

Fine-scale plant defense variability increases top-down control of an herbivore

Ryan L. Paul^{1*}, Ian S. Pearse², Paul J. Ode¹

¹Graduate Degree Program in Ecology and Department of Agricultural Biology, Colorado State University, Fort Collins, CO, USA 80523-1177, email: paul.ode@colostate.edu

²U.S. Geological Survey, Fort Collins, CO, USA 80526, email: ipearse@usgs.gov

*Corresponding author. Current address at: USDA ARS
3420 NW Orchard Ave
Corvallis, OR 97330
Phone: 734-883-7311
Email: Ryan.Paul@usda.gov

Keywords: Parasitoid, variability, plant defense, top-down, bottom-up, nonlinear averaging

Abbreviated title: Defense variability affects parasitoid impact

Article type: Letters

Abstract word count: 150

Main text word count: 4202; 655 words in text boxes (figure legends)

Number of references: 44

Number of figures/tables: 5 figures in main article, 5 text boxes (figure legends); 1 supplemental table, 1 supplemental figure (2 text boxes/legends)

Author contributions:
RLP, ISP, and PJO designed the study. RLP and ISP conducted the study and collected the data. RLP analyzed the data. RLP led the writing of the manuscript. All authors contributed substantially to revising and preparing the manuscript for submission.

Data accessibility statement:
Upon acceptance and publication of the manuscript, data used for these results will be added to a public repository and the DOI for the data will be provided.

Abstract

Herbivore populations are regulated by plant defenses and natural enemies. While plant defense can suppress herbivore populations, these defenses adversely affect natural enemies thereby releasing herbivores from top-down control. Over their lifespans, herbivores and their natural enemies may experience substantial variation in plant defense. Defense variability can suppress the growth of herbivores, but the impacts of defense variability on natural enemies and top-down control of herbivores are unknown. We independently manipulated the mean and variation of a plant toxin experienced by individual *Trichoplusia ni* caterpillars and its parasitoid *Copidosoma floridanum*. Increases in the mean toxin concentration, but not its variance, experienced by individual *T. ni* and *C. floridanum* decreased the fitness of *C. floridanum*, whereas both mean and variance impacted *T. ni* fitness. Thus, increased defense variability for individual herbivores suppressed herbivore fitness with no perceptible cost to top-down control. However, impacts of variability depend heavily on scale of variability.

Introduction

Herbivores experience both bottom-up pressures from defense traits of their host plants as well as top-down pressure from their predators, parasitoids, and pathogens (Hunter & Price 1992). The combination of bottom-up and top-down impacts must be considered when examining the factors regulating herbivore populations (Price *et al.* 1980; Vidal & Murphy 2018). Yet, often only one set of bi-trophic interactions are examined. Plant defensive chemicals are important bottom-up factors in suppressing herbivore fitness (Stamp 2003), but can also impact natural enemies, such as parasitoids (Ode 2006, 2013; Gols 2014). These chemicals can reduce fitness of parasitoids developing in herbivores by decreasing host quality (Lampert & Bowers 2010; Harvey *et al.* 2011), increasing herbivore immunity against parasitoids (Kaplan *et al.* 2016), and directly exposing of developing parasitoids to plant defense chemicals (Barbosa *et al.* 1986; McGovern *et al.* 2006; Lampert *et al.* 2008). In other cases, defense chemicals may increase parasitoid performance by inhibiting the immune response of the herbivore (Bukovinszky *et al.* 2009; Smilanich *et al.* 2009; Lampert 2012; Quintero *et al.* 2014; Ode 2019). When examining the consequences of plant traits on herbivores, the effect of plant traits on top-down controls such as parasitoids should be considered as well (Poelman *et al.* 2008; Pearse *et al.* 2020).

Herbivores encounter variability in defenses both spatially and temporarily throughout development (Hakes & Cronin 2011; Quintero *et al.* 2014; Hunter 2016; Cope *et al.* 2020). Herbivores can experience variation moving across different parts of the same plant or between individual plants (Ruhnke *et al.* 2009; Wetzel *et al.* 2016), through ontogenetic variation in plant defense production (Quintero *et al.* 2014; Cope *et al.* 2020; Ochoa-López *et al.* 2020), or through induction (Karban *et al.* 1997). From the perspective of an herbivore, variation in plant defensive

traits can occur at radically different scales, and the scale at which variation occurs can have profound consequences for herbivores. For example, by comparing no-choice rearing studies, Wetzel *et al.* (2016) found that population-level herbivore performance was greater with increasing plant trait variability. However, at a finer spatial scale in which individual herbivores experience variation in plant defense, defense variation suppressed herbivore performance and population growth rate (Pearse *et al.* 2018), probably because herbivores could not acclimate to changing plant defenses (Wetzel & Thaler 2016).

To date, we know very little about how variable defenses impact the natural enemies of herbivores and the top-down control of herbivores. Furthermore, some studies have suggested that the ability of herbivores to metabolize plant defense toxins may change ontogenetically (Quintero & Bowers 2018; Boege *et al.* 2019). Given the widespread occurrence of spatial and temporal variation in plant defenses, and the documented effects on herbivores (Wetzel *et al.* 2016; Pearse *et al.* 2018), variation in plant defenses likely affects higher trophic levels and top-down control of herbivore populations. For instance, herbivores that are less mobile than their natural enemies may experience increased top-down attack of herbivores if their natural enemies readily move between high quality patches with abundant herbivores and low-quality patches with fewer herbivores (Riolo *et al.* 2015). Another possibility, which we test here, is that defense variability at fine scales might suppress herbivore performance to a greater degree than that of natural enemies, resulting in greater top-down control.

In this study, we explored the impacts of toxin variation in the diet of the cabbage looper *Trichoplusia ni* (Lepidoptera: Noctuidae) on development of its parasitoid *Copidosoma floridanum* (Hymenoptera: Encyrtidae). Cabbage loopers can be reared on artificial diets in which precise concentrations of plant toxins can be incorporated, making them well-suited for

studies of the impacts of defenses on *T. ni* caterpillars (Pearse *et al.* 2018) and *C. floridanum* (Lampert & Bowers 2010, 2013; Lampert *et al.* 2011). Using an artificial diet, we examined the effect of xanthotoxin, a plant defense produced by many plants in the Apiaceae, on herbivore and parasitoid performance across a range of mean xanthotoxin concentrations without otherwise changing nutritional content of the diet. We then fed individual parasitized caterpillars varying concentrations of xanthotoxin in their diet to explicitly test the effects of variation in toxin concentration and compare them to the effects of mean concentrations. This design allowed us to measure the emergent effects of toxin variability by removing other variables that might obscure these effects.

