# DIAGNOSIS AND TREATMENT OF DISEASES BY USING METALLIC NANOPARTICLES-A REVIEW

Shahzad Sharif Mughal<sup>1</sup>

<sup>1</sup>Department of chemistry, Lahore Garrison University

September 24, 2022

## Research Article

THE INTERNATIONAL JOURNAL OF GLOBAL SCIENCES (TIJOGS) ISSN Print: 2663-0141; ISSN Online: 2663-015X Vol. 3(1) Jan-March,27-35; 2020 <a href="http://www.rndjournals.com">http://www.rndjournals.com</a>



# DIAGNOSIS AND TREATMENT OF DISEASES BY USING METALLIC NANOPARTICLES-A REVIEW

# **Shahzad Sharif Mughal**

Department of chemistry, Lahore Garrison University, Lahore, Pakistan

#### **ABSTRACT**

Nanoscale materials that are found in many kinds at nano scale stage. Nanoparticles are vast class of material that contain small discrete mass of matter which have one particular range from 1-100nm. Nanoparticles are zero dimension, two dimensions and three dimensions etc. There are broad class of Nanoparticles which is used in disease diagnosis and treatment. Nanoparticles collaborated with the drug and increase the effectiveness of the target object. Surface of nanoparticles is modified with many agents and used in different disease. One of best purpose of nanoparticles is in drug delivery. Nanoparticles are not effective in human diseases but also helpful in plant disease. Different nanodevices like nanowires and cantilevers are very effective for gastrointestinal diseases. Specialists at Osaka University have joined nanopore sensors with man-made brainpower methods and showed that they can recognize single infection particles. This technique may give fast, purpose of utilization, ID of infections. A strategy for recognizing malignancy cells in the circulation system is being created utilizing nanoparticles called NanoFlares. The NanoFlares are structured tie to hereditary focuses in disease cells, and create light when that specific hereditary objective is found. Nanoparticles uses in different methods like MRI increased its efficiency for imaging. Many of imaging techniques like ultrasound imaging (USI), magnetic resonance imaging (MRI) and optical imaging (OI) ultrasound imaging (USI) for study of inside and outside study of human beings and others. There are different types of nanoparticles used in these techniques which help in vivo and vitro study. For treatment purpose, DNA vaccine coated SiO2 (LDH) nanoparticles induced antibody is used mostly. For this, nano spray recently discovered that picks up the insects. So, role of nanoparticles is effective. Key words: Diagnosis; cancer treatment; nanoparticles; quantum dots

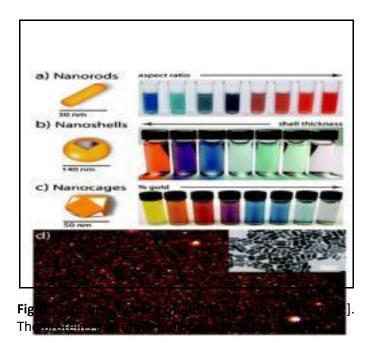
# Introduction

Nanoscale materials that are found in many kinds at nano scale stage. Nanoparticles are vast class of things that contain small discrete mass of matter which have one particular range from 1-100nm. They are may be zero dimension, two dimension and three dimension etc. The significance of these tools understands when researchers found that nano scale size is a property of this matter. Specialists at UC San Diego are building up a technique to gather and break down nano estimated exosomes to check for biomarkers demonstrating pancreatic disease. Specialists at Osaka University have joined nanopore sensors with man-made brainpower methods and showed that they can recognize single infection particles. This technique may give fast, purpose of utilization, ID of infections. A strategy for recognizing

malignancy cells in the circulation system is being created utilizing nanoparticles called NanoFlares. The NanoFlares are structured tie to hereditary focuses in disease cells, and create light when that specific hereditary objective is found [1]. Analysts at Nagoya University are building up a nanowire based sensor to distinguish pointers of bladder and prostate malignancy in pee tests. Analysts are building up a nanoparticle planned to make early location of malignancy tumors simpler. The thought is that since each nanoparticle conveys a few peptides a high grouping of these biomarkers will happen even at beginning periods of malignant growth, permitting early recognition of the illness [2]..

The attractive nanoparticles connect to particles in the circulatory system called microvesicles which start

in mind malignancy cells. NMR is then used to identify these microvesicle/attractive nanoparticle groups, permitting an early analysis. A 20-nm palladium (Pd), platinum, silver (Ag), gold (Au) and NPs have characteristic black, wine red color, yellowish gray and dark black colors, respectively Nanoparticles are complex molecules itself and it is formed from three layers (a) The outer most layer, which may be functionalized with a many biomolecules like proteins, DNA and other polymers and surfactants (b) The middle layer, which is chemically different substance from the inner in all characteristic, and (c) The inner, which is important the inner part of the NP and commonly known as nanoparticles [3].



