

**Alternative migratory tactics in brown trout (*Salmo trutta*) are
underpinned by divergent regulation of metabolic but not neurological
genes**

Robert Wynne^{1,2}, Louise C. Archer^{1,2}, Stephen A. Hutton^{1,2}, Luke Harman^{1,2}, Patrick Gargan³,
Peter A. Moran^{1,2,4}, Eileen Dillane^{1,2}, Jamie Coughlan^{1,2}, Thomas F. Cross^{1,2}, Philip
McGinnity^{1,2,5}, Thomas J. Colgan^{1,2,6†*} and Thomas E. Reed^{1,2†}

¹ School of Biological, Earth and Environmental Sciences, University College Cork,
Distillery Fields, North Mall, Cork, T23 N73K, Ireland.

² Environmental Research Institute, University College Cork, Lee Road, Cork, Ireland.

³ Inland Fisheries Ireland, 3044 Lake Drive, Citywest Business Campus, Dublin, D24 Y265,
Ireland.

⁴ Present address: Department of Ecological Science - Animal Ecology, Vrije Universiteit
Amsterdam, The Netherlands.

⁵ Marine Institute, Furnace, Newport, Co. Mayo, Ireland.

⁶ Present address: Institute of Organismic and Molecular Evolution, Johannes Gutenberg
University Mainz, Mainz, Germany.

† Shared senior authorship

* Corresponding author - Thomas J. Colgan (joe.colgan@ucc.ie)

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Abstract

The occurrence of alternative morphs within populations is common but the underlying molecular mechanisms remain poorly understood. Many animals, for example, exhibit facultative migration, where two or more alternative migratory tactics (AMTs) coexist within populations. In certain salmonid species, some individuals remain in natal rivers all their lives, whilst others (in particular, females) migrate to sea for a period of marine growth. Here we performed transcriptional profiling (“RNA-seq”) of the brain and liver of male and female brown trout to understand the genes and processes that differentiate migratory and residency morphs (AMT-associated genes) and how they may differ in expression between the sexes. We found tissue-specific differences with greater number of genes expressed differentially in the liver ($n = 867$ genes) compared to the brain ($n = 10$) between the morphs. Genes with increased expression in resident livers were enriched for Gene Ontology terms associated with metabolic processes, highlighting key molecular-genetic pathways underlying the energetic requirements associated with divergent migratory tactics. In contrast, smolt-biased genes were enriched for biological processes such as response to cytokines, suggestive of possible immune function differences between smolts and residents. Finally, we identified evidence of sex-biased gene expression for AMT-associated genes in the liver ($n = 18$) but not the brain. Collectively, our results provide insights into tissue-specific gene expression underlying the production of alternative life-histories within and between the sexes, and point towards a key role for metabolic processes in the liver in mediating divergent physiological trajectories of migrants versus residents.

Keywords: alternative life histories, phenotypic plasticity, salmonids, smoltification, sex bias

Introduction

Discrete phenotypic variation, where individuals from the same population develop into two or more morphs, is common in nature (Roff, 1996; Chevin and Lande, 2013). Developmental switches between alternative phenotypes, such as males versus females (Van Dooren and Leimar, 2003), insect castes (Schwander *et al.*, 2010), trophic polymorphisms (Skulason and Smith, 1995), colour polymorphisms (Roulin, 2004), horn polyphenisms (Moczek and Nijhout, 2002) or mating types (Brockmann and Taborsky, 2008; Schunter *et al.* 2014) can reflect genetic or environmental determination, or some interaction between the two (Roff, 1996; Tomkins and Hazel, 2007; Chevin and Lande, 2013). Recent technical advances in genomics and bioinformatics (Alvarez, Schrey and Richards, 2015; Todd, Black and Gemmell, 2016) allow for novel insights into the molecular mechanisms and developmental plasticity underpinning the production of alternative phenotypes (Smith-Gill, 1983; West-Eberhard, 2003).

Alternative migratory tactics (AMTs), where both migratory and resident individuals coexist within a population (also known as partial, or facultative, migration), represent a particularly interesting type of discrete phenotypic variation that occurs in all major vertebrate groups and many invertebrates (Chapman *et al.*, 2011). The adoption of AMTs is triggered by environmental cues in interaction with genetically-inherited thresholds, with various selective mechanisms involved in the maintenance of AMTs and associated phenotypic variation across time and space (Tomkins and Hazel, 2007; Pulido, 2011; Buoro, Gimenez and Prévost, 2012). Anthropogenic influences can also drive rapid shifts in AMT frequencies via microevolution or phenotypic plasticity (Pulido, 2007; Thériault *et al.*, 2008; McCleave and Edeline, 2009; Phillis *et al.*, 2016), hence understanding the proximate and ultimate drivers of migration versus residency is a topic of increasing conservation and management relevance (Railsback, Harvey and White, 2014).

Diadromous migrations between fresh and saltwater habitats occur in many fishes (McDowall, 1997), which, on top of the rigours of migration itself, involve the added challenge of coping with transitions between different osmotic environments. For example, salmonid fishes (salmon, trout, charr and relatives) often undertake anadromous migrations between freshwater spawning and marine feeding habitats. Species, populations and individuals vary markedly in rates of anadromy, as well as in the spatial extent and duration of marine migrations (Klemetsen *et al.*, 2003; Quinn and Myers, 2004). In populations where both anadromous and resident individuals occur, they freely interbreed and offspring inherit a propensity for one or other tactic as a polygenic threshold trait (Dodson *et al.*, 2013; Sloat *et al.*, 2014; Kendall *et al.*, 2015; Ferguson *et al.*, 2019). The benefits of anadromy, which include enhanced growth in the marine environment and avoidance of seasonally harsh freshwater conditions, are finely balanced against the costs, which include increased energetic expenditure, potentially greater mortality risks and less scope for early maturation (Hendry and Stearns, 2004; Pavlov and Savvaitova, 2008; Curry *et al.*, 2010; Dodson *et al.*, 2013; Sloat and Reeves, 2014; Kendall *et al.*, 2015; Ferguson, 2017; Ferguson *et al.*, 2019; Nevoux *et al.*, 2019). The life-history trade-offs involved also vary between the sexes, with females typically gaining more in reproductive success terms from the larger potential body sizes afforded by marine feeding. Females are thus more likely to adopt an anadromy tactic and males tend to retain a residency tactic, with males also exhibiting a broader range of ages and sizes at first reproduction (Jonsson and Jonsson, 1993).

Many genes are likely involved in the initial decision to adopt a migratory instead of a residency tactic (Hecht *et al.*, 2013, 2015), potentially including some major effect loci (reviewed by Ferguson *et al.*, 2019). Studies on rainbow/steelhead trout (*Oncorhynchus mykiss*), for example, have identified a migration-associated region (MAR) on chromosome *Omy5* that might harbour a “master control switch” for AMTs (Nichols *et al.*, 2008; Leitwein, Garza and

Pearse, 2016; Pearse and Campbell, 2018; Arostegui *et al.*, 2019; Kelson *et al.*, 2019). This MAR involves a 55-Mb double-inversion that acts as a “supergene” controlling sex-specific migratory tendencies via sex-dependent dominance (Pearse *et al.*, 2019). Once an individual has “committed” to a particular AMT – a decision which might occur months or even years in advance of actual migration, depending on the species – a series of molecular changes are set in motion that channel residents and (future) migrants along divergent developmental trajectories. Migrants and residents can only be differentiated externally at the smoltification stage, when migrants undergo morphological and physiological transformations in preparation for transition to the marine environment. However, internal differences in patterns of energy acquisition and allocation to competing functions, such as metabolism, growth and lipid storage, are apparent much earlier in the life history (reviewed in Dodson *et al.*, 2013; Ferguson *et al.*, 2019).

