub>low</sub> T-cell subsets in zebra plots suggested differences in CD8<sup>+</sup>/CD5<sub>low</sub> cells between the study groups (Figure 2b). Proportional differences were confirmed by gating of CD8<sup>+</sup> T cells with CD5<sub>low</sub>, CD5<sub>medium</sub> and CD5<sub>high</sub> expression (Figure 2c). CD5<sub>low</sub> and CD5<sub>medium</sub> CD8<sup>+</sup> T cells were more frequent in controls whereas CD5<sub>high</sub> CD8<sup>+</sup> T cells were more frequent in T1D patients (Figure 2c). We next compared CD8/CD5 T-cell subset between individual donors from both study groups (Figure 2d). Analyses confirmed the algorithm prediction and detected significantly lower CD5<sub>medium</sub> and CD5<sub>low</sub> CD8<sup>+</sup> T-cell proportions in T1D patients as compared to controls whereas CD5<sub>high</sub> cells were more frequent in T1D patients (Figure 2d).

We detected low or medium CD5 expression on subsets of CD8<sup>+</sup> T cells predominantly in controls. To address the question if these subsets are functional T cells, we performed *in vitro* stimulation of T cells from six healthy adult donors (HC1 – HC6). *Ex vivo* T-cell phenotyping



1 detected variable proportions of CD8<sup>+</sup> subsets with differential CD5 expression in individual  
2 donors (Figure 3a; upper panel). Notably, after culture for 96h, proportions of CD5<sub>low</sub>,  
3 CD5<sub>medium</sub>, and CD5<sub>high</sub> CD8<sup>+</sup> T cells hardly changed and donors with relatively high proportions  
4 of CD5<sub>medium</sub> (i. e. HC3, HC5) or CD5<sub>low</sub> (i. e. HC3, HC6) cells still showed a similar pattern (Figure  
5 3a; upper panel). Since dead cells were excluded from analyses, these results indicated that  
6 CD5<sub>medium</sub> and CD5<sub>low</sub> CD8<sup>+</sup> T cells survived *in vitro* culture. Finally, we added T-cell activator  
7 (CD3/CD28-coated beads) and/or the T-cell survival factor Interleukin-7 (IL-7) to culture  
8 samples. Both, IL-7 and the T-cell activator, strongly induced proliferation and T-cell blasting  
9 (data not shown) but CD5<sub>low</sub> and CD5<sub>medium</sub> CD8<sup>+</sup> T cells were still detectable after 96h (Figure  
10 3b). The sample number was too small to detect significant differences between the  
11 conditions, however, especially in donors with high CD5<sub>medium</sub> and CD5<sub>low</sub> proportions these  
12 subsets tended to decrease during T-cell stimulation and also in the presence of IL-7 (Figure  
13 3b).

## 1 Discussion

2 We applied a powerful approach including a combination of multi-parameter flow cytometry,  
3 dimensionality reduction tools and self-organizing maps to compare immune cell  
4 subpopulations between T1D patients and controls. This way, we identified CD8<sup>+</sup> T-cell subsets  
5 characterized by differential CD5 expression and proportional differences between the study  
6 groups. Decreased CD5 expression of CD8<sup>+</sup> T cells has been described before and was  
7 associated with aberrant T-cell activation e. g. under inflammatory conditions (16). This was  
8 in accordance with the described role of CD5 as co-inhibitory receptor (1). Others described  
9 an important role of CD5 in the induction of activation-induced apoptosis (5). This group  
10 demonstrated that CD5 knock-out prevented the development of experimental autoimmune  
11 encephalomyelitis (EAE), the animal model of multiple sclerosis (5; 6). Here, we show that low  
12 CD5 is found on a subset of CD8<sup>+</sup> T cells in healthy individuals. Interestingly, animal knock-  
13 down experiments suggested a role of CD5 during physiological selection of natural regulatory  
14 T cells (nTregs) in the thymus (17). In the absence of CD5 increased proportions of fully  
15 functional mature nTregs were found suggesting nTregs independency from CD5 mediated  
16 co-stimulation (17). Moreover, CD5 signalling was shown to inhibit Treg function (18). Given  
17 the fact that CD5<sub>low</sub> and CD5<sub>medium</sub> CD8<sup>+</sup> T cells are rare in T1D, one may speculate about a  
18 protective – potential regulatory – role of these CD8<sup>+</sup> T cells against T1D as described for EAE  
19 (19). In this regard efforts to treat T1D patients with anti-CD5 drugs (2) may preferentially  
20 deplete effector T cells but not Tregs. A combination of Treg supporting treatment strategies  
21 (e. g. low-dose IL-2) with CD5 depleting drugs could therefore be a favourable approach.  
22 Future studies will have to characterize the underlying mechanism of decreased CD5  
23 expression of CD8<sup>+</sup> T cells.

