

Intraoperative MRI for transsphenoidal resection of pituitary tumors: Community hospital experience

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Abstract

BACKGROUND: Intraoperative MRI (iMRI) is a definitive technology in neurosurgery that has been used effectively to maximize outcomes for transsphenoidal resection of pituitary tumors. IMRI has been seen to provide optimal visualization of surrounding vital neurovascular structures and has helped surgeons achieve gross total resection. The use of iMRI in the community hospital setting has not been documented in the current literature as of yet. **OBJECTIVE:** This study aims to provide insight into the experiences of iMRI use in a community hospital setting and add to the growing literature of iMRI use for transsphenoidal resection of pituitary tumors. **METHODS:** A retrospective review of 56 patients who underwent iMRI guided transsphenoidal pituitary tumor resection at Northwestern Medicine Central Dupage Hospital (from November 2011 to April 2018) was performed. **RESULTS:** Gross total resection was found in 67% (n=37) of patients who underwent iMRI. 33% (n=19) did not achieve gross total resection of their pituitary mass. IMRI was used exactly one time during the case in 96% (n=54) of patients. IMRI was used more than once during the case in 4% (n=2) of patients. Post operative tumor residual was found in 32% (n=6) of patients who had available post-operative MRI studies (n=19). **CONCLUSIONS:** Our study shows that iMRI can be useful in a community hospital setting to achieve gross total resection during transsphenoidal pituitary tumor resection. It also demonstrates the ability and need to utilize iMRI only one time during a case which lends itself to operative efficiency.

ABSTRACT

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OBJECTIVE: This study aims to provide insight into the experiences of iMRI use in a community hospital setting and add to the growing literature of iMRI use for transsphenoidal resection of pituitary tumors.

METHODS: A retrospective review of 56 patients who underwent iMRI guided transsphenoidal pituitary tumor resection at Northwestern Medicine Central Dupage Hospital (from November 2011 to April 2018) was performed.

RESULTS: Gross total resection was found in 67% (n=37) of patients who underwent iMRI. 33% (n=19) did not achieve gross total resection of their pituitary mass. IMRI was used exactly one time during the case in 96% (n=54) of patients. IMRI was used more than once during the case in 4% (n=2) of patients. Post operative tumor residual was found in 32% (n=6) of patients who had available post-operative MRI studies (n=19).

CONCLUSIONS: Our study shows that iMRI can be useful in a community hospital setting to achieve gross total resection during transsphenoidal pituitary tumor resection. It also demonstrates the ability and need to utilize iMRI only one time during a case which lends itself to operative efficiency.

LEVEL OF EVIDENCE: Level 5

KEY POINTS

1. Our study aims to provide insight into the experiences of iMRI use in a community hospital setting.
2. Gross total resection was found in the majority of patients in our study.
3. iMRI was used one time for the majority of cases in our study.
4. Postoperative tumor residual was found in a minority of cases in our study.
5. Our study adds to the current literature on iMRI use for pituitary tumor resection because there are minimal studies that look at its use in the community hospital setting.

MANUSCRIPT TEXT

INTRODUCTION:

Intraoperative MRI (iMRI) has emerged as a beneficial technology to help achieve maximum outcomes and limit additional surgeries during transsphenoidal resection of pituitary tumors. Its use has been documented by many groups and institutions around the world with positive outcomes related to gross total resection and extent of resection^{1,2}. iMRI provides high quality images and increases the rate of optimal resection while reducing complications³. iMRI has the ability to target residual tumor during the operation and provide an opportunity for the surgical team to target additional resectable lesion, thereby optimizing surgical goals. This minimizes the need for potential future operations and maximizes operative resources for better quality of overall care. iMRI is helpful and can be incorporated effectively into the standard neurosurgical operating room set up and arrangement for transsphenoidal pituitary tumor resection⁴.

Previous authors have documented the benefit of iMRI to provide an expanded view of the surgical field, increased rates of gross total resection, extent of resection, and decreased amounts of residual tumor⁵. It is widely documented that due to the slower rates of tumor growth seen in many pituitary tumors, iMRI provides a useful adjunctive measure to achieve gross total resection. Transsphenoidal pituitary tumor resection can be technically difficult due to sometimes unpredictable infiltration of the tumor within vital nearby neurovascular structures, particularly the cavernous sinus. iMRI can identify remnants of disease that remain in high risk areas. Intraoperative decisions to leave residual tumor and potentially treat with adjunctive measures are one of the most useful benefits of iMRI as the information provided minimizes risk of overly aggressive manipulation in these high risk areas. The use of iMRI ultimately allows the surgeon to make present time decisions for the patient's management while being safe and efficient^{6,7,8}.