Complex gene regulatory mechanisms, perhaps involving one or more master regulators (Aubin-Horth, Letcher and Hofmann, 2009) and a series of epigenetic modifications (Baerwald *et al.*, 2016), likely control this phenotypic divergence. Theory on the evolution of developmental plasticity indeed suggests that morph-specific gene expression can decouple developmental pathways and reduce pleiotropic correlations among traits expressed in each morph (Snell-Rood *et al.*, 2010). For example, in *O. mykiss*, differential gene expression between migrant and resident offspring is evident in the brain a full year before smoltification (McKinney *et al.*, 2015). As smoltification approaches, migrants undergo phenotypic “remodelling”, including changes in body shape and colour, behavioural changes and hormonal plus enzyme alterations (McCormick, 2012) that are underpinned by transcriptomic differences (Aykanat, Thrower and Heath, 2011; Sutherland *et al.*, 2014; Houde *et al.*, 2019). Complex genetic networks are involved that might include clusters of genes on particular chromosomes, e.g. *Omy12* in *O. mykiss* (Hecht *et al.*, 2012, 2013). Environmental-dependent methylation

changes might also play a regulatory role in seawater acclimation of smolts (Morán *et al.*, 2013). Residents, in contrast, increasingly allocate more energy and resources to maturation processes, with males in particular often maturing earlier than (resident or anadromous) females (Jonsson and Jonsson, 1993; McMillan *et al.*, 2012; Archer *et al.*, 2019, 2020).

Here we use RNA sequencing (“RNA-seq”) to explore differential gene expression between migrant and resident brown trout (*Salmo trutta*), a species exhibiting facultative anadromy as well as flexible freshwater migration strategies (Ferguson, 2017; Ferguson *et al.*, 2019; Nevoux *et al.*, 2019). Previous studies of AMTs in salmonids have focussed on the brain as a key organ that might regulate divergent phenotypic trajectories by integrating internal and external signals, and found differential expression in genes associated with metabolism, morphology, olfactory imprinting, osmoregulation and sexual maturation (McKinney *et al.*, 2015; Hale *et al.*, 2016, 2018). In brown trout, genomic studies have found loci associated with variation in the distance of migration (Lemopoulos *et al.*, 2018, 2019), while previous transcriptomic work using cDNA microarrays using a restricted number of genes identified gene expression differences in the liver associated with migratory versus sedentary lifestyles (Giger *et al.*, 2006; 2008). We therefore focussed on the liver and brain as candidate organs mediating AMTs and smoltification processes in brown trout. Our first objective was to identify genes that are differentially expressed between individuals classified as immature smolts (anadromous migratory tactic) or mature non-smolts (residents, i.e. freshwater maturation tactic), here defined as putative “AMT-associated genes”, and to distinguish these from genes that are differentially expressed as a result of the general stress of a transition from fresh to salt water. Second, we examined whether putative AMT-associated genes demonstrated conserved or tissue-specific expression profiles. Lastly, we asked whether genes differentially expressed between smolts and residents were also differentially expressed between males and females, given their divergent phenotypic trajectories with respect to migration.

Materials and Methods

Laboratory rearing of fish

Fish in our study were reared from the egg stage in a controlled laboratory environment as part of a broader study on genetic and environmental drivers of facultative anadromy (Archer *et al.*, 2019, 2020). Here, we sampled fish from a single population background and environment-of-rearing (i.e., single rearing tank, see Archer *et al.*, 2019, 2020 for full details on fish husbandry) to avoid confounding effects in the gene expression data.

The fish were offspring of wild-born parents caught in November 2015 in Tawnyard Lough, a small upland lake in the western reaches of the Erriff catchment in the west of Ireland (53° 37' 0.00" N; 09° 40' 17.10" W). The lake is fed primarily by the Glendavoch river, within which there is extensive suitable spawning habitat for *Salmo trutta*, along with a series of smaller spawning tributaries. Tawnyard Lough produces a large run of anadromous smolts annually (Gargan *et al.*, 2016) but some juveniles remain within the lake and never go to sea, instead maturing in freshwater. It was not possible to distinguish clearly whether the wild-born parents in our study had been to sea or not, but the Tawnyard population, in general, shows high rates of anadromy (Gargan *et al.*, 2016; Archer *et al.*, 2019, 2020). Thus, we expected a genetic predisposition towards high rates of smolting in our tank-reared fish, but also for some individuals to adopt a freshwater maturation (residency) tactic.

Determination of smolt status

Over 22 months of tank rearing, the fish were routinely assessed for morphological indicators of smoltification, following the criteria of Tanguy *et al.*, (1994). Smolts undergo a change in colouration from dark to silvered flanks, lose colour in the fins and lose their parr marks (the dark traverse bands on the side of young salmonids). They also have pronounced lateral lines and a more fusiform body shape than parr. Sixteen putative smolts were thus identified in early

summer 2018 (at age 2+). Such morphological indicators are not always a reliable guide to saltwater tolerance capabilities in this highly phenotypically variable species (Klemetsen, 2013). We, therefore, subjected our putative smolts to a saltwater tolerance test to assess their hypo-osmoregulation capacities. Fifteen putative residents (fish showing no outward signs of smolting) were also subjected to the same saltwater tolerance test, to confirm their non-smolt status.

The trials involved transferring fish from their freshwater tank into another tank at a salinity of 30 parts per thousand (ppt) for 24-hours, a period sufficient to induce hypo-osmoregulation in euryhaline species (Schultz and McCormick, 2012), and then measuring their plasma chloride levels. Low plasma chloride concentrations indicate physiological tolerance to salt water (full details provided in Archer *et al.* 2019, 2020). A salinity of 30 ppt was used rather than full oceanic salinity (35-40 ppt) to minimise unnecessary stress on the fish, and also because wild brown trout often spend large amounts of time in estuaries during seaward migration (Ferguson *et al.*, 2019; Nevoux *et al.*, 2019). Immediately after 24-hr saltwater exposure, the fish were euthanized with an overdose of Tricaine mesylate (MS-222) and a blood sample was collected from the caudal vein using a 21 G needle and a 2.6 ml heparinized syringe. Blood samples were transferred to 2 ml Eppendorf tubes and centrifuged at 8,000 rpm for 3 min to separate the plasma from the erythrocytes and other cellular components. The plasma supernatant was then siphoned off via pipette into a new 1ml Eppendorf tube and stored at -80°C before being measured for plasma chloride concentration (mmol/L) by coulometric titration using a Jenway PCLM3 chloride meter (FishVet Group, Oranmore, Ireland).

Given their expected poorer hypo-osmoregulatory abilities, residents were expected to experience higher stress levels than smolts as a result of this acute exposure to saltwater. Thus, comparing gene expression differences between smolts and residents after saltwater testing might confound life history (AMT) differences with stress differences (Fig. 1). To explore this,

we also sampled (see below) an additional group of residents ($n = 9$) who were not subjected to the saltwater challenge but remained within their original freshwater tank and hence experienced similar, or slightly lower, stress levels than the smolts (who might have experienced mild osmotic stress during the saltwater trial).

