

# Genomics-informed captive breeding can reduce inbreeding depression and the genetic load in zoo populations

Samuel Speak<sup>1</sup>, Thomas Birley<sup>1</sup>, Chiara Bortoluzzi<sup>2</sup>, Matt Clark<sup>3</sup>, Lawrence Percival-Alwyn<sup>4</sup>, Hernan Morales<sup>5</sup>, and Cock Van Oosterhout<sup>1</sup>

<sup>1</sup>UEA

<sup>2</sup>University of Cambridge

<sup>3</sup>Natural History Museum

<sup>4</sup>NIAB

<sup>5</sup>University of Copenhagen Globe Institute

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2 genetic load in zoo populations.

3

## 4 Genomics-informed captive breeding in zoos.

5

6 Samuel A Speak<sup>1,2,3\*</sup>, Thomas Birley<sup>1</sup>, Chiara Bortoluzzi<sup>4,5</sup>, Matthew D Clark<sup>2,6</sup>,  
7 Lawrence Percival-Alwyn<sup>7</sup>, Hernán E Morales<sup>8</sup> and Cock Van Oosterhout<sup>1</sup>.

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1. University of East Anglia, Norwich Research Park, Norwich, United Kingdom.
  2. Natural History Museum, London, United Kingdom.
  3. North of England Zoological Society, Chester Zoo, Chester, United Kingdom.
  4. University of Cambridge, Trinity Lane, Cambridge, United Kingdom.
  5. Wellcome Sanger Institute, Wellcome Genome Campus, Hinxton, United Kingdom.
  6. Earlham Institute, Norwich Research Park, Norwich, United Kingdom.
  7. NIAB, Lawrence Weaver Road, Cambridge, United Kingdom.
  8. Globe Institute, University of Copenhagen, Øster Farimagsgade, Copenhagen, Denmark.

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20 \* Corresponding Author

21 Corresponding Author Email: s.speak@uea.ac.uk

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24

25 Abstract

26  
27 Zoo populations of threatened species are a valuable resource for the restoration of  
28 wild populations. However, their small effective population size poses a risk to long-  
29 term viability, especially in species with high genetic load. Recent bioinformatic  
30 developments can identify harmful genetic variants in genome data. Here, we advance  
31 this approach, analysing the genetic load in the threatened pink pigeon (*Nesoenas*  
32 *mayeri*). We lift-over the mutation-impact scores that had been calculated for the  
33 chicken (*Gallus gallus*) to estimate the genetic load in six pink pigeons. Additionally,  
34 we perform *in-silico* crossings to predict the genetic load and realised load of potential  
35 offspring. We thus identify the optimal mate pairs that are theoretically expected to  
36 reproduce offspring with the least inbreeding depression. We use computer  
37 simulations to show how genomics-informed conservation can reduce the genetic load  
38 and maintain genome-wide diversity, arguing this will become instrumental in  
39 maintaining the long-term viability of zoo populations.

40

41 Keywords

42  
43 Genomics-informed conservation, Inbreeding depression, Genetic load, *Nesoenas*  
44 *mayeri*, CADD, Captive populations.

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49 Introduction

50

51 More than 28% of the 150,388 species on the Red List of the International Union for  
52 Conservation of Nature (IUCN) are threatened with extinction (IUCN, 2022). A  
53 relatively small subset of these species are kept as “insurance populations” in zoos  
54 (Gilbert et al., 2017). However, given their often-small effective population size, the  
55 long-term viability of captive-bred populations is not guaranteed, and many show signs  
56 of inbreeding depression (Boakes et al., 2007). deleterious mutations create harmful  
57 genetic variants in the genome, collectively known as genetic load (Bertorelle et al.,  
58 2022). High genetic load can compromise population viability and recovery potential of  
59 species, especially if they experienced a recent population size decline (Jackson et al.,  
60 2022; Sachdeva et al., 2022). In declining populations, the impact of genetic load on  
61 fitness is not immediately apparent. It can take many generations before the harmful  
62 effects of mutations become expressed in homozygous loci (Pinto et al., 2023).  
63 Consequently, the long-term viability of many zoo populations could be at risk, despite  
64 individuals and populations thriving now.

65

66 In the past 50 years, conservation geneticists have focused on maintaining genetic  
67 variation (DeWoody et al., 2021; García-Dorado & Caballero, 2021; Kardos et al.,  
68 2021) as genome-wide diversity generally correlates positively with fitness and  
69 adaptive potential (Willi, van Buskirk and Hoffmann, 2006; Charlesworth, 2009;  
70 Harrisson et al., 2014, but see Wood, Yates and Fraser, 2016). Recently, the Group  
71 on Earth Observations Biodiversity Observation Network (GEO BON) developed  
72 Essential Biodiversity Variables (EBVs) to assess spatiotemporal variation in

73 biodiversity, and proposed four genetic EBVs: genetic diversity, genetic differentiation,  
74 inbreeding, and effective population size ( $N_e$ ) (Hoban et al., 2022). Notably, risks  
75 posed by genetic load are generally not considered a conservation priority (van  
76 Oosterhout, 2020). This may be an oversight. However, recent advances in genomics  
77 and bioinformatics could change that.

78

79 Leveraging the extensive genomic research on human and model animals enables us  
80 to estimate the potential fitness impact of mutations in species of conservation concern  
81 (Bertorelle et al., 2022). The fitness impact of deleterious alleles can be estimated by  
82 the Combined Annotation-Dependent Depletion (CADD) framework (Rentzsch et al.,  
83 2019). Initially developed in humans (Kircher et al., 2014), CADD has been  
84 successfully applied to other model organisms, including mouse (Groß et al., 2018),  
85 pig (Groß, Derkx, et al., 2020), and chicken (Groß, Bortoluzzi, et al., 2020). CADD  
86 ranks genetic variants such as single nucleotide polymorphisms (SNPs) and insertions  
87 and deletions (indels) throughout the genome. This analysis integrates surrounding  
88 sequence context, gene model annotation, evolutionary constraints (e.g., GERP  
89 scores), epigenetic measurements, and functional predictions into CADD scores.  
90 CADD was employed to investigate conserved elements into the chicken Combined  
91 Annotation-Dependent Depletion (chCADD) (Groß, Bortoluzzi, et al., 2020), and has  
92 helped identify regions within the chicken genome associated with known genetic  
93 disorders reported in the Online Mendelian Inheritance in Animals (OMIA). Therefore,  
94 by identifying deleterious alleles, CADD can estimate the genetic load within an  
95 individual's genome.

