

TABLE 4 The Australian Child and Adolescent Recommended Food Score outcomes

ACARFS component (maximum score)	Study group		Significance	
	Cancer (n=65)	Control (n=80)		P value
	Adjusted mean* (SE)	Adjusted mean* (SE)		
Overall diet quality score (72)	32.253 (1.369)	34.825 (1.120)	<i>t</i> -2.226	0.028*
Vegetables (21)	10.950 (0.631)	11.617 (0.581)	<i>z</i> -1.840	0.066
Fruit (12)	6.258 (0.427)	7.174 (0.349)	<i>z</i> -1.760	0.078
Protein foods- meat/fish (7)	2.142 (0.140)	2.197 (0.161)	<i>z</i> -0.809	0.419
Protein foods- alternatives (6)	1.838 (1.75)	1.629 (0.162)	<i>z</i> -0.840	0.401
Grains, breads and cereals (13)	5.341 (2.81)	6.062 (0.249)	<i>z</i> -1.590	0.112
Dairy (11)	4.477 (0.272)	4.743 (0.252)	<i>z</i> -1.602	0.109
Water (1)	0.370 (0.71)	0.488 (0.067)	<i>z</i> -0.222	0.824
Extras (2)	1.096 (0.105)	1.007 (0.100)	<i>z</i> -0.864	0.388

Z = covariance analysis for age and gender