nanomaterials and permit to find the initial stages of the disease. There are many systems have been developed

to detect disease under the nanomaterial. About them,

one is nano sphere inc. that uses AuNPs. These nanospheres have proved in the clinical studies that it has verigene system that involves detecting four special kinds of nucleic acids. Another system being developed known as T2 biosynthesis. This method is more specific and it uses magnetic nanoparticles to recognize the sample including nucleic acids, proteins etc. Gold nanoparticles and carbon nanotubes are widely used as biosensor that detects proteins responsible for oral diseases. A number of tests have been performed by researchers, an accurate detection of oral cancer diseases that provides results within an hour. Viruses and

other microscopic components from blood samples are separated by using Ag nanorods. This can be monitored by Raman spectroscopic signals. This method serving detection and identification of bacteria and viruses and allowing results less than an hour[4]

# **Characterization of nanoparticles**

There are different techniques for the characterization of nanoparticles. These techniques are atomic force microscopy, particles size analysis, scanning electron microscopy, X-ray diffraction, transmission, electron microscopy Fourier transform infrared spectroscopy, X-ray photoelectron spectroscopy and Raman spectra [5]. Characterization is the study of many facts like structure of nanoparticles, the material from which nanoparticles can be formed and many other properties [6]. SEM and TEM are the essential techniques.SEM is depends upon electron scanning method [7]. TEM is depends on electron transmittance properties [8]. XRD is based on the structural properties [9].

# **Classification of nanoparticles**

We can classify the nanoparticles into many types according to many properties

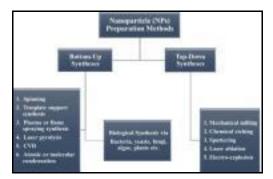
- Carbon based Nanoparticles
- Polymeric Nanoparticles
- Ceramics Nanoparticles
- Semiconductor Nanoparticles
- Metal Nanoparticles
- Lipid based Nanoparticles etc [9].

# **Synthesis of Nanoparticle**

There are many methods for the preparation of

nanoparticles, but most common method we used are the

- 1. Top down approach
- 2. Bottom up approach [10]



**Fig.2** Schematic diagram for the Nanoparticle synthesis

[11]

# Objective of the study;

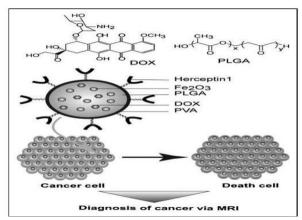
The objective of the study is the use of nanoparticles in disease diagnosis and treatment. It enhances the activity of drug delivery in different diseases.

# Role of nanoparticles in disease diagnosis and treatment

Material science directly related to the nanotechnology. Nanotechnology deals the small size particles and its major use in not only research field but also in many daily lives. Nanotechnology collectively as diagnosis and treatment of disease is known as nanomedicine. Nanotechnology is used in different fields earlier but the use of this nanotechnology in medicine is most recent [12]. The major purpose of medicine early finding of health issues and providing suitable treatment. If nanotechnology is connected with medicine so the treatment of disease is more effective [13]. The tempo of modern world is in major problem about health. Cancer, diabetes, depression and many other diseases are very common with fast moving life. Nanotechnology in the form of nanorobots, microchips and biosensor are mostly used for diagnostic purpose [14].

In simple chemotherapy, drugs that are not associated with the nanoparticles simple pharmacologically active drugs move towards the tissues which are damaged by the cancer. In these old methods, many problems associated. It may kill the healthy tissues due to toxicity is caused by the drug. But nanoparticles using biodegradable polymers are more effective and eradicate the problems [15] .

Quantum dots which are nanoparticles fabrication, when placed in UV light absorb light and glow. When these nanoparticles are moved towards the inner cancerous cell then these quantum dots starts glowing and tells about the tumor. In most present study, antibody linked with the magnetic poly-(D, L-lactide-co-glycolide) nanoparticles with doxorubicin (DOX). Magnetic nanoparticles and (DOX) integrated into the PLGA nanoparticles for targeting the diseased cancerous cell. For targeting the breast cancer antibody herceptin is more effective [16].



**Fig. 3** The magnetic nanoparticles coated on PLGA nanoparticles for cancer diagnosis [17].

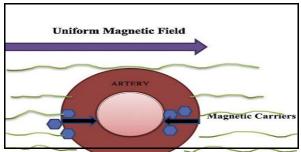
Many of imaging techniques like ultrasound imaging (USI), magnetic resonance imaging (MRI) and optical imaging (OI) ultrasound imaging (USI) for study of inside and outside study of human beings and others. There are different types of nanoparticles used in these techniques which help in vivo and vitro study [18]. Many nanoparticles are used in infectious and inflammatory diseases. Hepatitis is the infectious disease which is caused by the virus. It is chronic disease which is associated for whole life. Nanoparticles can be used with for the diagnosis of this disease. Gold nanoparticles are more preferable for this purpose. Gold nano-protein chips are formed, which detect the antibodies for hepatitis. So, these chips are effective in diagnostic purpose. For treatment purpose, DNA vaccine coated SiO<sub>2</sub> (LDH) nanoparticles induced antibody is used mostly [19].