96

97 Presently, we cannot translate the impact scores of mutations such as CADD into  
98 fitness effects. Nevertheless, we can calculate CADD scores for all deleterious  
99 mutations present in an individual's genome and compare this proxy of the genetic  
100 load between individuals. Similarly, we can estimate the proportion of genetic load  
101 expressed as realised load, and the proportion whose fitness effects remains masked  
102 as an inbreeding load or masked load (Bertorelle et al., 2022). The realised load  
103 comprises the genetic load that reduces fitness when the harmful effect of the  
104 mutations come to light. Inbreeding increases the realised load because more  
105 deleterious mutations become fully expressed as homozygous. By minimising realised  
106 load, conservation managers can reduce inbreeding depression. This could be  
107 particularly useful in captive-bred populations where breeding pairs can be  
108 manipulated to improve the fitness of offspring.

109

110 Considerable amount of genetic variation codes for polygenic or quantitative traits.  
111 Mutations that affect the value of a quantitative trait (e.g., body size) can be harmful or  
112 beneficial depending on whether it brings the trait value closer to the optimum. In  
113 contrast, unconditionally deleterious mutations are harmful irrespective of genetic  
114 background or environmental conditions. Mutations in ultraconserved elements  
115 (UCEs) are likely to be unconditionally deleterious (Silla et al., 2014), thereby  
116 contributing substantially to the genetic load. UCEs are areas of the genome  
117 phylogenetically conserved across diverged taxa (Bejerano et al., 2004). Their high  
118 level of sequence conservation is thought to be maintained by strong purifying  
119 selection (Lee & Venkatesh, 2013). Some polymorphisms in UCEs are associated with  
120 genetic diseases or phenotypic traits (Habic et al., 2019), with UCEs being linked to

121 enhancers in early development in both mammals (Visel et al., 2008) and flies  
122 (Warnefors et al., 2016). Given their high level of phylogenetic conservation,  
123 comparative genomic approaches can be used to obtain a proxy of the genetic load,  
124 building on the knowledge of model organisms and humans. Studying UCEs in  
125 reference genomes allows for between-species comparisons of the proxies of genetic  
126 load, realised load and masked load. Additionally, analysis of genetic load at UCEs  
127 shows promise for captive breeding and conservation management of zoo populations.

128

129 Here, we conduct a proof-of-concept study to demonstrate the utility of genomics-  
130 informed breeding in the conservation management of captive populations. We  
131 quantify the genetic load of six pink pigeon individuals using chCADD scores assigned  
132 to single nucleotide variants in the UCEs derived from the chicken genome. We show  
133 that genetic load components can be estimated using CADD scores calculated on a  
134 phylogenetic closely related species and cross-mapped to the annotation of the pink  
135 pigeon, our focal species. We also calculate realised load and genetic load of potential  
136 future offspring of all possible crosses. Finally, we employ computer simulations to  
137 demonstrate the potential of genomics-informed conservation, showing how it can help  
138 to reduce inbreeding depression and maximise the long-term viability of zoo  
139 populations.

140

141 **Materials and Methods**

142

143 **Study species**

144 Six pink pigeon (*Nesoenas mayeri*) individuals from the captive-bred population of  
145 Jersey Zoo ( $n = 4$ ) and Bristol Zoo ( $n = 2$ ) were genome sequenced. Birds shared  
146 common ancestry within the last 3-6 generations (Supplementary Figure S1) and have  
147 a high level of relatedness ( $F=0.064$  to  $0.346$ ) (Supplementary Table 2), which is typical  
148 of many zoo populations (Boakes et al., 2007). See Supplementary Information for  
149 further details.

