Multiple large-scale dynamical pathways for pan–Atlantic compound cold and windy extremes

Jacopo Riboldi¹, Richard Leeding¹, Antonio Segalini¹, and Gabriele Messori¹

¹Uppsala University

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Abstract

Winter cold spells over North America have been correlated with European wind extremes, but the physical mechanisms behind such "pan-Atlantic" compound extremes have not been clarified yet. In this study, we propose that pan-Atlantic cold and windy extremes occur following two possible dynamical pathways. The first one involves the propagation of a Rossby wave train from the Pacific Ocean, associated with windstorms over north-western Europe in the 5-10 days after the cold spell peak. The second is associated with a high-latitude anticyclone over the North Atlantic and an equatorward-shifted jet, leading to windstorms over south-western Europe already in the days preceding the cold spell peak. European windstorms are thus consistently tied to North American cold spells according to the different flow configuration. The analysis underscores that seemingly similar surface extremes may be driven by different processes, and that overlooking these subtleties and conflating them together could lead to misleading conclusions.

Multiple large-scale dynamical pathways for pan–Atlantic compound cold and windy extremes

Jacopo Riboldi¹, Richard Leeding¹, Antonio Segalini¹and Gabriele Messori^{1,2,3}

4	¹ Department of Earth Sciences, Uppsala University, Uppsala, Sweden
5	² Centre of natural Hazards and Disaster Science (CNDS), Uppsala University, Uppsala, Sweden
6	³ Department of Meteorology and Bolin Centre for Climate Research, Stockholm University, Stockholm,
7	Sweden

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9	•	North American cold extremes and European windy extremes can be connected
10		physically by two distinct dynamical pathways.
11	•	The first pathway involves Rossby wave propagation from the North Pacific and
12		the cold spell preceding the European windstorm.
13	•	The second pathway features both extremes occurring roughly at the same time
14		thanks to an upper-level anticyclone west of Greenland.

Corresponding author: Jacopo Riboldi, jacopo.riboldi@geo.uu.se

15 Abstract

Winter cold spells over North America have been correlated with European wind extremes, 16 but the physical mechanisms behind such "pan-Atlantic" compound extremes have not 17 been clarified yet. In this study, we propose that pan-Atlantic cold and windy extremes 18 occur following two possible dynamical pathways. The first one involves the propaga-19 tion of a Rossby wave train from the Pacific Ocean, associated with windstorms over north-20 western Europe in the 5-10 days after the cold spell peak. The second is associated with 21 a high-latitude anticyclone over the North Atlantic and an equatorward-shifted jet, lead-22 ing to windstorms over south-western Europe already in the days preceding the cold spell 23 peak. European windstorms are thus consistently tied to North American cold spells ac-24 cording to the different flow configuration. The analysis underscores that seemingly sim-25 ilar surface extremes may be driven by different processes, and that overlooking these 26 subtleties and conflating them together could lead to misleading conclusions. 27

²⁸ Plain Language Summary

Previous research noticed cold spells over North America and windstorms over Eu-29 rope tend to occur within a few days from each other. This connection is supported by 30 the fact that winds usually blow from west to east over the North Atlantic, embedding 31 with them the cyclones modulating the European weather during winter. However, the 32 chain of processes behind this connection remained not fully clarified. Here we explain 33 the complex relationship between the occurrence of North American cold spells and Eu-34 ropean windstorms. While previous work tried to identify a single physical mechanism, 35 we suggest that two separate pathways can establish a connection between the two types 36 of extremes. The first pathway resembles the initial hypothesis, as the propagation of 37 a train of cyclones and anticyclones from the North Pacific to the North Atlantic sequen-38 tially leads to a North American cold spell and, a few days later, to windstorms over north-39 western Europe. The second pathway, on the other hand, involves an anomalous anti-40 cyclone over the North Atlantic, which acts to induce cold spells over North America and 41 windstorms over south-western Europe roughly at the same time: this still leads to a cor-42 relation between the two extremes, but without a clear causality direction. 43

44 **1** Introduction

Cold spells and windstorms are typical examples of cold-season extreme weather 45 events with significant societal and economical impacts (e.g., Karremann et al., 2014; Ryti 46 et al., 2016). The notable winter of 2013/14 featured the co-occurrence of frigid temper-47 atures over North America and of extremely windy and wet conditions over the British 48 Isles, bringing to hypothesize a connection between cold spells over North America and 49 cyclonic activity over western Europe (e.g., Huntingford et al., 2014; Knight et al., 2017). 50 The co-occurrence of cold spells over the United States and of anomalously windy and 51 wet conditions over Europe can be described as a spatially compounding extreme event 52 (Zscheischler et al., 2020), as the two phenomena co-occur over remote regions in a short 53 period of time (Messori et al., 2016; Leeding et al., 2022). The joint occurrence of spa-54 tially compounding extremes can magnify their socio-economic impact, exposing actors 55 to correlated losses across their portfolios (e.g., Mills, 2005). 56

The physical processes behind pan-Atlantic cold and windy extremes likely involves 57 the low-frequency and the transient dynamics of the North Atlantic storm track. Indeed, 58 the continuous generation of cold air over North America during boreal winter modu-59 lates the land-sea contrast over the eastern coast of the continent and is a fundamen-60 tal process for the dynamics of the North Atlantic storm track (Held, 1983; Brayshaw 61 et al., 2009; Portal et al., 2022). However, drivers and possible modulators of this par-62 ticular type of compound events remain up to now not fully clarified. The work by Messori 63 et al. (2016) selected and composited 60 cold spells over a broad domain in eastern North 64

America with the aim to study how they could affect the North Atlantic storm track and
 lead to European wet and windy extremes. Their work highlighted:

1. An intensification, zonalisation, and equatorward shift of the North Atlantic jet stream occuring around the time of the cold spell, resulting in overall enhanced storminess over western Europe.

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- 2. That North American cold spells are associated with a Rossby wave train arching from the North Pacific towards Alaska and then the North Atlantic storm track.
- ing from the North Pacific towards Alaska and then the North Atlantic storm track.
 3. Finally, that such an enhancement and equatorward shift of the Atlantic jet stream emerge as statistically significant already five days before the cold spell peak. The presence of a significant European impact (in terms of wind extremes) in the 15 days preceding the cold spell was also noticed by Leeding et al. (2022), who thus hypothesized the presence of a third actor capable of simultaneously driving both sides of the pan-Atlantic extreme.

These results are reminiscent of the pioneering work by Dickson and Namias (1976), 78 who noticed that periods of lower than usual temperature near the eastern coast of the 79 United States were associated with enhanced baroclinicity at the entrance of the North 80 Atlantic storm track. This resulted in extratropical cyclones tracking at lower latitudes 81 than usual, consistently with an equatorward-shifted eddy-driven jet stream. On the other 82 hand, the propagation of North Pacific wave trains towards the North Atlantic is known 83 to be associated with a *poleward-shifted* jet stream, projecting approximately onto the 84 positive phase of the North Atlantic Oscillation (NAO; e.g., Franzke et al., 2004; Bene-85 dict et al., 2004; Rivière & Orlanski, 2007; Rivière & Drouard, 2015; Schemm et al., 2018). 86 The presence of significant jet stream anomalies over the North Atlantic prior to the peak 87 of the cold spell is also puzzling because, if there indeed was a causal link between cold 88 spells over North America and downstream storm track anomalies, one would expect the 89 storm track response to follow the cold spell in time rather than to anticipate it. Dickson 90 and Namias (1976) can provide a first, plausible hypothesis: they noticed that cold con-91 ditions over the eastern coast of North America were tied to the presence of an anticy-92 clone over Greenland, in a configuration resembling the negative phase of the NAO. This 03 potential "upstream" influence of the North Atlantic storm track has been proven to be particularly important for cold spells in the eastern United States, whose likelihood is 95 increased during periods of negative NAO (Cellitti et al., 2006; Smith & Sheridan, 2019; 96 Millin et al., 2022). Based on the literature, we thus hypothesise a complex, two-way in-97 teraction between the North Atlantic storm track and North American cold spells, which 98 offers a possible key to interpret the results of (Messori et al., 2016). 99

