

1 **Alternative migratory tactics in brown trout (*Salmo trutta*) are**
2 **underpinned by divergent regulation of metabolic but not neurological**
3 **genes**

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19 **Running title:** RNA-seq of alternative brown trout morphs

20 **Abstract**

21 The occurrence of alternative morphs within populations is common but the underlying
22 molecular mechanisms remain poorly understood. Many animals, for example, exhibit
23 facultative migration, where two or more alternative migratory tactics (AMTs) coexist within
24 populations. In certain salmonid species, some individuals remain in natal rivers all their lives,
25 whilst others (in particular, females) migrate to sea for a period of marine growth. Here we
26 performed transcriptional profiling (“RNA-seq”) of the brain and liver of male and female
27 brown trout to understand the genes and processes that differentiate migratory and residency
28 morphs (AMT-associated genes) and how they may differ in expression between the sexes. We
29 found tissue-specific differences with greater number of genes expressed differentially in the
30 liver (n = 867 genes) compared to the brain (n = 10) between the morphs. Genes with increased
31 expression in resident livers were enriched for Gene Ontology terms associated with metabolic
32 processes, highlighting key molecular-genetic pathways underlying the energetic requirements
33 associated with divergent migratory tactics. In contrast, smolt-biased genes were enriched for
34 biological processes such as response to cytokines, suggestive of possible immune function
35 differences between smolts and residents. Finally, we identified evidence of sex-biased gene
36 expression for AMT-associated genes in the liver (n = 18) but not the brain. Collectively, our
37 results provide insights into tissue-specific gene expression underlying the production of
38 alternative life-histories within and between the sexes, and point towards a key role for
39 metabolic processes in the liver in mediating divergent physiological trajectories of migrants
40 versus residents.

41 **Keywords:** alternative life histories, phenotypic plasticity, salmonids, smoltification, sex bias

42 **Introduction**

43 Discrete phenotypic variation, where individuals from the same population develop into two
44 or more morphs, is common in nature (Roff, 1996; Chevin and Lande, 2013). Developmental
45 switches between alternative phenotypes, such as males versus females (Van Dooren and
46 Leimar, 2003), insect castes (Schwander *et al.*, 2010), trophic polymorphisms (Skulason and
47 Smith, 1995), colour polymorphisms (Roulin, 2004), horn polyphenisms (Moczek and Nijhout,
48 2002) or mating types (Brockmann and Taborsky, 2008; Schunter *et al.* 2014) can reflect
49 genetic or environmental determination, or some interaction between the two (Roff, 1996;
50 Tomkins and Hazel, 2007; Chevin and Lande, 2013). Recent technical advances in genomics
51 and bioinformatics (Alvarez, Schrey and Richards, 2015; Todd, Black and Gemmell, 2016)
52 allow for novel insights into the molecular mechanisms and developmental plasticity
53 underpinning the production of alternative phenotypes (Smith-Gill, 1983; West-Eberhard,
54 2003).

55 Alternative migratory tactics (AMTs), where both migratory and resident individuals coexist
56 within a population (also known as partial, or facultative, migration), represent a particularly
57 interesting type of discrete phenotypic variation that occurs in all major vertebrate groups and
58 many invertebrates (Chapman *et al.*, 2011). The adoption of AMTs is triggered by
59 environmental cues in interaction with genetically-inherited thresholds, with various selective
60 mechanisms involved in the maintenance of AMTs and associated phenotypic variation across
61 time and space (Tomkins and Hazel, 2007; Pulido, 2011; Buoro, Gimenez and Prévost, 2012).
62 Anthropogenic influences can also drive rapid shifts in AMT frequencies via microevolution
63 or phenotypic plasticity (Pulido, 2007; Thériault *et al.*, 2008; McCleave and Edeline, 2009;
64 Phillis *et al.*, 2016), hence understanding the proximate and ultimate drivers of migration
65 versus residency is a topic of increasing conservation and management relevance (Railsback,
66 Harvey and White, 2014).

67 Diadromous migrations between fresh and saltwater habitats occur in many fishes (McDowall,
68 1997), which, on top of the rigours of migration itself, involve the added challenge of coping
69 with transitions between different osmotic environments. For example, salmonid fishes
70 (salmon, trout, charr and relatives) often undertake anadromous migrations between freshwater
71 spawning and marine feeding habitats. Species, populations and individuals vary markedly in
72 rates of anadromy, as well as in the spatial extent and duration of marine migrations (Klemetsen
73 *et al.*, 2003; Quinn and Myers, 2004). In populations where both anadromous and resident
74 individuals occur, they freely interbreed and offspring inherit a propensity for one or other
75 tactic as a polygenic threshold trait (Dodson *et al.*, 2013; Sloat *et al.*, 2014; Kendall *et al.*, 2015;
76 Ferguson *et al.*, 2019). The benefits of anadromy, which include enhanced growth in the marine
77 environment and avoidance of seasonally harsh freshwater conditions, are finely balanced
78 against the costs, which include increased energetic expenditure, potentially greater mortality
79 risks and less scope for early maturation (Hendry and Stearns, 2004; Pavlov and Savvaitova,
80 2008; Curry *et al.*, 2010; Dodson *et al.*, 2013; Sloat and Reeves, 2014; Kendall *et al.*, 2015;
81 Ferguson, 2017; Ferguson *et al.*, 2019; Nevoux *et al.*, 2019). The life-history trade-offs
82 involved also vary between the sexes, with females typically gaining more in reproductive
83 success terms from the larger potential body sizes afforded by marine feeding. Females are
84 thus more likely to adopt an anadromy tactic and males tend to retain a residency tactic, with
85 males also exhibiting a broader range of ages and sizes at first reproduction (Jonsson and
86 Jonsson, 1993).

87 Many genes are likely involved in the initial decision to adopt a migratory instead of a residency
88 tactic (Hecht *et al.*, 2013, 2015), potentially including some major effect loci (reviewed by
89 Ferguson *et al.*, 2019). Studies on rainbow/steelhead trout (*Oncorhynchus mykiss*), for
90 example, have identified a migration-associated region (MAR) on chromosome *Omy5* that
91 might harbour a “master control switch” for AMTs (Nichols *et al.*, 2008; Leitwein, Garza and

92 Pearse, 2016; Pearse and Campbell, 2018; Arostegui *et al.*, 2019; Kelson *et al.*, 2019). This
93 MAR involves a 55-Mb double-inversion that acts as a “supergene” controlling sex-specific
94 migratory tendencies via sex-dependent dominance (Pearse *et al.*, 2019). Once an individual
95 has “committed” to a particular AMT – a decision which might occur months or even years in
96 advance of actual migration, depending on the species – a series of molecular changes are set
97 in motion that channel residents and (future) migrants along divergent developmental
98 trajectories. Migrants and residents can only be differentiated externally at the smoltification
99 stage, when migrants undergo morphological and physiological transformations in preparation
100 for transition to the marine environment. However, internal differences in patterns of energy
101 acquisition and allocation to competing functions, such as metabolism, growth and lipid
102 storage, are apparent much earlier in the life history (reviewed in Dodson *et al.*, 2013; Ferguson
103 *et al.*, 2019).