Nanotechnology is also used in treatment of bone inflammation. Metal nanotechnology is most effective in osteoblasts formation. These nanoparticles provide more surface area for osteoblasts formation in proper manner. Titanium (Ti) is usually used nonmaterial for the bone inflammation. Super paramagnetic iron nanoparticles are linked with the PLGA particles used in joint inflammation [20]. Nanotechnology is also effective in skin infection. One of the medicines which is used for the treatment of skin infection is nitric acid coated nanoparticles. Iron oxide nanoparticles have direct link with protein thrombin. Thrombin provides protection against anti thrombin because it takes part in process of tissue repair. Nanoparticles help together inflammatory drugs in penetrating of the skin[21].

Noble metals and their composite are used as healing agents in earlier time as a medicine for many diseases. These nanoparticles are used for the treatment of many diseases like HIV, TB and Parkinson disease. In the dental field, nanotechnology help in production of nano-filled resin compound that contain small size packing particles which liquefy in higher concentration and deposited the hydroxyapatite on enamel. Pt Nps are used for enameling process that enhances the strength of teeth[22].

Nanotechnology also plays important role in cardiovascular and pulmonary diseases. Nanomaterials are used to improve the heart muscles function. For this purpose, carbon nanofibers enclosed with PLGA and enhance the heart muscles growth. Carbon nanotubes are the more advanced form due to their unique electrical, thermal and mechanical properties. Carbon nanotubes specially functionalized for transport of drugs. Nano-pillars and nano-lines are effectively used in fibroblast that is most effective to check the proliferation of lung carcinoma cell lines. For this purpose choice of nanoroughness and nanospherical surfaces is most significant [23].

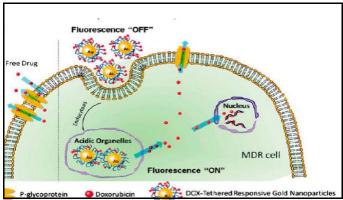
Atherosclerosis is the most commonly coronary disease which mostly occurs in young age. The major cause of this disease is the progressive plaque deposition in the major arteries of the body that caused the blockage of arteries. For this purpose, drug eluting stents (DES) performed. This is not more effective. Therefore, Anti-proliferative drugs can be delivered using nanoparticles, which help in drug delivery [24].



**Fig. 4** Cell on which nano-medicine implement by using magnetic field [25].

Drug delivery is one of the most important one of the most important aspect, especially in the research field. It's more application in clinical field. For this purpose many nanoparticles are used for delivery of drugs in the diseased part of the body. For this many nanoparticles are used but more preferable

nanoparticles are gold nanoparticles (Au NPs). We can use gold nanoparticles in drug delivery because have many advantages (1) can easily synthesized in the nano range such as rod like and cage like (2) due to the presence of negative charge on surface of nanoparticles they can easily functionalized with any biomolecules (3) less toxic and so on. For proper delivery of drugs, nanoparticles is functionalized with biomolecules such DNA etc enhance the modification. There are two types of interaction through which nanoparticles functionalized (1) through covalent (2) non covalent interaction. After the modification of nanoparticles, antibody or transport drug attached with Au NPs through ionic and covalent interaction. Drug delivery is more prefer for the endocellular diseases. Methotrexate is like folic acid control the disease and act like anti cancer drug if the disease is cancer. But in some cases (DOX) is attached with nanoparticles. After the attachment, this enhanced modification and it targeted on receptor cell [26].



**Fig. 5** Interaction between entry of DOX into cell release of DOX into cell [26].

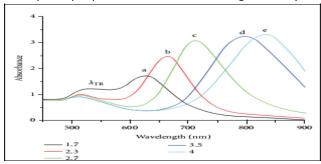
Gene therapy is an approach for the treatment of genetic diseases. For this, oligonucleotides like DNA, RNA and plasmids have healing effects. Gold nanoparticles are an ideal for RNA and DNA delivery. Oligonucleotides act as intra cellular regulatory agents. Gold nanoparticles surface is modified with the attachment of oligonucleotides. These enhance the property of NPs. These modified gold nanoparticles are important in development of therapy and gene delivery [27].

Alzheimer's disease (AD) is one of the most common diseases in early age people and it is serious problem in 35 million people about all over the world. The effects of this disease are increasing every year. It is

neurological effect and its result in memory loss due to the side effect of acetyl cholinesterase inhibitors and N-methyl-D-asparate. Receptors are used to eliminate this disease. For this purpose, dual function nanoparticles on the basis of PEGylated Poly (lactic acid) (PLA) are prepared. Two peptides TDN and QSH are liked with nanoparticles. TGN is target on the blood brain barrier (BBB). BBB of normal person is different from AD patient. By targeting the nanoparticles in vivo and vitro brain tissue and different techniques are used to determine and cure the disease [28].

Gold nanoparticles are significant for finding their possessions of riveting brightness in detectable and near-infra red choice. These possessions are strappingly reliant on their contour and extent [29]. Therefore, they grasp huge swear for imaging and analysis of cancer where inherent and protein biomarkers are being used for the reason. For the cancer treatment, it is a greatest condition for a medicine to go into in the intention cell. Due to this reason, it may of slighter to move in the cell [30].