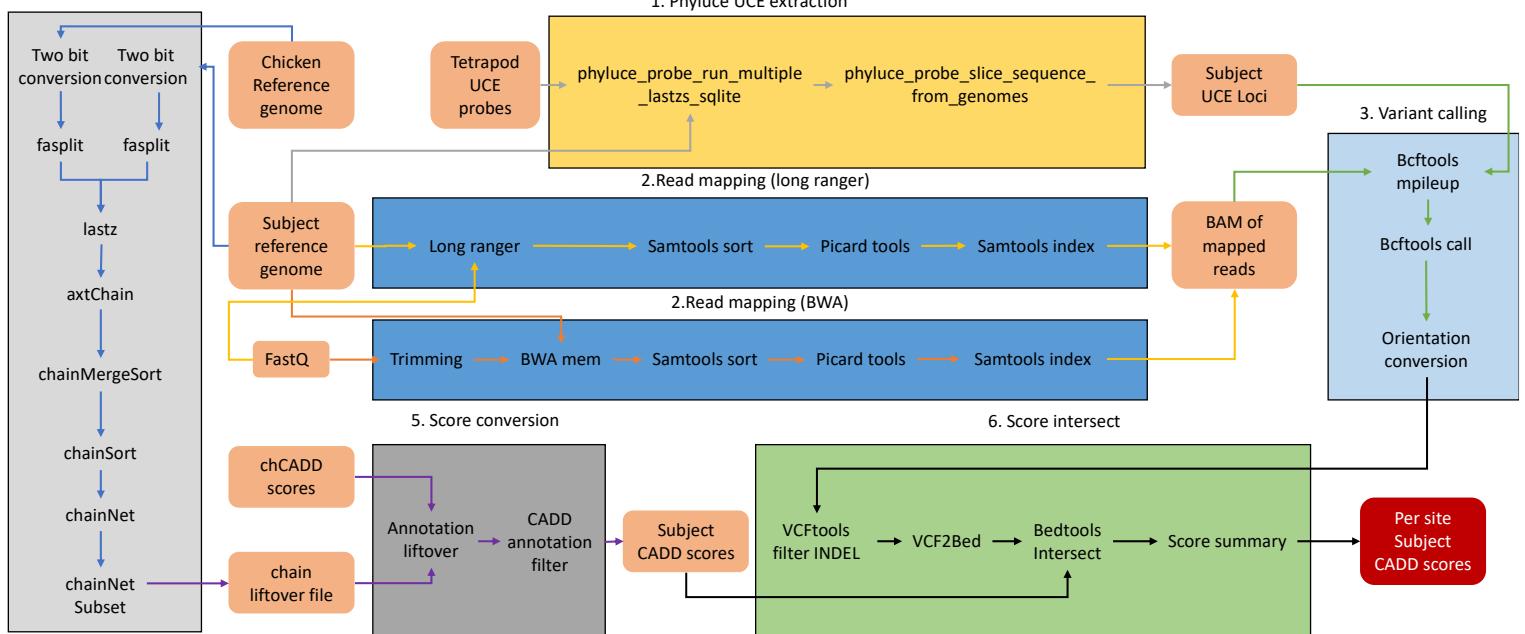
150

151 Genome sequencing and bioinformatics

152 DNA was extracted from blood, using Qiagen MagAttract, linked read library  
153 preparation was 10x Genomics Chromium technology, which were then sequenced on  
154 an Illumina HiSeq X with 2x150bp reads (Ryan, 2021). The sequencing read data was  
155 mapped to a previously generated pink pigeon reference genome (Albeshr, 2016). The  
156 variant calls were used to create a per-SNP pink pigeon CADD (ppCADD) score  
157 calculated for the UCEs of each individual's genome (Figure 1). A Snakemake pipeline  
158 (Mölder et al., 2021) allowing for reproduction of this approach can be found on GitHub  
159 (<https://github.com/saspeak/LoadLift>).

160

## 4.Chain file creation



161

162 **Figure 1 - The pipeline for the creation of per Single Nucleotide Polymorphism**163 **(SNP) pink pigeon Combined Annotation Dependent Depletion (ppCADD) scores**164 **from raw reads of individual pink pigeons.** The Snakemake (Mölder et al., 2021)

165 pipeline uses as input the sequencing reads of the subject individuals, the subject

166 species reference genome, and the CADD scores and reference genome of a model

167 species (i.e., chicken, chCADD scores (Groß, Bortoluzzi, et al., 2020) and the Galgal6

168 reference genome (Warren et al., 2017)). The pipeline is separated into six sections,

169 corresponding to sections of the pipeline (<https://github.com/saspeak/LoadLift>). **(1)**170 **(Yellow)** Extraction of UCEs from the reference genome using Phyluce. **(2)** **(Dark Blue)**

171 Mapping the sequencing reads for individuals to the reference genome indicating two

172 parallel approaches for 10X chromium read data (used in this paper) and for Illumina

173 read data. **(3)** **(Light Blue)** Variant calling for SNPs within the UCEs. **(4)** **(Light Grey)**174 Creation of a chain file for the liftover of annotation from the chicken genome. **(5)** **(Dark**175 **Grey)** chCADD scores conversion to pink pigeon (subject species) annotation. **(6)**

176 (Green) Intersection of BED files and UCE sites to output per site ppCADD (subject  
 177 species) scores (Red).

178

179 Previously published tetrapod ultraconserved element (UCE) probes based on the  
 180 chicken reference genome (Warren et al., 2017) and the Tibetan ground-jay  
 181 (*Pseudopodoces humilis*) (Faircloth et al., 2012) were used to harvest UCEs from the  
 182 pink pigeon reference genome, using the Phyluce workflow (Faircloth, 2016). A chain  
 183 file was created for annotation lift-over and the CADD scores of the chicken genome  
 184 (Groß, Bortoluzzi, et al., 2020) were cross mapped to the reference pigeon genome  
 185 using CrossMap.py (Zhao et al., 2014). CADD scores were filtered to remove non-  
 186 scoring and fixed sites. Genotypes of each locus were assessed to calculate the  
 187 genetic load components. Individual's genetic load, realized load and masked load  
 188 were calculated using the following formulas (Bertorelle et al., 2022):

189

$$190 \quad Genetic\ load\ (individual\ k) = \sum_{i=1}^{L(hom)} s_i + \sum_{j=1}^{L(het)} 0.5 s_j$$

191

[1]

$$192 \quad Realised\ load\ (individual\ k) = \sum_{i=1}^{L(hom)} s_i + \sum_{j=1}^{L(het)} h_j s_j$$

193

[2]

$$194 \quad Masked\ load\ (individual\ k) = \sum_{j=1}^{L(het)} (0.5 - h_j) s_j$$

195

[3]

196 Here,  $s_i$  (and  $s_j$ ) is the ppCADD score at locus  $i$  (and  $j$ ), and they are summed across  
197 all homozygous (or heterozygous) loci at the UCEs of individual k. In the computer  
198 simulations (see below),  $s$  and  $h$  stand for the selection and dominance coefficients,  
199 and the fitness impact of the load can be expressed in lethal equivalents (Bertorelle et  
200 al., 2022). For simplicity, the dominance coefficient ( $h_j$ ) is assumed to be  $h_j=0.1$ . Noted  
201 that part of the realised load comprises heterozygous mutations that are assumed to  
202 be partially dominant. Inbreeding coefficients ( $F_{RoH}$ ) of the six pink pigeons were  
203 calculated using runs of homozygosity (RoH) with bcftools roh (Narasimhan et al.,  
204 2016). For further details, see Supplementary Information.