We hypothesized that the negative effects of toxin variability in the diet of the herbivore would decrease host quality resulting in negative impacts on the parasitoid. Alternatively, the effects of toxin variability may diminish at higher trophic levels and variability in host diet may not be strongly experienced by parasitoids and, consequently, may enable increased top-down control of herbivores. Because parasitoids experience plant defenses via their herbivorous host, they may not be exposed to the same degree of variation in a defensive trait as the herbivore. Such differential effects may be very important in the regulation of herbivore populations, as negative effects of a plant resistance trait on natural enemies can effectively negate the benefit of that trait as a plant defense (Ode 2006; Peterson *et al.* 2016). Furthermore, we explore the importance of the scale of variability for parasitoid performance by manipulating variability of xanthotoxin in individual diets and between individuals by averaging performance across treatments of herbivores fed constant xanthotoxin levels. We also compared the effects of xanthotoxin variability on the potential for top-down control of herbivores by examining the number of parasitoids (emerged from parasitized hosts) per host in a subsequent generation.

While diet variability can reduce herbivore fitness (Wetzel *et al.* 2016; Pearse *et al.* 2018), it remains unknown whether this will also limit the potential for top down control through negative effects on higher trophic levels.

METHODS

Insect colonies

Trichoplusia ni (Lepidoptera: Noctuidae) is polyphagous, feeding on plants from over 40 families, including several members of the Apiaceae (Sutherland & Green 1984) that contain xanthotoxin. *Copidosoma floridanum* (Hymenoptera: Encyrtidae) is a polyembryonic egg-larval parasitoid of plusiine noctuid moths (Noyes 1988). Polyembryonic parasitoids lay either one egg (male or female) or two eggs (one male and one female) inside their host egg. Once the host egg hatches, embryos produced by these parasitoid eggs clonally multiply forming as many as a few thousand individuals per host before finally pupating within the mummified cuticular remains of the host's final instar (Strand 1989; Ode *et al.* 2018).

Laboratory colonies of unparasitized *T. ni* and *C. floridanum*-parasitized *T. ni* were maintained in separate Sanyo MIR-554 environmental chambers set at 25° C, a 16L:8D photoperiod, and 30% RH and reared for several generations on artificial diet before use in experiments. Approximately 25 adult *T. ni* were kept in 3.78 L plastic containers and provided with cotton soaked in 10% honey water as a food source. The top of each container was covered with a sheet of paper towel on which *T. ni* adults laid eggs. Egg sheets were changed daily to provide *C. floridanum* females young host eggs, which are preferred for oviposition (Strand 1989). Some egg sheets were exposed to adult female *C. floridanum* and then placed in petri dishes and incubated at 25° C until hatching. Unparasitized egg sheets were surface sterilized with a 10% bleach solution and then air-dried before incubation. After hatching, first instar *T. ni*

larvae (both parasitized and unparasitized) were transferred to 37 mL plastic cups (SOLO® soufflé cups [Dart Container Corp., Mason, MI, USA]; two larvae per cup) containing ~15 ml artificial diet (modified from Shorey and Hale 1965; Table S1), and reared until pupation or mummy formation. Moth pupae were collected and placed in the adult rearing containers where they were allowed to emerge. Mummies formed from parasitized caterpillars were kept in 15 ml glass test tubes plugged with a cotton stopper and allowed to emerge. Because *C. floridanum* adults generally only live a few days, mated females were usually used for culture maintenance or experiments within six hours of emergence.

Experimental design

Newly emerged (< 6 hours old) adult *C. floridanum* females were allowed to oviposit on egg sheets containing less than 12-hour old *T. ni* eggs. *Copidosoma floridanum* lays mostly mixed-sex and all-female broods when mated (Hardy *et al.* 1993; Ode & Strand 1995). To ensure that some all-male broods were produced, some of the eggs were parasitized with unmated females. Unfertilized eggs develop into haploid males due to the haplodiploid development of wasps. Paper towels with parasitized eggs were then placed in petri dishes at 25° C until hatching.

Constant diet experiment: To establish the overall impact of xanthotoxin concentration on parasitoid fitness, individual parasitized first instar caterpillars were placed individually in 37mL SOLO® soufflé cups containing artificial diet supplemented with either 0, 0.5, 1.0, 1.5, or 2.0 mg xanthotoxin/g diet (n = 54, 55, 55, 52, 52 respectively). Artificial diets used in the experiments only differed from the diet used for colony maintenance (see above) in the addition of xanthotoxin. Caterpillars were weighed on the sixth day of development to measure growth differences across the diet treatments. Larvae were reared on the same diet until mummies were

formed. The values from this experiment were used to construct curves of the mean effect of xanthotoxin concentration on *C. floridanum* fitness measures to use as a baseline comparison for the fitness effects of variable diets (below).

Diet-switching experiment: To test the effects of xanthotoxin variability on *C. floridanum* performance, larvae were switched every three days between two diets that had a combined average of 1.0 mg xanthotoxin/g diet. Diet pairs represented either high variability (0 and 2.0 mg xanthotoxin/g diet), low variability (0.5 and 1.5 mg xanthotoxin/g diet, or no variability (1.0 and 1.0 mg xanthotoxin/g diet) (n = 80 per treatment). Therefore, treatments varied in the magnitude of variation, but not the mean, of xanthotoxin concentration experienced by the caterpillars. Half of the larvae started on the higher concentration of xanthotoxin first, while the other half were placed on the lower diet first to account for any initial diet effects. On the sixth day (as with the constant diet experiment, above), prior to switching diets, caterpillars were weighed to measure growth rate differences between treatments. Larvae that died after day six were dissected to confirm parasitism status. The small number of larvae that were not parasitized (3/240 in variability, 17/268 in mean experiment) were removed from any further analyses.

Parasitoid fitness measures: For both the constant diet and diet-switching experiments, after mummy formation, mummies were placed individually in a glass test tube fitted with a cotton stopper and kept at 25° C until adult eclosion. Adult wasps were allowed to emerge for 24 hours, after which the emerged adults and mummified host remains were frozen at -20°C. Survival was based on whether any adults from the brood successfully emerged. In each brood of *C. floridanum*, the first 200 wasps were sexed and the remaining adults were counted. Mummies were dissected to determine the number of unemerged larvae, pupae, and pharate adults and combined with the number of emerged adults to determine total brood size. Brood size, the total

combined number of emerged and unemerged *C. floridanum* individuals from a single host, was used as a direct measure of parasitoid fitness. Emergence was defined as the proportion of emerged adults out of the total individuals per brood.

Statistical analyses

Statistical analyses were performed using R version 3.6.2. Survival (coded as yes or no for each brood) was analyzed using logistic regression with xanthotoxin concentration (or treatment for the variability experiment) as a predictor. Analyses were performed with xanthotoxin concentration as a single predictor variable for baseline fitness curves using the linear model (lm) function in R. Variability treatment effects on day six mass, pupation time, and brood size (response variables) were compared with one-way ANOVA, with treatment as the predictor, using the lm function analyzed with type III sum of squares. Emergence was analyzed using a logistic regression with proportion of emerged individuals out of the brood total as the response variable. Brood type was included as a fixed effect in each model but was not significant except for some brood size analyses and was therefore removed from the other models. To explore the effects of variability at the population level (rather than individual diet cups), performance values from the constant xanthotoxin experiment were combined using nonlinear averaging to calculate performance values corresponding with the same treatments as the variability experiment. This was used to simulate a population where individuals feed on separate diets, thus comparing variability across rather than within individuals. Nonlinear averages were calculated for low variability and high variability using the same two diet treatments for each as in the diet-switching experiment (above). Calculated nonlinear averages for low, high, and no variability were then compared using pairwise t-tests using propagated

errors following the methods of Pearse et al. (2018). Results are presented with mean and standard error (mean \pm SE).