Gold nanoparticles have unique properties like shape, size, morphology and other chemistry of materials. These nanoparticles have many properties like surface Plasmon resonance, magnetic properties, fluorescence resonance properties. These properties are used in many cases, DNA hybridization, and Protein and nucleic acid biosensors, CT-MRI Immunological assay. Using nanoparticles the treatment of disease is effective. Gold nanoparticles have many optical properties. Due to high surface area, they have more scattering properties. These properties are used in biomedical fields. These nanoparticles have high absorption properties and used in biological analysis.



**Fig. 6** Absorption spectra of gold nanoparticles [31]. AuNPs have average width of 50nm [30] which is quite consistent for its entry inside into any type of cell including the cancerous tissue. It is an eminent detail

that slighter nanoparticles can achieve better surrounded by many implementation as compared with the larger one. Because cancerous cells are easily divide, there are much probability of passing higher number of gold nanoparticles in them as compared with usual tissues and also has aptitude to with no trouble get detached from the body by any process of secretion.

AuNPs hurdle with numerous trastuzumab antibodies also subjugated to specifically target the human epidermal growth factor receptor (HER)-2 in human SK-BR-3 breast cancer cells. The gold-HER particle with the HER-2 receptor initiate to be internalized by the cell and resulted into two-fold increase in trastuzumab cytotoxicity [32]. Radiotherapy is the effective for this.

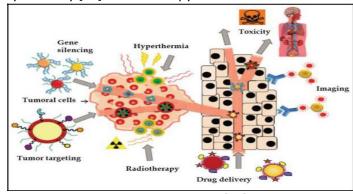


Fig. 7 Nanoparticles delivery system [33].

Nanoparticles are one of effective is on not only the human diseases but also on plant disease. Many nanoparticles are used in diagnosis and treatment of disease in plants. Silicon is commonly known to resistance against disease. For this nano sized silica silver is one of effective as it retards the fungal growth. In recent studies, there is formation of nano pesticides spray which is in the form of Alumino-Silicate nanotubes, which spray on some plants and it picks up insects etc. Nanoparticles are used in packing of much food it avoid the anti microbial agents and saves the life [34]. The fascinating and vital properties of Ag nanoparticles amongst the other metallic nanoparticles like gold, tin, palladium etc have wide range of applications like anti bacterial, anti cancer, antiviral etc [35].

As, we know that nanoparticles are used in formation of nanomedicine. Nanoparticles can be formed from the elements which they have large surface area. They include polymers, carbon, silicates and lipids. Nanoparticles labeled with radio chemically active compounds. These nanoparticles have great importance

in medicine field. These nanoparticles used in circulation of blood. Micelles have water repelling inner side and outer covering made from water loving. They are mostly used in drug delivery system [36].

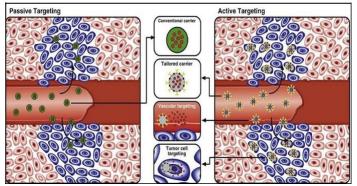
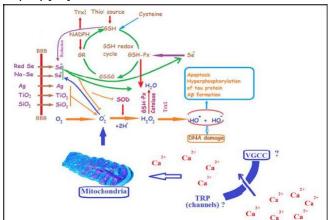


Fig. 8 Active targeting vs. passive targeting [37].

Nanoparticles are used in Alzheimer's disease (AD) treatment. For this purpose, many nanoparticles are used includes, zinc and silver oxide, titanium oxide and silica dioxide. Many works have done on bioactive compounds like flavonoids and selenium with oxidant nanoparticles used in treatment of Alzheimer's disease. Nanoparticles affect on brain by increase the amount of production of reactive oxygen species by decrease in production of amyloid  $\beta$  (A $\beta$ ). This disease is caused due to accumulation of amyloid  $\beta$  (A $\beta$ ) in the brain. So, selenium rich nanoparticles are more effective in cure of (AD) [38].



**Figure 8;** nanoparticles effect in the formation of amyloid  $\beta$  (A $\beta$ ) in Alzheimer's patient [38].

Viral nanoparticles (VNPs) are one class of the nanoparticles which are used in disease diagnosis and treatment. VLPs are more suitable for production in heterologous expression systems. VLPs can produce directly by alkaline hydrolysis of nucleic acid. Many of

these nanoparticles are used in targeting and imaging [39].

Kidney disease is one of the serious diseases. It is common chronic disease. Magnetic resonance imaging (MRI) is the technique used for this treatment and investigation. This technique provides information about function and structure of kidney. MRI is using nanoparticles in addition to it [40]. Oral cancer is the sixth common disease present in the world. There are 5% chances to cure about this disease. So, needs to be early detection about this disease. There are many techniques which are used in the detection of disease. Most commonly used techniques are MRI, Raman spectroscopy and PET. But these methods not gave early detection about disease. When antibody bonding gold nanorods is employed in Raman spectroscopy, it will give sharper and better result [41].

Atherosclerosis is a disease. It is cardiovascular disease. Nanoparticles have role in diagnosis and treatment of atherosclerosis. The α<sub>ν</sub>β<sub>3</sub>-targeted antiangiogenic perfluorocarbon nanoparticles have role in diagnosis and treatment of this disease. These are most effective nanoparticle [42]. Nanoparticles are used in different gastrointestinal diseases. Many nanoparticles devices like quantum dots, nanowires, dendrimers and Cantilevers are very effective. Cantilevers are most preferable because of its high sensitivity associated with it. It can withstand high temperature and stability. For this, introduced antibody is coated with cantilevers. It easily reached the disease part of the body and provides information about the disease part of body. It is connected with any communication system to provide real time for disease diagnosis.