The use of iMRI for transsphenoidal resection of pituitary tumors in a community hospital setting has not yet been published in the literature. Current papers in the literature include iMRI for pituitary tumor resection being used at an multidisciplinary academically supported institution⁹. Looking at how iMRI can be used in a community hospital setting is important and can add to the growing literature on iMRI use for pituitary tumor resection because it can serve as evidence for community hospital centers that would like to acquire this technology to improve patient outcomes and care.

The specific aim of this study is to report the utility of iMRI use in a community hospital setting for transsphenoidal pituitary tumor resection. Data analyzed includes; ability to achieve gross total resection, frequency of use, postoperative outcomes as well as a discussion of time requirements and iMRI associated complications.

METHODS:

We performed a retrospective review of a total of 56 patients who underwent iMRI guided transsphenoidal pituitary tumor resection over a period between November 2011 to April 2018 at Northwestern Medicine Central Dupage Hospital. We defined gross-total resection as removal of the pituitary tumor in its entirety

as seen during intraoperative MRI use. The endoscopic endonasal transsphenoidal approach was used to resect all of the pituitary tumors in this study. The source of the patient data that was acquired for this study was through the use of electronic medical records. Intraoperative and post-operative MRI reports were interpreted and used during analysis. The type of MRI used during surgery was the Imirs Intraoperative MRI system which supports 1.5 to 3 Tesla. This study was approved by the institution's review board (IRB #18-054). The reporting guideline for our study includes our results, discussions, and conclusions.

RESULTS:

All n=56 of patients were charted and broken down based on factors related to gross total resection status of their tumor and frequency of use of iMRI during their procedure. Of these 56 patients, 10 of them had documented post-operative MRI results in our data set and their outcomes related to identifiable tumor residual was charted as well.

Gross total resection was observed in 67% (n=37) of patients who underwent iMRI during the resection of their tumor. 33% (n=19) of patients who underwent iMRI did not achieve gross total resection of their pituitary mass (Figure 1). The reasons for not pursuing gross total resection in these patients are further outlined in the discussion section.

iMRI was used exactly one time in a single case in 96% (n=54) of patients during tumor resection. IMRI was used more than once in a single case in 4% (n=2) of patients during tumor resection. (Figure 2).

Post-operative tumor residual was found in 32% (n=6) of patients in our data set of n=19 patients who underwent postoperative MRI (Figure 3).

DISCUSSION:

iMRI during transsphenoidal resection of pituitary tumors has the capacity to maximize outcomes in a busy community hospital setting. Our data shows that gross total resection was achieved and determined during surgery in the majority of our patients (67% compared to 33%). This shows that iMRI provides an advantage to help determine gross total resection of a pituitary mass during a case in real time. This has the potential to allow for maximal and safe complete removal of tumor bulk during transsphenoidal resection in addition to limiting overly aggressive resection in anatomically hazardous locations. The use of iMRI allowed our team to not only achieve maximum tumor resection, it also allowed the team to visualize decompression of vital nearby neurovascular structures that pituitary tumors usually adhere to. For example, decompression was able to be visualized in and around the cavernous sinus, carotid arteries, and optic apparatus.

Our study also shows that iMRI can be used typically only one time during a case. The frequency of iMRI use for our study was only one time during most cases and this allowed our team to be efficient with achieving the best results for our patients. IMRI was typically used once during two key phases of the operation. It was used to identify intraoperative residual tumor location or to confirm gross total resection before closing. Using iMRI multiple times during a case is a rare occurrence. Using iMRI only one time during a case can help to avoid excessive increase to the usual operative timing for a surgeon and increases in personnel needed for managing the iMRI.

We also found that there was a significant difference in the evidence of post-operative tumor residual detected. Our study demonstrates that the use of iMRI to achieve gross total resection in real time has the ability to decrease the presence of residual tumor postoperatively in patients. Our study found that there may be an enough positive correlation between these two measures as residual tumor was found in less patients post-operatively (32% compared to 68%). The reason for residual tumor being seen post-operatively in 32% of our patients may hinge on the variety of presentations and extent of tumor involvement especially in unresectable high risk regions. In these cases it is our impression that iMRI facilitates the decision to cease excessive manipulation thereby improving safety and possibly decreasing time spent during surgery in specific cases.