Fish from all three groups (putative smolts exposed to salt water, putative residents exposed to salt water, putative residents not exposed to salt water) were terminally sampled in early summer 2018 and dissected to determine maturation status and extract liver and brain tissue for transcriptional profiling. Before tissue extraction, every fish was measured for fork length (to the nearest mm) and weight (to the nearest g) and a small section of tail fin tissue was removed using a sterilized scalpel and stored in 100% ethanol for subsequent DNA analysis (to determine genotypic sex, see below). Each dissection session took place at the same time each morning in an attempt to minimise among-individual variation in gene expression related to circadian rhythms. Visual gonad inspections were performed first and then whole brains and livers were removed and transferred into individual sterile 2ml Eppendorf tubes containing 1ml of RNALater solution. Samples were incubated at 4°C for 24 hours to allow RNALater to permeate through tissues, and then transferred to -80°C storage.

Females were classified as sexually mature if the body cavity was filled with identifiable eggs, whereas males were classed as sexually mature if they had enlarged, white testes, or were running milt. A fish was classified as immature if gonads were undeveloped (see Archer *et al.* 2019 for full details). This maturation status information, coupled with the morphological and physiological evidence for smolting, then allowed us to define three final groups of individuals for whom smolt status (morphological signs of smolting present, low plasma chloride, reproductively immature) or resident status (morphological signs of smolting absent, high plasma chloride if saltwater tested, reproductively mature) could be confidently assigned. This yielded seven smolts, all of which had been saltwater tested (“smolt-SW”; $n=7$), nine saltwater-

tested residents (“resident-SW”; n=9) and nine freshwater (non-saltwater-tested) residents (“resident-FW”; n=9). Fish in our smolt-SW group had lower average plasma chloride concentrations (mean = 129.6 mmol/L, standard deviation, sd = 12.6) compared to fish in our resident-SW group (mean = 159.2 mmol/L, sd = 13.9; unpaired t-test: $t = 4.4$, $P < 0.001$, $df = 13.49$), confirming the former had adopted a migratory tactic.

RNA extractions

Total RNA was extracted from each individual brain and liver sample using TRI Reagent (Sigma, Aldrich) and subsequently purified with the GenElute™ Mammalian Total RNA MiniPrep kits (Sigma Aldrich), following manufacturer’s instructions. We DNase-treated each sample using the Turbo DNA-free kit (Qiagen, UK) to remove residual DNA. We initially assessed the quality and quantity of purified RNA using the Nanodrop 2000 (Thermo Fisher, USA) and the Qubit RNA Broad Range assay kit with a Qubit 4 Fluorometer (Thermo Fisher, USA), respectively. Finally, we calculated a relative integrity number (RIN) per sample using an Agilent TapeStation 4200 (Agilent, USA) to ensure purified RNA was not degraded and we only sent samples with a RIN of seven or higher (Sigurgeirsson, Emanuelsson and Lundeberg, 2014) for subsequent library preparation and sequencing.

Library preparation and sequencing

We shipped samples (n = 49; 24 livers and 25 brains) to Novogene Europe (Cambridge, UK) for mRNA-enriched library preparation and sequencing. In brief, DNase-treated RNA quality was secondarily assessed by TapeStation at Novogene to ensure quality was high and no degradation occurred during transport. For each sample, an individual mRNA-enriched library was generated using the NEBNext Ultra II RNA library preparation kit (NEB, UK). Individual libraries were barcoded with specific identifiers, multiplexed and sequencing (150bp paired-end (PE)) was performed on an Illumina Novaseq6000 generating a total of ~1.29 billion PE

reads. For liver samples, the total number of PE reads were ~590 million (mean: ~24.6 million, min: ~20.3 million, max: ~35.4 million) while for brain samples ~699 million reads were generated (mean: ~27.9, min: ~20.4 million, max: ~42.4 million). Sample information, including the total number of paired-end reads generated per sample, is provided in Supporting information Table S1.

Sequence data quality assessment

To assess the quality of our raw reads, we used FastQC (version 0.11.3; Andrews, 2010) to identify the presence of sequences with low base quality and/or adapter contamination. Overall, FastQC indicated high sequence quality. Following this, we estimated transcript abundance for each sample through quasi-aligning reads with Salmon (version 1.2.0; Patro *et al.*, 2017) against predicted transcripts (cDNA sequences) from the publicly available *Salmo trutta* reference genome assembly (fSalTru1.1, INSC Assembly GCA_9010011651.1) obtained from Ensembl. Using these estimates, we generated summarised gene-level counts per individual sample using tximport (version 3.10; Soneson *et al* 2015), which were then imported into DESeq2 (version 3.10; Love, Huber and Anders, 2014) for differential expression analysis. For the purpose of reanalysis, gene-level counts are provided in Supporting information Table S2. For differential expression and Gene Ontology enrichment analyses, we used modified scripts initially developed by Colgan *et al.* (2019).

Differential expression analyses

To first get a broad sense of global differences in transcriptional profiles across our three groups, we ran a principal component analysis (PCA) on variance stabilising transformed gene-level counts using DESeq2. Given expected differences in transcriptional profiles between tissues, we performed independent PCAs for liver and brain samples using the plotPCA function in DESeq2.

For each tissue, we next performed gene-level tests for differential expression between comparisons of interest using DESeq2. We first defined a global model with main effects of “phenotype” – a two level factor indicating whether the individual fish was a smolt or resident – and “testing environment” – a two level factor indicating whether the fish was exposed to the 24-hour saltwater test just prior to terminal sampling (salt), or not (fresh), as explanatory variables. Note that phenotype and testing-environment are not perfectly crossed, as all smolts were salt-water tested (which was necessary to confirm their smolt status in physiological terms), whereas the residents fell under either salt or fresh for testing environment (Fig.1). This global model was then compared against two reduced models, one which contained only a main effect of environment, and one which contained only a main effect of phenotype. This enabled us to generate P values, on a gene-by-gene basis, for the effects of phenotype and environment. We then defined differentially expressed genes as those where the absolute log fold change was greater than one, and the Benjamini-Hochberg adjusted P values were less than 0.05. This, therefore, yielded two lists of genes: those differentially expressed between smolts and residents, and those differentially expressed between salt- versus freshwater testing-environment.

To isolate the effect of phenotype *per se*, we identified the unique subset of genes that were differentially expressed between smolts and residents only and not also between osmotic testing environments. Hereafter we refer to these genes as “AMT-associated genes”. Similarly, genes that were differentially expressed between salt- versus freshwater testing-environments, but not also between smolts and residents, were classified as “osmotic environment response genes”. Genes that were differentially expressed between both comparisons were labelled as “stress genes”. For each set of genes, we also used heatmaps and scatter plots (using the ggplot2 package, version 3.3.2 in R) to explore and illustrate the patterns of (z-score normalised) gene

expression with respect to our three groups, i.e. smolt-SW, resident-SW and resident-FW, for livers and brains separately.

Finally, we tested for each tissue whether any of our AMT-associated genes or osmotic environment response genes were also differentially expressed between males and females. To achieve this, a DESeq2 model with a main effect of sex was compared against a null model, with no effects. We defined significantly differentially expressed genes as before (i.e. absolute $\log_{2}FC > 1$ between males and females and BH-adjusted $P < 0.05$). We then identified which of these sex-biased genes had also been classified as AMT-associated genes or osmotic environment response genes in the above analyses.

