

# Early nasal intermittent positive pressure versus nasal continuous positive airway pressure for preterm infants with respiratory distress syndrome: a systematic review and meta-analysis

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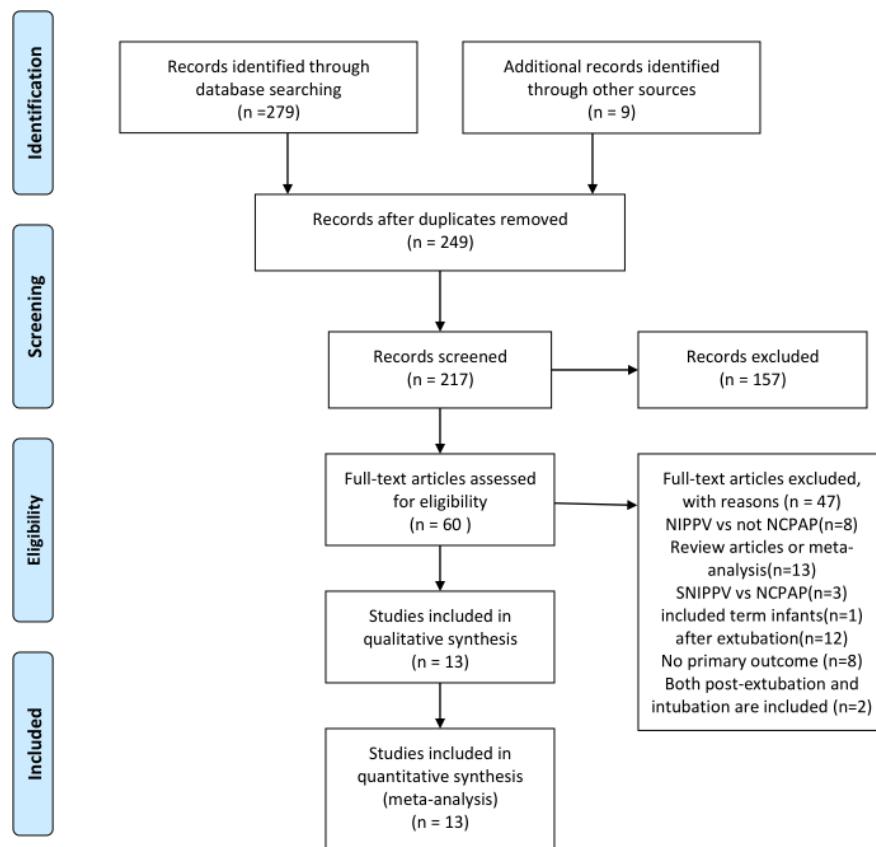
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## Abstract

Background Nasal intermittent positive pressure ventilation (NIPPV) and nasal continuous positive airway pressure (NCPAP) are two widely used ways of noninvasive ventilation. Whether or not early NIPPV simultaneously reducing the incidences of invasive ventilation(IV) and BPD as compared with NCPAP in preterm infants with RDS remains unclear. The present study aims to systematically assess the beneficial effects between NIPPV and NCPAP. Methods: A search of Medline, Embase, Web of Science and the Cochrane Central Register of Controlled Trials(from 1980 to Feb 2022) was performed, and randomized controlled trials(RCTs) comparing early NIPPV with NCPAP in preterm infants with RDS were included. The primary outcome was simultaneous incidences of IV and BPD. Results: Meta-analysis of 13 RCTs (n = 1681) demonstrated that, compared with NCPAP, early NIPPV concurrently reduced the incidences of IV [relative risk (RR):0.52, 95% confidence interval (CI) 0.43, 0.63, P < 0.00001] and BPD (RR: 0.51, 95%CI 0.37, 0.71, P < 0.0001). Similarities were also shown in the subgroups receiving surfactant [IV (RR:0.59, 95%CI 0.45, 0.77, P = 0.0001) and BPD (RR: 0.57, 95%CI 0.37, 0.87, P = 0.009) ], birth weight(BW) [?] 1,500g [IV (P < 0.0001) and BPD (P = 0.004) ] and excluding RCTs with significant difference referring to IV (P = 0.0004) and BPD (P = 0.02) . Conclusions: Early NIPPV could be superior to NCPAP in concurrently decreasing the incidences of IV and BPD in preterm infants with RDS, especially in the infants receiving surfactant and whose BW [?] 1,500g.

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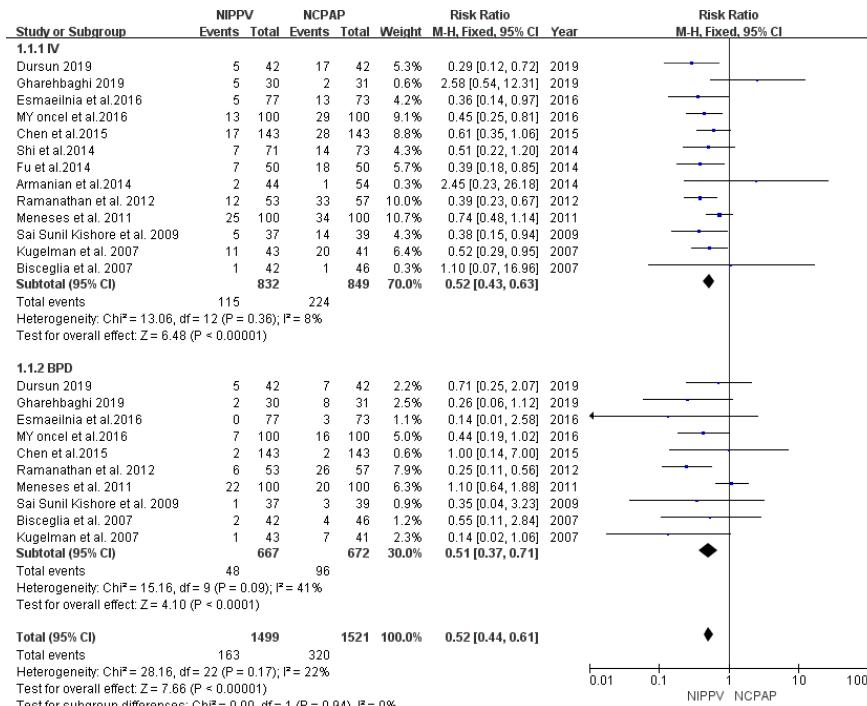
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Legend:

- Yes (Green circle with a +)
- Unclear (Yellow circle with a ?)
- No (Red circle with a -)

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Armanian et al. 2014	+	+	-	-	+	?	?
Bisceglia et al. 2007	+	?	-	-	+	?	?
Chen et al. 2015	+	+	-	-	+	+	+
Dursun 2019	?	+	+	-	+	+	?
Esmaeilnia et al. 2016	+	+	-	+	+	+	?
Fu et al. 2014	+	+	-	-	?	+	?
Gharehbaghi 2019	+	+	-	?	+	+	+
Kugelman et al. 2007	+	+	-	-	+	+	+
Meneses et al. 2011	+	+	-	-	+	+	?
MY oncel et al. 2016	+	+	-	-	+	?	+
Ramanathan et al. 2012	+	+	-	-	?	+	?
Sai Sunil Kishore et al. 2009	?	+	+	-	-	+	+
Shi et al. 2014	+	+	-	-	+	+	+



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