

Non-pharmacological aids for patients suffering from narcolepsy with cataplexy (*White Paper 2021*)

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Abstract

Narcolepsy with cataplexy is an often underestimated disorder in both its primary and secondary forms. As with epilepsy, narcolepsy and cataplexy pose a high risk of injury to the patient. Yet, narcoleptics have historically received poorer care than epileptics with regard to non-pharmacological aids. This “White Paper” informs both professionals and patients about protective measures that are advisable.

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Help for patients with narcolepsy .pdf available at <https://authorea.com/users/410930/articles/521789-non-pharmacological-aids-for-patients-suffering-from-narcolepsy-with-cataplexy-white-paper-2021>