Gene Ontology term enrichment analyses

For each gene in the *S. trutta* reference genome, we used the functional annotations assigned to the corresponding orthologs in the *Danio rerio* (zebrafish) genome, obtained from Ensembl BioMart (Kinsella *et al.*, 2011), as very little functional information exists for brown trout genes. For both the smolt-biased and resident-biased AMT-associated genes, we tested for enrichment of Gene Ontology (GO) terms using Fisher's exact tests in topGO (version 3.10, Alexa *et al.* 2006), applying the "weight01" algorithm and a node size of 50. We corrected for multiple testing using the Benjamini-Hochberg method to generate adjusted P values. As a means of understanding more general processes enriched with differentially expressed genes, we also subset higher level GO terms of significantly enriched GO terms (e.g. Level Two GO terms that are child terms of each of the three main GO subcategories of 'Biological Process', 'Molecular Function' and 'Cellular Component').

Results

Distinct AMT-associated transcriptional profile in liver but not brain

For the livers, PCA demonstrated a clear separation of samples based on gene expression with respect to our three groups, i.e. combinations of phenotype and testing-environment (Fig. 2A). The first principal component (PC1) accounted for 21% of the total variance and primarily separated resident-SW individuals, who likely experienced high osmotic stress, from resident-FW and smolt-SW individuals, each of whom presumably experienced low osmotic stress. In contrast, PC2, which accounted for 15% of the total variance, primarily separated smolt-SW individuals from resident-FW individuals, with resident-SW individuals being intermediate (Fig. 2A). The combination of PC1 and PC2 separates smolts from residents, with smolts having high values for both PC1 and PC2, but residents having lower PC2 and a range of PC1 values. In contrast, the PCA on the brain samples did not produce clear separation among the three groups based on the first two principal components (Fig. 2B), nor PC4-6 (result not shown).

Genes in liver differentially expressed between migrants and residents and are enriched for distinct GO terms

We identified 1,670 genes that were significantly differentially expressed (LRT, BH-adjusted $P < 0.05$) between the livers of smolts and residents. A total of 3,426 genes were differentially expressed between fish sampled in salt- and freshwater testing-environments (global model versus reduced model with phenotype effect only). We found 867 genes that were uniquely differentially expressed between the phenotypes but not osmotic testing-environments, which we designate as potential AMT-associated genes. The output of both models, as well as the different subcategories of genes, are provided in Supporting information Table S3.

Of the 867 putative AMT-associated genes (Fig. 3), we identified 430 genes with increased expression in residents relative to smolts, while 437 genes showed increased expression in smolts relative to residents (Supporting information Table S3). The resident-biased genes were enriched (BH-adjusted $P < 0.05$) for 21 GO terms, including 13 terms related to “biological process” (Fig. 4) with the majority categorized under “metabolic processes” (Supporting information Table S4). The three most significant terms were steroid biosynthesis process (GO:0006694), oxidation-reduction process (GO:0055114) and cholesterol metabolic process (GO:0008610) (Supporting information Table S4). In contrast, the 437 genes with smolt-biased expression were significantly enriched for 14 GO terms. The majority of these enriched terms ($n = 12$) were “biological process”-related GO terms with the three most significant GO terms being response to cytokine (GO:0034097), positive regulation of cell differentiation (GO:0045597) and endothelial cell migration (GO:0043542)(Fig. 4). These terms form part of GO term hierarchies with higher level terms, such as cellular processes, response to stimulus and metabolic processes (Supporting information Table S4).

Fewer transcriptional changes in brain underlying AMTs

We identified 53 genes that were significantly differentially expressed between the brains of smolts and residents (Supporting information Table S3C). We found 716 genes that were differentially expressed between salt- and freshwater testing-environments (Supporting information Table S3D), and 43 genes that overlapped between both comparisons. Thus, ten genes were uniquely differentially expressed between the phenotypes but not testing-environments (i.e. brain AMT-associated genes).

Seven of these genes exhibited elevated expression in smolts compared to residents; Sox18 (ENSSTUG00000006705), protein phosphatase PTC7 (ENSSTUG00000008660), E3 ubiquitin-protein ligase RNF38-like (ENSSTUG00000023791), N-acetyltransferase 8-like gene (ENSSTUG00000014735), BUB3 mitotic checkpoint protein (ENSSTUG00000036930),

a zinc finger protein 239-like (ENSSTUG00000002250) and an uncharacterised gene (ENSSTUG000000047265). There is an annotated ortholog for this latter gene in *Salmo salar* where it has been described as an ankyrin-3-like (ENSSSAG000000039215). The three genes with increased expression in the brains of residents compared to smolts were a zinc finger and BTB domain-containing protein (ENSSTUG000000030799), sperm tail PG-rich repeat containing protein (ENSSTUG000000039823) and plexin-A1(ENSSTUG000000046884). These genes were not significantly enriched (BH-adjusted $P > 0.05$) for any specific GO term. Furthermore, no overlap was identified between brain and liver AMT-associated genes.

Sex-biased gene expression in certain AMT-associated genes

We identified evidence of sex-biased gene expression in the liver with 103 genes significantly differentially expressed between males and females (Supporting information Table S5). Of these genes, 12 were also differentially expressed between smolts and residents. We found no significant enrichment (BH-adjusted $P > 0.05$) for GO terms for these 12 genes. The analysed transcriptome as a whole comprised 44,366 transcribed genes, of which 0.23% (103/44,366) exhibited sex-biased expression, whereas just over 1% of our AMT-associated liver genes (12/867) exhibited sex-biased expression. Thus, there was a statistically significant excess of sex-biased AMT-associated genes in comparison to sex-biased non-AMT-associated genes (chi-squared = 45.7, df = 1, $P < 0.001$). Amongst these 12 sex-biased AMT-associated liver genes, six exhibited elevated expression in residents relative to smolts and six demonstrated smolt-biased expression. The majority of these genes ($n = 9$) were also elevated in females relative to males, with the sex differences being typically larger in smolts than residents (Fig. 5). The remaining three sex-biased AMT-associated liver genes had higher expression in male residents compared to female residents.

We identified eight genes in the brain that exhibited sex-biased gene expression. However, we found no overlap between these genes and the ten AMT-associated genes that differed between the brains of smolts and residents.

Discussion

Here we compared whole-genome transcriptomic profiles of sea-migratory versus resident brown trout during the presumed migration period, to investigate molecular processes underpinning the generation of well-integrated, ecologically-important, alternative phenotypes. Our study revealed three key findings: 1) extensive transcriptional differences between migratory and resident brown trout for genes underlying metabolic, cellular and immune processes (particularly genes enriched for GO terms associated with metabolic processes, which had the lowest adjusted P values; Fig. 4); 2) tissue differences in expression profiles between migrants and residents with distinct life-stage specific patterns evident in the liver but not brain; and 3) sex-biased expression differences in genes associated with AMTs. The genes we identify may be downstream targets of master regulatory genes proposed to trigger AMTs and allow for the transition between aquatic environments; alternatively, they may represent non-target effects of physiological interactions unrelated to migration.

