

Table 2. Physical findings, comorbidities, stroke and bleeding risk factors and baseline stroke and bleeding risk profile

Variable	Rate control n = 1622 (64.3%)	Rhythm control n = 900 (35.7%)	p value
Heart rate	91.0 ± 26.2	96.2 ± 31.8	0.001
Heart rate <50 or >110 bpm	346 (21.3)	293 (32.6)	<0.001
SBP (mean, mmHg)	135.0 ± 22.3	135.2 ± 20.5	0.541
DBP (mean, mmHg)	80.9 ± 12.3	82.4 ± 11.6	0.198
Lone AF	15 (0.9)	37 (4.1)	<0.001
HF	914 (56.4)	198 (22.0)	<0.001
Symptomatic HF	872 (53.8)	191 (21.2)	<0.001
HFrEF	420 (25.9)	81 (9.0)	<0.001
DCM	185 (11.4)	30 (3.3)	<0.001
Hypertension	1307 (80.6)	719 (79.9)	0.051
CAD	538 (33.2)	225 (25.0)	<0.001
Prior MI	255 (15.7)	82 (9.1)	<0.001
History of PCI/stenting	121 (7.5)	79 (8.8)	0.025

Mitral valve regurgitation	645 (39.8)	178 (19.8)	<0.001
Aortic valve disease	219 (13.5)	66 (7.3)	<0.001
PAD	85 (5.2)	28 (3.1)	0.055
Thyroid disease	141 (8.7)	121 (13.4)	<0.001
Diabetes mellitus	449 (27.7)	183 (20.3)	<0.001
Anaemia	273 (16.8)	74 (8.2)	<0.001
CKD	273 (16.8)	95 (10.6)	<0.001
COPD	250 (15.4)	63 (7.0)	<0.001
Sleep apnea	37 (2.3)	16 (17.8)	<0.001
Dementia	60 (3.7)	16 (1.8)	<0.001
Malignancy	84 (5.2)	29 (3.2)	<0.001
Liver disease	68 (4.2)	18 (2.0)	<0.001
Prior stroke	210 (12.9)	54 (6.0)	<0.001
Prior TIA	60 (3.7)	21 (2.3)	0.002
Prior SE	19 (1.1)	1 (0.1)	0.006
Prior bleeding	96 (5.9)	21 (2.3)	0.002
Obesity	413 (25.5)	223 (24.8)	0.318
Multimorbidity *	1484 (91.5)	706 (78.4)	<0.001

CHA₂DS₂-VASc (mean)	3.8 ± 1.8	2.7 ± 1.7	<0.001
CHA₂DS₂-VASc 0 (males) or 1 (females)	148 (9.1)	276 (30.7)	<0.001
CHA₂DS₂-VASc = 1	125 (7.7)	218 (24.2)	<0.001
CHA₂DS₂-VASc ≥2	1497 (92.3)	682 (75.8)	<0.001
HAS-BLED (mean)	2.2 ± 1.2	1.6 ± 1.1	<0.001
HAS-BLED ≥3	594 (36.6)	179 (19.9)	<0.001

*Multimorbidity, the presence of two or more long-term conditions [45].

bpm, beats per minute, AF, atrial fibrillation, DBP, diastolic blood pressure, SBP, systolic blood pressure, HF, heart failure, rEF, reduced ejection fraction, DCM, dilated cardiomyopathy, CAD, coronary artery disease, MI, myocardial infarction, PCI, percutaneous coronary intervention, PAD, peripheral artery disease, CKD, chronic kidney disease, COPD, chronic obstructive pulmonary disease, TIA, transient ischaemic attack, SE, systemic embolism, CHA₂DS₂-VASc, congestive heart failure, hypertension, age ≥75 years, diabetes, stroke/transient ischemic attack, vascular disease, age 65-74 years, sex category (female), HAS-BLED, hypertension, abnormal renal/liver function, stroke, bleeding history or predisposition, labile International Normalised Ratio, elderly (>65 years), drugs or alcohol concomitantly.