# The Water Mass Transformation Framework and Variability in Hurricane Activity

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#### Abstract

Hurricane activity has been higher since 1995 than in the 1970s and 1980s. This rise in activity has been linked to a warming Atlantic. In this study, we consider variability of the volume of water warmer than  $26.5 \, {}^{\text{o}}\text{C}$ , taken as the temperature threshold crucial to hurricane development, through the Water Mass Transformation framework. The volume of water transformed by surface heat fluxes to temperatures of  $26.5 \, {}^{\text{o}}\text{C}$  is calculated, and compared with the year to year changes in the volume of water of this temperature. Variability of transformed volume is largely due to latent heat flux processes, associated in turn with anomalies in cloud fraction and surface winds. In some years, there is correspondence between transformed and observed volume anomalies, but in other years, alternative processes must drive observed volume anomalies. Coordinated physical mechanisms are thus responsible for anomalous ocean heat, providing fuel for larger numbers of intense hurricanes.

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# 9 Key Points:

- Water Mass Transformation calculates the volume flux of water transformed across
   isotherms by air-sea heat fluxes.
- Anomalous transformed volume shows correspondence with observed volume anomalies
   in some years, dominated by latent heat flux processes.
- Anomalies in heat transport by ocean currents have played a key role in years when air sea fluxes are less influential.
- 16 17

#### 18 Abstract

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- 20 has been linked to a warming Atlantic. In this study, we consider variability of the volume of
- 21 water warmer than 26.5 °C, taken as the temperature threshold crucial to hurricane development,
- 22 through the Water Mass Transformation framework. The volume of water transformed by
- 23 surface heat fluxes to temperatures of 26.5 °C is calculated, and compared with the year to year
- 24 changes in the volume of water of this temperature. Variability of transformed volume is largely
- 25 due to latent heat flux processes, associated in turn with anomalies in cloud fraction and surface
- 26 winds. In some years, there is correspondence between transformed and observed volume
- 27 anomalies, but in other years, alternative processes must drive observed volume anomalies.
- 28 Coordinated physical mechanisms are thus responsible for anomalous ocean heat, providing fuel
- 29 for larger numbers of intense hurricanes.

#### 30 **Plain Language Summary**

- 31 The number of hurricanes in the North Atlantic has been higher in the last 25 years than it was in
- 32 the prior 25 years. This is due a larger region of warm water providing more fuel for weaker
- 33 storms to become stronger and more dangerous. The theoretical additional volume of water of a
- 34 certain temperature in some years can be calculated from the amount of energy transferred into
- 35 the ocean from the atmosphere. This method can identify how much of this volume can be
- 36 attributed to transfer of heat from the atmosphere. The calculated volume was a good match with
- the actual amount of extra water of this temperature in some years. In other years, changes in 37
- 38 ocean currents help explain the rest of the warm water changes in the area where hurricanes are 39
- found. Understanding the reasons why the amount of warm water varies between hurricane
- 40 seasons will help predict years which have more deadly hurricanes.

#### 41 **Key Words**

42 Hurricane, Water Mass Transformation, Surface heat flux, Atlantic, Warm water anomalies

#### 43 **1** Introduction

44 Recent North Atlantic hurricane seasons have produced several high impact hurricanes, 45 including Harvey, Irma, and Maria in 2017, Florence and Michael in 2018, and Dorian in 2019,