Animal migration can take place over long distances and last prolonged periods requiring dynamic changes in behavioural, physiological, morphological and biochemical aspects of an organism's phenotype. In metabolic terms, migration utilises substantial energetic resources (Wikelski *et al.*, 2003), which likely require tight regulation during such extended periods of metabolic stress. A key organ involved in such regulation is the liver. Here we identified distinct transcriptional profiles between migrants and residents with genes differentially expressed between these alternative phenotypes enriched for Gene Ontology terms involved in a range of key metabolic processes (Fig. 4), including steroid biosynthesis, cholesterol

405 biosynthesis, phospholipid and fatty acid metabolism, with a general reduction in expression
406 of such genes within migrants compared to residents. These findings are in line with previous
407 molecular and biochemical research performed on other salmonids that identified changes in
408 glycogen stores due to the energetic demands of migration, as well as changes in gene
409 expression underlying lipid remodelling during transition from a freshwater to a saltwater
410 environment (Gillard *et al.*, 2018). On top of changes in genes associated with lipid
411 metabolism, we also identified additional metabolic processes that differ between migrants and
412 residents. Such changes may also be related to differences in reproductive maturity status,
413 whereby energetic demands vary due to residents being fully mature reproductively, while for
414 migrants (who were the same age but immature), reduced expression of metabolic genes may
415 be associated with suppressed reproductive development.

416 The above findings tally with previous work on brown trout, and on other salmonids exhibiting
417 AMTs, that has established links between various aspects of an individual's physiological
418 condition and its migratory status (reviewed by Dodson *et al.*, 2013; Sloat *et al.*, 2014; Kendall
419 *et al.*, 2015; Ferguson *et al.*, 2017, 2019). For example, energy limitation owing to poor food
420 availability is associated with higher rates, or earlier ages of, migration (Olsson *et al.*, 2006;
421 Wysujack *et al.*, 2009; O'Neal and Stanford, 2011; Morán *et al.*, 2013; Jones, Bergman and
422 Greenberg, 2015; Archer *et al.*, 2019, 2020; Shry *et al.*, 2019), and the energy value of food
423 may also be important (Kendall *et al.*, 2015). Metabolic rate, and how it links to growth
424 efficiency and energy allocation to competing functions (e.g. lipid storage; (Jonsson and
425 Jonsson, 2005; Boel *et al.*, 2014)), is further believed to underpin these associations (Forseth
426 *et al.*, 1999; McCarthy, 2000; Seppänen, Piironen and Huuskonen, 2010; Norin and Malte,
427 2011; Sloat and Reeves, 2014; Archer *et al. In Press*). Our study found the most significantly
428 elevated gene in smolts was *serine/threonine-protein kinase (SBKI)*, which elevated
429 expression levels in an *O. mykiss* line selectively bred for fast growth have been linked with

growth hormone-mediated physiological pathways (Cleveland, Gao and Leeds, 2020). Although faster growing parr have a higher propensity to adopt residency, or to mature earlier, in many salmonid species, the relationships between growth/body size and AMTs are not always consistent (reviewed by (Dodson *et al.*, 2013; Ferguson *et al.*, 2019). Another gene of interest was *desert hedgehog gene (DHH)* that differed in expression between migrants and residents. Genes in the hedgehog pathway have been associated with tissue growth/regeneration and developmental changes in teleost fishes (Sims, Eble and Iovine, 2009; Mari-Beffa and Murciano, 2010), including aspects of fin growth (Iovine 2007). This is noteworthy as migrants go through a series of morphological changes (e.g. body streamlining, changes in fin shape and colour) during smoltification.

As physiological influences on, or consequences of, life history decisions, may be mediated by hormones, e.g. glucocorticoids (Peiman *et al.*, 2017; but see Jain-Schlaepfer *et al.*, 2018), or by antioxidant capacity (Birnie-Gauvin *et al.*, 2017), our results implicate the liver as an important organ involved in the genetic regulation of these processes. This bolster and expands upon earlier work on *S. trutta*, which based on cDNA microarrays screens of liver samples, found that almost 21% of 900 screened genes were differentially expressed between sedentary and migratory populations (Giger *et al.*, 2008, but also see Giger *et al.*, 2006). These included the candidate genes *endozepine* and *transaldolase 1* that are involved in lipid metabolism in the liver, which were upregulated in residents, and the constitutive heat-shock protein HSC70-1, which was upregulated in smolts (Giger *et al.*, 2008). Our study also found that *transaldolase 1* was upregulated in the livers of residents when compared to the livers of smolts, further supporting these findings.

Aside from differences in genes associated with metabolism, smolt-biased genes were enriched for Gene Ontology terms associated with cell proliferation and regulation, and response to stimulus. Migrants face a number of threats when moving between environments, including

exhaustion, predation, as well as pathogens and disease. While immunity is metabolically costly to constitutively express and actively use, it is hypothesised that migrants will boost their immune potential in preparation for novel pathogen encounter during migration (Møller and Erritzøe, 1998; Buehler, Tieleman and Piersma, 2010). Within our study, the most significantly enriched Gene Ontology term for smolt-biased genes was response to cytokines, which suggests changes in the immune profile of migrants. Cytokines are a broad range of small proteins with immunomodulatory capacities (Kishimoto, Taga and Akira, 1994). While the higher hierarchical GO term for response to cytokines was ‘response to stimulus’, rather than “immune system process”, cytokines are originally produced in response to antigens and hence a link to immune function can be inferred here. Genes falling under the GO term response to cytokines included a number of immune genes with elevated expression in the liver of migrants including *macrophage mannose receptor 1*, *macrophage capping protein*, *LDL receptor related protein 2*, *interleukin 13-receptor*, *lipopolysaccharide-induced tumor necrosis factor alpha*, as well as seven genes with putative roles in the complement pathway, a key component of the innate immune system that functions in pathogen removal, opsonization and promotion of inflammation. While the fish in our study were not maintained in sterile conditions and we would expect some form of background immune expression, differences in immune regulation between alternative life-history phenotypes may be associated with preparation for travelling to, and residing, in a marine environment, which presents different pathogenic threats to those found in freshwater. Alternatively, given the energetic trade-offs between immunity and reproduction (Roff, 1992), increased immune potential in migrants may be indirectly related to reduced reproductive investment.

In comparison to the liver, we identified fewer differentially expressed genes in the brain indicating unique tissue-specific profiles that differ between alternative life-history phenotypes. This was surprising, given the brain’s proposed role as a control centre for

salmonid AMTs via hormonal cascades (Aubin-Horth, Letcher and Hofmann, 2009; Dodson *et al.*, 2013). Indeed, previous research on rainbow trout (*Oncorhynchus mykiss*) (McKinney *et al.* 2015, Hale *et al.* 2016, 2018) identified larger transcriptional differences in the brain between migrants and residents, associated with a range of physiological processes, including phototransduction and circadian rhythm. Here, although we found no enrichment of specific biological processes, there were candidate genes of interest. For example, of the ten genes differentially expressed between migrants and residents, three were annotated as transcription factors, including two zinc finger domain-containing proteins and transcription Sox18A. Transcription factors, such as *vgl3* and *six6* (Barson *et al.*, 2015; Czorlich *et al.*, 2018), have been linked recently to the age of maturity of *Salmo salar*, demonstrating the importance such genes play in the expression of complex phenotypes. While the exact function of the transcription factors identified in our present study are currently unknown, future functional studies may elucidate their role, if any, in migration within brown trout or other species.