**Figure 9; 1-**test in home **2-**using chip in lab **3-**cantilever technologies **4-**result from cantilever sends to physician **5-**by checking the result, it can be easy for treatment of disease and delivery of drugs [43].

Multiple sclerosis (MS) is a disease in which body's immune cells start attack on the on central nervous system and result in conditions like destroying myelinated axons and demyelization. There are different conditions for (MS); in Relapsing-remitting MS case 85% affect the patient, in Progressive-relapsing MS only 5% affect on patient. Nanotechnology is used for diagnostic purpose is a biocompatible. These NPs easily interact with the D.N.A, proteins and other organelles. Extracellular scaffolds used in this, caused the easily attachment and repair of the nerve cells.

**Table 1;** Nanoparticles applications in disease diagnosis and treatment [44].

area and nanoparticle composition  Therapeutics  Quantum dot complexed with expression brain  MMP-9-Si RNA, MMP-1- loaded  PLGA micro vaso endothelial cells, leuko inhibition  pMHC-coated iron oxide nanoparticles  pMHC-coated iron oxide nanoparticles  pandotticles  pMHC-coated inhibition  pMHC-coated iron oxide nanoparticles  pandotticles  pandotticles  pandotticles  pandotticles	
Therapeutics  Quantum dot Reduced MM expression brain  MMP-9-Si RNA, MMP-1- loaded  PLGA micro vaso endothelial cells, leuko inhibition  pMHC-coated iron oxide nanoparticles inflammation	
Quantum dot complexed with expression MMP-9-Si RNA, brain brain  PLGA micro vaso endothelial cells, leuko inhibition  pMHC-coated inhibition iron oxide nanoparticles inflammation	
complexed with MMP-9-Si RNA, brain brain  PLGA micro vaso endothelial cells, leuko inhibition  pMHC-coated iron oxide nanoparticles inflammation	50
MMP-9-Si RNA, brain  MMP-1- loaded  PLGA micro vaso endothelial cells, leuko inhibition  pMHC-coated Inhibition iron oxide nanoparticles inflammation	
MMP-1- loaded  PLGA micro vaso endothelial cells, leuko inhibition  pMHC-coated Inhibition iron oxide nanoparticles inflammation	in
PLGA micro vaso endothelial cells, leuko inhibition  pMHC-coated Inhibition iron oxide nanoparticles inflammation	
nanoparticles endothelial cells, leuko inhibition  pMHC-coated Inhibition iron oxide nanoparticles inflammation	
pMHC-coated Inhibition iron oxide nanoparticles inflammation	ular
pMHC-coated Inhibition iron oxide MMP-9 nanoparticles inflammation	
pMHC-coated Inhibition iron oxide MMP-9 nanoparticles inflammation	cyte
iron oxide MMP-9 nanoparticles inflammation	
nanoparticles inflammation	of
· · · · · · · · · · · · · · · · · · ·	and
ITE and MOC Danduitie	
	cell-
loaded gold NPs induced	-reg
cell	
differentiation	1
Mannosylated Nullified	MBP
liposomes antibodies	
carrying MBP showing	EAE
fragments abrogation	
Epigallocatechin Strong	
gallate- and a- antioxidant	
lipoic acidloaded activity	
gold NPs	
CeO NPs Strong	
antioxidant	
activity	
Fullerene (C60) Strong	
suspension antioxidant	
activity	

	Nano-	Hypothesized
	encapsulated H.	for future MS
	pylori	therapy
	Trimethyl	Sustained drug
	chitosan-loaded	release
	IFN-b	
	microparticles	
	Fullerenol	Strong
	(polyhydroxylated	neuroprotection
	C60)	antagonizing
		glutamate
		receptors
		suppress neuro
		inflammation
		and increase
		motor function
		in the cerebral
		palsy
Diagnosis	MBP-coated TiO2	Enhanced
	nanocomposites	detection
	films	sensitivity of
		Carbon
	Nanotubes	Determination
		of epithelial cell
		chirality

#### Conclusion

Nanoparticles due to their small size have more surfaces to volume ratio. The surface provides larger area for chemical reaction. Nanoparticles made drug delivery easy in a specific way. Nanoparticles have been used in many equipment and methods, made them very effectives. Though they are not very cheap but they increase the sensitivity. Due to SPR and fabrication properties of Ag nanoparticles, these are used in optoelectronic, bioengineering, medicine nanotechnology and other advanced fields. Recently, Ag nanoparticles have been used as antibacterial and antifungal agent. Through this, early findings of the disease like cancer are very important. They are very effective in kidney and gastrointestinal diseases. The proteins and other molecules get attach with nanomaterials and permit to find the initial stages of the disease. There are many systems have been developed to detect disease under the nanomaterial. About them, one is nano sphere inc. that uses AuNPs. These nanospheres have proved in the clinical studies that it

has verigene system that involves detecting four special

kinds of nucleic acids. Another system being developed known as T2 biosynthesis. This method is more specific and it uses magnetic nanoparticles to recognize the sample including nucleic acids, proteins etc. Gold nanoparticles and carbon nanotubes are widely used as biosensor that detects proteins responsible for oral diseases. A number of tests have been performed by researchers, an accurate detection of oral cancer diseases that provides results within an hour. Viruses and other microscopic components from blood samples are separated by using Ag nanorods. This can be monitored by Raman spectroscopic signals. This method serving detection and identification of bacteria and viruses and allowing results less than an hour. At the end, nanoparticles are very beneficial

