

1 **Fine-scale plant defense variability increases top-down control of an herbivore**

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31 **Abstract**

32 Herbivore populations are regulated by plant defenses and natural enemies. While plant defense
33 can suppress herbivore populations, these defenses adversely affect natural enemies thereby
34 releasing herbivores from top-down control. Over their lifespans, herbivores and their natural
35 enemies may experience substantial variation in plant defense. Defense variability can suppress
36 the growth of herbivores, but the impacts of defense variability on natural enemies and top-down
37 control of herbivores are unknown. We independently manipulated the mean and variation of a
38 plant toxin experienced by individual *Trichoplusia ni* caterpillars and its parasitoid *Copidosoma*
39 *floridanum*. Increases in the mean toxin concentration, but not its variance, experienced by
40 individual *T. ni* and *C. floridanum* decreased the fitness of *C. floridanum*, whereas both mean
41 and variance impacted *T. ni* fitness. Thus, increased defense variability for individual herbivores
42 suppressed herbivore fitness with no perceptible cost to top-down control. However, impacts of
43 variability depend heavily on scale of variability.

44 **Introduction**

45 Herbivores experience both bottom-up pressures from defense traits of their host plants as
46 well as top-down pressure from their predators, parasitoids, and pathogens (Hunter & Price
47 1992). The combination of bottom-up and top-down impacts must be considered when
48 examining the factors regulating herbivore populations (Price *et al.* 1980; Vidal & Murphy
49 2018). Yet, often only one set of bi-trophic interactions are examined. Plant defensive chemicals
50 are important bottom-up factors in suppressing herbivore fitness (Stamp 2003), but can also
51 impact natural enemies, such as parasitoids (Ode 2006, 2013; Gols 2014). These chemicals can
52 reduce fitness of parasitoids developing in herbivores by decreasing host quality (Lampert &
53 Bowers 2010; Harvey *et al.* 2011), increasing herbivore immunity against parasitoids (Kaplan *et*
54 *al.* 2016), and directly exposing of developing parasitoids to plant defense chemicals (Barbosa *et*
55 *al.* 1986; McGovern *et al.* 2006; Lampert *et al.* 2008). In other cases, defense chemicals may
56 increase parasitoid performance by inhibiting the immune response of the herbivore
57 (Bukovinszky *et al.* 2009; Smilanich *et al.* 2009; Lampert 2012; Quintero *et al.* 2014; Ode 2019).
58 When examining the consequences of plant traits on herbivores, the effect of plant traits on top-
59 down controls such as parasitoids should be considered as well (Poelman *et al.* 2008; Pearse *et*
60 *al.* 2020).

61 Herbivores encounter variability in defenses both spatially and temporarily throughout
62 development (Hakes & Cronin 2011; Quintero *et al.* 2014; Hunter 2016; Cope *et al.* 2020).
63 Herbivores can experience variation moving across different parts of the same plant or between
64 individual plants (Ruhnke *et al.* 2009; Wetzal *et al.* 2016), through ontogenetic variation in plant
65 defense production (Quintero *et al.* 2014; Cope *et al.* 2020; Ochoa-López *et al.* 2020), or through
66 induction (Karban *et al.* 1997). From the perspective of an herbivore, variation in plant defensive

67 traits can occur at radically different scales, and the scale at which variation occurs can have
68 profound consequences for herbivores. For example, by comparing no-choice rearing studies,
69 Wetzel *et al.* (2016) found that population-level herbivore performance was greater with
70 increasing plant trait variability. However, at a finer spatial scale in which individual herbivores
71 experience variation in plant defense, defense variation suppressed herbivore performance and
72 population growth rate (Pearse *et al.* 2018), probably because herbivores could not acclimate to
73 changing plant defenses (Wetzel & Thaler 2016).

74 To date, we know very little about how variable defenses impact the natural enemies of
75 herbivores and the top-down control of herbivores. Furthermore, some studies have suggested
76 that the ability of herbivores to metabolize plant defense toxins may change ontogenetically
77 (Quintero & Bowers 2018; Boege *et al.* 2019). Given the widespread occurrence of spatial and
78 temporal variation in plant defenses, and the documented effects on herbivores (Wetzel *et al.*
79 2016; Pearse *et al.* 2018), variation in plant defenses likely affects higher trophic levels and top-
80 down control of herbivore populations. For instance, herbivores that are less mobile than their
81 natural enemies may experience increased top-down attack of herbivores if their natural enemies
82 readily move between high quality patches with abundant herbivores and low-quality patches
83 with fewer herbivores (Riolo *et al.* 2015). Another possibility, which we test here, is that defense
84 variability at fine scales might suppress herbivore performance to a greater degree than that of
85 natural enemies, resulting in greater top-down control.

86 In this study, we explored the impacts of toxin variation in the diet of the cabbage looper
87 *Trichoplusia ni* (Lepidoptera: Noctuidae) on development of its parasitoid *Copidosoma*
88 *floridanum* (Hymenoptera: Encyrtidae). Cabbage loopers can be reared on artificial diets in
89 which precise concentrations of plant toxins can be incorporated, making them well-suited for

90 studies of the impacts of defenses on *T. ni* caterpillars (Pearse *et al.* 2018) and *C. floridanum*
91 (Lampert & Bowers 2010, 2013; Lampert *et al.* 2011). Using an artificial diet, we examined the
92 effect of xanthotoxin, a plant defense produced by many plants in the Apiaceae, on herbivore and
93 parasitoid performance across a range of mean xanthotoxin concentrations without otherwise
94 changing nutritional content of the diet. We then fed individual parasitized caterpillars varying
95 concentrations of xanthotoxin in their diet to explicitly test the effects of variation in toxin
96 concentration and compare them to the effects of mean concentrations. This design allowed us to
97 measure the emergent effects of toxin variability by removing other variables that might obscure
98 these effects.