104 Complex gene regulatory mechanisms, perhaps involving one or more master regulators
105 (Aubin-Horth, Letcher and Hofmann, 2009) and a series of epigenetic modifications (Baerwald
106 *et al.*, 2016), likely control this phenotypic divergence. Theory on the evolution of
107 developmental plasticity indeed suggests that morph-specific gene expression can decouple
108 developmental pathways and reduce pleiotropic correlations among traits expressed in each
109 morph (Snell-Rood *et al.*, 2010). For example, in *O. mykiss*, differential gene expression
110 between migrant and resident offspring is evident in the brain a full year before smoltification
111 (McKinney *et al.*, 2015). As smoltification approaches, migrants undergo phenotypic
112 “remodelling”, including changes in body shape and colour, behavioural changes and hormonal
113 plus enzyme alterations (McCormick, 2012) that are underpinned by transcriptomic differences
114 (Aykanat, Thrower and Heath, 2011; Sutherland *et al.*, 2014; Houde *et al.*, 2019). Complex
115 genetic networks are involved that might include clusters of genes on particular chromosomes,
116 e.g. *Omy12* in *O. mykiss* (Hecht *et al.*, 2012, 2013). Environmental-dependent methylation

117 changes might also play a regulatory role in seawater acclimation of smolts (Morán *et al.*,
118 2013). Residents, in contrast, increasingly allocate more energy and resources to maturation
119 processes, with males in particular often maturing earlier than (resident or anadromous)
120 females (Jonsson and Jonsson, 1993; McMillan *et al.*, 2012; Archer *et al.*, 2019, 2020).

121 Here we use RNA sequencing (“RNA-seq”) to explore differential gene expression between
122 migrant and resident brown trout (*Salmo trutta*), a species exhibiting facultative anadromy as
123 well as flexible freshwater migration strategies (Ferguson, 2017; Ferguson *et al.*, 2019; Nevoux
124 *et al.*, 2019). Previous studies of AMTs in salmonids have focussed on the brain as a key organ
125 that might regulate divergent phenotypic trajectories by integrating internal and external
126 signals, and found differential expression in genes associated with metabolism, morphology,
127 olfactory imprinting, osmoregulation and sexual maturation (McKinney *et al.*, 2015; Hale *et*
128 *al.*, 2016, 2018). In brown trout, genomic studies have found loci associated with variation in
129 the distance of migration (Lemopoulos *et al.*, 2018, 2019), while previous transcriptomic work
130 using cDNA microarrays using a restricted number of genes identified gene expression
131 differences in the liver associated with migratory versus sedentary lifestyles (Giger *et al.*, 2006;
132 2008). We therefore focussed on the liver and brain as candidate organs mediating AMTs and
133 smoltification processes in brown trout. Our first objective was to identify genes that are
134 differentially expressed between individuals classified as immature smolts (anadromous
135 migratory tactic) or mature non-smolts (residents, i.e. freshwater maturation tactic), here
136 defined as putative “AMT-associated genes”, and to distinguish these from genes that are
137 differentially expressed as a result of the general stress of a transition from fresh to salt
138 water. Second, we examined whether putative AMT-associated genes demonstrated conserved
139 or tissue-specific expression profiles. Lastly, we asked whether genes differentially expressed
140 between smolts and residents were also differentially expressed between males and females,
141 given their divergent phenotypic trajectories with respect to migration.

142 **Materials and Methods**

143 *Laboratory rearing of fish*

144 Fish in our study were reared from the egg stage in a controlled laboratory environment as part
145 of a broader study on genetic and environmental drivers of facultative anadromy (Archer *et al.*,
146 2019, 2020). Here, we sampled fish from a single population background and environment-of-
147 rearing (i.e., single rearing tank, see Archer *et al.*, 2019, 2020 for full details on fish husbandry)
148 to avoid confounding effects in the gene expression data.

149 The fish were offspring of wild-born parents caught in November 2015 in Tawnyard Lough, a
150 small upland lake in the western reaches of the Erriff catchment in the west of Ireland (53° 37'
151 0.00" N; 09° 40' 17.10" W). The lake is fed primarily by the Glendavoch river, within which
152 there is extensive suitable spawning habitat for *Salmo trutta*, along with a series of smaller
153 spawning tributaries. Tawnyard Lough produces a large run of anadromous smolts annually
154 (Gargan *et al.*, 2016) but some juveniles remain within the lake and never go to sea, instead
155 maturing in freshwater. It was not possible to distinguish clearly whether the wild-born parents
156 in our study had been to sea or not, but the Tawnyard population, in general, shows high rates
157 of anadromy (Gargan *et al.*, 2016; Archer *et al.*, 2019, 2020). Thus, we expected a genetic
158 predisposition towards high rates of smolting in our tank-reared fish, but also for some
159 individuals to adopt a freshwater maturation (residency) tactic.

160 *Determination of smolt status*

161 Over 22 months of tank rearing, the fish were routinely assessed for morphological indicators
162 of smoltification, following the criteria of Tanguy *et al.*, (1994). Smolts undergo a change in
163 colouration from dark to silvered flanks, lose colour in the fins and lose their parr marks (the
164 dark traverse bands on the side of young salmonids). They also have pronounced lateral lines
165 and a more fusiform body shape than parr. Sixteen putative smolts were thus identified in early

166 summer 2018 (at age 2+). Such morphological indicators are not always a reliable guide to
167 saltwater tolerance capabilities in this highly phenotypically variable species (Klemetsen,
168 2013). We, therefore, subjected our putative smolts to a saltwater tolerance test to assess their
169 hypo-osmoregulation capacities. Fifteen putative residents (fish showing no outward signs of
170 smolting) were also subjected to the same saltwater tolerance test, to confirm their non-smolt
171 status.

172 The trials involved transferring fish from their freshwater tank into another tank at a salinity of
173 30 parts per thousand (ppt) for 24-hours, a period sufficient to induce hypo-osmoregulation in
174 euryhaline species (Schultz and McCormick, 2012), and then measuring their plasma chloride
175 levels. Low plasma chloride concentrations indicate physiological tolerance to salt water (full
176 details provided in Archer *et al.* 2019, 2020). A salinity of 30 ppt was used rather than full
177 oceanic salinity (35-40 ppt) to minimise unnecessary stress on the fish, and also because wild
178 brown trout often spend large amounts of time in estuaries during seaward migration (Ferguson
179 *et al.*, 2019; Nevoux *et al.*, 2019). Immediately after 24-hr saltwater exposure, the fish were
180 euthanized with an overdose of Tricaine mesylate (MS-222) and a blood sample was collected
181 from the caudal vein using a 21 G needle and a 2.6 ml heparinized syringe. Blood samples were
182 transferred to 2 ml Eppendorf tubes and centrifuged at 8,000 rpm for 3 min to separate the
183 plasma from the erythrocytes and other cellular components. The plasma supernatant was then
184 siphoned off via pipette into a new 1ml Eppendorf tube and stored at -80°C before being
185 measured for plasma chloride concentration (mmol/L) by coulometric titration using a Jenway
186 PCLM3 chloride meter (FishVet Group, Oranmore, Ireland).

187 Given their expected poorer hypo-osmoregulatory abilities, residents were expected to
188 experience higher stress levels than smolts as a result of this acute exposure to saltwater. Thus,
189 comparing gene expression differences between smolts and residents after saltwater testing
190 might confound life history (AMT) differences with stress differences (Fig. 1). To explore this,

191 we also sampled (see below) an additional group of residents ($n = 9$) who were not subjected
192 to the saltwater challenge but remained within their original freshwater tank and hence
193 experienced similar, or slightly lower, stress levels than the smolts (who might have
194 experienced mild osmotic stress during the saltwater trial).

195 Fish from all three groups (putative smolts exposed to salt water, putative residents exposed to
196 salt water, putative residents not exposed to salt water) were terminally sampled in early
197 summer 2018 and dissected to determine maturation status and extract liver and brain tissue
198 for transcriptional profiling. Before tissue extraction, every fish was measured for fork length
199 (to the nearest mm) and weight (to the nearest g) and a small section of tail fin tissue was
200 removed using a sterilized scalpel and stored in 100% ethanol for subsequent DNA analysis
201 (to determine genotypic sex, see below). Each dissection session took place at the same time
202 each morning in an attempt to minimise among-individual variation in gene expression related
203 to circadian rhythms. Visual gonad inspections were performed first and then whole brains and
204 livers were removed and transferred into individual sterile 2ml Eppendorf tubes containing 1ml
205 of RNALater solution. Samples were incubated at 4°C for 24 hours to allow RNALater to
206 permeate through tissues, and then transferred to -80°C storage.

