

# Slab-plate coupling via downbending and GPE

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The coupling between subducted slabs and trailing plates is often conceptualised in terms of a net in-plane force. If a significant fraction of upper-mantle slab buoyancy (e.g.  $\sim 25\%$ ) were transferred in this manner, a net in-plane force on the order of 5-10 TN/m would be typical of the trailing plates. Results from a numerical subduction model are presented here which question both the magnitude and-perhaps more profoundly-the mode of force transmission. In this model the subducting plate (SP) driving force is predominantly supplied by differences in gravitational potential energy (GPE). The GPE associated with plate downbending (flexural topography) provides about half the total driving force. The magnitude of the trench GPE is related to the amplitude of topography, but is mediated by the internal stress distributions associated with bending. Above the elastic core, the stress is Andersonian and vertical normal stresses are lithostatic. This implies horizontal gradients in the vertical normal stress, across columns of different elevation in the outer slope. The bulk of the trench GPE arises from this upper, extensional section the lithosphere. Vertical shear stress (and horizontal gradients thereof) are concentrated in the elastic core of the slab, where principal stresses rotate through 90 degrees. In this region, horizontal gradients in vertical normal stress rapidly diminish; they fully equilibrate at about twice the neutral plane depth. For the deepest trenches on Earth, these relationships imply trench GPE of up to about 5 TN/m. The model demonstrates that mantle slabs can drive plate tectonics simply through downbending, where the predominant mode of slab-plate coupling is via the vertical shear force and bending moment.

# Slab-plate coupling via downbending and GPE

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## Abstract

The coupling between subducted slabs and trailing plates is often conceptualised in terms of a net in-plane force. If a significant fraction of upper-mantle slab buoyancy (e.g. 25%) were transferred in this manner, a net in-plane force on the order of 5-10  $\text{TN m}^{-1}$  would be typical of the trailing plates. Results from a numerical subduction model are presented here which question both the magnitude and – perhaps more profoundly – the mode of force transmission. In this model the subducting plate (SP) driving force is predominantly supplied by differences in gravitational potential energy (GPE). The GPE associated with plate downbending (flexural topography) provides about half the total driving force. The magnitude of the trench GPE is related to the amplitude of topography, but is mediated by the internal stress distributions associated with bending. Above the elastic core, the stress is Andersonian and vertical normal stresses are lithostatic. This implies horizontal gradients in the vertical normal stress, across columns of different elevation in the outer slope. The bulk of the trench GPE arises from this upper, extensional section the lithosphere. Vertical shear stress (and horizontal gradients thereof) are concentrated in the elastic core of the slab, where principal stresses rotate through  $90^\circ$ . In this region, horizontal gradients in vertical normal stress rapidly diminish; they fully equilibrate at about twice the neutral plane depth. For the deepest trenches on Earth, these relationships imply trench GPE of up to about 5  $\text{TN m}^{-1}$ . The model demonstrates that mantle slabs can drive plate tectonics simply through downbending, where the predominant mode of slab-plate coupling is via the vertical shear force and bending moment.

## 1 Introduction

Slab pull is widely – although not universally – considered to be the dominant driving force for plate tectonics (e.g. [Conrad and Lithgow-Bertelloni, 2002](#); [Ghosh and Holt, 2012](#)). The idea of direct coupling between the slab and the trailing plate is often attributed to [Elasasser \(1969\)](#), and was rapidly integrated into quantitative models ([McKenzie, 1969](#)). These early papers present the enduring idea of the downdip component of the slab buoyancy. It has become commonplace to depict this downdip force as a vector that simply follows the slab, through the hinge, ultimately applying a horizontal pull on the trailing plate ([Forsyth and Uyeda, 1975](#))

The buoyancy force associated with upper mantle slab density is very significant, typically a few times 10  $\text{TN m}^{-1}$  ([Turcotte and Schubert, 2002](#); [McKenzie, 1969](#); [Faccenna et al., 2012](#); [Rowley and Forte, 2022](#)). In this study I refer to “slab pull” as the residual of the (large) upper mantle slab buoyancy and the (uncertain)

38 integrated tractions. While the buoyancy force must be vertical, the net effect of tractions need not be.  
39 Hence the residual (slab pull) may have a net horizontal component. The term “net slab pull” is used to  
40 describe the horizontal component of force acting on the trailing plate (i.e. as an edge force). The slab  
41 pull “reduction factor” is a term used to describe the conversion from the magnitude of upper mantle  
42 slab buoyancy, to net slab pull. A ballpark figure that seems to have emerged for this factor is about 25%  
43 (Faccenna et al., 2012; Stotz et al., 2018; Clennett et al., 2023; Rowley and Forte, 2022); this would imply  
44 net slab pull of the order of  $5\text{-}10 \text{ TN m}^{-1}$  for old lithosphere.

45 Slab-plate coupling is not restricted to stresses within the slab, as these downwellings are expected to  
46 drive mantle flow which also interacts with the surface plates (McKenzie, 1969; Conrad and Lithgow-  
47 Bertelloni, 2002; Husson, 2012). However, the focus of this paper is the coupling that occurs within the  
48 slab due to the assumed capacity to support significant deviatoric stresses ( $O(100)$  MPa), relative to the  
49 upper mantle. A number of depth integrated quantities are commonly used in describing the loading: the  
50 net-in plane force ( $F_{net}$ ), the shear stress resultant ( $V$ ) and the bending moment ( $M$ ). These are defined in  
51 Table 1. As defined in this study, the net slab pull is equal to  $F_{net}$  evaluated at the trench. There are sev-  
52 eral means by which slab plate coupling has been investigated and constrained; these constraints apply  
53 somewhat differently in terms of the vertical and horizontal coupling. Non-uniqueness is recognised in  
54 both cases (Solomon and Sleep, 1974; Davies, 1978; Becker and O’Connell, 2001).

55 The vertical component of the slab-plate coupling produces plate deflection and associated gravity anoma-  
56 lies (Watts and Talwani, 1974), and both of these can be relatively easily measured. However there is sub-  
57 stantial non-uniqueness in inverting these observations for the vertical loading (e.g.  $V$ ). This is because  
58 the amplitude of flexure can depend very strongly on the assumed mechanical properties of the plate,  
59 while also being a function of the bending moment ( $M$ ). (Parsons and Molnar, 1976; Caldwell et al., 1976;  
60 Hunter and Watts, 2016; Garcia et al., 2019). The deflection for uniform elastic plates is proportional to  
61  $T_e^{-3}$ , so for larger elastic thicknesses, much larger vertical shear stresses will be inferred. For instance,  
62 Zhang et al. (2023) infer  $V$  in the range  $15\text{-}30 \text{ TN m}^{-1}$  for the southern Marianas, which is close to the  
63 entire weight of the slab. However, it is doubtful that the lithosphere could support a loading pattern that  
64 requires an integrated vertical shear stress of this magnitude. Non-linear flexure models with an elastic-  
65 perfectly plastic rheology require  $V$  in the range of only  $0.5\text{-}1.5 \text{ TN m}^{-1}$  across Pacific Plate subduction  
66 zones (Turcotte et al., 1978).