Limitations

One of the limitations of our study was that our data set that looked at postoperative MRI outcomes for residual tumors, was seen in a smaller sample size of n=19 compared to our initial group of n=56 patients that underwent iMRI. A larger sample size may allow for a better understanding of postoperative residual tumor occurrence amongst patients undergoing iMRI for resection of pituitary tumors. We suggest that this be studied further.

CONCLUSION:

iMRI use during transsphenoidal resection of pituitary tumors is a valuable tool that helps achieve gross total resection during cases. It also provides a medium in which during surgery, important neurovascular structures typically encased within the tumor can be decompressed effectively. There are currently no papers in the literature that show iMRI use for transphenoidal pituitary tumor resection at a community hospital. Our paper is the first to document outcomes for iMRI use for transphenoidal pituitary tumor resection in a community hospital setting. Our paper shows that iMRI used in a community hospital setting can be beneficial to clinical practice by providing effective resection of tumors for patients while limiting frequency of use during surgery, lending to operative efficiency.

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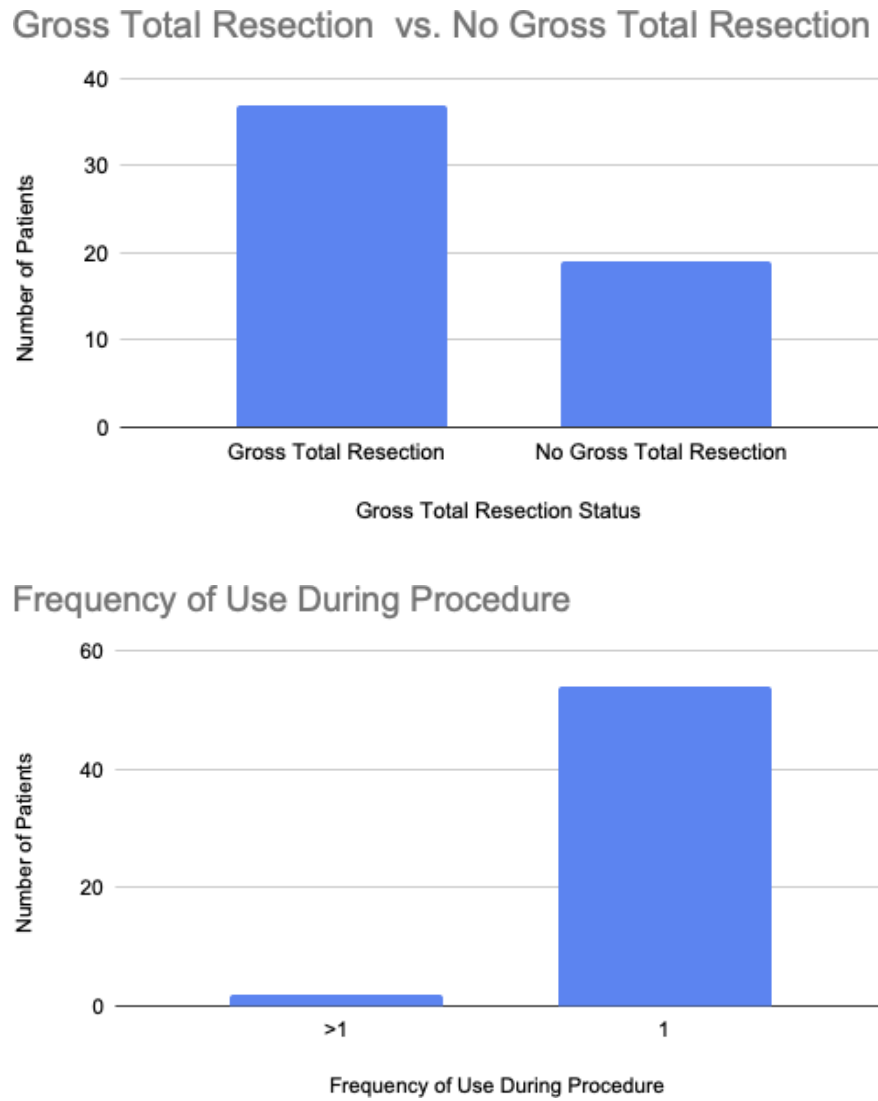
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FIGURE LEGEND:

Figure 1. Gross Total Resection Status

Figure 2. Frequency of Use

Figure 3. Post-Operative MRI Outcomes



Post-Operative MRI Outcomes