99 We hypothesized that the negative effects of toxin variability in the diet of the herbivore
100 would decrease host quality resulting in negative impacts on the parasitoid. Alternatively, the
101 effects of toxin variability may diminish at higher trophic levels and variability in host diet may
102 not be strongly experienced by parasitoids and, consequently, may enable increased top-down
103 control of herbivores. Because parasitoids experience plant defenses via their herbivorous host,
104 they may not be exposed to the same degree of variation in a defensive trait as the herbivore.
105 Such differential effects may be very important in the regulation of herbivore populations, as
106 negative effects of a plant resistance trait on natural enemies can effectively negate the benefit of
107 that trait as a plant defense (Ode 2006; Peterson *et al.* 2016). Furthermore, we explore the
108 importance of the scale of variability for parasitoid performance by manipulating variability of
109 xanthotoxin in individual diets and between individuals by averaging performance across
110 treatments of herbivores fed constant xanthotoxin levels. We also compared the effects of
111 xanthotoxin variability on the potential for top-down control of herbivores by examining the
112 number of parasitoids (emerged from parasitized hosts) per host in a subsequent generation.

113 While diet variability can reduce herbivore fitness (Wetzel *et al.* 2016; Pearse *et al.* 2018), it
114 remains unknown whether this will also limit the potential for top down control through negative
115 effects on higher trophic levels.

116 **METHODS**

117 **Insect colonies**

118 *Trichoplusia ni* (Lepidoptera: Noctuidae) is polyphagous, feeding on plants from over 40
119 families, including several members of the Apiaceae (Sutherland & Green 1984) that contain
120 xanthotoxin. *Copidosoma floridanum* (Hymenoptera: Encyrtidae) is a polyembryonic egg-larval
121 parasitoid of plusiine noctuid moths (Noyes 1988). Polyembryonic parasitoids lay either one egg
122 (male or female) or two eggs (one male and one female) inside their host egg. Once the host egg
123 hatches, embryos produced by these parasitoid eggs clonally multiply forming as many as a few
124 thousand individuals per host before finally pupating within the mummified cuticular remains of
125 the host's final instar (Strand 1989; Ode *et al.* 2018).

126 Laboratory colonies of unparasitized *T. ni* and *C. floridanum*-parasitized *T. ni* were
127 maintained in separate Sanyo MIR-554 environmental chambers set at 25° C, a 16L:8D
128 photoperiod, and 30% RH and reared for several generations on artificial diet before use in
129 experiments. Approximately 25 adult *T. ni* were kept in 3.78 L plastic containers and provided
130 with cotton soaked in 10% honey water as a food source. The top of each container was covered
131 with a sheet of paper towel on which *T. ni* adults laid eggs. Egg sheets were changed daily to
132 provide *C. floridanum* females young host eggs, which are preferred for oviposition (Strand
133 1989). Some egg sheets were exposed to adult female *C. floridanum* and then placed in petri
134 dishes and incubated at 25° C until hatching. Unparasitized egg sheets were surface sterilized
135 with a 10% bleach solution and then air-dried before incubation. After hatching, first instar *T. ni*

136 larvae (both parasitized and unparasitized) were transferred to 37 mL plastic cups (SOLO®
137 soufflé cups [Dart Container Corp., Mason, MI, USA]; two larvae per cup) containing ~15 ml
138 artificial diet (modified from Shorey and Hale 1965; Table S1), and reared until pupation or
139 mummy formation. Moth pupae were collected and placed in the adult rearing containers where
140 they were allowed to emerge. Mummies formed from parasitized caterpillars were kept in 15 ml
141 glass test tubes plugged with a cotton stopper and allowed to emerge. Because *C. floridanum*
142 adults generally only live a few days, mated females were usually used for culture maintenance
143 or experiments within six hours of emergence.

144 **Experimental design**

145 Newly emerged (< 6 hours old) adult *C. floridanum* females were allowed to oviposit on
146 egg sheets containing less than 12-hour old *T. ni* eggs. *Copidosoma floridanum* lays mostly
147 mixed-sex and all-female broods when mated (Hardy *et al.* 1993; Ode & Strand 1995). To ensure
148 that some all-male broods were produced, some of the eggs were parasitized with unmated
149 females. Unfertilized eggs develop into haploid males due to the haplodiploid development of
150 wasps. Paper towels with parasitized eggs were then placed in petri dishes at 25° C until
151 hatching.

152 *Constant diet experiment:* To establish the overall impact of xanthotoxin concentration
153 on parasitoid fitness, individual parasitized first instar caterpillars were placed individually in
154 37mL SOLO® soufflé cups containing artificial diet supplemented with either 0, 0.5, 1.0, 1.5, or
155 2.0 mg xanthotoxin/g diet (n = 54, 55, 55, 52, 52 respectively). Artificial diets used in the
156 experiments only differed from the diet used for colony maintenance (see above) in the addition
157 of xanthotoxin. Caterpillars were weighed on the sixth day of development to measure growth
158 differences across the diet treatments. Larvae were reared on the same diet until mummies were

159 formed. The values from this experiment were used to construct curves of the mean effect of
160 xanthotoxin concentration on *C. floridanum* fitness measures to use as a baseline comparison for
161 the fitness effects of variable diets (below).

162 *Diet-switching experiment:* To test the effects of xanthotoxin variability on *C. floridanum*
163 performance, larvae were switched every three days between two diets that had a combined
164 average of 1.0 mg xanthotoxin/g diet. Diet pairs represented either high variability (0 and 2.0 mg
165 xanthotoxin/g diet), low variability (0.5 and 1.5 mg xanthotoxin/g diet, or no variability (1.0 and
166 1.0 mg xanthotoxin/g diet) (n = 80 per treatment). Therefore, treatments varied in the magnitude
167 of variation, but not the mean, of xanthotoxin concentration experienced by the caterpillars. Half
168 of the larvae started on the higher concentration of xanthotoxin first, while the other half were
169 placed on the lower diet first to account for any initial diet effects. On the sixth day (as with the
170 constant diet experiment, above), prior to switching diets, caterpillars were weighed to measure
171 growth rate differences between treatments. Larvae that died after day six were dissected to
172 confirm parasitism status. The small number of larvae that were not parasitized (3/240 in
173 variability, 17/268 in mean experiment) were removed from any further analyses.