This letter aims to elucidate the different drivers of pan-Atlantic cold and windy 100 compound extremes during boreal winter, reconciling the above open questions with our 101 current understanding of the dynamics of the North Atlantic storm track. We show that 102 apparent contradictions likely resulted from the mixing of two different, physically con-103 sistent pathways connecting North American cold extremes and European windstorms. 104 For the sake of conciseness, this work will not focus on the joint occurrence of North Amer-105 ican cold spells and European precipitation extremes: however, given that wind and pre-106 cipitation extremes often compound due to extratropical cyclones (Owen et al., 2021), 107 we expect the substance of the results not to change. After an explanation of the em-108 ployed data and approach (Sec. 2), the circulation pattern associated with the pan-Atlantic 109 extremes is revisited for a representative region over central United States (Sec. 3a). Then, 110 different dynamical pathways associated with the extremes are discussed (Sec. 3b, 3c). 111 The paper is closed by a contextualization of the results and a summary section (Sec. 112 4). 113

¹¹⁴ 2 Data and Methods

The analysis is based on ECMWF's ERA5 Reanalysis data (Hersbach et al., 2020), 115 with a spatial resolution of $0.5^{\circ} \times 0.5^{\circ}$ and a temporal resolution of 1 day between De-116 cember 1979 and February 2020. Cold spells have been identified following Leeding et 117 al. (2022). They are defined starting from the daily time series of area-averaged 2-meter 118 temperature anomalies during boreal winter (DJF) over 105°-85°W, 35°-45°N. This re-119 gion is chosen because it partly overlaps with the one chosen by Messori et al. (2016), 120 but results are rather insensitive to 5° shifts of the domain in the four cardinal direc-121 122 tions (not shown). Anomalies are ranked from the absolute largest to smallest and the time of the strongest anomaly (here defined as t_{CS}) is retained as the cold spell peak. 123 To ensure independence between events, if two or more cold spell peaks occur within 15 124 days of each other, only the coldest one is retained. The so-defined 35 coldest days in 125 the region are then used for analysis (see Table S1 in the Supporting Information - SI). 126 For a sensitivity analysis to the exact choice of parameters, we refer to Leeding et al. (2022). 127 European surface wind extremes are defined as exceedances of the 98^{th} percentile of 10-128 meter wind speed for each grid point, with the choice of the percentile threshold follow-129 ing Klawa and Ulbrich (2003). The propagation of low-frequency Rossby wave trains is 130 assessed using the phase-independent formulation of the wave-activity flux (WAF) for 131 stationary, quasi-geostrophic eddies by Takaya and Nakamura (1997). As the resulting 132 wave-activity flux exhibits a significant level of small-scale noise (as noticed also by Wolf 133 & Wirth, 2017), the field was smoothed by retaining only spherical harmonics contribu-134 tions with n < 20 (see Fig. §1 in the SI). More details about the wave-activity flux com-135 putation are provided in the SI. 136

137 **3 Results**

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3.1 Revisiting the downstream impact of central NA cold spells

Five days before the peak of the central NA cold spells we analyse here, a Rossby 139 wave train propagates from the North Pacific towards North America (anomalous wave-140 activity flux arrows in Fig. 1a). The wave train features an enhanced Alaskan ridge and 141 an incipient trough to the South of Hudson Bay: these features are consistent with the 142 known dynamics of cold spells over the region (e.g., Carrera et al., 2004; Palmer, 2014; 143 Xie et al., 2017; Millin et al., 2022). A second trough, seemingly unrelated to the North 144 Pacific wave train, is visible west of Europe. This negative streamfunction anomaly is 145 associated with strong upper-level winds at its southern flank, resulting in a significantly 146 enhanced occurrence of extreme surface winds over the Iberian Peninsula and France in 147 the days preceding the cold spell (Fig. 1d). 148

As the cold spell reaches its peak (t_{CS}) and the Rossby wave train propagates to-149 wards the Atlantic, the upper-level jet stream intensifies at the southern edge of the trough 150 over North America and extends eastward (Fig. 1b). Meanwhile, the previously described 151 trough west of Europe merges with the larger one over North America and presumably 152 contributes to the maintenance of an equatorward-shifted jet stream, although signif-153 icant surface wind extremes are no longer visible over Iberia (Fig. 1e). The propagation 154 of the wave train appears to influence the position and the tilt of the waveguide at the 155 North Atlantic storm track entrance (maximum zonal wind anomaly of $15 \,\mathrm{m \, s^{-1}}$, Fig. 1b). 156 The upper-level jet is confined between the trough over North America, directly asso-157 ciated with the cold spell, and the anticyclone located in the subtropics, located at the 158 leading edge of the wave train. 159

After the cold spell, the trough-ridge system associated with the Rossby wave train continues to shape the North Atlantic waveguide, featuring an enhanced gradient of geostrophic streamfunction and an anomalously strong upper-level jet stream directed towards western Europe (Fig. 1c). This is associated with significant extreme surface wind anoma-



Figure 1. (Top) Lagged composites of 250 hPa wave-activity flux standardized anomalies (arrows), geostrophic streamfunction anomalies (black contours, shaded significant values) and zonal wind anomalies (magenta contours, only $\pm 5 \text{ m s}^{-1}$, $\pm 10 \text{ m s}^{-1}$, negative values dashed) for the 35 cold spells occurring over the considered central NA region ($105^{\circ}-85^{\circ}W$, $35^{\circ}-45^{\circ}N$) for (a) t_{CS} -5 d (b) t_{CS} , (c) $t_{CS}+5$ d. Vectors are shown, and streamfunction anomalies are shaded, only when exceeding the top 99% or bottom 1% of a 2500-times randomly sampled distribution. (Bottom) Composites of extreme (above 98th percentile) 10m wind frequency over Europe, averaged over 5 days, and of standardized 2-meter temperature anomaly over North America and Greenland (notice the two separate color scales) for 5-day periods centered at (d) t_{CS} -2 d, (e) t_{CS} +3 d, (f) t_{CS} +8 d. Overlaid are composites of 250 hPa wind anomaly (magenta contours, only $\pm 5 \text{ m s}^{-1}$, $\pm 10 \text{ m s}^{-1}$, $\pm 15 \text{ m s}^{-1}$), sea level pressure standardized anomaly (black contours, only $\pm 0.25 \sigma$, $\pm 0.5 \sigma$), with negative values dashed. Stippling indicates significantly heightened frequency of extreme 5-day-averaged 10m wind with respect to the top 99% or bottom 1% of a 10000-times randomly sampled distribution.

lies over both the British Isles and the Iberian Peninsula (Fig. 1f; see also e.g., Gómara 164 et al., 2014; Messori & Caballero, 2015; Messori et al., 2016). The large-scale configu-165 ration projects onto a significantly negative NAO phase in the days preceding the cold 166 spell, but it moves towards more neutral to positive conditions as the cold spell unfolds 167 (Fig. S2a). The anomalous configuration of the upper-level jet stream is also visible us-168 ing classical jet indices, which indicate a stronger, more equatorward-displaced and zonal 169 jet than usual (as in Figs. Sb-d in the Supplementary Information). The separate trough 170 over western Europe is no longer visible. 171

In summary, the composites show a wave train upstream of the North American cold spell and the elongation of the North Atlantic jet stream towards western Europe already in the days preceding the cold spell peak, as previously highlighted by Messori et al. (2016). Such a significant anomaly indicates a potential role of North Atlantic storm track dynamics for the genesis of the cold spells; this would however be in apparent contrast, with the role of the North Pacific Rossby wave train as driver of the cold spells, discussed by previous literature.