# **REFERENCES**

- 1. Laurent, S., et al., Magnetic iron oxide nanoparticles: synthesis, stabilization, vectorization, physicochemical characterizations, and biological applications. Chemical reviews, 2008. **108**(6): p. 2064-2110.
  - 2. Dreaden, E.C., et al., *The golden age: gold nanoparticles for biomedicine*. Chemical Society Reviews, 2012. **41**(7): p. 2740-2779.
- 3. Shin, W.-K., et al., Cross-linked composite gel polymer electrolyte using mesoporous methacrylate-functionalized SiO 2 nanoparticles for lithium-ion polymer batteries. Scientific reports, 2016. **6**: p. 26332.
- 4. Driskell, J.D., et al., *Infectious agent detection with SERS-active silver nanorod arrays prepared by oblique angle deposition.* IEEE Sensors Journal, 2008. **8**(6): p. 863-870.
- 5. Salame, P.H., V.B. Pawade, and B.A. Bhanvase, *Characterization Tools and Techniques for Nanomaterials*, in *Nanomaterials for Green Energy*. 2018, Elsevier. p. 83-111.
- 6. Chirayil, C.J., et al., *Instrumental techniques for the characterization of nanoparticles*, in *Thermal and Rheological Measurement Techniques for Nanomaterials Characterization*. 2017, Elsevier. p. 1-36.
- 7. Saeed, K. and I. Khan, *Preparation and characterization of single-walled carbon nanotube/nylon* 6, 6 nanocomposites. Instrumentation Science & Technology, 2016. **44**(4): p. 435-444.
- 8. Khlebtsov, N.G. and L.A. Dykman, *Optical properties and biomedical applications of plasmonic nanoparticles*. Journal of Quantitative Spectroscopy and Radiative Transfer, 2010. **111**(1): p. 1-35.
- 9. Khan, I., et al., Sonochemical assisted hydrothermal synthesis of pseudo-flower shaped Bismuth vanadate (BiVO4) and their solar-driven water splitting application. Ultrasonics sonochemistry, 2017. **36**: p. 386-392.
- 10. Iravani, S., *Green synthesis of metal nanoparticles using plants*. Green Chemistry, 2011. **13**(10): p. 2638-2650.

- 11. Khan, I., K. Saeed, and I. Khan, *Nanoparticles: Properties, applications and toxicities*. Arabian Journal of Chemistry, 2017.
- 12. Bangham, A., M.M. Standish, and J.C. Watkins, *Diffusion of univalent ions across the lamellae of swollen phospholipids*. Journal of molecular biology, 1965. **13**(1): p. 238-IN27.
- 13. Sanvicens, N. and M.P. Marco, *Multifunctional nanoparticles–properties and prospects for their use in human medicine*. Trends in biotechnology, 2008. **26**(8): p. 425-433.
- 14. Cuenca, A.G., et al., *Emerging implications of nanotechnology on cancer diagnostics and therapeutics*. Cancer, 2006. **107**(3): p. 459-466.
- 15. Ringsdorf, H. Structure and properties of pharmacologically active polymers. in Journal of Polymer Science: Polymer Symposia. 1975. Wiley Online Library.
- 16. Nasimi, P. and M. Haidari, *Medical use of nanoparticles: Drug delivery and diagnosis diseases*. International Journal of Green Nanotechnology, 2013. 1: p. 1943089213506978.
- 17. Leroux, J.-C., et al., *Biodegradable nanoparticles—from sustained release formulations to improved site specific drug delivery*. Journal of Controlled Release, 1996. **39**(2-3): p. 339-350.
- 18. Kircher, M.F., et al., A multimodal nanoparticle for preoperative magnetic resonance imaging and intraoperative optical brain tumor delineation. Cancer research, 2003. **63**(23): p. 8122-8125.
  - 19. Klippstein, R. and D. Pozo, *Nanotechnology-based manipulation of dendritic cells for enhanced Immunotherapy strategies*. Nanomedicine: Nanotechnology, Biology and Medicine, 2010. **6**(4): p. 523-529.
- 20. Baghaban-Eslaminejad, M., et al., *The role of nanomedicine, nanotechnology, and nanostructures on oral bone healing, modeling, and remodeling*, in *Nanostructures for Oral Medicine*. 2017, Elsevier. p. 777-832.
- 21. Ikoba, U., et al., *Nanocarriers in therapy of infectious and inflammatory diseases*. Nanoscale, 2015. **7**(10): p. 4291-4305.
- 22. Rai, M., et al., *Strategic role of selected noble metal nanoparticles in medicine*. Critical reviews in microbiology, 2016. **42**(5): p. 696-719.

