

1Visual outcomes following everolimus targeted therapy for neurofibromatosis type 1-associated  
2optic pathway gliomas in children

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<b>Abbreviations</b>	
VA	Visual acuity
NF1	Neurofibromatosis type 1
OPG	Optic pathway glioma
LGG	Low grade glioma
REiNS	Response evaluation in neurofibromatosis and schwannomatosis
MRI	Magnetic resonance imaging
VF	Visual field

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**44Abstract**

45Data for visual acuity (VA) after treatment of neurofibromatosis type 1-associated optic pathway  
46gliomas (NF1-OPGs) is limited. We retrospectively collected VA, converted to logMAR, before  
47and after targeted therapy with everolimus for NF1-OPG, and compared to radiologic outcomes  
48(14/18 with NF1-OPG, 25 eyes [3 without quantifiable vision]). Upon completion of treatment,  
49VA was stable in 19 eyes, improved in 4 eyes, and worse in 2 eyes; visual and radiologic  
50outcome were discordant. In summary, the majority of children with NF1-OPG exhibited  
51stabilization of their VA after everolimus treatment. A larger, prospective study will help  
52delineate visual outcomes after targeted therapy.

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## 58Introduction

59Neurofibromatosis type 1 (NF1) is an autosomal dominant genetic disorder caused by loss of  
60function alterations in the gene that encodes *neurofibromin*, a negative regulator of the  
61RAS/MAPK pathway. Nearly one-fifth of children with NF1 will develop a low grade glioma  
62(LGG) involving the optic pathway (NF1-OPG),<sup>1</sup> which has the potential to cause significant  
63visual dysfunction. While the impact of NF1-OPGs on VA in children has been examined,<sup>2,3</sup>  
64studies specifically evaluating visual outcomes after treatment have been limited, and include  
65heterogeneous patient populations with sporadic or NF1-OPGs undergoing various treatments.

66 To date, the impact of targeted therapy on visual outcome in NF1-OPGs is uncertain; it is  
67not clear if visual and radiologic outcomes are concordant. The purpose of this study was to  
68retrospectively evaluate the impact of oral everolimus treatment on visual acuity outcomes  
69leveraging a multicenter study of children with recurrent, radiographically progressive LGG. In  
70addition, we investigated the relationship between visual and radiologic outcomes.

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## 72Subjects and Methods

73 This was an exploratory, retrospective analysis of vision outcome in a multicenter, open-  
74label, phase II study of daily oral everolimus for recurrent radiographically-progressive NF1-  
75LGGs, conducted by the NF Clinical Trials Consortium (NCT01158651).<sup>4</sup> The total cohort  
76included 23 participants from 10 sites, between 1 and 21 years of age, with recurrent LGG after  
77treatment with a carboplatin-containing regimen.

78 Visual acuity (VA) data pre-treatment and following completion of therapy with  
79everolimus were collected for participants with NF1-OPGs. VA was converted to logMAR.  
80Analyses were calculated on a per-subject and per-eye basis when appropriate. The Response

81 Evaluation in Neurofibromatosis and Schwannomatosis (REiNS) criteria were utilized to assess  
82 VA outcomes.<sup>5</sup> VA improvement was defined as  $\geq 0.2$  logMAR improvement, whereas a  
83 worsening VA was defined as  $\geq 0.2$  logMAR decrease. A change of  $< 0.2$  logMAR in either  
84 direction denoted stable vision. For per-subject analysis, response definitions were in  
85 accordance with previous studies on NF1-OPG VA outcomes.<sup>2</sup> If one eye showed VA  
86 progression, the event was coded as “VA worsening” for the subject, even if VA testing in the  
87 other eye was unchanged or improved. Similarly, if VA improved in one eye while the other was  
88 stable, this was coded as “VA improvement” for the subject. A comparison of VA outcomes with  
89 radiological outcomes was performed using descriptive statistics.

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## 91 **Results**

### 92 *Demographics*

93 A total of 23 children with NF1-LGGs were treated with everolimus. The clinical details  
94 and radiologic response of the entire cohort have been reported previously.<sup>4</sup> Eighteen of the 23  
95 study participants were treated for an OPG. Participating sites provided available VA data prior  
96 to and at the end of treatment with everolimus. Of these, 4/18 children did not have quantitative  
97 VA at the start of protocol therapy, and 3 children each had one eye without quantifiable VA.  
98 Visual outcomes were therefore available for 14 children and 25 total eyes.

99 Clinical characteristics of children with NF1-OPGs compared to non-OPG LGGs are  
100 shown in Table 1. As a group, children with OPG were younger at treatment start. Disease  
101 stability and/or tumor shrinkage, using 3-dimensional analysis by central review, was seen in  
102 11/18 children with OPG and 4/5 with a non-OPG LGG.