174 *Parasitoid fitness measures:* For both the constant diet and diet-switching experiments,
175 after mummy formation, mummies were placed individually in a glass test tube fitted with a
176 cotton stopper and kept at 25° C until adult eclosion. Adult wasps were allowed to emerge for 24
177 hours, after which the emerged adults and mummified host remains were frozen at -20° C.
178 Survival was based on whether any adults from the brood successfully emerged. In each brood of
179 *C. floridanum*, the first 200 wasps were sexed and the remaining adults were counted. Mummies
180 were dissected to determine the number of unemerged larvae, pupae, and pharate adults and
181 combined with the number of emerged adults to determine total brood size. Brood size, the total

182 combined number of emerged and unemerged *C. floridanum* individuals from a single host, was
183 used as a direct measure of parasitoid fitness. Emergence was defined as the proportion of
184 emerged adults out of the total individuals per brood.

185 **Statistical analyses**

186 Statistical analyses were performed using R version 3.6.2. Survival (coded as yes or no
187 for each brood) was analyzed using logistic regression with xanthotoxin concentration (or
188 treatment for the variability experiment) as a predictor. Analyses were performed with
189 xanthotoxin concentration as a single predictor variable for baseline fitness curves using the
190 linear model (lm) function in R. Variability treatment effects on day six mass, pupation time, and
191 brood size (response variables) were compared with one-way ANOVA, with treatment as the
192 predictor, using the lm function analyzed with type III sum of squares. Emergence was analyzed
193 using a logistic regression with proportion of emerged individuals out of the brood total as the
194 response variable. Brood type was included as a fixed effect in each model but was not
195 significant except for some brood size analyses and was therefore removed from the other
196 models. To explore the effects of variability at the population level (rather than individual diet
197 cups), performance values from the constant xanthotoxin experiment were combined using
198 nonlinear averaging to calculate performance values corresponding with the same treatments as
199 the variability experiment. This was used to simulate a population where individuals feed on
200 separate diets, thus comparing variability across rather than within individuals. Nonlinear
201 averages were calculated for low variability and high variability using the same two diet
202 treatments for each as in the diet-switching experiment (above). Calculated nonlinear averages
203 for low, high, and no variability were then compared using pairwise t-tests using propagated

204 errors following the methods of Pearse et al. (2018). Results are presented with mean and
205 standard error (mean \pm SE).

206 We also wanted to project the effects of variable diets on the population dynamics of the
207 parasitoid and host using an estimate of subsequent generation parasitoid-host ratio (i.e. adult
208 wasps per host egg). Lifetime egg production data of *T. ni* (from Pearse et al. 2018) was
209 combined with the brood size and survivorship data presented here on *C. floridanum*. We
210 projected the effects of variable toxins on herbivore population dynamics using the combined
211 impacts of variable defense on herbivores and parasitoids. Parasitized hosts failing to yield any
212 adult parasitoids were considered as having an emerged brood size of zero. These data were
213 combined with the number of emerged adult parasitoids to calculate average emerged brood size.
214 Since only female wasps contribute to parasitism of hosts, we multiplied the brood size by the
215 overall proportion of females in mixed-sex broods. We did not adjust the estimate based on the
216 number of all-male broods since the number of unmated females producing these broods was
217 controlled in the experiment. The final average brood size in each mean and variability treatment
218 was then divided by the corresponding lifetime egg production of *T. ni* to calculate adult wasps
219 per host egg. This calculation uses both the subsequent generation of adult wasps (number
220 emerged from a parasitized caterpillar) and the eggs laid by an unparasitized individual of the
221 same generation (from Pearse et al. 2018). This accounts for loss of fitness in the next generation
222 through brood size or egg production due to xanthotoxin effects. Standard error was propagated
223 based on the individual errors from the respective data sets.

224 **RESULTS**

225 The likelihood that any *C. floridanum* successfully emerged significantly declined when
226 their hosts fed on diets with higher mean concentrations of xanthotoxin (Figure 1A), but was not

227 impacted by the magnitude of variability in xanthotoxin (Figure 1B). Only 8.7% of the
228 parasitized hosts produced any adult wasps when fed diets containing the highest concentrations
229 of xanthotoxin (2.0 mg/g). Most mortality was caused by death of the host prior to mummy
230 formation with the host being 13.5 times more likely to die on 2.0 mg/g diet than the no
231 xanthotoxin diet ($\chi^2 = 38.00$, $df = 1$, $p < 0.0001$) in the mean experiment. Only 13.1% of total
232 brood mortality in all mean treatments combined occurred after mummy formation. Similarly,
233 mortality in the variability experiment also occurred primarily before parasitoid pupation (84.1%
234 of total mortality). Survival was highest on constant diets containing no xanthotoxin, where
235 60.9% of hosts survived to form mummies. Survivorship in the variability experiment was 41.5%
236 overall which was consistent with the 1.0 mg/g constant diet treatment and did not vary between
237 variability treatments.

238 Increasing concentrations of xanthotoxin had sublethal effects on parasitoid fitness, but
239 the magnitude of variability had no significant effects on parasitoid fitness. Day six mass of host
240 caterpillars decreased logarithmically with increasing xanthotoxin levels (Figure 2A). Average
241 host mass ranged from 9.02 ± 0.79 mg on diets with no xanthotoxin to only 1.39 ± 0.25 mg when
242 fed with 2 mg/g xanthotoxin. There was no effect of variability on host growth (Figure 2B) with
243 a combined treatment average day six mass of 3.1 ± 0.15 mg which was very similar to the
244 average on the 1.0 mg xanthotoxin treatment in the mean experiment. Starting diet did not
245 influence day six mass for any treatment in the variability experiment ($F_{4,82} = 1.68$, $p = 0.1571$).