205

#### 206 Computer simulations of breeding regimes

207 We conducted computer simulations in SLiM3 (Haller & Messer, 2019) to examine the  
208 impact of four breeding regimes on genetic and realised load, neutral genetic diversity,  
209 and fitness. In the “Minimise load” regime we examined whether mate pair selection  
210 can reduce the realised load of the offspring and alleviate inbreeding depression.  
211 However, purifying selection against the genetic load can reduce genetic diversity  
212 (Cvijović et al., 2018) and result in the fixation of mildly deleterious mutations (Chen et  
213 al., 2020). To address this concern, we explored the impact reducing relatedness (or  
214 kinship) of parents, and this was simulated in the “Minimise relatedness” regime.  
215 Additionally, we simulated a regime that aimed to minimise realised load of the  
216 offspring whilst maintaining genetic diversity, “Minimise load and relatedness” regime.  
217 Here, exactly one male and one female from each family were selected to mate with  
218 an optimal partner from another family, to minimise realised load of their offspring.  
219 Finally, we simulated random mating “Random mating” regime. In each regime we

220 randomly sampled 20 monogamous pairs of males and females and allowed each pair  
221 to produce a brood of 64 offspring per generation. We ran 100 replicates for each  
222 regime for 50 generations. Further detail about the breeding regimes and SLiM model  
223 are given in Supplementary Information.

224

225 Results

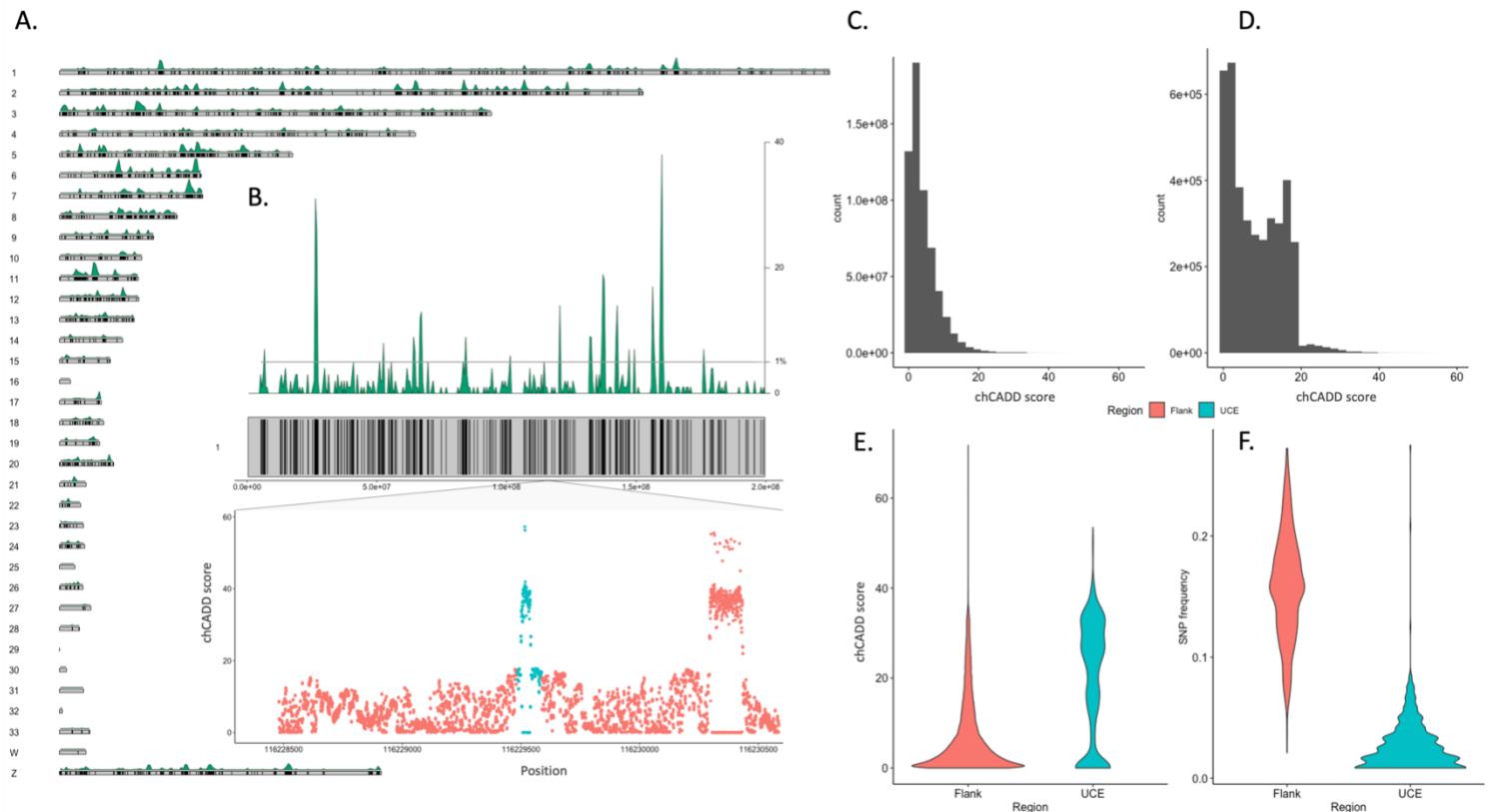
226

227 Distribution of UCEs and CADD scores

228 The 4976 UCEs along the 34 chromosomes of the chicken reference genome are not  
229 evenly distributed (Fig. 2A), 15 chromosomes were significantly depleted for UCEs,  
230 whilst 9 chromosomes were significantly enriched for UCEs (Supplementary Table 1).

231 Figure 2B shows the distribution of all chCADD scores along a single UCE (UCE-2729)  
232 and its 2000 bp flanking region on chromosome 1. The chCADD scores in the flanking  
233 region are lower than those within the UCE, except for a potential coding region (e.g.,  
234 position 116230300 – 116230450 in Figure. 2B). Protein coding genes are typified by  
235 a combination of high chCADD scores (representing the first and second codon  
236 position substitutions), and low chCADD scores (third codon position substitutions).