207 Females were classified as sexually mature if the body cavity was filled with identifiable eggs,
208 whereas males were classed as sexually mature if they had enlarged, white testes, or were
209 running milt. A fish was classified as immature if gonads were undeveloped (see Archer *et al.*
210 2019 for full details). This maturation status information, coupled with the morphological and
211 physiological evidence for smolting, then allowed us to define three final groups of individuals
212 for whom smolt status (morphological signs of smolting present, low plasma chloride,
213 reproductively immature) or resident status (morphological signs of smolting absent, high
214 plasma chloride if saltwater tested, reproductively mature) could be confidently assigned. This
215 yielded seven smolts, all of which had been saltwater tested (“smolt-SW”; $n=7$), nine saltwater-

216 tested residents (“resident-SW”; n=9) and nine freshwater (non-saltwater-tested) residents
217 (“resident-FW”; n=9). Fish in our smolt-SW group had lower average plasma chloride
218 concentrations (mean = 129.6 mmol/L, standard deviation, sd = 12.6) compared to fish in our
219 resident-SW group (mean = 159.2 mmol/L, sd = 13.9; unpaired t-test: $t = 4.4$, $P < 0.001$, $df =$
220 13.49), confirming the former had adopted a migratory tactic.

221 ***RNA extractions***

222 Total RNA was extracted from each individual brain and liver sample using TRI Reagent
223 (Sigma, Aldrich) and subsequently purified with the GenElute™ Mammalian Total RNA
224 MiniPrep kits (Sigma Aldrich), following manufacturer’s instructions. We DNase-treated each
225 sample using the Turbo DNA-free kit (Qiagen, UK) to remove residual DNA. We initially
226 assessed the quality and quantity of purified RNA using the Nanodrop 2000 (Thermo Fisher,
227 USA) and the Qubit RNA Broad Range assay kit with a Qubit 4 Fluorometer (Thermo Fisher,
228 USA), respectively. Finally, we calculated a relative integrity number (RIN) per sample using
229 an Agilent TapeStation 4200 (Agilent, USA) to ensure purified RNA was not degraded and we
230 only sent samples with a RIN of seven or higher (Sigurgeirsson, Emanuelsson and Lundeberg,
231 2014) for subsequent library preparation and sequencing.

232 ***Library preparation and sequencing***

233 We shipped samples (n = 49; 24 livers and 25 brains) to Novogene Europe (Cambridge, UK)
234 for mRNA-enriched library preparation and sequencing. In brief, DNase-treated RNA quality
235 was secondarily assessed by TapeStation at Novogene to ensure quality was high and no
236 degradation occurred during transport. For each sample, an individual mRNA-enriched library
237 was generated using the NEBNext Ultra II RNA library preparation kit (NEB, UK). Individual
238 libraries were barcoded with specific identifiers, multiplexed and sequencing (150bp paired-
239 end (PE)) was performed on an Illumina Novaseq6000 generating a total of ~1.29 billion PE

240 reads. For liver samples, the total number of PE reads were ~590 million (mean: ~24.6 million,
241 min: ~20.3 million, max: ~35.4 million) while for brain samples ~699 million reads were
242 generated (mean: ~27.9, min: ~20.4 million, max: ~42.4 million). Sample information,
243 including the total number of paired-end reads generated per sample, is provided in Supporting
244 information Table S1.

245 ***Sequence data quality assessment***

246 To assess the quality of our raw reads, we used FastQC (version 0.11.3; Andrews, 2010) to
247 identify the presence of sequences with low base quality and/or adapter contamination. Overall,
248 FastQC indicated high sequence quality. Following this, we estimated transcript abundance for
249 each sample through quasi-aligning reads with Salmon (version 1.2.0; Patro *et al.*, 2017)
250 against predicted transcripts (cDNA sequences) from the publicly available *Salmo trutta*
251 reference genome assembly (fSalTru1.1, INSC Assembly GCA_9010011651.1) obtained from
252 Ensembl. Using these estimates, we generated summarised gene-level counts per individual
253 sample using tximport (version 3.10; Soneson *et al* 2015), which were then imported into
254 DESeq2 (version 3.10; Love, Huber and Anders, 2014) for differential expression analysis. For
255 the purpose of reanalysis, gene-level counts are provided in Supporting information Table S2.
256 For differential expression and Gene Ontology enrichment analyses, we used modified scripts
257 initially developed by Colgan *et al.* (2019).

258 ***Differential expression analyses***

259 To first get a broad sense of global differences in transcriptional profiles across our three
260 groups, we ran a principal component analysis (PCA) on variance stabilising transformed gene-
261 level counts using DESeq2. Given expected differences in transcriptional profiles between
262 tissues, we performed independent PCAs for liver and brain samples using the plotPCA
263 function in DESeq2.

264 For each tissue, we next performed gene-level tests for differential expression between
265 comparisons of interest using DESeq2. We first defined a global model with main effects of
266 “phenotype” – a two level factor indicating whether the individual fish was a smolt or resident
267 – and “testing environment” – a two level factor indicating whether the fish was exposed to the
268 24-hour saltwater test just prior to terminal sampling (salt), or not (fresh), as explanatory
269 variables. Note that phenotype and testing-environment are not perfectly crossed, as all smolts
270 were salt-water tested (which was necessary to confirm their smolt status in physiological
271 terms), whereas the residents fell under either salt or fresh for testing environment (Fig.1). This
272 global model was then compared against two reduced models, one which contained only a main
273 effect of environment, and one which contained only a main effect of phenotype. This enabled
274 us to generate P values, on a gene-by-gene basis, for the effects of phenotype and environment.
275 We then defined differentially expressed genes as those where the absolute log fold change
276 was greater than one, and the Benjamini-Hochberg adjusted P values were less than 0.05. This,
277 therefore, yielded two lists of genes: those differentially expressed between smolts and
278 residents, and those differentially expressed between salt- versus freshwater testing-
279 environment.

280 To isolate the effect of phenotype *per se*, we identified the unique subset of genes that were
281 differentially expressed between smolts and residents only and not also between osmotic
282 testing environments. Hereafter we refer to these genes as “AMT-associated genes”. Similarly,
283 genes that were differentially expressed between salt- versus freshwater testing-environments,
284 but not also between smolts and residents, were classified as “osmotic environment response
285 genes”. Genes that were differentially expressed between both comparisons were labelled as
286 “stress genes”. For each set of genes, we also used heatmaps and scatter plots (using the ggplot2
287 package, version 3.3.2 in R) to explore and illustrate the patterns of (z-score normalised) gene

288 expression with respect to our three groups, i.e. smolt-SW, resident-SW and resident-FW, for
289 livers and brains separately.

290 Finally, we tested for each tissue whether any of our AMT-associated genes or osmotic
291 environment response genes were also differentially expressed between males and females. To
292 achieve this, a DESeq2 model with a main effect of sex was compared against a null model,
293 with no effects. We defined significantly differentially expressed genes as before (i.e. absolute
294 $\log_{2}FC > 1$ between males and females and BH-adjusted $P < 0.05$). We then identified which
295 of these sex-biased genes had also been classified as AMT-associated genes or osmotic
296 environment response genes in the above analyses.

297 ***Gene Ontology term enrichment analyses***

298 For each gene in the *S. trutta* reference genome, we used the functional annotations assigned
299 to the corresponding orthologs in the *Danio rerio* (zebrafish) genome, obtained from Ensembl
300 BioMart (Kinsella *et al.*, 2011), as very little functional information exists for brown trout
301 genes. For both the smolt-biased and resident-biased AMT-associated genes, we tested for
302 enrichment of Gene Ontology (GO) terms using Fisher's exact tests in topGO (version 3.10,
303 Alexa *et al.* 2006), applying the "weight01" algorithm and a node size of 50. We corrected for
304 multiple testing using the Benjamini-Hochberg method to generate adjusted P values. As a
305 means of understanding more general processes enriched with differentially expressed genes,
306 we also subset higher level GO terms of significantly enriched GO terms (e.g. Level Two GO
307 terms that are child terms of each of the three main GO subcategories of 'Biological Process',
308 'Molecular Function' and 'Cellular Component').