246 Xanthotoxin concentration also increased the amount of time to pupation in the mean
247 experiment but pupation time was not impacted by variability (Figure 2C-D). Pupation time
248 ranged from 16.9 ± 0.22 days on average on 0 mg xanthotoxin diet to 22.8 ± 0.61 days on 2.0 mg
249 xanthotoxin diet. Average pupation time with all variability treatments combined was $20.81 \pm$

250 0.26 days. Larger larvae tended to pupate faster in both experiments (Figure S1) and the
251 difference in growth rate due to larva size was greater on higher mean xanthotoxin diets.

252 Dietary xanthotoxin concentration had no impact on brood size until concentrations were
253 greater than 1.0 mg/g, forming two distinct groups divided above 1.0 mg/g xanthotoxin (Figure
254 3A). Brood size on 1.0 mg/g or lower xanthotoxin diets averaged 1366.4 ± 59.5 individuals per
255 host while the average of the higher xanthotoxin diets was about 40% less with only 797.7 ± 82.7
256 individuals per host. Despite the effect of high constant xanthotoxin on brood size, this was not
257 affected by variability either (Figure 3B). Average brood size across all variability treatments
258 combined was nearly 1100 individuals per host.

259 Parasitoid brood emergence was affected by dietary xanthotoxin concentration similarly
260 to brood size, with broods having similar emergence at 1.0 mg/g or lower concentration diets and
261 far lower emergence on the two higher xanthotoxin diets (Figure 3C), but this was also
262 unaffected by the variability treatments (Figure 3D). This is likely because brood size was
263 strongly correlated with emergence (logistic regression: $\chi^2 = 24.197$, $df = 1$, $p < 0.0001$). Smaller
264 broods tend to have poor emergence, since these broods often leave too much host tissue
265 unconsumed preventing the adult wasps from successfully emerging (Ode & Strand 1995).

266 The results of individual parasitoid performance on the constant diet was also used to
267 determine the effects of variability in diet between individuals of a population through nonlinear
268 averaging (Figure 4). Variability between individuals affected all parasitoid fitness parameters
269 except development time, since the relationship between mean dietary xanthotoxin and
270 development time was linear (Figure 2C). Parasitoid broods had the highest survival without
271 variability across individual diets (Figure 4A). However, high variability positively affected host
272 growth (Figure 4B) compared to low variability, though the difference was not significant

273 compared to no variability. The population had an average day six mass of 5.25 ± 1.02 mg with
274 high variability between individual diets compared to just 2.60 ± 0.729 mg with low variability
275 and 3.23 ± 0.63 mg with no variability. However, brood size suffered heavily with variability
276 between individual diets (Figure 4C). Variability between individual diets led to approximately
277 one-third less total brood size (low: 1015.71 ± 251.85 , high: 980.54 ± 200.70) than no variability
278 (1518.09 ± 105.61). Due to the correlation of brood size and emergence, variability at this scale
279 affected emergence in the same way, with more variability greatly decreasing emergence
280 success.

281 **Calculated effects on top-down control in the next generation**

282 By combining these results and those from Pearse et al. (2018) on the egg production of
283 *T. ni*, we calculated the parasitoid pressure on the next generation of herbivores in variable
284 systems as the number of adult wasps per host egg. The parasitoid pressure resulting from
285 caterpillars feeding on variable diets was dependent on the scale of variability. There were many
286 more parasitoids per host when individual caterpillars consumed more variable diets, but the
287 opposite was true when diets varied between but not within individuals. Low variability and high
288 variability diets had nearly twice the parasitoid pressure of non-variable diets with variability at
289 the individual scale (Figure 5). However, parasitoid pressure with no variability was three times
290 that of high variability when variability was experienced by populations, not individuals.

291 **DISCUSSION**

292 Our results highlight the importance of scale in considering the impacts of variability on
293 higher trophic levels. When individual *T. ni* caterpillars experienced variability of xanthotoxin in
294 their diet, that variability suppressed caterpillar performance (Pearse et al. 2018), but had no
295 detectable impact on parasitoid (*C. floridanum*) performance. This effect held true for numerous

296 measures of parasitoid performance, including survival, brood size, and emergence success. This
297 was despite the clear negative effects of high levels of xanthotoxin on parasitoid fitness including
298 slower development, decreased brood size, poor emergence, and low overall survivorship of
299 hosts and broods.

300 In contrast, variation in plant defenses might not be experienced by an individual,
301 whereas it may be experienced by a population of herbivores. When individual caterpillars did
302 not experience variability in xanthotoxin, but a population of caterpillars did, there was little
303 population-level effect of xanthotoxin on caterpillar performance (Pearse et al. 2018). However,
304 population-level variability in xanthotoxin had a strong negative effect on parasitoid
305 performance. This population-level effect of variability was consistent when considering several
306 parasitoid performance measures including survival, brood size, and emergence success.