- 23. Chun, Y.W., et al., *Therapeutic application of nanotechnology in cardiovascular and pulmonary regeneration*. Computational and structural biotechnology journal, 2013. **7**(8): p. e201304005.
- 24. Ambesh, P., et al., *Nanomedicine in coronary artery disease*. Indian heart journal, 2017. **69**(2): p. 244-251.
- 25. Riegler, J., et al., Superparamagnetic iron oxide nanoparticle targeting of MSCs in vascular injury. Biomaterials, 2013. **34**(8): p. 1987-1994.
- 26. Kong, F.-Y., et al., *Unique roles of gold nanoparticles in drug delivery, targeting and imaging applications*. Molecules, 2017. **22**(9): p. 1445.
- 28. Kim, E.-Y., et al., *Gold nanoparticle-mediated gene delivery induces widespread changes in the expression of innate immunity genes.* Gene therapy, 2012. **19**(3): p. 347.Sarfraz, S., Javed, A., Mughal, S. S., Bashir, M., Rehman, A., Parveen, S., ... & Khan, M. K. (2020). Copper Oxide Nanoparticles: Reactive Oxygen Species Generation and Biomedical Applications. *Int. J. Comput. Theor. Chem*, 8, 40-46.
- 29. Rafique, S., Hassan, S. M., Mughal, S. S., Hassan, S. K., Shabbir, N., Perveiz, S., ... & Farman, M. (2020). Biological attributes of lemon: a review. *Journal of Addiction Medicine and Therapeutic Science*, *6*(1), 030-034.
- 30. Hanif, M. A., Hassan, S. M., Mughal, S. S., Rehman, A., Hassan, S. K., Ibrahim, A., & Hassan, H. (2021). An overview on ajwain (Trachyspermum Ammi) pharmacological effects: current and conventional. *Technology*, *5*(1), 1-6.
- 31. Khalid, Z., Hassan, S. M., Mughal, S. S., Hassan, S. K., & Hassan, H. (2021). Phenolic Profile and Biological Properties of Momordica charantia'. *Chemical and Biomolecular Engineering*, 6(1), 17.
- 32. Hassan, S. M., Mughal, S. S., Hassan, S. K., Ibrahim, A., Hassan, H., Shabbir, N., ... & Shafiq, S. (2020). Cellular interactions, metabolism, assessment and control of aflatoxins: an update. *Comput Biol Bioinform*, 8, 62-71.
- 33. Khattak, A. K., Syeda, M. H., & Shahzad, S. M. (2020). General overview of phytochemistry and pharmacological potential of Rheum palmatum (Chinese rhubarb). *Innovare Journal of Ayurvedic Sciences*, 8(6), 1-5.
- 34. Latif, M. J., Hassan, S. M., Mughal, S. S., Aslam, A., Munir, M., Shabbir, N., ... & Perveiz, S. (2020). Therapeutic potential of Azadirachta indica (neem) and their active phytoconstituents against diseases prevention. *J. Chem Cheml Sci.*, 10(3), 98-110.

- 35. Khalid, Z., Hassan, S., Shahzad, S., & Khurram, H. (2021). A review on biological attributes of Momordica charantia. *Adv Biosci Bioeng*, *9*(1), 8-12.
- 36. Hafeez, M., Hassan, S. M., Mughal, S. S., Munir, M., & Khan, M. K. (2020). Antioxidant, Antimicrobial and Cytotoxic Potential of Abelmoschus esculentus. *Chemical and Biomolecular Engineering*, 5(4), 69.
- 37. Afzal, N., Hassan, S. M., Mughal, S. S., Pando, A., & Rafiq, A. (2022). Control of Aflatoxins in Poultry Feed by Using Yeast. *American Journal of Chemical and Biochemical Engineering*, *6*(1), 21-26.
- 38. Shabbir, N., Hassan, S. M., Mughal, S. S., Pando, A., & Rafiq, A. (2022). Eletteria cardamomum and Greenly Synthesized MgO NPs: A Detailed Review of Their Properties and Applications. *Engineering Science*, 7(1), 15-22.
- 39. Mubeen, N., Hassan, S. M., & Mughal, S. S. (2020). A Biological Approach to Control Aflatoxins by Moringa Oleifera. *International Journal of Bioorganic Chemistry*, *5*(2), 21.
- 40. Mubeen, N., Hassan, S. M., Mughal, S. S., Hassan, S. K., Ibrahim, A., Hassan, H., & Mushtaq, M. (2020). Vitality and Implication of Natural Products from Moringa oleifera: An Eco-Friendly Approach. *Computational Biology and Bioinformatics*, 8(2), 72.
- 41. Aslam, A., Hassan, S. M., Mughal, S. S., Hassan, S. K., Ibrahim, A., Hassan, H., ... & Shafiq, S. (2020). Comprehensive Review of Structural Components of Salvia hispanica & Its Biological Applications. *International Journal of Biochemistry, Biophysics & Molecular Biology*, 5(1), 1.
- 42. Mughal, S. S., & Hassan, S. M. (2022). Comparative Study of AgO Nanoparticles Synthesize Via Biological, Chemical and Physical Methods: A Review. *American Journal of Materials Synthesis and Processing*, 7(2), 15-28.
- 43. Rafique, S., Hassan, S. M., Mughal, S. S., & Afzal, N. (2020). Asma Shafi 2, Sehrish Kamran 3 Department of Chemistry, Lahore Garrison University, Lahore, Punjab, Pakistan 2 Department of polymer, Punjab University Lahore, Pakistan 3 Department of Allied sciences, FMH College of medicine and dentistry. *GSJ*, 8(9).
- 44. Abbas, F., Tahir, M. U., Farman, M., Mumtaz, M., Aslam, M. R., Mughal, S. S., ... & Khan, A. R. Synthesis and Characterization of Silver Nanoparticles Against Two Stored Commodity Insect Pests.
- 45. Aslam, A., Hassan, S. M., Mughal, S. S., Perveiz, S., Mushtaq, M., Munir, M., ... & Ayub, A. R. Investigation of Biological Activity of Salvia hispanica.