67 The horizontal component of slab-plate coupling is related to longstanding questions about the torque  
68 balance of the surface plates. Key observations that can help constrain the torque balance relate to plate  
69 kinematics (velocities), intra-plate stress patterns, as well as changes in these quantities over time (Forsyth  
70 and Uyeda, 1975; Becker and O’Connell, 2001; England and Molnar, 2022). Several studies, both global  
71 and regional in extent, concluded that slab buoyancy is largely balanced by deep resistance, with slab pull  
72 reduction factors of  $\sim 10 \%$  (Forsyth and Uyeda, 1975; Wortel et al., 1991; Copley et al., 2010; England  
73 and Molnar, 2022; Wouters et al., 2021). In contrast, global-scale velocity modelling has favored high net  
74 slab pull (reduction factors  $\geq 50 \%$ ) (Conrad and Lithgow-Bertelloni, 2002; van Summeren et al., 2012).  
75 However, consistent present-day velocity fields can be generated by global convection models, driven  
76 by the whole mantle density structure, but which do not include strong slabs (Steinberger et al., 2001;  
77 Ghosh and Holt, 2012). Investigation of intra-plate stress patterns has generally concluded that: 1) the  
78 whole mantle density structure can predict long wavelength features of the intra-plate stress field, without  
79 requiring strong slabs (Steinberger et al., 2001; Ghosh and Holt, 2012; Osei Tutu et al., 2018); 2) the typical  
80 magnitude of net slab pull is of the order of other shallow lithospheric density anomalies (e.g. ridge push)  
81 (Richardson et al., 1976; Richardson, 1992; Coblentz et al., 1994; Sandiford et al., 2005).

82 While the *magnitude* of both the vertical and horizontal component of slab-plate coupling are debated, the  
83 basic *mode* of coupling between slabs and trailing plates has been less controversial. The vertical coupling  
84 is though to be mediated through vertical shear stresses (with the bending moment also influencing the

flexure). Meanwhile, the horizontal coupling is generally conceptualised in terms of a net in-plane force transmitted through the subduction hinge (the net slab pull). Of course, net slab pull cannot arise from buoyancy alone (Bird et al., 2008), and the concept relies on the assumption that integrated external tractions acting on the slab must have a net horizontal component. This may occur, for instance, if the slab-normal component of the buoyancy force was balanced by the pressure distribution outside the slab (McKenzie, 1969; Holt, 2022).

Subduction zone modelling (analytical, numerical and analogue) has provided some important insights into these issues. Several studies have concluded that slab buoyancy in such models is largely balanced by mantle drag, with inferred values of net slab pull being less than about  $5 \text{ TN m}^{-1}$ , at least once the slab is supported by the lower mantle (Schellart, 2004; Capitanio et al., 2007, 2010; Sandiford et al., 2020). Such values have typically been estimated by integrating stresses seaward of the zone of bending. Other studies have reported that integrated basal drag is about 10% of the slab buoyancy force (Suchoy et al., 2021). This implies a slab pull reduction factor of a similar value. Models also show that a dominant component of the upper mantle drag is the pressure differential across the slab (Whittaker, 1988; Holt and Becker, 2016; Royden and Husson, 2006; Holt, 2022). In general, results of previous subduction zone models can be invoked to suggest that: a) net slab pull is predicted to be relatively low compared to total slab buoyancy; b) upper mantle flow-driven pressure differential could explain why the slab pull force has a net horizontal component (whereas the slab buoyancy force does not).

This study revisits the issue of slab-plate coupling and provides some additional insights. Most importantly, it shows that the coupling between slabs and plates need not occur via a horizontal net in-plane force; plates can be driven by mantle slabs simply through downbending, due to the generation of a gravitational potential energy difference. This style of slab-plate coupling, which predominantly occurs through vertical shear and bending moment, is remarkably similar to loading patterns inferred in static models of flexure (Turcotte et al., 1978; Hunter and Watts, 2016)). In section 2 I provide a brief overview of the numerical model, and discuss the thin-plate description of the horizontal force balance on the SP. In section 3.1 I use this approach to analyse the balance of driving and resisting forces on the SP. In section 3.2 I discuss the stress patterns in the bending plate and show how these control the magnitude of the trench GPE. The connections with previous studies, and some implications for global tectonics are discussed in Section 4.

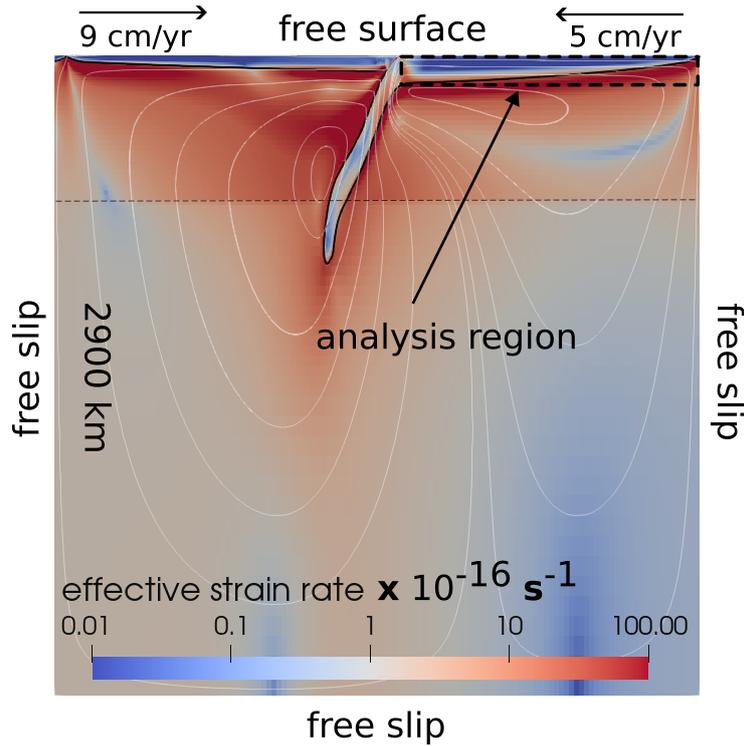
## 2 Numerical model and method of analysis

The 2D numerical model was developed using the ASPECT code (version 2.2.0, see Heister et al. (2017); Kronbichler et al. (2012); Bangerth et al. (2020, 2023)). The model represents an idealised, quasi-steady state subduction configuration, where flow is driven solely by the thermal density structure of oceanic lithosphere (within both the slab and plates). At the initiation of the model, the age of the lithosphere at the trench is 100 Myr, and the temperature was prescribed by a half-space cooling profile. The numerical model is identical to that described in Sandiford and Craig (2023), which includes a detailed description of the model setup and parameters. Here, a brief high-level overview of the model is provided, focusing on the assumptions and limitations.