307 When individual caterpillars feed on variable diets, it is possible that the individual
308 parasitoid broods do not actually experience the variability in the host. Parasitoids feed
309 primarily on the hemolymph and at least some portion of xanthotoxin in the caterpillar's diet
310 enters the hemolymph (Lampert *et al.* 2011). However, parasitoids may influence the host
311 feeding in a way that reduces the amount of variability experienced. Regardless of whether
312 parasitoids experience variability, the host was expected to still be negatively affected by
313 variability as previously shown (Pearse et al. 2018). Day six parasitized caterpillar mass among
314 constant xanthotoxin levels followed an extremely similar trend to that of unparasitized
315 caterpillars (Pearse et al. 2018). Despite this, no negative effect of variability was observed for
316 day six mass of parasitized caterpillars, while a negative impact of variability was observed in
317 unparasitized caterpillars (Pearse et al. 2018). This suggests parasitism changes the effect on the
318 host as well, possibly by regulating the feeding rates of the host to mitigate the effects of a

319 changing diet and *C. floridanum* parasitism is known to cause changes in host physiology
320 (Strand 1989; Strand *et al.* 1990, 1991). Alternatively, it is possible that the weight increase from
321 *C. floridanum* broods inside the host outweighed any effects of variability, but we find this
322 unlikely as the parasitoids are still only embryos at such an early stage in development (Strand
323 1989).

324 There is substantial evidence that plant defenses can reduce performance of parasitoids
325 (Ode 2006). Our study is in line with these findings, because we find clear negative impacts of
326 high xanthotoxin concentrations on fitness and survival of *C. floridanum*. Yet we present novel
327 evidence that the negative effects of *variation* in plant defenses decrease with increasing trophic
328 levels when that variation is experienced by individuals. This could have large consequences for
329 the role of variation in tri-trophic interactions and population dynamics. Herbivores may
330 experience increased bottom-up control from variable defenses while maintaining the top-down
331 effects of parasitoids which are relatively unaffected by variable defense. Thus, population
332 growth of herbivore populations would be severely limited in environments where individual
333 herbivores experience variation in plant defenses.

334 However, the scale of variability will greatly impact the potential of defense variation to
335 limit population growth of herbivores. Parasitoid populations may suffer heavily from defense
336 variability experienced by herbivore populations, but not individuals, despite suffering little
337 consequence from variability within individual host diets. Thus, herbivore suppression may be
338 greater with increased variability within individual plants, where a single herbivore is likely to
339 experience that variability. This may be the case for plants that induce defenses against
340 herbivores. Variation in defense between plants may actually favor herbivores when parasitoids
341 are present as the impacts of highly defended plants are severe for parasitoids but the benefits of

342 low defense plants are not as strong for parasitoids as they are for herbivores, mainly due to
343 mortality effects. Interestingly, a model that considered the dispersal of herbivores and natural
344 enemies also found that small scale variation in plant defense increased top-down control of
345 herbivores because aggregations of herbivores on high-quality hosts subsidized natural enemy
346 population (Riolo *et al.* 2015). It appears that fine-scale variation in plant defense may increase
347 top-down control of herbivores because of multiple advantages to natural enemies in a variable
348 defensive landscape.

349 The decreased diversity of most agriculture systems contributes to the heightened
350 pressure from herbivorous pests (Altieri and Nicholls 2004), and to a reduction in top-down
351 control of these herbivores (Letourneau *et al.* 2011). There are numerous hypotheses to explain
352 why a loss of plant diversity might increase herbivory and limit top-down control. Our study
353 suggests that defense variability may be an important explanation for why more diverse systems
354 experience less herbivory. Defense variability can cause a direct reduction in herbivore
355 performance, and, when defense variability is not experienced as acutely at higher trophic levels,
356 it can result in a proportionately greater increase in population growth of predators compared to
357 herbivores. However, our study also suggests that defense variability at very fine scales, those
358 that are experienced by an individual herbivore, are needed for enhanced top-down control.
359 There is mounting evidence that defense variation, particularly at small spatial scales, contributes
360 to the regulation of herbivores through a combination of bottom-up and top-down effects.

361

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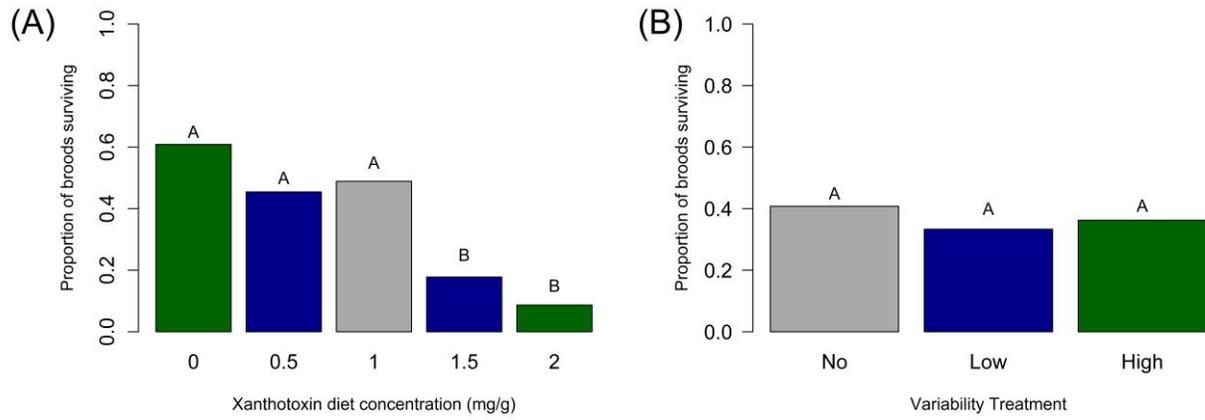
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479 Figure 1:



