

TABLE 3 Proportion (%) of energy from core and non-core foods for participants.

Proportion (%) of energy from core foods	Study group		Statistic	
	Cancer, Mean (SD)	Control, Mean (SD)		P value
Vegetables	5.6 (3.7)	6.06 (3.1)	Z=-1.387	0.165
Fruit	9.6 (7.1)	10.09 (6.2)	Z =-0.355	0.723
Protein foods -meat	10.4 (5.6)	11.01 (4.8)	Z= -0.960	0.337
Protein foods- meat alternatives	3.3 (3.2)	3.1 (3.1)	Z= -1.039	0.299
Grains	20.2 (7.2)	20.61 (6.9)	Z= -0.354	0.723
Dairy	18.1 (11.1)	18.99 (10.3)	Z= -0.719	0.472
Condiments – spreads and sauces	1.8 (1.2)	2.23 (1.8)	Z =-1.009	0.313
Breakfast cereal	6.1 (4.5)	6.96 (5.0)	Z =-1.294	0.196
Proportion of energy from meals with vegetables	6.7 (4.9)	6.84 (4.1)	Z= -0.710	0.478
Proportion of energy from meals without vegetables	1.8 (2.2)	1.4(1.8)	Z =-1.187	0.235
Total core foods	65.9 (12.2)	67.95 (12.85)	t =1.070	0.287
Proportion (%) of energy from non-core foods				
Sweetened drinks	4.05 (4.5)	2.61 (4.1)	Z =-1.978	0.048*
Packaged snacks	4.54 (4.1)	3.56 (3.2)	Z =-0.760	0.447
Confectionary	6.11 (4.7)	6.15 (4.7)	Z =-0.086	0.932
Baked products	6.43 (4.1)	6.26 (3.8)	Z =-0.339	0.734
Take away foods	7.37 (3.4)	6.78 (3.9)	Z =-1.227	0.220
Fatty meats	1.62 (1.1)	1.98 (1.2)	Z =-1.770	0.077
Total non-core foods	34 (12.6)	32.05 (12.8)	t =1.681	0.095

Z = covariance analysis for age and gender