We also wanted to project the effects of variable diets on the population dynamics of the parasitoid and host using an estimate of subsequent generation parasitoid-host ratio (i.e. adult wasps per host egg). Lifetime egg production data of *T. ni* (from Pearse et al. 2018) was combined with the brood size and survivorship data presented here on *C. floridanum*. We projected the effects of variable toxins on herbivore population dynamics using the combined impacts of variable defense on herbivores and parasitoids. Parasitized hosts failing to yield any adult parasitoids were considered as having an emerged brood size of zero. These data were combined with the number of emerged adult parasitoids to calculate average emerged brood size. Since only female wasps contribute to parasitism of hosts, we multiplied the brood size by the overall proportion of females in mixed-sex broods. We did not adjust the estimate based on the number of all-male broods since the number of unmated females producing these broods was controlled in the experiment. The final average brood size in each mean and variability treatment was then divided by the corresponding lifetime egg production of *T. ni* to calculate adult wasps per host egg. This calculation uses both the subsequent generation of adult wasps (number emerged from a parasitized caterpillar) and the eggs laid by an unparasitized individual of the same generation (from Pearse et al. 2018). This accounts for loss of fitness in the next generation through brood size or egg production due to xanthotoxin effects. Standard error was propagated based on the individual errors from the respective data sets.

RESULTS

The likelihood that any *C. floridanum* successfully emerged significantly declined when their hosts fed on diets with higher mean concentrations of xanthotoxin (Figure 1A), but was not

impacted by the magnitude of variability in xanthotoxin (Figure 1B). Only 8.7% of the parasitized hosts produced any adult wasps when fed diets containing the highest concentrations of xanthotoxin (2.0 mg/g). Most mortality was caused by death of the host prior to mummy formation with the host being 13.5 times more likely to die on 2.0 mg/g diet than the no xanthotoxin diet ($\chi^2 = 38.00$, $df = 1$, $p < 0.0001$) in the mean experiment. Only 13.1% of total brood mortality in all mean treatments combined occurred after mummy formation. Similarly, mortality in the variability experiment also occurred primarily before parasitoid pupation (84.1% of total mortality). Survival was highest on constant diets containing no xanthotoxin, where 60.9% of hosts survived to form mummies. Survivorship in the variability experiment was 41.5% overall which was consistent with the 1.0 mg/g constant diet treatment and did not vary between variability treatments.

Increasing concentrations of xanthotoxin had sublethal effects on parasitoid fitness, but the magnitude of variability had no significant effects on parasitoid fitness. Day six mass of host caterpillars decreased logarithmically with increasing xanthotoxin levels (Figure 2A). Average host mass ranged from 9.02 ± 0.79 mg on diets with no xanthotoxin to only 1.39 ± 0.25 mg when fed with 2 mg/g xanthotoxin. There was no effect of variability on host growth (Figure 2B) with a combined treatment average day six mass of 3.1 ± 0.15 mg which was very similar to the average on the 1.0 mg xanthotoxin treatment in the mean experiment. Starting diet did not influence day six mass for any treatment in the variability experiment ($F_{4,82} = 1.68$, $p = 0.1571$).

Xanthotoxin concentration also increased the amount of time to pupation in the mean experiment but pupation time was not impacted by variability (Figure 2C-D). Pupation time ranged from 16.9 ± 0.22 days on average on 0 mg xanthotoxin diet to 22.8 ± 0.61 days on 2.0 mg xanthotoxin diet. Average pupation time with all variability treatments combined was $20.81 \pm$

0.26 days. Larger larvae tended to pupate faster in both experiments (Figure S1) and the difference in growth rate due to larva size was greater on higher mean xanthotoxin diets.

Dietary xanthotoxin concentration had no impact on brood size until concentrations were greater than 1.0 mg/g, forming two distinct groups divided above 1.0 mg/g xanthotoxin (Figure 3A). Brood size on 1.0 mg/g or lower xanthotoxin diets averaged 1366.4 ± 59.5 individuals per host while the average of the higher xanthotoxin diets was about 40% less with only 797.7 ± 82.7 individuals per host. Despite the effect of high constant xanthotoxin on brood size, this was not affected by variability either (Figure 3B). Average brood size across all variability treatments combined was nearly 1100 individuals per host.

Parasitoid brood emergence was affected by dietary xanthotoxin concentration similarly to brood size, with broods having similar emergence at 1.0 mg/g or lower concentration diets and far lower emergence on the two higher xanthotoxin diets (Figure 3C), but this was also unaffected by the variability treatments (Figure 3D). This is likely because brood size was strongly correlated with emergence (logistic regression: $\chi^2 = 24.197$, $df = 1$, $p < 0.0001$). Smaller broods tend to have poor emergence, since these broods often leave too much host tissue unconsumed preventing the adult wasps from successfully emerging (Ode & Strand 1995).

The results of individual parasitoid performance on the constant diet was also used to determine the effects of variability in diet between individuals of a population through nonlinear averaging (Figure 4). Variability between individuals affected all parasitoid fitness parameters except development time, since the relationship between mean dietary xanthotoxin and development time was linear (Figure 2C). Parasitoid broods had the highest survival without variability across individual diets (Figure 4A). However, high variability positively affected host growth (Figure 4B) compared to low variability, though the difference was not significant

compared to no variability. The population had an average day six mass of 5.25 ± 1.02 mg with high variability between individual diets compared to just 2.60 ± 0.729 mg with low variability and 3.23 ± 0.63 mg with no variability. However, brood size suffered heavily with variability between individual diets (Figure 4C). Variability between individual diets led to approximately one-third less total brood size (low: 1015.71 ± 251.85 , high: 980.54 ± 200.70) than no variability (1518.09 ± 105.61). Due to the correlation of brood size and emergence, variability at this scale affected emergence in the same way, with more variability greatly decreasing emergence success.

Calculated effects on top-down control in the next generation

By combining these results and those from Pearse et al. (2018) on the egg production of *T. ni*, we calculated the parasitoid pressure on the next generation of herbivores in variable systems as the number of adult wasps per host egg. The parasitoid pressure resulting from caterpillars feeding on variable diets was dependent on the scale of variability. There were many more parasitoids per host when individual caterpillars consumed more variable diets, but the opposite was true when diets varied between but not within individuals. Low variability and high variability diets had nearly twice the parasitoid pressure of non-variable diets with variability at the individual scale (Figure 5). However, parasitoid pressure with no variability was three times that of high variability when variability was experienced by populations, not individuals.

