# Compound heterozygosity of a de novo submicroscopic deletion and an inherited frameshift pathogenic variant in the PKHD1 gene in a fetus with bilaterally enlarged and echogenic kidneys, enlarged abdomen and oligohydramnios

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## Abstract

We present a fetus with bilaterally enlarged and echogenic kidneys. Prenatal testing detected compound heterozygosity for a 0.676 Mb de novo deletion and an inherited pathogenic variant in *PKHD1*. This is the first case of autosomal recessive polycystic kidney disease (ARPKD) with a prenatally detected disease-causing *PKHD1* deletion.

Compound heterozygosity of a de novo submicroscopic deletion and an inherited frameshift pathogenic variant in the PKHD1 gene in a fetus with bilaterally enlarged and echogenic kidneys, enlarged abdomen and oligohydramnios

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Running title: Prenatal detection of a submicroscopic deletion associated with ARPKD

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## Abstract

We present a fetus with bilaterally enlarged and echogenic kidneys. Prenatal testing detected compound heterozygosity for a 0.676 Mb*de novo* deletion and an inherited pathogenic variant in PKHD1. This is the first case of autosomal recessive polycystic kidney disease (ARPKD) with a prenatally detected disease-causing PKHD1 deletion.

# 1 INTRODUCTION

The Polycystic Kidney and Hepatic Disease 1 (*PKHD1*) gene is mainly expressed in the kidney and is known as a relatively large  $\sim 500$  Kb gene with 67 exons encoding a 4074 amino acid protein called fibrocystin or polyductin<sup>1</sup>. Loss-of-function of *PKHD1* causes autosomal recessive polycystic kidney disease (ARPKD, MIM:263200), which is characterized by bilaterally enlarged, diffusely echogenic kidneys<sup>2</sup>. ARPKD belongs to a group of congenital hepatorenal fibrocystic syndromes and is a cause of significant renal and liver-related morbidity and mortality in children. The proposed incidence of ARPKD is 1:20,000 and the majority of cases are identified late during pregnancy or in the neonatal period <sup>3</sup>.

In the context of prenatal cases, ultrasonography (US) may demonstrate bilaterally echogenic, enlarged kidneys, oligohydramnios or anhydramnios, or an empty urinary bladder in severe cases of ARPKD. If severely affected, they have pulmonary hypoplasia and high mortality due to pulmonary insufficiency, or multiple intrauterine compression anomalies of lethal Potter sequence. To confirm a suspected diagnosis of ARPKD after US evaluation, molecular genetic testing including single gene testing, a multigene panel or more comprehensive genomic testing such as chromosomal microarray analysis (CMA), Next Generation Sequencing (NGS) panel, exome and whole genome sequencing (WES and WGS) are considered to look for pathogenic variants of *PKHD1* or other genes. ARPKD causative variants have been identified along the entire length of the *PKHD1* gene, and multiple variant types have been described as pathogenic <sup>4</sup>. To date, > 2500 pathogenic variants have been identified in PKHD1 and recorded in ClinVar <sup>5</sup>. While most reported pathogenic variants are single nucleotide variants (SNV), exonic deletions/duplications of the *PKHD1* gene are also registered. However, to our best knowledge, there is no report of a prenatally detected causative deletion of the *PKHD1* gene.

We report here compound heterozygosity in the PKHD1 gene for a *de novo* deletion and an inherited frameshift variant in a fetus.

## 2 | CLINICAL REPORT

The fetus was at a gestational age of 20 weeks and 1 day with abnormal ultrasound findings of bilaterally enlarged and echogenic kidneys, enlarged abdomen and oligohydramnios. Both parents are asymptomatic and of North European descent. The couple had unexplained infertility, and the pregnancy was achieved via *in vitro* fertilization (IVF). The mother was a known ARPKD carrier with a heterozygous c.10452dupT (p.Leu3485Serfs\*18) pathogenic variant in the *PKHD1* gene detected by expanded carrier screening (GeneAware<sup>TM</sup>). A frameshift was predicted 18 amino acids downstream. This variant was previously reported as pathogenic in a 3-week-old infant who died from ARPKD <sup>6</sup>. The father also underwent expanded carrier screening utilizing the same panel and was screen negative for all conditions analyzed.