- 46 which resulted in 335 billion USD damage and over 3,000 deaths (NCEI, 2020). Questions
- 47 remain open on drivers of high activity seasons. Variability in hurricane activity on a range of
- 48 timescales has been linked to large scale climate oscillations, including the Atlantic Multidecadal
- 49 Oscillation (AMO) (Goldenberg et al. 2001), or Atlantic Multidecadal Variability (AMV)
- 50 (Zhang and Delworth, 2006), the El Nino Southern Oscillation (ENSO) (Bove et. al, 1998), the
- 51 North Atlantic Oscillation (NAO) (Elsner and Jagger, 2004), the Quasi-Bienniel Oscillation
- 52 (OBO) (Gray, 1992), as well as variations in atmospheric aerosols (Wang, 2012).
- 53 On interannual timescales, the Atlantic hurricane season is subject to variable 54 atmospheric processes. For example, Atlantic hurricane variability is negatively correlated with 55 El Niño indices, as anomalously warm tropical Pacific Sea Surface Temperatures (SSTs) result 56 in higher than average vertical wind shear (VWS) in the tropical Atlantic, which inhibits vertical 57 motion necessary for Atlantic hurricane formation (DeMaria, 1996). On timescales longer than 58 interannual, slower modes of ocean variability are important. Associated with warmer ocean 59 temperatures in the tropical North Atlantic is an increase in available energy in the upper ocean 60 to fuel hurricane development (Shapiro and Goldenberg, 1998). Quantifying the atmospheric and

oceanic processes that increase the volume of warm water could help us to understand hurricanevariability on longer timescales.

Other work has focused on the link between SST in the northern tropical Atlantic, particularly in the Main Development Region (MDR) for Atlantic hurricanes (Goldenberg et al, 2001), generally defined as 10-20 °N, 20-80 °W. However, oceanic conditions which sustain hurricane winds are not constrained to a rectangular study area in the tropics. In particular, warm water availability outside this region is one factor which could result in major hurricane landfall further north. Wang (2011) investigated the areal extent of the Atlantic Warm Pool (AWP) and correlation with hurricane activity.

70 This study quantifies the contribution of surface heat flux  $(Q_{net})$  processes to the variability of warm water volume available for hurricane development through the holistic Water 71 72 Mass Transformation (WMT) framework (Groeskamp et al. 2019). This approach has the 73 advantage of referencing the total volume of water above a temperature threshold intimately 74 connected with hurricane development, 26.5 °C, geographically confined to the Atlantic, without 75 being limited to a rectangular box, like the conventional MDR. Furthermore as the depth of the 76 warm water can be important in hurricane intensification (e.g. Balaguru et al., 2013), it is likely 77 that in some regions, the volume of potentially hurricane producing water may be a more 78 physically meaningful metric than area-averaged SST.

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79 The volume of water transformed across isotherms through Q<sub>net</sub> is calculated using 80 WMT. Accumulated transformation fluxes over a time interval are compared with observed

80 wM1. Accumulated transformation fluxes over a time interval are compared with observed 81 changes in volume over the same interval. We thus determine the extent to which changes in the

82 warm water volume are attributed to anomalous surface heat gain.

## 83 2 Methods

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Returning to the original formulation of Walin (1982), the Water Mass Transformation framework (Groeskamp et al. 2019) can be applied in temperature space, quantifying volume fluxes across isotherms associated with variations of heat fluxes in that property space. The net surface heat flux,  $Q_{net}$ , combines absorbed shortwave ( $Q_{sw}$ ) and net longwave ( $Q_{lw}$ ) radiation, sensible heat ( $Q_{sh}$ ), and latent heat ( $Q_{lh}$ ) fluxes. Throughout this study, our convention is that heat

89 flux is positive into the ocean:

$$Q_{net} = Q_{sw} + Q_{lw} + Q_{sh} + Q_{lh}$$
(1)

91 Across temperature space, the volume of water transformed by  $Q_{net}$  is calculated over the 92 North Atlantic, north of 10 °N, where there is sufficient Coriolis force for tropical storm spinup. 93 Firstly, the Diathermal Temperature Flux,  $Q_{in}(T)$  (°C m<sup>3</sup>s<sup>-1</sup>) (2), is found by area-integrating  $Q_{net}$ , 94 where SST is at or above a given value of temperature, T, then dividing by reference density,  $\rho_0$ ,

95 and specific heat capacity,  $c_p$ , where that isotherm is outcropped.