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3.2 Stratification with respect to wave-activity flux

The considerations above suggest a need to compare the relative importance of North 180 Pacific wave trains with respect to the dynamics of the North Atlantic storm track dur-181 ing the cold spells. To verify this, we compute the area-averaged magnitude of the wave-182 activity flux anomaly vector |WAF_{anom}|over the considered region (105°-85°W, 35°-45°N) 183 and stratify the same set of cold spells with respect to $|WAF_{anom}|$ at cold spell peak. The 184 metric is averaged over the considered cold spell domain, under the assumption that lo-185 cal anomalies in wave-activity flux are indicative of the strength of Rossby wave prop-186 agation during the cold spell. We then extract the 12 cold spells associated, respectively, 187 with the top (WAF+) and bottom (WAF-) terciles of $|WAF_{anom}|$ and discuss their dif-188 ferences. 189

A composite analysis shows that cases in the WAF+ subset are indeed character-190 ized by the clear propagation of a Rossby wave train from the North Pacific as the cold 191 spell develops and peaks (Figs. 2a,c). Anomalies in geostrophic streamfunction and wave-192 activity flux over the north-western portion of North America appear to precede the cold 193 spell also for cases in the WAF- subset, although with a weaker signal than for the WAF+ 194 case (Fig. 2b). The two cold spell subsets are also associated with significantly different 195 flow configurations over the North Atlantic, especially in the days preceding the cold spell 196 (Fig. 2a,b). For WAF+, no significant streamfunction anomalies are visible over the North 197 Atlantic before or during the cold spell peak (Figs. 2a,c). As the wave train propagates 198 over the North Atlantic, the jet tilts poleward over the eastern Atlantic in the direction 199 of the British Isles (Fig. 2e). 200

The situation is radically different for the WAF- subset. First of all, an anomalous 201 flow pattern resembling a negative NAO phase is visible over the North Atlantic in the 202 days before the cold spell, with an upper-level high over Greenland and two troughs at 203 its southern flanks: one over eastern North America and one over western Europe. Be-204 low these, an equatorward-shifted jet is found (Fig. 2b). The unfolding of the WAF- cold 205 spells does not substantially alter the flow configuration over the North Atlantic: the jet 206 remains anomalously equatorward-shifted, and two separate troughs are still visible over 207 the western and eastern parts of the North Atlantic basin (Figs. 2d, f). In this scenario 208 there is no strict need of a precursor North Pacific Rossby wave train: however, the pres-209 ence of a weak but significant Alaskan ridge in the WAF- composite (Figs. 2b,d) suggests 210 that this feature can still be relevant for particularly intense and/or persistent cold spells. 211

This analysis explains why central NA cold spells are not followed by a systematically positive or negative NAO (Fig. §3a), as the state of the North Atlantic storm track is conditioned by which dynamical pathway the cold spell is associated with. More pro-



Figure 2. Lagged composites of standardized WAF anomalies (arrows), geostrophic streamfunction anomalies (shaded) and 250 hPa zonal wind anomalies (magenta contours, only $\pm 7.5 \,\mathrm{m \, s^{-1}}$, $\pm 15 \,\mathrm{m \, s^{-1}}$, negative values dashed) for the 12 central NA cold spells in the (left) WAF+ and (right) WAF- subsets at lags (a,d) t_{CS} -5 d (b,e) t_{CS} , and (c,f) t_{CS} +5 d. Only significant WAF vectors and streamfunction anomalies are shown (with respect to the top 99% or bottom 1% of a 10.000-times randomly sampled distribution).

nounced differences between WAF+ and WAF- emerge when looking at jet speed and 215 latitude, while jet zonality is not systematically different (Figs. §3b-d). As a backward 216 check, we also note that these two distinct dynamical pathways can be re-obtained from 217 a stratification based on the upper and lower terciles of the NAO index four days after 218 cold spell peak (see Fig. S4 in the SI). The corresponding 12-cold spell subsets are named 219 NAO+ and NAO-, respectively. The NAO+ cold spells correspond to the NW–SE prop-220 agation of a Rossby wave train across North America (Figs. S4a,c), resulting in an en-221 hanced jet stream over the North Atlantic. On the other hand, the NAO- cold spells fea-222 ture an upper-level anticyclone west of Greenland and an equatorward-shifted jet stream 223 over the Iberian Peninsula already four days before the cold spell peak (Fig. S4b), a sit-224 uation that remains virtually unchanged as the cold spell unfolds (Figs. S4d,f). 225

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3.3 Implications for surface extremes

The two different dynamical pathways associated with the cold spells are mirrored 227 in differences in the occurrence of European surface wind extremes. In the WAF+ sub-228 set, no extreme winds are observed over western Europe preceding the cold spell peak 229 (Figs. 3a,b). This is in sharp contrast with the image gained from the whole subset of 230 the 35 cold spells, which featured a significantly heightened frequency of extreme winds 231 over the Iberian Peninsula and France preceding the cold spell peak (cf. Fig. 1d). On the 232 other hand, the WAF- cold spell subset displays extreme surface winds accompanied by 233 lower than usual sea-level pressure over the Azores and upper-level wind anomalies ex-234 tending through the whole North Atlantic basin prior to the cold spell peak (Fig. 3d). 235



Figure 3. Composites of extreme (above 98th percentile) 10m wind frequency over Europe, averaged over 5 days, and of standardized 2-meter temperature anomaly over North America and Greenland (notice the two separate color scales) following cold spells over central NA belonging to the (top) WAF+ and (bottom) WAF- subsets for the 5-day periods centered at (a,d) t_{CS} -2 d, (b,e) t_{CS} +3 d, (c,f) t_{CS} +8 d. Overlaid are composites of 250 hPa wind anomaly (magenta contours, only $\pm 7.5 \text{ m s}^{-1}$, $\pm 15 \text{ m s}^{-1}$), sea level pressure standardized anomaly (black contours, only $\pm 0.25 \sigma$, $\pm 0.5 \sigma$), with negative values dashed. Stippling indicates 5-day-averaged frequencies of extreme 10m wind exceeding the top 99% or bottom 1% of a randomly sampled distribution.

Indeed, extreme surface winds occur mostly in the period preceding, rather than follow-236 ing, the cold spell peak (Figs. 3e, f). The WAF- subset thus appears characterized by con-237 *current* developing cold spells over central NA and extreme surface winds over western 238 Europe. This co-occurrence is likely related to the two troughs visible at the entrance 239 and the exit of the North Atlantic storm track (Figs. 2d, f): while the trough to the west 240 advects cold air at its western flank towards the central NA region, the trough to the east 241 is tied to an upper-level jet streak at its southern flank, associated with extreme winds 242 over the Iberian Peninsula (Figs. 3d,e). In addition, the dynamics portrayed in the WAF-243 subset are consistent with the streamfunction and jet anomalies visible in the full com-244 posite (Fig. 1). We thus hypothesize that the puzzling European wind extremes observed 245 before the cold spell peak are mostly related to this second pathway for pan-Atlantic cold 246 and windy extremes, in which the North Atlantic storm track is already in a state con-247 248 ducive to European wind extremes before the cold spell peak is reached over Central NA. Given that the Greenland high is likely emerging from the activity of the North Atlantic 249 storm track, it makes sense that its impacts are felt over Europe first (i.e., in term of wind-250 storms), and then upstream over North America (i.e., in terms of large-scale setup lead-251 ing to cold spells). This mechanism would explain the anticipated wind impact of cen-252 tral NA cold spells noticed by Messori et al. (2016) and Leeding et al. (2022). 253

²⁵⁴ 4 Concluding remarks

4.1 Summary

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Cold spells over central NA are impactful weather events whose occurrence has been
empirically related to windstorms over Europe. The underlying hypothesis was that European windstorms were occurring as a "downstream response" of the "upstream" cold
spells. The results of this study challenge this view and allow us to conclude that there



Figure 4. Schematic of the two pathways connecting North American cold spells and European windstorms. (a) In the first pathway, the various upper-level anomalies are related to the propagation of a Rossby wave train from the North Pacific, indicated by the series of thin, black arrows connecting the ridge over Alaska with the trough over eastern North America. (b) In the second pathway, the jet stream is located more equatorward than usual and is associated with anomalous cyclonic activity over south-western Europe.

