

Brazilian Psychiatric Association consensus for the Management of Psychiatric Emergencies in Pregnancy and Postpartum period

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Abstract

Emergencies in the pregnancy and postpartum are less frequent than in other groups, but not uncommon. However, the literature on the subject is scarce and controversial. The objective of this article is to present some recommendations for the management of the most common psychiatric emergencies that may occur in pregnancy or postpartum period. To this end, the present work has been driven by a panel of global experts on severe mental health illnesses, selected by Brazilian Psychiatric Association. Although many of the recommendations are empirical, it is already possible to rely on information that provides better results and safety for the patient and her infant.

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