237



238 **Figure 2– Distribution of ultraconserved elements (UCEs) and their mutation  
239 impact scores (CADD scores). (A)** Karyotype plot of the chicken genome with the  
240 distribution of UCEs (black bars) and density of UCEs (green peaks). **(B)** Karyotype  
241 plot of chicken chromosome 1 showing the distribution of UCE-dense regions. Green  
242 peaks above the 1% horizontal line are significantly enriched for UCEs ( $p < 0.01$ ). At the  
243 bottom of Panel B, zoomed in at a single UCE and its 2000bp flanking regions (i.e.,  
244 UCE2729), the CADD scores of every possible substitution at each site. The UCE is  
245 shown in blue. The CADD scores in flanking regions are shown in red. Distribution of  
246 all CADD scores for **(C)** the entire chromosome 1 of the chicken genome, and **(D)** 620  
247 UCEs in chromosome 1 and their 2000bp flanking regions. **(E)** The CADD score  
248 distribution of the flanking regions and the UCEs within the six pink pigeon genomes.  
249 **(F)** SNP frequency at flanking regions and the UCEs. (See main text for test results).

250

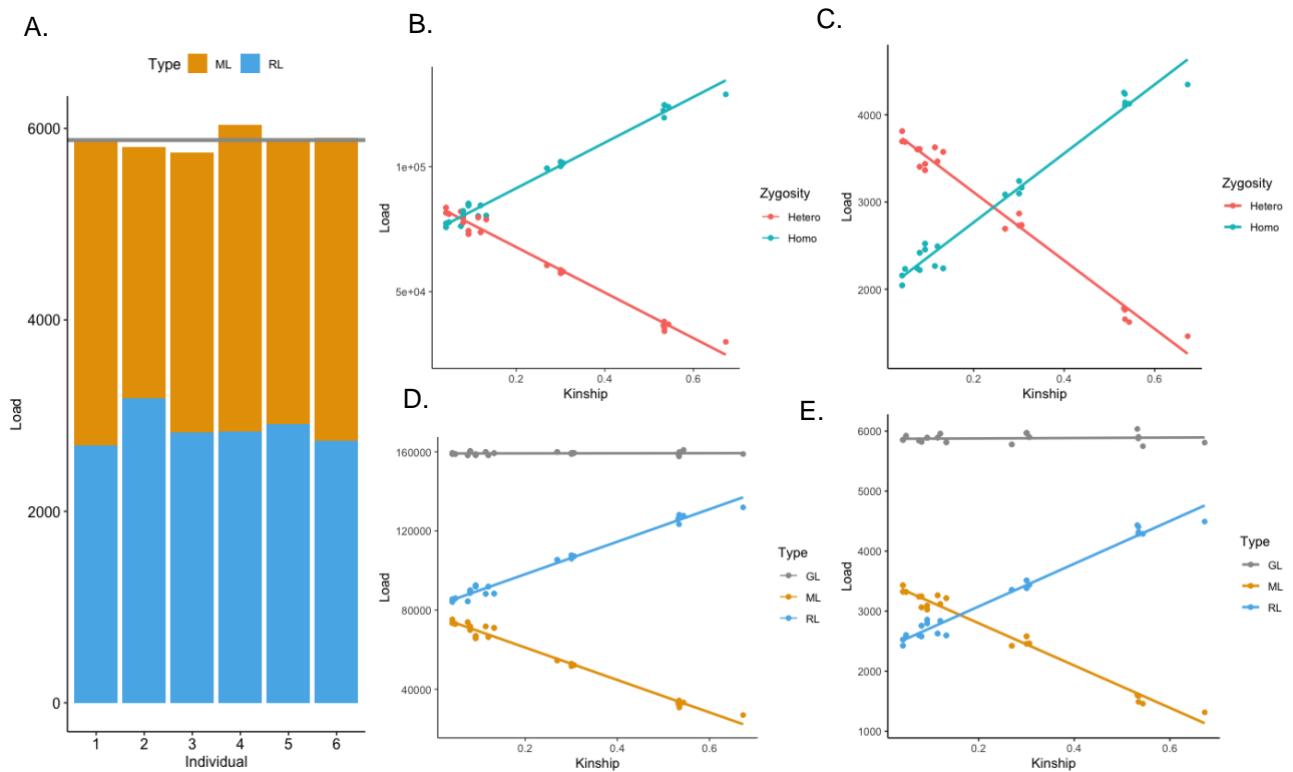
251 Figure 2C shows the distribution of chCADD scores along chromosome 1 of the  
252 chicken genome. Most chCADD scores fall below 10, which per definition represent  
253 90% of all scores. The right-hand tail represents few high chCADD scores of highly  
254 deleterious mutations. In contrast, the UCEs and their flanking regions in chromosome  
255 1 have a bimodal distribution of chCADD scores, with a second peak of chCADD  
256 scores ranging between 17 and 18 (Figure 2D). These chCADD scores represent the  
257 worst, ~2% of all possible substitutions in the genome. The median chCADD score of  
258 UCEs is significantly higher than that of the flanking regions (Mann-Whitney test  $W =$   
259 4541885925, p-value < 0.0001). Whilst the frequency of derived mutations is  
260 significantly lower at UCEs compared to that at the flanking regions (Mann-Whitney  
261 test  $W = 13010970$ , p-value < 0.0001), consistent with the effect of purifying selection.

262

263 Genetic load components and kinship load

264 We analysed the genetic load in the hypothetical offspring of our six pink pigeons. This  
265 kinship load is calculated by theoretically crossing all possible combinations of  
266 individuals assuming mendelian segregation ratios. As kinship between two individuals  
267 increases, homozygosity of their offspring increases (Figure 3). Similarly, increased  
268 kinship between parents elevates offspring's' realised load and reduces masked load  
269 (Figure 3). Optimal mate pairing can significantly reduce the realised load of the  
270 offspring ( $R^2=0.258$ ,  $F_{1,13} = 8.32$ ,  $p=0.00918$ ).