DISCUSSION

Our results highlight the importance of scale in considering the impacts of variability on higher trophic levels. When individual *T. ni* caterpillars experienced variability of xanthotoxin in their diet, that variability suppressed caterpillar performance (Pearse et al. 2018), but had no detectable impact on parasitoid (*C. floridanum*) performance. This effect held true for numerous

measures of parasitoid performance, including survival, brood size, and emergence success. This was despite the clear negative effects of high levels of xanthotoxin on parasitoid fitness including slower development, decreased brood size, poor emergence, and low overall survivorship of hosts and broods.

In contrast, variation in plant defenses might not be experienced by an individual, whereas it may be experienced by a population of herbivores. When individual caterpillars did not experience variability in xanthotoxin, but a population of caterpillars did, there was little population-level effect of xanthotoxin on caterpillar performance (Pearse et al. 2018). However, population-level variability in xanthotoxin had a strong negative effect on parasitoid performance. This population-level effect of variability was consistent when considering several parasitoid performance measures including survival, brood size, and emergence success.

When individual caterpillars feed on variable diets, it is possible that the individual parasitoid broods do not actually experience the variability in the host. Parasitoids feed primarily on the hemolymph and at least some portion of xanthotoxin in the caterpillar's diet enters the hemolymph (Lampert *et al.* 2011). However, parasitoids may influence the host feeding in a way that reduces the amount of variability experienced. Regardless of whether parasitoids experience variability, the host was expected to still be negatively affected by variability as previously shown (Pearse et al. 2018). Day six parasitized caterpillar mass among constant xanthotoxin levels followed an extremely similar trend to that of unparasitized caterpillars (Pearse et al. 2018). Despite this, no negative effect of variability was observed for day six mass of parasitized caterpillars, while a negative impact of variability was observed in unparasitized caterpillars (Pearse et al. 2018). This suggests parasitism changes the effect on the host as well, possibly by regulating the feeding rates of the host to mitigate the effects of a

changing diet and *C. floridanum* parasitism is known to cause changes in host physiology (Strand 1989; Strand *et al.* 1990, 1991). Alternatively, it is possible that the weight increase from *C. floridanum* broods inside the host outweighed any effects of variability, but we find this unlikely as the parasitoids are still only embryos at such an early stage in development (Strand 1989).

There is substantial evidence that plant defenses can reduce performance of parasitoids (Ode 2006). Our study is in line with these findings, because we find clear negative impacts of high xanthotoxin concentrations on fitness and survival of *C. floridanum*. Yet we present novel evidence that the negative effects of *variation* in plant defenses decrease with increasing trophic levels when that variation is experienced by individuals. This could have large consequences for the role of variation in tri-trophic interactions and population dynamics. Herbivores may experience increased bottom-up control from variable defenses while maintaining the top-down effects of parasitoids which are relatively unaffected by variable defense. Thus, population growth of herbivore populations would be severely limited in environments where individual herbivores experience variation in plant defenses.

However, the scale of variability will greatly impact the potential of defense variation to limit population growth of herbivores. Parasitoid populations may suffer heavily from defense variability experienced by herbivore populations, but not individuals, despite suffering little consequence from variability within individual host diets. Thus, herbivore suppression may be greater with increased variability within individual plants, where a single herbivore is likely to experience that variability. This may be the case for plants that induce defenses against herbivores. Variation in defense between plants may actually favor herbivores when parasitoids are present as the impacts of highly defended plants are severe for parasitoids but the benefits of

low defense plants are not as strong for parasitoids as they are for herbivores, mainly due to mortality effects. Interestingly, a model that considered the dispersal of herbivores and natural enemies also found that small scale variation in plant defense increased top-down control of herbivores because aggregations of herbivores on high-quality hosts subsidized natural enemy population (Riolo *et al.* 2015). It appears that fine-scale variation in plant defense may increase top-down control of herbivores because of multiple advantages to natural enemies in a variable defensive landscape.

The decreased diversity of most agriculture systems contributes to the heightened pressure from herbivorous pests (Altieri and Nicholls 2004), and to a reduction in top-down control of these herbivores (Letourneau *et al.* 2011). There are numerous hypotheses to explain why a loss of plant diversity might increase herbivory and limit top-down control. Our study suggests that defense variability may be an important explanation for why more diverse systems experience less herbivory. Defense variability can cause a direct reduction in herbivore performance, and, when defense variability is not experienced as acutely at higher trophic levels, it can result in a proportionately greater increase in population growth of predators compared to herbivores. However, our study also suggests that defense variability at very fine scales, those that are experienced by an individual herbivore, are needed for enhanced top-down control. There is mounting evidence that defense variation, particularly at small spatial scales, contributes to the regulation of herbivores through a combination of bottom-up and top-down effects.

ACKNOWLEDGEMENTS

We thank the many undergraduates of the Ode lab who maintained the insect colonies. We thank Jena Johnson and the Strand lab for providing insects to initiate the colonies. This study was

365 partially supported by the US Geological Survey Invasive Species Program (ISP) and USDA-
366 NIFA 2014-67013-21727 (PJO).

367

REFERENCES

- Barbosa, P., Saunders, J.A., Kemper, J., Trumbule, R., Olechno, J. & Martinat, P. (1986). Plant allelochemicals and insect parasitoids effects of nicotine on *Cotesia congregata* (say) (Hymenoptera: Braconidae) and *Hyposoter annulipes* (Cresson) (Hymenoptera: Ichneumonidae). *J. Chem. Ecol.*, 12, 1319–1328.
- Boege, K., Agrawal, A.A. & Thaler, J.S. (2019). Ontogenetic strategies in insect herbivores and their impact on tri-trophic interactions. *Curr. Opin. Insect Sci.*, 32, 61–67.
- Bukovinszky, T., Poelman, E.H., Gols, R., Prekatsakis, G., Vet, L.E.M., Harvey, J.A., *et al.* (2009). Consequences of constitutive and induced variation in plant nutritional quality for immune defence of a herbivore against parasitism. *Oecologia*, 160, 299–308.
- Cope, O.L., Becker, Z., Ode, P.J., Paul, R.L. & Pearse, I.S. (2020). Associational effects of plant ontogeny on damage by a specialist insect herbivore. *Oecologia*, 193, 593–602.
- Gols, R. (2014). Direct and indirect chemical defences against insects in a multitrophic framework. *Plant Cell Environ.*, 37, 1741–1752.
- Hakes, A.S. & Cronin, J.T. (2011). Environmental heterogeneity and spatiotemporal variability in plant defense traits. *Oikos*, 120, 452–462.
- Hardy, I.C.W., Ode, P.J. & Strand, M.R. (1993). Factors influencing brood sex ratios in polyembryonic Hymenoptera. *Oecologia*, 93, 343–348.
- Harvey, J.A., van Dam, N.M., Raaijmakers, C.E., Bullock, J.M. & Gols, R. (2011). Tri-trophic effects of inter- and intra-population variation in defence chemistry of wild cabbage (*Brassica oleracea*). *Oecologia*, 166, 421–431.
- Hunter, M.D. (2016). *The Phytochemical Landscape*. Princeton University Press.