309

310 **Results**

311 *Distinct AMT-associated transcriptional profile in liver but not brain*

312 For the livers, PCA demonstrated a clear separation of samples based on gene expression with
313 respect to our three groups, i.e. combinations of phenotype and testing-environment (Fig. 2A).
314 The first principal component (PC1) accounted for 21% of the total variance and primarily
315 separated resident-SW individuals, who likely experienced high osmotic stress, from resident-
316 FW and smolt-SW individuals, each of whom presumably experienced low osmotic stress. In
317 contrast, PC2, which accounted for 15% of the total variance, primarily separated smolt-SW
318 individuals from resident-FW individuals, with resident-SW individuals being intermediate
319 (Fig. 2A). The combination of PC1 and PC2 separates smolts from residents, with smolts
320 having high values for both PC1 and PC2, but residents having lower PC2 and a range of PC1
321 values. In contrast, the PCA on the brain samples did not produce clear separation among the
322 three groups based on the first two principal components (Fig. 2B), nor PC4-6 (result not
323 shown).

324 *Genes in liver differentially expressed between migrants and residents and are enriched for* 325 *distinct GO terms*

326 We identified 1,670 genes that were significantly differentially expressed (LRT, BH-adjusted
327 $P < 0.05$) between the livers of smolts and residents. A total of 3,426 genes were differentially
328 expressed between fish sampled in salt- and freshwater testing-environments (global model
329 versus reduced model with phenotype effect only). We found 867 genes that were uniquely
330 differentially expressed between the phenotypes but not osmotic testing-environments, which
331 we designate as potential AMT-associated genes. The output of both models, as well as the
332 different subcategories of genes, are provided in Supporting information Table S3.

333 Of the 867 putative AMT-associated genes (Fig. 3), we identified 430 genes with increased
334 expression in residents relative to smolts, while 437 genes showed increased expression in
335 smolts relative to residents (Supporting information Table S3). The resident-biased genes were
336 enriched (BH-adjusted $P < 0.05$) for 21 GO terms, including 13 terms related to “biological
337 process” (Fig. 4) with the majority categorized under “metabolic processes” (Supporting
338 information Table S4). The three most significant terms were steroid biosynthesis process
339 (GO:0006694), oxidation-reduction process (GO:0055114) and cholesterol metabolic process
340 (GO:0008610) (Supporting information Table S4). In contrast, the 437 genes with smolt-biased
341 expression were significantly enriched for 14 GO terms. The majority of these enriched terms
342 ($n = 12$) were “biological process”-related GO terms with the three most significant GO terms
343 being response to cytokine (GO:0034097), positive regulation of cell differentiation
344 (GO:0045597) and endothelial cell migration (GO:0043542)(Fig. 4). These terms form part of
345 GO term hierarchies with higher level terms, such as cellular processes, response to stimulus
346 and metabolic processes (Supporting information Table S4).

347 ***Fewer transcriptional changes in brain underlying AMTs***

348 We identified 53 genes that were significantly differentially expressed between the brains of
349 smolts and residents (Supporting information Table S3C). We found 716 genes that were
350 differentially expressed between salt- and freshwater testing-environments (Supporting
351 information Table S3D), and 43 genes that overlapped between both comparisons. Thus, ten
352 genes were uniquely differentially expressed between the phenotypes but not testing-
353 environments (i.e. brain AMT-associated genes).

354 Seven of these genes exhibited elevated expression in smolts compared to residents; Sox18
355 (ENSSTUG00000006705), protein phosphatase PTC7 (ENSSTUG00000008660), E3
356 ubiquitin-protein ligase RNF38-like (ENSSTUG00000023791), N-acetyltransferase 8-like
357 gene (ENSSTUG00000014735), BUB3 mitotic checkpoint protein (ENSSTUG00000036930),

358 a zinc finger protein 239-like (ENSSTUG00000002250) and an uncharacterised gene
359 (ENSSTUG00000047265). There is an annotated ortholog for this latter gene in *Salmo salar*
360 where it has been described as an ankyrin-3-like (ENSSSAG00000039215). The three genes
361 with increased expression in the brains of residents compared to smolts were a zinc finger and
362 BTB domain-containing protein (ENSSTUG00000030799), sperm tail PG-rich repeat
363 containing protein (ENSSTUG00000039823) and plexin-A1(ENSSTUG00000046884). These
364 genes were not significantly enriched (BH-adjusted $P > 0.05$) for any specific GO term.
365 Furthermore, no overlap was identified between brain and liver AMT-associated genes.

366 ***Sex-biased gene expression in certain AMT-associated genes***

367 We identified evidence of sex-biased gene expression in the liver with 103 genes significantly
368 differentially expressed between males and females (Supporting information Table S5). Of
369 these genes, 12 were also differentially expressed between smolts and residents. We found no
370 significant enrichment (BH-adjusted $P > 0.05$) for GO terms for these 12 genes. The analysed
371 transcriptome as a whole comprised 44,366 transcribed genes, of which 0.23% (103/44,366)
372 exhibited sex-biased expression, whereas just over 1% of our AMT-associated liver genes
373 (12/867) exhibited sex-biased expression. Thus, there was a statistically significant excess of
374 sex-biased AMT-associated genes in comparison to sex-biased non-AMT-associated genes
375 (chi-squared = 45.7, df = 1, $P < 0.001$). Amongst these 12 sex-biased AMT-associated liver
376 genes, six exhibited elevated expression in residents relative to smolts and six demonstrated
377 smolt-biased expression. The majority of these genes (n = 9) were also elevated in females
378 relative to males, with the sex differences being typically larger in smolts than residents (Fig.
379 5). The remaining three sex-biased AMT-associated liver genes had higher expression in male
380 residents compared to female residents.

381 We identified eight genes in the brain that exhibited sex-biased gene expression. However, we
382 found no overlap between these genes and the ten AMT-associated genes that differed between
383 the brains of smolts and residents.

384 **Discussion**

385 Here we compared whole-genome transcriptomic profiles of sea-migratory versus resident
386 brown trout during the presumed migration period, to investigate molecular processes
387 underpinning the generation of well-integrated, ecologically-important, alternative phenotypes.
388 Our study revealed three key findings: 1) extensive transcriptional differences between
389 migratory and resident brown trout for genes underlying metabolic, cellular and immune
390 processes (particularly genes enriched for GO terms associated with metabolic processes,
391 which had the lowest adjusted P values; Fig. 4); 2) tissue differences in expression profiles
392 between migrants and residents with distinct life-stage specific patterns evident in the liver but
393 not brain; and 3) sex-biased expression differences in genes associated with AMTs. The genes
394 we identify may be downstream targets of master regulatory genes proposed to trigger AMTs
395 and allow for the transition between aquatic environments; alternatively, they may represent
396 non-target effects of physiological interactions unrelated to migration.