The model has free-slip conditions on the sides and base, and has a free surface. The water column is not included so that the isostatic restoring force is proportional to the density of the aspherical mantle ( $\Delta\rho$ , see Table 1). A total elevation difference of about 4.5 km is developed in the model, between ridge and trench. The model treats the mantle and lithosphere as an incompressible visco-elastic-plastic continua in static equilibrium. The constitutive model incorporates the classical model of oceanic lithosphere strength (e.g. Goetze and Evans, 1979). Elastic shear stresses are limited by the frictional strength of faults (Byerlee, 1978), as well as both power-law and exponential creep (Hirth and Kohlstedt, 2003; Mei et al., 2010). The deeper mantle deforms via a linear (diffusion creep) mechanism, which was implemented to follow radial-

131 viscosity constraints (Steinberger and Calderwood, 2006). The subduction interface is modeled in an *ad*  
 132 *hoc* way (e.g. Sandiford and Moresi, 2019), by imposing a separate material in which the frictional strength  
 133 is much lower ( $\mu = 0.005$ ) than is assumed in the rest of the model ( $\mu = 0.8$ ). The combination of these  
 134 mechanisms leads to hierarchy of characteristic shear stresses: 1 MPa in the asthenosphere; 10s MPa in  
 135 the subduction interface, as well as the lower mantle, and 100s MPa in cold part of the bending plate (<  
 136 700°C).

137 Fig. 1 shows the model domain (4 x vertically exaggerated) at 5 Myr after the initiation time (the same  
 138 step as discussed in Sandiford and Craig (2023)). The scalar field shows the effective strain rate. The white  
 139 lines show streamlines of the velocity field. Fig. 2 shows several components of the stress field in the SP  
 140 near the trench.



**Figure 1:** Subduction model domain, at 4× vertical exaggeration. Scalar field shows the effective strain rate. White lines are stream lines of the velocity. Solid black line shows the 1550 °C (potential temperature) contour. Dashed black line shows the region where the horizontal force balance is quantified. Effective strain rate refers to  $\sqrt{\frac{1}{2}\dot{\epsilon}_{ij}\dot{\epsilon}_{ij}}$ , where  $\dot{\epsilon}_{ij}$  is the strain rate tensor.

141 The Stokes Equations, which are solved in the numerical model (by FEM), represent a solution to the stress  
 142 equilibrium equations (subject to incompressibility) in the  $x$  and  $z$  directions:

$$\frac{\partial \tau_{xx}}{\partial x} - \frac{\partial P}{\partial x} + \frac{\partial \tau_{xz}}{\partial z} = 0 \quad (1)$$

$$\frac{\partial \tau_{zz}}{\partial z} - \frac{\partial P}{\partial x} + \frac{\partial \tau_{xz}}{\partial x} = -\rho g \quad (2)$$

143 The coordinate system is positive to the right ( $x$ ) and positive up ( $z$ ) (e.g. Fig 1), and compressive stresses  
 144 are negative. To analyse the horizontal force balance on the SP, a thin-plate approach is used. The thin-  
 145 plate analysis takes the model stress fields that satisfy the equilibrium equations, where dimensions are

146 force per unit volume, and then integrates these over a sub-region that encompasses the plate (as shown  
 147 in the white box in Fig. 1). Following integration, we have terms that describe a balance of horizontal  
 148 forces, with the dimensions of force per unit distance ( $\text{N m}^{-1}$ ) in the out of plane direction. The derivation  
 149 of this force-balance is included in Appendix 1. One of the steps in this analysis involves the substitution  
 150 of the pressure in equation 2, in terms of vertical stress components, i.e., using  $P = \tau_{zz} - \sigma_{zz}$ . This step  
 151 highlights the way in which distribution of vertical stress is coupled to the horizontal force balance,  
 152 through the effect on the pressure (and underlies the concept of gravitational potential energy gradients).  
 153 The thin plate description of the horizontal force balance at point  $x$  is given by:

$$\int_{x_t}^x \tau_{xz} \Big|_L dx = -(\bar{\sigma}_{zz}) \Big|_{x_t}^x - (\bar{\tau}_{xx} - \bar{\tau}_{zz}) \Big|_{x_t}^x \quad (3)$$

154 Overbars represent the vertical integration from the surface ( $s(x)$ ) to a reference level  $L$ , chosen here  
 155 as 125 km relative to the ridge height.  $x_t$  is the trench location. A positive change in terms in equation  
 156 3 represent a force acting to the right on the lithosphere between  $x_t$  and  $x$ . The first term on the left  
 157 represents the integrated effect of the basal shear stress from  $x_t$  to  $x$ . The first term on the right is the  
 158 gravitation potential energy change. The second term is the (depth integrated) change in the "membrane  
 159 stress", representing the contribution of deviatoric stresses to the force balance (Bueler and Brown, 2009).  
 160 For incompressible plane strain,  $(\tau_{xx} - \tau_{zz}) = 2\tau_{xx}$ . The depth integrated membrane stress is referred to  
 161 as the net in-plane stress ( $F_{net}$ ). In more symbolic notation, we can write:

$$\int_{x_t}^x \tau_{xz} dx = \Delta(GPE) - \Delta(F_{net}) \quad (4)$$

162 In this expression, the "GPE" has been defined as the negative of the depth integrated vertical stress. This  
 163 means that a positive change in GPE represents a force to the left. This definition allows us to represent  
 164 equation 4 as the variation in 3 positive quantities (as will be shown in Fig. 3). The integrals are estimated  
 165 using interpolation and quadrature.

166 Turning to the vertical stress balance, integration of equation 2 from the surface ( $s(x)$ ) to an arbitrary  
 167 depth ( $z$ ) yields the following:

$$\sigma_{zz}(x, z) = - \int_z^s \rho(x, z') g dz' - \frac{\partial}{\partial x} \int_z^s \tau_{xz} dz' \quad (5)$$

168 The terms on the right hand side are referred to as the lithostatic pressure  $P(x, z)$  and the shear function  
 169  $Q(x, z)$ , ((e.g. Schmalholz et al., 2014), see Table 1). Assuming that: a) vertical stresses are balanced at the  
 170 base of the lithosphere ( $L$ ); and b) trench deflection is purely flexural in nature, we can write:

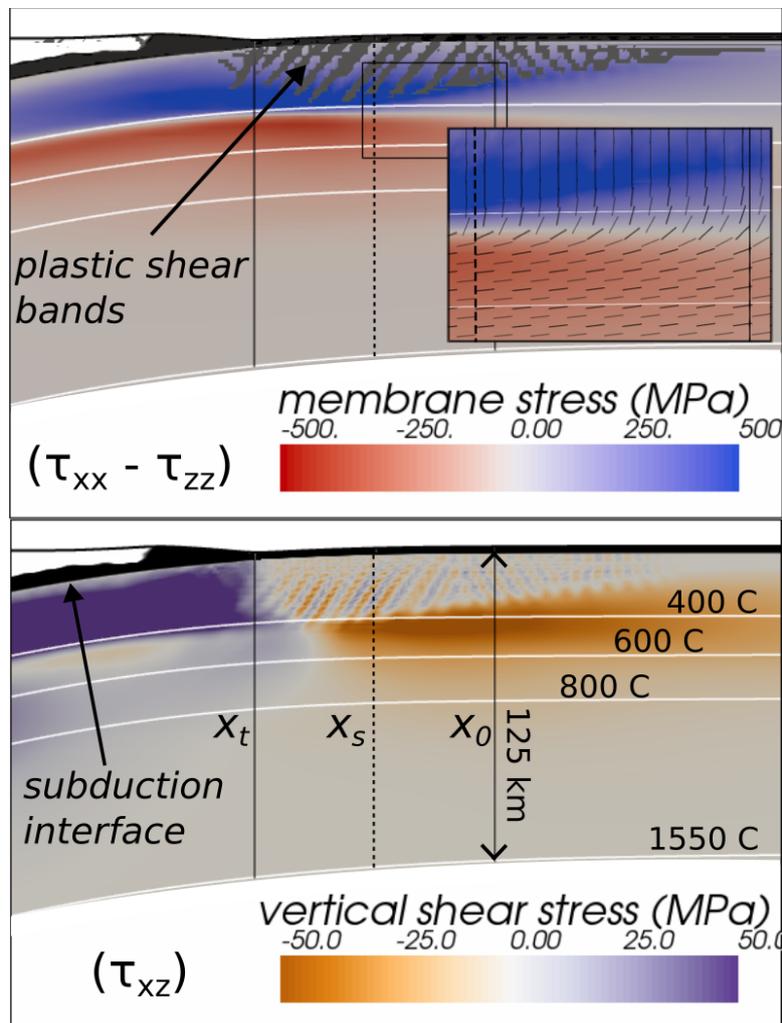
$$\frac{\partial}{\partial x} \bar{\tau}_{xz} = \bar{\rho}(z)g \approx \Delta \rho g w \quad (6)$$

171 This equation says that at the compensation depth, the force due to the horizontal gradient in integrated  
 172 vertical shear stress is balanced by the isostatic restoring force, due to the flexural deflection of the litho-  
 173 sphere ( $\Delta \rho g w$ ). This is simply the statement of the vertical force balance from thin plate flexure (Turcotte  
 174 and Schubert, 2002). The integral of the vertical shear stress in that context called the shear stress result-  
 175 tant:  $V = \bar{\tau}_{xz}$ . Hence we can rewrite 6 as:

$$\frac{1}{\Delta \rho g} \frac{\partial}{\partial x} V \approx w \quad (7)$$

176 Equation 7 says that flexural topography ( $w$ ) must be balanced by gradients in the vertical shear stress  
 177 resultant ( $V$ ) across the plate. However, it doesn't specify at what depths gradients in the vertical shear  
 178 stress (i.e.  $Q$ ) are concentrated. Because the vertical normal stress ( $\sigma_{zz}$ ) depends on the shear function,  
 179 and integrated vertical normal stresses appear in the horizontal force balance, the GPE associated with  
 180 flexural topography will depend on the depth at which the shear function is concentrated.

181 Fig. 2 shows the variation of the membrane stress (top panel) and the vertical shear stress (bottom panel)  
 182 proximal to the trench. The inset panel shows the orientation of the most compressive principal stress  
 183 ( $\sigma_3$ ). An important feature of the stress pattern is the systematic rotation of  $\sigma_3$ , which occurs across the  
 184 "elastic core" (the region near the neutral plane, where differential stresses due to bending have not yet  
 185 reached the yield limit). It can be seen that the depth extent of plastic yielding in the upper (extensional)  
 186 part of the SP, strongly effects the distribution of vertical shear stress.



**Figure 2:** Distribution of the membrane stress (top panel) and vertical shear stress (bottom panel). Note that the scale of the 2 colorbars differs by an order of magnitude. The inset in the top panel shows a portion of the plate around the elastic core. Black bars in the inset panel show the orientation of the most compressive principal stress (magnitude not shown). Note the rotation of the principal stresses from vertical-above to sub-horizontal-below the core.

Name and symbol	Explanation	Related equation / value
SP/OP	subducting/overriding plate	-
$s(x)$	surface of plate	-
$z_n$	neutral plane depth	-
LAB	lithosphere-asthenosphere boundary	$\sim 125$ km near trench
$L$	integration depth rel. to ridge height	125 km
-	membrane stress	$(\tau_{xx} - \tau_{zz})$
$F_{net}$	net (deviatoric) in-plane force	$F_{net} = \int_L^{s(x)} (\tau_{xx} - \tau_{zz}) dz$
$\sigma_1/\sigma_3$	most extensive/compressive principal stress	
$\Delta\sigma$	differential stress	$\sigma_1 - \sigma_2$
$M$	bending moment	$\int_L^{s(x)} (z - z_n)(\tau_{xx} - \tau_{zz}) dz$
$V$	integrated vertical shear	$V = \int_L^{s(x)} \tau_{xz} dz.$
$\Delta\rho$	density of lithosphere at the LAB	$3175 \text{ kg m}^{-3}$
$P(x, z)$	lithostatic pressure	$\int_z^s \rho(x, z') g dz'.$
$Q(x, z)$	shear function	$\frac{\partial}{\partial x} \int_z^s \tau_{xz} dz$
GPE	(-1 $\times$ ) integrated vertical normal stress	$-1 \int_L^{s(x)} \sigma_{zz} dz$

**Table 1:** Symbols and definitions used in this paper. For parameters used in the setup of the numerical model, see [Sandiford and Craig \(2023\)](#)