First trimester screen and maternal serum alpha-fetoprotein (MSAFP) were negative. The fetal anatomy scan was completed using ultrasound (Voluson E8, GE healthcare systems, Inc, Chicago, IL, USA). A ventricular septal defect (VSD) was noted with no other obvious intracardiac abnormalities. Both the right and left kidneys were markedly enlarged and slightly echogenic (Supplemental Figure 1), and the abdominal circumference was also enlarged (>95<sup>th</sup> percentile). The amniotic fluid volume was subjectively reduced. The remainder of the anatomy scan was normal, though images of the spine were suboptimal and the nose/lip were not visible.

#### 3 | Molecular Report

Placental biopsy was performed followed by clinical prenatal CMA on the retrieved sample using a customized array (OLIGO V8.3) that has exon-by-exon coverage of over 1700 disease genes or candidate disease gene<sup>7</sup>. CMA revealed four copy number losses, consistent with heterozygous deletions, at 4q12, 6p12.3, 6p12.3p12.2 and 22q11.21 (Supplemental figure 2a). The sizes and location as well as the affected genes of these losses are illustrated in Supplemental figure 2b. The 6p12.3p12.2 deletion is  $^{\circ}0.676$  Mb in size and encompasses exon 1 through 52 of the *PKHD1* gene (Figure 1a). Parental CMA did not detect this deletion. The identification of a heterozygous deletion involving the *PKHD1* gene and the ultrasound finding of bilateral enlarged and echogenic kidneys suggested that the fetus may have polycystic kidney disease caused by *PKHD1* pathogenic variants. The mother was known to carry a heterozygous c.10452dupT (p.L3485Sfs\*18) pathogenic variant in the *PKHD1* gene. Thus, targeted Sanger sequencing was performed, which confirmed that the fetus was heterozygous for this familial variant (Figure 1b). The maternally inherited SNV is located in exon 61, which is outside the *de novo* deletion of exons 1-52 (Figure 1c). As illustrated in Figure 1d, the fetus had a *de novo* deletion and the familial variant. The *PKHD1* deletion in this case was previously described among a large series of disease-causing copy number variants (CNVs) associated with autosomal recessive genetic conditions<sup>8</sup>.

SNP array was then performed to determine the configuration of the two PKHD1 variants in the fetus. The genotypes of SNPs in the region of copy number loss in chromosome 6 involving PKHD1 were examined. Two informative SNPs were identified, for which the mother showed a genotype of 'AA' and the father showed a genotype of 'BB' while the fetus showed 0% for B-allele frequency, consistent with a genotype of 'A' for the non-deleted allele (Figure 1e). This result indicated that the non-deleted copy of PKHD1 was inherited from the mother, while the other copy of chromosome 6 with a deletion was paternal in origin. Therefore, the *de novo* deletion was on the parentally inherited allele while the frameshift variant was on the maternally inherited allele (*in trans* configuration).

The deletion in 22q11.21 is ~0.692 Mb in the central 22q11.2 region between low copy repeats LCR22B and LCR22D, encompassing the distal portion of the common ~3 Mb DiGeorge/Velocardiofacial syndrome (DGS/VCFS) deletion (Figure 2a). It does not involve the minimal critical region associated with DGS/VCFS that includes TBX1 and thus is not expected to lead to the classic DGS/VCFS phenotype. This atypical deletion of 22q11.21 has been reported in patients with a variable phenotype that is mildly suggestive of DGS/VCFS as well as in an asymptomatic parent <sup>9</sup>. CMA detected a paternal duplication

at 22q11.21, involving the same region that was deleted in the fetus. Atypical nested 22q11.2 duplications are a possible risk factor for neurodevelopmental phenotypes, particularly for autism spectrum disorder, speech and language delay, and behavioral abnormalities. Incomplete penetrance and highly variable clinical expressivity have been documented<sup>10</sup>. The ~1.180 Mb deletion at 4q12 and ~0.257 Mb deletion at 6p12.3 contain no RefSeq genes and therefore were interpreted as likely benign variants (Supplemental figure 2c and figure 1a). Parental CMA did not detect these two losses in either parent indicating that these changes are *de novo* events.

