

Outcomes	Starting Grade	Risk of Bias	Imprecision	Indirectness	Inconsistency	Publication Bias	Large Effect	Dose Response	Confounding factors	Final Grade	Quality of Evidence
Success Rate	4	-1	0	0	-1	0	0	0	0	2	LOW
Pain	2	-1	0	-1	0	0	0	0	0	1	VERY LOW
Dysgeusia	4	-1	0	-1	-1	0	0	0	0	1	VERY LOW
Dizziness	2	-1	0	-1	0	0	0	0	0	1	VERY LOW

Table VI. Quality assessment of the overall evidence according to the GRADE recommendations.  
Footnote: Starting grade was 4 in outcomes where a RCT was included in the studies. Starting grade was 2 for outcomes where only observational studies where included.