1. Cold spells characterized by the presence of a ridge over Alaska, which is part of 262 a eastward-propagating, low-frequency Rossby wave train, are not associated with 263 significant anomalies over the North Atlantic before cold spell peak. The effect 264 over the North Atlantic storm track manifests itself only when the wave train reaches 265 the eastern portion of the continent, resulting in a tilted, intensified jet stream and 266 in wind extremes over north-western Europe in the 6-10 days following cold spell 267 peak. In this pathway, the propagation of the wave train supports a clear causal 268 link between the circulation pattern causing the cold spell (the Rossby wave train), 269 its impact onto the storm track and the surface wind extremes over Europe (Fig. 4a). 270 2. The presence of a high west of Greenland is associated with a flow configuration 271 that promotes the development of cold spells over North America and windstorms 272 over Europe at the same time. In particular, the high is often related to the south-273 ward displacement of a trough over the eastern United States, which promotes cold 274 air advection at its western flank. At the same time, the large-scale configuration 275 is related to an equatorward shift of the upper-level trough normally associated 276 with the Icelandic Low: this configuration resembles a negative NAO pattern, con-277 ducive to extreme winds over south-western Europe (Fig. 4b). As the two weather 278 extremes *co-occur* in time and are associated with a common precursor (the afore-279 mentioned Greenland high), it would then be inappropriate to discuss European 280 windstorms as a "downstream effect" of North American cold spells. 281

In summary, the different drivers of central NA cold spells correspond to different 282 circulation patterns over the North Atlantic, which are then related to an increased fre-283 quency of windstorms over different European regions in a physically consistent man-284 ner. In the specific case discussed in this study, the original composite picture retained 285 characteristics of the two different drivers at the same time lags, leading to a nonphys-286 ical large-scale configuration where the European wind extremes appear to precede the 287 North American cold spell that should cause them. Thus, analyzing pan-Atlantic cold 288 and windy extremes without considering their dynamical drivers can lead to an incom-289

are at least two possible dynamical pathways to explain the observed statistical link between North American cold spells and European windstorms:

plete, or at worst incorrect, understanding of their dynamics. A similar cautionary ar gument likely applies to studies concerning temporally and spatially compounding ex tremes over remote regions (e.g., summer heatwaves or winter cold spells).

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4.2 Contextualization of the results and outlook

The two distinct pathways connecting central NA cold spells and European wind-294 storms were identified by stratifying with respect to the area-averaged WAF over the se-295 lected cold spell region. Two cold spell subsets were then obtained by selecting the dates 296 corresponding to values in the upper or lower WAF terciles, respectively. Other possi-297 ble ways to perform this division were attempted, for instance by considering area-averaged 298 wave-activity flux over Alaska, but this choice did not yield a clear division (mainly be-299 cause not all waves propagating from Alaska engender a cold spell in a given North Amer-300 ican region). We thus regard our chosen partition as a simple and physically-grounded 301 way to unravel the different dynamical pathways behind temporally compounding pan-302 Atlantic cold and windy extremes. 303

This work focused on a single yet representative North American cold spell domain, 304 but the relative weight of the two pathways likely differs for different regions. Future work 305 will involve a more comprehensive analysis trying to identify differences in the physical 306 connections to European windstorms for cold spells in different North American regions. 307 Another caveat of this analysis is the reduced number of extreme cold spells considered 308 (a total of 35, with 12 cases in the WAF+ and WAF- subsets). We nonetheless under-309 score the high level of statistical significance of our results. Furthermore, we did not anal-310 yse possible remote drivers behind the two identified pathways. Possible candidates are 311 tropical convection anomalies over SE Asia and the maritime continent, which have been 312 linked to the forcing of Rossby wave trains over the Pacific Ocean (e.g., Teng & Bransta-313 tor, 2017; Riboldi et al., 2022), or the occurrence of sudden stratospheric warmings, which 314 have been connected with the formation of high-latitude anticyclones and with an equa-315 torward displacement of the jet stream over the North Atlantic basin (e.g., Kolstad et 316 al., 2022). 317

The chosen central NA region is located roughly in the middle between the Pacific 318 and the Atlantic Oceans, and the two identified pathways for pan-Atlantic cold and windy 319 extremes reflect the role played by the basins. The first pathway features a strong wave 320 propagation from the upstream North Pacific, while the second one appears more influ-321 enced by high-latitude upper-level ridges over Greenland and the Canadian Arctic, that 322 plausibly result from the dynamics of the North Atlantic storm track (e.g., atmospheric 323 blocking following explosive cyclogenesis). This indicates that both basins can play a role 324 in the genesis of central NA cold spells, as hinted by Lee et al. (2019) and recently em-325 phasized by Millin et al. (2022) using a weather regime approach. This conceptualiza-326 tion has now been extended to the North Atlantic basin, so that pan-Atlantic wet and 327 windy extremes can be seamlessly understood as part of individual large-scale flow con-328 figurations tied to the activity of the Pacific and Atlantic storm tracks. In conclusion, 329 this study provided an interesting case-study of the role played by hemispheric-scale tele-330 connections in coordinating extreme weather events across North America and Europe, 331 paying the way to frameworks for the prediction and mitigation of their joint impacts. 332

5 Open Research

ERA5 hourly data from 1979-present are available for several pressure levels (Hersbach et al., 2018a) and for surface variables (Hersbach et al., 2018b). Both data sets were freely downloaded from the Copernicus Climate Change Service (C3S) Climate Data Store.

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Multiple large-scale dynamical pathways for pan–Atlantic compound cold and windy extremes

Jacopo Riboldi¹, Richard Leeding¹, Antonio Segalini¹and Gabriele Messori^{1,2,3}

4	¹ Department of Earth Sciences, Uppsala University, Uppsala, Sweden
5	² Centre of natural Hazards and Disaster Science (CNDS), Uppsala University, Uppsala, Sweden
6	³ Department of Meteorology and Bolin Centre for Climate Research, Stockholm University, Stockholm,
7	Sweden

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9	•	North American cold extremes and European windy extremes can be connected
10		physically by two distinct dynamical pathways.
11	•	The first pathway involves Rossby wave propagation from the North Pacific and
12		the cold spell preceding the European windstorm.
13	•	The second pathway features both extremes occurring roughly at the same time
14		thanks to an upper-level anticyclone west of Greenland.

Corresponding author: Jacopo Riboldi, jacopo.riboldi@geo.uu.se

15 Abstract

Winter cold spells over North America have been correlated with European wind extremes, 16 but the physical mechanisms behind such "pan-Atlantic" compound extremes have not 17 been clarified yet. In this study, we propose that pan-Atlantic cold and windy extremes 18 occur following two possible dynamical pathways. The first one involves the propaga-19 tion of a Rossby wave train from the Pacific Ocean, associated with windstorms over north-20 western Europe in the 5-10 days after the cold spell peak. The second is associated with 21 a high-latitude anticyclone over the North Atlantic and an equatorward-shifted jet, lead-22 ing to windstorms over south-western Europe already in the days preceding the cold spell 23 peak. European windstorms are thus consistently tied to North American cold spells ac-24 cording to the different flow configuration. The analysis underscores that seemingly sim-25 ilar surface extremes may be driven by different processes, and that overlooking these 26 subtleties and conflating them together could lead to misleading conclusions. 27

²⁸ Plain Language Summary

Previous research noticed cold spells over North America and windstorms over Eu-29 rope tend to occur within a few days from each other. This connection is supported by 30 the fact that winds usually blow from west to east over the North Atlantic, embedding 31 with them the cyclones modulating the European weather during winter. However, the 32 chain of processes behind this connection remained not fully clarified. Here we explain 33 the complex relationship between the occurrence of North American cold spells and Eu-34 ropean windstorms. While previous work tried to identify a single physical mechanism, 35 we suggest that two separate pathways can establish a connection between the two types 36 of extremes. The first pathway resembles the initial hypothesis, as the propagation of 37 a train of cyclones and anticyclones from the North Pacific to the North Atlantic sequen-38 tially leads to a North American cold spell and, a few days later, to windstorms over north-39 western Europe. The second pathway, on the other hand, involves an anomalous anti-40 cyclone over the North Atlantic, which acts to induce cold spells over North America and 41 windstorms over south-western Europe roughly at the same time: this still leads to a cor-42 relation between the two extremes, but without a clear causality direction. 43