393 Hunter, M.D. & Price, P.W. (1992). Playing chutes and ladders: heterogeneity and the relative
 394 roles of bottom-up and top-down forces in natural communities. *Ecology*, 73, 724–732.
 395 Karban, R., Agrawal, A.A. & Mangel, M. (1997). The benefits of induced defenses against
 396 herbivores. *Ecology*, 78, 1351–1355.
 397 Lampert, E. (2012). Influences of plant traits on immune responses of specialist and generalist
 398 herbivores. *Insects*, 3, 573–592.
 399 Lampert, E.C. & Bowers, M.D. (2010). Host plant species affects the quality of the generalist
 400 *Trichoplusia ni* as a host for the polyembryonic parasitoid *Copidosoma floridanum*.
 401 *Entomol. Exp. Appl.*, 134, 287–295.
 402 Lampert, E.C. & Bowers, M.D. (2013). Detrimental effects of plant compounds on a
 403 polyembryonic parasitoid are mediated through its highly polyphagous herbivore host.
 404 *Entomol. Exp. Appl.*, 148, 267–274.
 405 Lampert, E.C., Zangerl, A.R., Berenbaum, M.R. & Ode, P.J. (2008). Tritrophic effects of
 406 xanthotoxin on the polyembryonic parasitoid *Copidosoma sosares* (Hymenoptera:
 407 Encyrtidae). *J. Chem. Ecol.*, 34, 783–790.
 408 Lampert, E.C., Zangerl, A.R., Berenbaum, M.R. & Ode, P.J. (2011). Generalist and specialist
 409 host-parasitoid associations respond differently to wild parsnip (*Pastinaca sativa*)
 410 defensive chemistry. *Ecol. Entomol.*, 36, 52–61.
 411 Letourneau, D.K., Armbrrecht, I., Rivera, B.S., Lerma, J.M., Rrez, C.G., Rangel, J.H., *et al.*
 412 (2011). Does plant diversity benefit agroecosystems? A synthetic review. *Ecol. Appl.*, 21,
 413 13.
 414 McGovern, J.L., Zangerl, A.R., Ode, P.J. & Berenbaum, M.R. (2006). Furanocoumarins and
 415 their detoxification in a tri-trophic interaction. *Chemoecology*, 16, 45–50.

416 Noyes, J.S. (1988). *Copidosoma truncatellum* (Dalman) and *C. floridanum* (Ashmead)
417 (Hymenoptera, Encyrtidae), two frequently misidentified polyembryonic parasitoids of
418 caterpillars (Lepidoptera). *Syst. Entomol.*, 13, 197–204.

419 Ochoa-López, S., Damián, X., Rebollo, R., Fornoni, J., Domínguez, C.A. & Boege, K. (2020).
420 Ontogenetic changes in the targets of natural selection in three plant defenses. *New*
421 *Phytol.*, 226, 1480–1491.

422 Ode, P.J. (2006). Plant chemistry and natural enemy fitness: effects on herbivore and natural
423 enemy interactions. *Annu. Rev. Entomol.*, 51, 163–185.

424 Ode, P.J. (2013). Plant Defences and Parasitoid Chemical Ecology. In: *Chemical Ecology of*
425 *Insect Parasitoids*. John Wiley & Sons, Ltd, pp. 9–36.

426 Ode, P.J. (2019). Plant toxins and parasitoid trophic ecology. *Curr. Opin. Insect Sci.*, 32, 118–
427 123.

428 Ode, P.J., Keasar, T. & Segoli, M. (2018). Lessons from the multitudes: insights from
429 polyembryonic wasps for behavioral ecology. *Curr. Opin. Insect Sci.*, 27, 32–37.

430 Ode, P.J. & Strand, M.R. (1995). Progeny and sex allocation decisions of the polyembryonic
431 wasp *Copidosoma floridanum*. *J. Anim. Ecol.*, 64, 213–224.

432 Pearse, I.S., LoPresti, E., Schaeffer, R.N., Wetzel, W.C., Mooney, K.A., Ali, J.G., *et al.* (2020).
433 Generalising indirect defence and resistance of plants. *Ecol. Lett.*, 23, 1137–1152.

434 Pearse, I.S., Paul, R. & Ode, P.J. (2018). Variation in plant defense suppresses herbivore
435 performance. *Curr. Biol.*, 28, 1981–1986.e2.

436 Peterson, J.A., Ode, P.J., Oliveira-Hofman, C. & Harwood, J.D. (2016). Integration of plant
437 defense traits with biological control of arthropod pests: challenges and opportunities.
438 *Front. Plant Sci.*, 7, 1–23.

439 Poelman, E.H., van Loon, J.J.A. & Dicke, M. (2008). Consequences of variation in plant defense
 440 for biodiversity at higher trophic levels. *Trends Plant Sci.*, 13, 534–541.

441 Price, P.W., Bouton, C.E., Gross, P., McPherson, B.A., Thompson, J.N. & Weis, A.E. (1980).
 442 Interactions Among Three Trophic Levels: Influence of Plants on Interactions Between
 443 Insect Herbivores and Natural Enemies. *Annu. Rev. Ecol. Syst.*, 11, 41–65.

444 Quintero, C. & Bowers, M.D. (2018). Plant and herbivore ontogeny interact to shape the
 445 preference, performance and chemical defense of a specialist herbivore. *Oecologia*, 187,
 446 401–412.

447 Quintero, C., Lampert, E.C. & Bowers, M.D. (2014). Time is of the essence: direct and indirect
 448 effects of plant ontogenetic trajectories on higher trophic levels. *Ecology*, 95, 2589–2602.

449 Riolo, M.A., Rohani, P. & Hunter, M.D. (2015). Local variation in plant quality influences large-
 450 scale population dynamics. *Oikos*, 124, 1160–1170.

451 Ruhnke, H., Schädler, M., Klotz, S., Matthies, D. & Brandl, R. (2009). Variability in leaf traits,
 452 insect herbivory and herbivore performance within and among individuals of four broad-
 453 leaved tree species. *Basic Appl. Ecol.*, 10, 726–736.

454 Shorey, H.H. & Hale, R.L. (1965). Mass-rearing of the larvae of nine noctuid species on a simple
 455 artificial medium. *J. Econ. Entomol.*, 58, 522–524.