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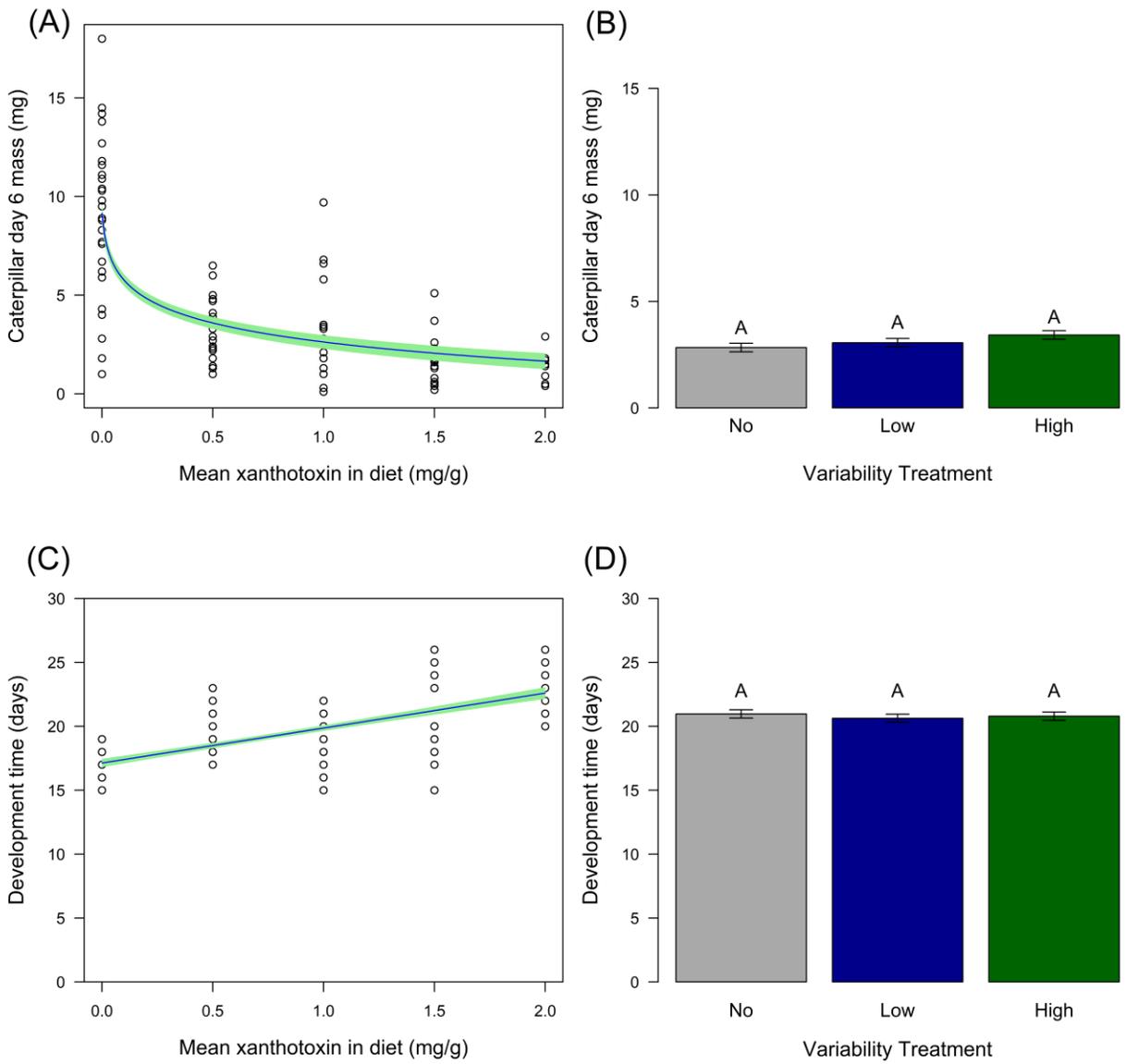
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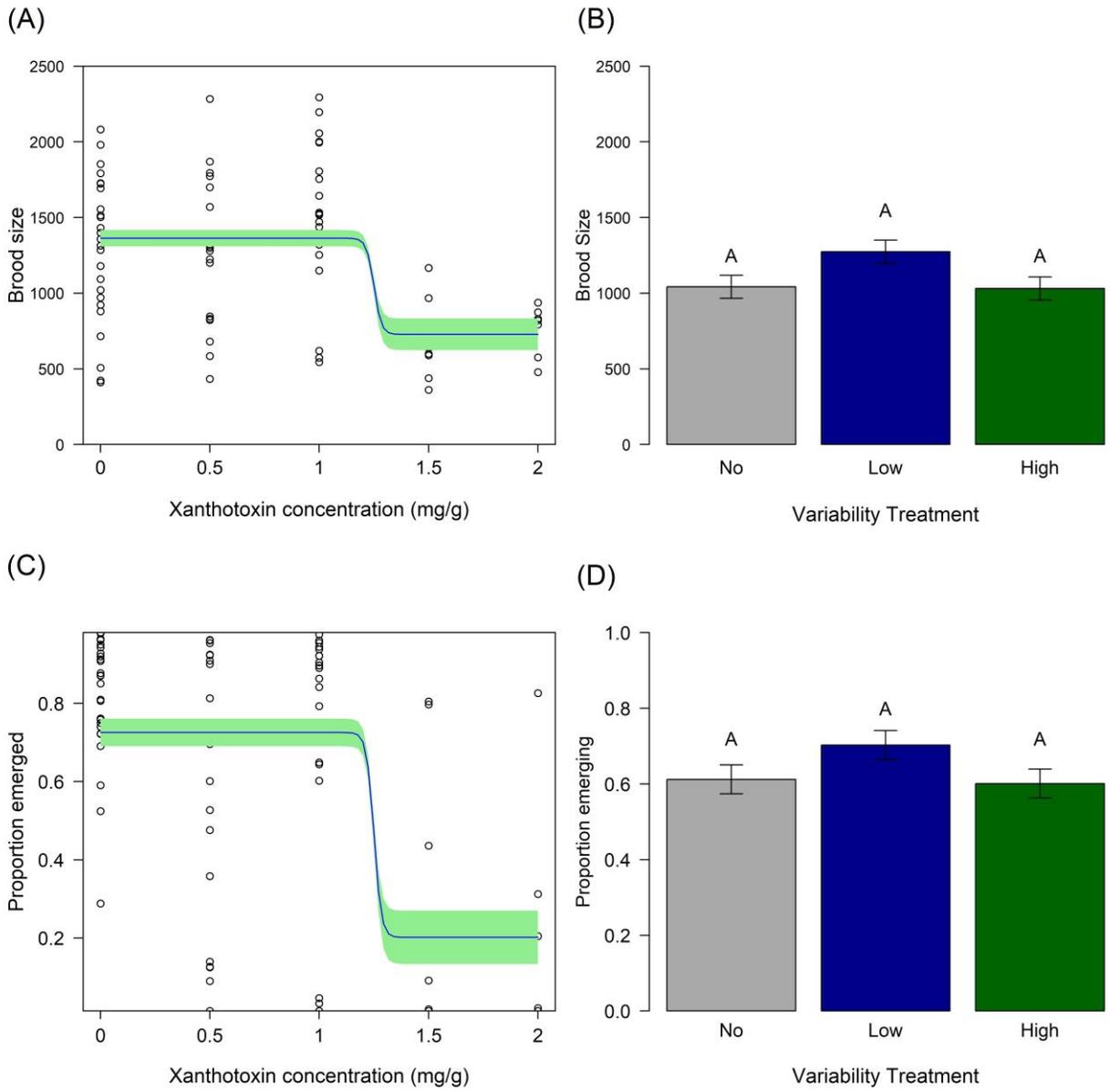
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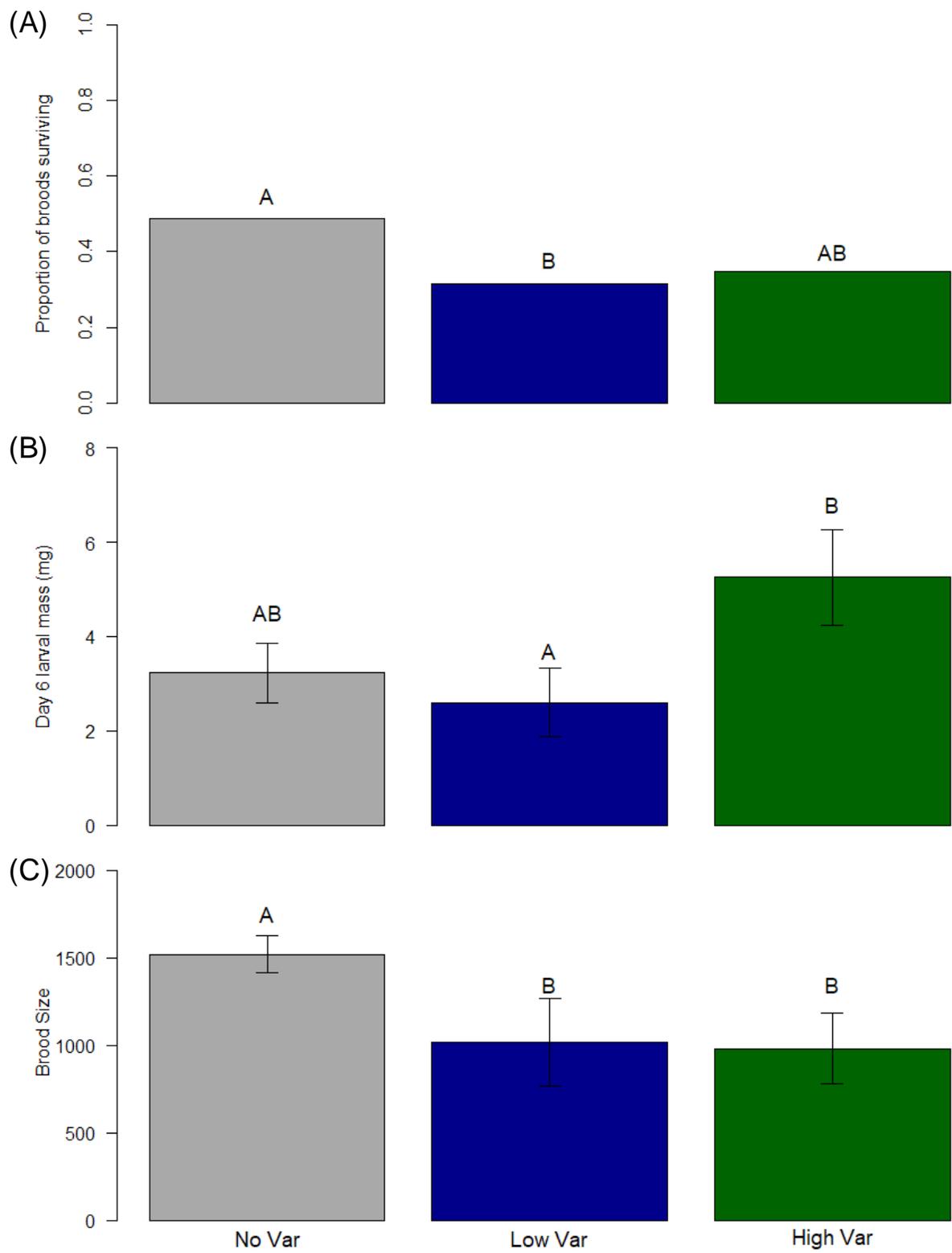