96 
$$Q_{in}(T) = \frac{1}{\rho_o c_p} \int_{x_w}^{x_e} \int_{y_s}^{y_n} Q_{net}(x, y) \Gamma(SST(x, y), T) dx dy$$
(2)

97 where x, y are distance in west (w) to east (e) and south (s) to north (n) directions, and  $\Gamma$  is a

sampling function;  $\Gamma = 1$  where SST > T, otherwise  $\Gamma = 0$ . Q<sub>net</sub> values at the potential

99 temperature grid points are found using bilinear interpolation.

100 The thermal water mass transformation rate,  $F_T(T)$  (m<sup>3</sup>s<sup>-1</sup>), can then be arrived at by 101 taking differences between  $Q_{in}(T)$  across two temperature surfaces.

102 
$$F_T(T - \Delta T/2, T + \Delta T/2) = \frac{Q_{in}(T - \Delta T/2) - Q_{in}(T + \Delta T/2)}{\Delta T}$$
 (3)

103 where  $Q_{in}$  is calculated at temperature intervals of  $\Delta T$ .

## 104 **3 Data**

105 The National Center for Environmental Prediction - National Center for Atmospheric 106 Research (NCEP-/NCAR) reanalysis (Kalnay et al., 1996) is used for monthly mean values of 107 heat transfer from the atmosphere into the ocean from 1980 through 2019. Wind speed and cloud 108 cover values used are also from this source. Incorporating all available observational data, the 109 reanalysis data consists of data at a 2.5° horizontal resolution from 1950 onwards. Previous 110 similar uses of the WMT framework include studies of the subtropical and subpolar North 111 Atlantic (Grist et al. 2014).

112 The NCEP Global Ocean Data Assimilation System (GODAS) ocean reanalysis product 113 (Behringer and Xue, 2004) contains global potential temperature at 40 discrete depths, 1/3° 114 latitude and 1° longitude from 1980 to present. It is important to note that observations 115 assimilated into these products are more scarce at depth and further back in time, so the integrity 116 of reanalysis data is consequently inconsistent

116 of reanalysis data is consequently inconsistent.

117 The US National Hurricane Center (NHC) tropical cyclone data, HURDAT, was used to

118 obtain annual hurricane counts and location of the onset of hurricane force maximum winds.

119 This dataset includes storm center coordinates and maximum winds at 6 hourly intervals over the

120 ocean. These wind speeds are rounded to the nearest 5 knots. This data has been incorporated in

a global tropical cyclone dataset in a standard format, maintained by the international best track

122 archive for climate stewardship (IBTrACS) (Knapp et al., 2010, Knapp et al., 2018).

# 123 **4 Results**

We first summarise the extent to which warm water volume and hurricane activity have co-varied since 1980. We then introduce the WMT framework in temperature space, applied to the warm water pool. Over our study period, we present evidence of a leading role for surface fluxes as the dominant driver of anomalous upper ocean warmth in several years of the last four decades.

# 129 *4.1 Warm Water Volume and Hurricane Activity*

North Atlantic hurricane activity has been above average since 1995, following below average activity in the preceding period (Figure 1). Recent years with the highest annual hurricane counts include 2005 and 2010. Anomalous volume of water warmer than 26.5 °C in the North Atlantic shows similar multidecadal variability, with warm episodes becoming more frequent after 1995. While the most active years don't always occur when the volume of water greater than 26.5 °C is highest, due to, for example, the important role of VWS, active years have become more frequent during this recent regime of a larger volume of warm water.







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# 141 *4.2 Characteristics of Water Mass Transformation*

WMT calculates the rate that water masses are transformed across isotherms by heat transfer between the ocean and the atmosphere. A North Atlantic WMT climatology shows the transformation rate across all isotherms likely to be found in the North Atlantic, from 0 °C to 31 °C (Figure 2). The climatology is consistent with annual net cooling and warming in different

- 146 temperature ranges. Surface water is transformed by Q<sub>net</sub> across isotherms: towards cooler
- 147 temperatures in the range 0 to 27 °C, where  $Q_{net} < 0$ ; towards higher temperatures between 27 °C
- 148 and 30 °C, where  $Q_{net} > 0$ . The latter temperatures are of particular relevance to hurricane and
- 149 major hurricane development. This indicates that in general, local surface fluxes act to increase 150 the volume of water warmer warmer than 27 °C. Other processes, including ocean mixing, and
- 150 the volume of water warmer than 27°C. Other processes, including ocean mixing, and 151 export from the region by advection, work to reduce that volume, resulting in the observed
- 151 volume changes for this time period.