- 46. Tahir, M. U., Abbas, F., Tahira, M., Shahzad, H. M., Sharif, S., Raza, A., ... & Ziad, M. SYNTHESIS OF MANGANESE-TIN BIMETALLIC MATERIALS AND STUDY OF ITS CATALYTIC APPLICATIONS.
- 47. ul Mustafa, Z., ullah Khan, A., Mudasar, A. S., & Mughal, S. S. Edge Functionalization of Phosphorene with different Chemical Functional Groups.
- 48. Muneer, M., Mughal, S. S., Pervez, S., Mushtaq, M., Shabbir, N., Aslam, A., ... & Abbas, F. DIAGNOSIS AND TREATMENT OF DISEASES BY USING METALLIC NANOPARTICLES-A REVIEW.
- 49. Mughal, S., Abbas, F., Tahir, M., Ayub, A., Javed, H., Mamtaz, M., & Iram, H. (2019). Role of Silver Nanoparticles in Colorimetric Detection of Biomolecules. doi:10.7537/marsbnj050419.04
- 50. Perveiz, S., Hassan, S. M., Mughal, S. S., Pando, A., Rafiq, A., & Shabbir, N. Structural, Morphological and Biotoxicity Studies of Biosynthesized CaO Nanoparticles Via Cuminum Cyminum.
- 51. SHABBIR, N., HASSAN, S. M., MUGHAL, S. S., PERVEIZ, S., MUNIR, M., MUSHTAQ, M., & KHAN, M. K. Peppermint oil, its useful, and adverse effects on human health: a review.
- 52. Perveiz, S., Hassan, S. M., Mughal, S. S., Ullah, H., Shabbir, N., Munir, M., ... & Farman, M. A Review on Heavy metal contamination in water and the Strategies for the Reduction of Pollution Load of Commercial and Industrial Areas of Pakistan.
- 53. Hafeez, M., Hassan, S. M., Mughal, S. S., & Mushtaq, M. Evaluation of Biological Characteristics of Abelmoschus esculentus.
- 54. Hassan, S. M., Mubeen, N., Hassan, S. K., Ibrahim, A., Hassan, H., Mughal, S. S., & Haider, G. MORINGA Oleifera, A MULTIFUNCTIONAL PLANT: A REVIEW STUDY.
- 55. Mushtaq, M., S.M. Hassan, and S.S. Mughal, Synthesis, Characterization and Biological Approach of Nano Oxides of Calcium by Piper nigrum. American Journal of Chemical Engineering, 2022. 10(4): p. 79-88.
- 56. Khushi, A., Hassan, S. M., & Mughal, S. S. Antimicrobial and Structural Investigation of Green Synthesized ZnO Nanostructures from Bougainvillea glabra Leaves Extract.
- 57. Khan, Aysha, Syeda Mona Hassan, and Shahzad Sharif Mughal. "Biological Evaluation of a Herbal Plant: Cichrorium intybus." *Science and Technology* 6.2 (2022): 26-38.
- 58. Muneeza Munir, Syeda Mona Hassan, Shahzad Sharif Mughal, Alvina Rafiq, Evaluation of Biological Approaches of Green Synthesized MgO Nanoparticles by *Syzygium aromaticum*, *International Journal of Atmospheric and Oceanic Sciences*. Volume 6, Issue 2, December 2022, pp. 44-53. doi: 10.11648/j.ijaos.20220602.12
- 59. Lashari, Aamna, Syeda Mona Hassan, and Shahzad Sharif Mughal. "Biosynthesis, Characterization and Biological Applications of BaO Nanoparticles using Linum usitatissimum." *American Journal of Applied Scientific Research* 8.3 (2022): 58-68.
- 60. Mughal, S., Abbas, F., Tahir, M., Ayub, A., Javed, H., Mamtaz, M., & Iram, H. (2019). Role of Silver Nanoparticles in Colorimetric Detection of Biomolecules. doi:10.7537/marsbnj050419.04