44 **1** Introduction

Cold spells and windstorms are typical examples of cold-season extreme weather 45 events with significant societal and economical impacts (e.g., Karremann et al., 2014; Ryti 46 et al., 2016). The notable winter of 2013/14 featured the co-occurrence of frigid temper-47 atures over North America and of extremely windy and wet conditions over the British 48 Isles, bringing to hypothesize a connection between cold spells over North America and 49 cyclonic activity over western Europe (e.g., Huntingford et al., 2014; Knight et al., 2017). 50 The co-occurrence of cold spells over the United States and of anomalously windy and 51 wet conditions over Europe can be described as a spatially compounding extreme event 52 (Zscheischler et al., 2020), as the two phenomena co-occur over remote regions in a short 53 period of time (Messori et al., 2016; Leeding et al., 2022). The joint occurrence of spa-54 tially compounding extremes can magnify their socio-economic impact, exposing actors 55 to correlated losses across their portfolios (e.g., Mills, 2005). 56

The physical processes behind pan-Atlantic cold and windy extremes likely involves 57 the low-frequency and the transient dynamics of the North Atlantic storm track. Indeed, 58 the continuous generation of cold air over North America during boreal winter modu-59 lates the land-sea contrast over the eastern coast of the continent and is a fundamen-60 tal process for the dynamics of the North Atlantic storm track (Held, 1983; Brayshaw 61 et al., 2009; Portal et al., 2022). However, drivers and possible modulators of this par-62 ticular type of compound events remain up to now not fully clarified. The work by Messori 63 et al. (2016) selected and composited 60 cold spells over a broad domain in eastern North 64

America with the aim to study how they could affect the North Atlantic storm track and
 lead to European wet and windy extremes. Their work highlighted:

1. An intensification, zonalisation, and equatorward shift of the North Atlantic jet stream occuring around the time of the cold spell, resulting in overall enhanced storminess over western Europe.

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- 2. That North American cold spells are associated with a Rossby wave train arching from the North Pacific towards Alaska and then the North Atlantic storm track.
- ing from the North Pacific towards Alaska and then the North Atlantic storm track.
 3. Finally, that such an enhancement and equatorward shift of the Atlantic jet stream emerge as statistically significant already five days before the cold spell peak. The presence of a significant European impact (in terms of wind extremes) in the 15 days preceding the cold spell was also noticed by Leeding et al. (2022), who thus hypothesized the presence of a third actor capable of simultaneously driving both sides of the pan-Atlantic extreme.

These results are reminiscent of the pioneering work by Dickson and Namias (1976), 78 who noticed that periods of lower than usual temperature near the eastern coast of the 79 United States were associated with enhanced baroclinicity at the entrance of the North 80 Atlantic storm track. This resulted in extratropical cyclones tracking at lower latitudes 81 than usual, consistently with an equatorward-shifted eddy-driven jet stream. On the other 82 hand, the propagation of North Pacific wave trains towards the North Atlantic is known 83 to be associated with a *poleward-shifted* jet stream, projecting approximately onto the 84 positive phase of the North Atlantic Oscillation (NAO; e.g., Franzke et al., 2004; Bene-85 dict et al., 2004; Rivière & Orlanski, 2007; Rivière & Drouard, 2015; Schemm et al., 2018). 86 The presence of significant jet stream anomalies over the North Atlantic prior to the peak 87 of the cold spell is also puzzling because, if there indeed was a causal link between cold 88 spells over North America and downstream storm track anomalies, one would expect the 89 storm track response to follow the cold spell in time rather than to anticipate it. Dickson 90 and Namias (1976) can provide a first, plausible hypothesis: they noticed that cold con-91 ditions over the eastern coast of North America were tied to the presence of an anticy-92 clone over Greenland, in a configuration resembling the negative phase of the NAO. This 03 potential "upstream" influence of the North Atlantic storm track has been proven to be particularly important for cold spells in the eastern United States, whose likelihood is 95 increased during periods of negative NAO (Cellitti et al., 2006; Smith & Sheridan, 2019; 96 Millin et al., 2022). Based on the literature, we thus hypothesise a complex, two-way in-97 teraction between the North Atlantic storm track and North American cold spells, which 98 offers a possible key to interpret the results of (Messori et al., 2016). 99

This letter aims to elucidate the different drivers of pan-Atlantic cold and windy 100 compound extremes during boreal winter, reconciling the above open questions with our 101 current understanding of the dynamics of the North Atlantic storm track. We show that 102 apparent contradictions likely resulted from the mixing of two different, physically con-103 sistent pathways connecting North American cold extremes and European windstorms. 104 For the sake of conciseness, this work will not focus on the joint occurrence of North Amer-105 ican cold spells and European precipitation extremes: however, given that wind and pre-106 cipitation extremes often compound due to extratropical cyclones (Owen et al., 2021), 107 we expect the substance of the results not to change. After an explanation of the em-108 ployed data and approach (Sec. 2), the circulation pattern associated with the pan-Atlantic 109 extremes is revisited for a representative region over central United States (Sec. 3a). Then, 110 different dynamical pathways associated with the extremes are discussed (Sec. 3b, 3c). 111 The paper is closed by a contextualization of the results and a summary section (Sec. 112 4). 113

¹¹⁴ 2 Data and Methods

The analysis is based on ECMWF's ERA5 Reanalysis data (Hersbach et al., 2020), 115 with a spatial resolution of $0.5^{\circ} \times 0.5^{\circ}$ and a temporal resolution of 1 day between De-116 cember 1979 and February 2020. Cold spells have been identified following Leeding et 117 al. (2022). They are defined starting from the daily time series of area-averaged 2-meter 118 temperature anomalies during boreal winter (DJF) over 105°-85°W,35°-45°N. This re-119 gion is chosen because it partly overlaps with the one chosen by Messori et al. (2016), 120 but results are rather insensitive to 5° shifts of the domain in the four cardinal direc-121 122 tions (not shown). Anomalies are ranked from the absolute largest to smallest and the time of the strongest anomaly (here defined as t_{CS}) is retained as the cold spell peak. 123 To ensure independence between events, if two or more cold spell peaks occur within 15 124 days of each other, only the coldest one is retained. The so-defined 35 coldest days in 125 the region are then used for analysis (see Table S1 in the Supporting Information - SI). 126 For a sensitivity analysis to the exact choice of parameters, we refer to Leeding et al. (2022). 127 European surface wind extremes are defined as exceedances of the 98^{th} percentile of 10-128 meter wind speed for each grid point, with the choice of the percentile threshold follow-129 ing Klawa and Ulbrich (2003). The propagation of low-frequency Rossby wave trains is 130 assessed using the phase-independent formulation of the wave-activity flux (WAF) for 131 stationary, quasi-geostrophic eddies by Takaya and Nakamura (1997). As the resulting 132 wave-activity flux exhibits a significant level of small-scale noise (as noticed also by Wolf 133 & Wirth, 2017), the field was smoothed by retaining only spherical harmonics contribu-134 tions with n < 20 (see Fig. §1 in the SI). More details about the wave-activity flux com-135 putation are provided in the SI. 136

137 **3 Results**

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3.1 Revisiting the downstream impact of central NA cold spells

Five days before the peak of the central NA cold spells we analyse here, a Rossby 139 wave train propagates from the North Pacific towards North America (anomalous wave-140 activity flux arrows in Fig. 1a). The wave train features an enhanced Alaskan ridge and 141 an incipient trough to the South of Hudson Bay: these features are consistent with the 142 known dynamics of cold spells over the region (e.g., Carrera et al., 2004; Palmer, 2014; 143 Xie et al., 2017; Millin et al., 2022). A second trough, seemingly unrelated to the North 144 Pacific wave train, is visible west of Europe. This negative streamfunction anomaly is 145 associated with strong upper-level winds at its southern flank, resulting in a significantly 146 enhanced occurrence of extreme surface winds over the Iberian Peninsula and France in 147 the days preceding the cold spell (Fig. 1d). 148

As the cold spell reaches its peak (t_{CS}) and the Rossby wave train propagates to-149 wards the Atlantic, the upper-level jet stream intensifies at the southern edge of the trough 150 over North America and extends eastward (Fig. 1b). Meanwhile, the previously described 151 trough west of Europe merges with the larger one over North America and presumably 152 contributes to the maintenance of an equatorward-shifted jet stream, although signif-153 icant surface wind extremes are no longer visible over Iberia (Fig. 1e). The propagation 154 of the wave train appears to influence the position and the tilt of the waveguide at the 155 North Atlantic storm track entrance (maximum zonal wind anomaly of $15 \,\mathrm{m \, s^{-1}}$, Fig. 1b). 156 The upper-level jet is confined between the trough over North America, directly asso-157 ciated with the cold spell, and the anticyclone located in the subtropics, located at the 158 leading edge of the wave train. 159