153 Considering water temperatures affecting hurricane development, annual average 154 transformation of water to temperatures warmer than 26.5 °C peaks in August. This leads actual 155 warm water volume, which peaks in September (Figure 2b), over the 1980-2019 time period. 156 This is consistent with atmosphere-ocean heat exchange being critical to creating these warm 157 waters. We note that in a case where the surface fluxes are solely responsible for the volume 158 variability, then actual volume anomaly would equal the time-integral of the transformation rate.

159 Q<sub>net</sub> processes transform water from cooler SST to water warmer than 26.5 °C under the 160 hurricane genesis and track regions (Figure 2c) through the spring and summer months. While other processes also contribute to the observed September climatological depth of the 26.5 °C 161 162 isotherm in the North Atlantic (Figure 2d), there is spatial coherence between the transformed 163 volume through the spring and early summer, and the area of 26.5 °C waters in September 164 (Figure 2d). Relating this more closely to hurricane development metrics, the point at which 1980-2019 tropical cyclones strengthened into hurricanes with maximum sustained 1-minute 165 166 mean winds of 64 knots or greater is overlaid onto the climatological depth of the 26.5 °C isotherm. These points are found south of 40 °N, west of 40 °W and south of 20 °N, east of 40 167 168 °W, and are bounded to the south around 10 °N. Few points are found north of this region of the 169 North Atlantic, providing additional observational evidence connecting this water with hurricane 170 development. The somewhat convoluted patterns of strong net warming and 26.5 °C isotherm 171 depth reinforce our emphasis that ocean warming of consequence for hurricane genesis is not 172 confined to the MDR.

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Figure 2. (a) Transformation rate (Sv) for the Atlantic north of 10°N as a function of SST 1980-2019, given diathermal temperature fluxes at 0.25 °C intervals; positive values imply
transformation of water towards higher temperatures has occurred over the period, (b) 1980-2019
annual cycle of volume transformed across 26.5 °C isotherm (purple, right axis) and actual
volume warmer than 26.5 °C (red, left axis) (million km<sup>3</sup>), (c) April-September Q<sub>in</sub> where SST
exceeds 26.5 °C (Sv °C), (d) 1980-2019 September mean depth of 26.5 °C isotherm (m) with

- 182 HURDAT 1980-2019 hurricane formation points overlaid.
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## 184 *4.3 Inferred Warm Water Volume Changes*

In Figure 3, time series of GODAS 1980-2019 observed volume anomaly difference of water warmer than 26.5 °C from one month to the next are plotted with NCEP-NCAR anomalous monthly transformation rate across 26.5 °C. The aim is to see how closely these may be linked, and how  $Q_{net}$  processes may drive development of this warm water to fuel hurricanes. Monthly anomalies of water transformed by  $Q_{net}$  are positively correlated with month-to-month actual volume change anomalies of water warmer than 26.5 °C (Figure 3a). The Pearson correlation coefficient is 0.32, which is statistically significant at the 99% confidence level. 192 There is particularly close correspondence between the two time series during several 193 periods. Several months of anomalously positive transformation during 1998 occurred (Figure 194 3b) at the beginning of the multi-decadal (post-1998) period of above-average warm water 195 volume available for hurricane development, with the greatest increase in transformation to the 196 west of 50°W. During 1998 and a notable peak in both time series, the transformation rate leads observed volume change of water warmer than 26.5 °C by a few months. In August of 1998, the 197 198 anomalous transformed volume of water warmer than 26.5 °C lies to the north and east of the 199 climatological average area of this water (Figure 3c).

