Table 2: Median, confidence intervals, Wilcoxon Z-values and effect size for the 12 individual skills.

Question		Median	Quartiles		Z	P	r
			Lower	Upper			
1 How confident do you feel in recognising the symptoms of anxiety and depression?	Pre	6.00	5.00	7.00	6.205	< 0.001	0.59
	Post	8.00	7.00	9.00			
2 How confident do you feel in recognising the symptoms of post-traumatic stress disorder?	Pre	5.00	3.00	6.00	6.326	< 0.001	0.60
	Post	8.00	7.00	8.00			
3 How confident do you feel about recognising and managing the symptoms of delirium?	Pre	6.00	5.00	7.00	6.033	< 0.001	0.58
	Post	8.00	8.00	9.00			
4 How confident do you feel about assessing and managing suicide risk?	Pre	4.00	2.00	5.00	6.105	< 0.001	0.58
	Post	7.00	6.00	8.00			
5 How confident do you feel about using problem solving in your clinical practice?	Pre	7.00	6.00	7.50	3.086	< 0.05	0.29
	Post	8.00	7.00	8.00			
6 How confident do you feel about using goal setting and activity scheduling in your clinical practice?	Pre	6.00	5.00	8.00	5.572	< 0.001	0.53
	Post	8.00	7.00	9.00			
7 How confident do you feel about discussing distraction techniques in your clinical practice?	Pre	4.00	3.00	5.50	6.247	< 0.001	0.60
	Post	7.00	7.00	8.00			
8 How confident do you feel about discussing fight or flight response in your clinical practice?	Pre	5.00	4.00	6.00	6.366	< 0.001	0.61
	Post	8.00	7.00	9.00			
9 How confident do you feel about using relaxed breathing and relaxation in your clinical practice?	Pre	5.00	3.00	6.50	6.183	< 0.001	0.59
	Post	8.00	7.00	9.00			
10 How confident do you feel	Pre	4.00	3.00	6.00	6.115	< 0.001	0.58

#	Question		Median			Z	P	r
	about explaining post-traumatic stress symptoms to patients/family members/carers?			7.00	8.00			
		Post	7.00					
11	How confident do you feel about using grounding techniques to manage symptoms of post-traumatic stress?	Pre	2.00	1.00	4.00	6.364	< 0.001	0.61
		Post	7.00	6.00	8.00			
12	How confident do you feel about discussing the psychological management of pain with patients?	Pre	4.00	2.50	5.50	6.147	< 0.001	0.59
		Post	7.00	6.00	8.00			

Note. Abbreviations: Z, Z-statistic; P, significance P-value; r, nonparametric effect size (small effect =0.1, medium effect =0.3, large effect =0.5).