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3 study.

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## 1    **Legends to figures**

2    **Figure 1: B-cell subset and DE-cell distribution in T1D patients and controls.** Immune cell  
 3    phenotyping of peripheral blood by flow cytometry is shown as violin plots for CD3<sup>+</sup> T cells  
 4    and CD19<sup>+</sup> B cells. B-cell subtyping is depicted as comparison of individual donors (violin plots;  
 5    **d, e, f, g**), t-SNE similarity plots (**b**), and FlowSOM heatmaps (**c**). t-SNE plots are generated  
 6    using a concatenated data set from viable cell subsets of all individuals (down-sampled 1000  
 7    cells per donor sample; triplicate measures per donor were performed). Each dot represents  
 8    a cell and proximity of dots is a measure of similarity. CD19<sup>+</sup> as well as CD19<sup>+</sup>/IgD<sup>+</sup> and  
 9    CD19<sup>+</sup>/CD5<sup>+</sup> are highlighted by indicated colors (**b**). FlowSOM analyses were performed using  
 10    gated CD19<sup>+</sup> B cells of T1D patients and control children separately after concatenation. Six  
 11    clusters were chosen arbitrarily and respective clusters (B<sub>0</sub> to B<sub>5</sub>) are shown for both study  
 12    groups (**c**). (**a, d, e, f, g**) Violin plots indicate median, 25-, and 75-percentile values as dotted  
 13    or dashed lines. (**g**) DE cell B-cell receptor (VDJ) and clonotype (CDR3) specific quantitative  
 14    PCR results are shown for both study groups as violin plots. The two-tailed Mann Whitney U-  
 15    test was performed and nominal p-values are given if comparisons are significant or show a  
 16    trend. 20 T1D patients and 20 controls were included and triplicate measures were  
 17    performed.