200 1998 had above average hurricane activity (Pasch et al. 2001), with an Accumulated Cyclone Energy (ACE) of 182, 67% higher than that of the 1980-2019 average ACE, and the 5<sup>th</sup> 201 202 highest since 1970, when satellite data began to cover the basin and this metric could be 203 diagnosed appropriately (Kossin, 2007). Major Hurricanes Bonnie, Georges, and Mitch all made 204 landfall in 1998. Anomalous net surface heating heavily contributed to this, the deadliest Atlantic 205 Hurricane season in the last 200 years. The period 1995-1998 of enhanced transformation 206 appears to have also been important in sustaining a shift from below average to above average 207 warm water volume that occurred near this time (Figure 1).

208 On the contrary, in other years, it is clear from the difference in amplitude of these two 209 signals that other processes must have contributed to accumulation of warm waters. The warm water volume will further vary as a consequence of anomalies in heat transport divergence 210 211 associated with full-depth ocean transport and Ekman dynamics. In 2009-2010, Q<sub>net</sub> fails to 212 explain up to 15 million km<sup>3</sup> of anomalous volume of water warmer than 26.5 °C in a month. 213 Bryden et al. (2014) calculate a 0.4 PW reduction in ocean heat transport across 26 °N during 214 this period. A decrease in the Atlantic Meridional Overturning Circulation (AMOC) then 215 allowed a greater accumulation of heat in the tropical Atlantic in this period, leading to a much 216 greater volume of water warmer than 26.5 °C during the very active 2010 hurricane season.

The relative contributions of these heat sources will also vary on longer timescales over the study period. A downward trend has been observed in AMOC transport since 2008 in the RAPID array measurements at 26 °N (Smeed et al., 2018) which would help develop anomalously larger volume of warm North Atlantic water on a decadal timescale. Bryden et al., (2020) note a decrease of 0.17 PW across this latitude since 2009.

To be more specific about the physical processes behind  $Q_{net}$ , we examine anomalies in the four terms of the net heat flux (Equation 1). To isolate the leading component in heat flux variability for warm water, the transformation rate across the 26.5 °C isotherm was separately calculated for each component of  $Q_{net}$ . The transformation rate calculated with latent heat flux,  $Q_{lh}$  (Figure 3d) explains 35% (r = 0.59) of the transformation rate calculated using  $Q_{net}$  for this particular temperature.



229 1982 1984 1986 1988 1990 1992 1994 1996 1998 2000 2002 2004 2006 2008 2010 2012 2014 2016 2018

Figure 3. (a) Anomalous observed month-to-month (red) volume change of water warmer than 26.5 °C (Sv) and the anomalous transformation rate across the 26.5 °C isotherm (purple), with 12 month smoothing (Sv), (b) 1998 August  $Q_{in}(26.5 °C)$  anomalies (Sv °C), (c) 1980-2019 (blue) annual cycle of volume transformed across 26.5°C isotherm (million km<sup>3</sup>) versus climatology (purple), (d) transformation rate across the 26.5 °C isotherm calculated from  $Q_{net}$  (purple, as in

- (a)) and  $Q_{lh}$  (blue), with 12 month smoothing.
- 236

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## 237 4.4 Drivers of Warm Water Volume Changes

238 Having identified Q<sub>lh</sub> as the main driver of anomalous transformation of water towards 239 temperatures above 26.5 °C, the impact of the atmospheric conditions on latent heat exchange 240 into the ocean can be considered. Heat is gained by the ocean when there is a lower rate of 241 evaporation or less latent heat flux to the atmosphere. In Figure 4, we plot the local correlation 242 coefficient between Q<sub>lh</sub> and wind speed (Figure 4a) and cloud cover (Figure 4b). Conditions 243 conducive to a low evaporation rate and reduced latent heat loss include high surface humidity 244 and light winds.  $Q_{lh}$  is negatively correlated to a larger degree (r < -0.5) with wind speed in the 245 hurricane MDR (Figure 4a), and cloud cover in the eastern MDR (Figure 4b), linking calmer 246 winds and clearer skies with reduced latent heat loss and an increase of net heat flux into the 247 ocean. These conditions have been found to strengthen under a positive phase of the tropical 248 AMO (Bellomo et al., 2016).