SNP array genotyping data indicated that the allele with the 22q11.21 deletion was paternal in origin. For three SNPs in this region with 'BB' genotype in the mother, 'AA' genotype in the father, the fetus showed 100% for B allele frequency, indicating that the non-deleted copy of chromosome 22 was inherited from the mother and the copy with a deletion was from the father. Another three SNPs had 'AB' genotype in the mother, 'BB' genotype in the father and 0% for B allele frequency in the fetus, further indicating that the deleted copy of chromosome 22 is paternal in origin (Figure 2b).

# 4 Discussion

CNVs can cause not only autosomal dominant and X-linked disorders, but also autosomal recessive conditions. While CNVs causing recessive disorders have been reported in postnatal cases, such CNVs are rarely detected and reported prenatally. We report here a prenatal case with kidney disease caused by a compound heterozygous partial gene deletion and a familial SNV, which exemplifies the importance of considering CNVs in prenatal diagnosis for autosomal recessive disorders in fetuses.

Autosomal recessive (AR) disorders, such as ARPKD, are caused by defects of both alleles of a gene located on an autosome. Individuals with an AR disorder often inherit disease-causing variants from asymptomatic carrier parents. AR disorders are caused by reduced or complete loss of function of the gene product, which are mainly attributed to single nucleotide variants (SNVs) and small insertions/deletions (indels). The other genetic changes include CNVs and rarely copy neutral events such as balanced chromosome translocations/inversions and uniparental disomy (UPD)<sup>8,11,12</sup>. Recognition of the role of CNVs in AR disorders has improved with more and more CNVs being identified in genes associated with a wide spectrum of AR disorders. For example, different sized submicroscopic deletions of VPS13B have been reported in patients with Cohen syndrome (OMIM: 216550)<sup>13</sup>. Genome-wide detection of small intragenic heterozygous CNVs still largely relies on CMA having increased coverage in disease genes<sup>8</sup>. CMA has been widely used for prenatal genetic testing; however, AR disease-causing CNVs have been rarely reported in prenatal cases. One contributing factor is that microarrays used for clinical prenatal testing often can detect large microdeletions/duplications, but do not have sufficient probes for detection of smaller changes in AR disease genes. The microarray used in this case has an enhanced coverage for a subset of AR disease genes, including *PKHD1*. The capability of detecting AR disease-causing CNVs would be greatly enhanced if a microarray has an enhanced coverage for all the AR disorder genes. In addition to CMA, WGS has been used for detection of both SNVs and CNVs on a single platform<sup>14</sup>, and therefore future use of WGS for prenatal diagnosis may greatly facilitate prenatal detection of CNVs.

CNVs contribute to biallelic variations that cause AR disorders either combined with an SNV/indel on the other allele, or with a CNV on the other allele. Carriers of high-penetrant autosomal recessive alleles have an one in four risk of an affected fetus if the partner is also a carrier of a pathogenic allele in the same gene  $^{15}$ . In this case, the mother was an ARPKD carrier and the father was negative for a pathogenic variant in *PKHD1*. When a heterozygous *de novo* deletion *PKHD1* was detected in the fetus, Sanger sequencing for the familial variant in *PKHD1* was initiated, which led to the quick finding of the inherited variant in the fetus. Therefore, the carrier screening results efficiently guided the subsequent prenatal testing that led to identification of the causative gene. This case also showed that carrier screening not only facilitates identifying high risk pregnancies and targeted prenatal genetic testing, but it may also lead to a faster diagnosis and prevent unnecessary additional testing.

The fetus did not inherit the recurrent 22q11.21 microduplication from the father; instead, the fetus had a de

*novo* microdeletion of this region on the paternally inherited chromosome 22. A previous study revealed that offspring of individuals with the Charcot-Marie-Tooth disease type 1A duplication may have a triplication of the same region that is generated through recombination between sister chromatids on the duplication bearing chromosome  $^{16}$ . It is unknown whether the occurrence of 22q11.21 microdeletion in the fetus is an event associated with the father's duplication or the deletion in the fetus and the duplication in the father happened at the same region by coincidence. Further studies are needed to determine whether a microduplication flanked by low copy repeats may increase the risk of a microdeletion in offspring.