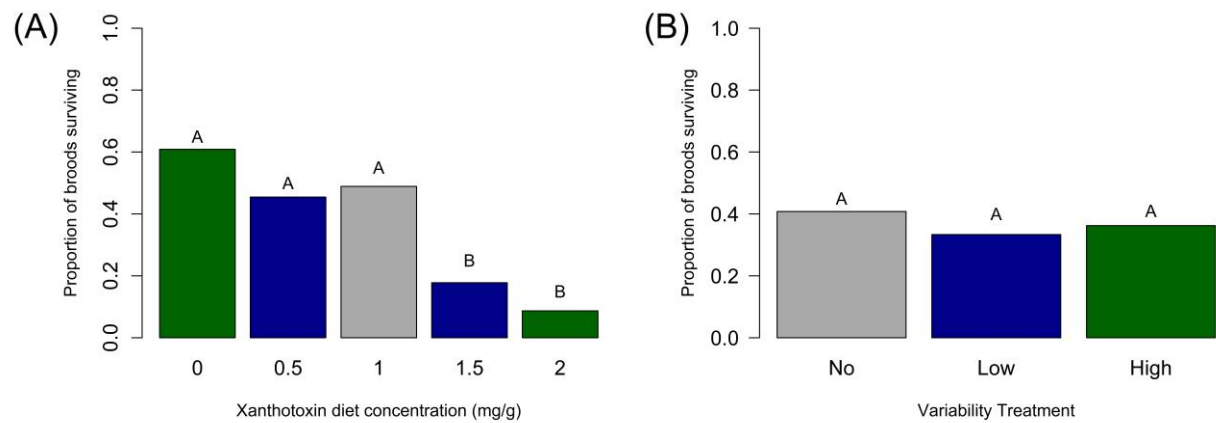
456 Smilanich, A.M., Dyer, L.A., Chambers, J.Q. & Bowers, M.D. (2009). Immunological cost of
 457 chemical defence and the evolution of herbivore diet breadth. *Ecol. Lett.*, 12, 612–621.

458 Stamp, N. (2003). Out of the quagmire of plant defense hypotheses. *Q. Rev. Biol.*, 78, 23–55.

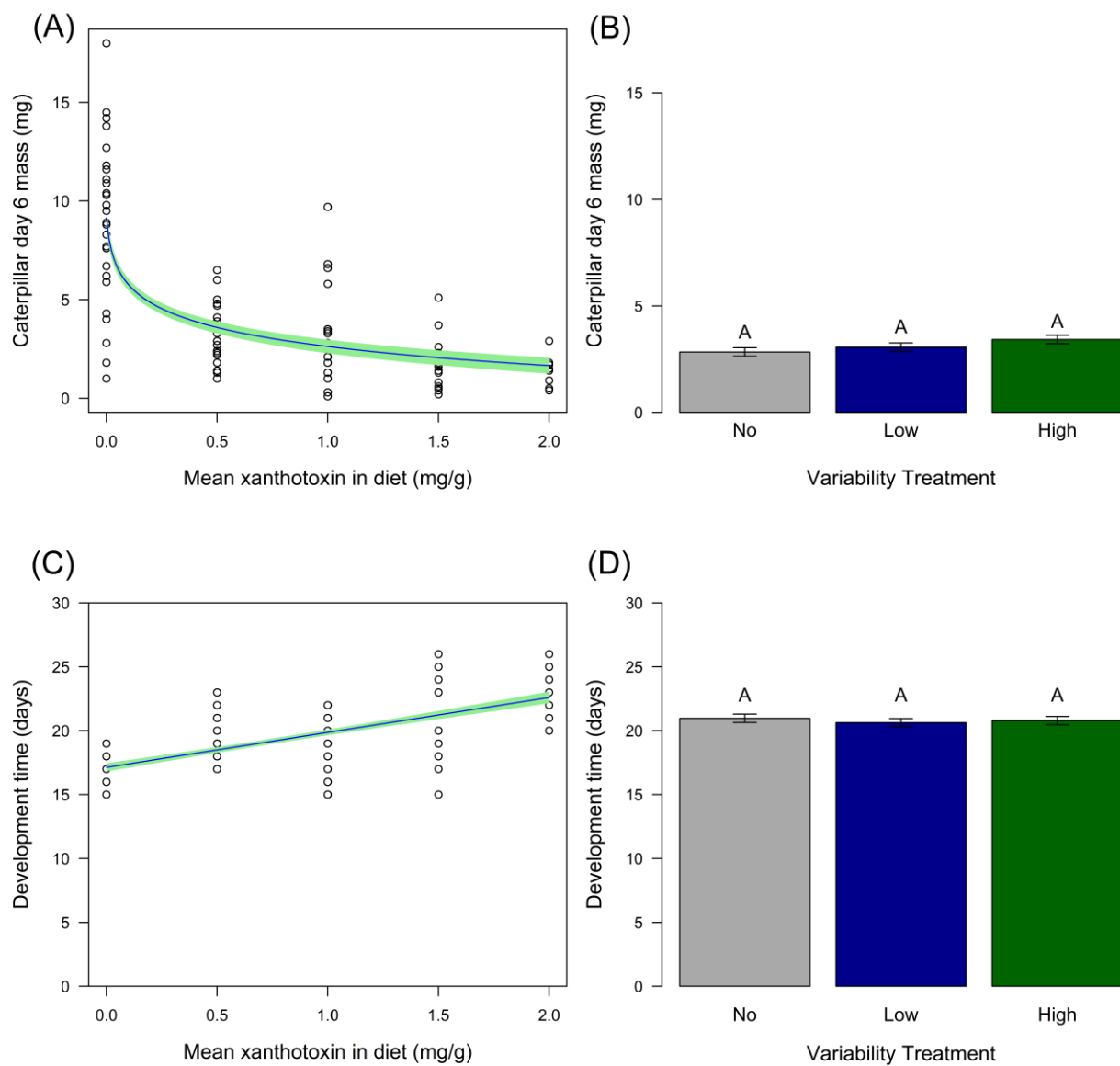
459 Strand, M.R. (1989). Development of the polyembryonic parasitoid *Copidosoma floridanum* in
 460 *Trichoplusia ni*. *Entomol. Exp. Appl.*, 50, 37–46.

- 461 Strand, M.R., Dover, B.A. & Johnson, J.A. (1990). Alterations in the ecdysteroid and juvenile
462 hormone esterase profiles of *Trichoplusia ni* parasitized by the polyembryonic wasp
463 *Copidosoma floridanum*. *Arch. Insect Biochem. Physiol.*, 13, 41–51.
- 464 Strand, M.R., Goodman, W.G. & Baehrecke, E.H. (1991). The juvenile hormone titer of
465 *Trichoplusia ni* and its potential role in embryogenesis of the polyembryonic wasp
466 *Copidosoma floridanum*. *Insect Biochem.*, 21, 205–214.
- 467 Sutherland, D.W.S. & Green, G.L. (1984). Cultivated and wild host plants. In: *Suppression and*
468 *management of cabbage looper populations*, Technical Bulletin. U.S. Department of
469 Agriculture, Washington, District of Columbia, pp. 1–13.
- 470 Vidal, M.C. & Murphy, S.M. (2018). Bottom-up vs. top-down effects on terrestrial insect
471 herbivores: a meta-analysis. *Ecol. Lett.*, 21, 138–150.
- 472 Wetzel, W.C., Kharouba, H.M., Robinson, M., Holyoak, M. & Karban, R. (2016). Variability in
473 plant nutrients reduces insect herbivore performance. *Nature*, 539, 425–427.
- 474 Wetzel, W.C. & Thaler, J.S. (2016). Does plant trait diversity reduce the ability of herbivores to
475 defend against predators? The plant variability – gut acclimation hypothesis. *Curr. Opin.*
476 *Insect Sci.*, 14, 25–31.