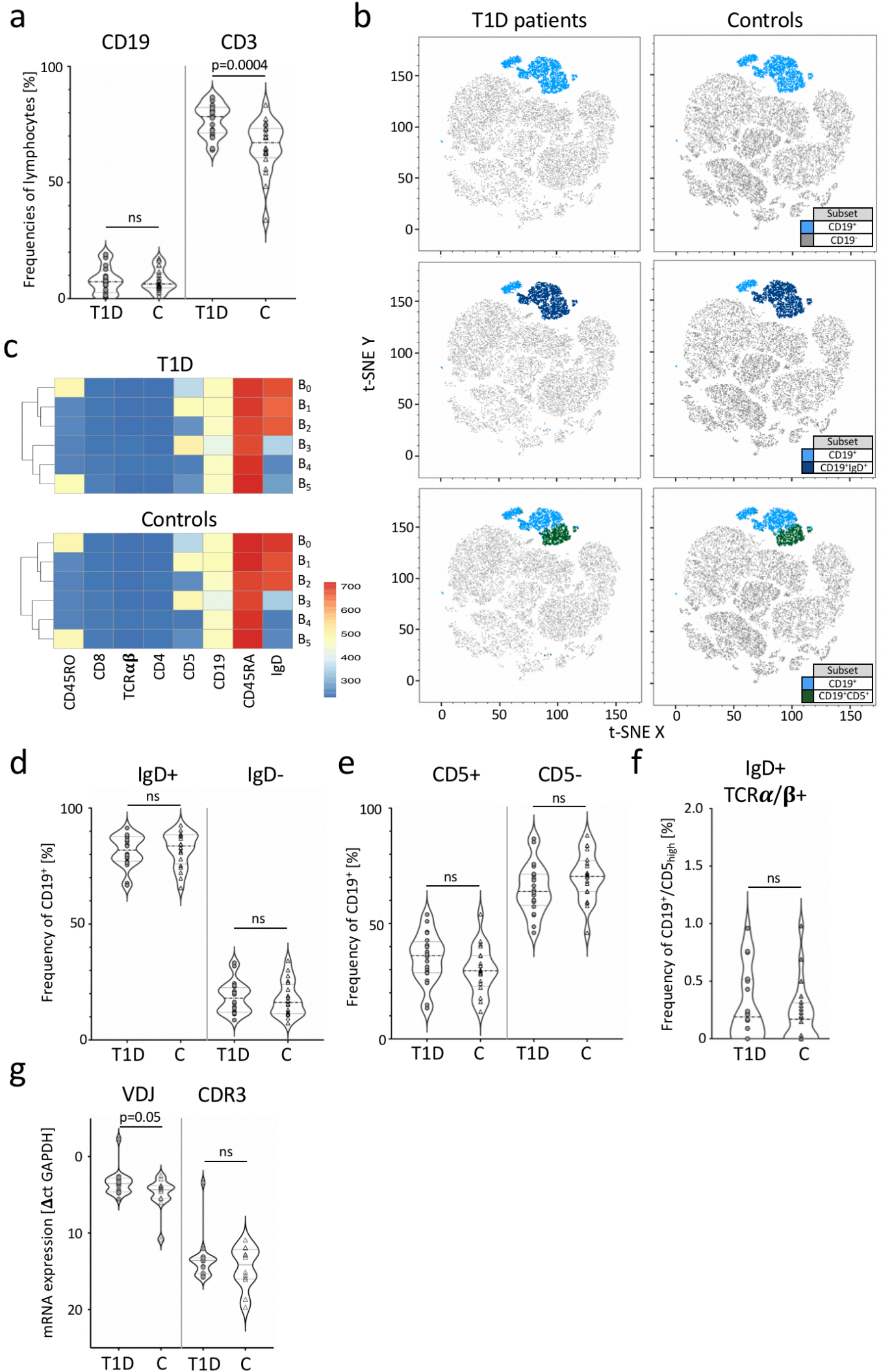
18  
 19    **Figure 2: CD8<sup>+</sup> T-cells with differential coexpression of CD5 in T1D patients and controls.** Flow  
 20    cytometry phenotyping of T-cell subpopulations and analysis by FlowSOM (**a**), TriMAP (**b**),  
 21    concatenate plots (**c**), and violin graphs of T1D patients and control (**d**) are shown. (**a**)  
 22    FlowSOM analyses were performed using gated CD3<sup>+</sup> T cells of T1D patients and control  
 23    children separately after concatenation. Seven clusters were chosen arbitrarily and respective  
 24    CD4<sup>+</sup>, CD8<sup>+</sup> and CD4<sup>-</sup>/CD8<sup>-</sup> (double-negative, DN) clusters are shown for both study groups. (**b**)  
 25    TriMap zebra plots (including outliers) are generated using a concatenated data set from

1 viable CD3<sup>+</sup> T-cell subsets of all individuals (down-sampled 1000 cells per donor sample;  
 2 triplicate measures per donor were performed). CD8<sup>+</sup>/CD5<sub>low</sub> and CD8<sup>+</sup>/CD5<sub>high</sub> T cells (see  
 3 gating in c) are highlighted. (c) Gated CD8<sup>+</sup> T cells from concatenated CD3<sup>+</sup> T cells are shown  
 4 as smooth density plots including outliers with CD5 expression indicated on the x-axis. Gates  
 5 were arbitrarily set for CD5<sub>low</sub>, CD5<sub>medium</sub> and CD5<sub>high</sub> subset. Respective proportions within  
 6 concatenated CD8<sup>+</sup> T cells are shown for both study groups. (d) Violin plots indicate median,  
 7 25- and 75-percentile values as dotted lines. Nominal p-values of the two-tailed Mann  
 8 Whitney U-test are given. 20 T1D patients and 20 controls were included and triplicate  
 9 measures were performed.

10  
 11 **Figure 3: CD8<sup>+</sup> T-cell proportions with differential CD5 expression are stable in culture and**  
 12 **detectable after in vitro T-cell stimulation for 96h.** Flow cytometry analyses of CD8<sup>+</sup> CD5<sub>low</sub>  
 13 CD5<sub>medium</sub>, and CD5<sub>high</sub> T-cell subsets *ex vivo* and after 96h *in vitro* culture (a) with and without  
 14 T-cell activation and/or IL-7 stimulation (b). (a) Pie charts depict proportional distribution of  
 15 CD8<sup>+</sup> T-cell subsets for six healthy donors (HC1 – HC6) *ex vivo* and after 96h *in vitro*. (b)  
 16 Connected symbol graphs show individual donor proportions of CD5<sub>low</sub> (upper panel),  
 17 CD5<sub>medium</sub> (middle panel), and CD5<sub>high</sub> (lower panel) CD8<sup>+</sup> for 96h *in vitro* non-stimulated vs. IL-  
 18 7, T-cell activator (CD3/CD28), or combined stimulated samples. Triplicate measures were  
 19 performed for any condition.