For certain facultative salmonids, such as brown trout and rainbow trout, sexes can differ in their rates of anadromy, with females often gaining more, in fitness terms, from anadromy than males (Gross, Coleman and McDowall, 1988; Ohms *et al.*, 2013; García-Vega, Sanz-Ronda and Fuentes-Pérez, 2017; Huusko *et al.*, 2018). Within a given life history tactic (e.g. anadromy or residency), the sexes can also differ in behaviour, morphology and physiology; for example, anadromous females may spend longer at sea than anadromous males (Thorstad *et al.* 2016); f. Given these expected phenotypic differences between the sexes, we examined genes that were differentially expressed both between males and females but also life-history phenotypes and found 12 such genes that were differentially expressed in the liver (out of a total of 103 sex-biased liver genes). While we identified no enrichment of Gene Ontology terms for these 12 genes, one possibility is that they play indirect roles in sex-specific maturation processes (Rossignol, Dodson and Guderley, 2011), given that our smolts were all immature and our

residents mature. In mice (*Mus musculus*), for instance, glucocorticoid receptor genes in hepatocytes regulate the expression of sets of genes involved in growth and sexual maturation (Engblom *et al.*, 2007). Sex-biased gene expression in the liver has been previously shown for other salmonids, such as brook charr, *Salvelinus fontinalis* (Sutherland *et al.*, 2018). The lack of observed sex biases in gene expression in the brains of brown trout in our study is surprising given the noted behavioural and hormonal differences between the sexes. Given the cellular complexity of the brain in comparison to the liver, which is more homogenous, our sequencing of the entire brain may have reduced the ability to detect subtle, sub-region specific, differences in gene expression between the sexes. Future studies will benefit from more targeted profiling of specific sections of the brain to elucidate fine-scale differences between the sexes.

Developmental switches in salmonids (Thorpe *et al.*, 1998; Mangel and Satterthwaite, 2008; Dodson *et al.*, 2013; Arostegui *et al.*, 2019) are thought to be triggered by differential expression of one or more ‘master regulator’ genes early in ontogeny (at least in *O. mykiss*); these in turn orchestrate divergent physiological cascades, likely hormonally-mediated, that result in AMTs (Aubin-Horth, Letcher and Hofmann, 2009; Dodson *et al.*, 2013). A major challenge in these studies is in distinguishing cause from effect. On the one hand, observed gene expression differences between tactics could be the actual cause of physiological changes that originally triggered alternative phenotypes, with these ‘decision genes’ potentially remaining switched on (in one tactic) from that point onwards. On the other hand, they may simply reflect ‘downstream’ physiological consequences of earlier activation of master regulators that are only expressed during an early sensitivity window (Dodson *et al.*, 2013; Ferguson *et al.*, 2019). Studies that examine gene expression at older ages (e.g. our current study; Giger *et al.*, 2006, 2008; Seear *et al.*, 2010; Aykanat, Thrower and Heath, 2011; Norman, Ferguson and Danzmann, 2014; Sutherland *et al.*, 2014) might be more likely to identify genes whose differential regulation follow from, rather than causes, the adoption of AMTs. This may

be particularly true for organs such as the liver, kidney or gills, which play diverse roles in physiologically responding to hormonal cascades that likely begin in the brain, for example via the light-brain-pituitary axis (Ebbesson *et al.*, 2003). Identifying the actual master regulators is much more difficult and future studies will benefit from time-series of gene expression and profiling of associated phenotypic changes across ontogeny (Dodson *et al.*, 2013). Interestingly, in a comparison of two-year old *O. mykiss* smolts against same-age residents, Baerwald *et al.* (2016) found 57 differentially methylated regions, over half of which were in transcriptional regulatory regions. This suggests a role for epigenetic regulation of gene expression in mediating AMTs, but it remains unknown when these methylation changes are triggered and by what mechanisms.

Conclusions

Our study represents an important step towards understanding molecular mechanisms underlying alternative life history tactics and the regulatory roles played by different organs. Our list of candidate genes showing differential expression between migratory phenotypes and/or the sexes in brown trout could be considered by future salmonid studies that aim to disentangle molecular processes activating developmental switches from those that follow from their activation. This knowledge should inform efforts to conserve wild or cultured populations of facultatively migratory salmonids and other taxa of ecological or economic importance (e.g. Robinson *et al.*, 2016) and their capacity for evolutionary or plastic responses to anthropogenic change (Mangel and Satterthwaite, 2008; Thériault *et al.*, 2008; Railsback, Harvey and White, 2014).

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Ethical statement

All fish were euthanized humanely at the end of the laboratory rearing phase under license. The study and all associated procedures were carried out with ethical approval from Health Products Regulatory Authority (HPRA) Ireland, under HPRA project license AE19130/P034, and HPRA individual licenses AE19130/1087, AE19130/I200, AE19130/I201, and AE19130/I202.

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895 **Data availability**

896 Raw sequence data files are deposited in the NCBI short read archive (Accession ID:
 897 PRJNA670837). Scripts underpinning the analysis of transcript estimation, differential
 898 expression, and Gene Ontology term enrichment are for the purpose of review included in
 899 Supporting information. Upon publication, scripts will also be hosted on a public repository on
 900 Github. Raw sequence counts for each sample are provided in the Supporting information.

901 **Author Contributions**

902 RW, PAM, PMcG, TJC and TER conceived the study. LA, RW, SH, LH and TER collected
903 data and contributed to experimental design. PG collected and managed broodstock. JC
904 performed microsatellite genotyping. ED managed equipment and laboratory. RW, TJC and
905 TR conducted analyses and wrote the manuscript. All authors contributed to interpretation of
906 results and revisions of the manuscript.