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Figure 4. (a) Correlation coefficient heat map for Q<sub>lh</sub> anomalies and wind speed (b) correlation
 coefficient heat map for Q<sub>lh</sub> anomalies and cloud fraction using NCEP-NCAR data spanning
 1980-2019. Values are only plotted where 1980-2019 September mean depth of 26.5°C isotherm
 is greater than 10 m.

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## 255 **5 Conclusions**

256 It is well established that seasonal hurricane activity is largely associated with the volume 257 of water water in the tropical Atlantic. We have applied the WMT framework (Groeskamp et al. 258 2019) in temperature space to quantify the volume of water transformed at the surface through 259 air-sea interaction, attributed to the net surface heat flux, Q<sub>net</sub>. It is shown that the amount of 260 water warmer than 27 °C has increased in the last 40 years, with the transformed volume of 261 water warmer than 26.5 °C leading observed volume anomalies through the spring and early summer. The transformed volume of water warmer than 26.5 °C is spatially coherent with the 262 observed volume, which is closely tied to the area identified earlier, where storms are able to 263 264 intensify into hurricanes.

Anomalous positive WMT increases the volume of warm water to the north and east of this hurricane development area. Wang et al. (2010) note that years where the AWP is larger than average have increased genesis further east and more re-curving tracks. While some of these

tracks may remain over the open ocean, the chance of landfall in the US Northeast states is also

- 269 likely to increase (Dailey et al., 2009). Similarly, Kossin et al. (2010) group Atlantic storms into
- clusters, finding that increasing trends in recent hurricane activity are driven by the storm
- clusters originiating in the deep tropics. These storms make up the largest proportion of major
- hurricanes and also account for the majority of storms making landfall further north along the US coastline
- coastline.

Transformation rate anomalies across 26.5 °C in the North Atlantic are highly variable on timescales from intra-seasonal to multidecadal. A variable fraction of this variability is attributed to  $Q_{net}$ , using the WMT framework to calculate monthly volume anomalies that can be compared with observed anomalies. We identify the active and deadly hurricane season of 1998 (Pasch et al. 2001) as a year with particularly close correspondence between transformed and observed volume anomalies of substantial magnitude.

280 The variability of  $Q_{net}$  is dominated by anomalies in  $Q_{lh}$ , in turn associated with 281 anomalies in wind speed and cloud fraction. Specifically, surface heat gain through air-sea fluxes 282 increases in years when winds are light, humidity is low, and cloud cover is low, conditions 283 linked to a positive phase of the AMO. Yuan et al. (2016) and Brown et al. (2016) describe 284 modulation of the tropical AMO by low cloud and dust feedbacks.

The other major influences on intraseasonal variability of the warm water volume are likely anomalous ocean heat transport divergence, associated with changes in both the AMOC (Zhang et al. 2019, and references therein) and Ekman dynamics, both of which are related in turn to the same anomalous winds that modulate the turbulent surface fluxes. Heat transport changes associated with the 30% AMOC downturn of 2010 potentially account for the observed increase of warm water volume in that exceptional year.

This analysis using the WMT framework thus suggests that, at interannual and decadal timescales, coordinated physical mechanisms related to cloud cover and surface winds explain recent warming of the tropical North Atlantic, conducive to more intense hurricane seasons and more frequent landfall of destructive storms.

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- 299 Global Ocean Data Assimilation System (GODAS) data
- 300 (<u>https://psl.noaa.gov/data/gridded/data.godas.html</u>) and International Best Track Archive for
- 301 Climate Stewardship (IBTrACS) data (<u>https://www.ncdc.noaa.gov/ibtracs/index.php?name=ib-</u>
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- 304

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