After the cold spell, the trough-ridge system associated with the Rossby wave train continues to shape the North Atlantic waveguide, featuring an enhanced gradient of geostrophic streamfunction and an anomalously strong upper-level jet stream directed towards western Europe (Fig. 1c). This is associated with significant extreme surface wind anoma-



Figure 1. (Top) Lagged composites of 250 hPa wave-activity flux standardized anomalies (arrows), geostrophic streamfunction anomalies (black contours, shaded significant values) and zonal wind anomalies (magenta contours, only $\pm 5 \text{ m s}^{-1}$, $\pm 10 \text{ m s}^{-1}$, negative values dashed) for the 35 cold spells occurring over the considered central NA region ($105^{\circ}-85^{\circ}W$, $35^{\circ}-45^{\circ}N$) for (a) t_{CS} -5 d (b) t_{CS} , (c) $t_{CS}+5$ d. Vectors are shown, and streamfunction anomalies are shaded, only when exceeding the top 99% or bottom 1% of a 2500-times randomly sampled distribution. (Bottom) Composites of extreme (above 98th percentile) 10m wind frequency over Europe, averaged over 5 days, and of standardized 2-meter temperature anomaly over North America and Greenland (notice the two separate color scales) for 5-day periods centered at (d) t_{CS} -2 d, (e) t_{CS} +3 d, (f) t_{CS} +8 d. Overlaid are composites of 250 hPa wind anomaly (magenta contours, only $\pm 5 \text{ m s}^{-1}$, $\pm 10 \text{ m s}^{-1}$, $\pm 15 \text{ m s}^{-1}$), sea level pressure standardized anomaly (black contours, only $\pm 0.25 \sigma$, $\pm 0.5 \sigma$), with negative values dashed. Stippling indicates significantly heightened frequency of extreme 5-day-averaged 10m wind with respect to the top 99% or bottom 1% of a 10000-times randomly sampled distribution.

lies over both the British Isles and the Iberian Peninsula (Fig. 1f; see also e.g., Gómara 164 et al., 2014; Messori & Caballero, 2015; Messori et al., 2016). The large-scale configu-165 ration projects onto a significantly negative NAO phase in the days preceding the cold 166 spell, but it moves towards more neutral to positive conditions as the cold spell unfolds 167 (Fig. S2a). The anomalous configuration of the upper-level jet stream is also visible us-168 ing classical jet indices, which indicate a stronger, more equatorward-displaced and zonal 169 jet than usual (as in Figs. Sb-d in the Supplementary Information). The separate trough 170 over western Europe is no longer visible. 171

In summary, the composites show a wave train upstream of the North American cold spell and the elongation of the North Atlantic jet stream towards western Europe already in the days preceding the cold spell peak, as previously highlighted by Messori et al. (2016). Such a significant anomaly indicates a potential role of North Atlantic storm track dynamics for the genesis of the cold spells; this would however be in apparent contrast, with the role of the North Pacific Rossby wave train as driver of the cold spells, discussed by previous literature.

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3.2 Stratification with respect to wave-activity flux

The considerations above suggest a need to compare the relative importance of North 180 Pacific wave trains with respect to the dynamics of the North Atlantic storm track dur-181 ing the cold spells. To verify this, we compute the area-averaged magnitude of the wave-182 activity flux anomaly vector |WAF_{anom}|over the considered region (105°-85°W, 35°-45°N) 183 and stratify the same set of cold spells with respect to $|WAF_{anom}|$ at cold spell peak. The 184 metric is averaged over the considered cold spell domain, under the assumption that lo-185 cal anomalies in wave-activity flux are indicative of the strength of Rossby wave prop-186 agation during the cold spell. We then extract the 12 cold spells associated, respectively, 187 with the top (WAF+) and bottom (WAF-) terciles of $|WAF_{anom}|$ and discuss their dif-188 ferences. 189

A composite analysis shows that cases in the WAF+ subset are indeed character-190 ized by the clear propagation of a Rossby wave train from the North Pacific as the cold 191 spell develops and peaks (Figs. 2a,c). Anomalies in geostrophic streamfunction and wave-192 activity flux over the north-western portion of North America appear to precede the cold 193 spell also for cases in the WAF- subset, although with a weaker signal than for the WAF+ 194 case (Fig. 2b). The two cold spell subsets are also associated with significantly different 195 flow configurations over the North Atlantic, especially in the days preceding the cold spell 196 (Fig. 2a,b). For WAF+, no significant streamfunction anomalies are visible over the North 197 Atlantic before or during the cold spell peak (Figs. 2a,c). As the wave train propagates 198 over the North Atlantic, the jet tilts poleward over the eastern Atlantic in the direction 199 of the British Isles (Fig. 2e). 200

The situation is radically different for the WAF- subset. First of all, an anomalous 201 flow pattern resembling a negative NAO phase is visible over the North Atlantic in the 202 days before the cold spell, with an upper-level high over Greenland and two troughs at 203 its southern flanks: one over eastern North America and one over western Europe. Be-204 low these, an equatorward-shifted jet is found (Fig. 2b). The unfolding of the WAF- cold 205 spells does not substantially alter the flow configuration over the North Atlantic: the jet 206 remains anomalously equatorward-shifted, and two separate troughs are still visible over 207 the western and eastern parts of the North Atlantic basin (Figs. 2d, f). In this scenario 208 there is no strict need of a precursor North Pacific Rossby wave train: however, the pres-209 ence of a weak but significant Alaskan ridge in the WAF- composite (Figs. 2b,d) suggests 210 that this feature can still be relevant for particularly intense and/or persistent cold spells. 211

This analysis explains why central NA cold spells are not followed by a systematically positive or negative NAO (Fig. §3a), as the state of the North Atlantic storm track is conditioned by which dynamical pathway the cold spell is associated with. More pro-



Figure 2. Lagged composites of standardized WAF anomalies (arrows), geostrophic streamfunction anomalies (shaded) and 250 hPa zonal wind anomalies (magenta contours, only $\pm 7.5 \,\mathrm{m \, s^{-1}}$, $\pm 15 \,\mathrm{m \, s^{-1}}$, negative values dashed) for the 12 central NA cold spells in the (left) WAF+ and (right) WAF- subsets at lags (a,d) t_{CS} -5 d (b,e) t_{CS} , and (c,f) t_{CS} +5 d. Only significant WAF vectors and streamfunction anomalies are shown (with respect to the top 99% or bottom 1% of a 10.000-times randomly sampled distribution).

nounced differences between WAF+ and WAF- emerge when looking at jet speed and 215 latitude, while jet zonality is not systematically different (Figs. §3b-d). As a backward 216 check, we also note that these two distinct dynamical pathways can be re-obtained from 217 a stratification based on the upper and lower terciles of the NAO index four days after 218 cold spell peak (see Fig. S4 in the SI). The corresponding 12-cold spell subsets are named 219 NAO+ and NAO-, respectively. The NAO+ cold spells correspond to the NW–SE prop-220 agation of a Rossby wave train across North America (Figs. S4a,c), resulting in an en-221 hanced jet stream over the North Atlantic. On the other hand, the NAO- cold spells fea-222 ture an upper-level anticyclone west of Greenland and an equatorward-shifted jet stream 223 over the Iberian Peninsula already four days before the cold spell peak (Fig. S4b), a sit-224 uation that remains virtually unchanged as the cold spell unfolds (Figs. S4d,f). 225

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3.3 Implications for surface extremes

The two different dynamical pathways associated with the cold spells are mirrored 227 in differences in the occurrence of European surface wind extremes. In the WAF+ sub-228 set, no extreme winds are observed over western Europe preceding the cold spell peak 229 (Figs. 3a,b). This is in sharp contrast with the image gained from the whole subset of 230 the 35 cold spells, which featured a significantly heightened frequency of extreme winds 231 over the Iberian Peninsula and France preceding the cold spell peak (cf. Fig. 1d). On the 232 other hand, the WAF- cold spell subset displays extreme surface winds accompanied by 233 lower than usual sea-level pressure over the Azores and upper-level wind anomalies ex-234 tending through the whole North Atlantic basin prior to the cold spell peak (Fig. 3d). 235



Figure 3. Composites of extreme (above 98th percentile) 10m wind frequency over Europe, averaged over 5 days, and of standardized 2-meter temperature anomaly over North America and Greenland (notice the two separate color scales) following cold spells over central NA belonging to the (top) WAF+ and (bottom) WAF- subsets for the 5-day periods centered at (a,d) t_{CS} -2 d, (b,e) t_{CS} +3 d, (c,f) t_{CS} +8 d. Overlaid are composites of 250 hPa wind anomaly (magenta contours, only $\pm 7.5 \text{ m s}^{-1}$, $\pm 15 \text{ m s}^{-1}$), sea level pressure standardized anomaly (black contours, only $\pm 0.25 \sigma$, $\pm 0.5 \sigma$), with negative values dashed. Stippling indicates 5-day-averaged frequencies of extreme 10m wind exceeding the top 99% or bottom 1% of a randomly sampled distribution.