## 3 Results

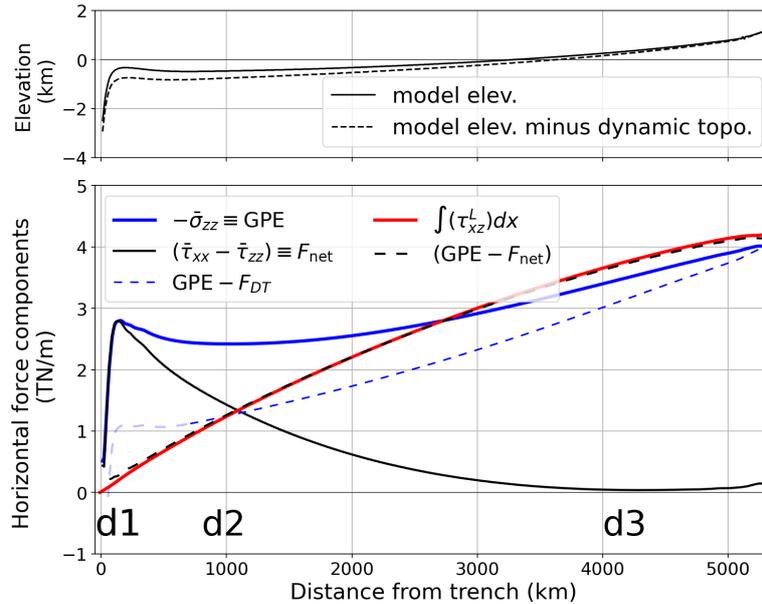
### 3.1 The horizontal force balance

The variation of horizontal forces acting on the SP is shown in the main panel of Fig. 3. Solid lines show the variation of the 3 terms in the horizontal force balance (Eq. 4). The total basal resisting force (red line) is  $\sim 4 \text{ TN m}^{-1}$ . At the trench, the value of  $F_{net}$  is  $\sim 0.5 \text{ TN m}^{-1}$ , showing that net slab pull is small compared to the basal resisting force. Across the SP, 3 domains can be identified in which one of the terms in Eq. 3 can be disregarded (labelled d1, d2, d3). In d1, between the trench and the outer-rise, there is a rapid increase in GPE, on the order of  $2 \text{ TN m}^{-1}$ . The basal force across this  $\sim 100$  km section is minimal, so that the GPE change must nearly balance the increase in  $F_{net}$ . This increase means that the stress state becomes more extensional. In d2, the GPE is stationary, so that the gradient in  $F_{net}$  is negative (representing a force to right) with equal magnitude to the basal force contribution. In d3, near the ridge,  $F_{net}$  is close to zero and nearly stationary; here the GPE is balanced by the basal force contribution. Overall the driving force on the SP is dominated by GPE differences, while  $F_{net}$  functions to mediate the stress.

Another important aspect of the dynamics shown in Fig. 3 is the role of dynamic topography (DT). As discussed in [Sandiford and Craig \(2023\)](#), the SP topography deviates from the isostatic level by an amount (in total about  $\sim 450$  m) that very closely matches the gradient in pressure in the asthenosphere (with a total variation of about 15 MPa across the 5000 km plate). Because this is a flow-driven pressure pattern, the topographic contribution is referred to as “dynamic” (see [Schubert et al. \(1978\)](#); [Holt \(2022\)](#) for further discussion). The flattening of the plate is shown in the top panel of Fig. 3. This tilt tends to oppose the GPE that would otherwise be generated from isostatic subsidence. The impact of the DT can be estimated treating the force as a “slab on a slope” (e.g. [Steinberger et al., 2001](#)). Assuming an air-rock density difference of  $\Delta\rho$ , and a plate of thickness  $L$ , the horizontal component of the gravitational force due to DT is equal to:

$$dF_{DT} = \Delta\rho g L \frac{dh}{dx} dx = L dP \quad (8)$$

209 The sign choice is the same as used for GPE, with an increase in  $F_{dt}$  to the right, representing a net force  
 210 to the left. The dashed blue line shown in Fig. 3 shows the total GPE minus the estimated contributions  
 211 derived from Eq. 8. The total change in this “corrected GPE” is close to  $3 \text{ TN m}^{-1}$ , not including the trench-  
 212 GPE component (where the line is shown with greater transparency). This is similar to the theoretical ridge  
 213 push contribution (Turcotte and Schubert, 2002). Because the pressure gradient under the SP is related  
 214 to driving the return flow to the ridge, and that return flow also contributes to the basal shear, the force  
 215 due to the DT and the basal shear can be viewed as the dual interaction of the mantle flow with the plate  
 216 (e.g. Steinberger et al., 2001).



**Figure 3:** Top panel shows the model topography, as well as the topography corrected for the horizontal variation in “dynamic pressure” at the LAB depth (125 km). See Sandiford and Craig (2023) for further discussion. Solid lines in bottom panel show the variation of the 3 terms in the horizontal force balance (Eq. 4). An increase in GPE (towards the right) indicates a net force to the left. For all other terms, an increase is force to the right. The domains (d1, d2, d3) are discussed in the main text. The dashed black line shows the GPE minus the net in-plane force, positive values indicate total force acting to the left (the driving force), and must be balanced by the basal shear. The dashed blue line shows the GPE, with the estimated force contribution of dynamic topography ( $F_{DT}$ ) removed. The GPE due to isostatic subsidence is reduced by almost a half, due to the effect of dynamic topography.

### 217 3.2 Controls on trench GPE

218 This section focuses on stress patterns in the bending plate, and the relationship between these patterns  
 219 and the magnitude of the trench GPE. Fig.4 shows the key information required to address this problem.  
 220 The most important feature of the stress pattern – and one of the key takeaways from this study – is that  
 221 vertical shear stresses are concentrated within the elastic core.

222 Fig.4a-b highlights several key relationships between depth-integrated stress quantities. Fig.4a shows the  
 223 horizontal variation in the bending moment ( $M$ ) as well as the vertical shear stress resultant ( $V$ ) in a  $\sim 300$   
 224 km region seaward of trench. These two quantities are related by  $\frac{dM}{dx} \sim V$ , being the leading-order terms  
 225 in the moment balance (e.g. Buffett and Becker, 2012). The bending moment saturates at about 25 km  
 226 seaward of the trench, which is approximately the same location at which  $V$  changes sign. At the trench,

228  
227 the integrated vertical coupling ( $V$ ) is  $\sim 1 \text{ TN m}^{-1}$ . The (depth-integrated) vertical force balance equation  
229 (Eq. 7), states that horizontal gradients in  $V$  are equal to the isostatic restoring force due to the flexural  
230 topography. These two quantities are shown in Fig.4b, and are essentially identical apart from noise. This  
231 implies that the trench-outer-slope topography in the numerical model is a completely flexural feature  
232 (i.e. non-isostatic). The position labelled  $x_0$  is referred to as the first zero crossing: this is a stationary point  
233 in  $dV/dx$ .

234 While Fig.4a&b show vertically-integrated quantities (e.g.  $M$ ,  $V$ ), Fig.4c-e shows the depth variation in the  
235 underlying components of the stress. Because there is noise in the stress components – a result of plastic  
236 shear banding in the yielding plate – stress quantities are averaged across a finite region (20 km), shown  
237 with a vertically-oriented grey band in Fig.4 a-b. The thick lines in Fig.4c-e show horizontally averaged  
238 stresses profiles, while the faint lines show individual profiles interpolated from the model.

