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Vancouver Index of Acculturation (VIA)

Please circle *one* of the numbers to the right of each question to indicate your degree of agreement or disagreement.

Many of these questions will refer to your *heritage culture*, meaning the original culture of your family (other than American). It may be the culture of your birth, the culture in which you have been raised, or any culture in your family background. If there are several, pick the one that has influenced you *most* (e.g. Irish, Chinese, Mexican, African). If you do not feel that you have been influenced by any other culture, please name a culture that influenced previous generations of your family. Your heritage culture (other than American) is:

	Disagree		Agree
1. I often participate in my <i>heritage</i> cultural traditions.	1	2 3 4 5 6 7 8 9	
2. I often participate in mainstream American cultural traditions.	1	2 3 4 5 6 7 8 9	
3. I would be willing to marry a person from my <i>heritage culture</i> .	1	2 3 4 5 6 7 8 9	
4. I would be willing to marry a white American person.	1	2 3 4 5 6 7 8 9	
5. I enjoy social activities with people from the same <i>heritage culture</i> as myself.	1	2 3 4 5 6 7 8 9	
6. I enjoy social activities with typical American people.	1	2 3 4 5 6 7 8 9	
7. I am comfortable interacting with people of the same <i>heritage culture</i> as myself.	1	2 3 4 5 6 7 8 9	
8. I am comfortable interacting with typical American people.	1	2 3 4 5 6 7 8 9	
9. I enjoy entertainment (e.g. movies, music) from my <i>heritage culture</i> .	1	2 3 4 5 6 7 8 9	
10. I enjoy American entertainment (e.g. movies, music).	1	2 3 4 5 6 7 8 9	
11. I often behave in ways that are typical of my <i>heritage culture</i> .	1	2 3 4 5 6 7 8 9	
12. I often behave in ways that are typically American.	1	2 3 4 5 6 7 8 9	
13. It is important for me to maintain or develop the practices of my <i>heritage culture</i> .	1	2 3 4 5 6 7 8 9	
14. It is important for me to maintain or develop American cultural practices.	1	2 3 4 5 6 7 8 9	
15. I believe in the values of my <i>heritage culture</i> .	1	2 3 4 5 6 7 8 9	
16. I believe in mainstream American values.	1	2 3 4 5 6 7 8 9	
17. I enjoy the jokes and humor of my <i>heritage culture</i> .	1	2 3 4 5 6 7 8 9	
18. I enjoy white American jokes and humor.	1	2 3 4 5 6 7 8 9	
19. I am interested in having friends from my <i>heritage culture</i> .	1	2 3 4 5 6 7 8 9	
20. I am interested in having white American friends.	1	2 3 4 5 6 7 8 9	

Scoring:

The heritage subscore is the mean of the odd-numbered items, whereas the mainstream subscore is the mean of the even-numbered items. Researchers studying acculturation in other mainstream contexts may wish to change

‘North American’ to another descriptor such as ‘American’ in the United States or ‘British’ in Great Britain.

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