

mon		tue		wed		thu		fri		weekend		mon		tue		wed		thu		fri		weekend		mon		tue		wed		thu		fri		weekend		sat		sun	
	Day	Day			Early	Early			Night	Night		Day	Day		Day	Day			Night	Night		Day	Day		Day	Day			Night	Night	Night			Night	Night	Night			
	Nurse	Nurse			Nurse	Nurse			Care-taker	Care-taker		Care-taker	Care-taker		Trainee	Trainee			Trainee	Trainee		Trainee	Trainee		Trainee	Trainee			Trainee	Trainee	Trainee			Trainee	Trainee	Trainee			