397 Animal migration can take place over long distances and last prolonged periods requiring
398 dynamic changes in behavioural, physiological, morphological and biochemical aspects of an
399 organism's phenotype. In metabolic terms, migration utilises substantial energetic resources
400 (Wikelski *et al.*, 2003), which likely require tight regulation during such extended periods of
401 metabolic stress. A key organ involved in such regulation is the liver. Here we identified
402 distinct transcriptional profiles between migrants and residents with genes differentially
403 expressed between these alternative phenotypes enriched for Gene Ontology terms involved in
404 a range of key metabolic processes (Fig. 4), including steroid biosynthesis, cholesterol

405 biosynthesis, phospholipid and fatty acid metabolism, with a general reduction in expression
406 of such genes within migrants compared to residents. These findings are in line with previous
407 molecular and biochemical research performed on other salmonids that identified changes in
408 glycogen stores due to the energetic demands of migration, as well as changes in gene
409 expression underlying lipid remodelling during transition from a freshwater to a saltwater
410 environment (Gillard *et al.*, 2018). On top of changes in genes associated with lipid
411 metabolism, we also identified additional metabolic processes that differ between migrants and
412 residents. Such changes may also be related to differences in reproductive maturity status,
413 whereby energetic demands vary due to residents being fully mature reproductively, while for
414 migrants (who were the same age but immature), reduced expression of metabolic genes may
415 be associated with suppressed reproductive development.

416 The above findings tally with previous work on brown trout, and on other salmonids exhibiting
417 AMTs, that has established links between various aspects of an individual's physiological
418 condition and its migratory status (reviewed by Dodson *et al.*, 2013; Sloat *et al.*, 2014; Kendall
419 *et al.*, 2015; Ferguson *et al.*, 2017, 2019). For example, energy limitation owing to poor food
420 availability is associated with higher rates, or earlier ages of, migration (Olsson *et al.*, 2006;
421 Wysujack *et al.*, 2009; O'Neal and Stanford, 2011; Morán *et al.*, 2013; Jones, Bergman and
422 Greenberg, 2015; Archer *et al.*, 2019, 2020; Shry *et al.*, 2019), and the energy value of food
423 may also be important (Kendall *et al.*, 2015). Metabolic rate, and how it links to growth
424 efficiency and energy allocation to competing functions (e.g. lipid storage; (Jonsson and
425 Jonsson, 2005; Boel *et al.*, 2014)), is further believed to underpin these associations (Forseth
426 *et al.*, 1999; McCarthy, 2000; Seppänen, Piironen and Huuskonen, 2010; Norin and Malte,
427 2011; Sloat and Reeves, 2014; Archer *et al. In Press*). Our study found the most significantly
428 elevated gene in smolts was *serine/threonine-protein kinase (SBKI)*, which elevated
429 expression levels in an *O. mykiss* line selectively bred for fast growth have been linked with

430 growth hormone-mediated physiological pathways (Cleveland, Gao and Leeds, 2020).
431 Although faster growing parr have a higher propensity to adopt residency, or to mature earlier,
432 in many salmonid species, the relationships between growth/body size and AMTs are not
433 always consistent (reviewed by (Dodson *et al.*, 2013; Ferguson *et al.*, 2019). Another gene of
434 interest was *desert hedgehog gene (DHH)* that differed in expression between migrants and
435 residents. Genes in the hedgehog pathway have been associated with tissue
436 growth/regeneration and developmental changes in teleost fishes (Sims, Eble and Iovine, 2009;
437 Mari-Beffa and Murciano, 2010), including aspects of fin growth (Iovine 2007). This is
438 noteworthy as migrants go through a series of morphological changes (e.g. body streamlining,
439 changes in fin shape and colour) during smoltification.

440 As physiological influences on, or consequences of, life history decisions, may be mediated by
441 hormones, e.g. glucocorticoids (Peiman *et al.*, 2017; but see Jain-Schlaepfer *et al.*, 2018), or
442 by antioxidant capacity (Birnie-Gauvin *et al.*, 2017), our results implicate the liver as an
443 important organ involved in the genetic regulation of these processes. This bolsters and expands
444 upon earlier work on *S. trutta*, which based on cDNA microarrays screens of liver samples,
445 found that almost 21% of 900 screened genes were differentially expressed between sedentary
446 and migratory populations (Giger *et al.*, 2008, but also see Giger *et al.*, 2006). These included
447 the candidate genes *endozepine* and *transaldolase 1* that are involved in lipid metabolism in
448 the liver, which were upregulated in residents, and the constitutive heat-shock protein HSC70-
449 1, which was upregulated in smolts (Giger *et al.*, 2008). Our study also found that *transaldolase*
450 *1* was upregulated in the livers of residents when compared to the livers of smolts, further
451 supporting these findings.

452 Aside from differences in genes associated with metabolism, smolt-biased genes were enriched
453 for Gene Ontology terms associated with cell proliferation and regulation, and response to
454 stimulus. Migrants face a number of threats when moving between environments, including

455 exhaustion, predation, as well as pathogens and disease. While immunity is metabolically
456 costly to constitutively express and actively use, it is hypothesised that migrants will boost their
457 immune potential in preparation for novel pathogen encounter during migration (Møller and
458 Erritzøe, 1998; Buehler, Tieleman and Piersma, 2010). Within our study, the most significantly
459 enriched Gene Ontology term for smolt-biased genes was response to cytokines, which
460 suggests changes in the immune profile of migrants. Cytokines are a broad range of small
461 proteins with immunomodulatory capacities (Kishimoto, Taga and Akira, 1994). While the
462 higher hierarchical GO term for response to cytokines was ‘response to stimulus’, rather than
463 “immune system process”, cytokines are originally produced in response to antigens and hence
464 a link to immune function can be inferred here. Genes falling under the GO term response to
465 cytokines included a number of immune genes with elevated expression in the liver of migrants
466 including *macrophage mannose receptor 1*, *macrophage capping protein*, *LDL receptor*
467 *related protein 2*, *interleukin 13-receptor*, *lipopolysaccharide-induced tumor necrosis factor*
468 *alpha*, as well as seven genes with putative roles in the complement pathway, a key component
469 of the innate immune system that functions in pathogen removal, opsonization and promotion
470 of inflammation. While the fish in our study were not maintained in sterile conditions and we
471 would expect some form of background immune expression, differences in immune regulation
472 between alternative life-history phenotypes may be associated with preparation for travelling
473 to, and residing, in a marine environment, which presents different pathogenic threats to those
474 found in freshwater. Alternatively, given the energetic trade-offs between immunity and
475 reproduction (Roff, 1992), increased immune potential in migrants may be indirectly related to
476 reduced reproductive investment.

477 In comparison to the liver, we identified fewer differentially expressed genes in the brain
478 indicating unique tissue-specific profiles that differ between alternative life-history
479 phenotypes. This was surprising, given the brain’s proposed role as a control centre for

480 salmonid AMTs via hormonal cascades (Aubin-Horth, Letcher and Hofmann, 2009; Dodson
481 *et al.*, 2013). Indeed, previous research on rainbow trout (*Oncorhynchus mykiss*) (McKinney
482 *et al.* 2015, Hale *et al.* 2016, 2018) identified larger transcriptional differences in the brain
483 between migrants and residents, associated with a range of physiological processes, including
484 phototransduction and circadian rhythm. Here, although we found no enrichment of specific
485 biological processes, there were candidate genes of interest. For example, of the ten genes
486 differentially expressed between migrants and residents, three were annotated as transcription
487 factors, including two zinc finger domain-containing proteins and transcription Sox18A.
488 Transcription factors, such as *vgl3* and *six6* (Barson *et al.*, 2015; Czorlich *et al.*, 2018), have
489 been linked recently to the age of maturity of *Salmo salar*, demonstrating the importance such
490 genes play in the expression of complex phenotypes. While the exact function of the
491 transcription factors identified in our present study are currently unknown, future functional
492 studies may elucidate their role, if any, in migration within brown trout or other species.