239 Fig.4c shows the distribution of vertical shear stress with depth, which is negligible down to a depth of  
240 about 25 km, while a peak then occurs in the range of about 30-40 km. The red line in Fig.4d shows  
241 the depth distribution of the membrane stress, exhibiting the polarised pattern indicative of a bending-  
242 dominated stress state. Comparing Fig.4c&d, it is clear that the peak in vertical shear stress coincides  
243 with the elastic core depth region (shown by the horizontally-oriented grey band). These features are  
244 explicable in terms of the orientation of the stress field. Above the elastic core stresses are Andersonian,  
245 so that while membrane stresses increase rapidly (Fig.4d) vertical shear stress remains close to zero. In the  
246 elastic core, the stress rotates through  $90^\circ$ , which implies finite shear stress on vertical planes, assuming  
247 the stress field retains a deviatoric component. Indeed, this rotation of the stress field can be seen in the  
248 inset panel of Fig. 2.

249 Further insight can be gained by comparing the membrane stress and the differential stress (Fig.4d).  
250 These quantities are equal, only when the stress state is Andersonian. The dashed green line in Fig.4d  
251 shows the magnitude of the differential stress ( $\Delta\sigma$ ). Note that while  $\Delta\sigma$  reduces in the elastic core, it does  
252 not go to zero (i.e. the stress field does retain a finite deviatoric component within the elastic core).  $\Delta\sigma$   
253 has a minimum of about 100 MPa, about twice the peak magnitude vertical shear stress (Fig.4c). This is  
254 consistent with the rotation of the stress such that within the core, vertical shear stress reaches a maxi-  
255 mum (equal to half  $\frac{1}{2}\Delta\sigma$ ) at the point where the principal stresses are oriented at  $45^\circ$  to the vertical. In  
256 terms of the vertical shear stress, the stress rotation dominates over the absolute reduction in the differ-  
257 ential stress. The Supplementary Information shows that such stress rotations are characteristic of the  
258 interior region of bending plates, as evidenced in analytic solutions to the equilibrium equations.

259 Note that there is also non-negligible vertical shear stress in the yielding part of the plate beneath the  
260 elastic core (where stresses are limited by ductile creep). This indicates that the stress state beneath the  
261 neutral plane is not strictly Andersonian – a small deviation of the principal stresses away from vertical,  
262 combined with relatively large differential stress, results in non-negligible vertical shear stress. This can  
263 also be identified in the orientation of principal stress in the inset panel of Fig. 2.

264 Having discussed the distribution of vertical shear stress and its relation to the bending and yielding of  
265 the plate, the implications for the magnitude of the trench GPE can now be assessed. Recall that differ-  
266 ences in GPE require horizontal differences in the vertical normal stress (Eq. 6). The vertical normal stress  
267 is controlled by both the lithostatic pressure ( $P$ ) and the shear function ( $Q$ ); if the shear function is zero  
268 the gradient in vertical normal stress will be lithostatic. Fig.4e shows the difference between the vertical  
269 normal stress averaged around  $x_s$ , and the vertical normal stress at a reference location  $x_0$ , where flexural  
270 topography is zero. In the region above the elastic core, the difference in vertical normal stresses is ap-  
271 proximately constant, and equal to the pressure associated with the elevation difference:  $\Delta\sigma_{yy} \sim w\Delta\rho g$ ,  
272 as labelled with the arrow in Fig.4e. This implies that above the elastic core vertical normal stresses in  
273 each column are approximately lithostatic, and thus the shear function plays a negligible role in the verti-

274 cal force balance. In the depth range of the elastic core, the difference between the vertical normal stress  
 275 rapidly diminish. This implies that the shear function does play an important role. Overall, the patterns  
 276 shown in Fig.4e (i.e. the difference in vertical normal stress) imply that the shear function exhibits similar  
 277 depth-variation as does the vertical shear stress (recall that the former is related to the latter by the hor-  
 278 izontal gradient). This inference is reasonable because, for instance, if the vertical shear stress above the  
 279 elastic core is negligible in all columns throughout the outer-slope, so too are its horizontal gradients.

280 It may be useful at this point to consider an analogy between flexural and isostatic topography. In this  
 281 analogy, the shear function can be thought of as an anomalous density with identical spatial localisation.  
 282 So in our case, the concentration of the shear function within the elastic core, can be envisaged as an  
 283 anomalous (increased) density in the same region. The integrated anomalous density sustains the ele-  
 284 vation depression (relative to the reference location) and it also increases the local lithostatic gradient  
 285 (relative to the same depth in the reference location). This increase in lithostatic gradient, diminishes the  
 286 horizontal gradient in vertical normal stress which is present due to the elevation difference. It is widely  
 287 appreciated that in the case of isostatic topography, the magnitude of the GPE depends on the vertical  
 288 depth distribution of the density anomalies. Flipping our analogy around implies that exactly the same  
 289 relationship applies in the case of flexural topography.

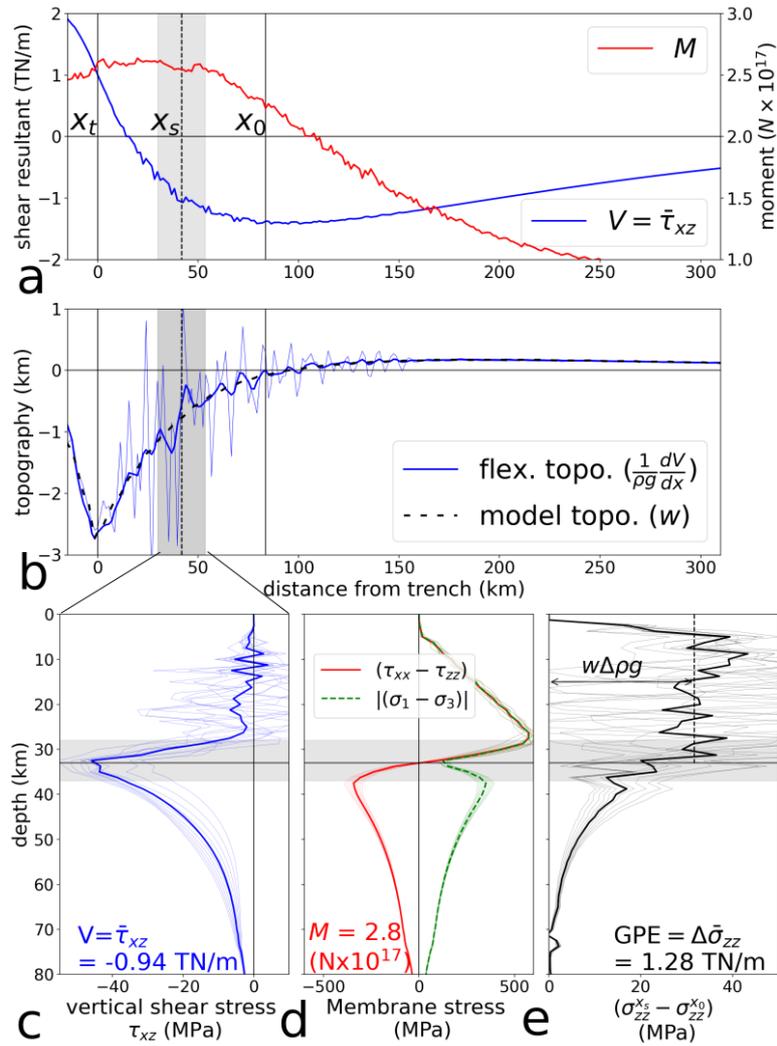
290 A simple estimate of GPE magnitude can be made by considering the contribution of the stress differ-  
 291 ences above the neutral plane depth. In the case of the numerical model, at the location  $x_s$ , the flexural  
 292 topography ( $w$ ) is  $\sim 1$  km, giving  $\Delta\sigma_{yy} \sim 30$  MPa. This stress difference, multiplied by the neutral plane  
 293 depth ( $z_n = 32$  km), gives a GPE difference of  $\sim 1$  TN m<sup>-1</sup>. This simple estimate compares reasonably well  
 294 (albeit slightly conservatively) to the computed value (1.28 TN m<sup>-1</sup>) derived by integrating the full stress  
 295 difference (thick black line Fig.4e) across the entire lithosphere. Clearly there is some contribution to the  
 296 GPE difference arising from the part of lithosphere beneath the elastic core. Indeed the normal stresses  
 297 only fully equilibrate at a depth of 60 – 70 km, consistent with the mechanical thickness of the lithosphere  
 298 (approximately twice the neutral plane depth).