Indeed, extreme surface winds occur mostly in the period preceding, rather than follow-236 ing, the cold spell peak (Figs. 3e, f). The WAF- subset thus appears characterized by con-237 *current* developing cold spells over central NA and extreme surface winds over western 238 Europe. This co-occurrence is likely related to the two troughs visible at the entrance 239 and the exit of the North Atlantic storm track (Figs. 2d, f): while the trough to the west 240 advects cold air at its western flank towards the central NA region, the trough to the east 241 is tied to an upper-level jet streak at its southern flank, associated with extreme winds 242 over the Iberian Peninsula (Figs. 3d,e). In addition, the dynamics portrayed in the WAF-243 subset are consistent with the streamfunction and jet anomalies visible in the full com-244 posite (Fig. 1). We thus hypothesize that the puzzling European wind extremes observed 245 before the cold spell peak are mostly related to this second pathway for pan-Atlantic cold 246 and windy extremes, in which the North Atlantic storm track is already in a state con-247 248 ducive to European wind extremes before the cold spell peak is reached over Central NA. Given that the Greenland high is likely emerging from the activity of the North Atlantic 249 storm track, it makes sense that its impacts are felt over Europe first (i.e., in term of wind-250 storms), and then upstream over North America (i.e., in terms of large-scale setup lead-251 ing to cold spells). This mechanism would explain the anticipated wind impact of cen-252 tral NA cold spells noticed by Messori et al. (2016) and Leeding et al. (2022). 253

²⁵⁴ 4 Concluding remarks

4.1 Summary

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Cold spells over central NA are impactful weather events whose occurrence has been
empirically related to windstorms over Europe. The underlying hypothesis was that European windstorms were occurring as a "downstream response" of the "upstream" cold
spells. The results of this study challenge this view and allow us to conclude that there



Figure 4. Schematic of the two pathways connecting North American cold spells and European windstorms. (a) In the first pathway, the various upper-level anomalies are related to the propagation of a Rossby wave train from the North Pacific, indicated by the series of thin, black arrows connecting the ridge over Alaska with the trough over eastern North America. (b) In the second pathway, the jet stream is located more equatorward than usual and is associated with anomalous cyclonic activity over south-western Europe.

1. Cold spells characterized by the presence of a ridge over Alaska, which is part of 262 a eastward-propagating, low-frequency Rossby wave train, are not associated with 263 significant anomalies over the North Atlantic before cold spell peak. The effect 264 over the North Atlantic storm track manifests itself only when the wave train reaches 265 the eastern portion of the continent, resulting in a tilted, intensified jet stream and 266 in wind extremes over north-western Europe in the 6-10 days following cold spell 267 peak. In this pathway, the propagation of the wave train supports a clear causal 268 link between the circulation pattern causing the cold spell (the Rossby wave train), 269 its impact onto the storm track and the surface wind extremes over Europe (Fig. 4a). 270 2. The presence of a high west of Greenland is associated with a flow configuration 271 that promotes the development of cold spells over North America and windstorms 272 over Europe at the same time. In particular, the high is often related to the south-273 ward displacement of a trough over the eastern United States, which promotes cold 274 air advection at its western flank. At the same time, the large-scale configuration 275 is related to an equatorward shift of the upper-level trough normally associated 276 with the Icelandic Low: this configuration resembles a negative NAO pattern, con-277 ducive to extreme winds over south-western Europe (Fig. 4b). As the two weather 278 extremes *co-occur* in time and are associated with a common precursor (the afore-279 mentioned Greenland high), it would then be inappropriate to discuss European 280 windstorms as a "downstream effect" of North American cold spells. 281

In summary, the different drivers of central NA cold spells correspond to different 282 circulation patterns over the North Atlantic, which are then related to an increased fre-283 quency of windstorms over different European regions in a physically consistent man-284 ner. In the specific case discussed in this study, the original composite picture retained 285 characteristics of the two different drivers at the same time lags, leading to a nonphys-286 ical large-scale configuration where the European wind extremes appear to precede the 287 North American cold spell that should cause them. Thus, analyzing pan-Atlantic cold 288 and windy extremes without considering their dynamical drivers can lead to an incom-289

are at least two possible dynamical pathways to explain the observed statistical link between North American cold spells and European windstorms:

plete, or at worst incorrect, understanding of their dynamics. A similar cautionary ar gument likely applies to studies concerning temporally and spatially compounding ex tremes over remote regions (e.g., summer heatwaves or winter cold spells).

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4.2 Contextualization of the results and outlook

The two distinct pathways connecting central NA cold spells and European wind-294 storms were identified by stratifying with respect to the area-averaged WAF over the se-295 lected cold spell region. Two cold spell subsets were then obtained by selecting the dates 296 corresponding to values in the upper or lower WAF terciles, respectively. Other possi-297 ble ways to perform this division were attempted, for instance by considering area-averaged 298 wave-activity flux over Alaska, but this choice did not yield a clear division (mainly be-299 cause not all waves propagating from Alaska engender a cold spell in a given North Amer-300 ican region). We thus regard our chosen partition as a simple and physically-grounded 301 way to unravel the different dynamical pathways behind temporally compounding pan-302 Atlantic cold and windy extremes. 303

This work focused on a single yet representative North American cold spell domain, 304 but the relative weight of the two pathways likely differs for different regions. Future work 305 will involve a more comprehensive analysis trying to identify differences in the physical 306 connections to European windstorms for cold spells in different North American regions. 307 Another caveat of this analysis is the reduced number of extreme cold spells considered 308 (a total of 35, with 12 cases in the WAF+ and WAF- subsets). We nonetheless under-309 score the high level of statistical significance of our results. Furthermore, we did not anal-310 yse possible remote drivers behind the two identified pathways. Possible candidates are 311 tropical convection anomalies over SE Asia and the maritime continent, which have been 312 linked to the forcing of Rossby wave trains over the Pacific Ocean (e.g., Teng & Bransta-313 tor, 2017; Riboldi et al., 2022), or the occurrence of sudden stratospheric warmings, which 314 have been connected with the formation of high-latitude anticyclones and with an equa-315 torward displacement of the jet stream over the North Atlantic basin (e.g., Kolstad et 316 al., 2022). 317

The chosen central NA region is located roughly in the middle between the Pacific 318 and the Atlantic Oceans, and the two identified pathways for pan-Atlantic cold and windy 319 extremes reflect the role played by the basins. The first pathway features a strong wave 320 propagation from the upstream North Pacific, while the second one appears more influ-321 enced by high-latitude upper-level ridges over Greenland and the Canadian Arctic, that 322 plausibly result from the dynamics of the North Atlantic storm track (e.g., atmospheric 323 blocking following explosive cyclogenesis). This indicates that both basins can play a role 324 in the genesis of central NA cold spells, as hinted by Lee et al. (2019) and recently em-325 phasized by Millin et al. (2022) using a weather regime approach. This conceptualiza-326 tion has now been extended to the North Atlantic basin, so that pan-Atlantic wet and 327 windy extremes can be seamlessly understood as part of individual large-scale flow con-328 figurations tied to the activity of the Pacific and Atlantic storm tracks. In conclusion, 329 this study provided an interesting case-study of the role played by hemispheric-scale tele-330 connections in coordinating extreme weather events across North America and Europe, 331 paying the way to frameworks for the prediction and mitigation of their joint impacts. 332

5 Open Research

ERA5 hourly data from 1979-present are available for several pressure levels (Hersbach et al., 2018a) and for surface variables (Hersbach et al., 2018b). Both data sets were freely downloaded from the Copernicus Climate Change Service (C3S) Climate Data Store.