493 For certain facultative salmonids, such as brown trout and rainbow trout, sexes can differ in
494 their rates of anadromy, with females often gaining more, in fitness terms, from anadromy than
495 males (Gross, Coleman and McDowall, 1988; Ohms *et al.*, 2013; García-Vega, Sanz-Ronda
496 and Fuentes-Pérez, 2017; Huusko *et al.*, 2018). Within a given life history tactic (e.g. anadromy
497 or residency), the sexes can also differ in behaviour, morphology and physiology; for example,
498 anadromous females may spend longer at sea than anadromous males (Thorstad *et al.* 2016); f.
499 Given these expected phenotypic differences between the sexes, we examined genes that were
500 differentially expressed both between males and females but also life-history phenotypes and
501 found 12 such genes that were differentially expressed in the liver (out of a total of 103 sex-
502 biased liver genes). While we identified no enrichment of Gene Ontology terms for these 12
503 genes, one possibility is that they play indirect roles in sex-specific maturation processes
504 (Rossignol, Dodson and Guderley, 2011), given that our smolts were all immature and our

505 residents mature. In mice (*Mus musculus*), for instance, glucocorticoid receptor genes in
506 hepatocytes regulate the expression of sets of genes involved in growth and sexual maturation
507 (Engblom *et al.*, 2007). Sex-biased gene expression in the liver has been previously shown for
508 other salmonids, such as brook charr, *Salvelinus fontinalis* (Sutherland *et al.*, 2018). The lack
509 of observed sex biases in gene expression in the brains of brown trout in our study is surprising
510 given the noted behavioural and hormonal differences between the sexes. Given the cellular
511 complexity of the brain in comparison to the liver, which is more homogenous, our sequencing
512 of the entire brain may have reduced the ability to detect subtle, sub-region specific, differences
513 in gene expression between the sexes. Future studies will benefit from more targeted profiling
514 of specific sections of the brain to elucidate fine-scale differences between the sexes.

515 Developmental switches in salmonids (Thorpe *et al.*, 1998; Mangel and Satterthwaite, 2008;
516 Dodson *et al.*, 2013; Arostegui *et al.*, 2019) are thought to be triggered by differential
517 expression of one or more ‘master regulator’ genes early in ontogeny (at least in *O. mykiss*);
518 these in turn orchestrate divergent physiological cascades, likely hormonally-mediated, that
519 result in AMTs (Aubin-Horth, Letcher and Hofmann, 2009; Dodson *et al.*, 2013). A major
520 challenge in these studies is in distinguishing cause from effect. On the one hand, observed
521 gene expression differences between tactics could be the actual cause of physiological changes
522 that originally triggered alternative phenotypes, with these ‘decision genes’ potentially
523 remaining switched on (in one tactic) from that point onwards. On the other hand, they may
524 simply reflect ‘downstream’ physiological consequences of earlier activation of master
525 regulators that are only expressed during an early sensitivity window (Dodson *et al.*, 2013;
526 Ferguson *et al.*, 2019). Studies that examine gene expression at older ages (e.g. our current
527 study; Giger *et al.*, 2006, 2008; Seear *et al.*, 2010; Aykanat, Thrower and Heath, 2011; Norman,
528 Ferguson and Danzmann, 2014; Sutherland *et al.*, 2014) might be more likely to identify genes
529 whose differential regulation follow from, rather than causes, the adoption of AMTs. This may

530 be particularly true for organs such as the liver, kidney or gills, which play diverse roles in
531 physiologically responding to hormonal cascades that likely begin in the brain, for example via
532 the light-brain-pituitary axis (Ebbesson *et al.*, 2003). Identifying the actual master regulators is
533 much more difficult and future studies will benefit from time-series of gene expression and
534 profiling of associated phenotypic changes across ontogeny (Dodson *et al.*, 2013).
535 Interestingly, in a comparison of two-year old *O. mykiss* smolts against same-age residents,
536 Baerwald *et al.* (2016) found 57 differentially methylated regions, over half of which were in
537 transcriptional regulatory regions. This suggests a role for epigenetic regulation of gene
538 expression in mediating AMTs, but it remains unknown when these methylation changes are
539 triggered and by what mechanisms.

540 **Conclusions**

541 Our study represents an important step towards understanding molecular mechanisms
542 underlying alternative life history tactics and the regulatory roles played by different organs.
543 Our list of candidate genes showing differential expression between migratory phenotypes
544 and/or the sexes in brown trout could be considered by future salmonid studies that aim to
545 disentangle molecular processes activating developmental switches from those that follow
546 from their activation. This knowledge should inform efforts to conserve wild or cultured
547 populations of facultatively migratory salmonids and other taxa of ecological or economic
548 importance (e.g. Robinson *et al.*, 2016) and their capacity for evolutionary or plastic responses
549 to anthropogenic change (Mangel and Satterthwaite, 2008; Thériault *et al.*, 2008; Railsback,
550 Harvey and White, 2014).

551

552 **Acknowledgements**

553 The authors would like to thank Brian Clarke, Deirdre Cotter, members of the FishEyeE team
554 at UCC, and the staff of Inland Fisheries Ireland and the Marine Institute for obtaining brood
555 stock and for assistance in fish rearing, along with Ronan O’Sullivan and Adam Kane for
556 assistance in fish husbandry. This research was supported by an ERC Starting Grant (639192-
557 ALH) and an SFI ERC Support Award awarded to TER. PMcG was supported in part by grants
558 from Science Foundation Ireland (15/IA/3028 & 16/BBSRC/3316) and by grant-in-aid
559 (RESPI/FS/16/01) from the Marine Institute (Ireland) as part of the Marine Research
560 Programme by the Irish Government. Computational support was provided by the Irish Centre
561 for High-End Computing.

562 **Ethical statement**

563 All fish were euthanized humanely at the end of the laboratory rearing phase under license.
564 The study and all associated procedures were carried out with ethical approval from Health
565 Products Regulatory Authority (HPRA) Ireland, under HPRA project license AE19130/P034,
566 and HPRA individual licenses AE19130/1087, AE19130/I200, AE19130/I201, and
567 AE19130/I202.

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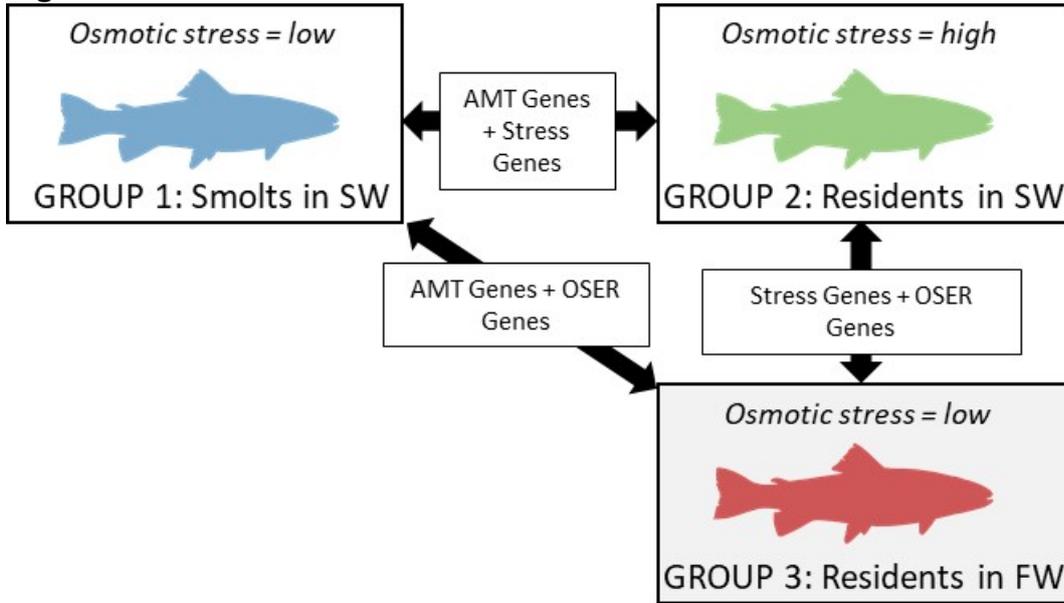
895 **Data availability**

896 Raw sequence data files are deposited in the NCBI short read archive (Accession ID:
897 PRJNA670837). Scripts underpinning the analysis of transcript estimation, differential
898 expression, and Gene Ontology term enrichment are for the purpose of review included in
899 Supporting information. Upon publication, scripts will also be hosted on a public repository on
900 Github. Raw sequence counts for each sample are provided in the Supporting information.

