

Table 1, demographics, n = 118

Variable		Oral trials <sup>†</sup> (n=23)	Full oral intake <sup>‡</sup> (n=89)	NBM <sup>§</sup> (n=6)
Age in years, mean (SD)		66.70 (16.715)	77.98 (13.587)	64.67 (23.019)
Gender, n (%)	Male	14 (60.9)	44 (49.4)	3 (50)
	Female	9 (39.1)	45 (50.6)	3 (50)
Social situation prior to admission, n (%)	Lives at home independently	17 (73.9)	34 (38.2)	6 (100)
	Nursing/residential home	1 (4.3)	31 (34.8)	0
	Lives at home with carers	5 (21.7)	24 (27.0)	0
Ward base speciality, n (%)	Care of the elderly	0	31 (34.8)	0
	General medicine	2 (8.7)	11 (12.4)	0
	General surgery	2 (8.7)	6 (6.7)	0
	Ear, nose and throat	0	0	1 (16.7)
	Respiratory	1 (4.3)	7 (7.9)	1 (16.7)
	Oncology	0	1 (1.1)	0
	Acute Stroke Unit	6 (26.1)	14 (15.7)	2 (33.3)
	Stroke and neuro-rehabilitation	10 (43.5)	6 (6.7)	2 (33.3)
	Community hospital inpatients	1 (4.3)	12 (13.5)	0
	ICU/step down	1 (4.2)	1 (1.1)	0
Primary reason for admission, n (%)	Stroke	14 (60.9)	20 (22.5)	3 (50.0)
	Other acute neurology	3 (13.0)	4 (4.5)	2 (33.3)
	Progressive neurology	1 (4.3)	1 (1.1)	0
	Respiratory illness	0	27 (30.3)	0
	Medically unwell	4 (17.4)	23 (25.8)	0
	Other (falls, elective surgery)	2 (8.7)	15 (16.9)	1 (16.7)
Previous medical history (PMH), n (%)	Stroke	2 (8.7)	19 (21.3)	1 (16.7)
	Dementia	2 (8.7)	30 (33.7)	0
	Progressive neurological condition	2 (8.7)	15 (16.9)	0
	Other acute neurology	0	5 (5.6)	0
	Respiratory illness	2 (8.7)	15 (16.9)	0
	Recurrent falls	0	11 (12.4)	0
	Spinal issues	0	2 (2.2)	0
	Oesophageal	1 (4.3)	13 (14.6)	0
	ENT	0	1 (1.1)	1 (16.7)
	Diabetes	7 (30.4)	19 (21.3)	2 (33.3)
	Alcohol excess	3 (13.0)	1 (1.1)	0
	Learning disability	1 (4.3)	4 (4.5)	0
	Other PMH	18 (78.3)	74 (83.1)	3 (50)
	No PMH	0	2 (2.2)	2 (33.3)
Chronic dysphagia <sup>  </sup> , n (%)		7 (30.4)	46 (51.7)	2 (33.3)
Videofluoroscopy completed, n (%)		5 (21.7)	7 (7.9)	1 (16.7)
Experience of treating SLT <sup>¶</sup> , n (%)	Band 5	2 (8.7)	35 (39.3)	0
	Band 6	4 (17.4)	21 (23.6)	4 (66.6)
	Band 7	2 (8.7)	7 (7.9)	0
	Mixed SLTs	15 (65.2)	26 (29.2)	2 (33.3)

<sup>†</sup> Individuals currently on oral trials or who have been on oral trials during admission

<sup>‡</sup> Individuals on full amounts of oral intake (including modified diet/fluids and those with risks of aspiration accepted)

<sup>§</sup> Individuals currently nil by mouth who have not been on oral trials

<sup>||</sup> If a patient was seen by SLT for dysphagia management in previous admissions or in the community, dysphagia was considered 'chronic'

<sup>¶</sup> Band 5 SLTs are recently qualified SLTs, Band 6 specialist SLTs and Band 7 senior/highly specialist SLT, mixed SLTs recorded when a patient was seen by multiple SLTs of different banding

