

Table 2. Cohort characteristics

Characteristics	No. (n=169)	Percent	Median (IQR)
Male	83	49	
Birth history			
Term infant (>36 weeks)	97/108	90	
Mode of delivery			
Vaginal	80/112		
Caesarean section	32/112		
Low birth weight (<2500g)	6/56		
Born in spring or summer	85	50	
Feeding history			
Any breastfeeding	130/134		
Exclusively breastfed to 4 months of age	79/122		
Exclusively formula-fed	4/110		
Duration of breastfeeding (months)			7 (6-10)
Age when solids first introduced			5 (4.5-6)
Personal history			
Fully immunised by 12 months of age	129/129		
Any atopic disorder	90	53	
Asthma	19	11	
Eczema	71	42	
Allergic rhinitis	15	9	
Clinical IgE food allergy	32	19	
Anaphylaxis	9	5	
Epinephrine prescribed	22	13	
Family history			
Family history of atopy	89/168	53	
Family history of FPIES	9/168	5	
Diagnosis			
Age at 1 st episode (months)			5 (4-7)
Age at diagnosis (months)			9 (6-15)
Delay to diagnosis (months)			3 (1-8)
Food triggers (n=168)			
2 trigger foods	60	36	
Rice	75	45	
Cow's milk	51	30	
Soy	22	13	
Eggs	20	12	
Fish	19	11	
Oats	18	11	
Banana	13	8	
Chicken	11	7	
Symptoms			
Vomiting	168	100	
Pallor	129/168	77	
Lethargy	121/168	72	
Floppiness	130/168	77	
Diarrhoea	32/168	19	
Blood in stools	3/168	2	
Treatment required			
Attended emergency department	99/147		
Intravenous fluids required	40/99		
Prognosis			
Proven resolution via in-hospital challenge	67/88		
Age at challenge resolution (where resolution proven)			21 (16.5-36)