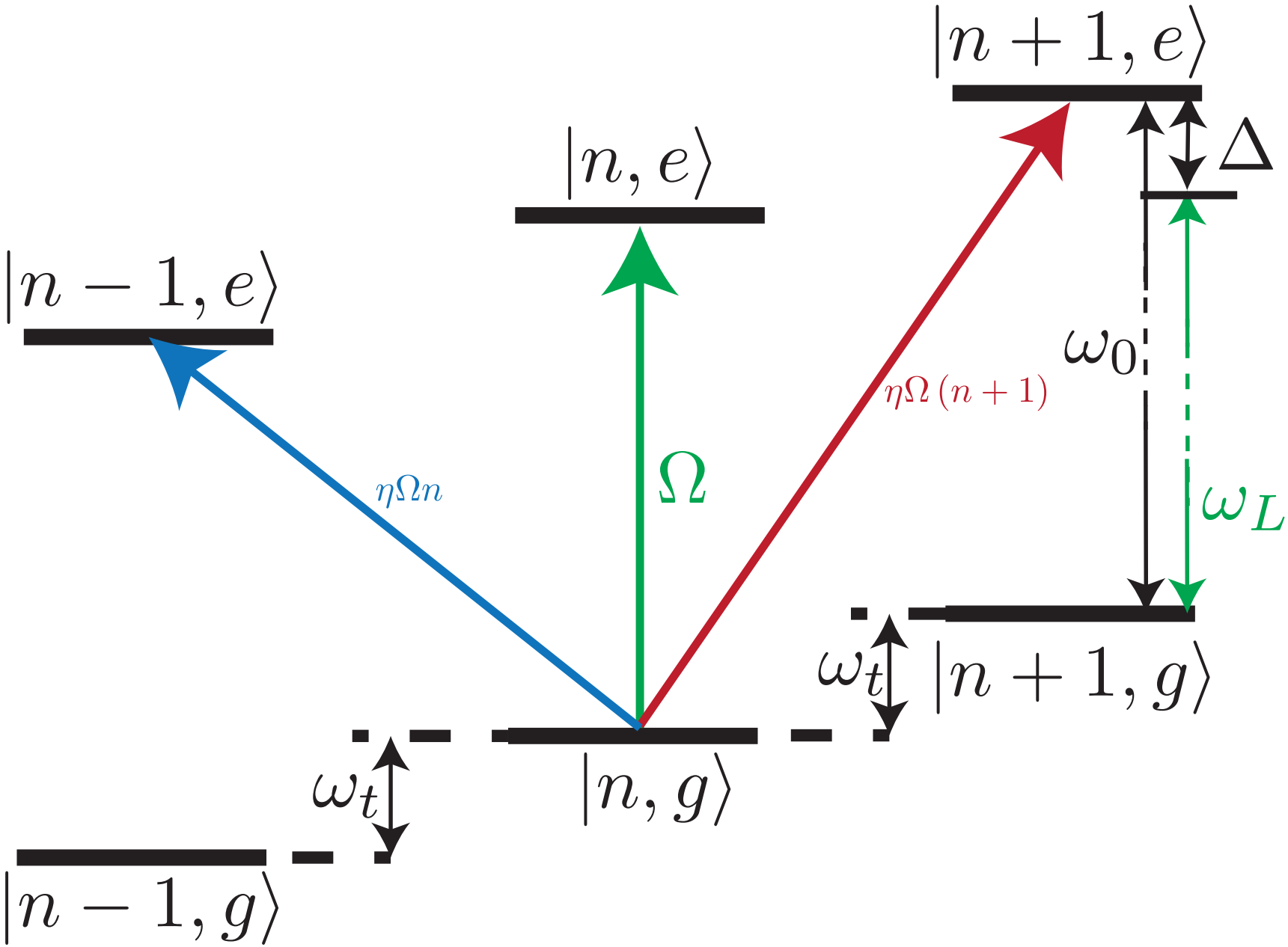
$|n+1,e\rangle$
Δ
$|n,e\rangle$
$|n-1,e\rangle$
ω_0
$\eta\Omega\,(n+1)$
Ω
$\eta\Omega n$
ω_L
ω_t
$|n+1,g\rangle$
$|n,g\rangle$
ω_t
$|n-1,g\rangle$