271



272

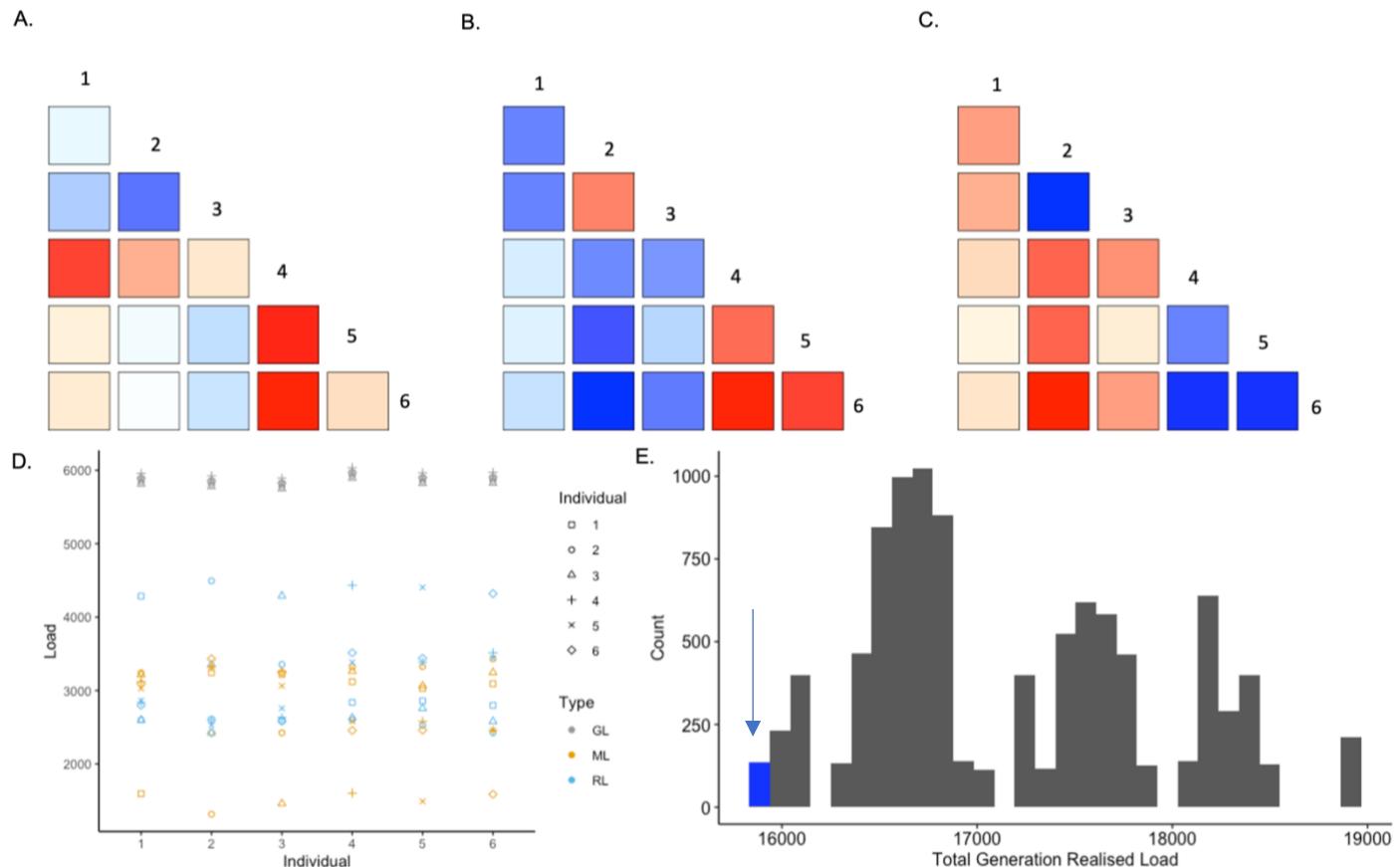
273 **Figure 3 – The composition of the genetic load in six pink pigeon individuals**  
 274 **and their hypothetical offspring. (A)** The total realised load (Blue) and masked load  
 275 (Orange) in each of the six pink pigeon individuals within their UCEs. **(B and C)** The  
 276 realised load at heterozygous loci (Red) and homozygous loci (Teal) of the offspring is  
 277 shown for the total region (B) and UCEs only (C). **(D and E)** The genetic load (Grey),  
 278 realised load (Blue) and masked load (Orange) of the hypothetical offspring of all  
 279 possible crosses between the six pink pigeons for the total region (D) and the UCE  
 280 only (E).

281

282 Next, we performed an analysis to identify optimal crosses to minimise genetic load  
 283 (Figure 4). Figure 4A shows average genetic load of potential offspring. In essence,  
 284 these are the deleterious mutations that offspring are predicted to inherit from both

parents, with blue tiles representing offspring with low genetic load, and red tiles offspring with high genetic load. The genetic load is lowest in the offspring from a cross between individuals 2 and 3.

288



289

**Figure 4 – The genetic load at UCEs of six pink pigeons calculated using cross-mapped chCADD scores.** Correlogram showing the total load of potential offspring between six individuals of the captive pink pigeon population. The colour of the tile is relative to the load of the offspring when compared to other potential offspring, and it is ranked on a gradient from high load (red) to low load (blue). **(A)** genetic load of the offspring between two potential parents, **(B)** realised load and **(C)** masked load. **(D)** The genetic load (grey), realised load (blue) and masked load (orange) of the

297 hypothetical offspring of all possible crosses (including “selfing”). **(E)** The distribution  
298 of total realised load in the offspring generation calculated by crossing all individuals  
299 at random. In this procedure, each individual was crossed twice without self-mating or  
300 repeating the same crosses, and this was repeated 10,000 times. The optimal crossing  
301 combination is shown in blue.