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342 References

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Supporting Information for "Multiple large-scale dynamical pathways for pan–Atlantic compound cold and windy extremes"

Jacopo Riboldi¹, Richard Leeding¹, Antonio Segalini¹, Gabriele Messori^{1,2,3}

 $^{1}\mathrm{Department}$ of Earth Sciences, Uppsala University, Uppsala, Sweden

 $^2\mathrm{Centre}$ of natural Hazards and Disaster Science (CNDS), Uppsala University, Uppsala, Sweden

³Department of Meteorology and Bolin Centre for Climate Research, Stockholm University, Stockholm, Sweden

Contents of this file

- 1. Text S1 $\,$
- 2. Figures S1 to S4
- 3. Tables S1

Introduction

This Supporting Information contains:

- a detailed description of the computation and the filtering of wave activity flux;
- four supplementary figures that integrate the results exposed in the paper;
- a table with the list of analyzed North American cold spells.

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Text S1. Notes about wave-activity flux computation and filtering The computation of the wave-activity flux is based on ERA5 geopotential and wind data, using a NCAR Command Language (NCL) script developed by Kazuaki Nishii, publicly available at http://www.atmos.rcast.u-tokyo.ac.jp/nishii/programs/index.html. It is based on anomalies of geostrophic streamfunction at 250 hPa

$$\psi' = \Phi'_{250} / f \tag{1}$$

where Φ'_{250} is the geopotential ($\Phi = gz$) anomaly at the same level and f is the latitudedependent Coriolis parameter. Anomalies are obtained with respect to the seasonal cycle, calculated from the 30-day-running mean of geopotential for each calendar day. The two horizontal components of the wave activity flux $\mathbf{WAF} = (\mathbf{WAF}_x, \mathbf{WAF}_y)$ are then defined as

$$WAF_{x} = \frac{p}{1000} \frac{1}{2|\mathbf{U}|a^{2}} \left\{ \frac{U}{\cos\phi} \left[\left(\frac{\partial\psi'}{\partial\lambda} \right)^{2} - \psi' \frac{\partial^{2}\psi'}{\partial\lambda^{2}} \right] + V \left[\frac{\partial\psi'}{\partial\lambda} \frac{\partial\psi'}{\partial\phi} - \psi' \frac{\partial^{2}\psi'}{\partial\psi\partial\phi} \right] \right\}$$
(2)

$$WAF_{y} = \frac{p}{1000} \frac{1}{2|\mathbf{U}|a^{2}} \left\{ \left[U \frac{\partial \psi'}{\partial \lambda} \frac{\partial \psi'}{\partial \phi} - \psi' \frac{\partial^{2} \psi'}{\partial \psi' \partial \phi} \right] + V \cos \phi \left[\left(\frac{\partial \psi'}{\partial \phi} \right)^{2} - \psi' \frac{\partial^{2} \psi'}{\partial \phi^{2}} \right] \right\}$$
(3)

where λ is the longitude, ϕ is the latitude and $|\mathbf{U}| = (U, V)$ is the background climatology of the zonal and meridional component of the wind at 250 hPa, also obtained from the 30-day-smoothed seasonal cycle. As we are considering only the slow-moving, lowfrequency flow component, we neglect here the additional term corresponding to the phase propagation of the wave in the direction of the background wind (present instead in the formulation of Takaya & Nakamura, 2001).

Given that the **WAF** field resulting from the computation featured variations at a very small scale (which is inconsistent with the applied low-pass time filtering, as noticed by

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Wolf & Wirth, 2017), a truncation based on spherical harmonics was further applied to eliminate numerical noise. This filter exploited the spatial coherence of planetary-scale motions providing a sufficiently smooth spatial field at every instant. The **WAF** field at a given pressure level was first projected in a space spanned by spherical harmonics, $Y_n^m(\phi, \lambda)$, by means of the Python routine shtns (Schaeffer, 2013). The filtering is then performed by suppressing all the components with degree n > 20, corresponding to eliminating all variations with wavenumber larger than 20 in both the zonal and meridional direction. The filtered spatial field was constructed by inverting the modified spherical harmonics projection. Figure S1 shows an example of the resulting filtered field from a WAF_x spatial field where it can be clearly observed that the filter keeps the large coherent features and removes the fine-grained noise, facilitating the assessment of the wave activity flux.

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Figure S1. Comparison between (a) the WAF_x field for the 24. Dec. 1979 and (b) its filtered version.





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Figure S2. Distributions of (a) North Atlantic Oscillation (NAO), (b) jet speed (c) jet latitude and (d) jet zonality indices for the considered 35 Central NA cold spells (in blue). The lower (upper) whisker marks the lower (upper) decile of each distribution. The black bold line connects the medians at each time step, while the lower (upper) bound of the box indicates the lower (upper) quartile. The dark (light) grey dotted lines refer to the top/bottom 1% (5%) of a 10.000-times randomly resampled distribution of the same quantity.



Figure S3. Distributions of (a) North Atlantic Oscillation (NAO), (b) jet speed (c) jet latitude and (d) jet zonality indices for the 12 Central NA cold spells in the WAF+ (orange) and WAF- (indigo) subsets. Only time lags with a difference between the subset medians in the top/bottom 5% of a 10.000-times random reshuffling of the two subsets are colored. Box-and-whiskers diagrams as in Fig. S2.

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Figure S4. Lagged composited of standardized WAF anomalies (arrows), geostrophic streamfunction anomalies (shaded) and 250 hPa zonal wind anomalies (magenta contours, only $\pm 5 \text{ m s}^{-1}$, $\pm 10 \text{ m s}^{-1}$, negative values dashed) for the 12 central NA cold spells in the (left) NAO+ and (right) NAO- subsets at lags (a,d) t_{CS} -4 d (b,e) t_{CS} , and (c,f) t_{CS} +4 d. Only significant WAF vectors and streamfunction anomalies are shown (with respect to the top 99% or bottom 1% of a bootstrapped distribution).

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Table S1. List of 35 cold spells in the Central North America region considered in this study, ordered with respect to the area-averaged wave activity flux (WAF) in the region. Cold spells belonging to the upper (WAF+) and lower (WAF-) tercile subsets are indicated in the last column.

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Number	Date	WAF $[10^6 \mathrm{m^2 s^{-2}}]$	Subset
1	1985-02-02	142.67	WAF+
2	2013-12-08	82.61	WAF+
3	1990-12-24	61.80	WAF+
4	1989-02-05	53.30	WAF+
5	1994-01-17	33.96	WAF+
6	2006-02-19	33.68	WAF+
7	2010-01-07	32.24	WAF+
8	1982-02-08	29.39	WAF+
9	1983-12-24	26.16	WAF+
10	2018-01-01	24.57	WAF+
11	1993-02-18	22.57	WAF+
12	1980-01-29	22.31	WAF+
13	2008-01-22	22.28	
14	2006-12-02	19.31	
15	2003-01-24	19.28	
16	2005-12-07	19.01	
17	1984-01-19	18.85	
18	2009-01-26	18.30	
19	1983-12-01	17.75	
20	2015-02-21	17.37	
21	2009-12-09	16.51	
22	1991-12-03	15.93	
23	2011-02-09	15.89	
24	1982-01-11	15.83	WAF-
25	1981-02-11	12.97	WAF-
26	2014-02-08	12.45	WAF-
27	2000-12-13	12.35	WAF-
28	1989-12-21	12.11	WAF-
29	1997-01-12	10.64	WAF-
30	2003-02-25	9.87	WAF-
31	1985-12-01	8.46	WAF-
32	1986-02-11	7.45	WAF-
33	2007-02-15	7.03	WAF-
34	1988-01-07	5.99	WAF-
35	1996-02-02	5.28	WAF-

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