

<b>Outcomes</b>	<b>Starting Grade</b>	<b>Risk of Bias</b>	<b>Imprecision</b>	<b>Indirectness</b>	<b>Inconsistency</b>	<b>Publication Bias</b>	<b>Large Effect</b>	<b>Dose Response</b>	<b>Confounding factors</b>	<b>Final Grade</b>	<b>Quality of Evidence</b>
<b>Success Rate</b>	4	-1	0	0	-1	0	0	0	0	2	LOW
<b>Pain</b>	2	-1	0	-1	0	0	0	0	0	1	VERY LOW
<b>Dysgeusia</b>	4	-1	0	-1	-1	0	0	0	0	1	VERY LOW
<b>Dizziness</b>	2	-1	0	-1	0	0	0	0	0	1	VERY LOW

Table VI. Quality assessment of the overall evidence according to the GRADE recommendations.

Footnote: Starting grade was 4 in outcomes where a RCT was included in the studies. Starting grade was 2 for outcomes where only observational studies were included.