## 299 4 Discussion

300 In the model analysed in this study, a  $\sim 5000$  km SP experiences a total basal resisting force of about  
 301  $\sim 4$  TN m<sup>-1</sup>. The driving force to overcome this resistance is predominantly supplied by differences in  
 302 gravitational potential energy (GPE) between ridge and trench. The trench GPE and the GPE due to density-  
 303 induced subsidence (ridge push) are of a similar order (a few TN m<sup>-1</sup>); the latter is reduced by the effect  
 304 of dynamic topography, which acts as a subducting resisting force. This study shows that trench GPE  
 305 is controlled by: 1) the amplitude of the downbending ( $w$ ); and 2) stress patterns in the bending plate  
 306 – specifically the depth at which  $Q$  is localised. Vertical shear stress, as well as the horizontal gradients  
 307 thereof (i.e.  $Q$ ), are maximal within the elastic core.

308 Previous studies have discussed the potential role of a strong plate core for subduction dynamics – envis-  
 309 aged primarily in its capacity to transmit a net in-plane force (e.g. [Capitanio et al., 2009](#)). In contrast, this  
 310 study highlights the role of the elastic core in supporting vertical shear stresses. The reason the largest  
 311 vertical shear stresses are found in the elastic core is not because of disproportionate strength *per se*,  
 312 rather it is because principal stresses undergo 90° rotation across the core. This characteristic behaviour  
 313 of bending plates is discussed further in the Supplementary Information. The elastic core depth, which is  
 314 fundamentally related to the strength distribution of the lithosphere ([Sandiford and Craig, 2023](#)), medi-  
 315 ates the translation of downbending (predominantly related to vertical shear and bending moments) to  
 316 horizontal (GPE-related) forces.

317 In the model, the net in-plane force at the trench ( $F_{net}$ ) is quite small:  $\sim 0.5$  TN m<sup>-1</sup>. At the outer rise  $F_{net}$   
 318 has increased to about 2.8 TN m<sup>-1</sup>. Previous modelling studies, in which deviatoric tension in the SP was  
 319 attributed to “net slab pull” have probably – at least to some degree – been detecting the effect of trench



**Figure 4:** Stress patterns in the SP near the trench. All values are estimated by interpolating (and integrating) directly from the numerical model. (a) shows the horizontal variation in the vertical shear stress resultant ( $V$ ) and the bending moment ( $M$ ). The labelled vertical lines show the trench location ( $x_t$ ), the first zero crossing ( $x_0$ ), and a point that lies halfway between, in the outer slope ( $x_s$ ), where the depth variation of stresses are investigated; (b) shows the predicted flexural topography (e.g. Eq. 7) and compares this to the model topography. The thin blue line is the unfiltered gradient, the thick blue line shows the same estimate with a Gaussian filter of length 1; (c) shows the distribution of the vertical shear stress, averaged over a small region around  $x_s$  (from multiple samples interpolated across the gray region shown in (b)); (d) shows the distribution of the membrane stress in red ( $\sigma_{xx} - \sigma_{zz}$ ) and the magnitude of the differential stress in green ( $|\sigma_1 - \sigma_3|$ ). The elastic core is highlighted with the horizontal grey band; (e) shows the difference in the vertical normal stress between  $x_s$  and  $x_0$ . The difference in normal stress reduces rapidly in the elastic core, and equilibrates fully at about twice the neutral plane depth.

320 GPE (Schellart, 2004; Capitanio et al., 2010; Sandiford et al., 2020). The model shows that net slab pull  
 321 may not be necessary in order for mantle slabs to drive plates. Rather, what is observed might instead  
 322 be referred to as “trench pull”. The trench is a very localised potential low, and acts like an idealised edge  
 323 force. The plate responds to this force by developing net deviatoric tension. This reserve of extensional  
 324 stress is used to pull the plate through a regions of stationary GPE change (d2, Fig. 3). While basal shear  
 325 stress varies smoothly, the GPE is lumpy; the strength of the plate mediates rigid motions across these  
 326 potential energy variations, through changes in  $F_{net}$ . Overall, the model dynamics resonate with the sum-  
 327 mary of Bercovici et al. (2015): “the pull of a slab on a plate is in fact a horizontal pressure gradient ...

328 caused by the low pressure associated with a slab pulling away from the surface ... so that the boundary  
329 layer or plate feeds the slab steadily and thus leads to the appearance that the slab is pulling the plate."  
330 (see also [Coltice et al. \(2019\)](#))).

331 While the bending plate reaches moment-saturation (e.g. Fig. 4a), it is far from the upper-limit of  $F_{net}$ .  
332 This concurs with global patterns in SP seismicity – earthquakes being prevalent in the outer slope, but  
333 generally sparse seaward of the outer rise ([Stein and Pelayo, 1991](#)). That pattern, in turn, represents a  
334 problem for models of very high slab-plate coupling, where net slab pull must be close, or indeed limited,  
335 by SP strength (e.g. [Conrad and Lithgow-Bertelloni, 2002](#); [Zhang et al., 2023](#)).