# Figure 1



# Figure 2

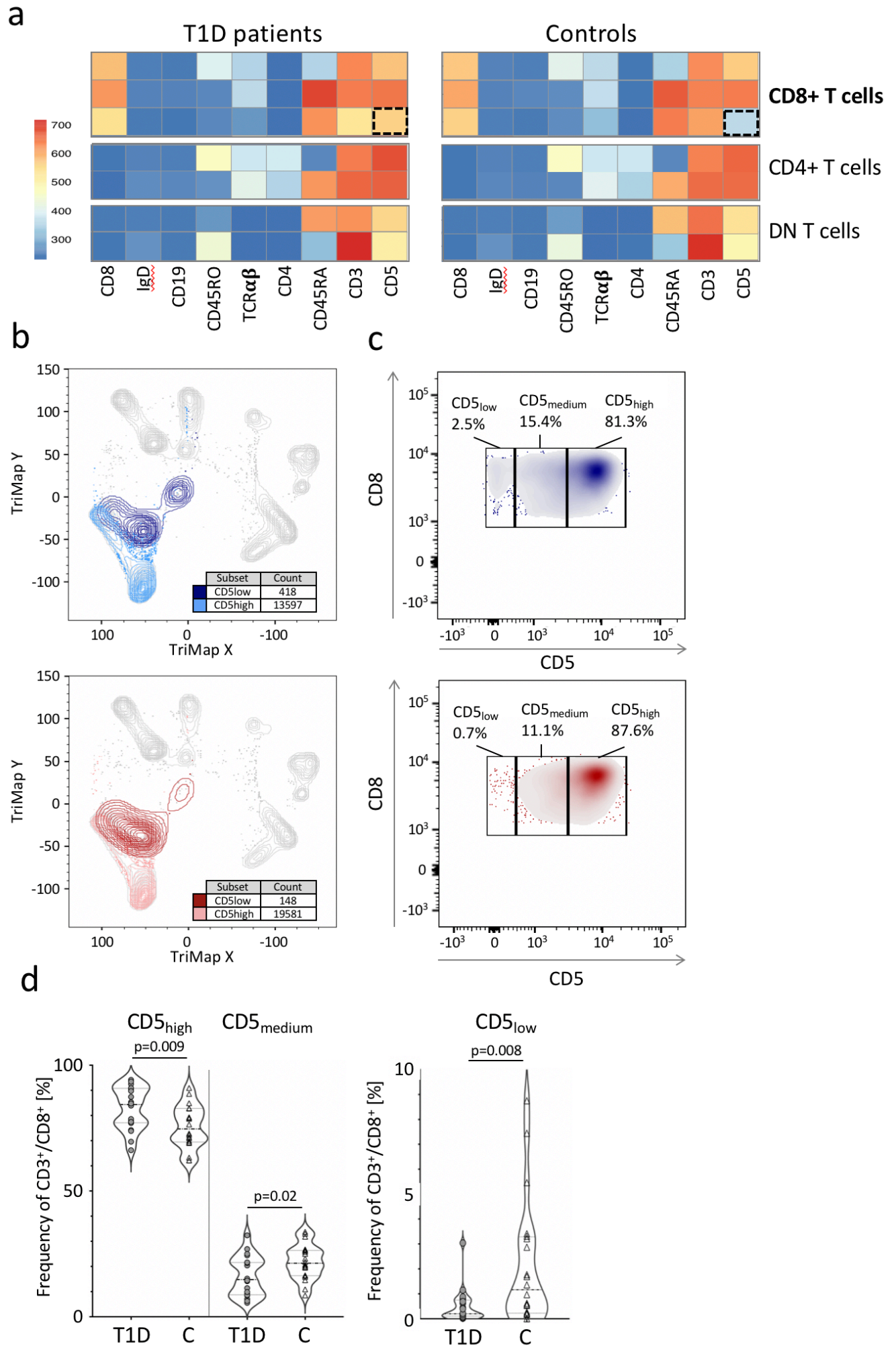




Figure 3