901 **Author Contributions**

902 RW, PAM, PMcG, TJC and TER conceived the study. LA, RW, SH, LH and TER collected
903 data and contributed to experimental design. PG collected and managed broodstock. JC
904 performed microsatellite genotyping. ED managed equipment and laboratory. RW, TJC and
905 TR conducted analyses and wrote the manuscript. All authors contributed to interpretation of
906 results and revisions of the manuscript.

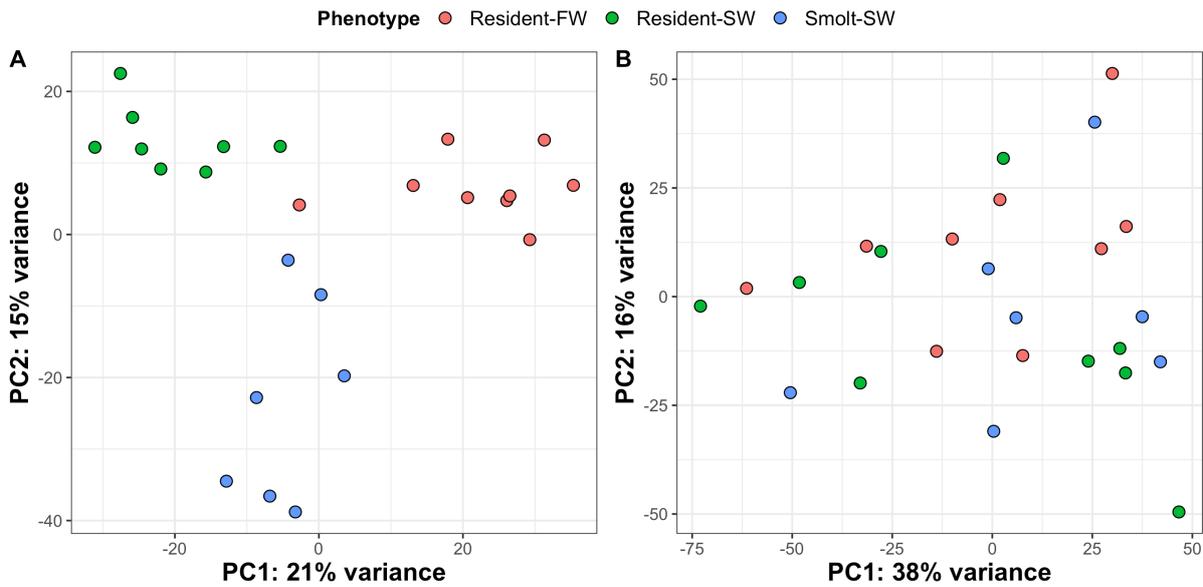
907 **Figures**



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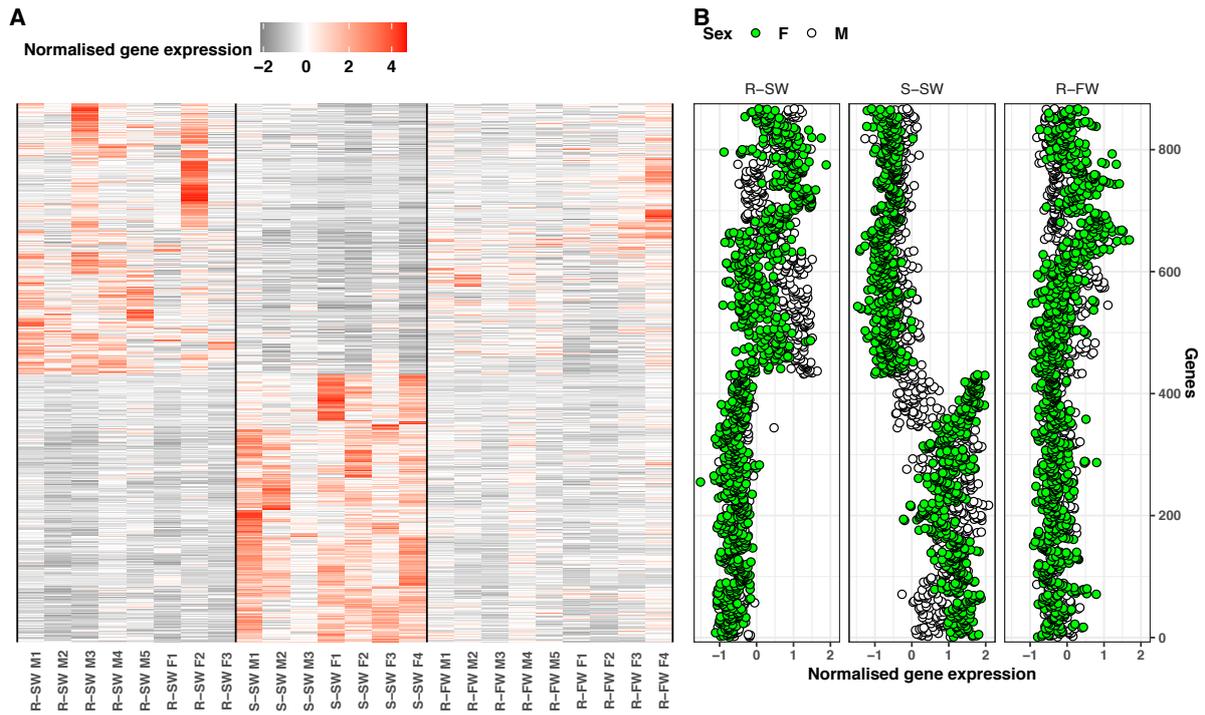
910 **Fig. 1. Identification of putative AMT genes in brown trout.** Panel Schematic representation
 911 of experimental design and associated logic. Livers and brains of trout deemed to have adopted
 912 an anadromous tactic (smolts) were RNA-sampled immediately following a 24-hr saltwater
 913 (SW) challenge (group 1 = smolts-SW). Livers and brains of a second group of trout deemed
 914 to have adopted a resident tactic were sampled following the same SW challenge (group 2 =
 915 residents-SW), while a third group were sampled at the same time in fresh water (FW) without
 916 having undergone a saltwater challenge (group 3 = residents-FW). Note that smolts could not
 917 be tested in FW prior to being subjected to a SW challenge (which is required to define a fish
 918 as a smolt or not) because liver and brain sampling is terminal for the fish. Because smolts are
 919 by definition physiologically tolerant of SW, group 1 experienced mild osmotic stress.
 920 Residents are physiologically intolerant of SW but well suited to life in FW, hence group 2
 921 experienced high osmotic stress while group 3 experience low osmotic stress. Black arrows
 922 represent genes that are differentially expressed between each pairwise comparison. AMT
 923 genes refer to those that are differentially expressed between the alternative life history tactics
 924 and potentially encompass genes involved in morphology, behaviour, physiology (including
 925 saltwater tolerance) and reproduction. Stress genes here refer to those for which differential
 926 expression between osmotic environments reflects the general stress of transitioning from FW
 927 to SW. Here OSER genes (osmotic environmental response genes) refers to genes which would
 928 be differentially expressed in response to different environmental salinity.

