

Table 4, Current oral trials offered (n=13)

Diet only	3/13					
Fluids only	5/13					
Diet and fluids	5/13					
Non-oral feeding in place[†]	PEG/RIG	4/13				
	NG	7/13				
	Full oral intake	2/13				
Risks of aspiration accepted for oral trials	Documented	3/13				
	Not documented	10/13				
Reason for oral trials	Rehabilitation	2/13				
	Not documented	11/13				
Progress since starting oral trials[‡]	No change	7/13				
	Worsened	2/13				
	Improved	4/13				
	Consistency	Quantity	Frequency recommended			
Fluids	Level 0	3/10	3-5 teaspoons	3/10	1x a day	2/10
	Level 1	1/10	5-7 teaspoons	1/10	2x a day	0/10
	Level 2	5/10	10-15	1/10	3x a day	3/10
	Level 3	0	5 sips	1/10	4x a day	0/10
	Level 4	1/10	100ml	2/10	5x a day	2/10
			Unspecified[§]	1/10	Unlimited	3/10
Diet	Level 4	6/8	10 teaspoons	1/8	1x a day	2/8
	Easy to chew	1/8	15 teaspoons	2/8	2x a day	1/8
	Regular diet	1/8	½ meal	1/8	3x a day	2/8
			Full meal	1/8	4x a day	2/8
			Unspecified	3/8	6x a day	1/8

[†] PEG = Percutaneous Endoscopic Gastrostomy, RIG = Radiologically Inserted Gastrostomy, NG = Nasogastric

[‡] Quantity or consistency of diet/fluids allowed has been further restricted (worsened) or quantity or consistency of diet/fluids allowed has improved

[§] SLT-led trials

^{||} Additional recommendations: at least 20 minutes or at least 30 minutes between each trial