Figures

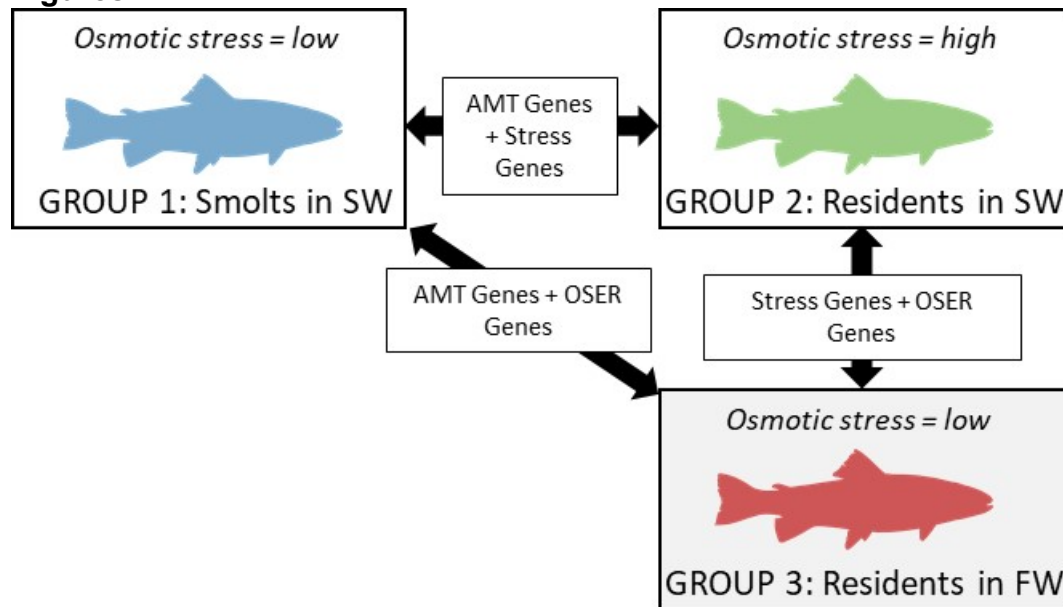
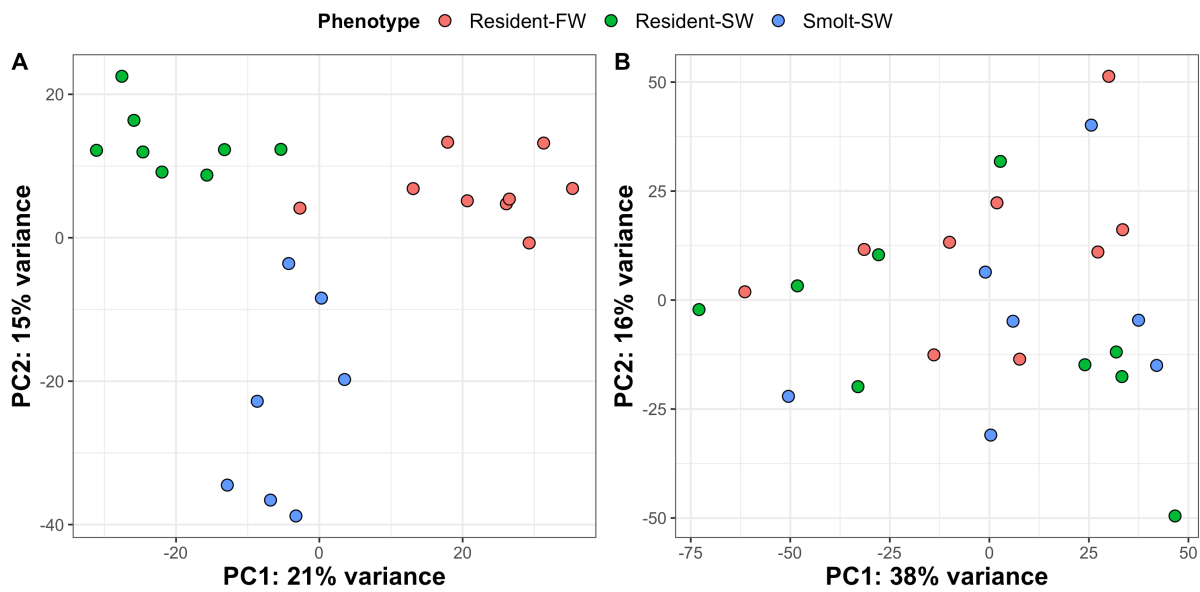


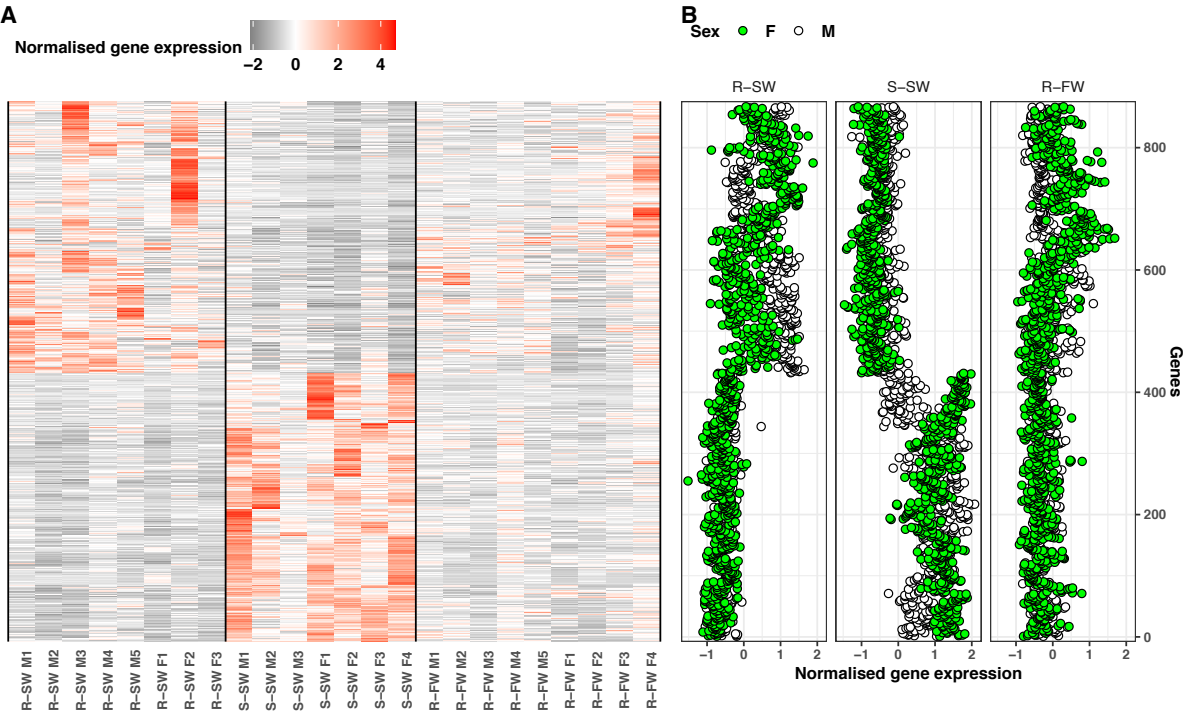
Fig. 1. Identification of putative AMT genes in brown trout. Panel Schematic representation of experimental design and associated logic. Livers and brains of trout deemed to have adopted an anadromous tactic (smolts) were RNA-sampled immediately following a 24-hr saltwater (SW) challenge (group 1 = smolts-SW). Livers and brains of a second group of trout deemed to have adopted a resident tactic were sampled following the same SW challenge (group 2 = residents-SW), while a third group were sampled at the same time in fresh water (FW) without having undergone a saltwater challenge (group 3 = residents-FW). Note that smolts could not be tested in FW prior to being subjected to a SW challenge (which is required to define a fish as a smolt or not) because liver and brain sampling is terminal for the fish. Because smolts are by definition physiologically tolerant of SW, group 1 experienced mild osmotic stress. Residents are physiologically intolerant of SW but well suited to life in FW, hence group 2 experienced high osmotic stress while group 3 experience low osmotic stress. Black arrows represent genes that are differentially expressed between each pairwise comparison. AMT genes refer to those that are differentially expressed between the alternative life history tactics and potentially encompass genes involved in morphology, behaviour, physiology (including saltwater tolerance) and reproduction. Stress genes here refer to those for which differential expression between osmotic environments reflects the general stress of transitioning from FW to SW. Here OSER genes (osmotic environmental response genes) refers to genes which would be differentially expressed in response to different environmental salinity.

929



930

931 **Fig. 2. Distinct transcriptional profiles between resident and smolt livers but not brains.**
932 Scatterplots displaying the results of a principal component analysis (PCA) for normalised gene
933 expression values for (A) livers and (B) brains collected from three groups differing in
934 phenotype and/or environment. The proportion of variance within gene expression explained
935 by principal component 1 (PC1) and 2 (PC2) is displayed on the x- and y-axes, respectively.
936 Here each group is a categorical variable corresponding to the combination of the individuals
937 phenotype (life history tactic) and osmotic environment the individual experienced for 24-hrs
938 just prior to terminal sampling (salt water or fresh water).