302

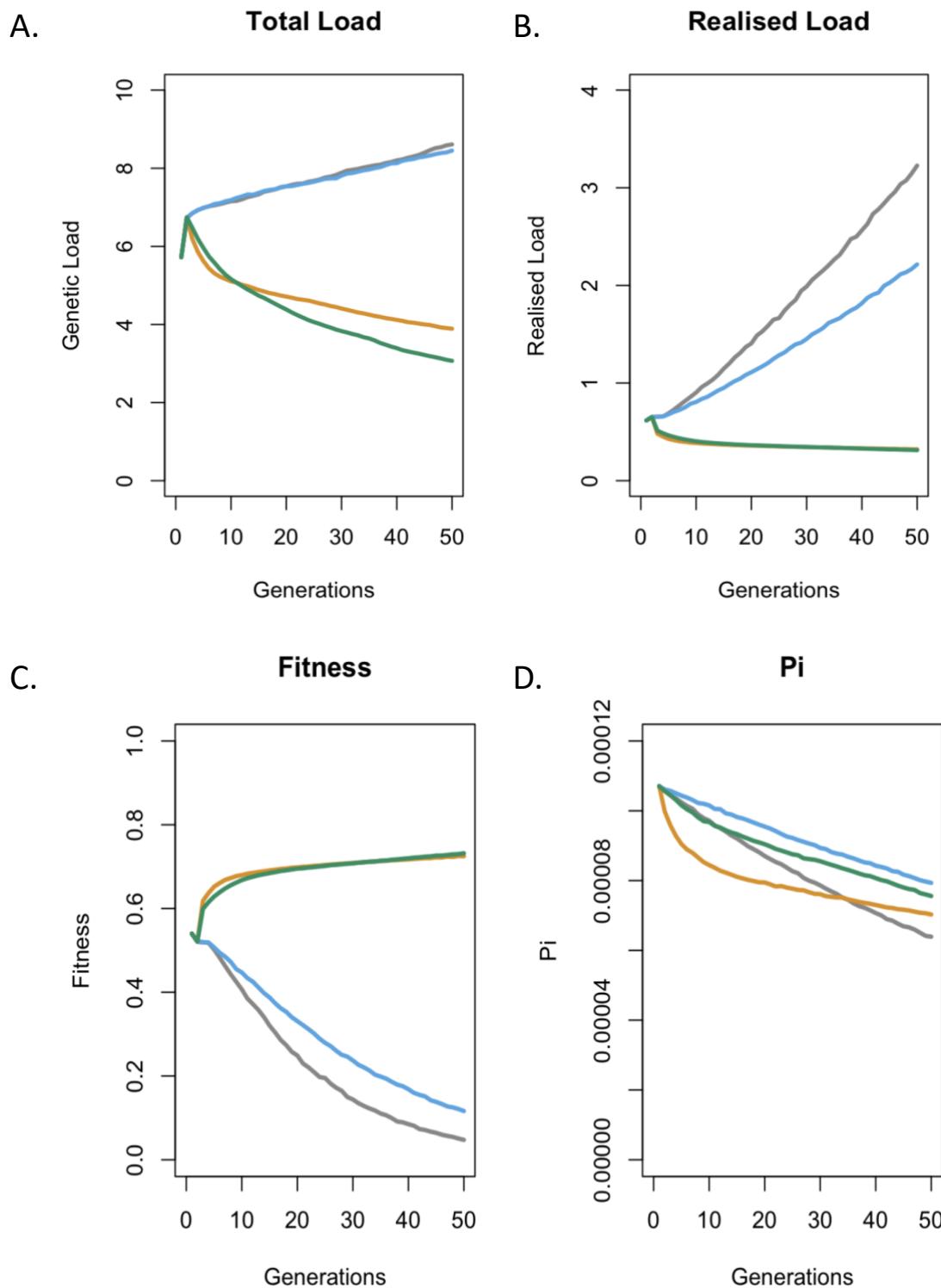
303 To predict degree of inbreeding depression, the realised load of the offspring of  
304 different crosses was calculated. Blue tiles in the correlogram in Figure 4B show the  
305 realised load of the offspring of the optimal crosses. The realised load of these offspring  
306 is 7.4% less than that of offspring of random crosses (Figure 4E), and these offspring  
307 are predicted to show less inbreeding depression. Note that the offspring from the 2 x  
308 3 cross with the lowest genetic load possesses a relatively high realised load.  
309 Individuals 2 and 3 were closely related (Aunt and Niece), but they each possess a low  
310 genetic load. However, because they are related, their offspring expresses a high  
311 realised load, even though their genetic load is low.

312

### 313 Computer simulations of the genetic load

314 Finally, we performed computer simulations examining the impact of genomics-  
315 informed captive breeding on the neutral nucleotide diversity, genetic load, realised  
316 load, and fitness of individuals. The "Random mating" and "Minimise relatedness"  
317 regimes showed a steady increase in genetic (Fig. 5A) and realised (Fig. 5B) load over  
318 generations. Both regimes also suffered from a large decline in fitness due to a  
319 mutation meltdown (Fig. 5C). In contrast, both the genetic load and realised load were  
320 reduced in "Minimise load" and "Minimise load and relatedness" regimes (Fig. 5A,B).

321 Therefore, genomics-informed captive breeding can effectively purge deleterious  
322 mutations and reduce their homozygosity, independently of consideration of  
323 relatedness. Consequently, mean fitness remained high in these regimes, increasing  
324 during the first ten generations (Fig. 5C). However, populations lost neutral genetic  
325 diversity at a relatively fast rate in the “Minimise load” regime (Fig. 5D). Such loss in  
326 diversity was not observed in the “Minimise load and relatedness” regime, and after  
327 ~10 generations, this regime maintained more diversity than the “Random mating”  
328 regime (Fig. 5D).



329 **Figure 5- Impact of the four breeding regimes, simulated over 50 generations.**

330 Showing the impact on **(A)** the genetic load, **(B)** the realised load of offspring, **(C)** the

331 fitness of adults, and (D) neutral nucleotide diversity ( $\pi$ ). Each coloured line  
332 corresponds to a specific mating regime: "Random mating" (grey), "Minimise  
333 relatedness" (blue), "Minimise load" (orange), and "Minimise load and relatedness"  
334 (green). The genetic load and realised load are expressed in lethal equivalents  
335 calculated using equations [1] and [2] in the Material & Methods (see Bertorelle et al.,  
336 2022). The values presented in the figure represent the mean results obtained from  
337 100 replicas.