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## 104 *Visual Outcomes*

105        The majority of children were assessed using Snellen visual acuity. There was an  
106 improvement in VA ( $\geq 0.2$  logMAR improvement) in 4/25 eyes (16%), stability (neither  $\geq 0.2$   
107 logMAR improvement nor worsening) in 19/25 eyes (76%), and VA worsening ( $\geq 0.2$  logMAR  
108 worsening) in 2 eyes (8%). On a per subject analysis of VA outcome, 12/14 had stable or  
109 improved vision after treatment, and 2/14 had worsening of vision. For the children with  
110 quantifiable VA, there was no correlation between MRI responses and VA on a per-eye or per-  
111 subject analysis (Table 2).

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## 113 **Discussion**

114        NF1-OPGs are rarely life-threatening; however, they are often associated with significant  
115 impact on vision. Although the goal of treatment is visual preservation/improvement, previous  
116 clinical trials have mostly focused on MRI outcomes, rather than visual outcomes. Towards this  
117 goal, REiNS criteria were established to standardize visual assessments for NF1-OPG.  
118 Everolimus has activity as a single agent for radiographically progressive NF1-LGG following  
119 standard upfront treatment with a carboplatin-containing therapy.<sup>4</sup> In an exploratory analysis, we  
120 assessed visual outcome data on a subset of participants with NF1-OPGs.

121        While age-appropriate VA normative data are available and the methods of VA  
122 assessment have good test-retest reliability,<sup>5</sup> formal evaluations in children with NF1 may be  
123 confounded by the presence of learning difficulties or attention deficit disorder.<sup>5</sup> VA  
124 assessments, both by per-eye and by per-subject evaluation, were largely stable and/or improved  
125 in our study.

126 To date, this is the largest study to examine the impact of targeted therapy on visual  
127outcomes in NF1-OPGs. A multicenter study of children with previously untreated NF1-OPG  
128retrospectively evaluated visual outcomes after traditional chemotherapy.<sup>2</sup> Improvement in VA  
129was noted in 32% of patients, while 40% had stable VA and 28% had worsening VA.  
130Selumetinib, a MAP/ERK Kinase I/II inhibitor demonstrated activity in patients with recurrent,  
131refractory or progressive LGG, including a stratum of children with NF1 associated LGG.<sup>6</sup> VA  
132outcome was available for 10/13 patients with NF1-OPG, among which there was improvement  
133in VA in 2/18 eyes and stability in 16/18 eyes. No patient experienced worsening acuity.  
134Interestingly, an improvement or worsening of visual outcome in our cohort did not always  
135correlate with radiologic outcome. Similar to our results, in both of the aforementioned studies,  
136there was no correlation between radiographic response and VA. Although our cohort was too  
137small to draw a definitive conclusion, this observation underscores the need to specifically assess  
138for VA loss in children with OPGs, rather than use MRI as the sole outcome.

139 There were several limitations of this study. The visual outcome data were not collected  
140prospectively. In addition, these data reflect multiple methods of VA testing, thereby limiting  
141our ability to establish a singular method for analyzing visual outcome. We did not collect  
142outcome of visual fields (VF) or other visual function assessments, such as optical coherence  
143tomography. Although formal VF testing may not be achievable for very young children, the  
144age at which children can start to be tested is clinically relevant in the context of symptomatic  
145NF1-OPGs.

146 Identification of effective, well-tolerated therapies for NF1-associated OPG is of  
147paramount importance. Despite the retrospective nature of the analysis, these findings highlight  
148the need to incorporate visual function, with both VA and VF, as functional clinical outcomes at

149presentation, after treatment, and throughout the clinical course of OPG management. A recent  
150international consensus panel recommended that future studies of pediatric LGG should include  
151functional outcomes, including visual function<sup>7</sup> and specific functional outcomes for children  
152with NF1 have also been recommended.<sup>5</sup> The current Children's Oncology Group study  
153(NCT03871257) compares standard chemotherapy to selumetinib and includes VA outcomes as  
154a co-primary endpoint coupled with other functional outcomes and quality of life measure as  
155important secondary objectives.

156       Taken together, we retrospectively analyzed visual outcome data from a large,  
157multicenter study of everolimus for NF-OPGs to evaluate the impact of targeted therapy on  
158visual function. Future prospective studies will be necessary to evaluate the impact of OPGs on  
159VA and VF as independent functional outcome metrics for treatment efficacy in clinical trials.



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**167Conflict of Interest**

168MWK served on a Novartis Scientific Advisory Board unrelated to everolimus  
169BRK is on a medical advisory panel for SpringWorks Therapeutics

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