929



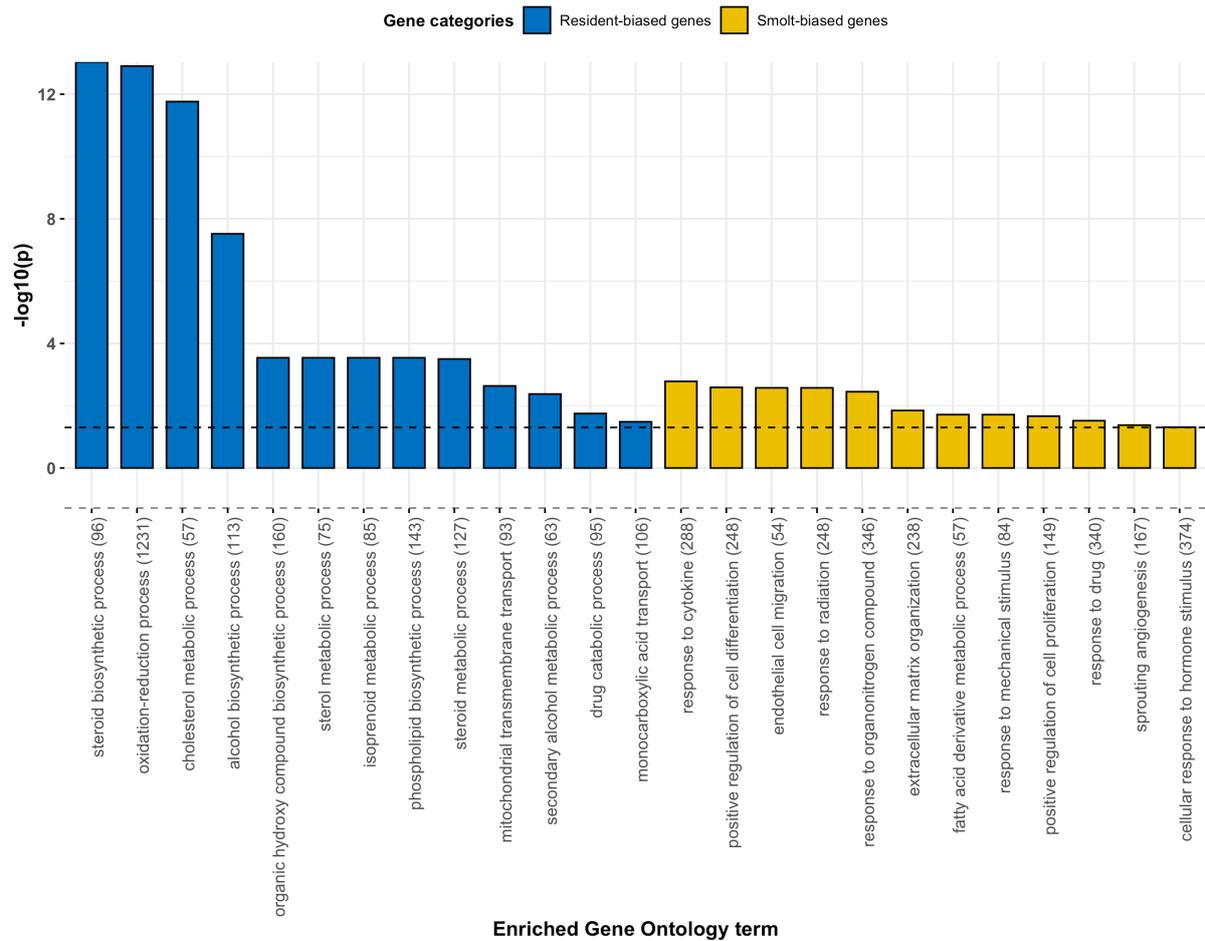
930

931 **Fig. 2. Distinct transcriptional profiles between resident and smolt livers but not brains.**
932 Scatterplots displaying the results of a principal component analysis (PCA) for normalised gene
933 expression values for (A) livers and (B) brains collected from three groups differing in
934 phenotype and/or environment. The proportion of variance within gene expression explained
935 by principal component 1 (PC1) and 2 (PC2) in displayed on the x- and y-axes, respectively.
936 Here each group is a categorical variable corresponding to the combination of the individuals
937 phenotype (life history tactic) and osmotic environment the individual experienced for 24-hrs
938 just prior to terminal sampling (salt water or fresh water).



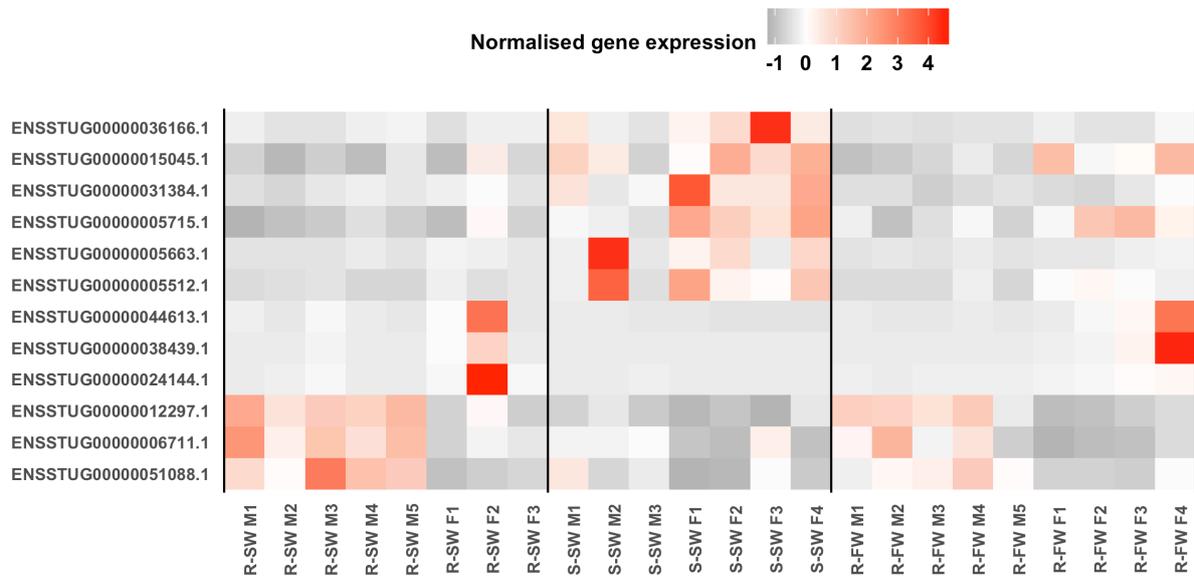
940

941 **Fig. 3. Putative AMT genes expressed in the brown trout liver.** (A) Heatmap displaying the
 942 normalised gene-level expression estimates for 867 genes that were uniquely differentially
 943 expressed between the livers of resident and migrant brown trout. Each row represents a single
 944 gene (y-axis) while for each sample (x-axis), the sample name provides information on
 945 phenotype (R = “resident”, S = “smolt”), environment of sampling (SW = “saltwater”, FW =
 946 “freshwater”) and sex (M = “male”, F = “female”). (B) Scatterplots showing the mean
 947 normalised gene expression for each sex within each of three groups (R-SW = “resident
 948 saltwater”, S-SW = “smolt saltwater”, R-FW = “resident freshwater”). Each point represents
 949 an individual gene and is coloured by sex (green = “female”, white = “male”).



950

951 **Fig. 4. Gene Ontology enrichment analysis of putative AMT genes in brown trout liver.**
 952 Enriched Gene Ontology associated with biological process-related terms for genes
 953 differentially expressed between alternative life histories. Each bar represents the -log₁₀ of *p*
 954 value (Fisher's Exact test) for each GO term with description of GO term, as well as the total
 955 number of annotated genes per term provided. The black vertical dashed line represents a -
 956 log₁₀(*p*) value equivalent to a *P* value = 0.05 threshold of significance.



957

958 **Fig. 5. Sex-biased expression of putative AMT genes.** Heatmap displaying the normalised
 959 gene-level expression estimates for 12 putative AMT genes that also demonstrated sex-biased
 960 gene expression within the liver. For each gene, the Ensembl gene ID is provided (y-axis) while
 961 for each sample (x-axis), the sample name provides information on phenotype (R = “resident”,
 962 S = “smolt”), environment of sampling (SW = “saltwater”, FW = “freshwater”) and sex (M =
 963 “male”, F = “female”).