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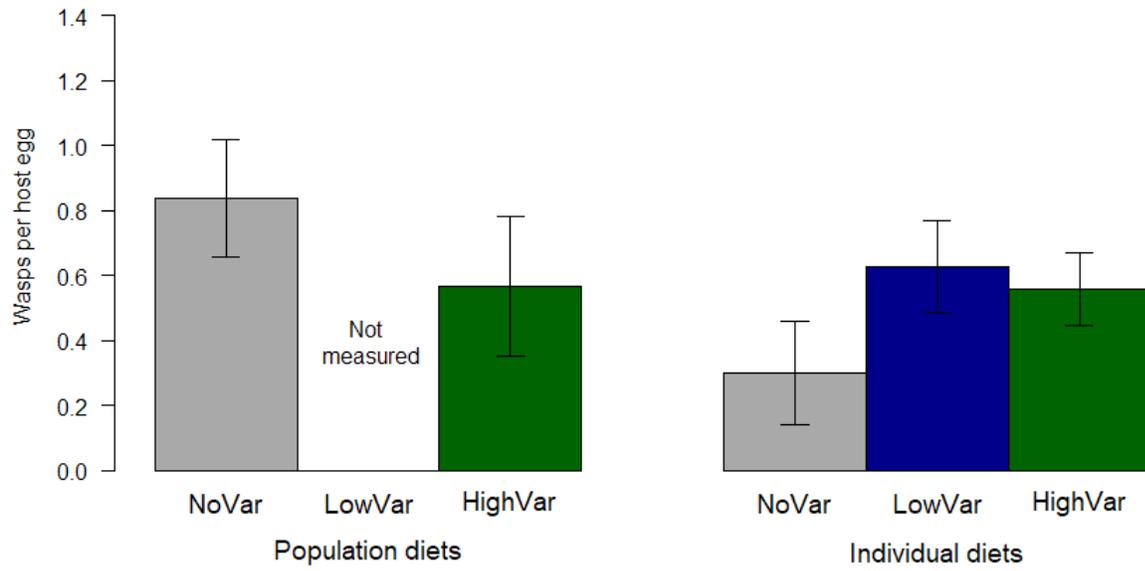
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499 Figure 4:



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501 Figure 5:



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504 Figure 1. *C. floridanum* brood survivorship on constant xanthotoxin diets (A) and variable diets
505 with a mean of 1.0 mg xanthotoxin/g of diet (B). Bars are calculated from exact proportions of
506 broods surviving out of the total. Pairwise comparisons were performed as post-hoc analysis of
507 odds ratios following logistic regression (A: LR $\chi^2 = 38.71$, df = 1, p < 0.0001; B: LR $\chi^2 = 1.416$,
508 df = 2, p = 0.4926). Bars with different letters above are significantly different groups.

509

510 Figure 2. (A) Day six mass of caterpillars on constant xanthotoxin diet. Regression line is a
511 logarithmic function of xanthotoxin concentration with a small added value (0.01) to account for
512 zero values and mass as the response variable ($F_{1,82} = 104.01$, p < 0.0001, $R^2 = 0.559$). (B) Day
513 six mass of caterpillars on variable xanthotoxin diets. There were no significant differences
514 between variable diet treatments (one-way ANOVA; $F_{2,189} = 1.24$, p = 0.2918). (C)
515 Development time for parasitoid broods when hosts fed on constant xanthotoxin diet. Line fit is
516 based on a linear regression of xanthotoxin concentration versus development time ($F_{1,39} = 55.44$,
517 p < 0.0001, $R^2 = 0.587$). (D) Development time for parasitoid broods when hosts fed on variable
518 diet. There were no significant differences between treatments in the of variable diets (one-way
519 ANOVA, $F_{2,96} = 0.14$, p = 0.873). Error bars in each plot represent standard error.

520

521 Figure 3. (A) Parasitoid brood size when hosts fed on constant xanthotoxin diets. A sigmoid
522 curve was fit in the mean experiment for brood size, and brood type included as a fixed-effect
523 ($F_{3,71} = 3.10$, p = 0.032, $R^2 = 0.116$), though brood type did not have a significant effect. (B)
524 Parasitoid brood size when hosts fed on variable diets. Variability treatments were analyzed with
525 brood type included as a fixed-effect (ANOVA, $F_{4,68} = 6.55$, p = 0.0002). Since the brood type

526 did not affect the relationship between treatments (broodtype*treatment: $F_{4,68} = 0.76$, $p = 0.558$),
527 bars are displayed as averages of all brood types combined with standard error. (C) Emergence
528 success of individual broods on constant xanthotoxin diet. Proportions were calculated as the
529 number of individuals emerging divided by the number of unemerged individuals per host.
530 Proportions were analyzed using logistic regression of proportion with treatment as a predictor
531 ($\chi^2 = 13.07$, $df = 1$, $p = 0.0003$). (D) Emergence success of individual broods on variable diets.
532 Pairwise comparisons were performed as post-hoc analysis of odds ratios following logistic
533 regression ($\chi^2 = 1.71$, $df = 2$, $p = 0.4251$). No significant differences were found between
534 variable diet treatments. Error bars show standard error.

535

536 Figure 4. Effect of variability in xanthotoxin between, rather than within, individual caterpillar
537 diets. Values are calculated based on nonlinear averaging of the observed values in the constant
538 diet experiment for mortality (A), day six caterpillar mass (B), and parasitoid brood size (C).
539 Different letters above the bars indicate significant differences between groups. (A) Proportion
540 of broods surviving to emergence when diets vary between individuals. Comparisons: chi-square
541 test of proportions, $\chi^2 = 6.46$, $df = 2$, $p = 0.0396$. (B) Effect of variability between individuals on
542 caterpillar mass at day six. Comparisons based on pairwise t-test, $p < 0.05$. (C) Effects of
543 variability in host diet between individuals on parasitoid brood size. Comparisons based on
544 pairwise t-test, $p < 0.05$.

545

546 Figure 5. Parasitoids per host egg in second generation after feeding on variable diets. The two
547 sets of bars represent the scale of variability, either between individual (variability in population

548 diets, left) or within individual diets (right). Values were calculated by combining parasitoid
549 brood data from the current study and lifetime fecundity data from Pearse *et al.* 2018. Population
550 variability was calculated from nonlinear averaging of observed performance in the constant
551 diets from the respective studies. Values for individual diet variability were calculated from the
552 experimental results of the variability treatments in each study. Bars are displayed with standard
553 error.