336 The deepest trenches on Earth, within the Marianas system, reach 4-6 km depth relative to the incoming  
337 plate ([Zhou et al., 2015](#); [Zhang et al., 2023](#)). Supposing the neutral plane depth reaches a maximum  
338 of 35 km ([Craig et al., 2014](#); [Sandiford and Craig, 2023](#)), and using a trench depth of 6 km, an estimated  
339 maximum trench GPE, would be  $\sim 5 \text{ TN m}^{-1}$  (based on the relationships highlight in the previous section).  
340 [Zhou et al. \(2015\)](#) have argued that the trenchward-dipping outer-slope faulting pattern in the Marianas  
341 region, requires a net in-plane force of about  $5 \text{ TN m}^{-1}$ . Their models do not include body forces, and  
342 hence while they produce flexural deformation, it is not coupled to GPE. It could be that the net-plane  
343 force is simply an expression of the deviatoric tension due to the trench GPE.

344 Finally, the subduction model motivates consideration of the role of dynamic topography and its impact  
345 on driving forces. In the 2D model discussed here, the dynamic topography is controlled by an astheno-  
346 sphere pressure gradient, and the slope acts as a resisting force on the SP. At a global scale, the presence  
347 of this SP signal is ambiguous ([Holt, 2022](#)). One possibility is that any signal of slab driven pressure gra-  
348 dients are subordinate to a larger signal. Both tomographic and residual topography models reveal a  
349 consistent long-wavelength (degree 1-3) pattern, with positive anomalies in South Pacific paired with a  
350 negative anomalies in East Asia ([Steinberger et al., 2001](#); [Hoggard et al., 2017](#)), which are consistent with  
351 the history of subduction ([Ricard et al., 1993](#)). If the residual topography is interpreted as dynamic to-  
352 pography, the Pacific Plate would experience a generally WNW slope, with an total amplitude of perhaps  
353 0.5-1 km, across distances on the order of 5000 km ([Davies et al., 2023](#)). In that case the GPE due to iso-  
354 static subsidence, the dynamic topography and trench GPE would all act to drive the plate in a generally  
355 westwards direction. If basal shear is sufficient to balance the sum of those forces, the intraplate stresses  
356 would remain near-neutral. If the basal shear cannot balance them, or is in fact an additional net driving  
357 force ([Steinberger et al., 2001](#); [Stotz et al., 2018](#)), the Pacific Plate should enter deviatoric compression  
358 as it moves from the GPE highs to lows. This has been predicted for NW Pacific in several global-scale  
359 convection models ([Steinberger et al., 2001](#); [Ghosh and Holt, 2012](#); [Yoshida and Zhou, 2023](#)). In terms of  
360 the seismicity record, either of these possibilities are plausible ([Wiens and Stein, 1983](#); [Stein and Pelayo,](#)  
361 [1991](#); [Sandiford and Craig, 2023](#)).

## 362 5 Conclusions

363 In this study I analyse the horizontal subducting plate force balance, based on stress fields derived from  
364 a numerical model. The driving force is predominantly supplied by differences in GPE between ridge and  
365 trench. The GPE associated with the trench, provides about  $2.0 \text{ TN m}^{-1}$  net driving force, while the net  
366 in-plane force at the trench is  $\sim 0.5 \text{ TN m}^{-1}$ . The GPE due to plate cooling and subsidence is reduced by  
367 almost a half (to about  $1.5 \text{ TN m}^{-1}$ ) due to the effect of dynamic topography. I discuss how stress patterns  
368 in the SP, which are strongly mediated by bending, control the magnitude of the trench GPE. For the  
369 deepest trenches on Earth, these relationships imply trench GPE of up to about  $5 \text{ TN m}^{-1}$ . Hence mantle  
370 slabs can drive plate tectonics simply through the capacity downbend the plate – i.e through supplying a  
371 vertical shear stress and bending moment at the trench – rather than by a net in-plane force. Trenches  
372 will still act as plate attractors and lead to the appearance that the slab is pulling the plate.

## Appendix 1

### Thin plate description of the horizontal force balance

The thin-plate analysis starts with equilibrium equations (e.g. Eq. 10), where dimensions are force per unit volume, and then integrates these over a sub-region that encompasses the plate. Following integration, we have terms that describe a balance of horizontal forces, with dimensions of  $\text{N m}^{-1}$  or force per unit distance in the out of plane direction. Starting with the horizontal stress equilibrium:

$$\frac{\partial \sigma_{xx}}{\partial x} + \frac{\partial \sigma_{xz}}{\partial z} = 0 \quad (9)$$

$$\frac{\partial \tau_{xx}}{\partial x} - \frac{\partial P}{\partial x} + \frac{\partial \tau_{xz}}{\partial z} = 0 \quad (10)$$

We will now vertically integrate Eq. 10, from the plate surface  $s(x)$  down to a reference LAB level  $L$  (in practice  $L$  is chosen as 125 km beneath the mean surface elevation):

$$\int_L^{s(x)} \frac{\partial \tau_{xx}}{\partial x} dz - \int_L^{s(x)} \frac{\partial P}{\partial x} dz + \int_L^{s(x)} \frac{\partial \tau_{xz}}{\partial z} dz = 0 \quad (11)$$

Now, denote the vertical integration with an overbar, and change the order of the derivatives/integrals:

$$\frac{\partial}{\partial x} (\bar{\tau}_{xx} - \bar{P}) + \sigma_{xz}|_L = 0 \quad (12)$$

This step has assumed a stress free surface. Now, we write  $P$  in terms of the definition of the vertical stress:

$$\bar{\sigma}_{zz} - \bar{\tau}_{zz} = -\bar{P} \quad (13)$$

Substituting into Eq. 12 and rearranging terms:

$$\frac{\partial}{\partial x} (\bar{\tau}_{xx} - \bar{\tau}_{zz}) + \frac{\partial}{\partial x} (\bar{\sigma}_{zz}) + \tau_{xz}|_L = 0 \quad (14)$$

This is the horizontal force balance, vertically integrated across a given depth. Positive gradients indicate forces to the right. We now integrate 14 over a horizontal section of the lithosphere:

$$\int_{x_t}^x \sigma_{xz}|_L dx = -(\bar{\sigma}_{zz})|_{x_t}^x - (\bar{\tau}_{xx} - \bar{\tau}_{zz})|_{x_t}^x \quad (15)$$

$$= -\Delta(\bar{\sigma}_{zz}) - \Delta(\bar{\tau}_{xx} - \bar{\tau}_{zz}) \quad (16)$$

And finally, define the GPE as the negative of the vertically integrated normal stress, so that a positive change in GPE (to the right) indicates a net force acting to the left. This final definition has no physical relevance, it is simply a convenience related to plotting:

$$\int_{x_t}^x \sigma_{xz}|_L dx = \Delta(GPE) - \Delta(F_{net}) \quad (17)$$

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## Data availability

Input files and a description of code modifications to reproduce the numerical model can be found at [https://github.com/dansand/subduction\\_GJI2022](https://github.com/dansand/subduction_GJI2022).

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