479 Figure 1:



488 Figure 2:



489

490

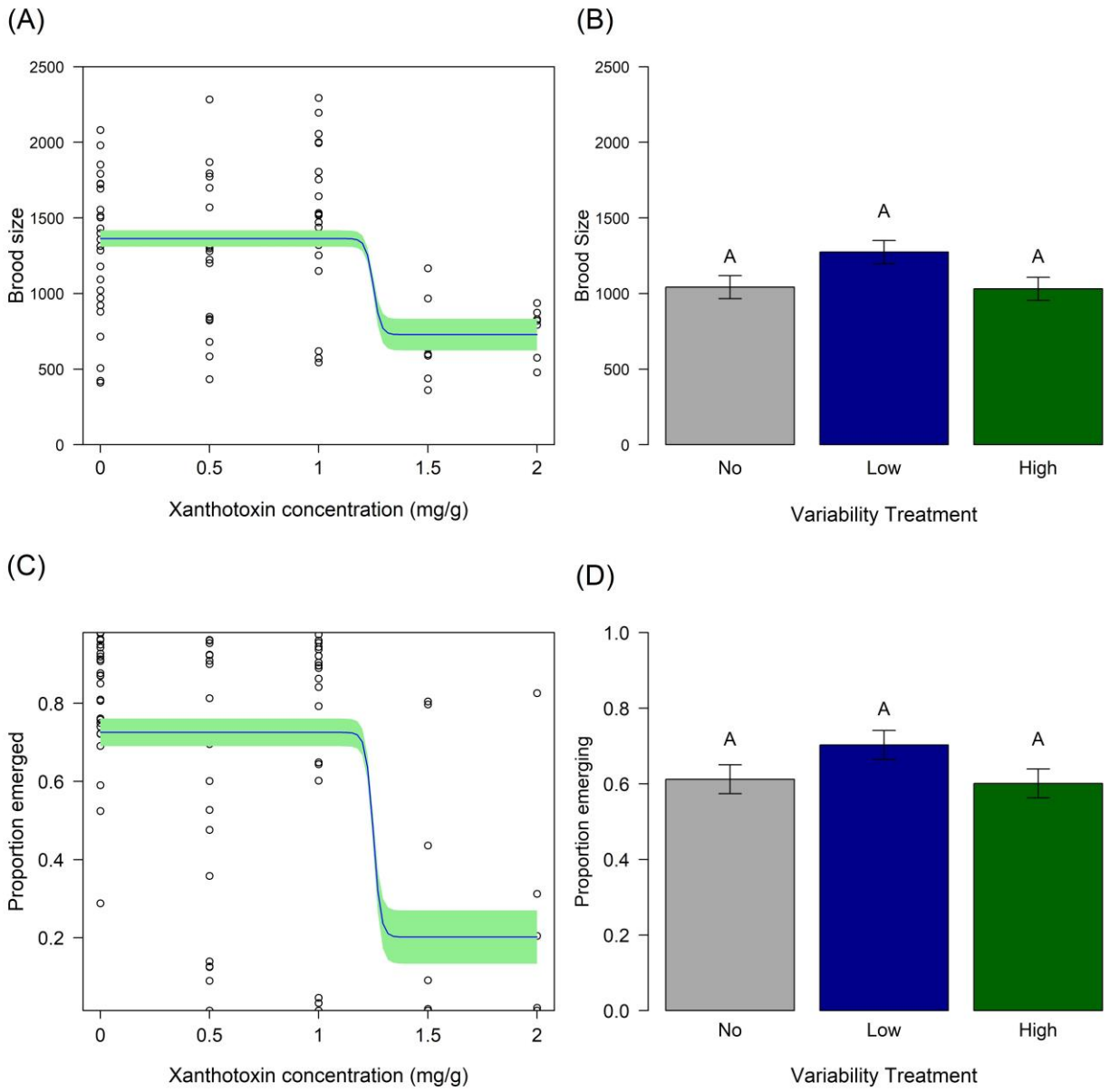
491

492

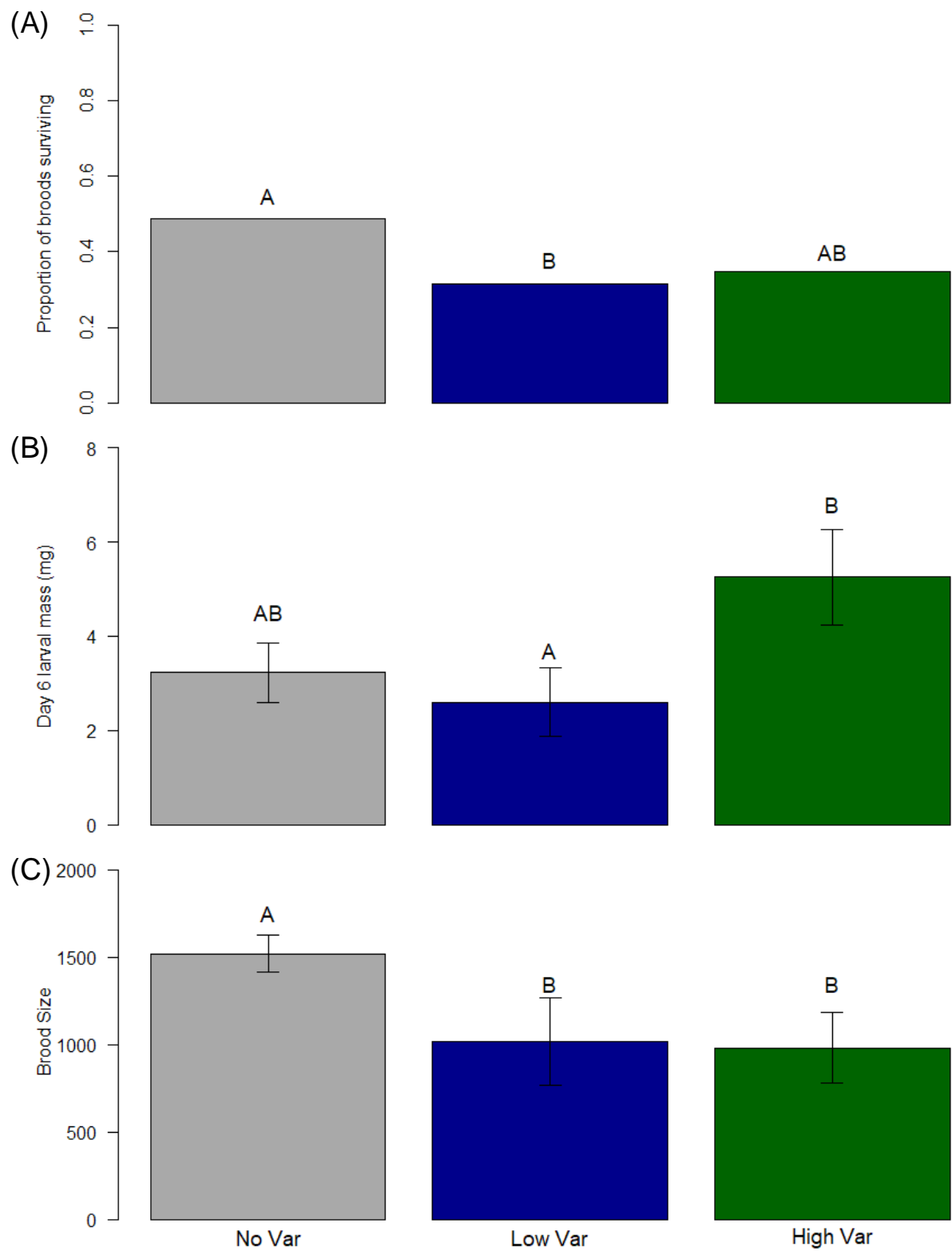
493

494

Figure 3:

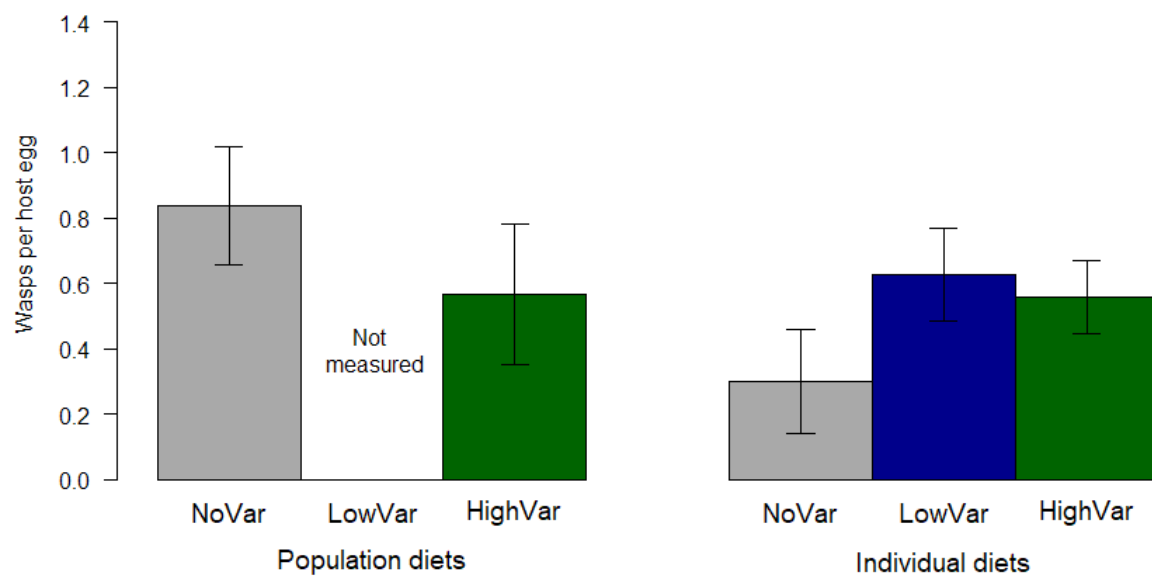


499 Figure 4:



500

501 Figure 5:



502

503

Figure 1. *C. floridanum* brood survivorship on constant xanthotoxin diets (A) and variable diets with a mean of 1.0 mg xanthotoxin/g of diet (B). Bars are calculated from exact proportions of broods surviving out of the total. Pairwise comparisons were performed as post-hoc analysis of odds ratios following logistic regression (A: LR $\chi^2 = 38.71$, df = 1, $p < 0.0001$; B: LR $\chi^2 = 1.416$, df = 2, $p = 0.4926$). Bars with different letters above are significantly different groups.

Figure 2. (A) Day six mass of caterpillars on constant xanthotoxin diet. Regression line is a logarithmic function of xanthotoxin concentration with a small added value (0.01) to account for zero values and mass as the response variable ($F_{1,82} = 104.01$, $p < 0.0001$, $R^2 = 0.559$). (B) Day six mass of caterpillars on variable xanthotoxin diets. There were no significant differences between variable diet treatments (one-way ANOVA; $F_{2,189} = 1.24$, $p = 0.2918$). (C) Development time for parasitoid broods when hosts fed on constant xanthotoxin diet. Line fit is based on a linear regression of xanthotoxin concentration versus development time ($F_{1,39} = 55.44$, $p < 0.0001$, $R^2 = 0.587$). (D) Development time for parasitoid broods when hosts fed on variable diet. There were no significant differences between treatments in the of variable diets (one-way ANOVA, $F_{2,96} = 0.14$, $p = 0.873$). Error bars in each plot represent standard error.

Figure 3. (A) Parasitoid brood size when hosts fed on constant xanthotoxin diets. A sigmoid curve was fit in the mean experiment for brood size, and brood type included as a fixed-effect ($F_{3,71} = 3.10$, $p = 0.032$, $R^2 = 0.116$), though brood type did not have a significant effect. (B) Parasitoid brood size when hosts fed on variable diets. Variability treatments were analyzed with brood type included as a fixed-effect (ANOVA, $F_{4,68} = 6.55$, $p = 0.0002$). Since the brood type

did not affect the relationship between treatments (broodtype*treatment: $F_{4,68} = 0.76$, $p = 0.558$), bars are displayed as averages of all brood types combined with standard error. (C) Emergence success of individual broods on constant xanthotoxin diet. Proportions were calculated as the number of individuals emerging divided by the number of unemerged individuals per host. Proportions were analyzed using logistic regression of proportion with treatment as a predictor ($\chi^2 = 13.07$, $df = 1$, $p = 0.0003$). (D) Emergence success of individual broods on variable diets. Pairwise comparisons were performed as post-hoc analysis of odds ratios following logistic regression ($\chi^2 = 1.71$, $df = 2$, $p = 0.4251$). No significant differences were found between variable diet treatments. Error bars show standard error.

Figure 4. Effect of variability in xanthotoxin between, rather than within, individual caterpillar diets. Values are calculated based on nonlinear averaging of the observed values in the constant diet experiment for mortality (A), day six caterpillar mass (B), and parasitoid brood size (C). Different letters above the bars indicate significant differences between groups. (A) Proportion of broods surviving to emergence when diets vary between individuals. Comparisons: chi-square test of proportions, $\chi^2 = 6.46$, $df = 2$, $p = 0.0396$. (B) Effect of variability between individuals on caterpillar mass at day six. Comparisons based on pairwise t-test, $p < 0.05$. (C) Effects of variability in host diet between individuals on parasitoid brood size. Comparisons based on pairwise t-test, $p < 0.05$.

Figure 5. Parasitoids per host egg in second generation after feeding on variable diets. The two sets of bars represent the scale of variability, either between individual (variability in population

548 diets, left) or within individual diets (right). Values were calculated by combining parasitoid
549 brood data from the current study and lifetime fecundity data from Pearse *et al.* 2018. Population
550 variability was calculated from nonlinear averaging of observed performance in the constant
551 diets from the respective studies. Values for individual diet variability were calculated from the
552 experimental results of the variability treatments in each study. Bars are displayed with standard
553 error.