338

339 Discussion

340

341 We conducted a proof-of-concept study to evaluate the utility of genomics-informed  
342 conservation for the management of captive populations in zoos. Our aim was to  
343 examine whether we could use genomic data to reduce the level of inbreeding  
344 depression and genetic load, thereby increasing both the short- and long-term  
345 population viability. We developed a novel bioinformatics pipeline to estimate the  
346 genetic load using CADD scores calculated for a model species (the chicken). We  
347 piloted our bioinformatics pipeline on the genomes of six pink pigeons from the captive-  
348 bred population from two UK zoos (Jersey Zoo and Bristol Zoo). We quantified realised  
349 load in hypothetical offspring by crossing these six individuals, showing that inbreeding  
350 depression may be reduced in the captive pink pigeon population. We furthermore  
351 found that UCEs possess the most severely deleterious mutations with highest CADD  
352 scores, and that mutations in UCEs occur at a lower SNP density and frequency  
353 compared to polymorphisms in the flanking regions. These observations are consistent  
354 with purifying selection.

355  
356 Substantial genetic drift and inbreeding in zoo populations reduces long-term viability.  
357 Since the early 1970s, conservation biologists have used pedigrees and neutral  
358 genetic markers to assess and minimise inbreeding (Rabier et al., 2020). However,  
359 genetic load cannot be effectively measured or managed using this approach because  
360 neither markers nor pedigrees contain information about the segregation of deleterious  
361 mutations. Furthermore, pedigree data does not capture the possible relatedness  
362 between founder individuals. This can be especially problematic in populations that  
363 experienced a bottleneck before being sampled.

364  
365 We showed our bioinformatics pipeline can identify optimal crosses that produce  
366 offspring with on average 7.4% lower realised load than random crosses. These  
367 offspring are expected to show less inbreeding depression. This reduction in realised  
368 load was modest because after nearly 10 generations in captivity, all pink pigeon  
369 individuals are relatively related. Crosses between closely related individuals have  
370 been minimised in the captive management of this species by exchanging pigeons  
371 between different zoos. However, this means that all individuals are similarly related.  
372 More substantial gains can be made in reducing the realised load using genomics-  
373 informed breeding in zoo populations with individuals that are less closely related.  
374 Genomics-informed breeding will be especially efficient in reducing inbreeding  
375 depression in captive populations founded by many individuals, fewer generations in  
376 captivity, non-bottlenecked species, and species with a large ancestral population size  
377 (Bertorelle et al., 2022). These are all scenarios of populations that are likely to

378 possess a high genetic load of segregating deleterious mutations not yet purged  
379 (Dussex et al., 2023), with considerable differences between individuals.

380

381 We do not know how CADD scores translate in fitness effects, and hence, we cannot  
382 calculate the exact benefits of genomics-informed breeding for survival rates. If a  
383 population carries a realised load of one lethal equivalent (LE), a reduction of 7.4% in  
384 realised load results in an increase of survival rate from 36.8% to 39.6%. This is a 7.7%  
385 relative increase. With a higher realise load of 2 LEs, the survival rate improves from  
386 13.5% to 15.7%, which amounts to a relative increase of nearly 16%. More generally,  
387 reducing the realised load is likely to reduce inbreeding depression and increase  
388 fitness (Bertorelle et al., 2022).

389

390 Our simulations indicate that the genetic load and realised load can be reduced by the  
391 “Minimised load regime” and the “Minimised load and relatedness regime”. This  
392 resulted in a substantial increase in fitness compared to the “Random mating regime”,  
393 and the “Minimised relatedness regime”. Although the “Minimised load regime”  
394 resulted in a substantial loss in nucleotide diversity, this was avoided by reducing  
395 relatedness in the “Minimised load and relatedness regime”. Theoretically, this regime  
396 is the optimal approach to maximise the long-term viability of captive populations, both  
397 in terms of reduced genetic load and increased adaptive potential.

398

399 To conclude, CADD scores for model species can be successfully lifted over to provide  
400 an initial assessment of the genetic load from whole genome sequence data of non-  
401 model species. Optimal mate pairs can be identified to reduce the realised load and

402 inbreeding depression in the offspring generation. Computer simulations show that  
403 genomics-informed breeding can reduce the genetic load and realised load, and this  
404 can be accomplished without significantly reducing nucleotide diversity in the  
405 population. Genomics-informed management can increase the long-term viability of  
406 captive populations and help to select the optimal individuals for reintroduction and  
407 genetic rescue programs.

408

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429

430 **References**

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- 580

581 Conflict of interest statement

582 The authors have no conflict of interest to declare.

583

584 Data availability statement

585 The data that support the findings of this study are available from the corresponding  
586 author upon reasonable request.

587 Genetic data:

588 The Raw sequence reads for the six pink pigeon individuals have been deposited in  
589 the NCBI SRA (BioSample: PRJNA1018937, Accessions: SAMN37457073,  
590 SAMN37457074, SAMN37457075, SAMN37457076, SAMN37457077,  
591 SAMN37457078)

592 The pink pigeon reference genome used for this project has been submitted to the  
593 NCBI BioSample: PRJNA1018937.

594 The Chicken bGalGal6 genome is publicly available on NCBI ([GCF\\_016699485.2](https://www.ncbi.nlm.nih.gov/nuccore/GCF_016699485.2)).

595 The chCADD scores are publicly available on the OSF (DOI  
596 10.17605/OSF.IO/8GDK9).

597 Scripts:

598 The LoadLift Snakemake pipeline is available on GitHub  
599 (<https://github.com/saspeak/LoadLift>)

600

601 Benefit-sharing statement

602 Benefits Generated: Benefits from this research accrue from the sharing of our data  
603 and results on public databases as described above.

604

605 Author Contributions

606 Cock van Oosterhout and Samuel Speak conceived the study; Samuel Speak and  
607 Chiara Bortoluzzi developed the CADD analysis methods; Samuel Speak developed  
608 the LoadLift Snakemake and analysed the genomic data; Thomas Birley and Hernán  
609 Morales conducted the SLIM simulations; Chiara Bortoluzzi, Matthew Clark, Lawrence  
610 Percival-Alwyn, Hernán Morales and Cock van Oosterhout supervised the study;  
611 Matthew Clark and Lawrence Percival-Alwyn contributed to DNA sequencing; Samuel  
612 Speak, Hernán Morales and Cock van Oosterhout wrote the paper; all authors  
613 contributed to the manuscript and approved.