

Title: Malnutrition from anorexia nervosa triggers severe complications of hereditary spherocytosis in an adolescent girl: A case report. Running Title: Anorexia Nervosa causes complications of hemoglobinopathy

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Abstract

Hemolytic crises and aplastic crises in hereditary spherocytosis (HS) are typically triggered by viral infections. We present the case of an adolescent with HS who developed unexpected and life threatening consequences of her hemoglobinopathy as a consequence of anorexia nervosa and severe malnutrition.

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