940

941 **Fig. 3. Putative AMT genes expressed in the brown trout liver.** (A) Heatmap displaying the
942 normalised gene-level expression estimates for 867 genes that were uniquely differentially
943 expressed between the livers of resident and migrant brown trout. Each row represents a single
944 gene (y-axis) while for each sample (x-axis), the sample name provides information on
945 phenotype (R = “resident”, S = “smolt”), environment of sampling (SW = “saltwater”, FW =
946 “freshwater”) and sex (M = “male”, F = “female”). (B) Scatterplots showing the mean
947 normalised gene expression for each sex within each of three groups (R-SW = “resident
948 saltwater”, S-SW = “smolt saltwater”, R-FW = “resident freshwater”). Each point represents
949 an individual gene and is coloured by sex (green = “female”, white = “male”).

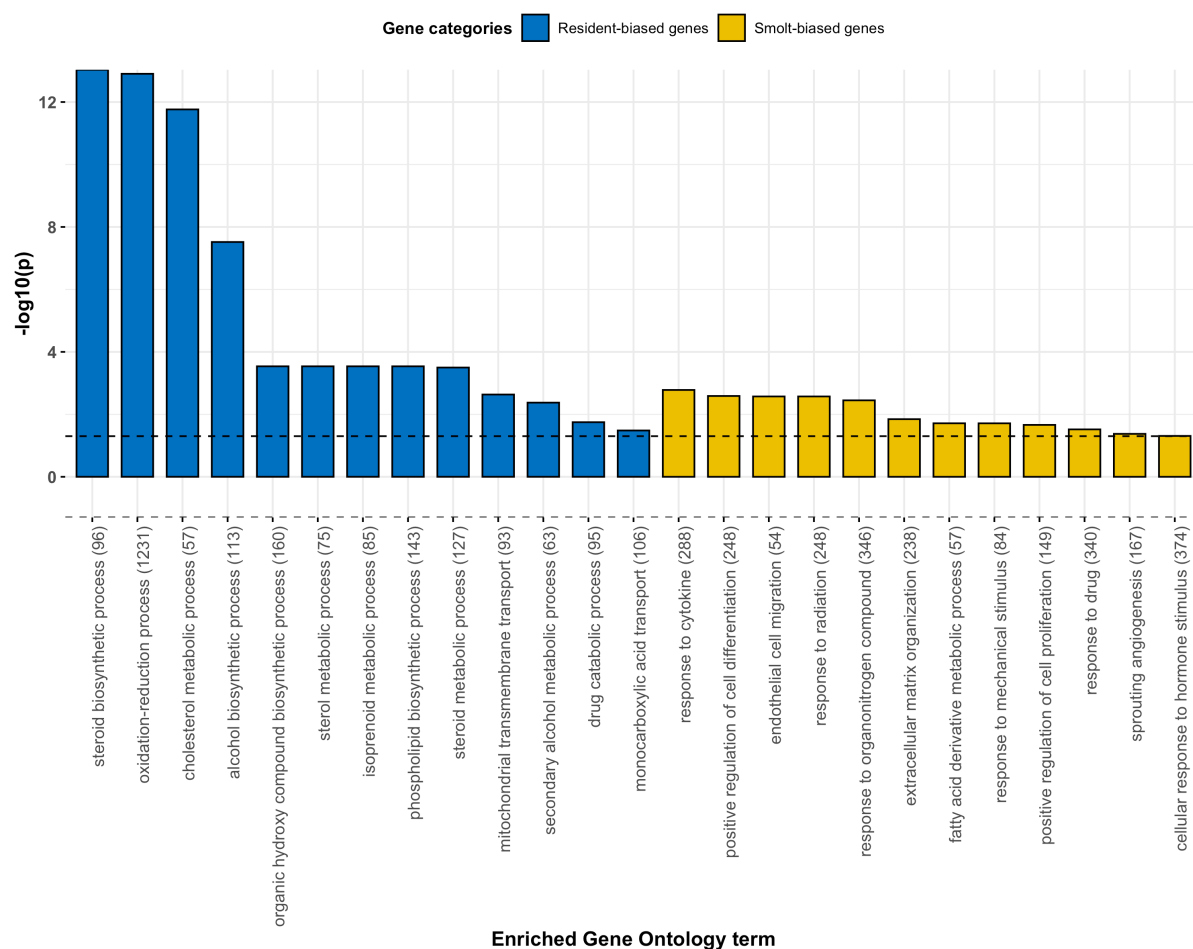


Fig. 4. Gene Ontology enrichment analysis of putative AMT genes in brown trout liver. Enriched Gene Ontology associated with biological process-related terms for genes differentially expressed between alternative life histories. Each bar represents the $-\log_{10}$ of p value (Fisher's Exact test) for each GO term with description of GO term, as well as the total number of annotated genes per term provided. The black vertical dashed line represents a $-\log_{10}(p)$ value equivalent to a P value = 0.05 threshold of significance.

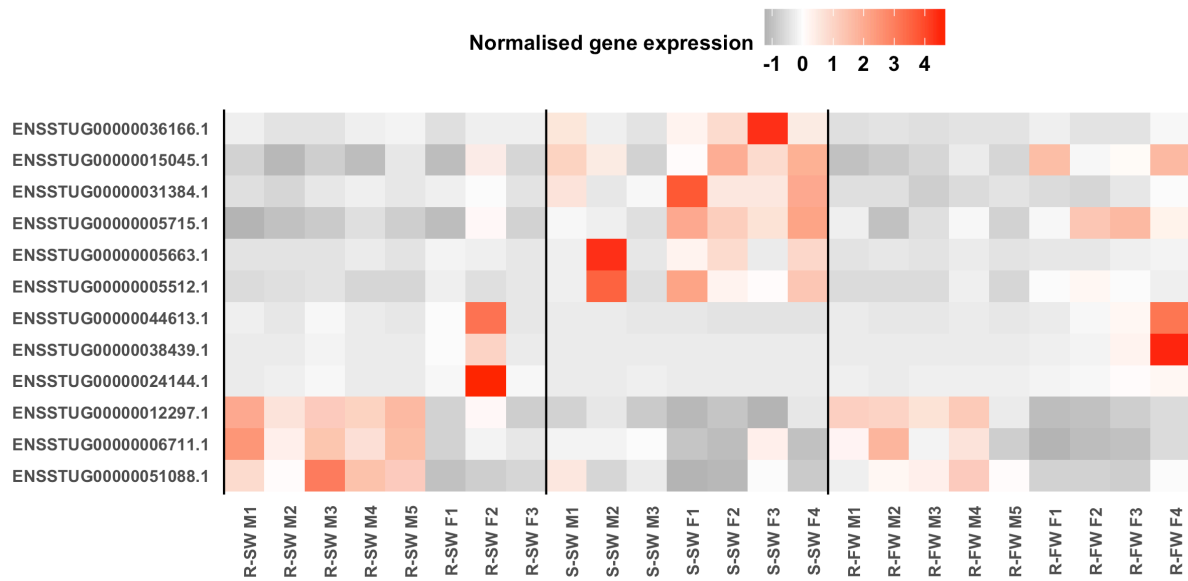


Fig. 5. Sex-biased expression of putative AMT genes. Heatmap displaying the normalised gene-level expression estimates for 12 putative AMT genes that also demonstrated sex-biased gene expression within the liver. For each gene, the Ensembl gene ID is provided (y-axis) while for each sample (x-axis), the sample name provides information on phenotype (R = “resident”, S = “smolt”), environment of sampling (SW = “saltwater”, FW = “freshwater”) and sex (M = “male”, F = “female”).