In summary, we present the first ARPKD case with compound heterozygosity of a prenatally detected de novo deletion and an inherited frameshift pathogenic variant in *PKHD1*. Our studies indicate that prenatal deletion/duplication analysis may contribute to the diagnosis of autosomal recessive disorders in addition to microdeletion/duplication syndromes.

# AUTHOR CONTRIBUTIONS

Takuya Sakyu: Data analysis and summary, writing- original draft, review & editing.

Samantha R Stover: Genetic counseling of the family and writing – review & editing.

Patricia Ward: Genetic counseling and writing – review & editing.

Yue Wang: Data curation, writing – review & editing.

Manisha Gandhi: providing clinical data and writing – review & editing.

Michael C Braun: Providing clinical data and writing – review & editing

Ignatia B Van den Veyver: Writing – review & editing

Weimin Bi: Conceptualization, data curation, data analysis, Writing – review & editing.

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## DATA AVAILABILITY STATEMENT

All the data are provided within this manuscript.

#### CONSENT

The authors have obtained written informed consent from the patient for this publication.

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Figure 2



D ''											
r Position		B Allele	Log R		B Allele	Log R		B Allele	Log R		
	Genotype	Freq	Ratio	Genotype	Freq	Ratio	Genotype	Freq	Ratio		
2 21147293	AB	0.4783	0.0857	BB	1	0.1359	AA	0.02109	-0.3057		
2 21460220	AB	0.5506	0.1134	BB	1	0.244	AA	0.01999	-0.4213		
2 21431054	AB	0.496	-0.035	BB	0.9872	0.0816	AA	0.05092	-0.4794		
2 21009596	BB	1	0.0542	AA	0	0.324	BB	0.9818	-0.5012		
2 21427379	BB	1	-0.023	AA	0	0.2303	BB	0.98026	-0.3066		
	2 21147293 2 21460220 2 21431054 2 21009596 2 21427379	Construction   2 21147293 AB   2 21460220 AB   2 21431054 AB   2 21009596 BB   2 21427379 BB	Genotype Freq Freq   2 21147293 AB 0.4783   2 21460220 AB 0.5506   2 21431054 AB 0.496   2 2109596 BB 1   2 21427379 BB 1	B Allele Log R   Genotype Freq Ratio   2 21147293 AB 0.4783 0.0857   2 21460220 AB 0.5506 0.1134   2 21431054 AB 0.496 -0.035   2 21095596 BB 1 0.0542   2 21427379 BB 1 -0.023	Ballee Log R   Genotype Freq Ratio Genotype   2 21147293 AB 0.4783 0.0857 BB   2 21460220 AB 0.5506 0.1134 BB   2 21431054 AB 0.496 -0.035 BB   2 21009596 BB 1 0.0542 AA   2 21427379 BB 1 -0.023 AA	B Allele Genotype B Allele Freq B Allele Ratio B Allele Genotype B Allele Freq   2 21147293 AB 0.4783 0.0857 BB 1   2 21460220 AB 0.5506 0.1134 BB 1   2 21431054 AB 0.496 -0.035 BB 0.9872   2 21009596 BB 1 -0.023 AA 0	B Alleie Log R B Alleie Log R B Alleie Log R   Genotype Freq Ratio Genotype	Postelin B Allele Genotype B Allele Freq B Allele Ratio Log K   2 21147293 AB 0.4783 0.0857 BB 1 0.1359 AA   2 21460220 AB 0.5506 0.1134 BB 1 0.244 AA   2 21431054 AB 0.496 -0.035 BB 0.9872 0.0816 AA   2 21009596 BB 1 0.0542 AA 0 0.324 BB   2 21427379 BB 1 -0.023 AA 0 0.2303 BB	B Allete Genotype B Allete Freq B Allete Ratio Log R B Allete B Allete Log R A A 0.01099 A A 0.05102 A A 0.0512 A A 0.0523 B B 0.9818   2 21427379 B B 1 -0.023 A A 0 0.2303 B B		